

# Javier Garcia Campayo

## List of Publications by Year in descending order

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Version: 2024-02-01

296  
papers

10,880  
citations

30070

54  
h-index

62596

80  
g-index

348  
all docs

348  
docs citations

348  
times ranked

11656  
citing authors

#	ARTICLE	IF	CITATIONS
1	Internet-Based Cognitive Behavioral Therapy for Depression. <i>JAMA Psychiatry</i> , 2021, 78, 361.	11.0	398
2	Cultural adaptation into Spanish of the generalized anxiety disorder-7 (GAD-7) scale as a screening tool. <i>Health and Quality of Life Outcomes</i> , 2010, 8, 8.	2.4	376
3	Reliability and validity of the Spanish version of the 10-item Connor-Davidson Resilience Scale (10-item) Tj ETQq1 1,0,784314,rgBT /O	2.4	237
4	Prevalence and comorbidity of common mental disorders in primary care. <i>Journal of Affective Disorders</i> , 2009, 119, 52-58.	4.1	233
5	Validity of the GAD-7 scale as an outcome measure of disability in patients with generalized anxiety disorders in primary care. <i>Journal of Affective Disorders</i> , 2011, 128, 277-286.	4.1	212
6	Validation of the Spanish versions of the long (26 items) and short (12 items) forms of the Self-Compassion Scale (SCS). <i>Health and Quality of Life Outcomes</i> , 2014, 12, 4.	2.4	178
7	Mindfulness-Based Mobile Applications: Literature Review and Analysis of Current Features. <i>JMIR MHealth and UHealth</i> , 2013, 1, e24.	3.7	156
8	Risk factors for the onset of panic and generalised anxiety disorders in the general adult population: A systematic review of cohort studies. <i>Journal of Affective Disorders</i> , 2014, 168, 337-348.	4.1	130
9	Effectiveness of group acceptance and commitment therapy for fibromyalgia: A 6-month randomized controlled trial (EFFIGACT study). <i>Pain</i> , 2014, 155, 693-702.	4.2	125
10	The Efficacy of Mindfulness-Based Interventions in Primary Care: A Meta-Analytic Review. <i>Annals of Family Medicine</i> , 2015, 13, 573-582.	1.9	118
11	Meditation experts try Virtual Reality Mindfulness: A pilot study evaluation of the feasibility and acceptability of Virtual Reality to facilitate mindfulness practice in people attending a Mindfulness conference.. <i>PLoS ONE</i> , 2017, 12, e0187777.	2.5	114
12	Meditation awareness training for the treatment of workaholism: A controlled trial. <i>Journal of Behavioral Addictions</i> , 2017, 6, 212-220.	3.7	108
13	Unwanted effects: Is there a negative side of meditation? A multicentre survey. <i>PLoS ONE</i> , 2017, 12, e0183137.	2.5	106
14	Perceived injustice in fibromyalgia: Psychometric characteristics of the Injustice Experience Questionnaire and relationship with pain catastrophising and pain acceptance. <i>Journal of Psychosomatic Research</i> , 2012, 73, 86-91.	2.6	105
15	Clinical practice guideline for an integrated approach to comorbidity in patients with psoriasis. <i>Journal of the European Academy of Dermatology and Venereology</i> , 2013, 27, 1387-1404.	2.4	105
16	Dismantling, optimising, and personalising internet cognitive behavioural therapy for depression: a systematic review and component network meta-analysis using individual participant data. <i>Lancet Psychiatry</i> , 2021, 8, 500-511.	7.4	105
17	Relationship between Meditative Practice and Self-Reported Mindfulness: The MINDSENS Composite Index. <i>PLoS ONE</i> , 2014, 9, e86622.	2.5	96
18	Evaluation of a Mindfulness-Based Intervention With and Without Virtual Reality Dialectical Behavior Therapy® Mindfulness Skills Training for the Treatment of Generalized Anxiety Disorder in Primary Care: A Pilot Study. <i>Frontiers in Psychology</i> , 2019, 10, 55.	2.1	93

