Miguel A MartÃ-nez-GonzÃ¡lez

List of Publications by Year
in descending order

449 papers	36,907 citations	4641 85 h-index	3997 176 g-index
464 all docs	464 docs citations	464 times ranked	32536 citing authors

#	Article	IF	Citations
1	Association between pre-conceptional carbohydrate quality index and the incidence of gestational diabetes: the SUN cohort study. British Journal of Nutrition, 2023, 129, 704-714.	1.2	1
2	Individual and family predictors of ultra-processed food consumption in Spanish children: The SENDO project. Public Health Nutrition, 2023, 26, 437-445.	1.1	5
3	Mediterranean diet and the risk of COVID-19 in the â€˜Seguimiento Universidad de Navarraâ€™ cohort. Clinical Nutrition, 2022, 41, 3061-3068.	2.3	52
4	Alcohol and early mortality (before 65 years) in the â€˜Seguimiento Universidad de Navarraâ€™ (SUN) cohort: does any level reduce mortality?. British Journal of Nutrition, 2022, 127, 1415-1425.	1.2	6
5	Host and gut microbial tryptophan metabolism and type 2 diabetes: an integrative analysis of host genetics, diet, gut microbiome and circulating metabolites in cohort studies. Gut, 2022, 71, 1095-1105.	6.1	98
6	The Mediterranean diet and physical activity: better together than apart for the prevention of premature mortality. British Journal of Nutrition, 2022, 128, 1413-1424.	1.2	11
7	Pro-vegetarian food patterns and cardiometabolic risk in the PREDIMED-Plus study: a cross-sectional baseline analysis. European Journal of Nutrition, 2022, 61, 357-372.	1.8	13
8	The Mediterranean Lifestyle and the Risk of Depression in Middle-Aged Adults. Journal of Nutrition, 2022, 152, 227-234.	1.3	12
9	Cross-Sectional Associations between HDL Structure or Function, Cell Membrane Fatty Acid Composition, and Inflammation in Elderly Adults. Journal of Nutrition, 2022, 152, 789-795.	1.3	3
10	A score appraising Paleolithic diet and the risk of cardiovascular disease in a Mediterranean prospective cohort. European Journal of Nutrition, 2022, 61, 957-971.	1.8	6
11	Olive oil consumption is associated with a lower risk of cardiovascular disease and stroke. Clinical Nutrition, 2022, 41, 122-130.	2.3	23
12	Factors associated with successful dietary changes in an energy-reduced Mediterranean diet intervention: a longitudinal analysis in the PREDIMED-Plus trial. European Journal of Nutrition, 2022, 61, 1457-1475.	1.8	8
13	Consumption of Olive Oil and Risk of Total and Cause-Specific Mortality Among U.S. Adults. Journal of the American College of Cardiology, 2022, 79, 101-112.	1.2	54
14	Dietary Exposure to Polychlorinated Biphenyls and Dioxins and Its Relationship to Telomere Length in Subjects Older Than 55 Years from the SUN Project. Nutrients, 2022, 14, 353.	1.7	2
15	Mediterranean Diet Social Network Impact along 11 Years in the Major US Media Outlets: Thematic and Quantitative Analysis Using Twitter. International Journal of Environmental Research and Public Health, 2022, 19, 784.	1.2	7
16	Reply - Letter to the editor - Association between olive oil consumption and the risk of cardiovascular disease and stroke YCLNU-D-21-02208. Clinical Nutrition, 2022, , .	2.3	0
17	Physiciansâ€™ characteristics and practices associated with the provision of cancer screening advice to their patients: the Spanish SUN cohort study. BMJ Open, 2022, 12, e048498.	0.8	1
18	Integrative development of a short screening questionnaire of highly processed food consumption (sQ-HPF). International Journal of Behavioral Nutrition and Physical Activity, 2022, 19, 6.	2.0	1

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19	Adopting a High-Polyphenolic Diet Is Associated with an Improved Glucose Profile: Prospective Analysis within the PREDIMED-Plus Trial. Antioxidants, 2022, 11, 316.	2.2	5
