

Ronald C Plotnikoff

List of Publications by Year in descending order

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Version: 2024-02-01

288
papers

14,009
citations

23500

58
h-index

32761

100
g-index

294
all docs

294
docs citations

294
times ranked

15170
citing authors

#	ARTICLE	IF	CITATIONS
1	Effectiveness and reporting of nutrition interventions in cardiac rehabilitation programmes: a systematic review. <i>European Journal of Cardiovascular Nursing</i> , 2023, 22, 1-12.	0.4	4
2	Descriptive epidemiology of outdoor gym use in an Australian regional setting. <i>Zeitschrift Fur Gesundheitswissenschaften</i> , 2022, 30, 159-165.	0.8	6
3	Acceptability, usefulness, and satisfaction with a web-based video-tailored physical activity intervention: The TaylorActive randomized controlled trial. <i>Journal of Sport and Health Science</i> , 2022, 11, 133-144.	3.3	8
4	Effect of resistance training on HbA1c in adults with type 2 diabetes mellitus and the moderating effect of changes in muscular strength: a systematic review and meta-analysis. <i>BMJ Open Diabetes Research and Care</i> , 2022, 10, e002595.	1.2	23
5	A Qualitative Study Exploring People's Experience With the Multicomponent Community-Based Physical Activity Intervention ecofit During the COVID-19 Pandemic. <i>Journal of Physical Activity and Health</i> , 2022, 19, 168-176.	1.0	1
6	Gamification in a Physical Activity App: What Gamification Features Are Being Used, by Whom, and Does It Make a Difference?. <i>Games for Health Journal</i> , 2022, 11, 193-199.	1.1	7
7	Development and psychometric testing of an instrument to assess psychosocial determinants of sleep hygiene practice. <i>Journal of Health Psychology</i> , 2021, 26, 1951-1965.	1.3	5
8	Are web-based personally tailored physical activity videos more effective than personally tailored text-based interventions? Results from the three-arm randomised controlled TaylorActive trial. <i>British Journal of Sports Medicine</i> , 2021, 55, 336-343.	3.1	20
9	Examining social-cognitive theory constructs as mediators of behaviour change in the active team smartphone physical activity program: a mediation analysis. <i>BMC Public Health</i> , 2021, 21, 88.	1.2	13
10	Evaluating the effectiveness of a physical activity social media advertising campaign using Facebook, Facebook Messenger, and Instagram. <i>Translational Behavioral Medicine</i> , 2021, 11, 870-881.	1.2	10
11	Seasonal Differences in the Cost and Engagement of Facebook Advertisements for a Physical Activity Smartphone App. <i>American Journal of Health Promotion</i> , 2021, 35, 803-808.	0.9	0
12	Effect of a physical activity and sleep m-health intervention on a composite activity-sleep behaviour score and mental health: a mediation analysis of two randomised controlled trials. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 45.	2.0	7
13	Physical activity intervention for rural middle-aged and older Australian adults: a pilot implementation study of the ecofit program delivered in a real-world setting. <i>Pilot and Feasibility Studies</i> , 2021, 7, 81.	0.5	4
14	The effects of the eCoFit RCT on depression and anxiety symptoms among adults with or at risk of Type 2 Diabetes. <i>Psychology, Health and Medicine</i> , 2021, , 1-10.	1.3	3
15	Effect of a Scalable School-Based Intervention on Cardiorespiratory Fitness in Children. <i>JAMA Pediatrics</i> , 2021, 175, 680-688.	3.3	17
16	Examining moderators of the effectiveness of a web- and video-based computer-tailored physical activity intervention. <i>Preventive Medicine Reports</i> , 2021, 22, 101336.	0.8	3
17	Should Facebook advertisements promoting a physical activity smartphone app be image or video-based, and should they promote benefits of being active or the app attributes?. <i>Translational Behavioral Medicine</i> , 2021, , .	1.2	1
18	Time-efficient intervention to improve older adolescents' cardiorespiratory fitness: findings from the 'Burn 2 Learn' cluster randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2021, 55, 751-758.	3.1	37

