

# Jorge PÃ©rez-GÃ³mez

## List of Publications by Year in descending order

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Version: 2024-02-01

130  
papers

2,619  
citations

236925

25  
h-index

254184

43  
g-index

137  
all docs

137  
docs citations

137  
times ranked

2389  
citing authors

#	ARTICLE	IF	CITATIONS
1	Does nutritional status influence the effects of a multicomponent exercise programme on body composition and physical fitness in older adults with limited physical function?. European Journal of Sport Science, 2023, 23, 1375-1384.	2.7	1
2	Physical exercises for preventing injuries among adult male football players: A systematic review. Journal of Sport and Health Science, 2022, 11, 115-122.	6.5	26
3	Health-related quality of life and multidimensional fitness profile in polio survivors. Disability and Rehabilitation, 2022, 44, 1374-1379.	1.8	1
4	Acute, chronic and acute/chronic ratio between starters and non-starters professional soccer players across a competitive season. Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology, 2022, 236, 285-294.	0.7	13
5	Quantification of training and match load in elite youth soccer players: a full-season study. Journal of Sports Medicine and Physical Fitness, 2022, 62, .	0.7	14
6	Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. Sports Medicine, 2022, 52, 933-948.	6.5	78
7	Association between Agility, Health-Related Quality of Life, Depression, and Anthropometric Variables in Physically Active Older Adult Women with Depression. Healthcare (Switzerland), 2022, 10, 100.	2.0	0
8	Wearable Inertial Measurement Unit to Measure External Load: A Full-Season Study in Professional Soccer Players. Applied Sciences (Switzerland), 2022, 12, 1140.	2.5	4
9	Effects of 8 Weeks of High-Intensity Interval Training and Spirulina Supplementation on Immunoglobulin Levels, Cardio-Respiratory Fitness, and Body Composition of Overweight and Obese Women. Biology, 2022, 11, 196.	2.8	15
10	Depression and Exercise in Older Adults: Exercise Looks after You Program, User Profile. Healthcare (Switzerland), 2022, 10, 181.	2.0	3
11	An Overview on How Exercise with Green Tea Consumption Can Prevent the Production of Reactive Oxygen Species and Improve Sports Performance. International Journal of Environmental Research and Public Health, 2022, 19, 218.	2.6	15
12	Physical Activity and Prevalence of Depression and Antidepressants in the Spanish Population. Healthcare (Switzerland), 2022, 10, 363.	2.0	4
13	Increased Odds for Depression and Antidepressant Use in the Inactive Spanish Population. International Journal of Environmental Research and Public Health, 2022, 19, 2829.	2.6	6
14	Effects of 6-Month Square Stepping Exercise Intervention on Physical and Cognitive Competence, Regucalcin, and Body Composition in Older People: Study Protocol for a Randomised Control Trial. International Journal of Environmental Research and Public Health, 2022, 19, 3086.	2.6	1
15	Association between Lower-Body Strength, Health-Related Quality of Life, Depression Status and BMI in the Elderly Women with Depression. International Journal of Environmental Research and Public Health, 2022, 19, 3262.	2.6	3
16	Preliminary Study of the Psychometric Properties of a Questionnaire to Assess Spanish Canoeistsâ€™ Perceptions of the Sport Systemâ€™s Capacity for Talent Development in Womenâ€™s Canoeing. International Journal of Environmental Research and Public Health, 2022, 19, 3901.	2.6	2
17	Associations between bio-motor ability, endocrine markers and hand-specific anthropometrics in elite female futsal players: a pilot study. BMC Sports Science, Medicine and Rehabilitation, 2022, 14, 59.	1.7	2
18	Maturation effect on physical capacities and anabolic hormones in under-16 elite footballers: a cross-sectional study. Sport Sciences for Health, 2022, 18, 297-305.	1.3	10

