

Simona Calugi

List of Publications by Year in descending order

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Version: 2024-02-01

127
papers

3,685
citations

126907

33
h-index

161849

54
g-index

131
all docs

131
docs citations

131
times ranked

3853
citing authors

#	ARTICLE	IF	CITATIONS
1	Compulsive exercise to control shape or weight in eating disorders: prevalence, associated features, and treatment outcome. <i>Comprehensive Psychiatry</i> , 2008, 49, 346-352.	3.1	300
2	Weight Loss Expectations in Obese Patients and Treatment Attrition: An Observational Multicenter Study. <i>Obesity</i> , 2005, 13, 1961-1969.	4.0	246
3	Enhanced cognitive behaviour therapy for adolescents with anorexia nervosa: An alternative to family therapy?. <i>Behaviour Research and Therapy</i> , 2013, 51, R9-R12.	3.1	177
4	Long-term weight loss maintenance for obesity: a multidisciplinary approach. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2016, 9, 37.	2.4	177
5	The Eating Disorder Examination Questionnaire: reliability and validity of the Italian version. <i>Eating and Weight Disorders</i> , 2017, 22, 509-514.	2.5	124
6	Inpatient Cognitive Behaviour Therapy for Anorexia Nervosa: A Randomized Controlled Trial. <i>Psychotherapy and Psychosomatics</i> , 2013, 82, 390-398.	8.8	97
7	Eating Disorders, Physical Fitness and Sport Performance: A Systematic Review. <i>Nutrients</i> , 2013, 5, 5140-5160.	4.1	95
8	Stage of change and motivation to healthier lifestyle in non-alcoholic fatty liver disease. <i>Journal of Hepatology</i> , 2013, 58, 771-777.	3.7	74
9	Psychological Variables Associated with Weight Loss in Obese Patients Seeking Treatment at Medical Centers. <i>Journal of the American Dietetic Association</i> , 2009, 109, 2010-2016.	1.1	70
10	Inpatient Cognitive Behavior Therapy for Adolescents with Anorexia Nervosa: Immediate and Longer-Term Effects. <i>Frontiers in Psychiatry</i> , 2014, 5, 14.	2.6	67
11	Transdiagnostic cognitive behaviour therapy for adolescents with an eating disorder who are not underweight. <i>Behaviour Research and Therapy</i> , 2015, 73, 79-82.	3.1	66
12	Weight Loss Expectations in Obese Patients Seeking Treatment at Medical Centers. <i>Obesity</i> , 2004, 12, 2005-2012.	4.0	63
13	Measured physical activity in anorexia nervosa: Features and treatment outcome. <i>International Journal of Eating Disorders</i> , 2013, 46, 709-712.	4.0	62
14	Lifestyle modification in the management of the metabolic syndrome: achievements and challenges. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2010, 3, 373.	2.4	62
15	Interpersonal psychotherapy for postpartum depression: a systematic review. <i>Archives of Women's Mental Health</i> , 2014, 17, 257-268.	2.6	61
16	Challenges and opportunities for enhanced cognitive behaviour therapy (CBT-E) in light of COVID-19. <i>The Cognitive Behaviour Therapist</i> , 2020, 13, e14.	1.0	61
17	Intensive enhanced cognitive behavioural therapy for severe and enduring anorexia nervosa: A longitudinal outcome study. <i>Behaviour Research and Therapy</i> , 2017, 89, 41-48.	3.1	60
18	The eating disorder examination: reliability and validity of the Italian version. <i>Eating and Weight Disorders</i> , 2015, 20, 505-511.	2.5	57