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19	Daily steps and diet, but not sleep, are related to mortality in older Australians. <i>Journal of Science and Medicine in Sport</i> , 2020, 23, 276-282.	0.6	22
20	Breaking Up Sedentary Behavior Optimally to Enhance Mood. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 457-465.	0.2	16
21	Moderators of Exercise Effects on Cancer-related Fatigue: A Meta-analysis of Individual Patient Data. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 303-314.	0.2	50
22	Does Patient Preference for Mode of Intervention Delivery Impact Intervention Efficacy and Attrition?. <i>American Journal of Health Promotion</i> , 2020, 34, 63-66.	0.9	2
23	Efficacy of a Multi-component m-Health Weight-loss Intervention in Overweight and Obese Adults: A Randomised Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6200.	1.2	39
24	Process Evaluation of a School-Based High-Intensity Interval Training Program for Older Adolescents: The Burn 2 Learn Cluster Randomised Controlled Trial. <i>Children</i> , 2020, 7, 299.	0.6	11
25	Examining mediators of intervention efficacy in a randomised controlled m-health trial to improve physical activity and sleep health in adults. <i>Psychology and Health</i> , 2020, 35, 1346-1367.	1.2	3
26	Momentary mood predicts upcoming real-life sedentary behavior. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 1276-1286.	1.3	6
27	Validity and bias on the online active Australia survey: activity level and participant factors associated with self-report bias. <i>BMC Medical Research Methodology</i> , 2020, 20, 6.	1.4	18
28	Efficacy of an m-Health Physical Activity and Sleep Intervention to Improve Sleep Quality in Middle-Aged Adults: The Refresh Study Randomized Controlled Trial. <i>Annals of Behavioral Medicine</i> , 2020, 54, 470-483.	1.7	23
29	A Social Networking and Gamified App to Increase Physical Activity: Cluster RCT. <i>American Journal of Preventive Medicine</i> , 2020, 58, e51-e62.	1.6	58
30	It's not raining men: a mixed-methods study investigating methods of improving male recruitment to health behaviour research. <i>BMC Public Health</i> , 2019, 19, 814.	1.2	64
31	Mediating Effects of the eCoFit™ Physical Activity Intervention for Adults at Risk of, or Diagnosed with, Type 2 Diabetes. <i>International Journal of Behavioral Medicine</i> , 2019, 26, 512-521.	0.8	2
32	Efficacy of an m-Health Physical Activity and Sleep Health Intervention for Adults: A Randomized Waitlist-Controlled Trial. <i>American Journal of Preventive Medicine</i> , 2019, 57, 503-514.	1.6	46
33	A systematic review of outdoor gym use: Current evidence and future directions. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 1335-1343.	0.6	33
34	Integrating smartphone technology, social support and the outdoor built environment to promote community-based aerobic and resistance-based physical activity: Rationale and study protocol for the ecofit™ randomized controlled trial. <i>Contemporary Clinical Trials Communications</i> , 2019, 16, 100457.	0.5	12
35	Twelve-month outcomes of a father-child lifestyle intervention delivered by trained local facilitators in underserved communities: The Healthy Dads Healthy Kids dissemination trial. <i>Translational Behavioral Medicine</i> , 2019, 9, 560-569.	1.2	19
36	School-based physical activity intervention for older adolescents: rationale and study protocol for the Burn 2 Learn cluster randomised controlled trial. <i>BMJ Open</i> , 2019, 9, e026029.	0.8	19