20	Sedentary behaviors and risk of depression in the Seguimiento Universidad de Navarra cohort: the SUN Project. Cadernos De Saude Publica, 2022, 38, .	0.4	1
21	Healthy Lifestyle Score and Incidence of Glaucoma: The Sun Project. Nutrients, 2022, 14, 779.	1.7	7
22	Parental perception of child'sÂweight, their attitudes towards child'sÂdietary habits and the risk of obesity. World Journal of Pediatrics, 2022, 18, 482-489.	0.8	4
23	Development and Validation of a New Home Cooking Frequency Questionnaire: A Pilot Study. Nutrients, 2022, 14, 1136.	1.7	4
24	Control of SARS-CoV-2 Infection Rates at a Spanish University With In-Person Class Attendance. American Journal of Public Health, 2022, 112, 570-573.	1.5	3
25	Contribution of cardio-vascular risk factors to depressive status in the PREDIMED-PLUS Trial. A cross-sectional and a 2-year longitudinal study. PLoS ONE, 2022, 17, e0265079.	1.1	3
26	One-year changes in fruit and vegetable variety intake and cardiometabolic risk factors changes in a middle-aged Mediterranean population at high cardiovascular risk. European Journal of Clinical Nutrition, 2022, 76, 1393-1402.	1.3	6
27	Effect of Dietary Phenolic Compounds on Incidence of Cardiovascular Disease in the SUN Project; 10 Years of Follow-Up. Antioxidants, 2022, 11, 783.	2.2	12
28	Alcohol, Drinking Pattern, and Chronic Disease. Nutrients, 2022, 14, 1954.	1.7	28
29	Dairy Product Consumption and Changes in Cognitive Performance: Twoâ€Year Analysis of the PREDIMEDâ€Plus Cohort. Molecular Nutrition and Food Research, 2022, 66, e2101058.	1.5	6
30	Changes in plasma total saturated fatty acids and palmitic acid are related to pro-inflammatory molecule IL-6 concentrations after nutritional intervention for one year. Biomedicine and Pharmacotherapy, 2022, 150, 113028.	2.5	6
31	Arginine catabolism metabolites and atrial fibrillation or heart failure risk: two case-control studies within the PREDIMED trial. American Journal of Clinical Nutrition, 2022, , .	2.2	2
32	Macronutrient quality index and cardiovascular disease risk in the Seguimiento Universidad de Navarra (SUN) cohort. European Journal of Nutrition, 2022, 61, 3517-3530.	1.8	5
33	Analyzing Psychotherapy on Twitter: An 11-Year Analysis of Tweets From Major U.S. Media Outlets. Frontiers in Psychiatry, 2022, 13, .	1.3	4
34	Associations between exploratory dietary patterns and incident type 2 diabetes: a federated meta-analysis of individual participant data from 25 cohort studies. European Journal of Nutrition, 2022, 61, 3649-3667.	1.8	6
35	Joint association of the Mediterranean diet and smoking with all-cause mortality in the Seguimiento Universidad de Navarra (SUN) cohort. Nutrition, 2022, 103-104, 111761.	1.1	1
36	Vitamin D and Risk of Obesity-Related Cancers: Results from the SUN (â€˜Seguimiento Universidad de) Tj ETQq0 0 0 rgBT /Overlock 10 T	1.7	2

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37	Development of a General Health Score Based on 12 Objective Metabolic and Lifestyle Items: The Lifestyle and Well-Being Index. Healthcare (Switzerland), 2022, 10, 1088.	1.0	1
38	Adherence to Mediterranean diet is inversely associated with the consumption of ultra-processed foods among Spanish children: the SENDO project. Public Health Nutrition, 2021, 24, 3294-3303.	1.1	30
39	Association between ankle-brachial index and cognitive function in participants in the PREDIMED-Plus study: cross-sectional assessment. Revista Espanola De Cardiologia (English Ed), 2021, 74, 846-853.	0.4	2
