

Melissa N Laska

List of Publications by Year in descending order

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94
papers

4,094
citations

85707

38
h-index

128908

60
g-index

99
all docs

99
docs citations

99
times ranked

5616
citing authors

#	ARTICLE	IF	CITATIONS
1	Impact of Cooking and Home Food Preparation Interventions Among Adults: Outcomes and Implications for Future Programs. <i>Journal of Nutrition Education and Behavior</i> , 2014, 46, 259-276.	0.7	251
2	Neighbourhood food environments: are they associated with adolescent dietary intake, food purchases and weight status?. <i>Public Health Nutrition</i> , 2010, 13, 1757-1763.	2.4	194
3	Does involvement in food preparation track from adolescence to young adulthood and is it associated with better dietary quality? Findings from a 10-year longitudinal study. <i>Public Health Nutrition</i> , 2012, 15, 1150-1158.	2.4	172
4	Positive Attitudes toward Organic, Local, and Sustainable Foods Are Associated with Higher Dietary Quality among Young Adults. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2013, 113, 127-132.	0.8	134
5	Hungry to learn: the prevalence and effects of food insecurity on health behaviors and outcomes over time among a diverse sample of university freshmen. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 9.	4.5	125
6	Predictors of Fruit and Vegetable Intake in Young Adulthood. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2012, 112, 1216-1222.	0.8	114
7	Interventions for Weight Gain Prevention During the Transition to Young Adulthood: A Review of the Literature. <i>Journal of Adolescent Health</i> , 2012, 50, 324-333.	2.5	106
8	Lessons Learned From Small Store Programs to Increase Healthy Food Access. <i>American Journal of Health Behavior</i> , 2014, 38, 307-315.	1.5	103
9	Longitudinal Associations Between Key Dietary Behaviors and Weight Gain Over Time: Transitions Through the Adolescent Years. <i>Obesity</i> , 2012, 20, 118-125.	3.2	97
10	Social Norms and Dietary Behaviors among Young Adults. <i>American Journal of Health Behavior</i> , 2014, 38, 144-152.	1.5	91
11	Nutrition Label Use Partially Mediates the Relationship between Attitude toward Healthy Eating and Overall Dietary Quality among College Students. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2012, 112, 414-418.	0.8	90
12	Stress, Health Risk Behaviors, and Weight Status Among Community College Students. <i>Health Education and Behavior</i> , 2016, 43, 139-144.	2.8	87
13	Sleep Duration and BMI in a Sample of Young Adults. <i>Obesity</i> , 2012, 20, 1279-1287.	3.2	81
14	Differences in healthy food supply and stocking practices between small grocery stores, gas-marts, pharmacies and dollar stores. <i>Public Health Nutrition</i> , 2016, 19, 540-547.	2.4	79
15	Association between store food environment and customer purchases in small grocery stores, gas-marts, pharmacies and dollar stores. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 76.	4.5	75
16	Balancing Healthy Meals and Busy Lives: Associations between Work, School, and Family Responsibilities and Perceived Time Constraints among Young Adults. <i>Journal of Nutrition Education and Behavior</i> , 2012, 44, 481-489.	0.7	73
17	Self-Perceived Cooking Skills in Emerging Adulthood Predict Better Dietary Behaviors and Intake 10 Years Later: A Longitudinal Study. <i>Journal of Nutrition Education and Behavior</i> , 2018, 50, 494-500.	0.7	73
18	Campus Food and Beverage Purchases are Associated with Indicators of Diet Quality in College Students Living off Campus. <i>American Journal of Health Promotion</i> , 2013, 28, 80-87.	2.1	65

