

Jorge PÃ©rez-GÃ³mez

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4337274/publications.pdf>

Version: 2024-02-01

130
papers

2,619
citations

236612

25
h-index

253896

43
g-index

137
all docs

137
docs citations

137
times ranked

2389
citing authors

#	ARTICLE	IF	CITATIONS
1	Does nutritional status influence the effects of a multicomponent exercise programme on body composition and physical fitness in older adults with limited physical function?. <i>European Journal of Sport Science</i> , 2023, 23, 1375-1384.	1.4	1
2	Physical exercises for preventing injuries among adult male football players: A systematic review. <i>Journal of Sport and Health Science</i> , 2022, 11, 115-122.	3.3	26
3	Health-related quality of life and multidimensional fitness profile in polio survivors. <i>Disability and Rehabilitation</i> , 2022, 44, 1374-1379.	0.9	1
4	Acute, chronic and acute/chronic ratio between starters and non-starters professional soccer players across a competitive season. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , 2022, 236, 285-294.	0.4	13
5	Quantification of training and match load in elite youth soccer players: a full-season study. <i>Journal of Sports Medicine and Physical Fitness</i> , 2022, 62, .	0.4	14
6	Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. <i>Sports Medicine</i> , 2022, 52, 933-948.	3.1	78
7	Association between Agility, Health-Related Quality of Life, Depression, and Anthropometric Variables in Physically Active Older Adult Women with Depression. <i>Healthcare (Switzerland)</i> , 2022, 10, 100.	1.0	0
8	Wearable Inertial Measurement Unit to Measure External Load: A Full-Season Study in Professional Soccer Players. <i>Applied Sciences (Switzerland)</i> , 2022, 12, 1140.	1.3	4
9	Effects of 8 Weeks of High-Intensity Interval Training and Spirulina Supplementation on Immunoglobulin Levels, Cardio-Respiratory Fitness, and Body Composition of Overweight and Obese Women. <i>Biology</i> , 2022, 11, 196.	1.3	15
10	Depression and Exercise in Older Adults: Exercise Looks after You Program, User Profile. <i>Healthcare (Switzerland)</i> , 2022, 10, 181.	1.0	3
11	An Overview on How Exercise with Green Tea Consumption Can Prevent the Production of Reactive Oxygen Species and Improve Sports Performance. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 218.	1.2	15
12	Physical Activity and Prevalence of Depression and Antidepressants in the Spanish Population. <i>Healthcare (Switzerland)</i> , 2022, 10, 363.	1.0	4
13	Increased Odds for Depression and Antidepressant Use in the Inactive Spanish Population. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 2829.	1.2	6
14	Effects of 6-Month Square Stepping Exercise Intervention on Physical and Cognitive Competence, Regucalcin, and Body Composition in Older People: Study Protocol for a Randomised Control Trial. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3086.	1.2	1
15	Association between Lower-Body Strength, Health-Related Quality of Life, Depression Status and BMI in the Elderly Women with Depression. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3262.	1.2	3
16	Preliminary Study of the Psychometric Properties of a Questionnaire to Assess Spanish Canoeists'™ Perceptions of the Sport System's™ Capacity for Talent Development in Women's™ Canoeing. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3901.	1.2	2
17	Associations between bio-motor ability, endocrine markers and hand-specific anthropometrics in elite female futsal players: a pilot study. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2022, 14, 59.	0.7	2
18	Maturation effect on physical capacities and anabolic hormones in under-16 elite footballers: a cross-sectional study. <i>Sport Sciences for Health</i> , 2022, 18, 297-305.	0.4	10