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19	Localized 1H-NMR spectroscopy in patients with fibromyalgia: a controlled study of changes in cerebral glutamate/glutamine, inositol, choline, and N-acetylaspartate. <i>Arthritis Research and Therapy</i> , 2010, 12, R134.	3.5	91
20	Bifactor analysis and construct validity of the five facet mindfulness questionnaire (FFMQ) in non-clinical Spanish samples. <i>Frontiers in Psychology</i> , 2015, 6, 404.	2.1	90
21	Meditation and happiness: Mindfulness and self-compassion may mediate the meditationâ€“happiness relationship. <i>Personality and Individual Differences</i> , 2016, 93, 80-85.	2.9	90
22	Mindfulness, perceived stress, and subjective well-being: a correlational study in primary care health professionals. <i>BMC Complementary and Alternative Medicine</i> , 2015, 15, 303.	3.7	88
23	A Mobile Phoneâ€“Based Intervention to Reduce Mental Health Problems in Health Care Workers During the COVID-19 Pandemic (PsyCovidApp): Randomized Controlled Trial. <i>JMIR MHealth and UHealth</i> , 2021, 9, e27039.	3.7	88
24	The role of aggressions suffered by healthcare workers as predictors of burnout. <i>Journal of Clinical Nursing</i> , 2013, 22, 3120-3129.	3.0	84
25	Mindfulness, Resilience, and Burnout Subtypes in Primary Care Physicians: The Possible Mediating Role of Positive and Negative Affect. <i>Frontiers in Psychology</i> , 2015, 6, 1895.	2.1	81
26	Validation of the Spanish version of the Perceived Stress Questionnaire. <i>Journal of Psychosomatic Research</i> , 2002, 52, 167-172.	2.6	75
27	Effectiveness of Pharmacist Care in the Improvement of Adherence to Antidepressants: A Systematic Review and Meta-Analysis. <i>Annals of Pharmacotherapy</i> , 2011, 45, 39-48.	1.9	75
28	Brain dysfunction in fibromyalgia and somatization disorder using proton magnetic resonance spectroscopy: a controlled study. <i>Acta Psychiatrica Scandinavica</i> , 2012, 126, 115-125.	4.5	75
29	Burnout Subtypes and Absence of Self-Compassion in Primary Healthcare Professionals: A Cross-Sectional Study. <i>PLoS ONE</i> , 2016, 11, e0157499.	2.5	75
30	Coping with Stress and Types of Burnout: Explanatory Power of Different Coping Strategies. <i>PLoS ONE</i> , 2014, 9, e89090.	2.5	74
31	Validation of the Spanish version of the SCOFF questionnaire for the screening of eating disorders in primary care. <i>Journal of Psychosomatic Research</i> , 2005, 59, 51-55.	2.6	71
32	Relative effects of cognitive and behavioral therapies on generalized anxiety disorder, social anxiety disorder and panic disorder: A meta-analysis. <i>Journal of Anxiety Disorders</i> , 2016, 43, 79-89.	3.2	71
33	The implementation of mindfulness in healthcare systems: a theoretical analysis. <i>General Hospital Psychiatry</i> , 2015, 37, 166-171.	2.4	69
34	A double-blind, randomized, placebo-controlled prophylaxis trial of oxcarbazepine as adjunctive treatment to lithium in the long-term treatment of bipolar I and II disorder. <i>International Journal of Neuropsychopharmacology</i> , 2008, 11, 445-52.	2.1	68
35	The Serenity of the Meditating Mind: A Cross-Cultural Psychometric Study on a Two-Factor Higher Order Structure of Mindfulness, Its Effects, and Mechanisms Related to Mental Health among Experienced Meditators. <i>PLoS ONE</i> , 2014, 9, e110192.	2.5	68
36	Assessing Decentering: Validation, Psychometric Properties, and Clinical Usefulness of the Experiences Questionnaire in a Spanish Sample. <i>Behavior Therapy</i> , 2014, 45, 863-871.	2.4	68

