

# Jorge PÃ©rez-GÃ³mez

## List of Publications by Year in descending order

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Version: 2024-02-01

130  
papers

2,619  
citations

236612

25  
h-index

253896

43  
g-index

137  
all docs

137  
docs citations

137  
times ranked

2389  
citing authors

#	ARTICLE	IF	CITATIONS
1	Role of muscle mass on sprint performance: gender differences?. <i>European Journal of Applied Physiology</i> , 2008, 102, 685-694.	1.2	171
2	Effect of COVID-19 on Health-Related Quality of Life in Adolescents and Children: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4563.	1.2	131
3	High Femoral Bone Mineral Density Accretion in Prepubertal Soccer Players. <i>Medicine and Science in Sports and Exercise</i> , 2004, 36, 1789-1795.	0.2	121
4	Muscular development and physical activity as major determinants of femoral bone mass acquisition during growth. <i>British Journal of Sports Medicine</i> , 2005, 39, 611-616.	3.1	101
5	Influence of extracurricular sport activities on body composition and physical fitness in boys: a 3-year longitudinal study. <i>International Journal of Obesity</i> , 2006, 30, 1062-1071.	1.6	99
6	Enhanced bone mass and physical fitness in young female handball players. <i>Bone</i> , 2004, 35, 1208-1215.	1.4	98
7	Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. <i>Sports Medicine</i> , 2022, 52, 933-948.	3.1	78
8	Effects of weight lifting training combined with plyometric exercises on physical fitness, body composition, and knee extension velocity during kicking in football. <i>Applied Physiology, Nutrition and Metabolism</i> , 2008, 33, 501-510.	0.9	73
9	Physical Activity Recommendations during COVID-19: Narrative Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 65.	1.2	66
10	Description of acute and chronic load, training monotony and strain over a season and its relationships with well-being status: A study in elite under-16 soccer players. <i>Physiology and Behavior</i> , 2020, 225, 113117.	1.0	64
11	Effects of high-resistance circuit training in an elderly population. <i>Experimental Gerontology</i> , 2013, 48, 334-340.	1.2	55
12	Test-Retest Reliability of Five Times Sit to Stand Test (FTSST) in Adults: A Systematic Review and Meta-Analysis. <i>Biology</i> , 2021, 10, 510.	1.3	50
13	Serum free testosterone, leptin and soluble leptin receptor changes in a 6-week strength-training programme. <i>British Journal of Nutrition</i> , 2006, 96, 1053-1059.	1.2	46
14	Relationships Between Training Workload Parameters with Variations in Anaerobic Power and Change of Direction Status in Elite Youth Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7934.	1.2	46
15	Strength training combined with plyometric jumps in adults: sex differences in fat-bone axis adaptations. <i>Journal of Applied Physiology</i> , 2009, 106, 1100-1111.	1.2	45
16	Artistic Versus Rhythmic Gymnastics: Effects on Bone and Muscle Mass in Young Girls. <i>International Journal of Sports Medicine</i> , 2007, 28, 386-393.	0.8	42
17	Associations Between Variations in Accumulated Workload and Physiological Variables in Young Male Soccer Players Over the Course of a Season. <i>Frontiers in Physiology</i> , 2021, 12, 638180.	1.3	42
18	Comparisons of Accelerometer Variables Training Monotony and Strain of Starters and Non-Starters: A Full-Season Study in Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6547.	1.2	41

