

Simona Calugi

List of Publications by Year in descending order

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Version: 2024-02-01

127
papers

3,685
citations

126907

33
h-index

161849

54
g-index

131
all docs

131
docs citations

131
times ranked

3853
citing authors

#	ARTICLE	IF	CITATIONS
1	The impact of the COVID-19 pandemic on intensive cognitive behavioral therapy outcomes in patients with anorexia nervosa: A cohort study. <i>International Journal of Eating Disorders</i> , 2023, 56, 216-224.	4.0	4
2	Validity and reliability of the Dietary Rules Inventory (DRI). <i>Eating and Weight Disorders</i> , 2022, 27, 285-294.	2.5	2
3	Day-hospital enhanced cognitive behavior therapy for adults with eating disorders: Immediate and follow-up effects. <i>International Journal of Eating Disorders</i> , 2022, 55, 125-130.	4.0	6
4	Multi-omics data integration in anorexia nervosa patients before and after weight regain: A microbiome-metabolomics investigation. <i>Clinical Nutrition</i> , 2021, 40, 1137-1146.	5.0	38
5	Enhanced cognitive behavior therapy for severe and extreme anorexia nervosa: An outpatient case series. <i>International Journal of Eating Disorders</i> , 2021, 54, 305-312.	4.0	14
6	Treatment of Eating Disorders in Adults Versus Adolescents: Similarities and Differences. <i>Clinical Therapeutics</i> , 2021, 43, 70-84.	2.5	20
7	Coexisting Mental Disorders. , 2021, , 79-99.		1
8	Coexisting General Medical Diseases. , 2021, , 113-141.		0
9	The Gut Microbiome and Metabolomics Profiles of Restricting and Binge-Purging Type Anorexia Nervosa. <i>Nutrients</i> , 2021, 13, 507.	4.1	27
10	Self-Management in Stroke Survivors: Development and Implementation of the Look after Yourself (LAY) Intervention. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5925.	2.6	9
11	The Impact of COVID-19 Lockdown on Patients with Obesity after Intensive Cognitive Behavioral Therapy: A Case-Control Study. <i>Nutrients</i> , 2021, 13, 2021.	4.1	2
12	Childhood Memories in Eating Disorders: An Explorative Study Using Diagnostic Imagery. <i>Frontiers in Psychology</i> , 2021, 12, 685194.	2.1	3
13	Change in eating disorder psychopathology network structure in patients with anorexia nervosa treated with intensive cognitive behavior therapy. <i>International Journal of Eating Disorders</i> , 2021, 54, 1800-1809.	4.0	11
14	Severe and Enduring Anorexia Nervosa. , 2021, , 143-153.		0
15	Eating Disorders: An Overview. , 2021, , 3-13.		1
16	Enhanced Cognitive Behaviour Therapy for Eating Disorders. , 2021, , 29-46.		0
17	Physical Complications. , 2021, , 101-111.		0
18	Eating Disorder Psychopathology and Its Consequences. , 2021, , 15-27.		0