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19	New Evidence on Regucalcin, Body Composition, and Walking Ability Adaptations to Multicomponent Exercise Training in Functionally Limited and Frail Older Adults. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 363.	2.6	0
20	Physical Activity Adherence Related to Body Composition and Physical Fitness in Spanish Older Adults: 8 Years-Longitudinal EXERNET-Study. <i>Frontiers in Psychology</i> , 2022, 13, 858312.	2.1	0
21	Psychosocial factors related to physical activity in frail and prefrail elderly people. <i>BMC Geriatrics</i> , 2022, 22, 407.	2.7	0
22	Prevalence of Metabolic Syndrome and Association with Physical Activity and Frailty Status in Spanish Older Adults with Decreased Functional Capacity: A Cross-Sectional Study. <i>Nutrients</i> , 2022, 14, 2302.	4.1	10
23	COVID-19 Lockdown: A Global Study Investigating the Effect of Athletesâ€™ Sport Classification and Sex on Training Practices. <i>International Journal of Sports Physiology and Performance</i> , 2022, 17, 1242-1256.	2.3	16
24	Risk of Hypertension and Use of Antihypertensive Drugs in the Physically Active Population under-70 Years Oldâ€”Spanish Health Survey. <i>Healthcare (Switzerland)</i> , 2022, 10, 1283.	2.0	3
25	Equineâ€”assisted activities and therapies in children with attentionâ€”deficit/hyperactivity disorder: A systematic review. <i>Journal of Psychiatric and Mental Health Nursing</i> , 2021, 28, 1079-1091.	2.1	10
26	Comparisons of new body load and metabolic power average workload indices between starters and non-starters: A full-season study in professional soccer players. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , 2021, 235, 105-113.	0.7	31
27	Comparison of Running Distance Variables and Body Load in Competitions Based on Their Results: A Full-Season Study of Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2077.	2.6	17
28	Associations between Inter-Limb Asymmetries in Jump and Change of Direction Speed Tests and Physical Performance in Adolescent Female Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3474.	2.6	17
29	The effects of 14-week betaine supplementation on endocrine markers, body composition and anthropometrics in professional youth soccer players: a double blind, randomized, placebo-controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 20.	3.9	36
30	Associations Between Variations in Accumulated Workload and Physiological Variables in Young Male Soccer Players Over the Course of a Season. <i>Frontiers in Physiology</i> , 2021, 12, 638180.	2.8	42
31	Validation of a Physical Activity and Health Questionnaire Evaluating Knowledge of WHO Recommendations among Colombians. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3526.	2.6	2
32	Associations between Daily Movement Distribution, Bone Structure, Falls, and Fractures in Older Adults: A Compositional Data Analysis Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3757.	2.6	4
33	Functional Frailty, Dietary Intake, and Risk of Malnutrition. Are Nutrients Involved in Muscle Synthesis the Key for Frailty Prevention?. <i>Nutrients</i> , 2021, 13, 1231.	4.1	17
34	Falls Prevention and Quality of Life Improvement by Square Stepping Exercise in People with Parkinsonâ€™s Disease: Project Report. <i>Journal of Personalized Medicine</i> , 2021, 11, 361.	2.5	4
35	Effect of COVID-19 on Health-Related Quality of Life in Adolescents and Children: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4563.	2.6	131
36	Weekly Variations in the Workload of Turkish National Youth Wrestlers: A Season of Complete Preparation. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3832.	2.6	8

