Peter Malliaras

List of Publications by Year
in descending order

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110	4,013	147566	128067
papers	citations	31	60
		h-index	g-index

113	113	113	3076
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	Achilles and Patellar Tendinopathy Loading Programmes. Sports Medicine, 2013, 43, 267-286.	3.1	318
2	Patellar Tendinopathy: Clinical Diagnosis, Load Management, and Advice for Challenging Case Presentations. Journal of Orthopaedic and Sports Physical Therapy, 2015, 45, 887-898.	1.7	212
3	Effect of High-Volume Injection, Platelet-Rich Plasma, and Sham Treatment in Chronic Midportion Achilles Tendinopathy: A Randomized Double-Blinded Prospective Study. American Journal of Sports Medicine, 2017, 45, 2034-2043.	1.9	185
4	Reduced ankle dorsiflexion range may increase the risk of patellar tendon injury among volleyball players. Journal of Science and Medicine in Sport, 2006, 9, 304-309.	0.6	176
5	Gluteal muscle activity and patellofemoral pain syndrome: a systematic review. British Journal of Sports Medicine, 2013, 47, 207-214.	3.1	156
6	Return to Competitive Play After Hamstring Injuries Involving Disruption of the Central Tendon. American Journal of Sports Medicine, 2013, 41, 111-115.	1.9	142
7	Biomechanical Risk Factors Associated with Running-Related Injuries: A Systematic Review. Sports Medicine, 2019, 49, 1095-1115.	3.1	140
8	ICON 2019: International Scientific Tendinopathy Symposium Consensus: Clinical Terminology. British Journal of Sports Medicine, 2020, 54, 260-262.	3.1	133
9	Systematic Review and Recommendations for Intracompartmental Pressure Monitoring in Diagnosing Chronic Exertional Compartment Syndrome of the Leg. Clinical Journal of Sport Medicine, 2012, 22, 356-370.	0.9	114
10	The prevalence and clinical significance of sonographic tendon abnormalities in asymptomatic ballet dancers: a 24-month longitudinal study. British Journal of Sports Medicine, 2013, 47, 89-92.	3.1	110
11	Patellar tendon adaptation in relation to load-intensity and contraction type. Journal of Biomechanics, 2013, 46, 1893-1899.	0.9	101
12	Conservative Management of Midportion Achilles Tendinopathy. Sports Medicine, 2012, 42, 941-967.	3.1	99
13	Neovascularization and Pain in Abnormal Patellar Tendons of Active Jumping Athletes. Clinical Journal of Sport Medicine, 2004, 14, 296-299.	0.9	86
14	Hamstring exercises for track and field athletes: injury and exercise biomechanics, and possible implications for exercise selection and primary prevention. British Journal of Sports Medicine, 2012, 46, 846-851.	3.1	85
15	ICON 2019â€"International Scientific Tendinopathy Symposium Consensus: There are nine core health-related domains for tendinopathy (CORE DOMAINS): Delphi study of healthcare professionals and patients. British Journal of Sports Medicine, 2020, 54, 444-451.	3.1	85
16	Therapeutic exercise for rotator cuff tendinopathy. International Journal of Rehabilitation Research, 2015, 38, 95-106.	0.7	79
17	The central nervous system â€“ An additional consideration in â€˜rotator cuff tendinopathyâ€™ and a potential basis for understanding response to loaded therapeutic exercise. Manual Therapy, 2013, 18, 468-472.	1.6	68
18	Diagnostic Performance of Axial-Strain Sonoelastography in Confirming Clinically Diagnosed Achilles Tendinopathy: Comparison with B-Mode Ultrasound and Color Doppler Imaging. Ultrasound in Medicine and Biology, 2015, 41, 15-25.	0.7	64