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37	Sedentary behavior in everyday life relates negatively to mood: An ambulatory assessment study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1340-1351.	1.3	36
38	Preliminary efficacy and feasibility of referral to exercise specialists, psychologists and provision of a technology-based behavior change support package to promote physical activity in school teachers 'at risk' of, or diagnosed with, type 2 diabetes: The 'SMART Health'™ Pilot Study Protocol. <i>Contemporary Clinical Trials</i> , 2019, 78, 53-62.	0.8	2
39	Psychometric properties of the PERMA Profiler for measuring wellbeing in Australian adults. <i>PLoS ONE</i> , 2019, 14, e0225932.	1.1	51
40	Feasibility and Preliminary Efficacy of a Teacher-Facilitated High-Intensity Interval Training Intervention for Older Adolescents. <i>Pediatric Exercise Science</i> , 2019, 31, 107-117.	0.5	45
41	Efficacy of interventions targeting alcohol, drug and smoking behaviors in university and college students: A review of randomized controlled trials. <i>Journal of American College Health</i> , 2019, 67, 68-84.	0.8	21
42	Can Smartphone Apps Increase Physical Activity? Systematic Review and Meta-Analysis. <i>Journal of Medical Internet Research</i> , 2019, 21, e12053.	2.1	312
43	Characteristics of Adopters of an Online Social Networking Physical Activity Mobile Phone App: Cluster Analysis. <i>JMIR MHealth and UHealth</i> , 2019, 7, e12484.	1.8	14
44	User Engagement and Attrition in an App-Based Physical Activity Intervention: Secondary Analysis of a Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2019, 21, e14645.	2.1	81
45	Randomised controlled trial using a theory-based m-health intervention to improve physical activity and sleep health in adults: the Synergy Study protocol. <i>BMJ Open</i> , 2018, 8, e018997.	0.8	21
46	Effectiveness of mother and daughter interventions targeting physical activity, fitness, nutrition and adiposity: A systematic review. <i>Preventive Medicine</i> , 2018, 111, 55-66.	1.6	10
47	A systematic review and meta-analysis of cognitive and behavioral interventions to improve sleep health in adults without sleep disorders. <i>Sleep Medicine Reviews</i> , 2018, 40, 160-169.	3.8	126
48	Exploring the impact of high intensity interval training on adolescents' objectively measured physical activity: Findings from a randomized controlled trial. <i>Journal of Sports Sciences</i> , 2018, 36, 1087-1094.	1.0	20
49	Implementing Resistance Training in Secondary Schools. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 62-72.	0.2	47
50	Young people's perceptions of the objective physical activity monitoring process: A qualitative exploration. <i>Health Education Journal</i> , 2018, 77, 3-14.	0.6	2
51	Associations between Changes in Activity and Sleep Quality and Duration over Two Years. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 2425-2432.	0.2	28
52	Predictors of adherence to a physical activity counseling intervention delivered by exercise physiologists: secondary analysis of the NewCOACH trial data. <i>Patient Preference and Adherence</i> , 2018, Volume 12, 2537-2543.	0.8	4
53	Targeting Exercise Interventions to Patients With Cancer in Need: An Individual Patient Data Meta-Analysis. <i>Journal of the National Cancer Institute</i> , 2018, 110, 1190-1200.	3.0	72
54	Examining the efficacy of a multicomponent m-Health physical activity, diet and sleep intervention for weight loss in overweight and obese adults: randomised controlled trial protocol. <i>BMJ Open</i> , 2018, 8, e026179.	0.8	8