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19	Enhanced cognitive behaviour therapy (CBT-E) for severe and extreme anorexia nervosa in an outpatient eating disorder unit at a public hospital: a quality-assessment study. <i>Journal of Eating Disorders</i> , 2021, 9, 143.	2.7	2
20	Personalized group cognitive behavioural therapy for obesity: a longitudinal study in a real-world clinical setting. <i>Eating and Weight Disorders</i> , 2020, 25, 337-346.	2.5	18
21	Controlling binge eating and weight: a treatment for binge eating disorder worth researching?. <i>Eating and Weight Disorders</i> , 2020, 25, 1105-1109.	2.5	17
22	The association between weight maintenance and session-by-session diet adherence, weight loss and weight-loss satisfaction. <i>Eating and Weight Disorders</i> , 2020, 25, 127-133.	2.5	16
23	Psychological features in obesity: A network analysis. <i>International Journal of Eating Disorders</i> , 2020, 53, 248-255.	4.0	15
24	Psychometric proprieties of the Italian version of the questionnaire on eating and weight patterns (QEWP-5) and its accuracy in screening for binge-eating disorder in patients seeking treatment for obesity. <i>Eating and Weight Disorders</i> , 2020, 25, 1739-1745.	2.5	8
25	Effectiveness of intensive cognitive behavioral therapy in adolescents and adults with anorexia nervosa. <i>International Journal of Eating Disorders</i> , 2020, 53, 1428-1438.	4.0	32
26	Challenges and opportunities for enhanced cognitive behaviour therapy (CBT-E) in light of COVID-19. <i>The Cognitive Behaviour Therapist</i> , 2020, 13, e14.	1.0	61
27	Personalized cognitive-behavioural therapy for obesity (CBT-OB): theory, strategies and procedures. <i>BioPsychoSocial Medicine</i> , 2020, 14, 5.	2.1	39
28	Quality of Life and Physical Performance in Patients with Obesity: A Network Analysis. <i>Nutrients</i> , 2020, 12, 602.	4.1	9
29	Overvaluation of Shape and Weight and Associated Features in Patients Without Eating Disorders Seeking Treatment for Obesity. <i>Obesity</i> , 2020, 28, 733-739.	3.0	6
30	Eating disorder psychopathology in adults and adolescents with anorexia nervosa: A network approach. <i>International Journal of Eating Disorders</i> , 2020, 53, 690-701.	4.0	24
31	Metabolomics signatures of acutely ill and short-term weight recovered women with anorexia nervosa. <i>Molecular Psychiatry</i> , 2019, 26, 3980-3991.	7.9	19
32	Body image concern and treatment outcomes in adolescents with anorexia nervosa. <i>International Journal of Eating Disorders</i> , 2019, 52, 582-585.	4.0	26
33	Enhanced cognitive behavioral therapy for adolescents with anorexia nervosa: Outcomes and predictors of change in a real-world setting. <i>International Journal of Eating Disorders</i> , 2019, 52, 1042-1046.	4.0	42
34	Weight Cycling as a Risk Factor for Low Muscle Mass and Strength in a Population of Males and Females with Obesity. <i>Obesity</i> , 2019, 27, 1068-1075.	3.0	36
35	A Longitudinal Study of Eating Rituals in Patients With Anorexia Nervosa. <i>Frontiers in Psychology</i> , 2019, 10, 15.	2.1	12
36	A conceptual comparison of family-based treatment and enhanced cognitive behavior therapy in the treatment of adolescents with eating disorders. <i>Journal of Eating Disorders</i> , 2019, 7, 42.	2.7	27

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37	Validity and reliability of the Eating Problem Checklist. <i>Eating Disorders</i> , 2019, 27, 384-399.	3.0	5
38	Validation of an Arabic Version of the Obesity-Related Wellbeing (ORWELL 97) Questionnaire in Adults with Obesity. <i>Current Diabetes Reviews</i> , 2019, 15, 127-132.	1.3	8
39	Preoccupation with shape or weight, fear of weight gain, feeling fat and treatment outcomes in patients with anorexia nervosa: A longitudinal study. <i>Behaviour Research and Therapy</i> , 2018, 105, 63-68.	3.1	43
40	The clinical impairment assessment questionnaire: validation in Italian patients with eating disorders. <i>Eating and Weight Disorders</i> , 2018, 23, 685-694.	2.5	21
41	Expected benefits and motivation to weight loss in relation to treatment outcomes in group-based cognitive-behavior therapy of obesity. <i>Eating and Weight Disorders</i> , 2018, 23, 205-214.	2.5	16
42	Are Personality Characteristics as Measured by the Temperament and Character Inventory (TCI) Associated with Obesity Treatment Outcomes? A Systematic Review. <i>Current Obesity Reports</i> , 2018, 7, 27-36.	8.4	24
43	Anorexia nervosa and childhood sexual abuse: Treatment outcomes of intensive enhanced cognitive behavioural therapy. <i>Psychiatry Research</i> , 2018, 262, 477-481.	3.3	11
44	Weight cycling in adults with severe obesity: A longitudinal study. <i>Nutrition and Dietetics</i> , 2018, 75, 256-262.	1.8	21
45	Interpersonal psychotherapy for eating disorders: current perspectives. <i>Psychology Research and Behavior Management</i> , 2018, Volume 11, 353-369.	2.8	35
46	Self-management and self-efficacy in stroke survivors: validation of the Italian version of the Stroke Self-Efficacy Questionnaire. <i>European Journal of Physical and Rehabilitation Medicine</i> , 2018, 54, 68-74.	2.2	14
47	Weight-Loss Cognitive-Behavioural Treatment and Essential Amino Acid Supplementation in a Patient with Spinal Muscular Atrophy and Obesity. <i>Case Reports in Medicine</i> , 2018, 2018, 1-4.	0.7	6
48	DSM-5 severity specifiers for anorexia nervosa and treatment outcomes in adult females. <i>Eating Behaviors</i> , 2018, 31, 18-23.	2.0	14
49	The Association between Body Mass Index and Health-Related Quality of Life in Treatment-Seeking Arab Adults with Obesity. <i>Medical Sciences (Basel, Switzerland)</i> , 2018, 6, 25.	2.9	12
50	Physical performance measures in screening for reduced lean body mass in adult females with obesity. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018, 28, 917-921.	2.6	20
51	Starvation symptoms in patients with anorexia nervosa: a longitudinal study. <i>Eating Disorders</i> , 2018, 26, 523-537.	3.0	9
52	Treating Obesity with Personalized Cognitive Behavioral Therapy. , 2018, , .		13
53	Long-term Lifestyle-modification Programs for Overweight and Obesity Management in the Arab States: Systematic Review and Meta-analysis. <i>Current Diabetes Reviews</i> , 2018, 14, 550-558.	1.3	18
54	Adipose-derived Mesenchymal Stem Cells in the Treatment of Obesity: A Systematic Review of Longitudinal Studies on Preclinical Evidence. <i>Current Stem Cell Research and Therapy</i> , 2018, 13, 466-475.	1.3	16