40	Leisure time physical activity is associated with improved HDL functionality in high cardiovascular risk individuals: a cohort study. European Journal of Preventive Cardiology, 2021, 28, 1392-1401.	0.8	10
41	Low serum iron levels and risk of cardiovascular disease in high risk elderly population: Nested caseâ€“control study in the PREvenciÃ³n con DIeta MEDiterrÃ¡nea (PREDIMED) trial. Clinical Nutrition, 2021, 40, 496-504.	2.3	10
42	Mediterranean diet, alcohol-drinking pattern and their combined effect on all-cause mortality: the Seguimiento Universidad de Navarra (SUN) cohort. European Journal of Nutrition, 2021, 60, 1489-1498.	1.8	16
43	Association between the nutrient profile system underpinning the Nutri-Score front-of-pack nutrition label and mortality in the SUN project: A prospective cohort study. Clinical Nutrition, 2021, 40, 1085-1094.	2.3	37
44	Promoting exercise, reducing sedentarism or both for diabetes prevention: The â€œSeguimiento Universidad De Navarraâ€•(SUN) cohort. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 411-419.	1.1	6
45	Lipid Profiles and Heart Failure Risk. Circulation Research, 2021, 128, 309-320.	2.0	40
46	Plasma Metabolomic Profiles of Glycemic Index, Glycemic Load, and Carbohydrate Quality Index in the PREDIMED Study. Journal of Nutrition, 2021, 151, 50-58.	1.3	10
47	Polyphenol intake and cognitive decline in the Seguimiento Universidad de Navarra (SUN) Project. British Journal of Nutrition, 2021, 126, 43-52.	1.2	10
48	Association of carbohydrate quality and all-cause mortality in the SUN Project: A prospective cohort study. Clinical Nutrition, 2021, 40, 2364-2372.	2.3	12
49	Dietary folate intake and metabolic syndrome in participants of PREDIMED-Plus study: a cross-sectional study. European Journal of Nutrition, 2021, 60, 1125-1136.	1.8	12
50	Egg consumption and cardiovascular risk: a doseâ€“response meta-analysis of prospective cohort studies. European Journal of Nutrition, 2021, 60, 1833-1862.	1.8	40
51	Parent-reported birth information: birth weight, birth length and gestational age. Validation study in the SENDO project. Gaceta Sanitaria, 2021, 35, 224-229.	0.6	5
52	Association between the Mediterranean lifestyle, metabolic syndrome and mortality: a whole-country cohort in Spain. Cardiovascular Diabetology, 2021, 20, 5.	2.7	35
53	Carbohydrate quality index and breast cancer risk in a Mediterranean cohort: The SUN project. Clinical Nutrition, 2021, 40, 137-145.	2.3	18
54	Gut Microbiota Profile and Changes in Body Weight in Elderly Subjects with Overweight/Obesity and Metabolic Syndrome. Microorganisms, 2021, 9, 346.	1.6	14

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55	The association between self-perceived walking pace with the incidence of hypertension: the â€˜Seguimiento Universidad de Navarraâ€™ cohort. Journal of Hypertension, 2021, 39, 1188-1194.	0.3	5
56	Dietary Antioxidant Vitamins and Minerals and Breast Cancer Risk: Prospective Results from the SUN Cohort. Antioxidants, 2021, 10, 340.	2.2	14
57	Dairy Consumption and Incidence of Breast Cancer in the â€˜Seguimiento Universidad de Navarraâ€™ (SUN) Project. Nutrients, 2021, 13, 687.	1.7	5
58	An Active Lifestyle Is Associated with Better Cognitive Function Over Time in APOE É›4 Non-Carriers. Journal of Alzheimer's Disease, 2021, 79, 1257-1268.	1.2	9
59	Anthropometric Variables as Mediators of the Association of Changes in Diet and Physical Activity With Inflammatory Profile. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2021, 76, 2021-2029.	1.7	1
60	Dairy consumption, plasma metabolites, and risk of type 2 diabetes. American Journal of Clinical Nutrition, 2021, 114, 163-174.	2.2	29
