

# Janis Baird

## List of Publications by Year in descending order

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Version: 2024-02-01

129  
papers

11,526  
citations

126708

33  
h-index

31759

101  
g-index

133  
all docs

133  
docs citations

133  
times ranked

17385  
citing authors

#	ARTICLE	IF	CITATIONS
1	Process evaluation of complex interventions: Medical Research Council guidance. <i>BMJ, The</i> , 2015, 350, h1258-h1258.	3.0	3,602
2	A new framework for developing and evaluating complex interventions: update of Medical Research Council guidance. <i>BMJ, The</i> , 2021, 374, n2061.	3.0	1,567
3	Being big or growing fast: systematic review of size and growth in infancy and later obesity. <i>BMJ: British Medical Journal</i> , 2005, 331, 929.	2.4	964
4	Before the beginning: nutrition and lifestyle in the preconception period and its importance for future health. <i>Lancet, The</i> , 2018, 391, 1830-1841.	6.3	691
5	Worked examples of alternative methods for the synthesis of qualitative and quantitative research in systematic reviews. <i>BMC Medical Research Methodology</i> , 2007, 7, 4.	1.4	337
6	The effect of methotrexate on cardiovascular disease in patients with rheumatoid arthritis: a systematic literature review. <i>Rheumatology</i> , 2010, 49, 295-307.	0.9	320
7	Dietary inequalities: What is the evidence for the effect of the neighbourhood food environment?. <i>Health and Place</i> , 2014, 27, 229-242.	1.5	258
8	A Systematic Review of Digital Interventions for Improving the Diet and Physical Activity Behaviors of Adolescents. <i>Journal of Adolescent Health</i> , 2017, 61, 669-677.	1.2	230
9	Process evaluation in complex public health intervention studies: the need for guidance. <i>Journal of Epidemiology and Community Health</i> , 2014, 68, 101-102.	2.0	228
10	Vitamin D supplementation in pregnancy: a systematic review. <i>Health Technology Assessment</i> , 2014, 18, 1-190.	1.3	227
11	Tumour necrosis factor antagonists and the risk of cardiovascular disease in patients with rheumatoid arthritis: a systematic literature review. <i>Rheumatology</i> , 2011, 50, 518-531.	0.9	198
12	Framework for the development and evaluation of complex interventions: gap analysis, workshop and consultation-informed update. <i>Health Technology Assessment</i> , 2021, 25, 1-132.	1.3	184
13	Testing the fetal origins hypothesis in twins: the Birmingham twin study. <i>Diabetologia</i> , 2001, 44, 33-39.	2.9	159
14	Diet Quality and Sarcopenia in Older Adults: A Systematic Review. <i>Nutrients</i> , 2018, 10, 308.	1.7	157
15	Developmental Origins of Health and Disease: A Lifecourse Approach to the Prevention of Non-Communicable Diseases. <i>Healthcare (Switzerland)</i> , 2017, 5, 14.	1.0	131
16	Birth weight and muscle strength: A systematic review and meta-analysis. <i>Journal of Nutrition, Health and Aging</i> , 2012, 16, 609-615.	1.5	122
17	A systematic review and meta-analysis of school-based interventions with health education to reduce body mass index in adolescents aged 10 to 19 years. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 1.	2.0	119
18	Does birthweight predict bone mass in adulthood? A systematic review and meta-analysis. <i>Osteoporosis International</i> , 2011, 22, 1323-1334.	1.3	117

