

# Markku Peltonen

## List of Publications by Year in descending order

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292  
papers

29,897  
citations

8181  
76  
h-index

5255  
165  
g-index

295  
all docs

295  
docs citations

295  
times ranked

29885  
citing authors

#	ARTICLE	IF	CITATIONS
1	Lifestyle, Diabetes, and Cardiovascular Risk Factors 10 Years after Bariatric Surgery. New England Journal of Medicine, 2004, 351, 2683-2693.	27.0	4,023
2	A 2 year multidomain intervention of diet, exercise, cognitive training, and vascular risk monitoring versus control to prevent cognitive decline in at-risk elderly people (FINGER): a randomised controlled trial. Lancet, The, 2015, 385, 2255-2263.	13.7	2,307
3	Sustained reduction in the incidence of type 2 diabetes by lifestyle intervention: follow-up of the Finnish Diabetes Prevention Study. Lancet, The, 2006, 368, 1673-1679.	13.7	1,530
4	Bariatric Surgery and Long-term Cardiovascular Events. JAMA - Journal of the American Medical Association, 2012, 307, 56.	7.4	1,341
5	Association of Bariatric Surgery With Long-term Remission of Type 2 Diabetes and With Microvascular and Macrovascular Complications. JAMA - Journal of the American Medical Association, 2014, 311, 2297.	7.4	849
6	Bariatric Surgery and Prevention of Type 2 Diabetes in Swedish Obese Subjects. New England Journal of Medicine, 2012, 367, 695-704.	27.0	698
7	Effects of bariatric surgery on cancer incidence in obese patients in Sweden (Swedish Obese Subjects) Tj ETQq1 1 0.784314 rgBT /Overl 10.7 659	10.7	659
8	Prediction of Non-Alcoholic Fatty Liver Disease and Liver Fat Using Metabolic and Genetic Factors. Gastroenterology, 2009, 137, 865-872.	1.3	646
9	Thirty-five-year trends in cardiovascular risk factors in Finland. International Journal of Epidemiology, 2010, 39, 504-518.	1.9	429
10	Diabetes, Alzheimer disease, and vascular dementia. Neurology, 2010, 75, 1195-1202.	1.1	422
11	Improved lifestyle and decreased diabetes risk over 13Âyears: long-term follow-up of the randomised Finnish Diabetes Prevention Study (DPS). Diabetologia, 2013, 56, 284-293.	6.3	416
12	A European Evidence-Based Guideline for the Prevention of Type 2 Diabetes. Hormone and Metabolic Research, 2010, 42, S3-S36.	1.5	385
13	The Finnish Geriatric Intervention Study to Prevent Cognitive Impairment and Disability (FINGER): Study design and progress. Alzheimer's and Dementia, 2013, 9, 657-665.	0.8	385
14	Lifestyle Intervention with Weight Reduction. American Journal of Respiratory and Critical Care Medicine, 2009, 179, 320-327.	5.6	361
15	Differentiated Long-Term Effects of Intentional Weight Loss on Diabetes and Hypertension. Hypertension, 2000, 36, 20-25.	2.7	340
16	Long-term and recent trends in hypertension awareness, treatment, and control in 12 high-income countries: an analysis of 123 nationally representative surveys. Lancet, The, 2019, 394, 639-651.	13.7	325
17	Cross-sectional evaluation of the Finnish Diabetes Risk Score: a tool to identify undetected type 2 diabetes, abnormal glucose tolerance and metabolic syndrome. Diabetes and Vascular Disease Research, 2005, 2, 67-72.	2.0	273
18	Life Expectancy after Bariatric Surgery in the Swedish Obese Subjects Study. New England Journal of Medicine, 2020, 383, 1535-1543.	27.0	272