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19	Analysis of Fitness Status Variations of Under-16 Soccer Players Over a Season and Their Relationships With Maturation Status and Training Load. <i>Frontiers in Physiology</i> , 2020, 11, 597697.	1.3	40
20	Relationship of Perceived Social Support with Mental Health in Older Caregivers. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3886.	1.2	36
21	The effects of 14-week betaine supplementation on endocrine markers, body composition and anthropometrics in professional youth soccer players: a double blind, randomized, placebo-controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 20.	1.7	36
22	Similarity in Adaptations to High-Resistance Circuit vs. Traditional Strength Training in Resistance-Trained Men. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 2519-2527.	1.0	35
23	Comparisons of new body load and metabolic power average workload indices between starters and non-starters: A full-season study in professional soccer players. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , 2021, 235, 105-113.	0.4	31
24	Validation of the iPhone app using the force platform to estimate vertical jump height. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 227-232.	0.4	30
25	Reliability of isokinetic knee strength measurements in children: A systematic review and meta-analysis. <i>PLoS ONE</i> , 2019, 14, e0226274.	1.1	27
26	Relationship between performance at different exercise intensities and skeletal muscle characteristics. <i>Journal of Applied Physiology</i> , 2011, 110, 1555-1563.	1.2	26
27	Physical exercises for preventing injuries among adult male football players: A systematic review. <i>Journal of Sport and Health Science</i> , 2022, 11, 115-122.	3.3	26
28	Association between Training Load and Well-Being Measures in Young Soccer Players during a Season. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4451.	1.2	26
29	Variations of Training Workload in Micro- and Meso-Cycles Based on Position in Elite Young Soccer Players: A Competition Season Study. <i>Frontiers in Physiology</i> , 2021, 12, 668145.	1.3	26
30	Effects of Plyometric Jump Training in Sand or Rigid Surface on Jump-Related Biomechanical Variables and Physical Fitness in Female Volleyball Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 13093.	1.2	26
31	Effects of 24-week exergame intervention on physical function under single- and dual-task conditions in fibromyalgia: A randomized controlled trial. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1610-1617.	1.3	24
32	Effects of 14-weeks betaine supplementation on pro-inflammatory cytokines and hematology status in professional youth soccer players during a competition season: a double blind, randomized, placebo-controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 42.	1.7	24
33	Influence of Body Composition on Physical Fitness in Adolescents. <i>Medicina (Lithuania)</i> , 2020, 56, 328.	0.8	22
34	Influence of contextual variables and the pressure to keep category on physical match performance in soccer players. <i>PLoS ONE</i> , 2018, 13, e0204256.	1.1	21
35	The effect of two types of combined training on bio-motor ability adaptations in sedentary females. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 1317-1325.	0.4	21
36	The Effect of Acute Intense Exercise on Activity of Antioxidant Enzymes in Smokers and Non-Smokers. <i>Biomolecules</i> , 2021, 11, 171.	1.8	19