61	Renal tubule Cpt1a overexpression protects from kidney fibrosis by restoring mitochondrial homeostasis. Journal of Clinical Investigation, 2021, 131, .	3.9	147
62	Associations of Total Legume, Pulse, and Soy Consumption with Incident Type 2 Diabetes: Federated Meta-Analysis of 27 Studies from Diverse World Regions. Journal of Nutrition, 2021, 151, 1231-1240.	1.3	28
63	High Fruit and Vegetable Consumption and Moderate Fat Intake Are Associated with Higher Carotenoid Concentration in Human Plasma. Antioxidants, 2021, 10, 473.	2.2	7
64	Macronutrient Quality and All-Cause Mortality in the SUN Cohort. Nutrients, 2021, 13, 972.	1.7	11
65	Dietary calcium, vitamin D, and breast cancer risk in women: findings from the SUN cohort. European Journal of Nutrition, 2021, 60, 3783-3797.	1.8	4
66	Heterogeneity of Associations between Total and Types of Fish Intake and the Incidence of Type 2 Diabetes: Federated Meta-Analysis of 28 Prospective Studies Including 956,122 Participants. Nutrients, 2021, 13, 1223.	1.7	8
67	Variety in fruits and vegetables, diet quality and lifestyle in an older adult mediterranean population. Clinical Nutrition, 2021, 40, 1510-1518.	2.3	27
68	The Mediterranean lifestyle (MEDLIFE) index and metabolic syndrome in a non-Mediterranean working population. Clinical Nutrition, 2021, 40, 2494-2503.	2.3	25
69	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. Clinical Nutrition, 2021, 40, 2825-2836.	2.3	24
70	Ultra-processed foods and type-2 diabetes risk in the SUN project: A prospective cohort study. Clinical Nutrition, 2021, 40, 2817-2824.	2.3	50
71	Analysis of Media Outlets on Women's Health: Thematic and Quantitative Analyses Using Twitter. Frontiers in Public Health, 2021, 9, 644284.	1.3	13
72	Glycolysis Metabolites and Risk of Atrial Fibrillation and Heart Failure in the PREDIMED Trial. Metabolites, 2021, 11, 306.	1.3	4

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73	Association between ideal cardiovascular health and telomere length in participants older than 55 years old from the SUN cohort. Revista Espanola De Cardiologia (English Ed), 2021, , .	0.4	4
74	Consumption of Total Olive Oil and Risk of Total and Cause-Specific Mortality in US Adults. Current Developments in Nutrition, 2021, 5, 1036.	0.1	0
75	Physical Activity Intensity and Type 2 Diabetes: Isotemporal Substitution Models in the â€œSeguimiento Universidad de Navarraâ€•(SUN) Cohort. Journal of Clinical Medicine, 2021, 10, 2744.	1.0	4
76	Contribution of ultra-processed foods in visceral fat deposition and other adiposity indicators: Prospective analysis nested in the PREDIMED-Plus trial. Clinical Nutrition, 2021, 40, 4290-4300.	2.3	47
77	Fruit consumption and cardiometabolic risk in the PREDIMED-plus study: A cross-sectional analysis. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 1702-1713.	1.1	14
78	Association Between an Oxidative Balance Score and Mortality: A Prospective Analysis in the SUN Cohort. Current Developments in Nutrition, 2021, 5, 1030.	0.1	2
79	The Mediterranean Lifestyle (MEDLIFE) Index and Metabolic Syndrome in a US Working Population. Current Developments in Nutrition, 2021, 5, 1041.	0.1	1
80	Associations Between an Overall, Healthful and Unhealthful Low-Fat Dietary Patterns and Breast Cancer Risk in a Mediterranean Cohort: The SUN Project. Current Developments in Nutrition, 2021, 5, 259.	0.1	0
81	Urea Cycle Metabolites and Atrial Fibrillation or Heart Failure Risk: Two Case-Control Studies in the PREDIMED Trial. Current Developments in Nutrition, 2021, 5, 18.	0.1	1
82	Mediterranean Diet and White Blood Cell Countâ€”A Randomized Controlled Trial. Foods, 2021, 10, 1268.	1.9	5