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19	The Differential Prevalence of Obesity and Related Behaviors in Two-vs. Four-Year Colleges. <i>Obesity</i> , 2011, 19, 453-456.	3.2	63
20	How we eat what we eat: identifying meal routines and practices most strongly associated with healthy and unhealthy dietary factors among young adults. <i>Public Health Nutrition</i> , 2015, 18, 2135-2145.	2.4	60
21	State but not District Nutrition Policies Are Associated with Less Junk Food in Vending Machines and School Stores in US Public Schools. <i>Journal of the American Dietetic Association</i> , 2010, 110, 1043-1048.	1.1	59
22	A non-invasive assessment of skin carotenoid status through reflection spectroscopy is a feasible, reliable and potentially valid measure of fruit and vegetable consumption in a diverse community sample. <i>Public Health Nutrition</i> , 2018, 21, 1664-1670.	2.4	59
23	Adolescent physical activity and screen time: associations with the physical home environment. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2010, 7, 82.	4.5	56
24	Differential prevalence of alcohol use among 2-year and 4-year college students. <i>Addictive Behaviors</i> , 2011, 36, 1353-1356.	3.3	54
25	A Mobile Ecological Momentary Assessment Tool (devilSPARC) for Nutrition and Physical Activity Behaviors in College Students: A Validation Study. <i>Journal of Medical Internet Research</i> , 2016, 18, e209.	4.5	54
26	Sports and energy drink consumption are linked to health-risk behaviours among young adults. <i>Public Health Nutrition</i> , 2015, 18, 2794-2803.	2.4	53
27	Food and beverage purchases in corner stores, gas-marts, pharmacies and dollar stores. <i>Public Health Nutrition</i> , 2017, 20, 2587-2597.	2.4	48
28	Dog Ownership and Adolescent Physical Activity. <i>American Journal of Preventive Medicine</i> , 2011, 40, 334-337.	3.1	47
29	Perceived Social-Ecological Factors Associated with Fruit and Vegetable Purchasing, Preparation, and Consumption among Young Adults. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2013, 113, 1366-1374.	0.8	47
30	Addressing College Food Insecurity: An Assessment of Federal Legislation Before and During Coronavirus Disease-2019. <i>Journal of Nutrition Education and Behavior</i> , 2020, 52, 982-987.	0.7	47
31	Small Retailer Perspectives of the 2009 Women, Infants and Children Program Food Package Changes. <i>American Journal of Health Behavior</i> , 2012, 36, 655-665.	1.5	46
32	Lack of Healthy Food in Small-Size to Mid-Size Retailers Participating in the Supplemental Nutrition Assistance Program, Minneapolis-St. Paul, Minnesota, 2014. <i>Preventing Chronic Disease</i> , 2015, 12, E135.	3.5	46
33	Longitudinal and Secular Trends in Parental Encouragement for Healthy Eating, Physical Activity, and Dieting Throughout the Adolescent Years. <i>Journal of Adolescent Health</i> , 2011, 49, 306-311.	2.5	45
34	Stocking characteristics and perceived increases in sales among small food store managers/owners associated with the introduction of new food products approved by the Special Supplemental Nutrition Program for Women, Infants, and Children. <i>Public Health Nutrition</i> , 2012, 15, 1771-1779.	2.4	45
35	Weight-Gain Reduction Among 2-Year College Students: The CHOICES RCT. <i>American Journal of Preventive Medicine</i> , 2017, 52, 183-191.	3.1	45
36	Examining the Longitudinal Relationship Between Change in Sleep and Obesity Risk in Adolescents. <i>Health Education and Behavior</i> , 2013, 40, 362-370.	2.8	44

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37	Yoga's potential for promoting healthy eating and physical activity behaviors among young adults: a mixed-methods study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 42.	4.5	44
38	Weight and Weight-Related Behaviors Among 2-Year College Students. <i>Journal of American College Health</i> , 2015, 63, 221-229.	1.8	43
39	Self-Reported Mental Disorders and Distress by Sexual Orientation. <i>American Journal of Preventive Medicine</i> , 2015, 49, 29-40.	3.1	40
40	Lesbian, gay and bisexual college student perspectives on disparities in weight-related behaviours and body image: a qualitative analysis. <i>Journal of Clinical Nursing</i> , 2016, 25, 3676-3686.	3.3	36
41	Urban <i>v</i>. suburban perceptions of the neighbourhood food environment as correlates of adolescent food purchasing. <i>Public Health Nutrition</i> , 2012, 15, 299-306.	2.4	35
42	Pricing of Staple Foods at Supermarkets versus Small Food Stores. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 915.	2.7	34
43	Does non-standard work mean non-standard health? Exploring links between non-standard work schedules, health behavior, and well-being. <i>SSM - Population Health</i> , 2018, 4, 135-143.	2.9	34
44	How significant is the "significant other"? Associations between significant others' health behaviors and attitudes and young adults' health outcomes. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012, 9, 35.	4.5	32
45	Evaluation of the first U.S. staple foods ordinance: impact on nutritional quality of food store offerings, customer purchases and home food environments. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 83.	4.5	32
46	Socioeconomic Disparities in Emerging Adult Weight and Weight Behaviors. <i>American Journal of Health Behavior</i> , 2012, 36, 433-445.	1.5	31
47	Designing a Weight Gain Prevention Trial for Young Adults: The CHOICES Study. <i>American Journal of Health Education</i> , 2014, 45, 67-75.	0.7	29
48	Results of a 2-year randomized, controlled obesity prevention trial: Effects on diet, activity and sleep behaviors in an at-risk young adult population. <i>Preventive Medicine</i> , 2016, 89, 230-236.	3.5	29
49	Who is behind the stocking of energy-dense foods and beverages in small stores? The importance of food and beverage distributors. <i>Public Health Nutrition</i> , 2017, 20, 3333-3342.	2.4	25
50	Food Insecurity Among College Students: An Analysis of US State Legislation Through 2020. <i>Journal of Nutrition Education and Behavior</i> , 2021, 53, 261-266.	0.7	25
51	Sociodemographic and health disparities among students screening positive for food insecurity: Findings from a large college health surveillance system. <i>Preventive Medicine Reports</i> , 2021, 21, 101297.	1.9	25
52	Millennials at work: workplace environments of young adults and associations with weight-related health. <i>Journal of Epidemiology and Community Health</i> , 2016, 70, 65-71.	3.9	24
53	One-Year Follow-Up Examination of the Impact of the North Carolina Healthy Food Small Retailer Program on Healthy Food Availability, Purchases, and Consumption. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2681.	2.7	22
54	Relationship between weight-related behavioral profiles and health outcomes by sexual orientation and gender. <i>Obesity</i> , 2016, 24, 1572-1581.	3.2	20