#	ARTICLE	IF	CITATIONS
19	Associations of Chronotype and Sleep With Cardiovascular Diseases and Type 2 Diabetes. <i>Chronobiology International</i> , 2013, 30, 470-477.	2.0	270
20	Lifestyle Intervention for Prevention of Type 2 Diabetes in Primary Health Care. <i>Diabetes Care</i> , 2010, 33, 2146-2151.	8.6	265
21	Worldwide FINGERS Network: A global approach to risk reduction and prevention of dementia. <i>Alzheimer's and Dementia</i> , 2020, 16, 1078-1094.	0.8	257
22	High-fibre, low-fat diet predicts long-term weight loss and decreased type 2 diabetes risk: the Finnish Diabetes Prevention Study. <i>Diabetologia</i> , 2006, 49, 912-920.	6.3	249
23	Factors Associated With Delayed Admission to Hospital and In-Hospital Delays in Acute Stroke and TIA. <i>Stroke</i> , 1999, 30, 40-48.	2.0	243
24	The effects of physical activity and body mass index on cardiovascular, cancer and all-cause mortality among 47,212 middle-aged Finnish men and women. <i>International Journal of Obesity</i> , 2005, 29, 894-902.	3.4	237
25	Multidomain lifestyle intervention benefits a large elderly population at risk for cognitive decline and dementia regardless of baseline characteristics: The FINGER trial. <i>Alzheimer's and Dementia</i> , 2018, 14, 263-270.	0.8	236
26	Musculoskeletal pain in the obese: a comparison with a general population and long-term changes after conventional and surgical obesity treatment. <i>Pain</i> , 2003, 104, 549-557.	4.2	232
27	Laparoscopic Roux-en-Y gastric bypass in adolescents with severe obesity (AMOS): a prospective, 5-year, Swedish nationwide study. <i>Lancet Diabetes and Endocrinology</i> , 2017, 5, 174-183.	11.4	226
28	Trends in self-reported sleep duration and insomnia-related symptoms in Finland from 1972 to 2005: a comparative review and reanalysis of Finnish population samples. <i>Journal of Sleep Research</i> , 2008, 17, 54-62.	3.2	216
29	Cohort Profile: The National FINRISK Study. <i>International Journal of Epidemiology</i> , 2018, 47, 696-696i.	1.9	214
30	Forty-year trends in cardiovascular risk factors in Finland. <i>European Journal of Public Health</i> , 2015, 25, 539-546.	0.3	208
31	Relation of Chronotype to Sleep Complaints in the General Finnish Population. <i>Chronobiology International</i> , 2012, 29, 311-317.	2.0	205
32	Take Action to Prevent Diabetes – The IMAGE Toolkit for the Prevention of Type 2 Diabetes in Europe. <i>Hormone and Metabolic Research</i> , 2010, 42, S37-S55.	1.5	197
33	High Expression of Complement Components in Omental Adipose Tissue in Obese Men. <i>Obesity</i> , 2003, 11, 699-708.	4.0	195
34	Evening types are prone to depression. <i>Chronobiology International</i> , 2013, 30, 719-725.	2.0	192
35	Effect of Lifestyle Intervention on the Occurrence of Metabolic Syndrome and its Components in the Finnish Diabetes Prevention Study. <i>Diabetes Care</i> , 2008, 31, 805-807.	8.6	178
36	Effect of short-term carbohydrate overfeeding and long-term weight loss on liver fat in overweight humans. <i>American Journal of Clinical Nutrition</i> , 2012, 96, 727-734.	4.7	171

