

Charlotte Elizabeth Louise Evans

List of Publications by Year in descending order

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Version: 2024-02-01

68
papers

1,811
citations

304368

22
h-index

264894

42
g-index

69
all docs

69
docs citations

69
times ranked

2878
citing authors

#	ARTICLE	IF	CITATIONS
1	Systematic review and meta-analysis of school-based interventions to improve daily fruit and vegetable intake in children aged 5 to 12 y. <i>American Journal of Clinical Nutrition</i> , 2012, 96, 889-901.	2.2	354
2	Interventions to reduce consumption of sugar-sweetened beverages or increase water intake: evidence from a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2017, 18, 1350-1363.	3.1	142
3	Development of a UK Online 24-h Dietary Assessment Tool: myfood24. <i>Nutrients</i> , 2015, 7, 4016-4032.	1.7	130
4	Dietary Fiber Intake and Risk of First Stroke. <i>Stroke</i> , 2013, 44, 1360-1368.	1.0	119
5	Effects of dietary fibre type on blood pressure. <i>Journal of Hypertension</i> , 2015, 33, 897-911.	0.3	100
6	Preschool and School Meal Policies: An Overview of What We Know about Regulation, Implementation, and Impact on Diet in the UK, Sweden, and Australia. <i>Nutrients</i> , 2017, 9, 736.	1.7	83
7	A cross-sectional survey of children's packed lunches in the UK: food- and nutrient-based results. <i>Journal of Epidemiology and Community Health</i> , 2010, 64, 977-983.	2.0	70
8	Evaluation of the impact of a school gardening intervention on children's fruit and vegetable intake: a randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 99.	2.0	70
9	A comparison of British school meals and packed lunches from 1990 to 2007: meta-analysis by lunch type. <i>British Journal of Nutrition</i> , 2010, 104, 474-487.	1.2	61
10	Dietary fibre and cardiovascular health: a review of current evidence and policy. <i>Proceedings of the Nutrition Society</i> , 2020, 79, 61-67.	0.4	50
11	SMART lunch box intervention to improve the food and nutrient content of children's packed lunches: UK wide cluster randomised controlled trial. <i>Journal of Epidemiology and Community Health</i> , 2010, 64, 970-976.	2.0	46
12	Glycemic index, glycemic load, and blood pressure: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 1176-1190.	2.2	46
13	Process evaluation of a cluster randomised controlled trial of a school-based fruit and vegetable intervention: Project Tomato. <i>Public Health Nutrition</i> , 2012, 15, 459-465.	1.1	37
14	Sugars and health: a review of current evidence and future policy. <i>Proceedings of the Nutrition Society</i> , 2017, 76, 400-407.	0.4	37
15	A history and review of school meal standards in the UK. <i>Journal of Human Nutrition and Dietetics</i> , 2009, 22, 89-99.	1.3	36
16	Factors influencing adolescent whole grain intake: A theory-based qualitative study. <i>Appetite</i> , 2016, 101, 125-133.	1.8	36
17	Impact of school lunch type on nutritional quality of English children's diets. <i>Public Health Nutrition</i> , 2016, 19, 36-45.	1.1	33
18	The effect of snacking and eating frequency on dietary quality in British adolescents. <i>European Journal of Nutrition</i> , 2016, 55, 1789-1797.	1.8	33