#	ARTICLE	IF	CITATIONS
19	New Evidence on Regucalcin, Body Composition, and Walking Ability Adaptations to Multicomponent Exercise Training in Functionally Limited and Frail Older Adults. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 363.	1.2	0
20	Physical Activity Adherence Related to Body Composition and Physical Fitness in Spanish Older Adults: 8 Years-Longitudinal EXERNET-Study. <i>Frontiers in Psychology</i> , 2022, 13, 858312.	1.1	0
21	Psychosocial factors related to physical activity in frail and prefrail elderly people. <i>BMC Geriatrics</i> , 2022, 22, 407.	1.1	0
22	Prevalence of Metabolic Syndrome and Association with Physical Activity and Frailty Status in Spanish Older Adults with Decreased Functional Capacity: A Cross-Sectional Study. <i>Nutrients</i> , 2022, 14, 2302.	1.7	10
23	COVID-19 Lockdown: A Global Study Investigating the Effect of Athletes'™ Sport Classification and Sex on Training Practices. <i>International Journal of Sports Physiology and Performance</i> , 2022, 17, 1242-1256.	1.1	16
24	Risk of Hypertension and Use of Antihypertensive Drugs in the Physically Active Population under-70 Years Old"Spanish Health Survey. <i>Healthcare (Switzerland)</i> , 2022, 10, 1283.	1.0	3
25	Equine-assisted activities and therapies in children with attention-deficit/hyperactivity disorder: A systematic review. <i>Journal of Psychiatric and Mental Health Nursing</i> , 2021, 28, 1079-1091.	1.2	10
26	Comparisons of new body load and metabolic power average workload indices between starters and non-starters: A full-season study in professional soccer players. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , 2021, 235, 105-113.	0.4	31
27	Comparison of Running Distance Variables and Body Load in Competitions Based on Their Results: A Full-Season Study of Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2077.	1.2	17
28	Associations between Inter-Limb Asymmetries in Jump and Change of Direction Speed Tests and Physical Performance in Adolescent Female Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3474.	1.2	17
29	The effects of 14-week betaine supplementation on endocrine markers, body composition and anthropometrics in professional youth soccer players: a double blind, randomized, placebo-controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 20.	1.7	36
30	Associations Between Variations in Accumulated Workload and Physiological Variables in Young Male Soccer Players Over the Course of a Season. <i>Frontiers in Physiology</i> , 2021, 12, 638180.	1.3	42
31	Validation of a Physical Activity and Health Questionnaire Evaluating Knowledge of WHO Recommendations among Colombians. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3526.	1.2	2
32	Associations between Daily Movement Distribution, Bone Structure, Falls, and Fractures in Older Adults: A Compositional Data Analysis Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3757.	1.2	4
33	Functional Frailty, Dietary Intake, and Risk of Malnutrition. Are Nutrients Involved in Muscle Synthesis the Key for Frailty Prevention?. <i>Nutrients</i> , 2021, 13, 1231.	1.7	17
34	Falls Prevention and Quality of Life Improvement by Square Stepping Exercise in People with Parkinson's Disease: Project Report. <i>Journal of Personalized Medicine</i> , 2021, 11, 361.	1.1	4
35	Effect of COVID-19 on Health-Related Quality of Life in Adolescents and Children: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4563.	1.2	131
36	Weekly Variations in the Workload of Turkish National Youth Wrestlers: A Season of Complete Preparation. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3832.	1.2	8

