

Jung Eun Kim

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

43
papers

488
citations

12
h-index

21
g-index

48
ext. papers

715
ext. citations

4.9
avg, IF

4.51
L-index

#	Paper	IF	Citations
43	Effects of dietary protein intake on body composition changes after weight loss in older adults: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , 2016 , 74, 210-24	6.4	103
42	Total red meat intake of 0.5 servings/d does not negatively influence cardiovascular disease risk factors: a systemically searched meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2017 , 105, 57-69	7	84
41	Effects of egg consumption on carotenoid absorption from co-consumed, raw vegetables. <i>American Journal of Clinical Nutrition</i> , 2015 , 102, 75-83	7	30
40	Higher-protein diets improve indexes of sleep in energy-restricted overweight and obese adults: results from 2 randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2016 , 103, 766-74	7	26
39	Effects of a High-Protein Diet Including Whole Eggs on Muscle Composition and Indices of Cardiometabolic Health and Systemic Inflammation in Older Adults with Overweight or Obesity: A Randomized Controlled Trial. <i>Nutrients</i> , 2018 , 10,	6.7	23
38	Egg Consumption Increases Vitamin E Absorption from Co-Consumed Raw Mixed Vegetables in Healthy Young Men. <i>Journal of Nutrition</i> , 2016 , 146, 2199-2205	4.1	18
37	Higher Total Protein Intake and Change in Total Protein Intake Affect Body Composition but Not Metabolic Syndrome Indexes in Middle-Aged Overweight and Obese Adults Who Perform Resistance and Aerobic Exercise for 36 Weeks. <i>Journal of Nutrition</i> , 2015 , 145, 2076-83	4.1	17
36	Impact of whole egg intake on blood pressure, lipids and lipoproteins in middle-aged and older population: A systematic review and meta-analysis of randomized controlled trials. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2019 , 29, 653-664	4.5	16
35	Dietary Cholesterol Contained in Whole Eggs Is Not Well Absorbed and Does Not Acutely Affect Plasma Total Cholesterol Concentration in Men and Women: Results from 2 Randomized Controlled Crossover Studies. <i>Nutrients</i> , 2018 , 10,	6.7	14
34	Incorporation of biovalorised okara in biscuits: Improvements of nutritional, antioxidant, physical, and sensory properties. <i>LWT - Food Science and Technology</i> , 2020 , 134, 109902	5.4	13
33	Within-day protein distribution does not influence body composition responses during weight loss in resistance-training adults who are overweight. <i>American Journal of Clinical Nutrition</i> , 2017 , 106, 1190-1196	7	12
32	Lowering breakfast glycemic index and glycemic load attenuates postprandial glycemic response: A systematically searched meta-analysis of randomized controlled trials. <i>Nutrition</i> , 2020 , 71, 110634	4.8	12
31	Weight loss achieved using an energy restriction diet with normal or higher dietary protein decreased the number of CD14CD16 proinflammatory monocytes and plasma lipids and lipoproteins in middle-aged, overweight, and obese adults. <i>Nutrition Research</i> , 2017 , 40, 75-84	4	11
30	Intermuscular Adipose Tissue Content and Intramyocellular Lipid Fatty Acid Saturation Are Associated with Glucose Homeostasis in Middle-Aged and Older Adults. <i>Endocrinology and Metabolism</i> , 2017 , 32, 257-264	3.5	11
29	Enhancing the cardiovascular protective effects of a healthy dietary pattern with wolfberry (<i>Lycium barbarum</i>): A randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2021 , 114, 80-89	7	10
28	Animal Protein versus Plant Protein in Supporting Lean Mass and Muscle Strength: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2021 , 13,	6.7	10
27	Effects of Total Red Meat Intake on Glycemic Control and Inflammatory Biomarkers: A Meta-Analysis of Randomized Controlled Trials. <i>Advances in Nutrition</i> , 2021 , 12, 115-127	10	9

