

# Michaela C Pascoe

## List of Publications by Year in descending order

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Version: 2024-02-01

50  
papers

2,180  
citations

430874  
18  
h-index

254184  
43  
g-index

54  
all docs

54  
docs citations

54  
times ranked

2969  
citing authors

#	ARTICLE	IF	CITATIONS
1	The impact of stress on students in secondary school and higher education. <i>International Journal of Adolescence and Youth</i> , 2020, 25, 104-112.	1.8	370
2	Mindfulness mediates the physiological markers of stress: Systematic review and meta-analysis. <i>Journal of Psychiatric Research</i> , 2017, 95, 156-178.	3.1	293
3	Yoga, mindfulness-based stress reduction and stress-related physiological measures: A meta-analysis. <i>Psychoneuroendocrinology</i> , 2017, 86, 152-168.	2.7	244
4	A systematic review of randomised control trials on the effects of yoga on stress measures and mood. <i>Journal of Psychiatric Research</i> , 2015, 68, 270-282.	3.1	205
5	Physical activity and exercise in youth mental health promotion: a scoping review. <i>BMJ Open Sport and Exercise Medicine</i> , 2020, 6, e000677.	2.9	140
6	Complement peptide C3a stimulates neural plasticity after experimental brain ischaemia. <i>Brain</i> , 2017, 140, 353-369.	7.6	106
7	Inflammatory mediators of cognitive impairment in bipolar disorder. <i>Journal of Psychiatric Research</i> , 2014, 56, 18-27.	3.1	96
8	Inflammation and Depression: Why Poststroke Depression may be the Norm and Not the Exception. <i>International Journal of Stroke</i> , 2011, 6, 128-135.	5.9	79
9	The effect of physical activity on anxiety in children and young people: a systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2021, 285, 10-21.	4.1	62
10	Physical activity and exercise as a universal depression prevention in young people: A narrative review. <i>Microbial Biotechnology</i> , 2019, 13, 733-739.	1.7	50
11	Yoga for depression and anxiety symptoms in people with cancer: A systematic review and meta-analysis. <i>Psycho-Oncology</i> , 2021, 30, 1196-1208.	2.3	36
12	Homocysteine as a potential biochemical marker for depression in elderly stroke survivors. <i>Food and Nutrition Research</i> , 2012, 56, 14973.	2.6	33
13	Ineffectiveness of commercial weight-loss programs for achieving modest but meaningful weight loss: Systematic review and meta-analysis. <i>Journal of Health Psychology</i> , 2017, 22, 1614-1627.	2.3	31
14	Psychosocial Interventions for Depressive and Anxiety Symptoms in Individuals with Chronic Kidney Disease: Systematic Review and Meta-Analysis. <i>Frontiers in Psychology</i> , 2017, 8, 992.	2.1	31
15	Psychosocial interventions for stroke survivors, carers and survivor-carer dyads: a systematic review and meta-analysis. <i>Topics in Stroke Rehabilitation</i> , 2019, 26, 554-564.	1.9	26
16	Albumin and depression in elderly stroke survivors: An observational cohort study. <i>Psychiatry Research</i> , 2015, 230, 658-663.	3.3	25
17	Toward Comprehensive Patient-Centric Care by Integrating Digital Health Technology With Direct Clinical Contact in Australia. <i>Journal of Medical Internet Research</i> , 2019, 21, e12382.	4.3	21
18	What you eat is what you are – A role for polyunsaturated fatty acids in neuroinflammation induced depression?. <i>Clinical Nutrition</i> , 2011, 30, 407-415.	5.0	20

