

Charlotte Elizabeth Louise Evans

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

49
papers

1,300
citations

18
h-index

35
g-index

69
ext. papers

1,586
ext. citations

4
avg, IF

4.84
L-index

#	Paper	IF	Citations
49	Relationships between social spending and childhood obesity in OECD countries: an ecological study. <i>BMJ Open</i> , 2021 , 11, e044205	3	1
48	Development of an Arabic food composition database for use in an Arabic online dietary assessment tool (myfood24). <i>Journal of Food Composition and Analysis</i> , 2021 , 102, 104047	4.1	2
47	A repeated cross-sectional survey assessing changes in diet and nutrient quality of English primary school children's packed lunches between 2006 and 2016. <i>BMJ Open</i> , 2020 , 10, e029688	3	9
46	Cross-sectional associations between lunch-type consumed on a school day and British adolescents' overall diet quality. <i>Preventive Medicine Reports</i> , 2020 , 19, 101133	2.6	3
45	Dietary fibre and cardiovascular health: a review of current evidence and policy. <i>Proceedings of the Nutrition Society</i> , 2020 , 79, 61-67	2.9	17
44	The effectiveness of a social media intervention for reducing portion sizes in young adults and adolescents. <i>Digital Health</i> , 2019 , 5, 2055207619878076	4	4
43	The impact of HENRY on parenting and family lifestyle: Exploratory analysis of the mechanisms for change. <i>Child: Care, Health and Development</i> , 2019 , 45, 850-860	2.8	6
42	Non-Milk Extrinsic Sugars Intake and Food and Nutrient Consumption Patterns among Adolescents in the UK National Diet and Nutrition Survey, Years 2008-16. <i>Nutrients</i> , 2019 , 11,	6.7	1
41	Factors Influencing British Adolescents' Intake of Whole Grains: A Pilot Feasibility Study Using SenseCam Assisted Interviews. <i>Nutrients</i> , 2019 , 11,	6.7	5
40	The cross-sectional relationships between consumption of takeaway food, eating meals outside the home and diet quality in British adolescents. <i>Public Health Nutrition</i> , 2019 , 22, 63-73	3.3	12
39	Common dietary patterns and risk of cancers of the colon and rectum: Analysis from the United Kingdom Women's Cohort Study (UKWCS). <i>International Journal of Cancer</i> , 2018 , 143, 773-781	7.5	9
38	Measures of low food variety and poor dietary quality in a cross-sectional study of London school children. <i>European Journal of Clinical Nutrition</i> , 2018 , 72, 1497-1505	5.2	12
37	Comparison of school day eating behaviours of 8-11 year old children from Adelaide, South Australia, and London, England: Child eating behaviours in South Australia and England. <i>AIMS Public Health</i> , 2018 , 5, 394-410	1.9	3
36	Glycemic index, glycemic load, and blood pressure: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2017 , 105, 1176-1190	7	35
35	A cross-sectional assessment of food- and nutrient-based standards applied to British schoolchildren's packed lunches. <i>Public Health Nutrition</i> , 2017 , 20, 565-570	3.3	6
34	Sugars and health: a review of current evidence and future policy. <i>Proceedings of the Nutrition Society</i> , 2017 , 76, 400-407	2.9	26
33	Adherence to sugars guidelines and micronutrient intakes in UK adult participants of the National Diet & Nutrition Survey (2008/09-2011/12). <i>Proceedings of the Nutrition Society</i> , 2017 , 76,	2.9	1