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37	High prevalence of undiagnosed coeliac disease in adults: a Swedish population-based study. <i>Journal of Internal Medicine</i> , 1999, 245, 63-68.	6.0	169
38	National type 2 diabetes prevention programme in Finland: FIN-D2D. <i>International Journal of Circumpolar Health</i> , 2007, 66, 101-112.	1.2	162
39	Self-reported sleep duration, all-cause mortality, cardiovascular mortality and morbidity in Finland. <i>Sleep Medicine</i> , 2011, 12, 215-221.	1.6	159
40	Bariatric Surgery and the Risk of New-Onset Atrial Fibrillation in Swedish Obese Subjects. <i>Journal of the American College of Cardiology</i> , 2016, 68, 2497-2504.	2.8	159
41	Ten-Year Mortality and Cardiovascular Morbidity in the Finnish Diabetes Prevention Study – Secondary Analysis of the Randomized Trial. <i>PLoS ONE</i> , 2009, 4, e5656.	2.5	158
42	Cardiovascular Events After Bariatric Surgery in Obese Subjects With Type 2 Diabetes. <i>Diabetes Care</i> , 2012, 35, 2613-2617.	8.6	152
43	Determinants of Diabetes Remission and Glycemic Control After Bariatric Surgery. <i>Diabetes Care</i> , 2016, 39, 166-174.	8.6	152
44	Associations of serum indolepropionic acid, a gut microbiota metabolite, with type 2 diabetes and low-grade inflammation in high-risk individuals. <i>Nutrition and Diabetes</i> , 2018, 8, 35.	3.2	147
45	The European Perspective of Type 2 Diabetes Prevention: Diabetes in Europe - Prevention Using Lifestyle, Physical Activity and Nutritional Intervention (DE-PLAN) Project. <i>Experimental and Clinical Endocrinology and Diabetes</i> , 2008, 116, 167-172.	1.2	144
46	The Impact of History of Hypertension and Type 2 Diabetes at Baseline on the Incidence of Stroke and Stroke Mortality. <i>Stroke</i> , 2005, 36, 2538-2543.	2.0	142
47	Alcohol consumption and alcohol problems after bariatric surgery in the swedish obese subjects study. <i>Obesity</i> , 2013, 21, 2444-2451.	3.0	136
48	Effect of the Apolipoprotein E Genotype on Cognitive Change During a Multidomain Lifestyle Intervention. <i>JAMA Neurology</i> , 2018, 75, 462.	9.0	136
49	Circadian preference links to depression in general adult population. <i>Journal of Affective Disorders</i> , 2015, 188, 143-148.	4.1	135
50	Determinants for the Effectiveness of Lifestyle Intervention in the Finnish Diabetes Prevention Study. <i>Diabetes Care</i> , 2008, 31, 857-862.	8.6	134
51	Anti-inflammatory effect of lifestyle changes in the Finnish Diabetes Prevention Study. <i>Diabetologia</i> , 2009, 52, 433-442.	6.3	133
52	Metabolically healthy and unhealthy obesity phenotypes in the general population: the FIN-D2D Survey. <i>BMC Public Health</i> , 2011, 11, 754.	2.9	133
53	Health Care Use During 20 Years Following Bariatric Surgery. <i>JAMA - Journal of the American Medical Association</i> , 2012, 308, 1132.	7.4	131
54	Pharmaceutical Costs in Obese Individuals. <i>Archives of Internal Medicine</i> , 2002, 162, 2061.	3.8	128