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55	Mobilizing an underused resource: cohort studies for population health intervention research. <i>International Journal of Epidemiology</i> , 2018, 47, 1730-1733.	0.9	5
56	ParticipACTION after 5 years of relaunch: a quantitative survey of Canadian organizational awareness and capacity regarding physical activity initiatives. <i>Health Promotion and Chronic Disease Prevention in Canada: Research, Policy and Practice</i> , 2018, 38, 162-169.	0.8	4
57	A randomised controlled trial to test the efficacy of an m-health delivered physical activity and sleep intervention to improve sleep quality in middle-aged adults: The Refresh Study Protocol. <i>Contemporary Clinical Trials</i> , 2018, 73, 36-50.	0.8	7
58	Enhancing the utility of International Journal of Epidemiology cohort profiles. <i>International Journal of Epidemiology</i> , 2018, 47, 1008-1009.	0.9	3
59	Physical activity coaching by Australian Exercise Physiologists is cost effective for patients referred from general practice. <i>Australian and New Zealand Journal of Public Health</i> , 2018, 42, 12-15.	0.8	13
60	Factors associated with participation in resistance training: a systematic review. <i>British Journal of Sports Medicine</i> , 2017, 51, 1466-1472.	3.1	72
61	Process Evaluation of the Type 2 Diabetes Mellitus PULSE Program Randomized Controlled Trial: Recruitment, Engagement, and Overall Satisfaction. <i>American Journal of Men's Health</i> , 2017, 11, 1055-1068.	0.7	11
62	Longitudinal associations between changes in screen-time and mental health outcomes in adolescents. <i>Mental Health and Physical Activity</i> , 2017, 12, 124-131.	0.9	88
63	Psychological, social and physical environmental mediators of the SCORES intervention on physical activity among children living in low-income communities. <i>Psychology of Sport and Exercise</i> , 2017, 32, 1-11.	1.1	13
64	Comparability and feasibility of wrist- and hip-worn accelerometers in free-living adolescents. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 1101-1106.	0.6	86
65	Designing more engaging computer-tailored physical activity behaviour change interventions for breast cancer survivors: lessons from the iMove More for Life study. <i>Supportive Care in Cancer</i> , 2017, 25, 3569-3585.	1.0	10
66	A cross-sectional cluster analysis of the combined association of physical activity and sleep with sociodemographic and health characteristics in mid-aged and older adults. <i>Maturitas</i> , 2017, 102, 56-61.	1.0	31
67	Effects and moderators of exercise on quality of life and physical function in patients with cancer: An individual patient data meta-analysis of 34 RCTs. <i>Cancer Treatment Reviews</i> , 2017, 52, 91-104.	3.4	398
68	Efficacy of a gender-tailored intervention to prevent weight regain in men over 3 years: A weight loss maintenance RCT. <i>Obesity</i> , 2017, 25, 56-65.	1.5	21
69	Integrating smartphone technology, social support and the outdoor physical environment to improve fitness among adults at risk of, or diagnosed with, Type 2 Diabetes: Findings from the eCoFit™ randomized controlled trial. <i>Preventive Medicine</i> , 2017, 105, 404-411.	1.6	45
70	Referral for Expert Physical Activity Counseling: A Pragmatic RCT. <i>American Journal of Preventive Medicine</i> , 2017, 53, 490-499.	1.6	35
71	How do different delivery schedules of tailored web-based physical activity advice for breast cancer survivors influence intervention use and efficacy?. <i>Journal of Cancer Survivorship</i> , 2017, 11, 80-91.	1.5	50
72	Mediators of change in screen-time in a school-based intervention for adolescent boys: findings from the ATLAS cluster randomized controlled trial. <i>Journal of Behavioral Medicine</i> , 2017, 40, 423-433.	1.1	23

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73	“Active Team” a social and gamified app-based physical activity intervention: randomised controlled trial study protocol. BMC Public Health, 2017, 17, 859.	1.2	43
74	Impact on dietary intake of a self-directed, gender-tailored diabetes prevention program in men. World Journal of Diabetes, 2017, 8, 414.	1.3	4
75	Weight Management Advice for Clients with Overweight or Obesity: Allied Health Professional Survey. Healthcare (Switzerland), 2016, 4, 85.	1.0	8
76	Assessing the sustained impact of a school-based obesity prevention program for adolescent boys: the ATLAS cluster randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2016, 13, 92.	2.0	80
77	A school-based intervention incorporating smartphone technology to improve health-related fitness among adolescents: rationale and study protocol for the NEAT and ATLAS 2.0 cluster randomised controlled trial and dissemination study. BMJ Open, 2016, 6, e010448.	0.8	32
78	Intervention to reduce recreational screen-time in adolescents: Outcomes and mediators from the “Switch-Off 4 Healthy Minds” (S4HM) cluster randomized controlled trial. Preventive Medicine, 2016, 91, 50-57.	1.6	50
79	Rationale and study protocol for the “eCoFit” randomized controlled trial: Integrating smartphone technology, social support and the outdoor physical environment to improve health-related fitness among adults at risk of, or diagnosed with, Type 2 Diabetes. Contemporary Clinical Trials, 2016, 49, 116-125.	0.8	17
80	Demographic, clinical, psychosocial, and environmental correlates of objectively assessed physical activity among breast cancer survivors. Supportive Care in Cancer, 2016, 24, 3333-3342.	1.0	40
81	Impact of a 3-year multi-centre community-based intervention on risk factors for chronic disease and obesity among free-living adults: the Healthy Alberta Communities study. BMC Public Health, 2016, 16, 344.	1.2	8
82	High-Intensity Interval Training for Cognitive and Mental Health in Adolescents. Medicine and Science in Sports and Exercise, 2016, 48, 1985-1993.	0.2	130
83	A Test of Social Cognitive Theory to Explain Men’s Physical Activity During a Gender-Tailored Weight Loss Program. American Journal of Men’s Health, 2016, 10, NP176-NP187.	0.7	12
84	Testing social-cognitive mediators for objective estimates of physical activity from the Healthy Eating and Active Living for Diabetes in Primary Care Networks (HEALD-PCN) study. Psychology, Health and Medicine, 2016, 21, 945-953.	1.3	2
85	Objectively measured sedentary behaviour and health and development in children and adolescents: systematic review and meta-analysis. Obesity Reviews, 2016, 17, 330-344.	3.1	227
86	Efficacy of the Type 2 Diabetes Prevention Using LifeStyle Education Program RCT. American Journal of Preventive Medicine, 2016, 50, 353-364.	1.6	37
87	Social-ecological correlates of physical activity in kidney cancer survivors. Journal of Cancer Survivorship, 2016, 10, 164-175.	1.5	20
88	Understanding physical activity in individuals with prediabetes: an application of social cognitive theory. Psychology, Health and Medicine, 2016, 21, 254-260.	1.3	5
89	Mediating effects of resistance training skill competency on health-related fitness and physical activity: the ATLAS cluster randomised controlled trial. Journal of Sports Sciences, 2016, 34, 772-779.	1.0	20
90	The contribution of organised sports to physical activity in Australia: Results and directions from the Active Healthy Kids Australia 2014 Report Card on physical activity for children and young people. Journal of Science and Medicine in Sport, 2016, 19, 407-412.	0.6	46