83	A Mediterranean lifestyle reduces the risk of cardiovascular disease in the â€œSeguimiento Universidad de Navarraâ€•(SUN) cohort. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 1728-1737.	1.1	12
84	Personalised, population and planetary nutrition for precision health. BMJ Nutrition, Prevention and Health, 2021, 4, 355-358.	1.9	7
85	Pre-Gestational Consumption of Ultra-Processed Foods and Risk of Gestational Diabetes in a Mediterranean Cohort. The SUN Project. Nutrients, 2021, 13, 2202.	1.7	18
86	Use of Different Food Classification Systems to Assess the Association between Ultra-Processed Food Consumption and Cardiometabolic Health in an Elderly Population with Metabolic Syndrome (PREDIMED-Plus Cohort). Nutrients, 2021, 13, 2471.	1.7	46
87	Polyphenol intake and cardiovascular risk in the PREDIMED-Plus trial. A comparison of different risk equations. Revista Espanola De Cardiologia (English Ed), 2021, , .	0.4	2
88	Front of package labels and olive oil: a call for caution. European Journal of Clinical Nutrition, 2021, , .	1.3	6
89	Fruit and Vegetable Consumption is Inversely Associated with Plasma Saturated Fatty Acids at Baseline in Predimed Plus Trial. Molecular Nutrition and Food Research, 2021, 65, 2100363.	1.5	3
90	Food-based dietary guidelines in Spain: an assessment of their methodological quality. European Journal of Clinical Nutrition, 2021, , .	1.3	6

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91	Metabolomics of the tryptophanâ€“kynurenine degradation pathway and risk of atrial fibrillation and heart failure: potential modification effect of Mediterranean diet. American Journal of Clinical Nutrition, 2021, 114, 1646-1654.	2.2	20
92	Urinary Tartaric Acid, a Biomarker of Wine Intake, Correlates with Lower Total and LDL Cholesterol. Nutrients, 2021, 13, 2883.	1.7	9
93	Validity of the energy-restricted Mediterranean Diet Adherence Screener. Clinical Nutrition, 2021, 40, 4971-4979.	2.3	57
94	Physical activity and metabolic syndrome severity among older adults at cardiovascular risk: 1-Year trends. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 2870-2886.	1.1	6
95	A lifestyle intervention with an energy-restricted Mediterranean diet and physical activity enhances HDL function: a substudy of the PREDIMED-Plus randomized controlled trial. American Journal of Clinical Nutrition, 2021, 114, 1666-1674.	2.2	15
96	Interplay between cognition and weight reduction in individuals following a Mediterranean Diet: Three-year follow-up of the PREDIMED-Plus trial. Clinical Nutrition, 2021, 40, 5221-5237.	2.3	21
97	Increased Adiposity Appraised with CUN-BAE Is Highly Predictive of Incident Hypertension. The SUN Project. Nutrients, 2021, 13, 3309.	1.7	1
98	Simple sugar intake and cancer incidence, cancer mortality and all-cause mortality: A cohort study from the PREDIMED trial. Clinical Nutrition, 2021, 40, 5269-5277.	2.3	14
99	Diet Quality Indices in the SUN Cohort: Observed Changes and Predictors of Changes in Scores Over a 10-Year Period. Journal of the Academy of Nutrition and Dietetics, 2021, 121, 1948-1960.e7.	0.4	8
100	Egg consumption and cardiovascular risk: a doseâ€“response meta-analysis of prospective cohort studies. , 2021, 60, 1833.		1
101	Walnut Consumption, Plasma Metabolomics, and Risk of Type 2 Diabetes and Cardiovascular Disease. Journal of Nutrition, 2021, 151, 303-311.	1.3	20
102	Deep dive to the secrets of the PREDIMED trial. Current Opinion in Lipidology, 2021, 32, 62-69.	1.2	5
103	Tricarboxylic acid cycle related-metabolites and risk of atrial fibrillation and heart failure. Metabolism: Clinical and Experimental, 2021, 125, 154915.	1.5	19