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37	How to Improve the Functional Capacity of Frail and Pre-Frail Elderly People? Health, Nutritional Status and Exercise Intervention. The EXERNET-Elder 3.0 Project. Sustainability, 2020, 12, 6246.	1.6	18
38	The Effects of Age, Organized Physical Activity and Sedentarism on Fitness in Older Adults: An 8-Year Longitudinal Study. International Journal of Environmental Research and Public Health, 2020, 17, 4312.	1.2	18
39	Comparison of Official and Friendly Matches through Acceleration, Deceleration and Metabolic Power Measures: A Full-Season Study in Professional Soccer Players. International Journal of Environmental Research and Public Health, 2021, 18, 5980.	1.2	18
40	Bone Mass and the CAG and GGN Androgen Receptor Polymorphisms in Young Men. PLoS ONE, 2010, 5, e11529.	1.1	17
41	Health Benefits of Indoor Cycling: A Systematic Review. Medicina (Lithuania), 2019, 55, 452.	0.8	17
42	Effects of Ashwagandha (Withania somnifera) on VO2max: A Systematic Review and Meta-Analysis. Nutrients, 2020, 12, 1119.	1.7	17
43	Comparison of Running Distance Variables and Body Load in Competitions Based on Their Results: A Full-Season Study of Professional Soccer Players. International Journal of Environmental Research and Public Health, 2021, 18, 2077.	1.2	17
44	Associations between Inter-Limb Asymmetries in Jump and Change of Direction Speed Tests and Physical Performance in Adolescent Female Soccer Players. International Journal of Environmental Research and Public Health, 2021, 18, 3474.	1.2	17
45	Functional Frailty, Dietary Intake, and Risk of Malnutrition. Are Nutrients Involved in Muscle Synthesis the Key for Frailty Prevention?. Nutrients, 2021, 13, 1231.	1.7	17
46	Somatotype, Accumulated Workload, and Fitness Parameters in Elite Youth Players: Associations with Playing Position. Children, 2021, 8, 375.	0.6	17
47	Vertical Versus Horizontal Resisted Sprint Training Applied to Young Soccer Players: Effects on Physical Performance. International Journal of Sports Physiology and Performance, 2020, 15, 748-758.	1.1	17
48	Effect of endurance and resistance training on regional fat mass and lipid profile. Nutricion Hospitalaria, 2013, 28, 340-6.	0.2	17
49	Effect of previous exhaustive exercise on metabolism and fatigue development during intense exercise in humans. Scandinavian Journal of Medicine and Science in Sports, 2010, 20, 619-629.	1.3	16
50	Androgen receptor gene polymorphisms lean mass and performance in young men. British Journal of Sports Medicine, 2011, 45, 95-100.	3.1	16
51	Intra- and Inter-week Variations of Well-Being Across a Season: A Cohort Study in Elite Youth Male Soccer Players. Frontiers in Psychology, 2021, 12, 671072.	1.1	16
52	COVID-19 Lockdown: A Global Study Investigating the Effect of Athletes' Sport Classification and Sex on Training Practices. International Journal of Sports Physiology and Performance, 2022, 17, 1242-1256.	1.1	16
53	Reliability of the 30 s Chair Stand Test in Women with Fibromyalgia. International Journal of Environmental Research and Public Health, 2019, 16, 2344.	1.2	15
54	Effects of 8 Weeks of High-Intensity Interval Training and Spirulina Supplementation on Immunoglobulin Levels, Cardio-Respiratory Fitness, and Body Composition of Overweight and Obese Women. Biology, 2022, 11, 196.	1.3	15

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55	An Overview on How Exercise with Green Tea Consumption Can Prevent the Production of Reactive Oxygen Species and Improve Sports Performance. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 218.	1.2	15
56	Win, Draw, or Lose? Global Positioning System-Based Variables'™ Effect on the Match Outcome: A Full-Season Study on an Iranian Professional Soccer Team. <i>Sensors</i> , 2021, 21, 5695.	2.1	14
57	Quantification of training and match load in elite youth soccer players: a full-season study. <i>Journal of Sports Medicine and Physical Fitness</i> , 2022, 62, .	0.4	14
58	Osteocalcin as a negative regulator of serum leptin concentration in humans: insight from triathlon competitions. <i>European Journal of Applied Physiology</i> , 2010, 110, 635-643.	1.2	13
59	Relationship between Health-Related Quality of Life and Physical Activity in Children with Hyperactivity. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2804.	1.2	13
60	Acute, chronic and acute/chronic ratio between starters and non-starters professional soccer players across a competitive season. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , 2022, 236, 285-294.	0.4	13
61	Fluctuations in Well-Being Based on Position in Elite Young Soccer Players during a Full Season. <i>Healthcare (Switzerland)</i> , 2021, 9, 586.	1.0	13
62	Effects of chronic betaine supplementation on performance in professional young soccer players during a competitive season: a double blind, randomized, placebo-controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 67.	1.7	13
63	Force-Velocity-Power Profiling During Weighted-Vest Sprinting in Soccer. <i>International Journal of Sports Physiology and Performance</i> , 2019, 14, 747-756.	1.1	12
64	Twelve Weeks of Whole Body Vibration Training Improve Regucalcin, Body Composition and Physical Fitness in Postmenopausal Women: A Pilot Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3940.	1.2	12
65	Reliability of 30-s Chair Stand Test with and without Cognitive Task in People with Type-2 Diabetes Mellitus. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1450.	1.2	11
66	Impact of the Home Confinement Related to COVID-19 on the Device-Assessed Physical Activity and Sedentary Patterns of Spanish Older Adults. <i>BioMed Research International</i> , 2021, 2021, 1-8.	0.9	11
67	Influence of 2D:4D ratio on fitness parameters and accumulated training load in elite youth soccer players. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 125.	0.7	11
68	Variability of External Intensity Comparisons between Official and Friendly Soccer Matches in Professional Male Players. <i>Healthcare (Switzerland)</i> , 2021, 9, 1708.	1.0	11
69	Stanniocalcin 2 Regulates Non-capacitative Ca <sup>2+</sup> Entry and Aggregation in Mouse Platelets. <i>Frontiers in Physiology</i> , 2018, 9, 266.	1.3	10
70	Equine-assisted activities and therapies in children with attention-deficit/hyperactivity disorder: A systematic review. <i>Journal of Psychiatric and Mental Health Nursing</i> , 2021, 28, 1079-1091.	1.2	10
71	Effect of Virtual Reality Exercises on the Cognitive Status and Dual Motor Task Performance of the Aging Population. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8005.	1.2	10
72	Sprint Variables Are Associated with the Odds Ratios of Non-Contact Injuries in Professional Soccer Players. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 10417.	1.2	10

