Romuald Lepers

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

| 39 | 1,435 | 15 | 37 |
|-------------|----------------------|---------|---------|
| papers | citations | h-index | g-index |
| 43 | 1,598 ext. citations | 3.5 | 4.97 |
| ext. papers | | avg, IF | L-index |

| # | Paper | IF | Citations |
|----|--|----------------|-----------|
| 39 | Corticospinal Excitability Is Lower During Eccentric Than Concentric Cycling in Men <i>Frontiers in Physiology</i> , 2022 , 13, 854824 | 4.6 | O |
| 38 | Locomotor activities as a way of inducing neuroplasticity: insights from conventional approaches and perspectives on eccentric exercises. <i>European Journal of Applied Physiology</i> , 2021 , 121, 697-706 | 3.4 | 2 |
| 37 | Sub 3-Hour Marathon Runners for Five Consecutive Decades Demonstrate a Reduced Age-Related Decline in Performance. <i>Frontiers in Physiology</i> , 2021 , 12, 649282 | 4.6 | 1 |
| 36 | Concentric versus eccentric cycling at equal power output or effort perception: Neuromuscular alterations and muscle pain. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021 , | 4.6 | 2 |
| 35 | Leg Muscle Activity and Perception of Effort before and after Four Short Sessions of Submaximal Eccentric Cycling. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17, | 4.6 | 1 |
| 34 | Corticospinal excitability is altered similarly following concentric and eccentric maximal contractions. <i>European Journal of Applied Physiology</i> , 2020 , 120, 1457-1469 | 3.4 | 4 |
| 33 | Commentaries on Viewpoint: Physiology and fast marathons. <i>Journal of Applied Physiology</i> , 2020 , 128, 1069-1085 | 3.7 | 11 |
| 32 | Progressively increasing the intensity of eccentric cycling over four training sessions: A feasibility study in coronary heart disease patients. <i>Annals of Physical and Rehabilitation Medicine</i> , 2020 , 63, 241-2 | 24 3 .8 | 4 |
| 31 | Analysis of the world record time for combined father and son marathon. <i>Journal of Applied Physiology</i> , 2020 , 128, 440-444 | 3.7 | 5 |
| 30 | Lifelong Endurance Exercise as a Countermeasure Against Age-Related [Formula: see text] Decline: Physiological Overview and Insights from Masters Athletes. <i>Sports Medicine</i> , 2020 , 50, 703-716 | 10.6 | 23 |
| 29 | Physiological Profile of a 59-Year-Old Male World Record Holder Marathoner. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 623-626 | 1.2 | 7 |
| 28 | Cardiorespiratory Changes During Prolonged Downhill Versus Uphill Treadmill Exercise. <i>International Journal of Sports Medicine</i> , 2020 , 41, 69-74 | 3.6 | 4 |
| 27 | Commentaries on Viewpoint: Distinct modalities of eccentric exercise: different recipes, not the same dish. <i>Journal of Applied Physiology</i> , 2019 , 127, 884-891 | 3.7 | 9 |
| 26 | Corticospinal excitability changes following downhill and uphill walking. <i>Experimental Brain Research</i> , 2019 , 237, 2023-2033 | 2.3 | 7 |
| 25 | Neuromuscular and Perceptual Responses to Sub-Maximal Eccentric Cycling. <i>Frontiers in Physiology</i> , 2019 , 10, 354 | 4.6 | 14 |
| 24 | Corticospinal changes induced by fatiguing eccentric versus concentric exercise. <i>European Journal of Sport Science</i> , 2019 , 19, 166-176 | 3.9 | 10 |
| 23 | Masters athletes: Age is just a number. Movement and Sports Sciences - Science Et Motricite, 2019, 1-4 | 0.5 | |