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19	“Making every contact count”: Evaluation of the impact of an intervention to train health and social care practitioners in skills to support health behaviour change. <i>Journal of Health Psychology</i> , 2016, 21, 138-151.	1.3	107
20	Variations in Infant Feeding Practice Are Associated with Body Composition in Childhood: A Prospective Cohort Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2009, 94, 2799-2805.	1.8	92
21	What influences diet quality in older people? A qualitative study among community-dwelling older adults from the Hertfordshire Cohort Study, UK. <i>Public Health Nutrition</i> , 2017, 20, 2685-2693.	1.1	83
22	Milk feeding and dietary patterns predict weight and fat gains in infancy. <i>Paediatric and Perinatal Epidemiology</i> , 2008, 22, 575-586.	0.8	61
23	Measuring the healthfulness of food retail stores: variations by store type and neighbourhood deprivation. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 69.	2.0	60
24	Is Birthweight Associated with Thyroid Autoimmunity? A Study in Twins. <i>Thyroid</i> , 2002, 12, 377-380.	2.4	59
25	Safety of Opioids in Osteoarthritis: Outcomes of a Systematic Review and Meta-Analysis. <i>Drugs and Aging</i> , 2019, 36, 129-143.	1.3	57
26	Are infant size and growth related to burden of disease in adulthood? A systematic review of literature. <i>International Journal of Epidemiology</i> , 2006, 35, 1196-1210.	0.9	56
27	Safety of Cyclooxygenase-2 Inhibitors in Osteoarthritis: Outcomes of a Systematic Review and Meta-Analysis. <i>Drugs and Aging</i> , 2019, 36, 25-44.	1.3	56
28	The Southampton Initiative for Health. <i>Journal of Health Psychology</i> , 2011, 16, 178-191.	1.3	55
29	Influences on diet quality in older age: the importance of social factors. <i>Age and Ageing</i> , 2017, 46, 277-283.	0.7	48
30	Healthy conversation skills: increasing competence and confidence in front-line staff. <i>Public Health Nutrition</i> , 2014, 17, 700-707.	1.1	46
31	A systematic review of lay views about infant size and growth. <i>Archives of Disease in Childhood</i> , 2006, 92, 120-127.	1.0	37
32	Changing health behaviour of young women from disadvantaged backgrounds: evidence from systematic reviews. <i>Proceedings of the Nutrition Society</i> , 2009, 68, 195-204.	0.4	35
33	The effect of a behaviour change intervention on the diets and physical activity levels of women attending Sure Start Children's Centres: results from a complex public health intervention. <i>BMJ Open</i> , 2014, 4, e005290-e005290.	0.8	35
34	The relationship between dietary quality and the local food environment differs according to level of educational attainment: A cross-sectional study. <i>PLoS ONE</i> , 2017, 12, e0183700.	1.1	35
35	A systematic review of the influences of food store product placement on dietary-related outcomes. <i>Nutrition Reviews</i> , 2020, 78, 1030-1045.	2.6	34
36	Maternal body mass index: Relation with infant respiratory symptoms and infections. <i>Pediatric Pulmonology</i> , 2017, 52, 1291-1299.	1.0	33