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19	Achilles Tendon Doppler Flow May be Associated with Mechanical Loading among Active Athletes. American Journal of Sports Medicine, 2008, 36, 2210-2215.	1.9	59
20	Proximal Hamstring Tendinopathy: Clinical Aspects of Assessment and Management. Journal of Orthopaedic and Sports Physical Therapy, 2016, 46, 483-493.	1.7	59
21	Immediate and short-term effects of exercise on tendon structure: biochemical, biomechanical and imaging responses. British Medical Bulletin, 2012, 103, 169-202.	2.7	58
22	The relationship between hip muscle strength and dynamic knee valgus in asymptomatic females: A systematic review. Physical Therapy in Sport, 2019, 37, 197-209.	0.8	58
23	Test-retest reliability of two-dimensional video analysis during running. Physical Therapy in Sport, 2018, 33, 40-47.	0.8	55
24	ICON PART-T 2019â€“International Scientific Tendinopathy Symposium Consensus: recommended standards for reporting participant characteristics in tendinopathy research (PART-T). British Journal of Sports Medicine, 2020, 54, 627-630.	3.1	52
25	A soft patellar tendon on ultrasound elastography is associated with pain and functional deficit in volleyball players. Journal of Science and Medicine in Sport, 2016, 19, 373-378.	0.6	51
26	Patellar Tendons with Normal Imaging and Pain: Change in Imaging and Pain Status over a Volleyball Season. Clinical Journal of Sport Medicine, 2006, 16, 388-391.	0.9	49
27	Self-managed loaded exercise versus usual physiotherapy treatment for rotator cuff tendinopathy: a pilot randomised controlled trial. Physiotherapy, 2014, 100, 54-60.	0.2	47
28	Is Vascularity More Evident After Exercise? Implications for Tendon Imaging. American Journal of Roentgenology, 2005, 185, 1138-1140.	1.0	39
29	Changes on Tendon Stiffness and Clinical Outcomes in Athletes Are Associated With Patellar Tendinopathy After Eccentric Exercise. Clinical Journal of Sport Medicine, 2020, 30, 25-32.	0.9	39
30	General practice management of rotator cuff related shoulder pain: A reliance on ultrasound and injection guided care. PLoS ONE, 2020, 15, e0227688.	1.1	37
31	Muscle and intensity based hamstring exercise classification in elite female track and field athletes: implications for exercise selection during rehabilitation. Open Access Journal of Sports Medicine, 2015, 6, 209.	0.6	36
32	Eccentric training programmes in the management of lateral elbow tendinopathy. Disability and Rehabilitation, 2008, 30, 1590-1596.	0.9	35
33	Effect of Platelet-Rich Plasma on Nonsurgically Treated Acute Achilles Tendon Ruptures: A Randomized, Double-Blinded Prospective Study. American Journal of Sports Medicine, 2020, 48, 2268-2276.	1.9	34
34	â€œIt's disappointing and it's pretty frustrating, because it feels like it's something that will never go away.â€•A qualitative study exploring individualsâ€™ beliefs and experiences of Achilles tendinopathy. PLoS ONE, 2020, 15, e0233459.	1.1	34
35	Patellar Tendinopathy and Potential Risk Factors. Clinical Journal of Sport Medicine, 2017, 27, 468-474.	0.9	33
36	Effectiveness of progressive and resisted and non-progressive or non-resisted exercise in rotator cuff related shoulder pain: a systematic review and meta-analysis of randomized controlled trials. Clinical Rehabilitation, 2020, 34, 1198-1216.	1.0	33

