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List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4246948/publications.pdf>

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15
papers

1,284
citations

623188

14
h-index

996533

15
g-index

16
all docs

16
docs citations

16
times ranked

2011
citing authors

#	ARTICLE	IF	CITATIONS
1	Definition of the Mediterranean Diet; A Literature Review. <i>Nutrients</i> , 2015, 7, 9139-9153.	1.7	703
2	A Mediterranean diet lowers blood pressure and improves endothelial function: results from the MedLey randomized intervention trial ., <i>American Journal of Clinical Nutrition</i> , 2017, 105, 1305-1313.	2.2	136
3	The Mediterranean Diet and Cognitive Function among Healthy Older Adults in a 6-Month Randomised Controlled Trial: The MedLey Study. <i>Nutrients</i> , 2016, 8, 579.	1.7	85
4	A Physical Activity and Diet Program Delivered by Artificially Intelligent Virtual Health Coach: Proof-of-Concept Study. <i>JMIR MHealth and UHealth</i> , 2020, 8, e17558.	1.8	56
5	A Mediterranean diet supplemented with dairy foods improves mood and processing speed in an Australian sample: results from the MedDairy randomized controlled trial. <i>Nutritional Neuroscience</i> , 2020, 23, 646-658.	1.5	44
6	A Mediterranean diet supplemented with dairy foods improves markers of cardiovascular risk: results from the MedDairy randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2018, 108, 1166-1182.	2.2	41
7	A Mediterranean Diet with Fresh, Lean Pork Improves Processing Speed and Mood: Cognitive Findings from the MedPork Randomised Controlled Trial. <i>Nutrients</i> , 2019, 11, 1521.	1.7	41
8	Older Australians Can Achieve High Adherence to the Mediterranean Diet during a 6 Month Randomised Intervention; Results from the Medley Study. <i>Nutrients</i> , 2017, 9, 534.	1.7	33
9	A Comparison of Regular Consumption of Fresh Lean Pork, Beef and Chicken on Body Composition: A Randomized Cross-Over Trial. <i>Nutrients</i> , 2014, 6, 682-696.	1.7	31
10	A Process Evaluation Examining the Performance, Adherence, and Acceptability of a Physical Activity and Diet Artificial Intelligence Virtual Health Assistant. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9137.	1.2	27
11	A Mediterranean Diet to Improve Cardiovascular and Cognitive Health: Protocol for a Randomised Controlled Intervention Study. <i>Nutrients</i> , 2017, 9, 145.	1.7	21
12	A randomised controlled intervention trial evaluating the efficacy of an Australianised Mediterranean diet compared to the habitual Australian diet on cognitive function, psychological wellbeing and cardiovascular health in healthy older adults (MedLey study): protocol paper. <i>BMC Nutrition</i> , 2015, 1, .	0.6	18
13	Colchicine is not effective for reducing osteoarthritic hand pain compared to placebo: a randomised, placebo-controlled trial (COLAH). <i>Osteoarthritis and Cartilage</i> , 2021, 29, 208-214.	0.6	18
14	Effects of Mediterranean diet supplemented with lean pork on blood pressure and markers of cardiovascular risk: findings from the MedPork trial. <i>British Journal of Nutrition</i> , 2019, 122, 873-883.	1.2	17
15	Including pork in the Mediterranean diet for an Australian population: Protocol for a randomised controlled trial assessing cardiovascular risk and cognitive function. <i>Nutrition Journal</i> , 2017, 16, 84.	1.5	9