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19	Body composition, eating disorder psychopathology, and psychological distress in anorexia nervosa: a longitudinal study. <i>American Journal of Clinical Nutrition</i> , 2014, 99, 771-778.	4.7	49
20	Underweight eating disorder without overevaluation of shape and weight: Atypical anorexia nervosa?. <i>International Journal of Eating Disorders</i> , 2008, 41, 705-712.	4.0	45
21	Cognitive Behavioral Therapy for Anorexia Nervosa: An Update. <i>Current Psychiatry Reports</i> , 2016, 18, 2.	4.5	44
22	Preoccupation with shape or weight, fear of weight gain, feeling fat and treatment outcomes in patients with anorexia nervosa: A longitudinal study. <i>Behaviour Research and Therapy</i> , 2018, 105, 63-68.	3.1	43
23	Enhanced cognitive behavioral therapy for adolescents with anorexia nervosa: Outcomes and predictors of change in a real-world setting. <i>International Journal of Eating Disorders</i> , 2019, 52, 1042-1046.	4.0	42
24	Eating disorder not otherwise specified in an inpatient unit: the impact of altering the DSM-IV criteria for anorexia and bulimia nervosa. <i>European Eating Disorders Review</i> , 2007, 15, 340-349.	4.1	41
25	Anorexia Nervosa and Body Fat Distribution: A Systematic Review. <i>Nutrients</i> , 2014, 6, 3895-3912.	4.1	41
26	Validation of the Body Checking Questionnaire (BCQ) in an Eating Disorders Population. <i>Behavioural and Cognitive Psychotherapy</i> , 2006, 34, 233-242.	1.2	39
27	Personalized cognitive-behavioural therapy for obesity (CBT-OB): theory, strategies and procedures. <i>BioPsychoSocial Medicine</i> , 2020, 14, 5.	2.1	39
28	Multi-omics data integration in anorexia nervosa patients before and after weight regain: A microbiome-metabolomics investigation. <i>Clinical Nutrition</i> , 2021, 40, 1137-1146.	5.0	38
29	Assessment of Physical Activity in Anorexia Nervosa and Treatment Outcome. <i>Medicine and Science in Sports and Exercise</i> , 2013, 45, 1643-1648.	0.4	37
30	The influence of cognitive factors in the treatment of obesity: Lessons from the QUOVADIS study. <i>Behaviour Research and Therapy</i> , 2014, 63, 157-161.	3.1	37
31	Lifestyle modification in the management of obesity: achievements and challenges. <i>Eating and Weight Disorders</i> , 2013, 18, 339-349.	2.5	36
32	Weight Cycling as a Risk Factor for Low Muscle Mass and Strength in a Population of Males and Females with Obesity. <i>Obesity</i> , 2019, 27, 1068-1075.	3.0	36
33	The Effect of Obesity Management on Body Image in Patients Seeking Treatment at Medical Centers. <i>Obesity</i> , 2007, 15, 2320-2327.	3.0	35
34	A randomized trial of energy-restricted high-protein versus high-carbohydrate, low-fat diet in morbid obesity. <i>Obesity</i> , 2013, 21, 1774-1781.	3.0	35
35	Time to restore body weight in adults and adolescents receiving cognitive behaviour therapy for anorexia nervosa. <i>Journal of Eating Disorders</i> , 2015, 3, 21.	2.7	35
36	The Association between Weight Gain/Restoration and Bone Mineral Density in Adolescents with Anorexia Nervosa: A Systematic Review. <i>Nutrients</i> , 2016, 8, 769.	4.1	35

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37	Interpersonal psychotherapy for eating disorders: current perspectives. <i>Psychology Research and Behavior Management</i> , 2018, Volume 11, 353-369.	2.8	35
38	Weight Loss Expectations and Attrition in Treatment-Seeking Obese Women. <i>Obesity Facts</i> , 2015, 8, 311-318.	3.4	34
39	Weight management, psychological distress and binge eating in obesity. A reappraisal of the problem. <i>Appetite</i> , 2010, 54, 269-273.	3.7	33
40	Effectiveness of intensive cognitive behavioral therapy in adolescents and adults with anorexia nervosa. <i>International Journal of Eating Disorders</i> , 2020, 53, 1428-1438.	4.0	32
41	Depression and treatment outcome in anorexia nervosa. <i>Psychiatry Research</i> , 2014, 218, 195-200.	3.3	28
42	Continuity of care in children with special healthcare needs: a qualitative study of familyâ€™s perspectives. <i>Italian Journal of Pediatrics</i> , 2015, 41, 7.	2.6	28
43	A conceptual comparison of family-based treatment and enhanced cognitive behavior therapy in the treatment of adolescents with eating disorders. <i>Journal of Eating Disorders</i> , 2019, 7, 42.	2.7	27
44	The Gut Microbiome and Metabolomics Profiles of Restricting and Binge-Purging Type Anorexia Nervosa. <i>Nutrients</i> , 2021, 13, 507.	4.1	27
45	The Influence of Weight-Loss Expectations on Weight Loss and of Weight-Loss Satisfaction on Weight Maintenance in Severe Obesity. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2017, 117, 32-38.	0.8	26
46	Body image concern and treatment outcomes in adolescents with anorexia nervosa. <i>International Journal of Eating Disorders</i> , 2019, 52, 582-585.	4.0	26
47	Self-induced vomiting in eating disorders: Associated features and treatment outcome. <i>Behaviour Research and Therapy</i> , 2009, 47, 680-684.	3.1	25
48	Comparison between dual-energy X-ray absorptiometry and skinfolds thickness in assessing body fat in anorexia nervosa before and after weight restoration. <i>Clinical Nutrition</i> , 2012, 31, 911-916.	5.0	25
49	The Effects of Low-Carbohydrate Diets on Psychosocial Outcomes in Obesity/Overweight: A Systematic Review of Randomized, Controlled Studies. <i>Nutrients</i> , 2016, 8, 402.	4.1	24
50	Are Personality Characteristics as Measured by the Temperament and Character Inventory (TCI) Associated with Obesity Treatment Outcomes? A Systematic Review. <i>Current Obesity Reports</i> , 2018, 7, 27-36.	8.4	24
51	Eating disorder psychopathology in adults and adolescents with anorexia nervosa: A network approach. <i>International Journal of Eating Disorders</i> , 2020, 53, 690-701.	4.0	24
52	Regional fat distribution in adolescent and adult females with anorexia nervosa: A longitudinal study. <i>Clinical Nutrition</i> , 2015, 34, 1224-1232.	5.0	23
53	Personality dimensions and treatment drop-outs among eating disorder patients treated with cognitive behavior therapy. <i>Psychiatry Research</i> , 2008, 158, 381-388.	3.3	22
54	Body checking behaviors in anorexia nervosa. <i>International Journal of Eating Disorders</i> , 2017, 50, 437-441.	4.0	22

