

Javier Garcia Campayo

List of Publications by Year in descending order

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Version: 2024-02-01

296
papers

10,880
citations

34493

54
h-index

71088

80
g-index

348
all docs

348
docs citations

348
times ranked

12435
citing authors

#	ARTICLE	IF	CITATIONS
1	Implementing a training program to promote mindful, empathic, and pro-environmental attitudes in the classroom: a controlled exploratory study with elementary school students. <i>Current Psychology</i> , 2022, 41, 4422-4430.	1.7	12
2	Analysis of Retinal Layers in Fibromyalgia Patients with Premium Protocol in Optical Tomography Coherence and Quality of Life. <i>Current Eye Research</i> , 2022, 47, 143-153.	0.7	4
3	Depression in internal medicine inpatients at the time of hospital discharge and referral to primary care. <i>European Journal of Psychiatry</i> , 2022, 36, 120-129.	0.7	0
4	Evaluation of progressive retinal degeneration in Bipolar disorder patients over a period of 5 years.. <i>Current Eye Research</i> , 2022, , 1-29.	0.7	0
5	The Gambling Habits of University Students in Aragon, Spain: A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4553.	1.2	2
6	Examining the Relation Between Practicing Meditation and Having Peak Experiences and Lucid Dreams. A Cross-Sectional Study. <i>Frontiers in Psychology</i> , 2022, 13, 858745.	1.1	0
7	Assessing mindfulness and self-compassion facets as mediators of change in patients with depressive, anxious and adjustment disorders: Secondary data analysis of a randomized controlled trial. <i>Journal of Contextual Behavioral Science</i> , 2022, 24, 171-178.	1.3	4
8	Attachment-Based Compassion Therapy for Reducing Anxiety and Depression in Fibromyalgia. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 8152.	1.2	4
9	Psychometric Properties of the 15-Item Five Facet Mindfulness Questionnaire in a Large Sample of Spanish Pilgrims. <i>Mindfulness</i> , 2021, 12, 852-862.	1.6	8
10	The use of optical coherence tomography in the evaluation of patients with bipolar disorder. <i>Archivos De La Sociedad Espanola De Oftalmologia</i> , 2021, 96, 141-151.	0.1	1
11	Mindfulness Training Improves Quality of Life and Reduces Depression and Anxiety Symptoms Among Police Officers: Results From the POLICE Studyâ€”A Multicenter Randomized Controlled Trial. <i>Frontiers in Psychiatry</i> , 2021, 12, 624876.	1.3	23
12	Mindfulness in primary care healthcare and teaching professionals and its relationship with stress at work: a multicentric cross-sectional study. <i>BMC Family Practice</i> , 2021, 22, 29.	2.9	7
13	Predictors of Adherence in Three Low-Intensity Intervention Programs Applied by ICTs for Depression in Primary Care. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1774.	1.2	7
14	How can we estimate QALYs based on PHQ-9 scores? Equipercetile linking analysis of PHQ-9 and EQ-5D. <i>Evidence-Based Mental Health</i> , 2021, 24, 97-101.	2.2	11
15	Effect of a mobileâ€”based intervention on mental health in frontline healthcare workers against COVIDâ€”19: Protocol for a randomized controlled trial. <i>Journal of Advanced Nursing</i> , 2021, 77, 2898-2907.	1.5	23
16	Utilidad de la tomografÃa de coherencia Ã3ptica en la evaluaciÃ3n de los pacientes con trastorno bipolar. <i>Archivos De La Sociedad Espanola De Oftalmologia</i> , 2021, 96, 141-151.	0.1	1
17	Comparison of the Effectiveness of an Abbreviated Program versus a Standard Program in Mindfulness, Self-Compassion and Self-Perceived Empathy in Tutors and Resident Intern Specialists of Family and Community Medicine and Nursing in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4340.	1.2	11
18	Internet-Based Cognitive Behavioral Therapy for Depression. <i>JAMA Psychiatry</i> , 2021, 78, 361.	6.0	398

