Ronald C Plotnikoff

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

88 10,528 283 52 h-index g-index citations papers 6.35 12,312 294 3.9 L-index avg, IF ext. citations ext. papers

#	Paper	IF	Citations
283	A Qualitative Study Exploring People's Experience With the Multicomponent Community-Based Physical Activity Intervention ecofit During the COVID-19 Pandemic <i>Journal of Physical Activity and Health</i> , 2022 , 1-9	2.5	
282	Seasonal Differences in the Cost and Engagement of Facebook Advertisements for a Physical Activity Smartphone App. <i>American Journal of Health Promotion</i> , 2021 , 35, 803-808	2.5	
281	Effect of a physical activity and sleep m-health intervention on a composite activity-sleep behaviour score and mental health: a mediation analysis of two randomised controlled trials. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021 , 18, 45	8.4	1
280	Physical activity intervention for rural middle-aged and older Australian adults: a pilot implementation study of the ecofit program delivered in a real-world setting. <i>Pilot and Feasibility Studies</i> , 2021 , 7, 81	1.9	1
279	The effects of the eCoFit RCT on depression and anxiety symptoms among adults with or at risk of Type 2 Diabetes. <i>Psychology, Health and Medicine</i> , 2021 , 1-10	2.1	0
278	Effect of a Scalable School-Based Intervention on Cardiorespiratory Fitness in Children: A Cluster Randomized Clinical Trial. <i>JAMA Pediatrics</i> , 2021 , 175, 680-688	8.3	2
277	Examining moderators of the effectiveness of a web- and video-based computer-tailored physical activity intervention. <i>Preventive Medicine Reports</i> , 2021 , 22, 101336	2.6	1
276	Development and psychometric testing of an instrument to assess psychosocial determinants of sleep hygiene practice. <i>Journal of Health Psychology</i> , 2021 , 26, 1951-1965	3.1	3
275	Are web-based personally tailored physical activity videos more effective than personally tailored text-based interventions? Results from the three-arm randomised controlled TaylorActive trial. <i>British Journal of Sports Medicine</i> , 2021 , 55, 336-343	10.3	6
274	Examining social-cognitive theory constructs as mediators of behaviour change in the active team smartphone physical activity program: a mediation analysis. <i>BMC Public Health</i> , 2021 , 21, 88	4.1	4
273	Evaluating the effectiveness of a physical activity social media advertising campaign using Facebook, Facebook Messenger, and Instagram. <i>Translational Behavioral Medicine</i> , 2021 , 11, 870-881	3.2	3
272	Process Evaluation of a School-Based High-Intensity Interval Training Program for Older Adolescents: The Burn 2 Learn Cluster Randomised Controlled Trial. <i>Children</i> , 2020 , 7,	2.8	6
271	Examining mediators of intervention efficacy in a randomised controlled m-health trial to improve physical activity and sleep health in adults. <i>Psychology and Health</i> , 2020 , 35, 1346-1367	2.9	1
270	Momentary mood predicts upcoming real-life sedentary behavior. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 1276-1286	4.6	4
269	Validity and bias on the online active Australia survey: activity level and participant factors associated with self-report bias. <i>BMC Medical Research Methodology</i> , 2020 , 20, 6	4.7	6
268	Efficacy of an m-Health Physical Activity and Sleep Intervention to Improve Sleep Quality in Middle-Aged Adults: The Refresh Study Randomized Controlled Trial. <i>Annals of Behavioral Medicine</i> , 2020 , 54, 470-483	4.5	9
267	A Social Networking and Gamified App to Increase Physical Activity: Cluster RCT. <i>American Journal of Preventive Medicine</i> , 2020 , 58, e51-e62	6.1	18

(2019-2020)