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91	Web-Based Video-Coaching to Assist an Automated Computer-Tailored Physical Activity Intervention for Inactive Adults: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2016, 18, e223.	2.1	47
92	An Evaluation of Web- and Print-Based Methods to Attract People to a Physical Activity Intervention. <i>JMIR Research Protocols</i> , 2016, 5, e94.	0.5	19
93	Osteoarthritis prevalence and modifiable factors: a population study. <i>BMC Public Health</i> , 2015, 15, 1195.	1.2	147
94	Identifying correlates of breaks in occupational sitting: a cross-sectional study. <i>Building Research and Information</i> , 2015, 43, 646-658.	2.0	27
95	Feasibility and Preliminary Efficacy of the MADE4Life Program: A Pilot Randomized Controlled Trial. <i>Journal of Physical Activity and Health</i> , 2015, 12, 1378-1393.	1.0	23
96	Paternal Lifestyle-Related Parenting Practices Mediate Changes in Children's Dietary and Physical Activity Behaviors: Findings From the Healthy Dads, Healthy Kids Community Randomized Controlled Trial. <i>Journal of Physical Activity and Health</i> , 2015, 12, 1327-1335.	1.0	45
97	Impact of a male-only weight loss maintenance programme on social cognitive determinants of physical activity and healthy eating: A randomized controlled trial. <i>British Journal of Health Psychology</i> , 2015, 20, 724-744.	1.9	10
98	Difference in perceived knowledge, confidence and attitudes between dietitians and other health professionals in the provision of weight management advice. <i>Nutrition and Dietetics</i> , 2015, 72, 114-121.	0.9	7
99	Main outcomes of the <i>Move More for Life</i> Trial: a randomised controlled trial examining the effects of tailored print and targeted print materials for promoting physical activity among post-treatment breast cancer survivors. <i>Psycho-Oncology</i> , 2015, 24, 771-778.	1.0	52
100	Changes in motivational outcomes following a supervised physical activity program with behavioral counseling in kidney cancer survivors: a pilot study. <i>Psycho-Oncology</i> , 2015, 24, 1204-1207.	1.0	4
101	Reliability and validity of a single-item physical activity measure for adolescents. <i>Journal of Paediatrics and Child Health</i> , 2015, 51, 787-793.	0.4	73
102	Nurse provision of healthy lifestyle advice to people who are overweight or obese. <i>Australian Journal of Cancer Nursing</i> , 2015, 17, 451-459.	0.8	10
103	Factors Associated with Higher Sitting Time in General, Chronic Disease, and Psychologically-Distressed, Adult Populations: Findings from the 45 & Up Study. <i>PLoS ONE</i> , 2015, 10, e0127689.	1.1	10
104	Social Cognitive Mediators of Dietary Behavior Change in Adolescent Girls. <i>American Journal of Health Behavior</i> , 2015, 39, 51-61.	0.6	8
105	Using Pedometers for Measuring and Increasing Physical Activity in Children and Adolescents. <i>American Journal of Lifestyle Medicine</i> , 2015, 9, 418-427.	0.8	23
106	Preliminary efficacy and feasibility of embedding high intensity interval training into the school day: A pilot randomized controlled trial. <i>Preventive Medicine Reports</i> , 2015, 2, 973-979.	0.8	63
107	Characteristics of men classified at high-risk for type 2 diabetes mellitus using the AUSDRISK screening tool. <i>Diabetes Research and Clinical Practice</i> , 2015, 108, 45-54.	1.1	11
108	Behavioral Mediators of Weight Loss in the SHED-IT Community Randomized Controlled Trial for Overweight and Obese Men. <i>Annals of Behavioral Medicine</i> , 2015, 49, 286-292.	1.7	13