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37	Association between Training Load and Well-Being Measures in Young Soccer Players during a Season. International Journal of Environmental Research and Public Health, 2021, 18, 4451.	2.6	26
38	Weekly Wellness Variations to Identify Non-Functional Overreaching Syndrome in Turkish National Youth Wrestlers: A Pilot Study. Sustainability, 2021, 13, 4667.	3.2	8
39	Effect of Acute Ramadan Fasting on Muscle Function and Buffering System of Male Athletes. Healthcare (Switzerland), 2021, 9, 397.	2.0	9
40	Intra- and Inter-week Variations of Well-Being Across a Season: A Cohort Study in Elite Youth Male Soccer Players. Frontiers in Psychology, 2021, 12, 671072.	2.1	16
41	Variations of Training Workload in Micro- and Meso-Cycles Based on Position in Elite Young Soccer Players: A Competition Season Study. Frontiers in Physiology, 2021, 12, 668145.	2.8	26
42	Impact of the Home Confinement Related to COVID-19 on the Device-Assessed Physical Activity and Sedentary Patterns of Spanish Older Adults. BioMed Research International, 2021, 2021, 1-8.	1.9	11
43	Somatotype, Accumulated Workload, and Fitness Parameters in Elite Youth Players: Associations with Playing Position. Children, 2021, 8, 375.	1.5	17
44	Comparison of Knee and Hip Kinematics during Landing and Cutting between Elite Male Football and Futsal Players. Healthcare (Switzerland), 2021, 9, 606.	2.0	4
45	The effects of whole-body muscle stimulation on body composition and strength parameters. Medicine (United States), 2021, 100, e25139.	1.0	2
46	Fluctuations in Well-Being Based on Position in Elite Young Soccer Players during a Full Season. Healthcare (Switzerland), 2021, 9, 586.	2.0	13
47	Effects of 14-weeks betaine supplementation on pro-inflammatory cytokines and hematology status in professional youth soccer players during a competition season: a double blind, randomized, placebo-controlled trial. Journal of the International Society of Sports Nutrition, 2021, 18, 42.	3.9	24
48	Potential Improvement in Rehabilitation Quality of 2019 Novel Coronavirus by Isometric Training System; Is There â€œMuscle-Lung Cross-Talkâ€?. International Journal of Environmental Research and Public Health, 2021, 18, 6304.	2.6	8
49	Test-Retest Reliability of Five Times Sit to Stand Test (FTSST) in Adults: A Systematic Review and Meta-Analysis. Biology, 2021, 10, 510.	2.8	50
50	Comparison of Official and Friendly Matches through Acceleration, Deceleration and Metabolic Power Measures: A Full-Season Study in Professional Soccer Players. International Journal of Environmental Research and Public Health, 2021, 18, 5980.	2.6	18
51	Fitness vs Fatness as Determinants of Survival in Noninstitutionalized Older Adults: The EXERNET Multicenter Study. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2021, , .	3.6	2
52	How important is current physical fitness for future quality of life? Results from an 8-year longitudinal study on older adults. Experimental Gerontology, 2021, 149, 111301.	2.8	5
53	Effect of Physical Guidance on Learning a Tracking Task in Children with Cerebral Palsy. International Journal of Environmental Research and Public Health, 2021, 18, 7136.	2.6	5
54	Effect of Virtual Reality Exercises on the Cognitive Status and Dual Motor Task Performance of the Aging Population. International Journal of Environmental Research and Public Health, 2021, 18, 8005.	2.6	10