266	Time-efficient intervention to improve older adolescents' cardiorespiratory fitness: findings from the 'Burn 2 Learn' cluster randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2020 ,	10.3	12
265	Breaking Up Sedentary Behavior Optimally to Enhance Mood. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 457-465	1.2	7
264	Moderators of Exercise Effects on Cancer-related Fatigue: A Meta-analysis of Individual Patient Data. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 303-314	1.2	20
263	Does Patient Preference for Mode of Intervention Delivery Impact Intervention Efficacy and Attrition?. <i>American Journal of Health Promotion</i> , 2020 , 34, 63-66	2.5	2
262	Descriptive epidemiology of outdoor gym use in an Australian regional setting. <i>Zeitschrift Fur Gesundheitswissenschaften</i> , 2020 , 1	1.4	1
261	Efficacy of a Multi-component m-Health Weight-loss Intervention in Overweight and Obese Adults: A Randomised Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	12
260	Daily steps and diet, but not sleep, are related to mortality in older Australians. <i>Journal of Science and Medicine in Sport</i> , 2020 , 23, 276-282	4.4	11
259	A systematic review of outdoor gym use: Current evidence and future directions. <i>Journal of Science and Medicine in Sport</i> , 2019 , 22, 1335-1343	4.4	17
258	Integrating smartphone technology, social support and the outdoor built environment to promote community-based aerobic and resistance-based physical activity: Rationale and study protocol for the "randomized controlled trial. <i>Contemporary Clinical Trials Communications</i> , 2019 , 16, 100457	1.8	4
257	Twelve-month outcomes of a father-child lifestyle intervention delivered by trained local facilitators in underserved communities: The Healthy Dads Healthy Kids dissemination trial. <i>Translational Behavioral Medicine</i> , 2019 , 9, 560-569	3.2	11
256	School-based physical activity intervention for older adolescents: rationale and study protocol for the Burn 2 Learn cluster randomised controlled trial. <i>BMJ Open</i> , 2019 , 9, e026029	3	11
255	Sedentary behavior in everyday life relates negatively to mood: An ambulatory assessment study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 1340-1351	4.6	25
254	Preliminary efficacy and feasibility of referral to exercise specialists, psychologists and provision of a technology-based behavior change support package to promote physical activity in school teachers 'at risk' of, or diagnosed with, type 2 diabetes: The 'SMART Health' Pilot Study Protocol.	2.3	
253	Contemporary Clinical Trials, 2019, 78, 53-62 It's not raining men: a mixed-methods study investigating methods of improving male recruitment to health behaviour research. BMC Public Health, 2019, 19, 814	4.1	29
252	Mediating Effects of the 'eCoFit' Physical Activity Intervention for Adults at Risk of, or Diagnosed with, Type 2 Diabetes. <i>International Journal of Behavioral Medicine</i> , 2019 , 26, 512-521	2.6	O
251	Efficacy of an m-Health Physical Activity and Sleep Health Intervention for Adults: A Randomized Waitlist-Controlled Trial. <i>American Journal of Preventive Medicine</i> , 2019 , 57, 503-514	6.1	23
250	Can Smartphone Apps Increase Physical Activity? Systematic Review and Meta-Analysis. <i>Journal of Medical Internet Research</i> , 2019 , 21, e12053	7.6	149
249	Characteristics of Adopters of an Online Social Networking Physical Activity Mobile Phone App: Cluster Analysis. <i>JMIR MHealth and UHealth</i> , 2019 , 7, e12484	5.5	7

248	User Engagement and Attrition in an App-Based Physical Activity Intervention: Secondary Analysis of a Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2019 , 21, e14645	7.6	36
247	Psychometric properties of the PERMA Profiler for measuring wellbeing in Australian adults. <i>PLoS ONE</i> , 2019 , 14, e0225932	3.7	22
246	Feasibility and Preliminary Efficacy of a Teacher-Facilitated High-Intensity Interval Training Intervention for Older Adolescents. <i>Pediatric Exercise Science</i> , 2019 , 31, 107-117	2	27
245	Efficacy of interventions targeting alcohol, drug and smoking behaviors in university and college students: A review of randomized controlled trials. <i>Journal of American College Health</i> , 2019 , 67, 68-84	2.2	6
244	Randomised controlled trial using a theory-based m-health intervention to improve physical activity and sleep health in adults: the Synergy Study protocol. <i>BMJ Open</i> , 2018 , 8, e018997	3	14
243	Effectiveness of mother and daughter interventions targeting physical activity, fitness, nutrition and adiposity: A systematic review. <i>Preventive Medicine</i> , 2018 , 111, 55-66	4.3	7
242	A systematic review and meta-analysis of cognitive and behavioral interventions to improve sleep health in adults without sleep disorders. <i>Sleep Medicine Reviews</i> , 2018 , 40, 160-169	10.2	73
241	Exploring the impact of high intensity interval training on adolescents' objectively measured physical activity: Findings from a randomized controlled trial. <i>Journal of Sports Sciences</i> , 2018 , 36, 1087-	1094	14
240	Implementing Resistance Training in Secondary Schools: A Cluster Randomized Controlled Trial. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 62-72	1.2	27
239	Enhancing the utility of International Journal of Epidemiology cohort profiles. <i>International Journal of Epidemiology</i> , 2018 , 47, 1008-1009	7.8	2
238	Physical activity coaching by Australian Exercise Physiologists is cost effective for patients referred from general practice. <i>Australian and New Zealand Journal of Public Health</i> , 2018 , 42, 12-15	2.3	10
237	ParticipACTION, cinq ans apr\(\text{s} \) sa relance: enqu\(\text{e} \) quantitative sur son rayonnement et sur le pouvoir d'action des organisations au Canada en mati\(\text{e} \) edihitiatives consacr\(\text{e} \) s \(\text{l} \) consacr\(\text{e} \) s \(\text{l} \) physique. Promotion De La Sant\(\text{E} t \) Pr\(\text{l} \) ention Des Maladies Chroniques Au Canada, 2018, 38, 183-191	O	
236	Young people® perceptions of the objective physical activity monitoring process: A qualitative exploration. <i>Health Education Journal</i> , 2018 , 77, 3-14	1.5	2
235	Associations between Changes in Activity and Sleep Quality and Duration over Two Years. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 2425-2432	1.2	15
234	Predictors of adherence to a physical activity counseling intervention delivered by exercise physiologists: secondary analysis of the NewCOACH trial data. <i>Patient Preference and Adherence</i> , 2018 , 12, 2537-2543	2.4	1
233	Targeting Exercise Interventions to Patients With Cancer in Need: An Individual Patient Data Meta-Analysis. <i>Journal of the National Cancer Institute</i> , 2018 , 110, 1190-1200	9.7	50
232	Examining the efficacy of a multicomponent m-Health physical activity, diet and sleep intervention for weight loss in overweight and obese adults: randomised controlled trial protocol. <i>BMJ Open</i> , 2018 , 8, e026179	3	4
231	Mobilizing an underused resource: cohort studies for population health intervention research. International Journal of Epidemiology, 2018, 47, 1730-1733	7.8	3