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19	Contemplative sciences: A future beyond mindfulness. <i>World Journal of Psychiatry</i> , 2021, 11, 87-93.	1.3	4
20	A Mobile Phone-Based Intervention to Reduce Mental Health Problems in Health Care Workers During the COVID-19 Pandemic (PsyCovidApp): Randomized Controlled Trial. <i>JMIR MHealth and UHealth</i> , 2021, 9, e27039.	1.8	88
21	Impact of mindfulness and self-compassion on anxiety and depression: The mediating role of resilience. <i>International Journal of Clinical and Health Psychology</i> , 2021, 21, 100229.	2.7	28
22	Dismantling, optimising, and personalising internet cognitive behavioural therapy for depression: a systematic review and component network meta-analysis using individual participant data. <i>Lancet Psychiatry</i> , 2021, 8, 500-511.	3.7	105
23	Efficacy of a mindfulness-based programme with and without virtual reality support to reduce stress in university students: A randomized controlled trial. <i>Behaviour Research and Therapy</i> , 2021, 142, 103866.	1.6	23
24	Effectiveness of mindfulness-based stress reduction and attachment-based compassion therapy for the treatment of depressive, anxious, and adjustment disorders in mental health settings: A randomized controlled trial. <i>Depression and Anxiety</i> , 2021, 38, 1138-1151.	2.0	13
25	Ganglion Cell and Retinal Nerve Fiber Layers Correlated with Time Disease of Bipolar Disorder Using 64 Cell Grid OCT Tool. <i>Current Eye Research</i> , 2021, 46, 1214-1222.	0.7	2
26	Validation of the Spanish Version of the Lucidity and Consciousness in Dreams Scale. <i>Frontiers in Psychology</i> , 2021, 12, 742438.	1.1	1
27	Teachers "finding peace in a frantic world": An experimental study of self-taught and instructor-led mindfulness program formats on acceptability, effectiveness, and mechanisms. <i>Journal of Educational Psychology</i> , 2021, 113, 1689-1708.	2.1	21
28	Decentering, Acceptance, and Non-Attachment: Challenging the Question "Is It Me?". <i>Frontiers in Psychiatry</i> , 2021, 12, 659835.	1.3	2
29	Positive effects and validation of a Brief Intervention Program of Attachment-Based Compassion Therapy. <i>Terapia Psicológica</i> , 2021, 39, 427-444.	0.2	0
30	Trastornos de la conducta alimentaria, experiencias adversas vitales e imagen corporal: Una revisión sistemática. <i>Revista De Psicopatología Y Psicología Clínica</i> , 2021, 26, 217-235.	0.1	0
31	Effects of Attachment-Based Compassion Therapy (ABCT) on Self-compassion and Attachment Style in Healthy People. <i>Mindfulness</i> , 2020, 11, 51-62.	1.6	25
32	Attachment-Based Compassion Therapy for Ameliorating Fibromyalgia: Mediating Role of Mindfulness and Self-Compassion. <i>Mindfulness</i> , 2020, 11, 816-828.	1.6	13
33	Peripheral immune aberrations in fibromyalgia: A systematic review, meta-analysis and meta-regression. <i>Brain, Behavior, and Immunity</i> , 2020, 87, 881-889.	2.0	58
34	Mindfulness-Based Program Plus Amygdala and Insula Retraining (MAIR) for the Treatment of Women with Fibromyalgia: A Pilot Randomized Controlled Trial. <i>Journal of Clinical Medicine</i> , 2020, 9, 3246.	1.0	11
35	A Low-Intensity Internet-Based Intervention Focused on the Promotion of Positive Affect for the Treatment of Depression in Spanish Primary Care: Secondary Analysis of a Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8094.	1.2	1
36	Feasibility and Effectiveness of a Mindfulness-Based Program Vs. Relaxation in the Treatment of Burnout in Brazilian Primary Care Providers: a Mixed-Methods Pragmatic Controlled Study. <i>Mindfulness</i> , 2020, 11, 2573-2588.	1.6	4