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55	<sc>Vitamin D levels strongly influence bone mineral density and bone turnover markers during weight gain in female patients with anorexia nervosa. International Journal of Eating Disorders, 2017, 50, 1041-1049.	4.0	21
56	The clinical impairment assessment questionnaire: validation in Italian patients with eating disorders. Eating and Weight Disorders, 2018, 23, 685-694.	2.5	21
57	Weight cycling in adults with severe obesity: A longitudinal study. Nutrition and Dietetics, 2018, 75, 256-262.	1.8	21
58	Changes in lean and skeletal muscle body mass in adult females with anorexia nervosa before and after weight restoration. Clinical Nutrition, 2017, 36, 170-178.	5.0	20
59	Physical performance measures in screening for reduced lean body mass in adult females with obesity. Nutrition, Metabolism and Cardiovascular Diseases, 2018, 28, 917-921.	2.6	20
60	Treatment of Eating Disorders in Adults Versus Adolescents: Similarities and Differences. Clinical Therapeutics, 2021, 43, 70-84.	2.5	20
61	Metabolomics signatures of acutely ill and short-term weight recovered women with anorexia nervosa. Molecular Psychiatry, 2019, 26, 3980-3991.	7.9	19
62	Personalized group cognitive behavioural therapy for obesity: a longitudinal study in a real-world clinical setting. Eating and Weight Disorders, 2020, 25, 337-346.	2.5	18
63	Long-term Lifestyle-modification Programs for Overweight and Obesity Management in the Arab States: Systematic Review and Meta-analysis. Current Diabetes Reviews, 2018, 14, 550-558.	1.3	18
64	Residential cognitive-behavioral weight-loss intervention for obesity with and without binge-eating disorder: A prospective case-control study with five-year follow-up. International Journal of Eating Disorders, 2016, 49, 723-730.	4.0	17
65	Controlling binge eating and weight: a treatment for binge eating disorder worth researching?. Eating and Weight Disorders, 2020, 25, 1105-1109.	2.5	17
66	Body composition in men with anorexia nervosa: Longitudinal study. International Journal of Eating Disorders, 2017, 50, 856-860.	4.0	16
67	Expected benefits and motivation to weight loss in relation to treatment outcomes in group-based cognitive-behavior therapy of obesity. Eating and Weight Disorders, 2018, 23, 205-214.	2.5	16
68	The association between weight maintenance and session-by-session diet adherence, weight loss and weight-loss satisfaction. Eating and Weight Disorders, 2020, 25, 127-133.	2.5	16
69	Adipose-derived Mesenchymal Stem Cells in the Treatment of Obesity: A Systematic Review of Longitudinal Studies on Preclinical Evidence. Current Stem Cell Research and Therapy, 2018, 13, 466-475.	1.3	16
70	Longstanding underweight eating disorder: Associated features and treatment outcome. Psychotherapy Research, 2013, 23, 315-323.	1.8	15
71	Psychological features in obesity: A network analysis. International Journal of Eating Disorders, 2020, 53, 248-255.	4.0	15
72	Long-term treatment of severe obesity: are lifestyle interventions still an option?. Expert Review of Endocrinology and Metabolism, 2017, 12, 391-400.	2.4	14