(2016-2018)

230	ParticipACTION after 5 years of relaunch: a quantitative survey of Canadian organizational awareness and capacity regarding physical activity initiatives. <i>Health Promotion and Chronic Disease Prevention in Canada: Research, Policy and Practice</i> , 2018 , 38, 162-169	2.2	2
229	A randomised controlled trial to test the efficacy of an m-health delivered physical activity and sleep intervention to improve sleep quality in middle-aged adults: The Refresh Study Protocol. <i>Contemporary Clinical Trials</i> , 2018 , 73, 36-50	2.3	5
228	Factors associated with participation in resistance training: a systematic review. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1466-1472	10.3	46
227	Process Evaluation of the Type 2 Diabetes Mellitus PULSE Program Randomized Controlled Trial: Recruitment, Engagement, and Overall Satisfaction. <i>American Journal of Menis Health</i> , 2017 , 11, 1055-1	068	7
226	Longitudinal associations between changes in screen-time and mental health outcomes in adolescents. <i>Mental Health and Physical Activity</i> , 2017 , 12, 124-131	5	54
225	Psychological, social and physical environmental mediators of the SCORES intervention on physical activity among children living in low-income communities. <i>Psychology of Sport and Exercise</i> , 2017 , 32, 1-11	4.2	9
224	Comparability and feasibility of wrist- and hip-worn accelerometers in free-living adolescents. Journal of Science and Medicine in Sport, 2017 , 20, 1101-1106	4.4	50
223	Designing more engaging computer-tailored physical activity behaviour change interventions for breast cancer survivors: lessons from the iMove More for Life study. <i>Supportive Care in Cancer</i> , 2017 , 25, 3569-3585	3.9	9
222	A cross-sectional cluster analysis of the combined association of physical activity and sleep with sociodemographic and health characteristics in mid-aged and older adults. <i>Maturitas</i> , 2017 , 102, 56-61	5	20
221	Effects and moderators of exercise on quality of life and physical function in patients with cancer: An individual patient data meta-analysis of 34 RCTs. <i>Cancer Treatment Reviews</i> , 2017 , 52, 91-104	14.4	272
220	Efficacy of a gender-tailored intervention to prevent weight regain in men over 3 years: A weight loss maintenance RCT. <i>Obesity</i> , 2017 , 25, 56-65	8	15
219	"Active Team" a social and gamified app-based physical activity intervention: randomised controlled trial study protocol. <i>BMC Public Health</i> , 2017 , 17, 859	4.1	27
218	Integrating smartphone technology, social support and the outdoor physical environment to improve fitness among adults at risk of, or diagnosed with, Type 2 Diabetes: Findings from the 'eCoFit' randomized controlled trial. <i>Preventive Medicine</i> , 2017 , 105, 404-411	4.3	26
217	Referral for Expert Physical Activity Counseling: A Pragmatic RCT. <i>American Journal of Preventive Medicine</i> , 2017 , 53, 490-499	6.1	23
216	How do different delivery schedules of tailored web-based physical activity advice for breast cancer survivors influence intervention use and efficacy?. <i>Journal of Cancer Survivorship</i> , 2017 , 11, 80-91	5.1	34
215	Mediators of change in screen-time in a school-based intervention for adolescent boys: findings from the ATLAS cluster randomized controlled trial. <i>Journal of Behavioral Medicine</i> , 2017 , 40, 423-433	3.6	15
214	Impact on dietary intake of a self-directed, gender-tailored diabetes prevention program in men. <i>World Journal of Diabetes</i> , 2017 , 8, 414-421	4.7	2
213	Understanding physical activity in individuals with prediabetes: an application of social cognitive theory. <i>Psychology, Health and Medicine</i> , 2016 , 21, 254-60	2.1	4