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37	Education and the Relationship Between Supermarket Environment and Diet. <i>American Journal of Preventive Medicine</i> , 2016, 51, e27-e34.	1.6	32
38	Variety and quality of healthy foods differ according to neighbourhood deprivation. <i>Health and Place</i> , 2012, 18, 1292-1299.	1.5	31
39	Maternal stress and psychological distress preconception: association with offspring atopic eczema at age 12 months. <i>Clinical and Experimental Allergy</i> , 2017, 47, 760-769.	1.4	31
40	Educational attainment, perceived control and the quality of women's diets. <i>Appetite</i> , 2009, 52, 631-636.	1.8	30
41	Infant Sleep Disturbance Is Associated with Preconceptional Psychological Distress: Findings from the Southampton Women's Survey. <i>Sleep</i> , 2009, 32, 566-568.	0.6	30
42	Methods for determining pubertal status in research studies: literature review and opinions of experts and adolescents. <i>Journal of Developmental Origins of Health and Disease</i> , 2020, 11, 168-187.	0.7	30
43	How to get started with a systematic review in epidemiology: an introductory guide for early career researchers. <i>Archives of Public Health</i> , 2013, 71, 21.	1.0	29
44	How do mothers manage their preschool children's eating habits and does this change as children grow older? A longitudinal analysis. <i>Appetite</i> , 2015, 95, 466-474.	1.8	27
45	Duration of sleep at 3Âyears of age is associated with fat and fat-free mass at 4Âyears of age: the Southampton Women's Survey. <i>Journal of Sleep Research</i> , 2016, 25, 412-418.	1.7	27
46	Improving recruitment to clinical trials during pregnancy: A mixed methods investigation. <i>Social Science and Medicine</i> , 2018, 200, 73-82.	1.8	27
47	How can we best use opportunities provided by routine maternity care to engage women in improving their diets and health?. <i>Maternal and Child Nutrition</i> , 2020, 16, e12900.	1.4	25
48	Low levels of food involvement and negative affect reduce the quality of diet in women of lower educational attainment. <i>Journal of Human Nutrition and Dietetics</i> , 2012, 25, 444-452.	1.3	24
49	Reporting of participant compliance in randomized controlled trials of nutrition supplements during pregnancy. <i>Maternal and Child Nutrition</i> , 2009, 5, 97-103.	1.4	23
50	Poor sleep quality and physical performance in older adults. <i>Sleep Health</i> , 2021, 7, 205-211.	1.3	23
51	Maternal and early life factors of tooth emergence patterns and number of teeth at 1 and 2 years of age. <i>Journal of Developmental Origins of Health and Disease</i> , 2015, 6, 299-307.	0.7	22
52	How do we harness adolescent values in designing health behaviour change interventions? A qualitative study. <i>British Journal of Health Psychology</i> , 2021, 26, 1176-1193.	1.9	22
53	Implementation of new Healthy Conversation Skills to support lifestyle changes - what helps and what hinders? Experiences of Sure Start Children's Centre staff. <i>Health and Social Care in the Community</i> , 2012, 20, 430-437.	0.7	21
54	Examination of how food environment and psychological factors interact in their relationship with dietary behaviours: test of a cross-sectional model. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 12.	2.0	21

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55	Measured weight in early pregnancy is a valid method for estimating pre-pregnancy weight. <i>Journal of Developmental Origins of Health and Disease</i> , 2021, 12, 561-569.	0.7	19
56	Southampton PRegnancy Intervention for the Next Generation (SPRING): protocol for a randomised controlled trial. <i>Trials</i> , 2016, 17, 493.	0.7	18
57	Greater access to healthy food outlets in the home and school environment is associated with better dietary quality in young children. <i>Public Health Nutrition</i> , 2017, 20, 3316-3325.	1.1	18
58	A mixed-methods systematic review of patients' experience of being invited to participate in surgical randomised controlled trials. <i>Social Science and Medicine</i> , 2020, 253, 112961.	1.8	18
59	Limited exposure to ambient ultraviolet radiation and 25-hydroxyvitamin D levels: a systematic review. <i>British Journal of Dermatology</i> , 2015, 172, 652-661.	1.4	17
60	Intramedullary nails versus distal locking plates for fracture of the distal femur: results from the Trial of Acute Femoral Fracture Fixation (TrAFFix) randomised feasibility study and process evaluation. <i>BMJ Open</i> , 2019, 9, e026810.	0.8	16
61	Facilitating trial recruitment: A qualitative study of patient and staff experiences of an orthopaedic trauma trial. <i>Trials</i> , 2019, 20, 492.	0.7	15
62	What can be done to encourage women from Black, Asian and minority ethnic backgrounds to attend breast screening? A qualitative synthesis of barriers and facilitators. <i>Public Health</i> , 2021, 190, 152-159.	1.4	15
63	A mixed-methods investigation to explore how women living in disadvantaged areas might be supported to improve their diets. <i>Journal of Health Psychology</i> , 2012, 17, 785-798.	1.3	14
64	Engagement with the National Healthy Schools Programme is associated with higher fruit and vegetable consumption in primary school children. <i>Journal of Human Nutrition and Dietetics</i> , 2012, 25, 155-160.	1.3	14
65	Influences on Adherence to Diet and Physical Activity Recommendations in Women and Children: Insights from Six European Studies. <i>Annals of Nutrition and Metabolism</i> , 2014, 64, 332-339.	1.0	14
66	Improving pregnant women's diet and physical activity behaviours: the emergent role of health identity. <i>BMC Pregnancy and Childbirth</i> , 2020, 20, 244.	0.9	14
67	Altering product placement to create a healthier layout in supermarkets: Outcomes on store sales, customer purchasing, and diet in a prospective matched controlled cluster study. <i>PLoS Medicine</i> , 2021, 18, e1003729.	3.9	14
68	Longitudinal dietary trajectories from preconception to mid-childhood in women and children in the Southampton Women's Survey and their relation to offspring adiposity: a group-based trajectory modelling approach. <i>International Journal of Obesity</i> , 2022, 46, 758-766.	1.6	14
69	Influences on the diet quality of pre-school children: importance of maternal psychological characteristics. <i>Public Health Nutrition</i> , 2015, 18, 2001-2010.	1.1	13
70	The effect of concurrent pain on the management of patients with depression: an analysis of NHS healthcare resource utilisation using the GPRD database. <i>International Journal of Clinical Practice</i> , 2009, 63, 698-706.	0.8	12
71	Preconception and pregnancy: opportunities to intervene to improve women's diets and lifestyles. <i>Journal of Developmental Origins of Health and Disease</i> , 2016, 7, 330-333.	0.7	12
72	Translating Developmental Origins: Improving the Health of Women and Their Children Using a Sustainable Approach to Behaviour Change. <i>Healthcare (Switzerland)</i> , 2017, 5, 17.	1.0	12