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37	Hamstring Muscle Injuries, a Rehabilitation Protocol Purpose. Asian Journal of Sports Medicine, 2015, 6, e25411.	0.1	31
38	Movement Patterns and Muscular Function Before and After Onset of Sports-Related Groin Pain: A Systematic Review with Meta-analysis. Sports Medicine, 2016, 46, 1847-1867.	3.1	31
39	Hydration Strategies of Runners in the London Marathon. Clinical Journal of Sport Medicine, 2012, 22, 152-156.	0.9	30
40	High volume injection with and without corticosteroid in chronic midportion achilles tendinopathy. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 1223-1231.	1.3	30
41	Internet and Telerehabilitation-Delivered Management of Rotator Cuffâ€"Related Shoulder Pain (INTEL) Tj ETQq1 1 0.784314 rgBT /Ov	1.8	30
42	Development of a self-managed loaded exercise programme for rotator cuff tendinopathy. Physiotherapy, 2013, 99, 358-362.	0.2	28
43	Thicker Achilles tendons are a risk factor to develop Achilles tendinopathy in elite professional soccer players. Muscles, Ligaments and Tendons Journal, 2011, 1, 51-6.	0.1	28
44	Patients with rotator cuff tendinopathy can successfully self-manage, but with certain caveats: a qualitative study. Physiotherapy, 2014, 100, 80-85.	0.2	26
45	Sonoelastography of the Achilles Tendon. Clinical Journal of Sport Medicine, 2016, 26, 299-306.	0.9	26
46	The effect of anti-pronation foot orthoses on hip and knee kinematics and muscle activity during a functional step-up task in healthy individuals: A laboratory study. Clinical Biomechanics, 2014, 29, 177-182.	0.5	25
47	Development and validation of a questionnaire (FASHâ€"Functional Assessment Scale for Acute) Tj ETQq1 1 0.784314 rgBT /Overlock 1 patients with acute hamstring injuries. British Journal of Sports Medicine, 2014, 48, 1607-1612.	3.1	25
48	Education and exercise supplemented by a pain-guided hopping intervention for male recreational runners with midportion Achilles tendinopathy: A single cohort feasibility study. Physical Therapy in Sport, 2019, 40, 107-116.	0.8	25
49	The OMERACT Core Domain Set for Clinical Trials of Shoulder Disorders. Journal of Rheumatology, 2019, 46, 969-975.	1.0	25
50	The Efficacy of Higher Versus Lower Dose Exercise in Rotator Cuff Tendinopathy: A Systematic Review of Randomized Controlled Trials. Archives of Physical Medicine and Rehabilitation, 2020, 101, 1822-1834.	0.5	24
51	Incidence of Tendinopathy in Team Sports in a Multidisciplinary Sports Club Over 8 Seasons. Journal of Sports Science and Medicine, 2019, 18, 780-788.	0.7	23
52	Changes in anteroposterior patellar tendon diameter support a continuum of pathological changes. British Journal of Sports Medicine, 2011, 45, 1048-1051.	3.1	22
53	Efficacy of heel lifts versus calf muscle eccentric exercise for mid-portion Achilles tendinopathy (HEALTHY): a randomised trial. British Journal of Sports Medicine, 2021, 55, 486-492.	3.1	21
54	Medial tibial pain pressure threshold algometry in runners. Knee Surgery, Sports Traumatology, Arthroscopy, 2014, 22, 1549-1555.	2.3	20

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55	Foot Posture and Patellar Tendon Pain Among Adult Volleyball Players. Clinical Journal of Sport Medicine, 2012, 22, 157-159.	0.9	19
56	Gluteal muscle activation during the isometric phase of squatting exercises with and without a Swiss ball. Physical Therapy in Sport, 2014, 15, 39-46.	0.8	18
57	Two-dimensional video analysis can discriminate differences in running kinematics between recreational runners with and without running-related knee injury. Physical Therapy in Sport, 2019, 38, 184-191.	0.8	18
58	Measuring patient-reported outcomes (PROs/PROMs) in people with Achilles tendinopathy: how useful is the VISA-A?. British Journal of Sports Medicine, 2018, 52, 1221-1221.	3.1	17
59	Immediate and Short-Term Effects of Short- and Long-Duration Isometric Contractions in Patellar Tendinopathy. Clinical Journal of Sport Medicine, 2018, Publish Ahead of Print, 335-340.	0.9	16
60	Intratendinous tears of the Achilles tendon - a new pathology? Analysis of a large 4-year cohort. Muscles, Ligaments and Tendons Journal, 2017, 7, 53.	0.1	16
61	Cognitive and contextual factors to optimise clinical outcomes in tendinopathy. British Journal of Sports Medicine, 2018, 52, 822-823.	3.1	15
62	â€˜There is a very distinct need for educationâ€™ among people with rotator cuff tendinopathy: An exploration of health professionals' attitudes. Musculoskeletal Science and Practice, 2020, 45, 102103.	0.6	15
63	Are Plantarflexor Muscle Impairments Present Among Individuals with Achilles Tendinopathy and Do They Change with Exercise? A Systematic Review with Meta-analysis. Sports Medicine - Open, 2021, 7, 18.	1.3	15
64	Inertial flywheel vs heavy slow resistance training among athletes with patellar tendinopathy: A randomised trial. Physical Therapy in Sport, 2021, 52, 30-37.	0.8	15
65	ICON 2020â€”International Scientific Tendinopathy Symposium Consensus: A Systematic Review of Outcome Measures Reported in Clinical Trials of Achilles Tendinopathy. Sports Medicine, 2022, 52, 613-641.	3.1	15
66	Current practices in determining return to play following head injury in professional football in the UK. British Journal of Sports Medicine, 2012, 46, 1000-1003.	3.1	14
67	Adaptation of Tendon Structure and Function in Tendinopathy With Exercise and Its Relationship to Clinical Outcome. Journal of Sport Rehabilitation, 2020, 29, 107-115.	0.4	14
68	Is Ankle Plantar Flexor Strength Associated With Balance and Walking Speed in Healthy People? A Systematic Review and Meta-Analysis. Physical Therapy, 2021, 101, .	1.1	12
69	The strength of association between psychological factors and clinical outcome in tendinopathy: A systematic review. PLoS ONE, 2020, 15, e0242568.	1.1	11
70	Model-based data augmentation for user-independent fatigue estimation. Computers in Biology and Medicine, 2021, 137, 104839.	3.9	10
71	Understanding mechanisms to improve exercise interventions in tendinopathy. Physical Therapy in Sport, 2017, 27, 50-51.	0.8	9
72	Potential risk factors leading to tendinopathy. Apunts Medicine De L'Esport, 2017, 52, 71-77.	0.5	9