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55	Two Year Reduction In Sleep Apnea Symptoms and Associated Diabetes Incidence After Weight Loss In Severe Obesity. <i>Sleep</i> , 2007, 30, 703-710.	1.1	128
56	Risk of suicide and non-fatal self-harm after bariatric surgery: results from two matched cohort studies. <i>Lancet Diabetes and Endocrinology</i> , 2018, 6, 197-207.	11.4	124
57	Two-year outcome of laparoscopic Roux-en-Y gastric bypass in adolescents with severe obesity: results from a Swedish Nationwide Study (AMOS). <i>International Journal of Obesity</i> , 2012, 36, 1388-1395.	3.4	119
58	Blood Pressure and Pulse Pressure during Long-Term Weight Loss in the Obese: The Swedish Obese Subjects (SOS) Intervention Study. <i>Obesity</i> , 2001, 9, 188-195.	4.0	117
59	Long-term incidence of microvascular disease after bariatric surgery or usual care in patients with obesity, stratified by baseline glycaemic status: a post-hoc analysis of participants from the Swedish Obese Subjects study. <i>Lancet Diabetes and Endocrinology</i> , 2017, 5, 271-279.	11.4	111
60	Systemic Immune Mediators and Lifestyle Changes in the Prevention of Type 2 Diabetes. <i>Diabetes</i> , 2006, 55, 2340-2346.	0.6	110
61	Stroke Units in Their Natural Habitat. <i>Stroke</i> , 1999, 30, 709-714.	2.0	107
62	A population-based study on the prevalence of NASH using scores validated against liver histology. <i>Journal of Hepatology</i> , 2014, 60, 839-846.	3.7	107
63	Urinary sodium and potassium excretion and the risk of type 2 diabetes: a prospective study in Finland. <i>Diabetologia</i> , 2005, 48, 1477-1483.	6.3	106
64	Telomere length in circulating leukocytes is associated with lung function and disease. <i>European Respiratory Journal</i> , 2014, 43, 983-992.	6.7	103
65	Sleep Duration, Lifestyle Intervention, and Incidence of Type 2 Diabetes in Impaired Glucose Tolerance. <i>Diabetes Care</i> , 2009, 32, 1965-1971.	8.6	102
66	Long-term incidence of female-specific cancer after bariatric surgery or usual care in the Swedish Obese Subjects Study. <i>Gynecologic Oncology</i> , 2017, 145, 224-229.	1.4	98
67	Primary prevention and risk factor reduction in coronary heart disease mortality among working aged men and women in eastern Finland over 40 years: population based observational study. <i>BMJ</i> , 2016, 352, i721.	6.0	93
68	Human PNPLA3-I148M variant increases hepatic retention of polyunsaturated fatty acids. <i>JCI Insight</i> , 2019, 4, .	5.0	93
69	Clinical and lifestyle-related risk factors for incident multimorbidity: 10-year follow-up of Finnish population-based cohorts 1982-2012. <i>European Journal of Internal Medicine</i> , 2015, 26, 211-216.	2.2	91
70	Sleep duration is associated with an increased risk for the prevalence of type 2 diabetes in middle-aged women - The FIN-D2D survey. <i>Sleep Medicine</i> , 2008, 9, 221-227.	1.6	88
71	Gallstones, Gallbladder Disease, and Pancreatitis: Cross-Sectional and 2-Year Data From The Swedish Obese Subjects (SOS) and SOS Reference Studies. <i>American Journal of Gastroenterology</i> , 2003, 98, 1032-1041.	0.4	87
72	Sustained improvement in mild obstructive sleep apnea after a diet- and physical activity-based lifestyle intervention: postinterventional follow-up. <i>American Journal of Clinical Nutrition</i> , 2010, 92, 688-696.	4.7	87