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37	Feasibility and Effectiveness of a Workplace-Adapted Mindfulness-Based Programme to Reduce Stress in Workers at a Private Sector Logistics Company: An Exploratory Mixed Methods Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1643.	1.2	11
38	Cost-Utility of Attachment-Based Compassion Therapy (ABCT) for Fibromyalgia Compared to Relaxation: A Pilot Randomized Controlled Trial. <i>Journal of Clinical Medicine</i> , 2020, 9, 726.	1.0	8
39	Telomere length correlates with subtelomeric DNA methylation in long-term mindfulness practitioners. <i>Scientific Reports</i> , 2020, 10, 4564.	1.6	21
40	Frenetic, under-Challenged, and Worn-out Burnout Subtypes among Brazilian Primary Care Personnel: Validation of the Brazilian "Burnout Clinical Subtype Questionnaire" (BCSQ-36/BCSQ-12). <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1081.	1.2	13
41	Effects of Mindfulness-Based Interventions on Biomarkers and Low-Grade Inflammation in Patients with Psychiatric Disorders: A Meta-Analytic Review. <i>International Journal of Molecular Sciences</i> , 2020, 21, 2484.	1.8	49
42	Efficacy of Three Low-Intensity, Internet-Based Psychological Interventions for the Treatment of Depression in Primary Care: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2020, 22, e15845.	2.1	20
43	Feasibility of the Internet Attachment-Based Compassion Therapy in the General Population: Protocol for an Open-Label Uncontrolled Pilot Trial. <i>JMIR Research Protocols</i> , 2020, 9, e16717.	0.5	5
44	Mindfulness, promoção da saúde e semiótica: bases para modelos comunicacionais em saúde online. <i>SMAD Revista Eletrônica Saude Mental Alcohol E Drogas (Edição Em Português)</i> , 2020, 16, 14-22.	0.0	0
45	Meditation techniques <i>v</i>. relaxation therapies when treating anxiety: a meta-analytic review. <i>Psychological Medicine</i> , 2019, 49, 2118-2133.	2.7	32
46	Cost-Utility of Mindfulness-Based Stress Reduction for Fibromyalgia versus a Multicomponent Intervention and Usual Care: A 12-Month Randomized Controlled Trial (EUDAIMON Study). <i>Journal of Clinical Medicine</i> , 2019, 8, 1068.	1.0	18
47	Effects of attachment-based compassion therapy (ABCT) on brain-derived neurotrophic factor and low-grade inflammation among fibromyalgia patients: A randomized controlled trial. <i>Scientific Reports</i> , 2019, 9, 15639.	1.6	23
48	Effectiveness of a brief psychological mindfulness-based intervention for the treatment of depression in primary care: study protocol for a randomized controlled clinical trial. <i>BMC Psychiatry</i> , 2019, 19, 301.	1.1	12
49	Machine Learning to Understand the Immune-Inflammatory Pathways in Fibromyalgia. <i>International Journal of Molecular Sciences</i> , 2019, 20, 4231.	1.8	24
50	Evaluation of a Mindfulness-Based Intervention With and Without Virtual Reality Dialectical Behavior Therapy® Mindfulness Skills Training for the Treatment of Generalized Anxiety Disorder in Primary Care: A Pilot Study. <i>Frontiers in Psychology</i> , 2019, 10, 55.	1.1	93
51	Changes in metabolites in the brain of patients with fibromyalgia after treatment with an NMDA receptor antagonist. <i>Neuroradiology Journal</i> , 2019, 32, 408-419.	0.6	11
52	Exploring the Relationship Between the Acceptability of an Internet-Based Intervention for Depression in Primary Care and Clinical Outcomes: Secondary Analysis of a Randomized Controlled Trial. <i>Frontiers in Psychiatry</i> , 2019, 10, 325.	1.3	25
53	Habilidades de Mindfulness y Cognición Social en la predicción de la sintomatología afectiva en Esquizofrenia, Trastorno Obsesivo-Compulsivo y controles sanos. <i>Revista De Psicopatología Y Psicología Clínica</i> , 2019, 24, .	0.1	0
54	Exploring the Role of Meditation and Dispositional Mindfulness on Social Cognition Domains: A Controlled Study. <i>Frontiers in Psychology</i> , 2019, 10, 809.	1.1	30

