

Jung Eun Kim

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

43
papers

488
citations

12
h-index

21
g-index

48
ext. papers

715
ext. citations

4.9
avg, IF

4.51
L-index

#	Paper	IF	Citations
43	Association Between Dietary Protein Intake and Sleep Quality in Middle-Aged and Older Adults in Singapore.. <i>Frontiers in Nutrition</i> , 2022 , 9, 832341	6.2	0
42	Impact of fiber-fortified food consumption on anthropometric measurements and cardiometabolic outcomes: A systematic review, meta-analyses, and meta-regressions of randomized controlled trials.. <i>Critical Reviews in Food Science and Nutrition</i> , 2022 , 1-19	11.5	0
41	The Roles of Carotenoid Consumption and Bioavailability in Cardiovascular Health.. <i>Antioxidants</i> , 2021 , 10,	7.1	2
40	Cardiovascular disease risk reduction with wolfberry consumption: a systematic review and meta-analysis of randomized controlled trials. <i>European Journal of Nutrition</i> , 2021 , 1	5.2	2
39	Wolfberry () Consumption with a Healthy Dietary Pattern Lowers Oxidative Stress in Middle-Aged and Older Adults: A Randomized Controlled Trial. <i>Antioxidants</i> , 2021 , 10,	7.1	4
38	The impact of tryptophan supplementation on sleep quality: a systematic review, meta-analysis, and meta-regression. <i>Nutrition Reviews</i> , 2021 ,	6.4	4
37	Enhancing the cardiovascular protective effects of a healthy dietary pattern with wolfberry (<i>Lycium barbarum</i>): A randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2021 , 114, 80-89	7	10
36	Association of Gut Microbiome Dysbiosis with Neurodegeneration: Can Gut Microbe-Modifying Diet Prevent or Alleviate the Symptoms of Neurodegenerative Diseases?. <i>Life</i> , 2021 , 11,	3	2
35	Skin carotenoids status as a potential surrogate marker for cardiovascular disease risk determination in middle-aged and older adults. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 592-601	4.5	4
34	Effects of Total Red Meat Intake on Glycemic Control and Inflammatory Biomarkers: A Meta-Analysis of Randomized Controlled Trials. <i>Advances in Nutrition</i> , 2021 , 12, 115-127	10	9
33	Daily consumption of essence of chicken improves cognitive function: a systematically searched meta-analysis of randomized controlled trials. <i>Nutritional Neuroscience</i> , 2021 , 24, 236-247	3.6	2
32	Skin carotenoid status and plasma carotenoids: biomarkers of dietary carotenoids, fruits and vegetables for middle-aged and older Singaporean adults. <i>British Journal of Nutrition</i> , 2021 , 126, 1398-1407	2.6	3
31	Animal Protein versus Plant Protein in Supporting Lean Mass and Muscle Strength: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2021 , 13,	6.7	10
30	The Influence of Different Foods and Food Ingredients on Acute Postprandial Triglyceride Response: A Systematic Literature Review and Meta-Analysis of Randomized Controlled Trials. <i>Advances in Nutrition</i> , 2020 , 11, 1529-1543	10	6
29	Effects of fatty acids composition in a breakfast meal on the postprandial lipid responses: a systematic review and meta-analysis of randomised controlled trials. <i>International Journal of Food Sciences and Nutrition</i> , 2020 , 71, 793-803	3.7	4
28	Lowering breakfast glycemic index and glycemic load attenuates postprandial glycemic response: A systematically searched meta-analysis of randomized controlled trials. <i>Nutrition</i> , 2020 , 71, 110634	4.8	12
27	Association of Sleep Quality and Macronutrient Distribution: A Systematic Review and Meta-Regression. <i>Nutrients</i> , 2020 , 12,	6.7	8