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73	Low and high circulating cortisol levels predict mortality and cognitive dysfunction early after stroke. <i>Journal of Internal Medicine</i> , 2004, 256, 15-21.	6.0	86
74	All-cause and disease-specific mortality among male, former elite athletes: an average 50-year follow-up. <i>British Journal of Sports Medicine</i> , 2015, 49, 893-897.	6.7	86
75	Use of HOMA-IR to diagnose non-alcoholic fatty liver disease: a population-based and inter-laboratory study. <i>Diabetologia</i> , 2017, 60, 1873-1882.	6.3	85
76	Two variants of extracellular-superoxide dismutase: relationship to cardiovascular risk factors in an unselected middle-aged population. <i>Journal of Internal Medicine</i> , 1997, 242, 5-14.	6.0	81
77	Long-term consistency of diurnal-type preferences among men. <i>Chronobiology International</i> , 2014, 31, 182-188.	2.0	79
78	Paradoxical Lower Serum Triglyceride Levels and Higher Type 2 Diabetes Mellitus Susceptibility in Obese Individuals with the PNPLA3 148M Variant. <i>PLoS ONE</i> , 2012, 7, e39362.	2.5	78
79	Lifestyle intervention to prevent diabetes in men and women with impaired glucose tolerance is cost-effective. <i>International Journal of Technology Assessment in Health Care</i> , 2007, 23, 177-183.	0.5	77
80	Incidence and remission of type 2 diabetes in relation to degree of obesity at baseline and 2-year weight change: the Swedish Obese Subjects (SOS) study. <i>Diabetologia</i> , 2015, 58, 1448-1453.	6.3	77
81	Social Patterning of Myocardial Infarction and Stroke in Sweden: Incidence and Survival. <i>American Journal of Epidemiology</i> , 2000, 151, 283-292.	3.4	76
82	Depot-specific Expression of Fibroblast Growth Factors in Human Adipose Tissue. <i>Obesity</i> , 2002, 10, 608-616.	4.0	74
83	Leisure-Time Physical Activity and the Metabolic Syndrome in the Finnish Diabetes Prevention Study. <i>Diabetes Care</i> , 2010, 33, 1610-1617.	8.6	74
84	Long-Term Effect of Bariatric Surgery on Liver Enzymes in the Swedish Obese Subjects (SOS) Study. <i>PLoS ONE</i> , 2013, 8, e60495.	2.5	69
85	Recruitment and Baseline Characteristics of Participants in the Finnish Geriatric Intervention Study to Prevent Cognitive Impairment and Disability (FINGER) – A Randomized Controlled Lifestyle Trial. <i>International Journal of Environmental Research and Public Health</i> , 2014, 11, 9345-9360.	2.6	69
86	The Gender-Specific Impact of Diabetes and Myocardial Infarction at Baseline and During Follow-Up on Mortality From All Causes and Coronary Heart Disease. <i>Journal of the American College of Cardiology</i> , 2005, 45, 1413-1418.	2.8	68
87	The activation of the inflammatory cytokines in overweight patients with mild obstructive sleep apnoea. <i>Journal of Sleep Research</i> , 2010, 19, 341-348.	3.2	68
88	Evaluation of Current Eligibility Criteria for Bariatric Surgery. <i>Diabetes Care</i> , 2013, 36, 1335-1340.	8.6	68
89	Psychological aspects of eating behavior as predictors of 10-y weight changes after surgical and conventional treatment of severe obesity: results from the Swedish Obese Subjects intervention study. <i>American Journal of Clinical Nutrition</i> , 2015, 101, 16-24.	4.7	68
90	Non-alcoholic and alcoholic Fatty Liver Disease - two Diseases of Affluence associated with the Metabolic Syndrome and Type 2 Diabetes: the FIN-D2D Survey. <i>BMC Public Health</i> , 2010, 10, 237.	2.9	66