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55	Menopausal transition does not influence skeletal muscle capillary growth in response to cycle training in women. <i>Journal of Applied Physiology</i> , 2021, 131, 369-375.	2.5	2
56	Variations of Accelerometer and Metabolic Power Global Positioning System Variables across a Soccer Season: A Within-Group Study for Starters and Non-Starters. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 6747.	2.5	5
57	Wearable Inertial Measurement Unit to Accelerometer-Based Training Monotony and Strain during a Soccer Season: A within-Group Study for Starters and Non-Starters. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8007.	2.6	7
58	Win, Draw, or Lose? Global Positioning System-Based Variablesâ€™ Effect on the Match Outcome: A Full-Season Study on an Iranian Professional Soccer Team. <i>Sensors</i> , 2021, 21, 5695.	3.8	14
59	Endurance exercise improves avoidance learning and spatial memory, through changes in genes of GABA and relaxin-3, in rats. <i>Biochemical and Biophysical Research Communications</i> , 2021, 566, 204-210.	2.1	5
60	Association Between Endocrine Markers, Accumulated Workload, and Fitness Parameters During a Season in Elite Young Soccer Players. <i>Frontiers in Psychology</i> , 2021, 12, 702454.	2.1	5
61	Age-related differences in linear sprint in adolescent female soccer players. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 97.	1.7	3
62	Health-Related Quality of Life and Frequency of Physical Activity in Spanish Students Aged 8â€“14. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9418.	2.6	6
63	The Effect of Acute Intense Exercise on Activity of Antioxidant Enzymes in Smokers and Non-Smokers. <i>Biomolecules</i> , 2021, 11, 171.	4.0	19
64	The effect of two types of combined training on bio-motor ability adaptations in sedentary females. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 1317-1325.	0.7	21
65	Physical Activity Recommendations during COVID-19: Narrative Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 65.	2.6	66
66	Influence of 2D:4D ratio on fitness parameters and accumulated training load in elite youth soccer players. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 125.	1.7	11
67	Effect of Four Weeks of Home-Based Balance Training on the Performance in Individuals with Functional Ankle Instability: A Remote Online Study. <i>Healthcare (Switzerland)</i> , 2021, 9, 1428.	2.0	4
68	Effects of chronic betaine supplementation on performance in professional young soccer players during a competitive season: a double blind, randomized, placebo-controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 67.	3.9	13
69	Fluctuations of Training Load Variables in Elite Soccer Players U-14 throughout the Competition Season. <i>Healthcare (Switzerland)</i> , 2021, 9, 1418.	2.0	5
70	Sprint Variables Are Associated with the Odds Ratios of Non-Contact Injuries in Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 10417.	2.6	10
71	ZumbaÂ®, Fat Mass and Maximum Oxygen Consumption: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 105.	2.6	4
72	CHU9D Normative Data in Peruvian Adolescents. <i>Journal of Personalized Medicine</i> , 2021, 11, 1272.	2.5	1

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73	Variability of External Intensity Comparisons between Official and Friendly Soccer Matches in Professional Male Players. <i>Healthcare (Switzerland)</i> , 2021, 9, 1708.	2.0	11
74	Effects of Plyometric Jump Training in Sand or Rigid Surface on Jump-Related Biomechanical Variables and Physical Fitness in Female Volleyball Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 13093.	2.6	26
75	Effect of Aerobic-Based Exercise on Psychological Well-Being and Quality of Life Among Older People: A Middle East Study. <i>Frontiers in Public Health</i> , 2021, 9, 764044.	2.7	10
76	Role of Dietary Intake and Serum 25(OH)D on the Effects of a Multicomponent Exercise Program on Bone Mass and Structure of Frail and Pre-Frail Older Adults. <i>Nutrients</i> , 2020, 12, 3016.	4.1	3
77	Influence of Body Composition on Physical Fitness in Adolescents. <i>Medicina (Lithuania)</i> , 2020, 56, 328.	2.0	22
78	Description of acute and chronic load, training monotony and strain over a season and its relationships with well-being status: A study in elite under-16 soccer players. <i>Physiology and Behavior</i> , 2020, 225, 113117.	2.1	64
79	Relationships Between Training Workload Parameters with Variations in Anaerobic Power and Change of Direction Status in Elite Youth Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7934.	2.6	46
80	Impact of cognitive tasks on biomechanical and kinematic parameters of gait in women with fibromyalgia: A cross-sectional study. <i>Physiology and Behavior</i> , 2020, 227, 113171.	2.1	8
81	How to Improve the Functional Capacity of Frail and Pre-Frail Elderly People? Health, Nutritional Status and Exercise Intervention. The EXERNET-Elder 3.0 Project. <i>Sustainability</i> , 2020, 12, 6246.	3.2	18
82	Comparisons of Accelerometer Variables Training Monotony and Strain of Starters and Non-Starters: A Full-Season Study in Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6547.	2.6	41
83	Effects of a Multicomponent Exercise Program, a Detraining Period and Dietary Intake Prediction of Body Composition of Frail and Pre-Frail Older Adults from the EXERNET Elder 3.0 Study. <i>Sustainability</i> , 2020, 12, 9894.	3.2	5
84	The Effects of Age, Organized Physical Activity and Sedentarism on Fitness in Older Adults: An 8-Year Longitudinal Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4312.	2.6	18
85	Relationship of Perceived Social Support with Mental Health in Older Caregivers. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3886.	2.6	36
86	Twelve Weeks of Whole Body Vibration Training Improve Regucalcin, Body Composition and Physical Fitness in Postmenopausal Women: A Pilot Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3940.	2.6	12
87	Well-Being, Obesity and Motricity Observatory in Childhood and Youth (WOMO): A Study Protocol. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2129.	2.6	8
88	Reliability of 30-s Chair Stand Test with and without Cognitive Task in People with Type-2 Diabetes Mellitus. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1450.	2.6	11
89	Cost-Effectiveness of “Tele-Square Step Exercise” for Falls Prevention in Fibromyalgia Patients: A Study Protocol. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 695.	2.6	8
90	Copenhagen Adduction Exercise to Increase Eccentric Strength: A Systematic Review and Meta-Analysis. <i>Applied Sciences (Switzerland)</i> , 2020, 10, 2863.	2.5	7