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55	Do young adults value sustainable diet practices? Continuity in values from adolescence to adulthood and linkages to dietary behaviour. <i>Public Health Nutrition</i> , 2019, 22, 2598-2608.	2.4	19
56	Variation in the food environment of small and non-traditional stores across racial segregation and corporate status. <i>Public Health Nutrition</i> , 2019, 22, 1624-1634.	2.4	19
57	Pressure-Mediated Reflection Spectroscopy Criterion Validity as a Biomarker of Fruit and Vegetable Intake: A 2-Site Cross-Sectional Study of 4 Racial or Ethnic Groups. <i>Journal of Nutrition</i> , 2022, 152, 107-116.	2.7	19
58	Relationships between Energy Balance Knowledge and the Home Environment. <i>Journal of the American Dietetic Association</i> , 2011, 111, 556-560.	1.1	18
59	Adolescence to Young Adulthood: When Socioeconomic Disparities in Substance Use Emerge. <i>Substance Use and Misuse</i> , 2013, 48, 1522-1529.	1.4	18
60	Baseline Assessment of a Healthy Corner Store Initiative: Associations between Food Store Environments, Shopping Patterns, Customer Purchases, and Dietary Intake in Eastern North Carolina. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 1189.	2.7	18
61	Customer Characteristics and Shopping Patterns Associated with Healthy and Unhealthy Purchases at Small and Non-traditional Food Stores. <i>Journal of Community Health</i> , 2018, 43, 70-78.	3.9	18
62	Translating a health behavior change intervention for delivery to 2-year college students: the importance of formative research. <i>Translational Behavioral Medicine</i> , 2014, 4, 160-169.	2.5	17
63	Successful customer intercept interview recruitment outside small and midsize urban food retailers. <i>BMC Public Health</i> , 2016, 16, 1050.	3.0	15
64	Recruiting and retaining young adults in a weight gain prevention trial: Lessons learned from the CHOICES study. <i>Clinical Trials</i> , 2016, 13, 205-213.	1.8	15
65	Friendship as a social mechanism influencing body mass index (BMI) among emerging adults. <i>PLoS ONE</i> , 2018, 13, e0208894.	2.5	15
66	Changes to SNAP-authorized retailer stocking requirements and the supply of foods and beverages in low-income communities in seven U.S. states. <i>Translational Behavioral Medicine</i> , 2019, 9, 857-864.	2.5	15
67	The co-occurrence of obesity, elevated blood pressure, and acanthosis nigricans among American Indian school children: Identifying individual heritage and environmental-level correlates. <i>American Journal of Human Biology</i> , 2011, 23, 346-352.	1.7	13
68	College Women's Weight-related Behavior Profiles Differ by Sexual Identity. <i>American Journal of Health Behavior</i> , 2015, 39, 461-470.	1.5	13
69	Healthfulness of Foods Advertised in Small and Nontraditional Urban Stores in Minneapolis—St. Paul, Minnesota, 2014. <i>Preventing Chronic Disease</i> , 2016, 13, E153.	3.5	13
70	Perceptions of a Healthier Neighborhood Food Environment Linked to Greater Fruit and Vegetable Purchases at Small and Non-Traditional Food Stores. <i>Journal of Hunger and Environmental Nutrition</i> , 2019, 14, 741-761.	1.8	12
71	Food Insecurity Is Associated with Cognitive Function: A Systematic Review of Findings across the Life Course. <i>International Journal of Translational Medicine</i> , 2021, 1, 205-222.	0.4	11
72	Food Shopping Profiles and Their Association with Dietary Patterns: A Latent Class Analysis. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2015, 115, 1109-1116.	0.8	10