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19	Quality assessment of nutrition coverage in the media: a 6-week survey of five popular UK newspapers. <i>BMJ Open</i> , 2017, 7, e014633.	0.8	33
20	Evaluation of the impact of school gardening interventions on children's knowledge of and attitudes towards fruit and vegetables. A cluster randomised controlled trial. <i>Appetite</i> , 2015, 91, 405-414.	1.8	32
21	A cluster-randomised controlled trial of a school-based fruit and vegetable intervention: Project Tomato. <i>Public Health Nutrition</i> , 2013, 16, 1073-1081.	1.1	25
22	The cross-sectional relationships between consumption of takeaway food, eating meals outside the home and diet quality in British adolescents. <i>Public Health Nutrition</i> , 2019, 22, 63-73.	1.1	25
23	Impact of interventions to reduce sugar-sweetened beverage intake in children and adults: a protocol for a systematic review and meta-analysis. <i>Systematic Reviews</i> , 2015, 4, 17.	2.5	21
24	Study protocol: can a school gardening intervention improve children's diets?. <i>BMC Public Health</i> , 2012, 12, 304.	1.2	17
25	A repeated cross-sectional survey assessing changes in diet and nutrient quality of English primary school children's packed lunches between 2006 and 2016. <i>BMJ Open</i> , 2020, 10, e029688.	0.8	16
26	Common dietary patterns and risk of cancers of the colon and rectum: Analysis from the United Kingdom Women's Cohort Study (UKWCS). <i>International Journal of Cancer</i> , 2018, 143, 773-781.	2.3	15
27	School-Based Interventions to Reduce Obesity Risk in Children in High- and Middle-Income Countries. <i>Advances in Food and Nutrition Research</i> , 2015, 76, 29-77.	1.5	14
28	Measures of low food variety and poor dietary quality in a cross-sectional study of London school children. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 1497-1505.	1.3	14
29	The effectiveness of a social media intervention for reducing portion sizes in young adults and adolescents. <i>Digital Health</i> , 2019, 5, 205520761987807.	0.9	12
30	Factors Influencing British Adolescents' Intake of Whole Grains: A Pilot Feasibility Study Using SenseCam Assisted Interviews. <i>Nutrients</i> , 2019, 11, 2620.	1.7	11
31	Effectiveness of a herbal supplement (Zotrim [®]) for weight management. <i>British Food Journal</i> , 2007, 109, 416-428.	1.6	9
32	The impact of HENRY on parenting and family lifestyle: Exploratory analysis of the mechanisms for change. <i>Child: Care, Health and Development</i> , 2019, 45, 850-860.	0.8	9
33	Cross-sectional associations between lunch-type consumed on a school day and British adolescents' overall diet quality. <i>Preventive Medicine Reports</i> , 2020, 19, 101133.	0.8	9
34	Does the Royal Horticultural Society Campaign for School Gardening increase intake of fruit and vegetables in children? Results from two randomised controlled trials. <i>Public Health Research</i> , 2014, 2, 1-162.	0.5	9
35	Details and acceptability of a nutrition intervention programme designed to improve the contents of children's packed lunches. <i>Public Health Nutrition</i> , 2010, 13, 1254-1261.	1.1	8
36	Development of an Arabic food composition database for use in an Arabic online dietary assessment tool (myfood24). <i>Journal of Food Composition and Analysis</i> , 2021, 102, 104047.	1.9	8