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73	Maturational effect on physical capacities and anabolic hormones in under-16 elite footballers: a cross-sectional study. <i>Sport Sciences for Health</i> , 2022, 18, 297-305.	0.4	10
74	Effect of Aerobic-Based Exercise on Psychological Well-Being and Quality of Life Among Older People: A Middle East Study. <i>Frontiers in Public Health</i> , 2021, 9, 764044.	1.3	10
75	Prevalence of Metabolic Syndrome and Association with Physical Activity and Frailty Status in Spanish Older Adults with Decreased Functional Capacity: A Cross-Sectional Study. <i>Nutrients</i> , 2022, 14, 2302.	1.7	10
76	Effect of Acute Ramadan Fasting on Muscle Function and Buffering System of Male Athletes. <i>Healthcare (Switzerland)</i> , 2021, 9, 397.	1.0	9
77	Impact of cognitive tasks on biomechanical and kinematic parameters of gait in women with fibromyalgia: A cross-sectional study. <i>Physiology and Behavior</i> , 2020, 227, 113171.	1.0	8
78	Well-Being, Obesity and Motricity Observatory in Childhood and Youth (WOMO): A Study Protocol. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2129.	1.2	8
79	Cost-Effectiveness of “Tele-Square Step Exercise” for Falls Prevention in Fibromyalgia Patients: A Study Protocol. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 695.	1.2	8
80	Weekly Variations in the Workload of Turkish National Youth Wrestlers: A Season of Complete Preparation. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3832.	1.2	8
81	Weekly Wellness Variations to Identify Non-Functional Overreaching Syndrome in Turkish National Youth Wrestlers: A Pilot Study. <i>Sustainability</i> , 2021, 13, 4667.	1.6	8
82	Potential Improvement in Rehabilitation Quality of 2019 Novel Coronavirus by Isometric Training System; Is There “Muscle-Lung Cross-Talk”? <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6304.	1.2	8
83	Copenhagen Adduction Exercise to Increase Eccentric Strength: A Systematic Review and Meta-Analysis. <i>Applied Sciences (Switzerland)</i> , 2020, 10, 2863.	1.3	7
84	Wearable Inertial Measurement Unit to Accelerometer-Based Training Monotony and Strain during a Soccer Season: A within-Group Study for Starters and Non-Starters. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8007.	1.2	7
85	Look before you leap: on the issue of muscle mass assessment by dual-energy X-ray absorptiometry (reply to Jordan Robert Moon comments). <i>European Journal of Applied Physiology</i> , 2008, 104, 587-588.	1.2	6
86	Variations of external workload across a soccer season for starters and non-starters. <i>Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology</i> , 0, , 175433712110392.	0.4	6
87	Health-Related Quality of Life and Frequency of Physical Activity in Spanish Students Aged 8–14. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9418.	1.2	6
88	Increased Odds for Depression and Antidepressant Use in the Inactive Spanish Population. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 2829.	1.2	6
89	Effects of a Multicomponent Exercise Program, a Detraining Period and Dietary Intake Prediction of Body Composition of Frail and Pre-Frail Older Adults from the EXERNET Elder 3.0 Study. <i>Sustainability</i> , 2020, 12, 9894.	1.6	5
90	How important is current physical fitness for future quality of life? Results from an 8-year longitudinal study on older adults. <i>Experimental Gerontology</i> , 2021, 149, 111301.	1.2	5