32	Interventions to reduce consumption of sugar-sweetened beverages or increase water intake: evidence from a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2017 , 18, 1350-1363	10.6	89
31	Quality assessment of nutrition coverage in the media: a 6-week survey of five popular UK newspapers. <i>BMJ Open</i> , 2017 , 7, e014633	3	18
30	Preschool and School Meal Policies: An Overview of What We Know about Regulation, Implementation, and Impact on Diet in the UK, Sweden, and Australia. <i>Nutrients</i> , 2017 , 9,	6.7	57
29	The effect of snacking and eating frequency on dietary quality in British adolescents. <i>European Journal of Nutrition</i> , 2016 , 55, 1789-97	5.2	25
28	OP59 Improving consumption of sugar-sweetened beverages across populations: lessons learnt from a systematic review and meta-analysis. <i>Journal of Epidemiology and Community Health</i> , 2016 , 70, A34.3-A35	5.1	
27	Factors influencing adolescent whole grain intake: A theory-based qualitative study. <i>Appetite</i> , 2016 , 101, 125-33	4.5	21
26	P62 A systematic review of childhood and adolescent cohorts which measure whole diet and subsequent adiposity. <i>Journal of Epidemiology and Community Health</i> , 2016 , 70, A81.1-A81	5.1	
25	P74 Adherence to the WCRF/AICR cancer prevention guidelines and risk of colorectal cancer in the UK Women's Cohort Study. <i>Journal of Epidemiology and Community Health</i> , 2016 , 70, A86.2-A87	5.1	
24	Impact of school lunch type on nutritional quality of English children's diets. <i>Public Health Nutrition</i> , 2016 , 19, 36-45	3.3	26
23	Merits of collaboration between industry and academia. <i>BMJ, The</i> , 2015 , 350, h1138	5.9	0
22	Evaluation of the impact of school gardening interventions on children's knowledge of and attitudes towards fruit and vegetables. A cluster randomised controlled trial. <i>Appetite</i> , 2015 , 91, 405-14	4.5	26
21	Impact of interventions to reduce sugar-sweetened beverage intake in children and adults: a protocol for a systematic review and meta-analysis. <i>Systematic Reviews</i> , 2015 , 4, 17	3	16
20	School-Based Interventions to Reduce Obesity Risk in Children in High- and Middle-Income Countries. <i>Advances in Food and Nutrition Research</i> , 2015 , 76, 29-77	6	8
19	Development and usability of myfood24: an online 24-hour dietary assessment tool. <i>Proceedings of the Nutrition Society</i> , 2015 , 74,	2.9	2
18	Effects of dietary fibre type on blood pressure: a systematic review and meta-analysis of randomized controlled trials of healthy individuals. <i>Journal of Hypertension</i> , 2015 , 33, 897-911	1.9	73
17	Development of a UK Online 24-h Dietary Assessment Tool: myfood24. <i>Nutrients</i> , 2015 , 7, 4016-32	6.7	87
16	Evaluation of the impact of a school gardening intervention on children's fruit and vegetable intake: a randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014 , 11, 99	8.4	57
15	Does the Royal Horticultural Society Campaign for School Gardening increase intake of fruit and vegetables in children? Results from two randomised controlled trials. <i>Public Health Research</i> , 2014 , 2, 1-162	1.7	6

14	Dietary fiber intake and risk of first stroke: a systematic review and meta-analysis. <i>Stroke</i> , 2013 , 44, 1360-8	87
13	Reply to VI Kraak et al. <i>American Journal of Clinical Nutrition</i> , 2013 , 97, 655	7
12	A cluster-randomised controlled trial of a school-based fruit and vegetable intervention: Project Tomato. <i>Public Health Nutrition</i> , 2013 , 16, 1073-81	3.3 18
11	Study protocol: can a school gardening intervention improve children's diets?. <i>BMC Public Health</i> , 2012 , 12, 304	4.1 16
10	Systematic review and meta-analysis of school-based interventions to improve daily fruit and vegetable intake in children aged 5 to 12 y. <i>American Journal of Clinical Nutrition</i> , 2012 , 96, 889-901	7 291
9	OP83 Does Lunch Type Have an Impact on Dietary Quality over the Whole Day in English Primary School Children?. <i>Journal of Epidemiology and Community Health</i> , 2012 , 66, A32.2-A33	5.1 1
8	Process evaluation of a cluster randomised controlled trial of a school-based fruit and vegetable intervention: Project Tomato. <i>Public Health Nutrition</i> , 2012 , 15, 459-65	3.3 31
7	Details and acceptability of a nutrition intervention programme designed to improve the contents of children's packed lunches. <i>Public Health Nutrition</i> , 2010 , 13, 1254-61	3.3 6
6	SMART lunch box intervention to improve the food and nutrient content of children's packed lunches: UK wide cluster randomised controlled trial. <i>Journal of Epidemiology and Community Health</i> , 2010 , 64, 970-6	5.1 38
5	A cross-sectional survey of children's packed lunches in the UK: food- and nutrient-based results. <i>Journal of Epidemiology and Community Health</i> , 2010 , 64, 977-83	5.1 56
4	A comparison of British school meals and packed lunches from 1990 to 2007: meta-analysis by lunch type. <i>British Journal of Nutrition</i> , 2010 , 104, 474-87	3.6 50
3	A history and review of school meal standards in the UK. <i>Journal of Human Nutrition and Dietetics</i> , 2009 , 22, 89-99	3.1 28
2	Effectiveness of a herbal supplement (Zotrim [®]) for weight management. <i>British Food Journal</i> , 2007 , 109, 416-428	2.8 8
1	Effects of an over-the-counter herbal weight management product (Zotrim [®]) on weight and waist circumference in a sample of overweight women: a consumer study. <i>Nutrition and Food Science</i> , 2005 , 35, 303-314	1.5 6