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55	VISUAL FUNCTION AND RETINAL CHANGES IN PATIENTS WITH BIPOLAR DISORDER. <i>Retina</i> , 2019, 39, 2012-2021.	1.0	31
56	Mindfulness and Symptoms of Depression and Anxiety in the General Population: The Mediating Roles of Worry, Rumination, Reappraisal and Suppression. <i>Frontiers in Psychology</i> , 2019, 10, 506.	1.1	67
57	Mindfulness, rumination, and coping skills in young women with Eating Disorders: A comparative study with healthy controls. <i>PLoS ONE</i> , 2019, 14, e0213985.	1.1	11
58	Validation of Five Facets Mindfulness Questionnaire " Short form, in Spanish, general health care services patients sample: Prediction of depression through mindfulness scale. <i>PLoS ONE</i> , 2019, 14, e0214503.	1.1	21
59	Religiosity and Meditation Practice: Exploring Their Explanatory Power on Psychological Adjustment. <i>Frontiers in Psychology</i> , 2019, 10, 630.	1.1	9
60	Controlled clinical trial comparing the effectiveness of a mindfulness and self-compassion 4-session programme versus an 8-session programme to reduce work stress and burnout in family and community medicine physicians and nurses: MINDUDD study protocol. <i>BMC Family Practice</i> , 2019, 20, 24.	2.9	23
61	Efficacy of a blended low-intensity internet-delivered psychological programme in patients with multimorbidity in primary care: study protocol for a randomized controlled trial. <i>BMC Psychiatry</i> , 2019, 19, 66.	1.1	5
62	Attachment-based compassion therapy and adapted mindfulness-based stress reduction for the treatment of depressive, anxious and adjustment disorders in mental health settings: a randomised controlled clinical trial protocol. <i>BMJ Open</i> , 2019, 9, e029909.	0.8	8
63	A mindfulness and compassion-based program applied to pregnant women and their partners to decrease depression symptoms during pregnancy and postpartum: study protocol for a randomized controlled trial. <i>Trials</i> , 2019, 20, 654.	0.7	11
64	A randomized controlled efficacy trial of mindfulness-based stress reduction compared with an active control group and usual care for fibromyalgia: the EUDAIMON study. <i>Pain</i> , 2019, 160, 2508-2523.	2.0	56
65	Differences between individuals with schizophrenia or obsessive-compulsive disorder and healthy controls in social cognition and mindfulness skills: A controlled study. <i>PLoS ONE</i> , 2019, 14, e0225608.	1.1	11
66	<p>Relation of the Psychological Constructs of Resilience, Mindfulness, and Self-Compassion on the Perception of Physical and Mental Health</p>. <i>Psychology Research and Behavior Management</i> , 2019, Volume 12, 1155-1166.	1.3	21
67	Exploring Emptiness and its Effects on Non-attachment, Mystical Experiences, and Psycho-spiritual Wellbeing: A Quantitative and Qualitative Study of Advanced Meditators. <i>Explore: the Journal of Science and Healing</i> , 2019, 15, 261-272.	0.4	16
68	Ability of swept source OCT to detect retinal changes in patients with bipolar disorder. <i>Eye</i> , 2019, 33, 549-556.	1.1	23
69	Value congruence, control, sense of community and demands as determinants of burnout syndrome among hospitality workers. <i>International Journal of Occupational Safety and Ergonomics</i> , 2019, 25, 287-295.	1.1	26
70	Efficacy of a mindful-eating programme to reduce emotional eating in patients suffering from overweight or obesity in primary care settings: a cluster-randomised trial protocol. <i>BMJ Open</i> , 2019, 9, e031327.	0.8	13
71	Interventions of computerized psychotherapies for depression in Primary Care in Spain. <i>Actas Espanolas De Psiquiatria</i> , 2019, 47, 236-46.	0.1	4
72	Swimming and peak bone mineral density: A systematic review and meta-analysis. <i>Journal of Sports Sciences</i> , 2018, 36, 1-13.	1.0	24