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55	Module 4: Addressing Obstacles to Weight Loss. , 2018, , 89-115.		0
56	Adaptating CBT-OB for Binge-Eating Disorder. , 2018, , 195-210.		0
57	Adapting CBT-OB for Intensive Levels of Care. , 2018, , 177-194.		0
58	Transdiagnostic Cognitive Behavioural Theory and Treatment of Body Image Disturbance in Eating Disorders. , 2018, , 309-321.		2
59	Preparatory Phase. , 2018, , 27-44.		0
60	Module 5: Addressing Weight-Loss Dissatisfaction. , 2018, , 117-142.		0
61	Module 6: Addressing the Obstacles to Weight Maintenance. , 2018, , 143-161.		0
62	Changes in lean and skeletal muscle body mass in adult females with anorexia nervosa before and after weight restoration. Clinical Nutrition, 2017, 36, 170-178.	5.0	20
63	The Eating Disorder Examination Questionnaire: reliability and validity of the Italian version. Eating and Weight Disorders, 2017, 22, 509-514.	2.5	124
64	Body checking behaviors in anorexia nervosa. International Journal of Eating Disorders, 2017, 50, 437-441.	4.0	22
65	Care coordination for children with special health care needs: a cohort study. Italian Journal of Pediatrics, 2017, 43, 18.	2.6	10
66	Body composition in men with anorexia nervosa: Longitudinal study. International Journal of Eating Disorders, 2017, 50, 856-860.	4.0	16
67	<scp>V</scp>itamin D levels strongly influence bone mineral density and bone turnover markers during weight gain in female patients with anorexia nervosa. International Journal of Eating Disorders, 2017, 50, 1041-1049.	4.0	21
68	Long-term treatment of severe obesity: are lifestyle interventions still an option?. Expert Review of Endocrinology and Metabolism, 2017, 12, 391-400.	2.4	14
69	Intensive enhanced cognitive behavioural therapy for severe and enduring anorexia nervosa: A longitudinal outcome study. Behaviour Research and Therapy, 2017, 89, 41-48.	3.1	60
70	The Influence of Weight-Loss Expectations on Weight Loss and of Weight-Loss Satisfaction on Weight Maintenance in Severe Obesity. Journal of the Academy of Nutrition and Dietetics, 2017, 117, 32-38.	0.8	26
71	Personalized multistep cognitive behavioral therapy for obesity. Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy, 2017, Volume 10, 195-206.	2.4	12
72	The Starvation Symptom Inventory: Development and Psychometric Properties. Nutrients, 2017, 9, 967.	4.1	9