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91	Effect of Physical Guidance on Learning a Tracking Task in Children with Cerebral Palsy. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7136.	1.2	5
92	Variations of Accelerometer and Metabolic Power Global Positioning System Variables across a Soccer Season: A Within-Group Study for Starters and Non-Starters. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 6747.	1.3	5
93	Endurance exercise improves avoidance learning and spatial memory, through changes in genes of GABA and relaxin-3, in rats. <i>Biochemical and Biophysical Research Communications</i> , 2021, 566, 204-210.	1.0	5
94	Association Between Endocrine Markers, Accumulated Workload, and Fitness Parameters During a Season in Elite Young Soccer Players. <i>Frontiers in Psychology</i> , 2021, 12, 702454.	1.1	5
95	Effects of 8-week of fitness classes on blood pressure, body composition, and physical fitness. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020, 59, 2066-2074.	0.4	5
96	Fluctuations of Training Load Variables in Elite Soccer Players U-14 throughout the Competition Season. <i>Healthcare (Switzerland)</i> , 2021, 9, 1418.	1.0	5
97	Associations between Daily Movement Distribution, Bone Structure, Falls, and Fractures in Older Adults: A Compositional Data Analysis Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3757.	1.2	4
98	Falls Prevention and Quality of Life Improvement by Square Stepping Exercise in People with Parkinson's Disease: Project Report. <i>Journal of Personalized Medicine</i> , 2021, 11, 361.	1.1	4
99	Comparison of Knee and Hip Kinematics during Landing and Cutting between Elite Male Football and Futsal Players. <i>Healthcare (Switzerland)</i> , 2021, 9, 606.	1.0	4
100	Entrenamiento en circuito. ¿Una herramienta útil para prevenir los efectos del envejecimiento?. (Circuit training. A useful tool for preventing the effects of aging?). <i>Cultura, Ciencia Y Deporte</i> , 2011, 6, 185-192.	0.3	4
101	Effect of Four Weeks of Home-Based Balance Training on the Performance in Individuals with Functional Ankle Instability: A Remote Online Study. <i>Healthcare (Switzerland)</i> , 2021, 9, 1428.	1.0	4
102	Zumba®, Fat Mass and Maximum Oxygen Consumption: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 105.	1.2	4
103	Wearable Inertial Measurement Unit to Measure External Load: A Full-Season Study in Professional Soccer Players. <i>Applied Sciences (Switzerland)</i> , 2022, 12, 1140.	1.3	4
104	Physical Activity and Prevalence of Depression and Antidepressants in the Spanish Population. <i>Healthcare (Switzerland)</i> , 2022, 10, 363.	1.0	4
105	New Tool to Control and Monitor Weighted Vest Training Load for Sprinting and Jumping in Soccer. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 3030-3038.	1.0	3
106	Role of Dietary Intake and Serum 25(OH)D on the Effects of a Multicomponent Exercise Program on Bone Mass and Structure of Frail and Pre-Frail Older Adults. <i>Nutrients</i> , 2020, 12, 3016.	1.7	3
107	Age-related differences in linear sprint in adolescent female soccer players. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 97.	0.7	3
108	Depression and Exercise in Older Adults: Exercise Looks after You Program, User Profile. <i>Healthcare (Switzerland)</i> , 2022, 10, 181.	1.0	3