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73	Self-management and self-efficacy in stroke survivors: validation of the Italian version of the Stroke Self-Efficacy Questionnaire. <i>European Journal of Physical and Rehabilitation Medicine</i> , 2018, 54, 68-74.	2.2	14
74	DSM-5 severity specifiers for anorexia nervosa and treatment outcomes in adult females. <i>Eating Behaviors</i> , 2018, 31, 18-23.	2.0	14
75	Enhanced cognitive behavior therapy for severe and extreme anorexia nervosa: An outpatient case series. <i>International Journal of Eating Disorders</i> , 2021, 54, 305-312.	4.0	14
76	Treating Obesity with Personalized Cognitive Behavioral Therapy. , 2018, , .		13
77	Personalized multistep cognitive behavioral therapy for obesity. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2017, Volume 10, 195-206.	2.4	12
78	The Association between Body Mass Index and Health-Related Quality of Life in Treatment-Seeking Arab Adults with Obesity. <i>Medical Sciences (Basel, Switzerland)</i> , 2018, 6, 25.	2.9	12
79	A Longitudinal Study of Eating Rituals in Patients With Anorexia Nervosa. <i>Frontiers in Psychology</i> , 2019, 10, 15.	2.1	12
80	Anorexia nervosa and childhood sexual abuse: Treatment outcomes of intensive enhanced cognitive behavioural therapy. <i>Psychiatry Research</i> , 2018, 262, 477-481.	3.3	11
81	Change in eating disorder psychopathology network structure in patients with anorexia nervosa treated with intensive cognitive behavior therapy. <i>International Journal of Eating Disorders</i> , 2021, 54, 1800-1809.	4.0	11
82	Care coordination for children with special health care needs: a cohort study. <i>Italian Journal of Pediatrics</i> , 2017, 43, 18.	2.6	10
83	Personality Traits in Obesity Associated with Binge Eating and/or Night Eating. <i>Current Obesity Reports</i> , 2014, 3, 120-126.	8.4	9
84	The Starvation Symptom Inventory: Development and Psychometric Properties. <i>Nutrients</i> , 2017, 9, 967.	4.1	9
85	Starvation symptoms in patients with anorexia nervosa: a longitudinal study. <i>Eating Disorders</i> , 2018, 26, 523-537.	3.0	9
86	Quality of Life and Physical Performance in Patients with Obesity: A Network Analysis. <i>Nutrients</i> , 2020, 12, 602.	4.1	9
87	Self-Management in Stroke Survivors: Development and Implementation of the Look after Yourself (LAY) Intervention. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5925.	2.6	9
88	Management of Severe Rhabdomyolysis and Exercise-Associated Hyponatremia in a Female with Anorexia Nervosa and Excessive Compulsive Exercising. <i>Case Reports in Medicine</i> , 2016, 2016, 1-5.	0.7	8
89	Psychometric proprieties of the Italian version of the questionnaire on eating and weight patterns (QEW-5) and its accuracy in screening for binge-eating disorder in patients seeking treatment for obesity. <i>Eating and Weight Disorders</i> , 2020, 25, 1739-1745.	2.5	8
90	Validation of an Arabic Version of the Obesity-Related Wellbeing (ORWELL 97) Questionnaire in Adults with Obesity. <i>Current Diabetes Reviews</i> , 2019, 15, 127-132.	1.3	8

