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List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Effect of aerobic exercise on waist circumference in adults with overweight or obesity: A systematic review and metaâ€analysis. Obesity Reviews, 2022, 23, e13446.	3.1	30
2	Gamified applications for secondary prevention in patients with high cardiovascular disease risk: A systematic review of effectiveness and acceptability. Journal of Clinical Nursing, 2021, 30, 3001-3010.	1.4	30
3	The Relationship Between Habitual Physical Activity, Sitting Time, and Cognitive Function in Young Adult Women. Journal of Physical Activity and Health, 2021, 18, 1082-1087.	1.0	1
4	Target Audience and Preferences Related to an Australian Coronary Heart Disease Specific Mobile App: A Mixed Methods Study. Heart Lung and Circulation, 2020, 29, 696-702.	0.2	11
5	What do young women with obesity want from a weight management program?. Eating and Weight Disorders, 2020, 25, 1303-1309.	1.2	5
6	Association between Obesity and Omega-3 Status in Healthy Young Women. Nutrients, 2020, 12, 1480.	1.7	16
7	An evidenceâ€based approach to developing lowâ€carbohydrate diets for type 2 diabetes management: A systematic review of interventions and methods. Diabetes, Obesity and Metabolism, 2019, 21, 2513-2525.	2.2	17
8	Omega-3 polyunsaturated fatty acids status and cognitive function in young women. Lipids in Health and Disease, 2019, 18, 194.	1.2	14
9	Recruiting young women to weight management programs: Barriers and enablers. Nutrition and Dietetics, 2019, 76, 392-398.	0.9	12
10	Design and rationale of the MyHeartMate study: a randomised controlled trial of a game-based app to promote behaviour change in patients with cardiovascular disease. BMJ Open, 2019, 9, e024269.	0.8	15
11	Effect of Fish Oil Supplementation on Hepatic and Visceral Fat in Overweight Men: A Randomized Controlled Trial. Nutrients, 2019, 11, 475.	1.7	40
12	Association between Haem and Non-Haem Iron Intake and Serum Ferritin in Healthy Young Women. Nutrients, 2018, 10, 81.	1.7	53
13	<scp>NAFLD</scp> in clinical practice: Can simple blood and anthropometric markers be used to detect change in liver fat measured by ¹ Hâ€ <scp>MRS</scp> ?. Liver International, 2017, 37, 1907-1915.	1.9	16
14	Effect of resistance training on liver fat and visceral adiposity in adults with obesity: A randomized controlled trial. Hepatology Research, 2017, 47, 622-631.	1.8	25
15	University students' on-campus food purchasing behaviors, preferences, and opinions on food availability. Nutrition, 2017, 37, 7-13.	1.1	77
16	Iron Deficiency Anemia, Not Iron Deficiency, Is Associated with Reduced Attention in Healthy Young Women. Nutrients, 2017, 9, 1216.	1.7	24
17	Relationship between Obesity and Cognitive Function in Young Women: The Food, Mood and Mind Study. Journal of Obesity, 2017, 2017, 1-11.	1.1	47
18	Mobile Technology Use Across Age Groups in Patients Eligible for Cardiac Rehabilitation: Survey Study. JMIR MHealth and UHealth, 2017, 5, e161.	1.8	60

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19	Objectively Quantified Physical Activity and Sedentary Behavior in Predicting Visceral Adiposity and Liver Fat. Journal of Obesity, 2016, 2016, 1-10.	1.1	17
20	Efficacy of the Omega-3 Index in predicting non-alcoholic fatty liver disease in overweight and obese adults: a pilot study. British Journal of Nutrition, 2015, 114, 780-787.	1.2	13
21	Effect of aerobic exercise training dose on liver fat and visceral adiposity. Journal of Hepatology, 2015, 63, 174-182.	1.8	229
22	Anthropometric characteristics of Australian junior representative rugby league players. Journal of Science and Medicine in Sport, 2014, 17, 546-551.	0.6	21
23	Omega-3 supplementation and non-alcoholic fatty liver disease: A systematic review and meta-analysis. Journal of Hepatology, 2012, 56, 944-951.	1.8	452
24	Reply to: "The optimal dose of omega-3 supplementation for non-alcoholic fatty liver disease― Journal of Hepatology, 2012, 57, 469-470.	1.8	3