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73	Central sensitisation in different tendinopathies: are we comparing apples and oranges?. British Journal of Sports Medicine, 2019, 53, 142-143.	3.1	9
74	â€˜He explains it in a way that I have confidence he knows what he is doingâ€™: A qualitative study of patients' experiences and perspectives of rotatorâ€cuffâ€related shoulder pain education. Musculoskeletal Care, 2021, 19, 217-231.	0.6	9
75	Patient-Facing Mobile Apps to Support Physiotherapy Care: Protocol for a Systematic Review of Apps Within App Stores. JMIR Research Protocols, 2021, 10, e29047.	0.5	9
76	Subclassification of recreational runners with a running-related injury based on running kinematics evaluated with marker-based two-dimensional video analysis. Physical Therapy in Sport, 2020, 44, 99-106.	0.8	8
77	Conservative management of acute lower limb tendinopathies: A systematic review. Musculoskeletal Care, 2021, 19, 110-126.	0.6	8
78	Immediate and long-term effects of mechanical loading on Achilles tendon volume: A systematic review and meta-analysis. Journal of Biomechanics, 2021, 118, 110289.	0.9	8
79	Patient perspectives on participation in exercise-based rehabilitation for Achilles tendinopathy: A qualitative study. Musculoskeletal Science and Practice, 2021, 56, 102450.	0.6	8
80	Efficacy of heel lifts versus calf muscle eccentric exercise for midâ€portion Achilles tendinopathy (the) Tj ETQq0 0 0 rgBT /Overlock 10 Tf	0.7	7
81	Real-time sonoelastography evaluation of the Achilles tendon following ultrasound-guided platelet-rich plasma injection and eccentric exercise for the treatment of refractory Achilles tendinopathy. Ultrasound, 2019, 27, 138-147.	0.3	7
82	Efficacy of different load intensity and time-under-tension calf loading protocols for Achilles tendinopathy (the LOADIT trial): protocol for a randomised pilot study. Pilot and Feasibility Studies, 2020, 6, 99.	0.5	7
83	Contralateral mechanical hyperalgesia and altered pain modulation in men who have unilateral insertional Achilles tendinopathy: A cross-sectional study. Musculoskeletal Science and Practice, 2021, 52, 102353.	0.6	7
84	Infographic. Achilles and patellar tendinopathy rehabilitation: strive to implement loading principles not recipes. British Journal of Sports Medicine, 2018, 52, 1232-1233.	3.1	6
85	Self-reported pain with single leg heel raise or single leg hop offer distinct information as measures of severity in men with midportion and insertional Achilles tendinopathy: An observational cross-sectional study. Physical Therapy in Sport, 2021, 47, 23-31.	0.8	6
86	Reliability of Human Achilles Tendon Stiffness Measures Using Freehand 3-D Ultrasound. Ultrasound in Medicine and Biology, 2021, 47, 973-981.	0.7	4
87	Active knee range of motion assessment in elite track and field athletes: normative values. Muscles, Ligaments and Tendons Journal, 2015, 5, 203-7.	0.1	3
88	Factors associated with outcome following exercise interventions for Achilles tendinopathy: A systematic review. Physiotherapy Research International, 2021, 26, e1889.	0.7	3
89	The effectiveness of PROLOTHERAPY for recalcitrant Medial TIBIAL Stress Syndrome: a prospective consecutive CASE series. Journal of Foot and Ankle Research, 2021, 14, 32.	0.7	3
90	Assessment of ankle plantar flexor neuromuscular properties: A reliability study. Journal of Electromyography and Kinesiology, 2021, 61, 102603.	0.7	3

