

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

25 papers	218 citations	9 h-index	14 g-index
32 ext. papers	331 ext. citations	3.7 avg, IF	3.01 L-index

#	Paper	IF	Citations
25	Handgrip strength values of Portuguese older adults: a population based study. <i>BMC Geriatrics</i> , 2017 , 17, 191	4.1	29
24	Nutritional Strategies Facing an Older Demographic: The Nutrition UP 65 Study Protocol. <i>JMIR Research Protocols</i> , 2016 , 5, e184	2	25
23	The association between 25(OH)D levels, frailty status and obesity indices in older adults. <i>PLoS ONE</i> , 2018 , 13, e0198650	3.7	22
22	Nutritional status and gait speed in a nationwide population-based sample of older adults. <i>Scientific Reports</i> , 2018 , 8, 4227	4.9	16
21	Cardiovascular Risk Factors Are Correlated with Low Cognitive Function among Older Adults Across Europe Based on The SHARE Database 2018 , 9, 90-101		14
20	Association of Anthropometric and Nutrition Status Indicators with Hand Grip Strength and Gait Speed in Older Adults. <i>Journal of Parenteral and Enteral Nutrition</i> , 2019 , 43, 347-356	4.2	14
19	Vitamin D status and associated factors among Portuguese older adults: results from the Nutrition UP 65 cross-sectional study. <i>BMJ Open</i> , 2017 , 7, e016123	3	13
18	General and abdominal adiposity in a representative sample of Portuguese adults: dependency of measures and socio-demographic factors. <i>British Journal of Nutrition</i> , 2016 , 115, 185-92	3.6	12
17	Consumption of ultra-processed foods and non-communicable disease-related nutrient profile in Portuguese adults and elderly (2015-2016): the UPPER project. <i>British Journal of Nutrition</i> , 2021 , 125, 1177-1187	3.6	11
16	Factors associated with sarcopenia and undernutrition in older adults. <i>Nutrition and Dietetics</i> , 2019 , 76, 604-612	2.5	9
15	Association between serum 25-hydroxyvitamin D concentrations and ultraviolet index in Portuguese older adults: a cross-sectional study. <i>BMC Geriatrics</i> , 2017 , 17, 256	4.1	8
14	Ageing and food consumption in Portugal: new or old paradigms?. <i>British Food Journal</i> , 2010 , 112, 511-521	1.8	7
13	Sarcopenia and Undernutrition Among Portuguese Older Adults: Results From Nutrition UP 65 Study. <i>Food and Nutrition Bulletin</i> , 2018 , 39, 487-492	1.8	6
12	A Cross-Sectional Study on the Association between 24-h Urine Osmolality and Weight Status in Older Adults. <i>Nutrients</i> , 2017 , 9,	6.7	6
11	Sodium and potassium urinary excretion and their ratio in the elderly: results from the Nutrition UP 65 study. <i>Food and Nutrition Research</i> , 2018 , 62,	3.1	6
10	Adherence to a Mediterranean Dietary Pattern status and associated factors among Portuguese older adults: Results from the Nutrition UP 65 cross-sectional study. <i>Nutrition</i> , 2019 , 65, 91-96	4.8	4
9	Sarcopenia, physical frailty, undernutrition and obesity cooccurrence among Portuguese community-dwelling older adults: results from Nutrition UP 65 cross-sectional study. <i>BMJ Open</i> , 2020 , 10, e033661	3	4

8	Frailty status is related to general and abdominal obesity in older adults. <i>Nutrition Research</i> , 2021 , 85, 21-30	4	4
7	Ultra-Processed Food Availability and Noncommunicable Diseases: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	3
6	Food Processing: Comparison of Different Food Classification Systems.. <i>Nutrients</i> , 2022 , 14,	6.7	2
5	Prediction equations for estimating body weight in older adults. <i>Journal of Human Nutrition and Dietetics</i> , 2021 , 34, 841-848	3.1	1
4	Sitting time and associated factors among Portuguese older adults: results from Nutrition UP 65. <i>European Journal of Ageing</i> , 2020 , 17, 321-330	3.6	1
3	Are older adults with excessive sodium intake at increased risk of hypohydration?. <i>Journal of Human Nutrition and Dietetics</i> , 2021 , 34, 834-840	3.1	1
2	Handgrip Strength and Its Association With Hydration Status and Urinary Sodium-to-Potassium Ratio in Older Adults. <i>Journal of the American College of Nutrition</i> , 2020 , 39, 192-199	3.5	0
1	Information Sources on Healthy Eating Among Community Living Older Adults. <i>International Quarterly of Community Health Education</i> , 2021 , 41, 153-158	1	0