#	ARTICLE	IF	CITATIONS
19	Correlates of walking among disadvantaged groups: A systematic review. <i>Health and Place</i> , 2020, 63, 102337.	3.3	20
20	Psychobiological mechanisms underlying the mood benefits of meditation: A narrative review. <i>Comprehensive Psychoneuroendocrinology</i> , 2021, 6, 100037.	1.7	20
21	Effects of yoga on well-being and healthy ageing: study protocol for a randomised controlled trial (FitForAge). <i>BMJ Open</i> , 2019, 9, e027386.	1.9	18
22	Effects of yoga-based interventions on cognitive function in healthy older adults: A systematic review of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2021, 58, 102690.	2.7	18
23	Correlates of Physical Activity Among Disadvantaged Groups: A Systematic Review. <i>American Journal of Preventive Medicine</i> , 2019, 57, 700-715.	3.0	17
24	Effectiveness of exercise interventions on mental health and health-related quality of life in women with polycystic ovary syndrome: a systematic review. <i>BMC Public Health</i> , 2021, 21, 2310.	2.9	16
25	A psychosocial intervention for stroke survivors and carers: 12-month outcomes of a randomized controlled trial. <i>Topics in Stroke Rehabilitation</i> , 2020, 27, 563-576.	1.9	15
26	eHealth interventions for reducing cardiovascular disease risk in men: A systematic review and meta-analysis. <i>Preventive Medicine</i> , 2021, 145, 106402.	3.4	15
27	Exercise interventions for mental disorders in young people: a scoping review. <i>BMJ Open Sport and Exercise Medicine</i> , 2020, 6, e000678.	2.9	14
28	Psychobiological Mechanisms Underlying the Mental Health Benefits of Yoga-Based Interventions: a Narrative Review. <i>Mindfulness</i> , 2021, 12, 2877-2889.	2.8	14
29	Sustained inflammation 1.5 years post-stroke is not associated with depression in elderly stroke survivors. <i>Clinical Interventions in Aging</i> , 2013, 8, 69.	2.9	12
30	Fish Oil Diet Associated with Acute Reperfusion Related Hemorrhage, and with Reduced Stroke-Related Sickness Behaviors and Motor Impairment. <i>Frontiers in Neurology</i> , 2014, 5, 14.	2.4	12
31	Psychosocial Interventions and Wellbeing in Individuals with Diabetes Mellitus: A Systematic Review and Meta-Analysis. <i>Frontiers in Psychology</i> , 2017, 8, 2063.	2.1	12
32	The Effect of Interventions That Target Multiple Modifiable Health Behaviors on Symptoms of Anxiety and Depression in Young People: A Meta-Analysis of Randomized Controlled Trials. <i>Journal of Adolescent Health</i> , 2022, 70, 208-219.	2.5	12
33	Meditation and Endocrine Health and Wellbeing. <i>Trends in Endocrinology and Metabolism</i> , 2020, 31, 469-477.	7.1	11
34	Folate and MMA predict cognitive impairment in elderly stroke survivors: A cross sectional study. <i>Psychiatry Research</i> , 2016, 243, 49-52.	3.3	9
35	A nurse- and peer-led psycho-educational intervention to support women with gynaecological cancers receiving curative radiotherapy: The PeNTAGOn randomised controlled trial â€” ANZGOG 1102. <i>Gynecologic Oncology</i> , 2020, 159, 785-793.	1.4	9
36	The modified Memorial Symptom Assessment Scale Short Form: a modified response format and rational scoring rules. <i>Quality of Life Research</i> , 2018, 27, 1903-1910.	3.1	8

#	ARTICLE	IF	CITATIONS
37	Lifestyle behaviours and mental health and wellbeing of tertiary students during COVID-19 lockdown in Australia: A cross-sectional study. Comprehensive Psychiatry, 2022, 116, 152324.	3.1	8
38	The trials and tribulations of conducting an m-health pilot randomized controlled trial to improve oral cancer therapy adherence: recommendations for future multisite, non-drug clinical trials. BMC Research Notes, 2019, 12, 226.	1.4	7
39	Young people's attitudes towards integrating physical activity as part of mental health treatment: A cross-sectional study in youth mental health services. Microbial Biotechnology, 2022, 16, 518-526.	1.7	7
40	Single Session and Short-Term Exercise for Mental Health Promotion in Tertiary Students: A Scoping Review. Sports Medicine - Open, 2021, 7, 72.	3.1	7
41	Fish oil supplementation associated with decreased cellular degeneration and increased cellular proliferation 6 weeks after middle cerebral artery occlusion in the rat. Neuropsychiatric Disease and Treatment, 2015, 11, 153.	2.2	6
42	Serum cholesterol, body mass index and smoking status do not predict long-term cognitive impairment in elderly stroke patients. Journal of the Neurological Sciences, 2019, 406, 116476.	0.6	6
43	Poor reporting of physical activity and exercise interventions in youth mental health trials: A brief report. Microbial Biotechnology, 2021, 15, 1414-1422.	1.7	4
44	Mindfulness is associated with reduced barriers to exercise via decreasing psychological distress in help-seeking young adults: A cross-sectional brief report. Microbial Biotechnology, 2022, 16, 1049-1054.	1.7	4
45	Psychosocial Interventions for End-of-Life Care: An Invited Commentary. Australian Psychologist, 2017, 52, 340-345.	1.6	3
46	A Brief, Daily, Online Mental Health and Well-being Intervention for University Staff During the COVID-19 Pandemic: Program Description and Outcomes Using a Mixed Methods Design. JMIR Formative Research, 2022, 6, e35776.	1.4	3
47	Identifying barriers and facilitators to implementing mindfulness-based programmes into schools: A mixed methods study. Applied Psychology: Health and Well-Being, 2022, 14, 1172-1188.	3.0	2
48	Together we grow: evaluation of a design thinking professional development workshop for outdoor educators indicates improvements in growth mindset. Journal of Adventure Education and Outdoor Learning, 0, , 1-13.	1.6	2
49	Yoga and mental health. , 2022, , 251-260.		1
50	Differential adherence to peer and nurse components of a supportive care package – The appeal of peer support may be related to women's health and psychological status. Patient Education and Counseling, 2021, , .	2.2	0