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91	Weight-Loss Cognitive-Behavioural Treatment and Essential Amino Acid Supplementation in a Patient with Spinal Muscular Atrophy and Obesity. <i>Case Reports in Medicine</i> , 2018, 2018, 1-4.	0.7	6
92	Overvaluation of Shape and Weight and Associated Features in Patients Without Eating Disorders Seeking Treatment for Obesity. <i>Obesity</i> , 2020, 28, 733-739.	3.0	6
93	Measuring parentsâ€™ perspective on continuity of care in children with special health care needs. <i>International Journal of Integrated Care</i> , 2015, 15, e046.	0.2	6
94	Dayâ€hospital enhanced cognitive behavior therapy for adults with eating disorders: Immediate and followâ€up effects. <i>International Journal of Eating Disorders</i> , 2022, 55, 125-130.	4.0	6
95	Validity and reliability of the Eating Problem Checklist. <i>Eating Disorders</i> , 2019, 27, 384-399.	3.0	5
96	Development of the CBT-E Components Checklist: A tool for measuring therapist self-rated adherence to CBT-E. <i>Ijedo</i> , 0, 4, 6-10.	0.0	4
97	The impact of the <scp>COVID</scp>â€19 pandemic on intensive cognitive behavioral therapy outcomes in patients with anorexia nervosaâ€”A cohort study. <i>International Journal of Eating Disorders</i> , 2023, 56, 216-224.	4.0	4
98	Enhanced cognitive behaviour therapy for adolescents with eating disorders: A systematic review of current status and future perspectives. <i>Ijedo</i> , 0, 3, 1.	0.0	3
99	Childhood Memories in Eating Disorders: An Explorative Study Using Diagnostic Imagery. <i>Frontiers in Psychology</i> , 2021, 12, 685194.	2.1	3
100	Changes in specific and nonspecific psychopathology network structure after intensive cognitive behavior therapy in patients with anorexia nervosa. <i>International Journal of Eating Disorders</i> , 0, , .	4.0	3
101	Validity and reliability of the Dietary Rules Inventory (DRI). <i>Eating and Weight Disorders</i> , 2022, 27, 285-294.	2.5	2
102	The Impact of COVID-19 Lockdown on Patients with Obesity after Intensive Cognitive Behavioral Therapyâ€”A Case-Control Study. <i>Nutrients</i> , 2021, 13, 2021.	4.1	2
103	Increasing Adherence to Diet and Exercise Through Cognitive Behavioural Strategies. , 2015, , 327-335.		2
104	Weight phobia or overvaluation of shape and weight? A cognitive analysis of the core psychopathology of anorexia nervosa. <i>Ijedo</i> , 0, , 57.	0.0	2
105	Transdiagnostic Cognitive Behavioural Theory and Treatment of Body Image Disturbance in Eating Disorders. , 2018, , 309-321.		2
106	Enhanced cognitive behaviour therapy (CBT-E) for severe and extreme anorexia nervosa in an outpatient eating disorder unit at a public hospital: a quality-assessment study. <i>Journal of Eating Disorders</i> , 2021, 9, 143.	2.7	2
107	Coexisting Mental Disorders. , 2021, , 79-99.		1
108	Eating Disorders: An Overview. , 2021, , 3-13.		1

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109	Coexisting General Medical Diseases. , 2021, , 113-141.		0
110	Severe and Enduring Anorexia Nervosa. , 2021, , 143-153.		0
111	Enhanced Cognitive Behaviour Therapy for Eating Disorders. , 2021, , 29-46.		0
112	Physical Complications. , 2021, , 101-111.		0
113	Eating Disorder Psychopathology and Its Consequences. , 2021, , 15-27.		0
114	Module 4: Addressing Obstacles to Weight Loss. , 2018, , 89-115.		0
115	Adaptating CBT-OB for Binge-Eating Disorder. , 2018, , 195-210.		0
116	Adapting CBT-OB for Intensive Levels of Care. , 2018, , 177-194.		0
117	Preparatory Phase. , 2018, , 27-44.		0
118	Module 5: Addressing Weight-Loss Dissatisfaction. , 2018, , 117-142.		0
119	Module 6: Addressing the Obstacles to Weight Maintenance. , 2018, , 143-161.		0
120	Comorbilit� vera e comorbilit� spuria nei disturbi dell'�alimentazione. Ijedo, 0, , 1-7.	0.0	0
121	Propriet� psicometriche del questionario in lingua italiana Eating Problem Checklist somministrato ad un campione di soggetti con disturbo dell'�alimentazione. Ijedo, 0, , 17-28.	0.0	0
122	Versione italiana dello Starvation Symptom Inventory: un questionario per valutare i sintomi da malnutrizione nei disturbi dell'�alimentazione. Ijedo, 0, , 8-16.	0.0	0
123	The Anorexia-Bulimia Spectrum: an Integrated Approach to Eating and Feeding Disorders. Ijedo, 0, , 48-56.	0.0	0
124	Meta-analisi dei trattamenti psicologici: fonte di informazioni o di confusione?. Ijedo, 0, 1, 61-65.	0.0	0
125	Il ruolo dello psicologo nella gestione dell'�obesit�: Position Paper di AIDAP. Ijedo, 0, 2, 1-4.	0.0	0
126	Disturbo da binge-eating - Un update. Ijedo, 0, , 29-40.	0.0	0

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127	Cognitive behaviour therapy for adolescents with eating disorders: An effective alternative to the disease-based treatments. Ijedo, 0, 4, 1-5.	0.0	0