104	The influence of alcohol intake in myopia development or progression: The SUN cohort study. Drug and Alcohol Dependence, 2021, 229, 109149.	1.6	3
105	Low Dietary Magnesium and Overweight/Obesity in a Mediterranean Population: A Detrimental Synergy for the Development of Hypertension. The SUN Project. Nutrients, 2021, 13, 125.	1.7	8
106	Interaction of Diet/Lifestyle Intervention and TCF7L2 Genotype on Glycemic Control and Adiposity among Overweight or Obese Adults: Big Data from Seven Randomized Controlled Trials Worldwide. Health Data Science, 2021, 2021, .	1.1	0
107	Risk of Developing Metabolic Syndrome Is Affected by Length of Daily Siesta: Results from a Prospective Cohort Study. Nutrients, 2021, 13, 4182.	1.7	7
108	Healthy diet, depression and quality of life: A narrative review of biological mechanisms and primary prevention opportunities. World Journal of Psychiatry, 2021, 11, 997-1016.	1.3	16

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109	The impact of Mediterranean diet on coronary plaque vulnerability, microvascular function, inflammation and microbiome after an acute coronary syndrome: study protocol for the MEDIMACS randomized, controlled, mechanistic clinical trial. Trials, 2021, 22, 795.	0.7	3
110	Intervention for promoting intake of fruits and vegetables in Brazilians: a randomised controlled trial. Public Health Nutrition, 2021, , 1-13.	1.1	2
111	Components of the Mediterranean Diet and Risk of COVID-19. Frontiers in Nutrition, 2021, 8, 805533.	1.6	12
112	Plasma acylcarnitines and risk of incident heart failure and atrial fibrillation: the PrevenciÃ³n con dieta mediterrÃ¡nea study. Revista Espanola De Cardiologia (English Ed), 2021, , .	0.4	2
113	Sugar-sweetened and artificially-sweetened beverages and changes in cognitive function in the SUN project. Nutritional Neuroscience, 2020, 23, 946-954.	1.5	19
114	Diet quality and nutrient density in subjects with metabolic syndrome: Influence of socioeconomic status and lifestyle factors. A cross-sectional assessment in the PREDIMED-Plus study. Clinical Nutrition, 2020, 39, 1161-1173.	2.3	28
115	Adherence to a priori dietary indexes and baseline prevalence of cardiovascular risk factors in the PREDIMED-Plus randomised trial. European Journal of Nutrition, 2020, 59, 1219-1232.	1.8	24
116	High sleep variability predicts a blunted weight loss response and short sleep duration a reduced decrease in waist circumference in the PREDIMED-Plus Trial. International Journal of Obesity, 2020, 44, 330-339.	1.6	22
117	Ultra-processed food consumption and the incidence of depression in a Mediterranean cohort: the SUN Project. European Journal of Nutrition, 2020, 59, 1093-1103.	1.8	123
118	Nutrient adequacy and diet quality in a Mediterranean population with metabolic syndrome: A cross-sectional study. Clinical Nutrition, 2020, 39, 853-861.	2.3	3
119	Effect of changes in adherence to Mediterranean diet on nutrient density after 1-year of follow-up: results from the PREDIMED-Plus Study. European Journal of Nutrition, 2020, 59, 2395-2409.	1.8	11
120	Impact of Life's Simple 7 on the incidence of major cardiovascular events in high-risk Spanish adults in the PREDIMED study cohort. Revista Espanola De Cardiologia (English Ed), 2020, 73, 205-211.	0.4	9
121	â€œA prioriâ€•Dietary Patterns and Cognitive Function in the SUN Project. Neuroepidemiology, 2020, 54, 45-57.	1.1	28
122	Cross-sectional association between non-soy legume consumption, serum uric acid and hyperuricemia: the PREDIMED-Plus study. European Journal of Nutrition, 2020, 59, 2195-2206.	1.8	8