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109	Effectiveness of interventions targeting physical activity, nutrition and healthy weight for university and college students: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 45.	2.0	277
110	Physical Activity and Skills Intervention. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 765-774.	0.2	108
111	Maternal Correlates of Objectively Measured Physical Activity in Girls. <i>Maternal and Child Health Journal</i> , 2015, 19, 2348-2357.	0.7	7
112	Effectiveness of Interventions Targeting Health Behaviors in University and College Staff: A Systematic Review. <i>American Journal of Health Promotion</i> , 2015, 29, e169-e187.	0.9	24
113	Rationale and study protocol for "Switch-off 4 Healthy Minds" (S4HM): A cluster randomized controlled trial to reduce recreational screen time in adolescents. <i>Contemporary Clinical Trials</i> , 2015, 40, 150-158.	0.8	10
114	A Web-Based, Social Networking Physical Activity Intervention for Insufficiently Active Adults Delivered via Facebook App: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2015, 17, e174.	2.1	141
115	Do Personally Tailored Videos in a Web-Based Physical Activity Intervention Lead to Higher Attention and Recall? "An Eye-Tracking Study. <i>Frontiers in Public Health</i> , 2014, 2, 13.	1.3	24
116	Weight management including dietary and physical activity advice provided by Australian physiotherapists: a pilot cross-sectional survey. <i>Physiotherapy Theory and Practice</i> , 2014, 30, 409-420.	0.6	17
117	Testing the utility of three social-cognitive models for predicting objective and self-report physical activity in adults with type 2 diabetes. <i>British Journal of Health Psychology</i> , 2014, 19, 329-346.	1.9	16
118	The Intersect of Theory, Methods, and Translation in Guiding Interventions for the Promotion of Physical Activity: A Case Example of a Research Programme. <i>Australian Psychologist</i> , 2014, 49, 110-126.	0.9	5
119	Efficacy of GP referral of insufficiently active patients for expert physical activity counseling: protocol for a pragmatic randomized trial (The NewCOACH trial). <i>BMC Family Practice</i> , 2014, 15, 218.	2.9	9
120	Testing mediator variables in a physical activity intervention for women with type 2 diabetes. <i>Psychology of Sport and Exercise</i> , 2014, 15, 1-8.	1.1	15
121	Rationale and study protocol for the "Active Teen Leaders Avoiding Screen-time" (ATLAS) group randomized controlled trial: An obesity prevention intervention for adolescent boys from schools in low-income communities. <i>Contemporary Clinical Trials</i> , 2014, 37, 106-119.	0.8	48
122	Efficacy of interventions that include diet, aerobic and resistance training components for type 2 diabetes prevention: a systematic review with meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 2.	2.0	100
123	The Health Benefits of Muscular Fitness for Children and Adolescents: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2014, 44, 1209-1223.	3.1	532
124	The SHED-IT Weight Loss Maintenance trial protocol: A randomised controlled trial of a weight loss maintenance program for overweight and obese men. <i>Contemporary Clinical Trials</i> , 2014, 37, 84-97.	0.8	22
125	Smart-Phone Obesity Prevention Trial for Adolescent Boys in Low-Income Communities: The ATLAS RCT. <i>Pediatrics</i> , 2014, 134, e723-e731.	1.0	198
126	The PULSE (Prevention Using LifeStyle Education) trial protocol: a randomised controlled trial of a Type 2 Diabetes Prevention programme for men. <i>Contemporary Clinical Trials</i> , 2014, 39, 132-144.	0.8	13