26	Association of Sleep Quality and Macronutrient Distribution: A Systematic Review and Meta-Regression. <i>Nutrients</i> , 2020 , 12,	6.7	8
25	Incorporating healthy dietary changes in addition to an increase in fruit and vegetable intake further improves the status of cardiovascular disease risk factors: A systematic review, meta-regression, and meta-analysis of randomized controlled trials. <i>Nutrition Reviews</i> , 2020 , 78, 532-545	6.4	7
24	The Influence of Different Foods and Food Ingredients on Acute Postprandial Triglyceride Response: A Systematic Literature Review and Meta-Analysis of Randomized Controlled Trials. <i>Advances in Nutrition</i> , 2020 , 11, 1529-1543	10	6
23	Reductions in whole-body fat mass but not increases in lean mass predict changes in cardiometabolic health indices with exercise training among weight-stable adults. <i>Nutrition Research</i> , 2019 , 63, 63-69	4	5
22	Differential Relationship between Intermuscular Adipose Depots with Indices of Cardiometabolic Health. <i>International Journal of Endocrinology</i> , 2018 , 2018, 2751250	2.7	5
21	Effects of fatty acids composition in a breakfast meal on the postprandial lipid responses: a systematic review and meta-analysis of randomised controlled trials. <i>International Journal of Food Sciences and Nutrition</i> , 2020 , 71, 793-803	3.7	4
20	The effects of exercise training and type of exercise training on changes in bone mineral density in Korean postmenopausal women: a systematic review. <i>Journal of Exercise Nutrition & Biochemistry</i> , 2016 , 20, 7-15	1.2	4
19	Wolfberry () Consumption with a Healthy Dietary Pattern Lowers Oxidative Stress in Middle-Aged and Older Adults: A Randomized Controlled Trial. <i>Antioxidants</i> , 2021 , 10,	7.1	4
18	The impact of tryptophan supplementation on sleep quality: a systematic review, meta-analysis, and meta-regression. <i>Nutrition Reviews</i> , 2021 ,	6.4	4
17	Skin carotenoids status as a potential surrogate marker for cardiovascular disease risk determination in middle-aged and older adults. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 592-601	4.5	4
16	Skin carotenoid status and plasma carotenoids: biomarkers of dietary carotenoids, fruits and vegetables for middle-aged and older Singaporean adults. <i>British Journal of Nutrition</i> , 2021 , 126, 1398-1407	2.6	3
15	The Roles of Carotenoid Consumption and Bioavailability in Cardiovascular Health.. <i>Antioxidants</i> , 2021 , 10,	7.1	2
14	Cardiovascular disease risk reduction with wolfberry consumption: a systematic review and meta-analysis of randomized controlled trials. <i>European Journal of Nutrition</i> , 2021 , 1	5.2	2
13	Effect of dietary protein on bone status in US Adults aged 50 years and older; NHANES 1999-2004. <i>FASEB Journal</i> , 2013 , 27, 249.3	0.9	2
12	Association of Gut Microbiome Dysbiosis with Neurodegeneration: Can Gut Microbe-Modifying Diet Prevent or Alleviate the Symptoms of Neurodegenerative Diseases?. <i>Life</i> , 2021 , 11,	3	2
11	Daily consumption of essence of chicken improves cognitive function: a systematically searched meta-analysis of randomized controlled trials. <i>Nutritional Neuroscience</i> , 2021 , 24, 236-247	3.6	2
10	Reply to A Satija et al. <i>American Journal of Clinical Nutrition</i> , 2017 , 105, 1568-1569	7	1
9	Effects of high-protein weight loss diets on fat-free mass changes in older adults: a systematic review (371.5). <i>FASEB Journal</i> , 2014 , 28, 371.5	0.9	1

8	An Assessment of Three Carbohydrate Metrics of Nutritional Quality for Packaged Foods and Beverages in Australia and Southeast Asia. <i>Nutrients</i> , 2020 , 12,	6.7	1
7	Association Between Dietary Protein Intake and Sleep Quality in Middle-Aged and Older Adults in Singapore.. <i>Frontiers in Nutrition</i> , 2022 , 9, 832341	6.2	0
6	Impact of fiber-fortified food consumption on anthropometric measurements and cardiometabolic outcomes: A systematic review, meta-analyses, and meta-regressions of randomized controlled trials.. <i>Critical Reviews in Food Science and Nutrition</i> , 2022 , 1-19	11.5	0
5	Skeletal muscle fat accumulation and increased fatty acid saturation are related to worsening glucose control in older adults (133.8). <i>FASEB Journal</i> , 2014 , 28, 133.8	0.9	
4	Higher Total Protein Intake During Exercise Training Improves Body Composition But Not Indices of Metabolic Syndrome. <i>FASEB Journal</i> , 2015 , 29, 258.5	0.9	
3	Effects of Milk Protein Concentrate on Energy Restriction-Induced Changes in Body Composition and Indices of Metabolic Syndrome. <i>FASEB Journal</i> , 2015 , 29, 595.22	0.9	
2	Moderately High Protein Diets During Resistance/Aerobic Exercise Training Improve Body Composition Via Positive Changes in Adiposity But Not Lean Mass Accretion. <i>FASEB Journal</i> , 2015 , 29, 117.7	0.9	
1	A high-protein meal does not improve blood pressure or vasoactive biomarker responses to acute exercise in humans. <i>Nutrition Research</i> , 2020 , 81, 97-107	4	