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73	Meditation-Induced Near-Death Experiences: a 3-Year Longitudinal Study. <i>Mindfulness</i> , 2018, 9, 1794-1806.	1.6	23
74	Impact of a Blended Web-Based Mindfulness Programme for General Practitioners: a Pilot Study. <i>Mindfulness</i> , 2018, 9, 129-139.	1.6	11
75	Economic Impact of Third-Wave Cognitive Behavioral Therapies: A Systematic Review and Quality Assessment of Economic Evaluations in Randomized Controlled Trials. <i>Behavior Therapy</i> , 2018, 49, 124-147.	1.3	39
76	Efficacy of Neurofeedback on the Increase of Mindfulness-Related Capacities in Healthy Individuals: a Controlled Trial. <i>Mindfulness</i> , 2018, 9, 303-311.	1.6	20
77	How Does Mindfulness Work? Exploring a Theoretical Model Using Samples of Meditators and Non-meditators. <i>Mindfulness</i> , 2018, 9, 860-870.	1.6	29
78	Is cognitive-behavioural therapy more effective than relaxation therapy in the treatment of anxiety disorders? A meta-analysis. <i>Psychological Medicine</i> , 2018, 48, 1427-1436.	2.7	23
79	Adherence predictors in an Internet-based Intervention program for depression. <i>Cognitive Behaviour Therapy</i> , 2018, 47, 246-261.	1.9	19
80	Epigenetic Response to Mindfulness in Peripheral Blood Leukocytes Involves Genes Linked to Common Human Diseases. <i>Mindfulness</i> , 2018, 9, 1146-1159.	1.6	30
81	Recommendations for the management of comorbidity in hidradenitis suppurativa. <i>Journal of the European Academy of Dermatology and Venereology</i> , 2018, 32, 129-144.	1.3	43
82	Self-Compassion and Cultural Values: A Cross-Cultural Study of Self-Compassion Using a Multitrait-Multimethod (MTMM) Analytical Procedure. <i>Frontiers in Psychology</i> , 2018, 9, 2638.	1.1	46
83	Variability of the Prevalence of Depression in Function of Sociodemographic and Environmental Factors: Ecological Model. <i>Frontiers in Psychology</i> , 2018, 9, 2182.	1.1	20
84	Relationship between effortful control and facets of mindfulness in meditators, non-meditators and individuals with borderline personality disorder. <i>Personality and Mental Health</i> , 2018, 12, 265-278.	0.6	6
85	Four Weekly Ayahuasca Sessions Lead to Increases in "Acceptance" Capacities: A Comparison Study With a Standard 8-Week Mindfulness Training Program. <i>Frontiers in Pharmacology</i> , 2018, 9, 224.	1.6	66
86	Exploring the Wisdom Structure: Validation of the Spanish New Short Three-Dimensional Wisdom Scale (3D-WS) and Its Explanatory Power on Psychological Health-Related Variables. <i>Frontiers in Psychology</i> , 2018, 9, 692.	1.1	8
87	Facilitators and barriers to modifying dietary and hygiene behaviours as adjuvant treatment in patients with depression in primary care: a qualitative study. <i>BMC Psychiatry</i> , 2018, 18, 205.	1.1	15
88	Study protocol of a multicenter randomized controlled trial of mindfulness training to reduce burnout and promote quality of life in police officers: the POLICE study. <i>BMC Psychiatry</i> , 2018, 18, 151.	1.1	18
89	Mindfulness as a complementary intervention in the treatment of overweight and obesity in primary health care: study protocol for a randomised controlled trial. <i>Trials</i> , 2018, 19, 277.	0.7	15
90	Ontological addiction theory: Attachment to me, mine, and I. <i>Journal of Behavioral Addictions</i> , 2018, 7, 892-896.	1.9	42