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37	Efficacy of 8- and 4-Session Mindfulness-Based Interventions in a Non-clinical Population: A Controlled Study. <i>Frontiers in Psychology</i> , 2017, 8, 1343.	2.1	68
38	Effects of Mindfulness-Based Interventions on Salivary Cortisol in Healthy Adults: A Meta-Analytical Review. <i>Frontiers in Physiology</i> , 2016, 7, 471.	2.8	67
39	Mindfulness and Symptoms of Depression and Anxiety in the General Population: The Mediating Roles of Worry, Rumination, Reappraisal and Suppression. <i>Frontiers in Psychology</i> , 2019, 10, 506.	2.1	67
40	Four Weekly Ayahuasca Sessions Lead to Increases in "Acceptance" Capacities: A Comparison Study With a Standard 8-Week Mindfulness Training Program. <i>Frontiers in Pharmacology</i> , 2018, 9, 224.	3.5	66
41	Somatisation in Primary Care in Spain. <i>British Journal of Psychiatry</i> , 1996, 168, 344-348.	2.8	65
42	Efficacy of memantine in the treatment of fibromyalgia: A double-blind, randomised, controlled trial with 6-month follow-up. <i>Pain</i> , 2014, 155, 2517-2525.	4.2	65
43	The assessment of generalized anxiety disorder: psychometric validation of the Spanish version of the self-administered GAD-2 scale in daily medical practice. <i>Health and Quality of Life Outcomes</i> , 2012, 10, 114.	2.4	64
44	Burden of chronic physical conditions and mental disorders in primary care. <i>British Journal of Psychiatry</i> , 2010, 196, 302-309.	2.8	63
45	Inflammatory Bowel Disease and Eating Disorders: A systematized review of comorbidity. <i>Journal of Psychosomatic Research</i> , 2017, 102, 47-53.	2.6	63
46	Validation of the Spanish version of the Chronic Pain Acceptance Questionnaire (CPAQ) for the assessment of acceptance in fibromyalgia. <i>Health and Quality of Life Outcomes</i> , 2010, 8, 37.	2.4	62
47	The Effect of Swimming During Childhood and Adolescence on Bone Mineral Density: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2016, 46, 365-379.	6.5	62
48	Meditation awareness training for the treatment of fibromyalgia syndrome: A randomized controlled trial. <i>British Journal of Health Psychology</i> , 2017, 22, 186-206.	3.5	62
49	A meta-analysis of the efficacy of fibromyalgia treatment according to level of care. <i>Arthritis Research and Therapy</i> , 2008, 10, R81.	3.5	60
50	Effectiveness of a Psychoeducational Treatment Program Implemented in General Practice for Fibromyalgia Patients. <i>Clinical Journal of Pain</i> , 2011, 27, 383-391.	1.9	60
51	Clinical Patterns and Treatment Outcome in Patients with Melancholic, Atypical and Non-Melancholic Depressions. <i>PLoS ONE</i> , 2012, 7, e48200.	2.5	60
52	A new definition of burnout syndrome based on Farber's proposal. <i>Journal of Occupational Medicine and Toxicology</i> , 2009, 4, 31.	2.2	59
53	Economic evaluation of a guided and unguided internet-based CBT intervention for major depression: Results from a multi-center, three-armed randomized controlled trial conducted in primary care. <i>PLoS ONE</i> , 2017, 12, e0172741.	2.5	59
54	An Internet-Based Intervention for Depression in Primary Care in Spain: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2016, 18, e231.	4.3	59