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37	Effects of an over-the-counter herbal weight management product (Zotrim®) on weight and waist circumference in a sample of overweight women: a consumer study. <i>Nutrition and Food Science</i> , 2005, 35, 303-314.	0.4	7
38	A cross-sectional assessment of food- and nutrient-based standards applied to British schoolchildren's packed lunches. <i>Public Health Nutrition</i> , 2017, 20, 565-570.	1.1	6
39	Non-Milk Extrinsic Sugars Intake and Food and Nutrient Consumption Patterns among Adolescents in the UK National Diet and Nutrition Survey, Years 2008-16. <i>Nutrients</i> , 2019, 11, 1621.	1.7	6
40	Obese and hungry: two faces of a nation. <i>BMJ</i> , The, 2020, 370, m3084.	3.0	5
41	Relationships between social spending and childhood obesity in OECD countries: an ecological study. <i>BMJ Open</i> , 2021, 11, e044205.	0.8	5
42	Comparison of school day eating behaviours of 8-11 year old children from Adelaide, South Australia, and London, England. <i>Running title: Child eating behaviours in South Australia and England</i> . <i>AIMS Public Health</i> , 2018, 5, 394-410.	1.1	5
43	Development and usability of myfood24: an online 24-hour dietary assessment tool. <i>Proceedings of the Nutrition Society</i> , 2015, 74, .	0.4	2
44	Merits of collaboration between industry and academia. <i>BMJ</i> , The, 2015, 350, h1138-h1138.	3.0	2
45	OP83...Does Lunch Type Have an Impact on Dietary Quality over the Whole Day in English Primary School Children?. <i>Journal of Epidemiology and Community Health</i> , 2012, 66, A32.2-A33.	2.0	1
46	Adherence to sugars guidelines and micronutrient intakes in UK adult participants of the National Diet & Nutrition Survey (2008/09-2011/12). <i>Proceedings of the Nutrition Society</i> , 2017, 76, .	0.4	1
47	Systematic assessment of obesity information on the microblogging platform Twitter. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	0.4	1
48	Reply to VI Kraak et al. <i>American Journal of Clinical Nutrition</i> , 2013, 97, 655.	2.2	0
49	Usability Testing of the Beta-Version of Myfood24 among British Adolescents. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2014, 114, A22.	0.4	0
50	Decreasing sugar-sweetened beverage intake in children: a systematic review and meta-analysis. <i>Proceedings of the Nutrition Society</i> , 2016, 75, .	0.4	0
51	Factors influencing adolescent whole grain intake: In-depth interviews with adolescents using SenseCam technology. <i>Proceedings of the Nutrition Society</i> , 2016, 75, .	0.4	0
52	P62...A systematic review of childhood and adolescent cohorts which measure whole diet and subsequent adiposity. <i>Journal of Epidemiology and Community Health</i> , 2016, 70, A81.1-A81.	2.0	0
53	P74...Adherence to the WCRF/AICR cancer prevention guidelines and risk of colorectal cancer in the UK Women's Cohort Study. <i>Journal of Epidemiology and Community Health</i> , 2016, 70, A86.2-A87.	2.0	0
54	Vitamin E intake, serum tocopherols and blood pressure in UK adolescents. <i>Proceedings of the Nutrition Society</i> , 2016, 75, .	0.4	0

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55	Nutrition in the media: A cross-sectional analysis of health and nutrition articles reported in five popular UK newspapers. Proceedings of the Nutrition Society, 2016, 75, .	0.4	0
56	OP59â€¦Improving consumption of sugar-sweetened beverages across populations: lessons learnt from a systematic review and meta-analysis. Journal of Epidemiology and Community Health, 2016, 70, A34.3-A35.	2.0	0
57	The effects of takeaway (fast) food consumption on UK adolescent's diet quality. Proceedings of the Nutrition Society, 2017, 76, .	0.4	0
58	Family meals to fast food: findings from a systematic review of childhood and adolescent cohorts which measure whole diet and subsequent adiposity. Proceedings of the Nutrition Society, 2017, 76, .	0.4	0
59	The effects of takeaway food and eating meals outside of the home on UK adolescents diet quality. Proceedings of the Nutrition Society, 2018, 77, .	0.4	0
60	A systematic review of childhood and adolescent cohorts: a comparison of reported energy and macronutrient intakes. Proceedings of the Nutrition Society, 2018, 77, .	0.4	0
61	Dietary fat intake and blood pressure in UK adolescents: a longitudinal study. Proceedings of the Nutrition Society, 2018, 77, .	0.4	0
62	Healthy dietary patterns from food diaries and FFQ are not associated with colorectal cancer risk: results from the UKWCS. Proceedings of the Nutrition Society, 2020, 79, .	0.4	0
63	P21â€¦Taste classification of foods consumed in the national diet and nutrition survey. , 2021, , .		0
64	OP41â€¦Evaluation of a natural experiment to increase availability of healthier snack foods in vending machines using interrupted time series analysis. , 2021, , .		0
65	The associations between lunch type consumed during a school day and UK adolescents' overall diet quality. Obesity Abstracts, 0, , .	0.0	0
66	Developing a new Arabic Food Composition Database for an Online Dietary Recall Tool-myfood24. Obesity Abstracts, 0, , .	0.0	0
67	Longitudinal association between takeaway food environment and secondary school adolescents BMI and body fat percentage. Proceedings of the Nutrition Society, 2022, 81, .	0.4	0
68	Development and validation of a novel quality assessment tool to measure the quality of nutrition information online. Proceedings of the Nutrition Society, 2022, 81, .	0.4	0