26	Incorporating healthy dietary changes in addition to an increase in fruit and vegetable intake further improves the status of cardiovascular disease risk factors: A systematic review, meta-regression, and meta-analysis of randomized controlled trials. <i>Nutrition Reviews</i> , 2020 , 78, 532-545	6.4	7
25	An Assessment of Three Carbohydrate Metrics of Nutritional Quality for Packaged Foods and Beverages in Australia and Southeast Asia. <i>Nutrients</i> , 2020 , 12,	6.7	1
24	Incorporation of biovalorised okara in biscuits: Improvements of nutritional, antioxidant, physical, and sensory properties. <i>LWT - Food Science and Technology</i> , 2020 , 134, 109902	5.4	13
23	A high-protein meal does not improve blood pressure or vasoactive biomarker responses to acute exercise in humans. <i>Nutrition Research</i> , 2020 , 81, 97-107	4	
22	Impact of whole egg intake on blood pressure, lipids and lipoproteins in middle-aged and older population: A systematic review and meta-analysis of randomized controlled trials. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019 , 29, 653-664	4.5	16
21	Reductions in whole-body fat mass but not increases in lean mass predict changes in cardiometabolic health indices with exercise training among weight-stable adults. <i>Nutrition Research</i> , 2019 , 63, 63-69	4	5
20	Effects of a High-Protein Diet Including Whole Eggs on Muscle Composition and Indices of Cardiometabolic Health and Systemic Inflammation in Older Adults with Overweight or Obesity: A Randomized Controlled Trial. <i>Nutrients</i> , 2018 , 10,	6.7	23
19	Differential Relationship between Intermuscular Adipose Depots with Indices of Cardiometabolic Health. <i>International Journal of Endocrinology</i> , 2018 , 2018, 2751250	2.7	5
18	Dietary Cholesterol Contained in Whole Eggs Is Not Well Absorbed and Does Not Acutely Affect Plasma Total Cholesterol Concentration in Men and Women: Results from 2 Randomized Controlled Crossover Studies. <i>Nutrients</i> , 2018 , 10,	6.7	14
17	Weight loss achieved using an energy restriction diet with normal or higher dietary protein decreased the number of CD14CD16 proinflammatory monocytes and plasma lipids and lipoproteins in middle-aged, overweight, and obese adults. <i>Nutrition Research</i> , 2017 , 40, 75-84	4	11
16	Intermuscular Adipose Tissue Content and Intramyocellular Lipid Fatty Acid Saturation Are Associated with Glucose Homeostasis in Middle-Aged and Older Adults. <i>Endocrinology and Metabolism</i> , 2017 , 32, 257-264	3.5	11
15	Within-day protein distribution does not influence body composition responses during weight loss in resistance-training adults who are overweight. <i>American Journal of Clinical Nutrition</i> , 2017 , 106, 1190-1196	7	12
14	Total red meat intake of 0.5 servings/d does not negatively influence cardiovascular disease risk factors: a systemically searched meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2017 , 105, 57-69	7	84
13	Reply to A Satija et al. <i>American Journal of Clinical Nutrition</i> , 2017 , 105, 1568-1569	7	1
12	Effects of dietary protein intake on body composition changes after weight loss in older adults: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , 2016 , 74, 210-24	6.4	103
11	Higher-protein diets improve indexes of sleep in energy-restricted overweight and obese adults: results from 2 randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2016 , 103, 766-74	7	26
10	The effects of exercise training and type of exercise training on changes in bone mineral density in Korean postmenopausal women: a systematic review. <i>Journal of Exercise Nutrition & Biochemistry</i> , 2016 , 20, 7-15	1.2	4
9	Egg Consumption Increases Vitamin E Absorption from Co-Consumed Raw Mixed Vegetables in Healthy Young Men. <i>Journal of Nutrition</i> , 2016 , 146, 2199-2205	4.1	18

8	Higher Total Protein Intake and Change in Total Protein Intake Affect Body Composition but Not Metabolic Syndrome Indexes in Middle-Aged Overweight and Obese Adults Who Perform Resistance and Aerobic Exercise for 36 Weeks. <i>Journal of Nutrition</i> , 2015 , 145, 2076-83	4.1	17
7	Effects of egg consumption on carotenoid absorption from co-consumed, raw vegetables. <i>American Journal of Clinical Nutrition</i> , 2015 , 102, 75-83	7	30
6	Higher Total Protein Intake During Exercise Training Improves Body Composition But Not Indices of Metabolic Syndrome. <i>FASEB Journal</i> , 2015 , 29, 258.5	0.9	
5	Effects of Milk Protein Concentrate on Energy Restriction-Induced Changes in Body Composition and Indices of Metabolic Syndrome. <i>FASEB Journal</i> , 2015 , 29, 595.22	0.9	
4	Moderately High Protein Diets During Resistance/Aerobic Exercise Training Improve Body Composition Via Positive Changes in Adiposity But Not Lean Mass Accretion. <i>FASEB Journal</i> , 2015 , 29, 117.7	0.9	
3	Skeletal muscle fat accumulation and increased fatty acid saturation are related to worsening glucose control in older adults (133.8). <i>FASEB Journal</i> , 2014 , 28, 133.8	0.9	
2	Effects of high-protein weight loss diets on fat-free mass changes in older adults: a systematic review (371.5). <i>FASEB Journal</i> , 2014 , 28, 371.5	0.9	1
1	Effect of dietary protein on bone status in US Adults aged 50 years and older; NHANES 1999-2004. <i>FASEB Journal</i> , 2013 , 27, 249.3	0.9	2