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55	Economic crisis and mental health in Spain. <i>Lancet, The</i> , 2013, 382, 1977-1978.	13.7	58
56	Validity and reliability of the Spanish version of the 10-item CD-RISC in patients with fibromyalgia. <i>Health and Quality of Life Outcomes</i> , 2014, 12, 14.	2.4	58
57	Peripheral immune aberrations in fibromyalgia: A systematic review, meta-analysis and meta-regression. <i>Brain, Behavior, and Immunity</i> , 2020, 87, 881-889.	4.1	58
58	A randomized controlled efficacy trial of mindfulness-based stress reduction compared with an active control group and usual care for fibromyalgia: the EUDAIMON study. <i>Pain</i> , 2019, 160, 2508-2523.	4.2	56
59	Cognitive function after clinical remission in patients with melancholic and non-melancholic depression: A 6 month follow-up study. <i>Journal of Affective Disorders</i> , 2015, 171, 85-92.	4.1	55
60	Zen meditation, Length of Telomeres, and the Role of Experiential Avoidance and Compassion. <i>Mindfulness</i> , 2016, 7, 651-659.	2.8	55
61	Cognitive impairments and depression: a critical review. <i>Actas Espanolas De Psiquiatria</i> , 2015, 43, 187-93.	0.1	55
62	A newer and broader definition of burnout: Validation of the "Burnout Clinical Subtype Questionnaire (BCSQ-36)". <i>BMC Public Health</i> , 2010, 10, 302.	2.9	54
63	A controlled study on the cognitive effect of alpha neurofeedback training in patients with major depressive disorder. <i>Frontiers in Behavioral Neuroscience</i> , 2014, 8, 296.	2.0	54
64	Effectiveness of cognitive behaviour therapy for the treatment of catastrophisation in patients with fibromyalgia: a randomised controlled trial. <i>Arthritis Research and Therapy</i> , 2011, 13, R173.	3.5	53
65	Cost-Utility of a Psychoeducational Intervention in Fibromyalgia Patients Compared With Usual Care. <i>Clinical Journal of Pain</i> , 2013, 29, 702-711.	1.9	51
66	Improving Communication between Physicians and Their Patients through Mindfulness and Compassion-Based Strategies: A Narrative Review. <i>Journal of Clinical Medicine</i> , 2017, 6, 33.	2.4	51
67	Effects of Mindfulness-Based Interventions on Biomarkers and Low-Grade Inflammation in Patients with Psychiatric Disorders: A Meta-Analytic Review. <i>International Journal of Molecular Sciences</i> , 2020, 21, 2484.	4.1	49
68	Relationship of Somatic Symptoms With Depression Severity, Quality of Life, and Health Resources Utilization in Patients With Major Depressive Disorder Seeking Primary Health Care in Spain. <i>Primary Care Companion To the Journal of Clinical Psychiatry</i> , 2008, 10, 355-362.	0.6	49
69	Bifactor analysis and construct validity of the HADS: A cross-sectional and longitudinal study in fibromyalgia patients.. <i>Psychological Assessment</i> , 2014, 26, 395-406.	1.5	47
70	Efficacy of "Attachment-Based Compassion Therapy" in the Treatment of Fibromyalgia: A Randomized Controlled Trial. <i>Frontiers in Psychiatry</i> , 2017, 8, 307.	2.6	47
71	Three Forms of Somatization Presenting in Primary Care Settings in Spain. <i>Journal of Nervous and Mental Disease</i> , 1998, 186, 554-560.	1.0	47
72	SPECT Scan in Somatization Disorder Patients: An Exploratory Study of Eleven Cases. <i>Australian and New Zealand Journal of Psychiatry</i> , 2001, 35, 359-363.	2.3	46

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73	Sociodemographic and occupational risk factors associated with the development of different burnout types: the cross-sectional University of Zaragoza study. <i>BMC Psychiatry</i> , 2011, 11, 49.	2.6	46
74	Effects of mindfulness-based interventions on biomarkers in healthy and cancer populations: a systematic review. <i>BMC Complementary and Alternative Medicine</i> , 2017, 17, 125.	3.7	46
75	Self-Compassion and Cultural Values: A Cross-Cultural Study of Self-Compassion Using a Multitrait-Multimethod (MTMM) Analytical Procedure. <i>Frontiers in Psychology</i> , 2018, 9, 2638.	2.1	46
76	Frequent attendance in primary care: comparison and implications of different definitions. <i>British Journal of General Practice</i> , 2010, 60, e49-e55.	1.4	45
77	Self-Criticism: A Measure of Uncompassionate Behaviors Toward the Self, Based on the Negative Components of the Self-Compassion Scale. <i>Frontiers in Psychology</i> , 2016, 7, 1281.	2.1	45
78	Reassessment of the Psychometric Characteristics and Factor Structure of the "Perceived Stress Questionnaire" (PSQ): Analysis in a Sample of Dental Students. <i>PLoS ONE</i> , 2014, 9, e87071.	2.5	44
79	Higher Glutamate + Glutamine and Reduction of N-acetylaspartate in Posterior Cingulate According to Age Range in Patients with Cognitive Impairment and/or Pain. <i>Academic Radiology</i> , 2014, 21, 1211-1217.	2.5	44
80	A new interview for the multiaxial assessment of psychiatric morbidity in medical settings. <i>Psychological Medicine</i> , 1993, 23, 505-510.	4.5	43
81	Recommendations for the management of comorbidity in hidradenitis suppurativa. <i>Journal of the European Academy of Dermatology and Venereology</i> , 2018, 32, 129-144.	2.4	43
82	Relationship between behavioural coping strategies and acceptance in patients with fibromyalgia syndrome: Elucidating targets of interventions. <i>BMC Musculoskeletal Disorders</i> , 2011, 12, 143.	1.9	42
83	Ontological addiction theory: Attachment to me, mine, and I. <i>Journal of Behavioral Addictions</i> , 2018, 7, 892-896.	3.7	42
84	Orgasmic sexual experiences as a side effect of fluoxetine: a case report. <i>Acta Psychiatrica Scandinavica</i> , 1995, 91, 69-70.	4.5	41
85	Coping with fibromyalgia: Usefulness of the Chronic Pain Coping Inventory-42. <i>Pain</i> , 2007, 132, S68-S76.	4.2	41
86	Cost-utility of cognitive behavioral therapy versus U.S. Food and Drug Administration recommended drugs and usual care in the treatment of patients with fibromyalgia: an economic evaluation alongside a 6-month randomized controlled trial. <i>Arthritis Research and Therapy</i> , 2014, 16, 451.	3.5	41
87	Towards a brief definition of burnout syndrome by subtypes: Development of the "Burnout Clinical Subtypes Questionnaire" (BCSQ-12). <i>Health and Quality of Life Outcomes</i> , 2011, 9, 74.	2.4	40
88	Brain Changes in Long-Term Zen Meditators Using Proton Magnetic Resonance Spectroscopy and Diffusion Tensor Imaging: A Controlled Study. <i>PLoS ONE</i> , 2013, 8, e58476.	2.5	40
89	Economic Impact of Third-Wave Cognitive Behavioral Therapies: A Systematic Review and Quality Assessment of Economic Evaluations in Randomized Controlled Trials. <i>Behavior Therapy</i> , 2018, 49, 124-147.	2.4	39
90	Personality disorders in somatization disorder patients: A controlled study in Spain. <i>Journal of Psychosomatic Research</i> , 2007, 62, 675-680.	2.6	38