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73	Store and neighborhood differences in retailer compliance with a local staple foods ordinance. BMC Public Health, 2020, 20, 172.	3.0	9
74	Sexual Orientation and Obesity: What Do We Know?. Current Obesity Reports, 2021, 10, 453-457.	8.2	9
75	Deconstructing Weight Management Interventions for Young Adults: Looking Inside the Black Box of the EARLY Consortium Trials. Obesity, 2019, 27, 1085-1098.	3.2	8
76	Differences in Weight-Related Behavioral Profiles by Sexual Orientation Among College Men. American Journal of Health Promotion, 2016, 30, 623-633.	2.1	7
77	Factor Analysis Test of an Ecological Model of Physical Activity Correlates. American Journal of Health Behavior, 2019, 43, 57-75.	1.5	7
78	Increasing Healthy Food Access for Low-Income Communities: Protocol of the Healthy Community Stores Case Study Project. International Journal of Environmental Research and Public Health, 2022, 19, 690.	2.7	7
79	Formal and informal agreements between small food stores and food and beverage suppliers: Store owner perspectives from four cities. Journal of Hunger and Environmental Nutrition, 2018, 13, 517-530.	1.8	5
80	Changes in association between school foods and child and adolescent dietary quality during implementation of the Healthy, Hunger-Free Kids Act of 2010. Annals of Epidemiology, 2020, 47, 30-36.	2.1	5
81	State-Level Trends and Correlates for Cross-Sector Collaboration on School Nutrition and Physical Education Activities, 2000â€“2012. Preventing Chronic Disease, 2016, 13, E94.	3.5	3
82	Qualitative perspectives of the North Carolina healthy food small retailer program among customers in participating stores located in food deserts. BMC Public Health, 2021, 21, 1459.	3.0	3
83	Retailer Marketing Strategies and Customer Purchasing of Sweetened Beverages in Convenience Stores. Journal of the Academy of Nutrition and Dietetics, 2022, , .	0.8	3
84	High Prevalence of Food Insecurity and Related Disparities Among US College and University Students From 2015â€“2019. Journal of Nutrition Education and Behavior, 2024, 56, 27-34.	0.7	3
85	The Minne-Loppet Motivation Study: An Intervention to Increase Motivation for Outdoor Winter Physical Activity in Ethnically and Racially Diverse Elementary Schools. American Journal of Health Promotion, 2018, 32, 1706-1713.	2.1	2
86	Best Practices Among Food-Based Community Organizations: A Qualitative Analysis. Ecology of Food and Nutrition, 2020, 59, 104-116.	1.6	2
87	The Availability of Culturally Preferred Fruits, Vegetables and Whole Grains in Corner Stores and Non-Traditional Food Stores. International Journal of Environmental Research and Public Health, 2021, 18, 5030.	2.7	2
88	Describing Food and Beverage Restaurants: Creating a Reliable Coding Tool. Health Behavior and Policy Review, 2019, 6, 152-165.	0.5	2
89	Secular trends and customer characteristics of sweetened beverage and water purchasing at US convenience and other small food stores, 2014â€“2017. International Journal of Behavioral Nutrition and Physical Activity, 2022, 19, 37.	4.5	2
90	Position of the Society for Nutrition Education and Behavior: Food and Nutrition Insecurity Among College Students. Journal of Nutrition Education and Behavior, 2023, 55, 699-709.	0.7	2

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91	Emerging adult college students' descriptions of exposure to childhood emotional abuse and associated factors: A qualitative exploration. <i>Child Abuse and Neglect</i> , 2023, 146, 106516.	2.8	2
92	Associations between shopping patterns, dietary behaviours and geographic information system-assessed store accessibility among small food store customers. <i>Public Health Nutrition</i> , 2020, , 1-10.	2.4	1
93	Experiences of Food Pantry Stakeholders and Emergency Food Providers in Rural Minnesota Communities. <i>Journal of Nutrition Education and Behavior</i> , 2023, 55, 710-720.	0.7	1
94	Religiosity in adolescence and body satisfaction and disordered eating in adolescence and young adulthood: cross-sectional and longitudinal findings from project EAT. <i>Eating and Weight Disorders</i> , 2024, 29, .	2.6	0