#	ARTICLE	IF	CITATIONS
37	Association between Training Load and Well-Being Measures in Young Soccer Players during a Season. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4451.	1.2	26
38	Weekly Wellness Variations to Identify Non-Functional Overreaching Syndrome in Turkish National Youth Wrestlers: A Pilot Study. <i>Sustainability</i> , 2021, 13, 4667.	1.6	8
39	Effect of Acute Ramadan Fasting on Muscle Function and Buffering System of Male Athletes. <i>Healthcare (Switzerland)</i> , 2021, 9, 397.	1.0	9
40	Intra- and Inter-week Variations of Well-Being Across a Season: A Cohort Study in Elite Youth Male Soccer Players. <i>Frontiers in Psychology</i> , 2021, 12, 671072.	1.1	16
41	Variations of Training Workload in Micro- and Meso-Cycles Based on Position in Elite Young Soccer Players: A Competition Season Study. <i>Frontiers in Physiology</i> , 2021, 12, 668145.	1.3	26
42	Impact of the Home Confinement Related to COVID-19 on the Device-Assessed Physical Activity and Sedentary Patterns of Spanish Older Adults. <i>BioMed Research International</i> , 2021, 2021, 1-8.	0.9	11
43	Somatotype, Accumulated Workload, and Fitness Parameters in Elite Youth Players: Associations with Playing Position. <i>Children</i> , 2021, 8, 375.	0.6	17
44	Comparison of Knee and Hip Kinematics during Landing and Cutting between Elite Male Football and Futsal Players. <i>Healthcare (Switzerland)</i> , 2021, 9, 606.	1.0	4
45	The effects of whole-body muscle stimulation on body composition and strength parameters. <i>Medicine (United States)</i> , 2021, 100, e25139.	0.4	2
46	Fluctuations in Well-Being Based on Position in Elite Young Soccer Players during a Full Season. <i>Healthcare (Switzerland)</i> , 2021, 9, 586.	1.0	13
47	Effects of 14-weeks betaine supplementation on pro-inflammatory cytokines and hematology status in professional youth soccer players during a competition season: a double blind, randomized, placebo-controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 42.	1.7	24
48	Potential Improvement in Rehabilitation Quality of 2019 Novel Coronavirus by Isometric Training System; Is There "Muscle-Lung Cross-Talk"? <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6304.	1.2	8
49	Test-Retest Reliability of Five Times Sit to Stand Test (FTSST) in Adults: A Systematic Review and Meta-Analysis. <i>Biology</i> , 2021, 10, 510.	1.3	50
50	Comparison of Official and Friendly Matches through Acceleration, Deceleration and Metabolic Power Measures: A Full-Season Study in Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5980.	1.2	18
51	Fitness vs Fatness as Determinants of Survival in Noninstitutionalized Older Adults: The EXERNET Multicenter Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, , .	1.7	2
52	How important is current physical fitness for future quality of life? Results from an 8-year longitudinal study on older adults. <i>Experimental Gerontology</i> , 2021, 149, 111301.	1.2	5
53	Effect of Physical Guidance on Learning a Tracking Task in Children with Cerebral Palsy. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7136.	1.2	5
54	Effect of Virtual Reality Exercises on the Cognitive Status and Dual Motor Task Performance of the Aging Population. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8005.	1.2	10

#	ARTICLE	IF	CITATIONS
55	Menopausal transition does not influence skeletal muscle capillary growth in response to cycle training in women. <i>Journal of Applied Physiology</i> , 2021, 131, 369-375.	1.2	2
56	Variations of Accelerometer and Metabolic Power Global Positioning System Variables across a Soccer Season: A Within-Group Study for Starters and Non-Starters. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 6747.	1.3	5
57	Wearable Inertial Measurement Unit to Accelerometer-Based Training Monotony and Strain during a Soccer Season: A within-Group Study for Starters and Non-Starters. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8007.	1.2	7
58	Win, Draw, or Lose? Global Positioning System-Based Variables'™ Effect on the Match Outcome: A Full-Season Study on an Iranian Professional Soccer Team. <i>Sensors</i> , 2021, 21, 5695.	2.1	14
59	Endurance exercise improves avoidance learning and spatial memory, through changes in genes of GABA and relaxin-3, in rats. <i>Biochemical and Biophysical Research Communications</i> , 2021, 566, 204-210.	1.0	5
60	Association Between Endocrine Markers, Accumulated Workload, and Fitness Parameters During a Season in Elite Young Soccer Players. <i>Frontiers in Psychology</i> , 2021, 12, 702454.	1.1	5
61	Age-related differences in linear sprint in adolescent female soccer players. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 97.	0.7	3
62	Health-Related Quality of Life and Frequency of Physical Activity in Spanish Students Aged 8–14. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9418.	1.2	6
63	The Effect of Acute Intense Exercise on Activity of Antioxidant Enzymes in Smokers and Non-Smokers. <i>Biomolecules</i> , 2021, 11, 171.	1.8	19
64	The effect of two types of combined training on bio-motor ability adaptations in sedentary females. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 1317-1325.	0.4	21
65	Physical Activity Recommendations during COVID-19: Narrative Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 65.	1.2	66
66	Influence of 2D:4D ratio on fitness parameters and accumulated training load in elite youth soccer players. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 125.	0.7	11
67	Effect of Four Weeks of Home-Based Balance Training on the Performance in Individuals with Functional Ankle Instability: A Remote Online Study. <i>Healthcare (Switzerland)</i> , 2021, 9, 1428.	1.0	4
68	Effects of chronic betaine supplementation on performance in professional young soccer players during a competitive season: a double blind, randomized, placebo-controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 67.	1.7	13
69	Fluctuations of Training Load Variables in Elite Soccer Players U-14 throughout the Competition Season. <i>Healthcare (Switzerland)</i> , 2021, 9, 1418.	1.0	5
70	Sprint Variables Are Associated with the Odds Ratios of Non-Contact Injuries in Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 10417.	1.2	10
71	Zumba®, Fat Mass and Maximum Oxygen Consumption: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 105.	1.2	4
72	CHU9D Normative Data in Peruvian Adolescents. <i>Journal of Personalized Medicine</i> , 2021, 11, 1272.	1.1	1

