

Pablo ValdÃ©s-Badilla

List of Publications by Year in descending order

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Version: 2024-02-01

48
papers

378
citations

1039880

9
h-index

940416

16
g-index

65
all docs

65
docs citations

65
times ranked

499
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of different doses of high-speed resistance training on physical performance and quality of life in older women: a randomized controlled trial. <i>Clinical Interventions in Aging</i> , 2016, Volume 11, 1797-1804.	1.3	40
2	Hábitos alimentarios y condición física en estudiantes de pedagogía en educación física. <i>Revista Chilena De Nutricion</i> , 2014, 41, 251-259.	0.1	36
3	Effects of Physical Activity Governmental Programs on Health Status in Independent Older Adults: A Systematic Review. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 265-275.	0.5	32
4	Effects of Olympic Combat Sports on Older Adults' Health Status: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7381.	1.2	18
5	Prevalencia de conducta ortoróxica en estudiantes de educación media de Temuco. <i>Revista Chilena De Nutricion</i> , 2015, 42, 41-44.	0.1	13
6	Effects of 4 Weeks of a Technique-Specific Protocol with High-Intensity Intervals on General and Specific Physical Fitness in Taekwondo Athletes: An Inter-Individual Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3643.	1.2	13
7	High-intensity interval training improves specific performance in taekwondo athletes. <i>Revista De Artes Marciales Asiáticas</i> , 2020, 15, 4-13.	0.5	11
8	Changes in anthropometric parameters and physical fitness in older adults after participating in a 16-week physical activity program. <i>Revista Facultad De Medicina</i> , 2020, 68, 375-382.	0.0	10
9	Effectiveness of Olympic Combat Sports on Balance, Fall Risk or Falls in Older Adults: A Systematic Review. <i>Biology</i> , 2022, 11, 74.	1.3	10
10	TAEKWONDO SCIENTIFIC PRODUCTION PUBLISHED ON THE WEB OF SCIENCE (1988-2016): COLLABORATION AND TOPICS. <i>Movimento</i> , 2017, 23, 1325.	0.5	9
11	Recomendaciones de entrenamiento intervalado para atletas de deportes de combate olímpicos durante la pandemia del COVID-19. <i>Revista De Artes Marciales Asiáticas</i> , 2020, 15, 1-3.	0.5	8
12	Inter-Individual Variability of a High-Intensity Interval Training With Specific Techniques vs. Repeated Sprints Program in Sport-Related Fitness of Taekwondo Athletes. <i>Frontiers in Physiology</i> , 2021, 12, 766153.	1.3	7
13	Effects of Olympic Combat Sports on Health-Related Quality of Life in Middle-Aged and Older People: A Systematic Review. <i>Frontiers in Psychology</i> , 2021, 12, 797537.	1.1	7
14	Four Weeks of Neuromuscular Training Improve Static and Dynamic Postural Control in Overweight and Obese Children: A Randomized Controlled Trial. <i>Journal of Motor Behavior</i> , 2020, 52, 761-769.	0.5	6
15	Influence of adiposity and fatigue on the scapular muscle recruitment order. <i>PeerJ</i> , 2019, 7, e7175.	0.9	6
16	Consumption of ultra-processed food and its association with obesity in Chilean university students: A multi-center study. <i>Journal of American College Health</i> , 2021, , 1-7.	0.8	5
17	Effect of the COVID-19 quarantine on body weight among combat sports athletes. <i>Nutricion Hospitalaria</i> , 2020, 37, 1186-1189.	0.2	5
18	Características Antropométricas de Adolescentes Pertenecientes a Distintas Escuelas Deportivas Formativas. <i>International Journal of Morphology</i> , 2015, 33, 1065-1070.	0.1	4

#	ARTICLE	IF	CITATIONS
19	Effect of a Short HIIT Program with Specific Techniques on Physical Condition and Activity during Simulated Combat in National-Level Boxers. Sustainability, 2021, 13, 8746.	1.6	4
20	Perfil antropométrico de deportistas paralímpicos de Añlite chilenos. Revista Espanola De Nutricion Humana Y Dietetica, 2016, 20, 307.	0.1	4
21	Perfil Antropométrico y Condición Física de Jugadores Veteranos de Bñsquetbol. International Journal of Morphology, 2015, 33, 285-290.	0.1	3
22	Effects of neuromuscular training on psychomotor development and active joint position sense in school children. Journal of Motor Behavior, 2022, 54, 57-66.	0.5	3
23	Relación entre el Movement change in karate position Test con el rendimiento neuromuscular en		

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37	Relationship between explosive strength characteristics with change of direction speed in junior and cadet karate athletes. <i>Isokinetics and Exercise Science</i> , 2022, 30, 29-38.	0.2	1
38	Efectos del entrenamiento de fuerza sobre la condición física en niños y niñas con sobrepeso y obesidad: una revisión sistemática (Effects of strength training on the fitness in boys and girls with) <i>Tj ETQq0 0 OrgBT /Overlock 10 TF</i>	0.0	0
39	Artes marciales y deportes de combate: una alternativa para mejorar la salud. <i>Hacia La Promoción De La Salud</i> , 2019, 24, 11-13.	0.0	1
40	Visceral adiposity index as a tool for cardiometabolic risk in obese older women. <i>Geriatrics Gerontology and Aging</i> , 2020, 14, 189-195.	0.3	1
41	Asociación entre el autoconcepto académico con el rendimiento académico en estudiantes		