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91	Relationship between Health-Related Quality of Life and Physical Activity in Children with Hyperactivity. International Journal of Environmental Research and Public Health, 2020, 17, 2804.	2.6	13
92	Effects of Ashwagandha (Withania somnifera) on VO2max: A Systematic Review and Meta-Analysis. Nutrients, 2020, 12, 1119.	4.1	17
93	Analysis of Fitness Status Variations of Under-16 Soccer Players Over a Season and Their Relationships With Maturation Status and Training Load. Frontiers in Physiology, 2020, 11, 597697.	2.8	40
94	Vertical Versus Horizontal Resisted Sprint Training Applied to Young Soccer Players: Effects on Physical Performance. International Journal of Sports Physiology and Performance, 2020, 15, 748-758.	2.3	17
95	Effects of 8-week of fitness classes on blood pressure, body composition, and physical fitness. Journal of Sports Medicine and Physical Fitness, 2020, 59, 2066-2074.	0.7	5
96	Short-term branched-chain amino acid supplementation does not enhance vertical jump in professional volleyball players. A double-blind, controlled, randomized study. Nutricion Hospitalaria, 2020, 37, 1007-1011.	0.3	2
97	Entrenamiento excéntrico como estrategia para mejorar el rendimiento en el cambio de dirección y el esprint en deportes de equipo: Una revisión sistemática. E-Motion Revista De Educación Motricidad E Investigación, 2020, , 43.	0.0	0
98	Reliability of the 30 s Chair Stand Test in Women with Fibromyalgia. International Journal of Environmental Research and Public Health, 2019, 16, 2344.	2.6	15
99	Health Benefits of Indoor Cycling: A Systematic Review. Medicina (Lithuania), 2019, 55, 452.	2.0	17
100	Effects of 24-week exergame intervention on physical function under single- and dual-task conditions in fibromyalgia: A randomized controlled trial. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 1610-1617.	2.9	24
101	Reliability of isokinetic knee strength measurements in children: A systematic review and meta-analysis. PLoS ONE, 2019, 14, e0226274.	2.5	27
102	Force-Velocity-Power Profiling During Weighted-Vest Sprinting in Soccer. International Journal of Sports Physiology and Performance, 2019, 14, 747-756.	2.3	12
103	New Tool to Control and Monitor Weighted Vest Training Load for Sprinting and Jumping in Soccer. Journal of Strength and Conditioning Research, 2019, 33, 3030-3038.	2.1	3
104	Influence of contextual variables and the pressure to keep category on physical match performance in soccer players. PLoS ONE, 2018, 13, e0204256.	2.5	21
105	Validation of the iPhone app using the force platform to estimate vertical jump height. Journal of Sports Medicine and Physical Fitness, 2018, 58, 227-232.	0.7	30
106	Stanniocalcin 2 Regulates Non-capacitative Ca <sup>2+</sup> Entry and Aggregation in Mouse Platelets. Frontiers in Physiology, 2018, 9, 266.	2.8	10
107	Effects of high-resistance circuit training in an elderly population. Experimental Gerontology, 2013, 48, 334-340.	2.8	55
108	Effect of endurance and resistance training on regional fat mass and lipid profile. Nutricion Hospitalaria, 2013, 28, 340-6.	0.3	17