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91	Food and nutrient intake among workers with different shift systems. Occupational and Environmental Medicine, 2015, 72, 513-520.	2.8	66
92	Health-care costs over 15 years after bariatric surgery for patients with different baseline glucose status: results from the Swedish Obese Subjects study. Lancet Diabetes and Endocrinology, 2015, 3, 855-865.	11.4	66
93	Prevalence of insomnia-related symptoms continues to increase in the Finnish working-age population. Journal of Sleep Research, 2016, 25, 454-457.	3.2	66
94	Widening Gap of Stroke Between East and West. Stroke, 2000, 31, 2-8.	2.0	65
95	A dietary and behavioural programme for the treatment of obesity. A 4-year clinical trial and a long-term posttreatment follow-up. Journal of Internal Medicine, 2003, 254, 272-279.	6.0	65
96	Prevalence, awareness and treatment of hypertension in Finland during 1982-2007. Journal of Hypertension, 2009, 27, 1552-1559.	0.5	65
97	Leukocyte Telomere Length in the Finnish Diabetes Prevention Study. PLoS ONE, 2012, 7, e34948.	2.5	65
98	Dietary changes and cognition over 2 years within a multidomain intervention trial - The Finnish Geriatric Intervention Study to Prevent Cognitive Impairment and Disability (FINGER). Alzheimer's and Dementia, 2019, 15, 410-417.	0.8	63
99	Incidence of end-stage renal disease following bariatric surgery in the Swedish Obese Subjects Study. International Journal of Obesity, 2018, 42, 964-973.	3.4	62
100	Weight Change-Adjusted Effects of Gastric Bypass Surgery on Glucose Metabolism: 2- and 10-Year Results From the Swedish Obese Subjects (SOS) Study. Diabetes Care, 2016, 39, 625-631.	8.6	61
101	The incidence of albuminuria after bariatric surgery and usual care in swedish obese subjects (SOS): a prospective controlled intervention trial. International Journal of Obesity, 2015, 39, 169-175.	3.4	60
102	Reoperations After Bariatric Surgery in 26 Years of Follow-up of the Swedish Obese Subjects Study. JAMA Surgery, 2019, 154, 319.	4.3	60
103	Changes in total energy intake and macronutrient composition after bariatric surgery predict long-term weight outcome: findings from the Swedish Obese Subjects (SOS) study. American Journal of Clinical Nutrition, 2017, 106, 136-145.	4.7	59
104	The Increasing Prevalence of Metabolic Syndrome among Finnish Men and Women over a Decade. Journal of Clinical Endocrinology and Metabolism, 2008, 93, 832-836.	3.6	58
105	Joint association of coffee consumption and other factors to the risk of type 2 diabetes: a prospective study in Finland. International Journal of Obesity, 2006, 30, 1742-1749.	3.4	56
106	Long-term effects of weight loss on pharmaceutical costs in obese subjects. A report from the SOS intervention study. International Journal of Obesity, 2002, 26, 184-192.	3.4	55
107	Effects of bariatric surgery on gout incidence in the Swedish Obese Subjects study: a non-randomised, prospective, controlled intervention trial. Annals of the Rheumatic Diseases, 2017, 76, 688-693.	0.9	55
108	Secular trends in social patterning of cardiovascular risk factor levels in Sweden. The Northern Sweden MONICA Study 1986-1994. Journal of Internal Medicine, 1998, 244, 1-9.	6.0	52



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109	High prevalence of obesity, central obesity and abnormal glucose tolerance in the middle-aged Finnish population. BMC Public Health, 2008, 8, 423.	2.9	52
110	Surgical obesity treatment and the risk of heart failure. European Heart Journal, 2019, 40, 2131-2138.	2.2	51
111	Reducing the risk of type 2 diabetes with nutrition and physical activity – efficacy and implementation of lifestyle interventions in Finland. Public Health Nutrition, 2010, 13, 993-999.	2.2	50
112	Evening chronotypes have the increased odds for bronchial asthma and nocturnal asthma. Chronobiology International, 2014, 31, 95-101.	2.0	50
113	Fracture risk after three bariatric surgery procedures in Swedish obese subjects: up to 26 years follow-up of a controlled intervention study. Journal of Internal Medicine, 2020, 287, 546-557.	6.0	50
114	Time Trends in Long-term Survival After Stroke. Stroke, 1998, 29, 1358-1365.	2.0	49
115	Intermittent versus on-demand use of a very low calorie diet: a randomized 2-year clinical trial. Journal of Internal Medicine, 2003, 253, 463-471.	6.0	49
116	Two-year trends in psychological outcomes after gastric bypass in adolescents with severe obesity. Obesity, 2015, 23, 1966-1972.	3.0	48
117	The Effect of a 2-Year Intervention Consisting of Diet, Physical Exercise, Cognitive Training, and Monitoring of Vascular Risk on Chronic Morbidity – the FINGER Randomized Controlled Trial. Journal of the American Medical Directors Association, 2018, 19, 355-360.e1.	2.5	48
118	Body composition in the SOS (Swedish Obese Subjects) reference study. International Journal of Obesity, 2004, 28, 1317-1324.	3.4	44
119	Impact of Positive Family History and Genetic Risk Variants on the Incidence of Diabetes: The Finnish Diabetes Prevention Study. Diabetes Care, 2011, 34, 418-423.	8.6	44
120	Sustained diabetes risk reduction after real life and primary health care setting implementation of the diabetes in Europe prevention using lifestyle, physical activity and nutritional intervention (DE-PLAN) project. BMC Public Health, 2017, 17, 198.	2.9	44
121	Associations of Bariatric Surgery With Changes in Interpersonal Relationship Status. JAMA Surgery, 2018, 153, 654.	4.3	44
122	Cost of Inpatient Care over 7 Years among Surgically and Conventionally Treated Obese Patients. Obesity, 2002, 10, 1276-1283.	4.0	43
123	Marked improvement in survival after acute myocardial infarction in middle-aged men but not in women. The Northern Sweden MONICA study 1985-94. Journal of Internal Medicine, 2000, 247, 579-587.	6.0	42
124	Lifestyle strategies for weight control: experience from the Finnish Diabetes Prevention Study. Proceedings of the Nutrition Society, 2005, 64, 81-88.	1.0	42
125	Adiponectin and Bariatric Surgery: Associations With Diabetes and Cardiovascular Disease in the Swedish Obese Subjects Study. Diabetes Care, 2014, 37, 1401-1409.	8.6	41
126	Bariatric Surgery and the Incidence of Psoriasis and Psoriatic Arthritis in the Swedish Obese Subjects Study. Obesity, 2017, 25, 2068-2073.	3.0	41