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73	The association between crowding within households and behavioural problems in children: Longitudinal data from the Southampton Women's Survey. <i>Paediatric and Perinatal Epidemiology</i> , 2019, 33, 195-203.	0.8	12
74	Protocol for a cluster randomised trial evaluating a multifaceted intervention starting preconceptionally—Early Interventions to Support Trajectories for Healthy Life in India (EINSTEIN): a Healthy Life Trajectories Initiative (HeLTI) Study. <i>BMJ Open</i> , 2021, 11, e045862.	0.8	12
75	Greater access to fast-food outlets is associated with poorer bone health in young children. <i>Osteoporosis International</i> , 2016, 27, 1011-1019.	1.3	10
76	The relationship between maternal self-efficacy, compliance and outcome in a trial of vitamin D supplementation in pregnancy. <i>Osteoporosis International</i> , 2017, 28, 77-84.	1.3	10
77	Behaviour change interventions: getting in touch with individual differences, values and emotions. <i>Journal of Developmental Origins of Health and Disease</i> , 2020, 11, 589-598.	0.7	10
78	Food labelling and dietary behaviour: bridging the gap. <i>Public Health Nutrition</i> , 2012, 15, 758-759.	1.1	9
79	A qualitative study of patients' experience of recovery after a distal femoral fracture. <i>Injury</i> , 2019, 50, 1750-1755.	0.7	9
80	A Context-Specific Digital Alcohol Brief Intervention in Symptomatic Breast Clinics (Abreast of) <i>Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 462</i>	0.5	9
81	The importance of size and growth in infancy: integrated findings from systematic reviews of scientific evidence and lay perspectives. <i>Child: Care, Health and Development</i> , 2007, 33, 635-640.	0.8	8
82	Arachidonic acid and DHA status in pregnant women is not associated with cognitive performance of their children at 4 or 6 years. <i>British Journal of Nutrition</i> , 2018, 119, 1400-1407.	1.2	8
83	Retrograde intramedullary nail fixation compared with fixed-angle plate fixation for fracture of the distal femur: the TrAFFix feasibility RCT. <i>Health Technology Assessment</i> , 2019, 23, 1-132.	1.3	8
84	Eating for two? The unresolved question of optimal diet in pregnancy. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 1220-1221.	2.2	7
85	Findings from an exploration of a social network intervention to promote diet quality and health behaviours in older adults with COPD: a feasibility study. <i>Pilot and Feasibility Studies</i> , 2020, 6, 15.	0.5	7
86	Vegetarian Diet during Pregnancy Is Not Associated with Poorer Cognitive Performance in Children at Age 6–7 Years. <i>Nutrients</i> , 2019, 11, 3029.	1.7	6
87	Protocol of a natural experiment to evaluate a supermarket intervention to improve food purchasing and dietary behaviours of women (WRAPPED study) in England: a prospective matched controlled cluster design. <i>BMJ Open</i> , 2020, 10, e036758.	0.8	5
88	Trial of Acute Femoral Fracture Fixation (TrAFFix): study protocol for a randomised controlled feasibility trial. <i>Trials</i> , 2017, 18, 538.	0.7	4
89	How well do national and local policies in England relevant to maternal and child health meet the international standard for non-communicable disease prevention? A policy analysis. <i>BMJ Open</i> , 2018, 8, e022062.	0.8	4
90	A critical review of diet-related surveys in England, 1970-2018. <i>Archives of Public Health</i> , 2020, 78, 66.	1.0	4