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109	Similarity in Adaptations to High-Resistance Circuit vs. Traditional Strength Training in Resistance-Trained Men. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 2519-2527.	2.1	35
110	Relationship between performance at different exercise intensities and skeletal muscle characteristics. <i>Journal of Applied Physiology</i> , 2011, 110, 1555-1563.	2.5	26
111	Androgen receptor gene polymorphisms lean mass and performance in young men. <i>British Journal of Sports Medicine</i> , 2011, 45, 95-100.	6.7	16
112	Entrenamiento en circuito. ¿Una herramienta útil para prevenir los efectos del envejecimiento?. (Circuit training. A useful tool for preventing the effects of aging?). <i>Cultura, Ciencia Y Deporte</i> , 2011, 6, 185-192.	0.2	4
113	Osteocalcin as a negative regulator of serum leptin concentration in humans: insight from triathlon competitions. <i>European Journal of Applied Physiology</i> , 2010, 110, 635-643.	2.5	13
114	Effect of previous exhaustive exercise on metabolism and fatigue development during intense exercise in humans. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 619-629.	2.9	16
115	Bone Mass and the CAG and GGN Androgen Receptor Polymorphisms in Young Men. <i>PLoS ONE</i> , 2010, 5, e11529.	2.5	17
116	Reply to Martyn-St. James and Carroll. <i>Journal of Applied Physiology</i> , 2009, 107, 637-637.	2.5	0
117	Strength training combined with plyometric jumps in adults: sex differences in fat-bone axis adaptations. <i>Journal of Applied Physiology</i> , 2009, 106, 1100-1111.	2.5	45
118	Androgen Receptor Gene Repeat Polymorphism, Leptin And Fat Mass In Young Men And Women. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 519.	0.4	1
119	Role of muscle mass on sprint performance: gender differences?. <i>European Journal of Applied Physiology</i> , 2008, 102, 685-694.	2.5	171
120	Look before you leap: on the issue of muscle mass assessment by dual-energy X-ray absorptiometry (reply to Jordan Robert Moon comments). <i>European Journal of Applied Physiology</i> , 2008, 104, 587-588.	2.5	6
121	Effects of weight lifting training combined with plyometric exercises on physical fitness, body composition, and knee extension velocity during kicking in football. <i>Applied Physiology, Nutrition and Metabolism</i> , 2008, 33, 501-510.	1.9	73
122	Androgen Receptor Gene cag and ggn Length Polymorphisms Are Associated With Lean Mass in Women. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, S183.	0.4	0
123	Artistic Versus Rhythmic Gymnastics: Effects on Bone and Muscle Mass in Young Girls. <i>International Journal of Sports Medicine</i> , 2007, 28, 386-393.	1.7	42
124	Serum free testosterone, leptin and soluble leptin receptor changes in a 6-week strength-training programme. <i>British Journal of Nutrition</i> , 2006, 96, 1053-1059.	2.3	46
125	Influence of extracurricular sport activities on body composition and physical fitness in boys: a 3-year longitudinal study. <i>International Journal of Obesity</i> , 2006, 30, 1062-1071.	3.4	99
126	Muscular development and physical activity as major determinants of femoral bone mass acquisition during growth. <i>British Journal of Sports Medicine</i> , 2005, 39, 611-616.	6.7	101



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127	Enhanced bone mass and physical fitness in young female handball players. Bone, 2004, 35, 1208-1215.	2.9	98
128	High Femoral Bone Mineral Density Accretion in Prepubertal Soccer Players. Medicine and Science in Sports and Exercise, 2004, 36, 1789-1795.	0.4	121
129	Variations of external workload across a soccer season for starters and non-starters. Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology, 0, , 175433712110392.	0.7	6
130	Agility training in football players: a systematic review. Cultura, Ciencia Y Deporte, 0, 12, 127-134.	0.2	0