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73	Management of Severe Rhabdomyolysis and Exercise-Associated Hyponatremia in a Female with Anorexia Nervosa and Excessive Compulsive Exercising. <i>Case Reports in Medicine</i> , 2016, 2016, 1-5.	0.7	8
74	The Effects of Low-Carbohydrate Diets on Psychosocial Outcomes in Obesity/Overweight: A Systematic Review of Randomized, Controlled Studies. <i>Nutrients</i> , 2016, 8, 402.	4.1	24
75	The Association between Weight Gain/Restoration and Bone Mineral Density in Adolescents with Anorexia Nervosa: A Systematic Review. <i>Nutrients</i> , 2016, 8, 769.	4.1	35
76	Long-term weight loss maintenance for obesity: a multidisciplinary approach. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2016, 9, 37.	2.4	177
77	Residential cognitive-behavioral weight-loss intervention for obesity with and without binge-eating disorder: A prospective case-control study with five-year follow-up. <i>International Journal of Eating Disorders</i> , 2016, 49, 723-730.	4.0	17
78	Cognitive Behavioral Therapy for Anorexia Nervosa: An Update. <i>Current Psychiatry Reports</i> , 2016, 18, 2.	4.5	44
79	Weight Loss Expectations and Attrition in Treatment-Seeking Obese Women. <i>Obesity Facts</i> , 2015, 8, 311-318.	3.4	34
80	Time to restore body weight in adults and adolescents receiving cognitive behaviour therapy for anorexia nervosa. <i>Journal of Eating Disorders</i> , 2015, 3, 21.	2.7	35
81	Regional fat distribution in adolescent and adult females with anorexia nervosa: A longitudinal study. <i>Clinical Nutrition</i> , 2015, 34, 1224-1232.	5.0	23
82	The eating disorder examination: reliability and validity of the Italian version. <i>Eating and Weight Disorders</i> , 2015, 20, 505-511.	2.5	57
83	Continuity of care in children with special healthcare needs: a qualitative study of family's perspectives. <i>Italian Journal of Pediatrics</i> , 2015, 41, 7.	2.6	28
84	Transdiagnostic cognitive behaviour therapy for adolescents with an eating disorder who are not underweight. <i>Behaviour Research and Therapy</i> , 2015, 73, 79-82.	3.1	66
85	Increasing Adherence to Diet and Exercise Through Cognitive Behavioural Strategies. , 2015, , 327-335.		2
86	Measuring parents' perspective on continuity of care in children with special health care needs. <i>International Journal of Integrated Care</i> , 2015, 15, e046.	0.2	6
87	Inpatient Cognitive Behavior Therapy for Adolescents with Anorexia Nervosa: Immediate and Longer-Term Effects. <i>Frontiers in Psychiatry</i> , 2014, 5, 14.	2.6	67
88	Anorexia Nervosa and Body Fat Distribution: A Systematic Review. <i>Nutrients</i> , 2014, 6, 3895-3912.	4.1	41
89	Personality Traits in Obesity Associated with Binge Eating and/or Night Eating. <i>Current Obesity Reports</i> , 2014, 3, 120-126.	8.4	9
90	Depression and treatment outcome in anorexia nervosa. <i>Psychiatry Research</i> , 2014, 218, 195-200.	3.3	28

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91	The influence of cognitive factors in the treatment of obesity: Lessons from the QUOVADIS study. Behaviour Research and Therapy, 2014, 63, 157-161.	3.1	37
92	Body composition, eating disorder psychopathology, and psychological distress in anorexia nervosa: a longitudinal study. American Journal of Clinical Nutrition, 2014, 99, 771-778.	4.7	49
93	Interpersonal psychotherapy for postpartum depression: a systematic review. Archives of Women's Mental Health, 2014, 17, 257-268.	2.6	61
94	Stage of change and motivation to healthier lifestyle in non-alcoholic fatty liver disease. Journal of Hepatology, 2013, 58, 771-777.	3.7	74
95	Enhanced cognitive behaviour therapy for adolescents with anorexia nervosa: An alternative to family therapy?. Behaviour Research and Therapy, 2013, 51, R9-R12.	3.1	177
96	Lifestyle modification in the management of obesity: achievements and challenges. Eating and Weight Disorders, 2013, 18, 339-349.	2.5	36
97	Assessment of Physical Activity in Anorexia Nervosa and Treatment Outcome. Medicine and Science in Sports and Exercise, 2013, 45, 1643-1648.	0.4	37
98	Longstanding underweight eating disorder: Associated features and treatment outcome. Psychotherapy Research, 2013, 23, 315-323.	1.8	15
99	Inpatient Cognitive Behaviour Therapy for Anorexia Nervosa: A Randomized Controlled Trial. Psychotherapy and Psychosomatics, 2013, 82, 390-398.	8.8	97
100	Measured physical activity in anorexia nervosa: Features and treatment outcome. International Journal of Eating Disorders, 2013, 46, 709-712.	4.0	62
101	A randomized trial of energy-restricted high-protein versus high-carbohydrate, low-fat diet in morbid obesity. Obesity, 2013, 21, 1774-1781.	3.0	35
102	Eating Disorders, Physical Fitness and Sport Performance: A Systematic Review. Nutrients, 2013, 5, 5140-5160.	4.1	95
103	Comparison between dual-energy X-ray absorptiometry and skinfolds thickness in assessing body fat in anorexia nervosa before and after weight restoration. Clinical Nutrition, 2012, 31, 911-916.	5.0	25
104	Weight management, psychological distress and binge eating in obesity. A reappraisal of the problem. Appetite, 2010, 54, 269-273.	3.7	33
105	Lifestyle modification in the management of the metabolic syndrome: achievements and challenges. Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy, 2010, 3, 373.	2.4	62
106	Psychological Variables Associated with Weight Loss in Obese Patients Seeking Treatment at Medical Centers. Journal of the American Dietetic Association, 2009, 109, 2010-2016.	1.1	70
107	Self-induced vomiting in eating disorders: Associated features and treatment outcome. Behaviour Research and Therapy, 2009, 47, 680-684.	3.1	25
108	Underweight eating disorder without over-evaluation of shape and weight: Atypical anorexia nervosa?. International Journal of Eating Disorders, 2008, 41, 705-712.	4.0	45