#	ARTICLE	IF	CITATIONS
73	Variability of External Intensity Comparisons between Official and Friendly Soccer Matches in Professional Male Players. <i>Healthcare (Switzerland)</i> , 2021, 9, 1708.	1.0	11
74	Effects of Plyometric Jump Training in Sand or Rigid Surface on Jump-Related Biomechanical Variables and Physical Fitness in Female Volleyball Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 13093.	1.2	26
75	Effect of Aerobic-Based Exercise on Psychological Well-Being and Quality of Life Among Older People: A Middle East Study. <i>Frontiers in Public Health</i> , 2021, 9, 764044.	1.3	10
76	Role of Dietary Intake and Serum 25(OH)D on the Effects of a Multicomponent Exercise Program on Bone Mass and Structure of Frail and Pre-Frail Older Adults. <i>Nutrients</i> , 2020, 12, 3016.	1.7	3
77	Influence of Body Composition on Physical Fitness in Adolescents. <i>Medicina (Lithuania)</i> , 2020, 56, 328.	0.8	22
78	Description of acute and chronic load, training monotony and strain over a season and its relationships with well-being status: A study in elite under-16 soccer players. <i>Physiology and Behavior</i> , 2020, 225, 113117.	1.0	64
79	Relationships Between Training Workload Parameters with Variations in Anaerobic Power and Change of Direction Status in Elite Youth Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7934.	1.2	46
80	Impact of cognitive tasks on biomechanical and kinematic parameters of gait in women with fibromyalgia: A cross-sectional study. <i>Physiology and Behavior</i> , 2020, 227, 113171.	1.0	8
81	How to Improve the Functional Capacity of Frail and Pre-Frail Elderly People? Health, Nutritional Status and Exercise Intervention. The EXERNET-Elder 3.0 Project. <i>Sustainability</i> , 2020, 12, 6246.	1.6	18
82	Comparisons of Accelerometer Variables Training Monotony and Strain of Starters and Non-Starters: A Full-Season Study in Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6547.	1.2	41
83	Effects of a Multicomponent Exercise Program, a Detraining Period and Dietary Intake Prediction of Body Composition of Frail and Pre-Frail Older Adults from the EXERNET Elder 3.0 Study. <i>Sustainability</i> , 2020, 12, 9894.	1.6	5
84	The Effects of Age, Organized Physical Activity and Sedentarism on Fitness in Older Adults: An 8-Year Longitudinal Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4312.	1.2	18
85	Relationship of Perceived Social Support with Mental Health in Older Caregivers. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3886.	1.2	36
86	Twelve Weeks of Whole Body Vibration Training Improve Regucalcin, Body Composition and Physical Fitness in Postmenopausal Women: A Pilot Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3940.	1.2	12
87	Well-Being, Obesity and Motricity Observatory in Childhood and Youth (WOMO): A Study Protocol. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2129.	1.2	8
88	Reliability of 30-s Chair Stand Test with and without Cognitive Task in People with Type-2 Diabetes Mellitus. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1450.	1.2	11
89	Cost-Effectiveness of "Tele-Square Step Exercise" for Falls Prevention in Fibromyalgia Patients: A Study Protocol. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 695.	1.2	8
90	Copenhagen Adduction Exercise to Increase Eccentric Strength: A Systematic Review and Meta-Analysis. <i>Applied Sciences (Switzerland)</i> , 2020, 10, 2863.	1.3	7