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127	Outdoor Time Is Associated with Physical Activity, Sedentary Time, and Cardiorespiratory Fitness in Youth. <i>Journal of Pediatrics</i> , 2014, 165, 516-521.	0.9	68
128	Physical Activity and Physical Self-Concept in Youth: Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2014, 44, 1589-1601.	3.1	374
129	My Activity Coach™ Using video-coaching to assist a web-based computer-tailored physical activity intervention: a randomised controlled trial protocol. <i>BMC Public Health</i> , 2014, 14, 738.	1.2	18
130	Associations between program outcomes and adherence to Social Cognitive Theory tasks: process evaluation of the SHED-IT community weight loss trial for men. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 89.	2.0	27
131	Correlates of resistance training in post-treatment breast cancer survivors. <i>Supportive Care in Cancer</i> , 2014, 22, 2757-2766.	1.0	16
132	The "Healthy Dads, Healthy Kids"™ community randomized controlled trial: A community-based healthy lifestyle program for fathers and their children. <i>Preventive Medicine</i> , 2014, 61, 90-99.	1.6	130
133	Maternal and paternal parenting practices and their influence on children's adiposity, screen-time, diet and physical activity. <i>Appetite</i> , 2014, 79, 149-157.	1.8	127
134	Exploring changes in physical activity, sedentary behaviors and hypothesized mediators in the NEAT girls group randomized controlled trial. <i>Journal of Science and Medicine in Sport</i> , 2014, 17, 39-46.	0.6	54
135	Self-Efficacy, Physical Activity, and Sedentary Behavior in Adolescent Girls: Testing Mediating Effects of the Perceived School and Home Environment. <i>Journal of Physical Activity and Health</i> , 2014, 11, 1579-1586.	1.0	10
136	Intrapersonal and Social Environment Correlates of Leisure-Time Physical Activity for Cancer Prevention: A Cross-Sectional Study Among Canadian Adults. <i>Journal of Physical Activity and Health</i> , 2014, 11, 790-800.	1.0	9
137	Testing two principles of the Health Action Process Approach in individuals with type 2 diabetes. <i>Health Psychology</i> , 2014, 33, 77-84.	1.3	34
138	Social support, self-efficacy and motivation: a qualitative study of the journey through <sc>HEALD</sc> (Healthy Eating and Active Living for Diabetes). <i>Practical Diabetes</i> , 2014, 31, 370-374.	0.1	5
139	The SHED-IT Community Trial: A Randomized Controlled Trial of Internet- and Paper-Based Weight Loss Programs Tailored for Overweight and Obese Men. <i>Annals of Behavioral Medicine</i> , 2013, 45, 139-152.	1.7	110
140	A qualitative synthesis of trials promoting physical activity behaviour change among post-treatment breast cancer survivors. <i>Journal of Cancer Survivorship</i> , 2013, 7, 570-581.	1.5	60
141	The Nutrition and Enjoyable Activity for Teen Girls Study. <i>American Journal of Preventive Medicine</i> , 2013, 45, 313-317.	1.6	78
142	Activité physique et diabète. <i>Canadian Journal of Diabetes</i> , 2013, 37, S403-S408.	0.4	1
143	Physical Activity and Diabetes. <i>Canadian Journal of Diabetes</i> , 2013, 37, S40-S44.	0.4	152
144	Social cognitive theories used to explain physical activity behavior in adolescents: A systematic review and meta-analysis. <i>Preventive Medicine</i> , 2013, 56, 245-253.	1.6	171

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145	Prevalence, correlates, and psychosocial outcomes of sport participation in young adult cancer survivors. <i>Psychology of Sport and Exercise</i> , 2013, 14, 298-304.	1.1	12
146	Testing Social-Cognitive Theory to Explain Physical Activity Change in Adolescent Girls From Low-Income Communities. <i>Research Quarterly for Exercise and Sport</i> , 2013, 84, 483-491.	0.8	22
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