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127	Quality Indicators for the Prevention of Type 2 Diabetes in Europe – IMAGE. Hormone and Metabolic Research, 2010, 42, S56-S63.	1.5	40
128	Serum calcium level is associated with metabolic syndrome in the general population: FIN-D2D study. European Journal of Endocrinology, 2011, 165, 429-434.	3.7	40
129	Evening typology and morning tiredness associates with low leisure time physical activity and high sitting. Chronobiology International, 2015, 32, 1090-1100.	2.0	40
130	Impact of blood pressure and insulin on the relationship between body fat and left ventricular structure. European Heart Journal, 2003, 24, 1500-1505.	2.2	38
131	The impact of weight reduction in the prevention of the progression of obstructive sleep apnea: an explanatory analysis of a 5-year observational follow-up trial. Sleep Medicine, 2014, 15, 329-335.	1.6	38
132	The Association between HbA1c, Fasting Glucose, 1-Hour Glucose and 2-Hour Glucose during an Oral Glucose Tolerance Test and Cardiovascular Disease in Individuals with Elevated Risk for Diabetes. PLoS ONE, 2014, 9, e109506.	2.5	38
133	5-year mental health and eating pattern outcomes following bariatric surgery in adolescents: a prospective cohort study. The Lancet Child and Adolescent Health, 2020, 4, 210-219.	5.6	37
134	HbA <sub>1c</sub> in diagnosing and predicting Type2 diabetes in impaired glucose tolerance: the Finnish Diabetes Prevention Study. Diabetic Medicine, 2011, 28, 36-42.	2.3	36
135	Sleep-disordered breathing is related to an increased risk for type 2 diabetes in middle-aged men, but not in women – the FIN-D2D survey. Diabetes, Obesity and Metabolism, 2008, 10, 468-475.	4.4	35
136	Development and validation of a risk-score model for subjects with impaired glucose tolerance for the assessment of the risk of type 2 diabetes mellitus – The STOP-NIDDM risk-score. Diabetes Research and Clinical Practice, 2010, 87, 267-274.	2.8	35
137	Relative validity of a FFQ in measuring carbohydrate fractions, dietary glycaemic index and load: exploring the effects of subject characteristics. British Journal of Nutrition, 2012, 107, 1367-1375.	2.3	35
138	The Effect of Multidomain Lifestyle Intervention on Daily Functioning in Older People. Journal of the American Geriatrics Society, 2019, 67, 1138-1144.	2.6	35
139	Behavioral Trait of Morningness-Eveningness in Association with Articular and Spinal Diseases in a Population. PLoS ONE, 2014, 9, e114635.	2.5	35
140	Prevention of Type 2 Diabetes - Lessons we have Learnt for Implementation. Hormone and Metabolic Research, 2007, 39, 636-641.	1.5	32
141	Effect of Weight Reduction on Rhinometric Measurements in Overweight Patients with Obstructive Sleep Apnea. American Journal of Rhinology & Allergy, 2008, 22, 410-415.	2.2	32
142	Physical activity and sleep profiles in Finnish men and women. BMC Public Health, 2014, 14, 82.	2.9	32
143	Daily Sedentary Time and Risk of Cardiovascular Disease: The National FINRISK 2002 Study. Journal of Physical Activity and Health, 2015, 12, 904-908.	2.0	32
144	Branched-Chain Amino Acid Levels Are Related with Surrogates of Disturbed Lipid Metabolism among Older Men. Frontiers in Medicine, 2016, 3, 57.	2.6	32