#	ARTICLE	IF	CITATIONS
91	Relationship between Health-Related Quality of Life and Physical Activity in Children with Hyperactivity. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2804.	1.2	13
92	Effects of Ashwagandha (<i>Withania somnifera</i>) on VO2max: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2020, 12, 1119.	1.7	17
93	Analysis of Fitness Status Variations of Under-16 Soccer Players Over a Season and Their Relationships With Maturational Status and Training Load. <i>Frontiers in Physiology</i> , 2020, 11, 597697.	1.3	40
94	Vertical Versus Horizontal Resisted Sprint Training Applied to Young Soccer Players: Effects on Physical Performance. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 748-758.	1.1	17
95	Effects of 8-week of fitness classes on blood pressure, body composition, and physical fitness. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020, 59, 2066-2074.	0.4	5
96	Short-term branched-chain amino acid supplementation does not enhance vertical jump in professional volleyball players. A double-blind, controlled, randomized study. <i>Nutricion Hospitalaria</i> , 2020, 37, 1007-1011.	0.2	2
97	Entrenamiento excéntrico como estrategia para mejorar el rendimiento en el cambio de dirección y el esprint en deportes de equipo: Una revisión sistemática. <i>E-Motion Revista De Educación Motricidad E Investigación</i> , 2020, , 43.	0.0	0
98	Reliability of the 30 s Chair Stand Test in Women with Fibromyalgia. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 2344.	1.2	15
99	Health Benefits of Indoor Cycling: A Systematic Review. <i>Medicina (Lithuania)</i> , 2019, 55, 452.	0.8	17
100	Effects of 24-week exergame intervention on physical function under single- and dual-task conditions in fibromyalgia: A randomized controlled trial. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1610-1617.	1.3	24
101	Reliability of isokinetic knee strength measurements in children: A systematic review and meta-analysis. <i>PLoS ONE</i> , 2019, 14, e0226274.	1.1	27
102	Force-Velocity-Power Profiling During Weighted-Vest Sprinting in Soccer. <i>International Journal of Sports Physiology and Performance</i> , 2019, 14, 747-756.	1.1	12
103	New Tool to Control and Monitor Weighted Vest Training Load for Sprinting and Jumping in Soccer. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 3030-3038.	1.0	3
104	Influence of contextual variables and the pressure to keep category on physical match performance in soccer players. <i>PLoS ONE</i> , 2018, 13, e0204256.	1.1	21
105	Validation of the iPhone app using the force platform to estimate vertical jump height. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 227-232.	0.4	30
106	Stanniocalcin 2 Regulates Non-capacitative Ca ²⁺ Entry and Aggregation in Mouse Platelets. <i>Frontiers in Physiology</i> , 2018, 9, 266.	1.3	10
107	Effects of high-resistance circuit training in an elderly population. <i>Experimental Gerontology</i> , 2013, 48, 334-340.	1.2	55
108	Effect of endurance and resistance training on regional fat mass and lipid profile. <i>Nutricion Hospitalaria</i> , 2013, 28, 340-6.	0.2	17

