

Charlotte Elizabeth Louise Evans

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

49
papers

1,300
citations

18
h-index

35
g-index

69
ext. papers

1,586
ext. citations

4
avg, IF

4.84
L-index

| # | Paper | IF | Citations |
|----|--|------|-----------|
| 49 | Systematic review and meta-analysis of school-based interventions to improve daily fruit and vegetable intake in children aged 5 to 12 y. <i>American Journal of Clinical Nutrition</i> , 2012 , 96, 889-901 | 7 | 291 |
| 48 | Interventions to reduce consumption of sugar-sweetened beverages or increase water intake: evidence from a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2017 , 18, 1350-1363 | 10.6 | 89 |
| 47 | Development of a UK Online 24-h Dietary Assessment Tool: myfood24. <i>Nutrients</i> , 2015 , 7, 4016-32 | 6.7 | 87 |
| 46 | Dietary fiber intake and risk of first stroke: a systematic review and meta-analysis. <i>Stroke</i> , 2013 , 44, 1360-68 | 6.7 | 87 |
| 45 | Effects of dietary fibre type on blood pressure: a systematic review and meta-analysis of randomized controlled trials of healthy individuals. <i>Journal of Hypertension</i> , 2015 , 33, 897-911 | 1.9 | 73 |
| 44 | Evaluation of the impact of a school gardening intervention on children's fruit and vegetable intake: a randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014 , 11, 99 | 8.4 | 57 |
| 43 | Preschool and School Meal Policies: An Overview of What We Know about Regulation, Implementation, and Impact on Diet in the UK, Sweden, and Australia. <i>Nutrients</i> , 2017 , 9, | 6.7 | 57 |
| 42 | A cross-sectional survey of children's packed lunches in the UK: food- and nutrient-based results. <i>Journal of Epidemiology and Community Health</i> , 2010 , 64, 977-83 | 5.1 | 56 |
| 41 | A comparison of British school meals and packed lunches from 1990 to 2007: meta-analysis by lunch type. <i>British Journal of Nutrition</i> , 2010 , 104, 474-87 | 3.6 | 50 |
| 40 | SMART lunch box intervention to improve the food and nutrient content of children's packed lunches: UK wide cluster randomised controlled trial. <i>Journal of Epidemiology and Community Health</i> , 2010 , 64, 970-6 | 5.1 | 38 |
| 39 | Glycemic index, glycemic load, and blood pressure: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2017 , 105, 1176-1190 | 7 | 35 |
| 38 | Process evaluation of a cluster randomised controlled trial of a school-based fruit and vegetable intervention: Project Tomato. <i>Public Health Nutrition</i> , 2012 , 15, 459-65 | 3.3 | 31 |
| 37 | A history and review of school meal standards in the UK. <i>Journal of Human Nutrition and Dietetics</i> , 2009 , 22, 89-99 | 3.1 | 28 |
| 36 | Sugars and health: a review of current evidence and future policy. <i>Proceedings of the Nutrition Society</i> , 2017 , 76, 400-407 | 2.9 | 26 |
| 35 | Evaluation of the impact of school gardening interventions on children's knowledge of and attitudes towards fruit and vegetables. A cluster randomised controlled trial. <i>Appetite</i> , 2015 , 91, 405-14 | 4.5 | 26 |
| 34 | Impact of school lunch type on nutritional quality of English children's diets. <i>Public Health Nutrition</i> , 2016 , 19, 36-45 | 3.3 | 26 |
| 33 | The effect of snacking and eating frequency on dietary quality in British adolescents. <i>European Journal of Nutrition</i> , 2016 , 55, 1789-97 | 5.2 | 25 |