(2005-2019)

| 22 | Effect of age on the sex difference in Ironman triathlon performance. <i>Movement and Sports Sciences - Science Et Motricite</i> , 2019 , 21-27 | 0.5 | 2 |
|----|---|------|-----|
| 21 | Global Corticospinal Excitability as Assessed in A Non-Exercised Upper Limb Muscle Compared Between Concentric and Eccentric Modes of Leg Cycling. <i>Scientific Reports</i> , 2019 , 9, 19212 | 4.9 | 7 |
| 20 | It never too late to become an Ironman The example of an 85-year-old triathlete. <i>Movement and Sports Sciences - Science Et Motricite</i> , 2019 , 69-73 | 0.5 | 3 |
| 19 | Neuromuscular and perceptual responses to moderate-intensity incline, level and decline treadmill exercise. <i>European Journal of Applied Physiology</i> , 2018 , 118, 2039-2053 | 3.4 | 9 |
| 18 | Swimrun: An emerging new endurance sport. <i>Movement and Sports Sciences - Science Et Motricite</i> , 2018 , 53-58 | 0.5 | 1 |
| 17 | Cycling Versus Uphill Walking: Impact on Locomotor Muscle Fatigue and Running Exercise. <i>International Journal of Sports Physiology and Performance</i> , 2017 , 12, 1310-1318 | 3.5 | 4 |
| 16 | It is time to investigate acute and chronic perceptual responses to eccentric cycling. <i>Journal of Applied Physiology</i> , 2017 , 123, 1416-1417 | 3.7 | 4 |
| 15 | Changes in cortico-spinal excitability following uphill versus downhill treadmill exercise. <i>Behavioural Brain Research</i> , 2017 , 317, 242-250 | 3.4 | 11 |
| 14 | Master Athletes Are Extending the Limits of Human Endurance. Frontiers in Physiology, 2016, 7, 613 | 4.6 | 61 |
| 13 | Women outperform men in ultradistance swimming: the Manhattan Island Marathon Swim from 1983 to 2013. <i>International Journal of Sports Physiology and Performance</i> , 2014 , 9, 913-24 | 3.5 | 30 |
| 12 | Relative improvements in endurance performance with age: evidence from 25 years of Hawaii Ironman racing. <i>Age</i> , 2013 , 35, 953-62 | | 66 |
| 11 | Trends in Triathlon Performance: Effects of Sex and Age. <i>Sports Medicine</i> , 2013 , 43, 851-63 | 10.6 | 63 |
| 10 | Sex difference in open-water ultra-swim performance in the longest freshwater lake swim in Europe. <i>Journal of Strength and Conditioning Research</i> , 2013 , 27, 1362-9 | 3.2 | 36 |
| 9 | Best performances by men and women open-water swimmers during the 'English Channel Swim' from 1900 to 2010. <i>Journal of Sports Sciences</i> , 2012 , 30, 1295-301 | 3.6 | 48 |
| 8 | Do older athletes reach limits in their performance during marathon running?. <i>Age</i> , 2012 , 34, 773-81 | | 156 |
| 7 | Effects of a trail running competition on muscular performance and efficiency in well-trained young and master athletes. <i>European Journal of Applied Physiology</i> , 2010 , 110, 1107-16 | 3.4 | 68 |
| 6 | Analysis of Hawaii ironman performances in elite triathletes from 1981 to 2007. <i>Medicine and Science in Sports and Exercise</i> , 2008 , 40, 1828-34 | 1.2 | 121 |
| 5 | Twitch potentiation is greater after a fatiguing submaximal isometric contraction performed at short vs. long quadriceps muscle length. <i>Journal of Applied Physiology</i> , 2005 , 98, 429-36 | 3.7 | 68 |

| 4 | Time course of neuromuscular alterations during a prolonged running exercise. <i>Medicine and Science in Sports and Exercise</i> , 2004 , 36, 1347-56 | 1.2 | 108 |
|---|---|------|-----|
| 3 | Alterations of neuromuscular function after prolonged running, cycling and skiing exercises. <i>Sports Medicine</i> , 2004 , 34, 105-16 | 10.6 | 233 |
| 2 | Neuromuscular fatigue during a long-duration cycling exercise. <i>Journal of Applied Physiology</i> , 2002 , 92, 1487-93 | 3.7 | 170 |
| 1 | Effect of cycling cadence on contractile and neural properties of knee extensors. <i>Medicine and Science in Sports and Exercise</i> , 2001 , 33, 1882-8 | 1.2 | 62 |