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91	Mindfulness aplicado a la atención primaria. FMC Formacion Medica Continuada En Atencion Primaria, 2018, 25, 564-573.	0.0	4
92	Reduction mammoplasty improves levels of anxiety, depression and body image satisfaction in patients with symptomatic macromastia in the short and long term. Journal of Psychosomatic Obstetrics and Gynaecology, 2017, 38, 268-275.	1.1	21
93	How to reduce the number of rating scale items without predictability loss?. Scientometrics, 2017, 111, 581-593.	1.6	19
94	Exploring relations among mindfulness facets and various meditation practices: Do they work in different ways?. Consciousness and Cognition, 2017, 49, 172-180.	0.8	30
95	Effects of mindfulness-based interventions on biomarkers in healthy and cancer populations: a systematic review. BMC Complementary and Alternative Medicine, 2017, 17, 125.	3.7	46
96	Meditation Practice Is Associated with a Values-Oriented Life: the Mediating Role of Decentering and Mindfulness. Mindfulness, 2017, 8, 1259-1268.	1.6	24
97	Meditation awareness training for the treatment of workaholism: A controlled trial. Journal of Behavioral Addictions, 2017, 6, 212-220.	1.9	108
98	Effectiveness of Psychological and Educational Interventions to Prevent Depression in Primary Care: A Systematic Review and Meta-Analysis. Annals of Family Medicine, 2017, 15, 262-271.	0.9	33
99	Can compassion help cure health-related disorders?. British Journal of General Practice, 2017, 67, 177-178.	0.7	8
100	Development and initial evaluation of a mobile application to help with mindfulness training and practice. International Journal of Medical Informatics, 2017, 105, 59-67.	1.6	24
101	Cost-Utility of Group Acceptance and Commitment Therapy for Fibromyalgia Versus Recommended Drugs: An Economic Analysis Alongside a 6-Month Randomized Controlled Trial Conducted in Spain (EFFIGACT Study). Journal of Pain, 2017, 18, 868-880.	0.7	35
102	Inflammatory Bowel Disease and Eating Disorders: A systematized review of comorbidity. Journal of Psychosomatic Research, 2017, 102, 47-53.	1.2	63
103	Revisión histórica de los conceptos utilizados para definir mindfulness y compasión. Mindfulness & Compassion, 2017, 2, 86-91.	0.5	0
104	Are there adverse effects associated with mindfulness?. Australian and New Zealand Journal of Psychiatry, 2017, 51, 977-979.	1.3	25
105	Meditation awareness training for the treatment of fibromyalgia syndrome: A randomized controlled trial. British Journal of Health Psychology, 2017, 22, 186-206.	1.9	62
106	Description and narrative review of well-established and promising psychological treatments for fibromyalgia. Mindfulness & Compassion, 2017, 2, 112-129.	0.5	15
107	Estilo de vida saludable: un factor de protección minusvalorado frente a la depresión. Psiquiatría Biológica, 2017, 24, 97-105.	0.0	9
108	The Mandala of the Present Moment. Mindfulness, 2017, 8, 1720-1722.	1.6	5

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109	Suppress to Forget: The Effect of a Mindfulness-Based Strategy during an Emotional Item-Directed Forgetting Paradigm. <i>Frontiers in Psychology</i> , 2017, 8, 432.	1.1	9
110	How Do Cultural Factors Influence the Teaching and Practice of Mindfulness and Compassion in Latin Countries?. <i>Frontiers in Psychology</i> , 2017, 8, 1161.	1.1	20
111	Efficacy of 8- and 4-Session Mindfulness-Based Interventions in a Non-clinical Population: A Controlled Study. <i>Frontiers in Psychology</i> , 2017, 8, 1343.	1.1	68
112	Psychometric Properties of the Cognitive Emotion Regulation Questionnaire (CERQ) in Patients with Fibromyalgia Syndrome. <i>Frontiers in Psychology</i> , 2017, 8, 2075.	1.1	32
113	Improving Communication between Physicians and Their Patients through Mindfulness and Compassion-Based Strategies: A Narrative Review. <i>Journal of Clinical Medicine</i> , 2017, 6, 33.	1.0	51
114	Unwanted effects: Is there a negative side of meditation? A multicentre survey. <i>PLoS ONE</i> , 2017, 12, e0183137.	1.1	106
115	Meditation experts try Virtual Reality Mindfulness: A pilot study evaluation of the feasibility and acceptability of Virtual Reality to facilitate mindfulness practice in people attending a Mindfulness conference.. <i>PLoS ONE</i> , 2017, 12, e0187777.	1.1	114
116	Subtipos de burnout e implicaciones clínicas: Una propuesta teórica basada en abordajes terapéuticos específicos. <i>Revista De Psicopatología Y Psicología Clínica</i> , 2017, 21, 231.	0.1	7
117	Efficacy of "Attachment-Based Compassion Therapy" in the Treatment of Fibromyalgia: A Randomized Controlled Trial. <i>Frontiers in Psychiatry</i> , 2017, 8, 307.	1.3	47
118	Economic evaluation of a guided and unguided internet-based CBT intervention for major depression: Results from a multi-center, three-armed randomized controlled trial conducted in primary care. <i>PLoS ONE</i> , 2017, 12, e0172741.	1.1	59
119	The "sociotype" construct: Gauging the structure and dynamics of human sociality. <i>PLoS ONE</i> , 2017, 12, e0189568.	1.1	16
120	Effects of Mindfulness on Diabetes Mellitus: Rationale and Overview. <i>Current Diabetes Reviews</i> , 2017, 13, 141-147.	0.6	20
121	Neuroimaging in Chronic Pain, Fibromyalgia, and Somatization. , 2017, , 421-442.		0
122	Difference in Regional Brain Volume between Fibromyalgia Patients and Long-Term Meditators. <i>Actas Espanolas De Psiquiatria</i> , 2017, 45, 268-76.	0.1	4
123	Impact of IPDE-SQ personality disorders on the healthcare and societal costs of fibromyalgia patients: a cross-sectional study. <i>BMC Family Practice</i> , 2016, 17, 61.	2.9	9
124	Burnout Subtypes and Absence of Self-Compassion in Primary Healthcare Professionals: A Cross-Sectional Study. <i>PLoS ONE</i> , 2016, 11, e0157499.	1.1	75
125	Effects of Mindfulness-Based Interventions on Salivary Cortisol in Healthy Adults: A Meta-Analytical Review. <i>Frontiers in Physiology</i> , 2016, 7, 471.	1.3	67
126	Self-Criticism: A Measure of Uncompassionate Behaviors Toward the Self, Based on the Negative Components of the Self-Compassion Scale. <i>Frontiers in Psychology</i> , 2016, 7, 1281.	1.1	45