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91	Engaging adolescents in changing behaviour (EACH-B): a study protocol for a cluster randomised controlled trial to improve dietary quality and physical activity. <i>Trials</i> , 2020, 21, 859.	0.7	4
92	Parental perspectives on negotiations over diet and physical activity: how do we involve parents in adolescent health interventions?. <i>Public Health Nutrition</i> , 2021, 24, 1-10.	1.1	4
93	Women's perceptions of factors influencing their food shopping choices and how supermarkets can support them to make healthier choices. <i>BMC Public Health</i> , 2021, 21, 1070.	1.2	4
94	A qualitative study of parents' and their child's experience of a medial epicondyle fracture. <i>Bone &amp; Joint Open</i> , 2021, 2, 359-364.	1.1	3
95	Resources in women's social networks for food shopping are more strongly associated with better dietary quality than people: A cross-sectional study. <i>Social Science and Medicine</i> , 2021, 284, 114228.	1.8	3
96	The Challenges of Putting Systems Thinking into Practice Comment on "What Can Policy-Makers Get Out of Systems Thinking? Policy Partners' Experiences of a Systems-Focused Research Collaboration in Preventive Health". <i>International Journal of Health Policy and Management</i> , 2021, 10, 290-292.	0.5	3
97	067 Food insecurity, well-being and inequalities in diet in UK women. <i>Journal of Epidemiology and Community Health</i> , 2010, 64, A26-A27.	2.0	2
98	RF27...How does changing the placement of food products in supermarkets influence customers' diets?. , 2018, , .		2
99	Faltering of prenatal growth precedes the development of atopic eczema in infancy: cohort study. <i>Clinical Epidemiology</i> , 2018, Volume 10, 1851-1864.	1.5	2
100	The Effects of Different Smoking Patterns in Pregnancy on Perinatal Outcomes in the Southampton Women's Survey. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7991.	1.2	2
101	Implementation of universal antenatal screening for HIV and hepatitis B - lessons for future work. <i>Journal of Public Health</i> , 2003, 25, 171-173.	1.0	1
102	OP85...How can pre-pregnancy weight be assessed? Comparison of approaches using longitudinal data from the Southampton Women's Survey. <i>Journal of Epidemiology and Community Health</i> , 2016, 70, A47.1-A47.	2.0	1
103	Getting started with tables. <i>Archives of Public Health</i> , 2017, 75, 14.	1.0	1
104	The views of professionals toward infant growth. <i>Archives of Disease in Childhood</i> , 2007, 92, 655.	1.0	1
105	How do local authority plans to tackle obesity reflect systems thinking?. <i>Perspectives in Public Health</i> , 0, , 175791392211063.	0.8	1
106	Prevention of Adult Disease through Interventions in Early Life: A Systematic Review to Define Optimal Infant Growth. <i>Clinical Science</i> , 2003, 104, 63P-63P.	0.0	0
107	The influence of distance to shops on the quality of diet of women of childbearing age. <i>Proceedings of the Nutrition Society</i> , 2010, 69, .	0.4	0
108	The role of well-being and food involvement in determining the dietary quality of disadvantaged women. <i>Proceedings of the Nutrition Society</i> , 2010, 69, .	0.4	0