123	Oral contraceptives use and development of obesity in a Mediterranean cohort: the SUN (Seguimiento) Tj ETQq1 1 0.784314 rgBT /O	1.6	9
124	Association between dairy product consumption and hyperuricemia in an elderly population with metabolic syndrome. Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 214-222.	1.1	14
125	Influence of lifestyle factors and staple foods from the Mediterranean diet on non-alcoholic fatty liver disease among older individuals with metabolic syndrome features. Nutrition, 2020, 71, 110620.	1.1	28
126	Carbohydrate quality changes and concurrent changes in cardiovascular risk factors: a longitudinal analysis in the PREDIMED-Plus randomized trial. American Journal of Clinical Nutrition, 2020, 111, 291-306.	2.2	50

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127	Association between diet quality indexes and the risk of short telomeres in an elderly population of the SUN project. Clinical Nutrition, 2020, 39, 2487-2494.	2.3	26
128	Mediterranean Diet and Atherothrombosis Biomarkers: A Randomized Controlled Trial. Molecular Nutrition and Food Research, 2020, 64, e2000350.	1.5	14
129	Body shape trajectories and mortality in the Seguimiento universidad de Navarra (SUN) cohort. Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 1742-1750.	1.1	2
130	Urinary Resveratrol Metabolites Output: Differential Associations with Cardiometabolic Markers and Liver Enzymes in House-Dwelling Subjects Featuring Metabolic Syndrome. Molecules, 2020, 25, 4340.	1.7	6
131	Anthocyanin Intake and Physical Activity: Associations with the Lipid Profile of a US Working Population. Molecules, 2020, 25, 4398.	1.7	7
132	Dietary Quality Changes According to the Preceding Maximum Weight: A Longitudinal Analysis in the PREDIMED-Plus Randomized Trial. Nutrients, 2020, 12, 3023.	1.7	4
133	Relationship between olive oil consumption and ankle-brachial pressure index in a population at high cardiovascular risk. Atherosclerosis, 2020, 314, 48-57.	0.4	6
134	Adherence to the 2018 World Cancer Research Fund/American Institute for Cancer Research Recommendations and Breast Cancer in the SUN Project. Nutrients, 2020, 12, 2076.	1.7	21
135	Remnant Cholesterol, Not LDL Cholesterol, Is Associated With Incident Cardiovascular Disease. Journal of the American College of Cardiology, 2020, 76, 2712-2724.	1.2	240
136	The Association Between the Mediterranean Lifestyle Index and All-Cause Mortality in the Seguimiento Universidad de Navarra Cohort. American Journal of Preventive Medicine, 2020, 59, e239-e248.	1.6	13
137	Translation and cross-cultural adaptation of 14-item Mediterranean Diet Adherence Screener and low-fat diet adherence questionnaire. Clinical Nutrition ESPEN, 2020, 39, 180-189.	0.5	13
138	Clinical features, ventilatory management, and outcome of ARDS caused by COVID-19 are similar to other causes of ARDS. Intensive Care Medicine, 2020, 46, 2200-2211.	3.9	295
139	Nutritional Quality and Health Effects of Low Environmental Impact Diets: The â€œSeguimiento Universidad de Navarraâ€•(SUN) Cohort. Nutrients, 2020, 12, 2385.	1.7	10
140	High Plasma Glutamate and a Low Glutamine-to-Glutamate Ratio Are Associated with Increased Risk of Heart Failure but Not Atrial Fibrillation in the PrevenciÃ³n con Dieta MediterrÃ¡nea (PREDIMED) Study. Journal of Nutrition, 2020, 150, 2882-2889.	1.3	14
141	Observational Epidemiology, Lifestyle, and Health: The Paradigm of the Mediterranean Diet. American Journal of Health Promotion, 2020, 34, 948-950.	0.9	7
142	Mediterranean Diet Decreases the Initiation of Use of Vitamin K Epoxide Reductase Inhibitors and Their Associated Cardiovascular Risk: A Randomized Controlled Trial. Nutrients, 2020, 12, 3895.	1.7	5