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91	Joint Hypermobility and Anxiety: The State of the Art. <i>Current Psychiatry Reports</i> , 2011, 13, 18-25.	4.5	38
92	Psychological Effects of a 1-Month Meditation Retreat on Experienced Meditators: The Role of Non-attachment. <i>Frontiers in Psychology</i> , 2016, 7, 1935.	2.1	38
93	Management of Somatisers in Primary Care: Are Family Doctors Motivated?. <i>Australian and New Zealand Journal of Psychiatry</i> , 1998, 32, 528-533.	2.3	37
94	Brain dysfunction behind functional symptoms: neuroimaging and somatoform, conversive, and dissociative disorders. <i>Current Opinion in Psychiatry</i> , 2009, 22, 224-231.	6.3	36
95	Burnout syndrome among dental students: a short version of the "Burnout Clinical Subtype Questionnaire" adapted for students (BCSQ-12-SS). <i>BMC Medical Education</i> , 2011, 11, 103.	2.4	35
96	Cognitive impairment in remitted and non-remitted depressive patients: A follow-up comparison between first and recurrent episodes. <i>European Neuropsychopharmacology</i> , 2015, 25, 1991-1998.	0.7	35
97	Cost-Utility of Group Acceptance and Commitment Therapy for Fibromyalgia Versus Recommended Drugs: An Economic Analysis Alongside a 6-Month Randomized Controlled Trial Conducted in Spain (EFFIGACT Study). <i>Journal of Pain</i> , 2017, 18, 868-880.	1.4	35
98	Somatisation in Primary Care in Spain. <i>British Journal of Psychiatry</i> , 1996, 168, 348-353.	2.8	33
99	Functional Impairment in Patients with Major Depressive Disorder and Comorbid Anxiety Disorder. <i>Canadian Journal of Psychiatry</i> , 2013, 58, 679-686.	1.9	33
100	The Effects of Individual Upper Alpha Neurofeedback in ADHD: An Open-Label Pilot Study. <i>Applied Psychophysiology Biofeedback</i> , 2014, 39, 193-202.	1.7	33
101	Functional Status, Quality of Life, and Costs Associated With Fibromyalgia Subgroups. <i>Clinical Journal of Pain</i> , 2016, 32, 829-840.	1.9	33
102	Effectiveness of Psychological and Educational Interventions to Prevent Depression in Primary Care: A Systematic Review and Meta-Analysis. <i>Annals of Family Medicine</i> , 2017, 15, 262-271.	1.9	33
103	Prevalence, Characteristics, and Attribution of Somatic Symptoms in Spanish Patients With Major Depressive Disorder Seeking Primary Health Care. <i>Psychosomatics</i> , 2008, 49, 520-529.	2.5	32
104	Understanding burnout according to individual differences: ongoing explanatory power evaluation of two models for measuring burnout types. <i>BMC Public Health</i> , 2012, 12, 922.	2.9	32
105	Psychometric Properties of the Cognitive Emotion Regulation Questionnaire (CERQ) in Patients with Fibromyalgia Syndrome. <i>Frontiers in Psychology</i> , 2017, 8, 2075.	2.1	32
106	Meditation techniques <i>v</i>. relaxation therapies when treating anxiety: a meta-analytic review. <i>Psychological Medicine</i> , 2019, 49, 2118-2133.	4.5	32
107	Stressful life events severity in patients with first and recurrent depressive episodes. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2013, 48, 1963-1969.	3.1	31
108	Attachment-based compassion therapy. <i>Mindfulness &amp; Compassion</i> , 2016, 1, 68-74.	0.5	31