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145	Contribution of rare and common variants to intellectual disability in a sub-isolate of Northern Finland. <i>Nature Communications</i> , 2019, 10, 410.	12.8	32
146	Increase in physical activity and cardiometabolic risk profile change during lifestyle intervention in primary healthcare: 1-year follow-up study among individuals at high risk for type 2 diabetes. <i>BMJ Open</i> , 2011, 1, e000292-e000292.	1.9	31
147	Association of Bariatric Surgery With Cancer Incidence in Patients With Obesity and Diabetes: Long-term Results From the Swedish Obese Subjects Study. <i>Diabetes Care</i> , 2022, 45, 444-450.	8.6	31
148	Age-Period-Cohort Effects on Stroke Mortality in Sweden 1969-1993 and Forecasts Up to the Year 2003. <i>Stroke</i> , 1996, 27, 1981-1985.	2.0	30
149	Association of Serum 25-Hydroxyvitamin D with Lifestyle Factors and Metabolic and Cardiovascular Disease Markers: Population-Based Cross-Sectional Study (FIN-D2D). <i>PLoS ONE</i> , 2014, 9, e100235.	2.5	29
150	Socioeconomic position and effectiveness of lifestyle intervention in prevention of type 2 diabetes: One-year follow-up of the FIN-D2D project. <i>Scandinavian Journal of Public Health</i> , 2011, 39, 561-570.	2.3	28
151	Age-period-cohort effects on ischaemic heart disease mortality in Sweden from 1969 to 1993, and forecasts up to 2003. <i>European Heart Journal</i> , 1997, 18, 1307-1312.	2.2	27
152	A former career as a male elite athlete“ does it protect against type 2 diabetes in later life?. <i>Diabetologia</i> , 2014, 57, 270-274.	6.3	27
153	Characteristics of adolescents with poor mental health after bariatric surgery. <i>Surgery for Obesity and Related Diseases</i> , 2016, 12, 882-890.	1.2	27
154	Long-term incidence of colorectal cancer after bariatric surgery or usual care in the Swedish Obese Subjects study. <i>PLoS ONE</i> , 2021, 16, e0248550.	2.5	27
155	Bariatric surgery and the incidence of rheumatoid arthritis “ a Swedish Obese Subjects study. <i>Rheumatology</i> , 2020, 59, 303-309.	1.9	26
156	Effect of a multi-domain lifestyle intervention on cardiovascular risk in older people: the FINGER trial. <i>European Heart Journal</i> , 2022, 43, 2054-2061.	2.2	26
157	Lifestyle Intervention in Prevention of Type 2 Diabetes in Women With a History of Gestational Diabetes Mellitus: One-Year Results of the FIN-D2D Project. <i>Journal of Women's Health</i> , 2014, 23, 506-512.	3.3	25
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