143	Metabolomic Effects of Hormone Therapy and Associations With Coronary Heart Disease Among Postmenopausal Women. Circulation Genomic and Precision Medicine, 2020, 13, e002977.	1.6	4
144	Lifestyle-Related Factors and Total Mortality in a Mediterranean Prospective Cohort. American Journal of Preventive Medicine, 2020, 59, e59-e67.	1.6	14

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145	Lifestyle behavior and the risk of type 2 diabetes in the Seguimiento Universidad de Navarra (SUN) cohort. Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 1355-1364.	1.1	5
146	Healthful and unhealthful provegetarian food patterns and the incidence of breast cancer: Results from a Mediterranean cohort. Nutrition, 2020, 79-80, 110884.	1.1	11
147	Mediterranean diet, Dietary Approaches to Stop Hypertension, and Pro-vegetarian dietary pattern in relation to the risk of basal cell carcinoma: a nested case-control study within the Seguimiento Universidad de Navarra (SUN) cohort. American Journal of Clinical Nutrition, 2020, 112, 364-372.	2.2	12
148	The Mediterranean diet, plasma metabolome, and cardiovascular disease risk. European Heart Journal, 2020, 41, 2645-2656.	1.0	138
149	A three-dimensional dietary index (nutritional quality, environment and price) and reduced mortality: The â€œSeguimiento Universidad de Navarraâ€•cohort. Preventive Medicine, 2020, 137, 106124.	1.6	10
150	Validation of the Telephone-Administered Version of the Mediterranean Diet Adherence Screener (MEDAS) Questionnaire. Nutrients, 2020, 12, 1511.	1.7	26
151	Mediterranean diet as the ideal model for preventing non-alcoholic fatty liver disease (NAFLD). Hepatobiliary Surgery and Nutrition, 2020, 9, 379-381.	0.7	7
152	High fat diets for weight loss among subjects with elevated fasting glucose levels: The PREDIMED study. Obesity Medicine, 2020, 18, 100210.	0.5	1
153	Contribution of macronutrients to obesity: implications for precision nutrition. Nature Reviews Endocrinology, 2020, 16, 305-320.	4.3	113
154	Binge Drinking and Risk of Breast Cancer: Results from the SUN (â€˜Seguimiento Universidad de Navarraâ€™) Project. Nutrients, 2020, 12, 731.	1.7	5
155	Olive Oil Consumption and Cardiovascular Risk in U.S. Adults. Journal of the American College of Cardiology, 2020, 75, 1729-1739.	1.2	84
156	Dimensions of leisure-time physical activity and risk of depression in the â€œSeguimiento Universidad de Navarraâ€•(SUN) prospective cohort. BMC Psychiatry, 2020, 20, 98.	1.1	24
157	Nutritional Determinants of Quality of Life in a Mediterranean Cohort: The SUN Study. International Journal of Environmental Research and Public Health, 2020, 17, 3897.	1.2	11
158	Hypertension and changes in cognitive function in a Mediterranean population. Nutritional Neuroscience, 2020, , 1-9.	1.5	2
159	Association Between Lifestyle and Hypertriglyceridemic Waist Phenotype in the PREDIMEDâ€Plus Study. Obesity, 2020, 28, 537-543.	1.5	18
160	Physical fitness and physical activity association with cognitive function and quality of life: baseline cross-sectional analysis of the PREDIMED-Plus trial. Scientific Reports, 2020, 10, 3472.	1.6	47
161	Glycolysis/gluconeogenesis- and tricarboxylic acid cycleâ€“related metabolites, Mediterranean diet, and type 2 diabetes. American Journal of Clinical Nutrition, 2020, 111, 835-844.	2.2	56
162	Do healthy doctors deliver better messages of health promotion to their patients?: Data from the SUN cohort study. European Journal of Public Health, 2020, 30, 438-444.	0.1	15

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