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109	Association between Lower-Body Strength, Health-Related Quality of Life, Depression Status and BMI in the Elderly Women with Depression. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3262.	1.2	3
110	Risk of Hypertension and Use of Antihypertensive Drugs in the Physically Active Population under-70 Years Old—Spanish Health Survey. <i>Healthcare (Switzerland)</i> , 2022, 10, 1283.	1.0	3
111	Validation of a Physical Activity and Health Questionnaire Evaluating Knowledge of WHO Recommendations among Colombians. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3526.	1.2	2
112	The effects of whole-body muscle stimulation on body composition and strength parameters. <i>Medicine (United States)</i> , 2021, 100, e25139.	0.4	2
113	Fitness vs Fatness as Determinants of Survival in Noninstitutionalized Older Adults: The EXERNET Multicenter Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, , .	1.7	2
114	Menopausal transition does not influence skeletal muscle capillary growth in response to cycle training in women. <i>Journal of Applied Physiology</i> , 2021, 131, 369-375.	1.2	2
115	Short-term branched-chain amino acid supplementation does not enhance vertical jump in professional volleyball players. A double-blind, controlled, randomized study. <i>Nutricion Hospitalaria</i> , 2020, 37, 1007-1011.	0.2	2
116	Preliminary Study of the Psychometric Properties of a Questionnaire to Assess Spanish Canoeists' Perceptions of the Sport System's Capacity for Talent Development in Women's Canoeing. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3901.	1.2	2
117	Associations between bio-motor ability, endocrine markers and hand-specific anthropometrics in elite female futsal players: a pilot study. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2022, 14, 59.	0.7	2
118	Health-related quality of life and multidimensional fitness profile in polio survivors. <i>Disability and Rehabilitation</i> , 2022, 44, 1374-1379.	0.9	1
119	Androgen Receptor Gene Repeat Polymorphism, Leptin And Fat Mass In Young Men And Women. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 519.	0.2	1
120	CHU9D Normative Data in Peruvian Adolescents. <i>Journal of Personalized Medicine</i> , 2021, 11, 1272.	1.1	1
121	Effects of 6-Month Square Stepping Exercise Intervention on Physical and Cognitive Competence, Regucalcin, and Body Composition in Older People: Study Protocol for a Randomised Control Trial. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3086.	1.2	1
122	Does nutritional status influence the effects of a multicomponent exercise programme on body composition and physical fitness in older adults with limited physical function?. <i>European Journal of Sport Science</i> , 2023, 23, 1375-1384.	1.4	1
123	Reply to Martyn-St. James and Carroll. <i>Journal of Applied Physiology</i> , 2009, 107, 637-637.	1.2	0
124	Androgen Receptor Gene cag and ggn Length Polymorphisms Are Associated With Lean Mass in Women. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, S183.	0.2	0
125	Agility training in football players: a systematic review. <i>Cultura, Ciencia Y Deporte</i> , 0, 12, 127-134.	0.3	0
126	Entrenamiento excéntrico como estrategia para mejorar el rendimiento en el cambio de dirección y el esprint en deportes de equipo: Una revisión sistemática. <i>E-Motion Revista De Educación Motricidad E Investigación</i> , 2020, , 43.	0.0	0



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127	Association between Agility, Health-Related Quality of Life, Depression, and Anthropometric Variables in Physically Active Older Adult Women with Depression. <i>Healthcare (Switzerland)</i> , 2022, 10, 100.	1.0	0
128	New Evidence on Regucalcin, Body Composition, and Walking Ability Adaptations to Multicomponent Exercise Training in Functionally Limited and Frail Older Adults. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 363.	1.2	0
129	Physical Activity Adherence Related to Body Composition and Physical Fitness in Spanish Older Adults: 8 Years-Longitudinal EXERNET-Study. <i>Frontiers in Psychology</i> , 2022, 13, 858312.	1.1	0
130	Psychosocial factors related to physical activity in frail and prefrail elderly people. <i>BMC Geriatrics</i> , 2022, 22, 407.	1.1	0