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109	VISUAL FUNCTION AND RETINAL CHANGES IN PATIENTS WITH BIPOLAR DISORDER. <i>Retina</i> , 2019, 39, 2012-2021.	1.7	31
110	Expectations Among Patients and Health Professionals Regarding Web-Based Interventions for Depression in Primary Care: A Qualitative Study. <i>Journal of Medical Internet Research</i> , 2015, 17, e67.	4.3	31
111	Attribution in somatizers: stability and relationship to outcome at 1-year follow-up. <i>Acta Psychiatrica Scandinavica</i> , 1997, 95, 433-438.	4.5	30
112	Validation of a Spanish language version of the pain self-perception scale in patients with fibromyalgia. <i>BMC Musculoskeletal Disorders</i> , 2010, 11, 255.	1.9	30
113	Medical comorbidity in recurrent versus first-episode depressive patients. <i>Acta Psychiatrica Scandinavica</i> , 2011, 123, 220-227.	4.5	30
114	Exploring relations among mindfulness facets and various meditation practices: Do they work in different ways?. <i>Consciousness and Cognition</i> , 2017, 49, 172-180.	1.5	30
115	Epigenetic Response to Mindfulness in Peripheral Blood Leukocytes Involves Genes Linked to Common Human Diseases. <i>Mindfulness</i> , 2018, 9, 1146-1159.	2.8	30
116	Exploring the Role of Meditation and Dispositional Mindfulness on Social Cognition Domains: A Controlled Study. <i>Frontiers in Psychology</i> , 2019, 10, 809.	2.1	30
117	Comprehensive review of generalized anxiety disorder in primary care in Europe. <i>Current Medical Research and Opinion</i> , 2013, 29, 355-367.	1.9	29
118	The Effects of a Single Session of Upper Alpha Neurofeedback for Cognitive Enhancement: A Sham-Controlled Study. <i>Applied Psychophysiology Biofeedback</i> , 2014, 39, 227-236.	1.7	29
119	Mindfulness may both moderate and mediate the effect of physical fitness on cardiovascular responses to stress: a speculative hypothesis. <i>Frontiers in Physiology</i> , 2014, 5, 105.	2.8	29
120	Effects of non-pharmacological interventions on inflammatory biomarker expression in patients with fibromyalgia: a systematic review. <i>Arthritis Research and Therapy</i> , 2015, 17, 272.	3.5	29
121	How Does Mindfulness Work? Exploring a Theoretical Model Using Samples of Meditators and Non-meditators. <i>Mindfulness</i> , 2018, 9, 860-870.	2.8	29
122	Validation of a Spanish version of the psychological inflexibility in pain scale (PIPS) and an evaluation of its relation with acceptance of pain and mindfulness in sample of persons with fibromyalgia. <i>Health and Quality of Life Outcomes</i> , 2013, 11, 62.	2.4	28
123	Impact of mindfulness and self-compassion on anxiety and depression: The mediating role of resilience. <i>International Journal of Clinical and Health Psychology</i> , 2021, 21, 100229.	5.1	28
124	Association Between Joint Hypermobility Syndrome and Panic Disorder: A Case-Control Study. <i>Psychosomatics</i> , 2010, 51, 55-61.	2.5	28
125	Fibromyalgia Is Correlated with Retinal Nerve Fiber Layer Thinning. <i>PLoS ONE</i> , 2016, 11, e0161574.	2.5	28
126	Psychometric properties of the Spanish version of the mindful attention awareness scale (MAAS) in patients with fibromyalgia. <i>Health and Quality of Life Outcomes</i> , 2013, 11, 6.	2.4	26