#	ARTICLE	IF	CITATIONS
109	Similarity in Adaptations to High-Resistance Circuit vs. Traditional Strength Training in Resistance-Trained Men. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 2519-2527.	1.0	35
110	Relationship between performance at different exercise intensities and skeletal muscle characteristics. <i>Journal of Applied Physiology</i> , 2011, 110, 1555-1563.	1.2	26
111	Androgen receptor gene polymorphisms lean mass and performance in young men. <i>British Journal of Sports Medicine</i> , 2011, 45, 95-100.	3.1	16
112	Entrenamiento en circuito. ¿Una herramienta útil para prevenir los efectos del envejecimiento?. (Circuit training. A useful tool for preventing the effects of aging?). <i>Cultura, Ciencia Y Deporte</i> , 2011, 6, 185-192.	0.3	4
113	Osteocalcin as a negative regulator of serum leptin concentration in humans: insight from triathlon competitions. <i>European Journal of Applied Physiology</i> , 2010, 110, 635-643.	1.2	13
114	Effect of previous exhaustive exercise on metabolism and fatigue development during intense exercise in humans. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 619-629.	1.3	16
115	Bone Mass and the CAG and GGN Androgen Receptor Polymorphisms in Young Men. <i>PLoS ONE</i> , 2010, 5, e11529.	1.1	17
116	Reply to Martyn-St. James and Carroll. <i>Journal of Applied Physiology</i> , 2009, 107, 637-637.	1.2	0
117	Strength training combined with plyometric jumps in adults: sex differences in fat-bone axis adaptations. <i>Journal of Applied Physiology</i> , 2009, 106, 1100-1111.	1.2	45
118	Androgen Receptor Gene Repeat Polymorphism, Leptin And Fat Mass In Young Men And Women. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 519.	0.2	1
119	Role of muscle mass on sprint performance: gender differences?. <i>European Journal of Applied Physiology</i> , 2008, 102, 685-694.	1.2	171
120	Look before you leap: on the issue of muscle mass assessment by dual-energy X-ray absorptiometry (reply to Jordan Robert Moon comments). <i>European Journal of Applied Physiology</i> , 2008, 104, 587-588.	1.2	6
121	Effects of weight lifting training combined with plyometric exercises on physical fitness, body composition, and knee extension velocity during kicking in football. <i>Applied Physiology, Nutrition and Metabolism</i> , 2008, 33, 501-510.	0.9	73
122	Androgen Receptor Gene cag and ggn Length Polymorphisms Are Associated With Lean Mass in Women. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, S183.	0.2	0
123	Artistic Versus Rhythmic Gymnastics: Effects on Bone and Muscle Mass in Young Girls. <i>International Journal of Sports Medicine</i> , 2007, 28, 386-393.	0.8	42
124	Serum free testosterone, leptin and soluble leptin receptor changes in a 6-week strength-training programme. <i>British Journal of Nutrition</i> , 2006, 96, 1053-1059.	1.2	46
125	Influence of extracurricular sport activities on body composition and physical fitness in boys: a 3-year longitudinal study. <i>International Journal of Obesity</i> , 2006, 30, 1062-1071.	1.6	99
126	Muscular development and physical activity as major determinants of femoral bone mass acquisition during growth. <i>British Journal of Sports Medicine</i> , 2005, 39, 611-616.	3.1	101

#	ARTICLE	IF	CITATIONS
127	Enhanced bone mass and physical fitness in young female handball players. <i>Bone</i> , 2004, 35, 1208-1215.	1.4	98
128	High Femoral Bone Mineral Density Accretion in Prepubertal Soccer Players. <i>Medicine and Science in Sports and Exercise</i> , 2004, 36, 1789-1795.	0.2	121
129	Variations of external workload across a soccer season for starters and non-starters. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , 0, , 175433712110392.	0.4	6
130	Agility training in football players: a systematic review. <i>Cultura, Ciencia Y Deporte</i> , 0, 12, 127-134.	0.3	0