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127	Psychological Effects of a 1-Month Meditation Retreat on Experienced Meditators: The Role of Non-attachment. <i>Frontiers in Psychology</i> , 2016, 7, 1935.	1.1	38
128	Psychometric Properties of the Spanish Version of the Nonattachment Scale (NAS) and Its Relationship with Mindfulness, Decentering, and Mental Health. <i>Mindfulness</i> , 2016, 7, 1156-1169.	1.6	23
129	Mindfulness levels in patients with fibromyalgia following recommended pharmacological treatment: A multicenter, uncontrolled, one-year follow-up study. <i>Mindfulness & Compassion</i> , 2016, 1, 14-22.	0.5	3
130	Attachment-based compassion therapy. <i>Mindfulness & Compassion</i> , 2016, 1, 68-74.	0.5	31
131	Burnout Syndrome and Demotivation Among Health Care Personnel. <i>Managing Stressful Situations: The Importance of Teamwork. Actas Dermo-sifiliográficas</i> , 2016, 107, 400-406.	0.2	10
132	Detección precoz de la enfermedad psicoemocional en dermatología. <i>Actas Dermo-sifiliográficas</i> , 2016, 107, 294-300.	0.2	3
133	Early Detection of Emotional and Behavioral Disorders in Dermatology. <i>Actas Dermo-sifiliográficas</i> , 2016, 107, 294-300.	0.2	0
134	Relative effects of cognitive and behavioral therapies on generalized anxiety disorder, social anxiety disorder and panic disorder: A meta-analysis. <i>Journal of Anxiety Disorders</i> , 2016, 43, 79-89.	1.5	71
135	Embodiment and Body Awareness in Meditators. <i>Mindfulness</i> , 2016, 7, 1297-1305.	1.6	24
136	Assessment of Visual Function and Structural Retinal Changes in Zen Meditators: Potential Effect of Mindfulness on Visual Ability. <i>Mindfulness</i> , 2016, 7, 979-987.	1.6	5
137	Functional Status, Quality of Life, and Costs Associated With Fibromyalgia Subgroups. <i>Clinical Journal of Pain</i> , 2016, 32, 829-840.	0.8	33
138	Zen meditation, Length of Telomeres, and the Role of Experiential Avoidance and Compassion. <i>Mindfulness</i> , 2016, 7, 651-659.	1.6	55
139	Desmotivación del personal sanitario y síndrome de burnout. Control de las situaciones de tensión. La importancia del trabajo en equipo. <i>Actas Dermo-sifiliográficas</i> , 2016, 107, 400-406.	0.2	15
140	The Effect of Swimming During Childhood and Adolescence on Bone Mineral Density: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2016, 46, 365-379.	3.1	62
141	Meditation and happiness: Mindfulness and self-compassion may mediate the meditation-happiness relationship. <i>Personality and Individual Differences</i> , 2016, 93, 80-85.	1.6	90
142	Fibromyalgia Is Correlated with Retinal Nerve Fiber Layer Thinning. <i>PLoS ONE</i> , 2016, 11, e0161574.	1.1	28
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