#	Article	IF	Citations
91	ICON 2020â€"International Scientific Tendinopathy Symposium Consensus: A Scoping Review of Psychological and Psychosocial Constructs and Outcome Measures Reported in Tendinopathy Clinical Trials. Journal of Orthopaedic and Sports Physical Therapy, 2022, 52, 375-388.	1.7	3
92	Recreational runners with Achilles tendinopathy have clinically detectable impairments: A case-control study. Physical Therapy in Sport, 2022, 55, 241-247.	0.8	2
93	70â€…Intratendinous Tears Of The Achilles Tendon â€" A New Pathology? Analysis Of A Large 4 Year Cohort. British Journal of Sports Medicine, 2014, 48, A45-A46.	3.1	1
94	Efficacy of high-volume injections with and without corticosteroid compared with sham for Achilles tendinopathy: a protocol for a randomised controlled trial. BMJ Open Sport and Exercise Medicine, 2021, 7, e001136.	1.4	1
95	Is the heavy slow resistance program effective for all patients with tendinopathy and effective for all its sites?. Journal of Sports Medicine and Physical Fitness, 2016, 56, 1430-1431.	0.4	1
96	Evaluating daily physical activity and biomechanical measures using wearable technology in people with Achilles tendinopathy: A descriptive exploratory study. Musculoskeletal Science and Practice, 2022, 58, 102534.	0.6	1
97	A modelling approach to aid the understanding of high volume image guided injection in recalcitrant achilles tendinopathy. British Journal of Sports Medicine, 2011, 45, x-e1.	3.1	0
98	21â€…The Response Of Human Tendon To Different Chronic Loading Interventions: A Systematic Review. British Journal of Sports Medicine, 2014, 48, A14.1-A14.	3.1	0
99	19â€…High-volume injection with and without corticosteroid in chronic midportion achilles tendinopathy â€" a randomised double blinded prospective study. , 2018, , .		0
100	17â€…Subclassification of recreational runners with a running-related injury based on running kinematics measured with two-dimensional video analysis. , 2019, , .		0
101	18â€…Two-dimensional video analysis during running in recreational runners with and without running-related knee injury. , 2019, , .		0
102	French physiotherapy management of rotator cuff related shoulder pain: An observational study. Musculoskeletal Care, 2021, , .	0.6	0
103	Patient knowledge of rotator cuff related shoulder pain condition and treatment and validation of a patientâ€reported knowledge questionnaire. Musculoskeletal Care, 2021, 19, 504-514.	0.6	0
104	Use of Behavior Change Techniques Alongside Exercise in the Management of Rotator Cuffâ€"Related Shoulder Pain: A Scoping Review. Physical Therapy, 2022, 102, .	1.1	0
105	Title is missing!. , 2020, 15, e0242568.		0
106	Title is missing!. , 2020, 15, e0242568.		0
107	Title is missing!. , 2020, 15, e0242568.		0
108	Title is missing!. , 2020, 15, e0242568.		0

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109	The acute effects of higher versus lower load duration and intensity on morphological and mechanical properties of the healthy Achilles tendon: a randomized crossover trial. Journal of Experimental Biology, 2022, , .	0.8	0
110	Tendinopathy. , 2022, , 233-242.		0