

# Faris M Zuraikat

## List of Publications by Year in descending order

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Version: 2024-02-01

28  
papers

638  
citations

567144

15  
h-index

610775

24  
g-index

28  
all docs

28  
docs citations

28  
times ranked

588  
citing authors

#	ARTICLE	IF	CITATIONS
1	Sleep Regularity and Cardiometabolic Health: Is Variability in Sleep Patterns a Risk Factor for Excess Adiposity and Glycemic Dysregulation?. <i>Current Diabetes Reports</i> , 2020, 20, 38.	1.7	65
2	Measures of Poor Sleep Quality Are Associated With Higher Energy Intake and Poor Diet Quality in a Diverse Sample of Women From the Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2020, 9, e014587.	1.6	60
3	Sleep and Diet: Mounting Evidence of a Cyclical Relationship. <i>Annual Review of Nutrition</i> , 2021, 41, 309-332.	4.3	59
4	Portion size has sustained effects over 5 days in preschool children: a randomized trial. <i>American Journal of Clinical Nutrition</i> , 2019, 109, 1361-1372.	2.2	55
5	Reciprocal Roles of Sleep and Diet in Cardiovascular Health: a Review of Recent Evidence and a Potential Mechanism. <i>Current Atherosclerosis Reports</i> , 2019, 21, 11.	2.0	50
6	Variability in Sleep Patterns: an Emerging Risk Factor for Hypertension. <i>Current Hypertension Reports</i> , 2020, 22, 19.	1.5	38
7	Potential moderators of the portion size effect. <i>Physiology and Behavior</i> , 2019, 204, 191-198.	1.0	34
8	Both increases and decreases in energy density lead to sustained changes in preschool children's energy intake over 5 days. <i>Physiology and Behavior</i> , 2019, 204, 210-218.	1.0	32
9	A Mediterranean Dietary Pattern Predicts Better Sleep Quality in US Women from the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Nutrients</i> , 2020, 12, 2830.	1.7	29
10	Proximity of foods in a competitive food environment influences consumption of a low calorie and a high calorie food. <i>Appetite</i> , 2014, 76, 175-179.	1.8	28
11	Variability in Daily Eating Patterns and Eating Jetlag Are Associated With Worsened Cardiometabolic Risk Profiles in the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2021, 10, e022024.	1.6	23
12	Doggy bags and downsizing: Packaging uneaten food to go after a meal attenuates the portion size effect in women. <i>Appetite</i> , 2018, 129, 162-170.	1.8	20
13	Habitual Nightly Fasting Duration, Eating Timing, and Eating Frequency are Associated with Cardiometabolic Risk in Women. <i>Nutrients</i> , 2020, 12, 3043.	1.7	20
14	Evening Chronotype Is Associated with Poorer Habitual Diet in US Women, with Dietary Energy Density Mediating a Relation of Chronotype with Cardiovascular Health. <i>Journal of Nutrition</i> , 2021, 151, 1150-1158.	1.3	18
15	Increasing the size of portion options affects intake but not portion selection at a meal. <i>Appetite</i> , 2016, 98, 95-100.	1.8	17
16	Emolabeling increases healthy food choices among grade school children in a structured grocery aisle setting. <i>Appetite</i> , 2015, 92, 173-177.	1.8	15
17	Does the cost of a meal influence the portion size effect?. <i>Appetite</i> , 2018, 127, 341-348.	1.8	15
18	Comparing the portion size effect in women with and without extended training in portion control: A follow-up to the Portion-Control Strategies Trial. <i>Appetite</i> , 2018, 123, 334-342.	1.8	13

#	ARTICLE	IF	CITATIONS
19	Actigraphy-Derived Sleep Is Associated with Eating Behavior Characteristics. <i>Nutrients</i> , 2021, 13, 852.	1.7	11
20	Impact of change in bedtime variability on body composition and inflammation: secondary findings from the Go Red for Women Strategically Focused Research Network. <i>International Journal of Obesity</i> , 2020, 44, 1803-1806.	1.6	10
21	Does sex influence the effects of experimental sleep curtailment and circadian misalignment on regulation of appetite?. <i>Current Opinion in Endocrine and Metabolic Research</i> , 2021, 17, 20-25.	0.6	9
22	Impact of price elasticity on the healthfulness of food choices by gender. <i>Health Education Journal</i> , 2019, 78, 428-440.	0.6	6
23	Can Healthy Sleep Improve Long-Term Bariatric Surgery Outcomes? Results of a Pilot Study and Call for Further Research. <i>Obesity</i> , 2019, 27, 1769-1771.	1.5	5
24	Variable Eating Patterns: A Potential Novel Risk Factor for Systemic Inflammation in Women. <i>Annals of Behavioral Medicine</i> , 2023, 57, 93-97.	1.7	4
25	Sustained Mild Sleep Restriction Increases Blood Pressure in Women. <i>Hypertension</i> , 2021, 77, e50-e52.	1.3	1
26	The Influence of Portion Size on Eating and Drinking. , 2019, , 1-36.		1
27	105 Sleep Behaviors Are Differentially Associated with Eating Behavior Characteristics Based on Sex. <i>Sleep</i> , 2021, 44, A43-A43.	0.6	0
28	The Influence of Portion Size on Eating and Drinking. , 2020, , 679-714.		0