

# Timothy B Davies

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4214471/publications.pdf>

Version: 2024-02-01

12  
papers

506  
citations

1040056

9  
h-index

1281871

11  
g-index

12  
all docs

12  
docs citations

12  
times ranked

682  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of Resistance Training Frequency on Gains in Muscular Strength: A Systematic Review and Meta-Analysis. Sports Medicine, 2018, 48, 1207-1220.	6.5	184
2	Effects of Rest Interval Duration in Resistance Training on Measures of Muscular Strength: A Systematic Review. Sports Medicine, 2018, 48, 137-151.	6.5	74
3	Effect of Movement Velocity During Resistance Training on Dynamic Muscular Strength: A Systematic Review and Meta-Analysis. Sports Medicine, 2017, 47, 1603-1617.	6.5	67
4	The feasibility and effectiveness of high-intensity boxing training versus moderate-intensity brisk walking in adults with abdominal obesity: a pilot study. BMC Sports Science, Medicine and Rehabilitation, 2015, 7, 3.	1.7	46
5	Accuracy in Estimating Repetitions to Failure During Resistance Exercise. Journal of Strength and Conditioning Research, 2017, 31, 2162-2168.	2.1	40
6	Effect of movement velocity during resistance training on muscle-specific hypertrophy: A systematic review. European Journal of Sport Science, 2018, 18, 473-482.	2.7	26
7	Chronic Effects of Altering Resistance Training Set Configurations Using Cluster Sets: A Systematic Review and Meta-Analysis. Sports Medicine, 2021, 51, 707-736.	6.5	24
8	Predictive ability of the medicine ball chest throw and vertical jump tests for determining muscular strength and power in adolescents. Measurement in Physical Education and Exercise Science, 2018, 22, 79-87.	1.8	19
9	Changes in Bench Press Velocity and Power After 8 Weeks of High-Load Cluster- or Traditional-Set Structures. Journal of Strength and Conditioning Research, 2020, 34, 2734-2742.	2.1	18
10	Effect of Set-Structure on Upper-Body Muscular Hypertrophy and Performance in Recreationally-Trained Male and Female. Journal of Strength and Conditioning Research, 2021, Publish Ahead of Print, .	2.1	4
11	Effect of 10 sets versus 5 sets of resistance training on muscular endurance. Journal of Sports Medicine and Physical Fitness, 2021, , .	0.7	3
12	Effect of high-volume cluster sets versus lower-volume traditional sets on muscular performance. Journal of Sports Medicine and Physical Fitness, 2022, 62, .	0.7	1