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127	Building interventions in primary health care for long-term effectiveness in health promotion and disease prevention. A focus on complex and multi-risk interventions. <i>Preventive Medicine</i> , 2015, 76, S1-S4.	3.4	26
128	Value congruence, control, sense of community and demands as determinants of burnout syndrome among hospitality workers. <i>International Journal of Occupational Safety and Ergonomics</i> , 2019, 25, 287-295.	1.9	26
129	Are there adverse effects associated with mindfulness?. <i>Australian and New Zealand Journal of Psychiatry</i> , 2017, 51, 977-979.	2.3	25
130	Exploring the Relationship Between the Acceptability of an Internet-Based Intervention for Depression in Primary Care and Clinical Outcomes: Secondary Analysis of a Randomized Controlled Trial. <i>Frontiers in Psychiatry</i> , 2019, 10, 325.	2.6	25
131	Effects of Attachment-Based Compassion Therapy (ABCT) on Self-compassion and Attachment Style in Healthy People. <i>Mindfulness</i> , 2020, 11, 51-62.	2.8	25
132	Lifestyle change recommendations in major depression: Do they work?. <i>Journal of Affective Disorders</i> , 2015, 183, 221-228.	4.1	24
133	Embodiment and Body Awareness in Meditators. <i>Mindfulness</i> , 2016, 7, 1297-1305.	2.8	24
134	Swimming and peak bone mineral density: A systematic review and meta-analysis. <i>Journal of Sports Sciences</i> , 2018, 36, 1-13.	2.0	24
135	Meditation Practice Is Associated with a Values-Oriented Life: the Mediating Role of Decentering and Mindfulness. <i>Mindfulness</i> , 2017, 8, 1259-1268.	2.8	24
136	Development and initial evaluation of a mobile application to help with mindfulness training and practice. <i>International Journal of Medical Informatics</i> , 2017, 105, 59-67.	3.3	24
137	Machine Learning to Understand the Immune-Inflammatory Pathways in Fibromyalgia. <i>International Journal of Molecular Sciences</i> , 2019, 20, 4231.	4.1	24
138	Perceived Stress Latent Factors and the Burnout Subtypes: A Structural Model in Dental Students. <i>PLoS ONE</i> , 2014, 9, e99765.	2.5	24
139	Gender differences in mental health during the economic crisis. <i>Psicothema</i> , 2016, 28, 407-413.	0.9	24
140	A Review of the Differences between Somatizing and Psychologizing Patients in Primary Care. <i>International Journal of Psychiatry in Medicine</i> , 1999, 29, 337-345.	1.8	23
141	Effectiveness of the psychological and pharmacological treatment of catastrophization in patients with fibromyalgia: a randomized controlled trial. <i>Trials</i> , 2009, 10, 24.	1.6	23
142	Mindfulness-Based Stress Reduction (MBSR) in Perceived Stress and Quality of Life: An Open, Uncontrolled Study in a Brazilian Healthy Sample. <i>Explore: the Journal of Science and Healing</i> , 2014, 10, 118-120.	1.0	23
143	Validation of the Spanish version of the Multidimensional State Boredom Scale (MSBS). <i>Health and Quality of Life Outcomes</i> , 2015, 13, 59.	2.4	23
144	Psychometric Properties of the Spanish Version of the Nonattachment Scale (NAS) and Its Relationship with Mindfulness, Decentering, and Mental Health. <i>Mindfulness</i> , 2016, 7, 1156-1169.	2.8	23

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145	Meditation-Induced Near-Death Experiences: a 3-Year Longitudinal Study. <i>Mindfulness</i> , 2018, 9, 1794-1806.	2.8	23
146	Is cognitive-behavioural therapy more effective than relaxation therapy in the treatment of anxiety disorders? A meta-analysis. <i>Psychological Medicine</i> , 2018, 48, 1427-1436.	4.5	23
147	Effects of attachment-based compassion therapy (ABCT) on brain-derived neurotrophic factor and low-grade inflammation among fibromyalgia patients: A randomized controlled trial. <i>Scientific Reports</i> , 2019, 9, 15639.	3.3	23
148	Controlled clinical trial comparing the effectiveness of a mindfulness and self-compassion 4-session programme versus an 8-session programme to reduce work stress and burnout in family and community medicine physicians and nurses: MINDUDD study protocol. <i>BMC Family Practice</i> , 2019, 20, 24.	2.9	23
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