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109	PP68â€¦Prevalence and Risk Factors of Poor Sleep in a Community-Dwelling Older Population: Findings from the Hertfordshire Cohort Study. <i>Journal of Epidemiology and Community Health</i> , 2013, 67, A75.2-A76.	2.0	0
110	PP65â€¦What is the Effect of a Behaviour Change Intervention on the Diets and Physical Activity Levels of Women Attending Sure Start Childrenâ€™s Centres in Southampton? Findings from a Non-Randomised Controlled Trial. <i>Journal of Epidemiology and Community Health</i> , 2013, 67, A74.2-A74.	2.0	0
111	OP65â€¦Duration of sleep at 3 years of age is associated with fat, lean and bone mass at 4 years of age: findings from the Southampton Womenâ€™s Survey. <i>Journal of Epidemiology and Community Health</i> , 2014, 68, A33.2-A34.	2.0	0
112	PP56â€¦Poor sleep quality and physical performance in older adults. <i>Journal of Epidemiology and Community Health</i> , 2014, 68, A69.2-A69.	2.0	0
113	P91â€¦Socio-economic inequalities in childhood wheeze and atopy: longitudinal findings from the Southampton Womenâ€™s Survey. <i>Journal of Epidemiology and Community Health</i> , 2016, 70, A93.2-A94.	2.0	0
114	OP64â€¦Preconceptional maternal anxiety is associated with childhood emotional problems, independent of the effect of post-natal depression. <i>Journal of Epidemiology and Community Health</i> , 2016, 70, A37.1-A37.	2.0	0
115	OP89â€¦Pre-pregnancy and postnatal depressive symptoms are associated with quality of mother-child relationships; longitudinal data from the southampton womenâ€™s survey. , 2017, , .		0
116	OP15â€¦The association of crowding within households and behavioural problems in children; longitudinal data from the southampton womenâ€™s survey. , 2018, , .		0
117	OP39â€¦The association between an unhealthy childhood diet and body composition depends on prenatal experience: data from the southampton womenâ€™s survey. , 2018, , .		0
118	OP98â€¦Effects of different smoking patterns during pregnancy on perinatal outcomes: an analysis of maternal smokers in the southampton womenâ€™s survey. , 2019, , .		0
119	OP39â€¦Development of a short food frequency questionnaire to assess diet quality in population studies. , 2019, , .		0
120	A systematic review of the influences of product placement in food stores on dietary behaviours and sales. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	0.4	0
121	P107â€¦Womenâ€™s reactions to the COVID-19 food system shock and insights for strategies supporting healthy purchasing and dietary behaviours: a qualitative study. , 2021, , .		0
122	OP07â€¦Factors influencing womenâ€™s food choices and support they require to make healthier food choices in supermarkets â€“ a qualitative study. , 2020, , .		0
123	P26â€¦How does changing the placement of food products in supermarkets influence customersâ€™ purchasing and store sales?. , 2020, , .		0
124	Developing a measure of dietary quality for the UK Biobank study. <i>Proceedings of the Nutrition Society</i> , 2021, 80, .	0.4	0
125	Evaluation and interpretation of latent class modelling strategies to characterise dietary trajectories across early life: a longitudinal study from the Southampton women's survey. <i>Proceedings of the Nutrition Society</i> , 2021, 80, .	0.4	0
126	Development of a short food frequency questionnaire to assess diet quality in UK adults. <i>Proceedings of the Nutrition Society</i> , 2021, 80, .	0.4	0

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127	Cross-sectional associations between number and ages of children and maternal physical activity. European Journal of Public Health, 2021, 31, .	0.1	0
128	Factors influencing women's food choices and the support they require to make healthier food selections in supermarkets – a qualitative study. Proceedings of the Nutrition Society, 2021, 80, .	0.4	0
129	Longitudinal Dietary Trajectories from Preconception to Mid-Childhood in Women and Children from the Southampton Women's Survey: A Group Based Trajectory Modelling Approach. Proceedings of the Nutrition Society, 2021, 80, .	0.4	0