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| 32 | Factors influencing adolescent whole grain intake: A theory-based qualitative study. <i>Appetite</i> , 2016 , 101, 125-33 | 4.5 | 21 |
| 31 | Quality assessment of nutrition coverage in the media: a 6-week survey of five popular UK newspapers. <i>BMJ Open</i> , 2017 , 7, e014633 | 3 | 18 |
| 30 | A cluster-randomised controlled trial of a school-based fruit and vegetable intervention: Project Tomato. <i>Public Health Nutrition</i> , 2013 , 16, 1073-81 | 3.3 | 18 |
| 29 | Dietary fibre and cardiovascular health: a review of current evidence and policy. <i>Proceedings of the Nutrition Society</i> , 2020 , 79, 61-67 | 2.9 | 17 |
| 28 | Impact of interventions to reduce sugar-sweetened beverage intake in children and adults: a protocol for a systematic review and meta-analysis. <i>Systematic Reviews</i> , 2015 , 4, 17 | 3 | 16 |
| 27 | Study protocol: can a school gardening intervention improve children's diets?. <i>BMC Public Health</i> , 2012 , 12, 304 | 4.1 | 16 |
| 26 | Measures of low food variety and poor dietary quality in a cross-sectional study of London school children. <i>European Journal of Clinical Nutrition</i> , 2018 , 72, 1497-1505 | 5.2 | 12 |
| 25 | The cross-sectional relationships between consumption of takeaway food, eating meals outside the home and diet quality in British adolescents. <i>Public Health Nutrition</i> , 2019 , 22, 63-73 | 3.3 | 12 |
| 24 | A repeated cross-sectional survey assessing changes in diet and nutrient quality of English primary school children's packed lunches between 2006 and 2016. <i>BMJ Open</i> , 2020 , 10, e029688 | 3 | 9 |
| 23 | Common dietary patterns and risk of cancers of the colon and rectum: Analysis from the United Kingdom Women's Cohort Study (UKWCS). <i>International Journal of Cancer</i> , 2018 , 143, 773-781 | 7.5 | 9 |
| 22 | School-Based Interventions to Reduce Obesity Risk in Children in High- and Middle-Income Countries. <i>Advances in Food and Nutrition Research</i> , 2015 , 76, 29-77 | 6 | 8 |
| 21 | Effectiveness of a herbal supplement (Zotrim [®]) for weight management. <i>British Food Journal</i> , 2007 , 109, 416-428 | 2.8 | 8 |
| 20 | A cross-sectional assessment of food- and nutrient-based standards applied to British schoolchildren's packed lunches. <i>Public Health Nutrition</i> , 2017 , 20, 565-570 | 3.3 | 6 |
| 19 | The impact of HENRY on parenting and family lifestyle: Exploratory analysis of the mechanisms for change. <i>Child: Care, Health and Development</i> , 2019 , 45, 850-860 | 2.8 | 6 |
| 18 | Details and acceptability of a nutrition intervention programme designed to improve the contents of children's packed lunches. <i>Public Health Nutrition</i> , 2010 , 13, 1254-61 | 3.3 | 6 |
| 17 | Effects of an over-the-counter herbal weight management product (Zotrim [®]) on weight and waist circumference in a sample of overweight women: a consumer study. <i>Nutrition and Food Science</i> , 2005 , 35, 303-314 | 1.5 | 6 |
| 16 | Does the Royal Horticultural Society Campaign for School Gardening increase intake of fruit and vegetables in children? Results from two randomised controlled trials. <i>Public Health Research</i> , 2014 , 2, 1-162 | 1.7 | 6 |
| 15 | Factors Influencing British Adolescents' Intake of Whole Grains: A Pilot Feasibility Study Using SenseCam Assisted Interviews. <i>Nutrients</i> , 2019 , 11, | 6.7 | 5 |

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| 14 | The effectiveness of a social media intervention for reducing portion sizes in young adults and adolescents. <i>Digital Health</i> , 2019 , 5, 2055207619878076 | 4 | 4 |
| 13 | Cross-sectional associations between lunch-type consumed on a school day and British adolescents' overall diet quality. <i>Preventive Medicine Reports</i> , 2020 , 19, 101133 | 2.6 | 3 |
| 12 | Comparison of school day eating behaviours of 8-11 year old children from Adelaide, South Australia, and London, England: Child eating behaviours in South Australia and England. <i>AIMS Public Health</i> , 2018 , 5, 394-410 | 1.9 | 3 |
| 11 | Development and usability of myfood24: an online 24-hour dietary assessment tool. <i>Proceedings of the Nutrition Society</i> , 2015 , 74, | 2.9 | 2 |
| 10 | Development of an Arabic food composition database for use in an Arabic online dietary assessment tool (myfood24). <i>Journal of Food Composition and Analysis</i> , 2021 , 102, 104047 | 4.1 | 2 |
| 9 | Adherence to sugars guidelines and micronutrient intakes in UK adult participants of the National Diet & Nutrition Survey (2008/09-2011/12). <i>Proceedings of the Nutrition Society</i> , 2017 , 76, | 2.9 | 1 |
| 8 | Non-Milk Extrinsic Sugars Intake and Food and Nutrient Consumption Patterns among Adolescents in the UK National Diet and Nutrition Survey, Years 2008-16. <i>Nutrients</i> , 2019 , 11, | 6.7 | 1 |
| 7 | OP83 Does Lunch Type Have an Impact on Dietary Quality over the Whole Day in English Primary School Children?. <i>Journal of Epidemiology and Community Health</i> , 2012 , 66, A32.2-A33 | 5.1 | 1 |
| 6 | Relationships between social spending and childhood obesity in OECD countries: an ecological study. <i>BMJ Open</i> , 2021 , 11, e044205 | 3 | 1 |
| 5 | Merits of collaboration between industry and academia. <i>BMJ, The</i> , 2015 , 350, h1138 | 5.9 | 0 |
| 4 | OP59 Improving consumption of sugar-sweetened beverages across populations: lessons learnt from a systematic review and meta-analysis. <i>Journal of Epidemiology and Community Health</i> , 2016 , 70, A34.3-A35 | 5.1 | |
| 3 | Reply to VI Kraak et al. <i>American Journal of Clinical Nutrition</i> , 2013 , 97, 655 | 7 | |
| 2 | P62 A systematic review of childhood and adolescent cohorts which measure whole diet and subsequent adiposity. <i>Journal of Epidemiology and Community Health</i> , 2016 , 70, A81.1-A81 | 5.1 | |
| 1 | P74 Adherence to the WCRF/AICR cancer prevention guidelines and risk of colorectal cancer in the UK Women's Cohort Study. <i>Journal of Epidemiology and Community Health</i> , 2016 , 70, A86.2-A87 | 5.1 | |