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109	Personality dimensions and treatment drop-outs among eating disorder patients treated with cognitive behavior therapy. <i>Psychiatry Research</i> , 2008, 158, 381-388.	3.3	22
110	Compulsive exercise to control shape or weight in eating disorders: prevalence, associated features, and treatment outcome. <i>Comprehensive Psychiatry</i> , 2008, 49, 346-352.	3.1	300
111	Eating disorder not otherwise specified in an inpatient unit: the impact of altering the DSM-IV criteria for anorexia and bulimia nervosa. <i>European Eating Disorders Review</i> , 2007, 15, 340-349.	4.1	41
112	The Effect of Obesity Management on Body Image in Patients Seeking Treatment at Medical Centers. <i>Obesity</i> , 2007, 15, 2320-2327.	3.0	35
113	Validation of the Body Checking Questionnaire (BCQ) in an Eating Disorders Population. <i>Behavioural and Cognitive Psychotherapy</i> , 2006, 34, 233-242.	1.2	39
114	Weight Loss Expectations in Obese Patients and Treatment Attrition: An Observational Multicenter Study. <i>Obesity</i> , 2005, 13, 1961-1969.	4.0	246
115	Weight Loss Expectations in Obese Patients Seeking Treatment at Medical Centers. <i>Obesity</i> , 2004, 12, 2005-2012.	4.0	63
116	Enhanced cognitive behaviour therapy for adolescents with eating disorders: A systematic review of current status and future perspectives. <i>Ijedo</i> , 0, 3, 1.	0.0	3
117	Weight phobia or overvaluation of shape and weight? A cognitive analysis of the core psychopathology of anorexia nervosa. <i>Ijedo</i> , 0, , 57.	0.0	2
118	Comorbidit� vera e comorbidit� spuria nei disturbi dell'alimentazione. <i>Ijedo</i> , 0, , 1-7.	0.0	0
119	Propriet� psicometriche del questionario in lingua italiana Eating Problem Checklist somministrato ad un campione di soggetti con disturbo dell'alimentazione. <i>Ijedo</i> , 0, , 17-28.	0.0	0
120	Versione italiana dello Starvation Symptom Inventory: un questionario per valutare i sintomi da malnutrizione nei disturbi dell'alimentazione. <i>Ijedo</i> , 0, , 8-16.	0.0	0
121	The Anorexia-Bulimia Spectrum: an Integrated Approach to Eating and Feeding Disorders. <i>Ijedo</i> , 0, , 48-56.	0.0	0
122	Meta-analisi dei trattamenti psicologici: fonte di informazioni o di confusione?. <i>Ijedo</i> , 0, 1, 61-65.	0.0	0
123	Il ruolo dello psicologo nella gestione dell'obesit�: Position Paper di AIDAP. <i>Ijedo</i> , 0, 2, 1-4.	0.0	0
124	Disturbo da binge-eating - Un update. <i>Ijedo</i> , 0, , 29-40.	0.0	0
125	Cognitive behaviour therapy for adolescents with eating disorders: An effective alternative to the disease-based treatments. <i>Ijedo</i> , 0, 4, 1-5.	0.0	0
126	Development of the CBT-E Components Checklist: A tool for measuring therapist self-rated adherence to CBT-E. <i>Ijedo</i> , 0, 4, 6-10.	0.0	4

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127	Changes in specific and nonspecific psychopathology network structure after intensive cognitive behavior therapy in patients with anorexia nervosa. <i>International Journal of Eating Disorders</i> , 0, , .	4.0	3