212	Mediating effects of resistance training skill competency on health-related fitness and physical activity: the ATLAS cluster randomised controlled trial. <i>Journal of Sports Sciences</i> , 2016 , 34, 772-9	3.6	15
211	The contribution of organised sports to physical activity in Australia: Results and directions from the Active Healthy Kids Australia 2014 Report Card on physical activity for children and young people. <i>Journal of Science and Medicine in Sport</i> , 2016 , 19, 407-12	4.4	39
2 10	Rationale and study protocol for the 'eCoFit' randomized controlled trial: Integrating smartphone technology, social support and the outdoor physical environment to improve health-related fitness among adults at risk of, or diagnosed with, Type 2 Diabetes. <i>Contemporary Clinical Trials</i> , 2016 , 49, 116-	2.3 25	12
209	Demographic, clinical, psychosocial, and environmental correlates of objectively assessed physical activity among breast cancer survivors. <i>Supportive Care in Cancer</i> , 2016 , 24, 3333-42	3.9	28
208	Impact of a 3-year multi-centre community-based intervention on risk factors for chronic disease and obesity among free-living adults: the Healthy Alberta Communities study. <i>BMC Public Health</i> , 2016 , 16, 344	4.1	8
207	High-Intensity Interval Training for Cognitive and Mental Health in Adolescents. <i>Medicine and Science in Sports and Exercise</i> , 2016 , 48, 1985-93	1.2	82
206	A Test of Social Cognitive Theory to Explain Men's Physical Activity During a Gender-Tailored Weight Loss Program. <i>American Journal of Menis Health</i> , 2016 , 10, NP176-NP187	2.2	9
205	Testing social-cognitive mediators for objective estimates of physical activity from the Healthy Eating and Active Living for Diabetes in Primary Care Networks (HEALD-PCN) study. <i>Psychology, Health and Medicine</i> , 2016 , 21, 945-53	2.1	2
204	Objectively measured sedentary behaviour and health and development in children and adolescents: systematic review and meta-analysis. <i>Obesity Reviews</i> , 2016 , 17, 330-44	10.6	185
203	Efficacy of the Type 2 Diabetes Prevention Using LifeStyle Education Program RCT. <i>American Journal of Preventive Medicine</i> , 2016 , 50, 353-364	6.1	25
202	Social-ecological correlates of physical activity in kidney cancer survivors. <i>Journal of Cancer Survivorship</i> , 2016 , 10, 164-75	5.1	15
201	Web-Based Video-Coaching to Assist an Automated Computer-Tailored Physical Activity Intervention for Inactive Adults: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2016 , 18, e223	7.6	27
200	An Evaluation of Web- and Print-Based Methods to Attract People to a Physical Activity Intervention. <i>JMIR Research Protocols</i> , 2016 , 5, e94	2	11
199	Weight Management Advice for Clients with Overweight or Obesity: Allied Health Professional Survey. <i>Healthcare (Switzerland)</i> , 2016 , 4,	3.4	2
198	Assessing the sustained impact of a school-based obesity prevention program for adolescent boys: the ATLAS cluster randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016 , 13, 92	8.4	51
197	A school-based intervention incorporating smartphone technology to improve health-related fitness among adolescents: rationale and study protocol for the NEAT and ATLAS 2.0 cluster randomised controlled trial and dissemination study. <i>BMJ Open</i> , 2016 , 6, e010448	3	21
196	Intervention to reduce recreational screen-time in adolescents: Outcomes and mediators from the 'Switch-Off 4 Healthy Minds' (S4HM) cluster randomized controlled trial. <i>Preventive Medicine</i> , 2016 , 91, 50-57	4.3	38
195	Characteristics of men classified at high-risk for type 2 diabetes mellitus using the AUSDRISK screening tool. <i>Diabetes Research and Clinical Practice</i> , 2015 , 108, 45-54	7.4	8

(2015-2015)

194	Behavioral mediators of weight loss in the SHED-IT community randomized controlled trial for overweight and obese men. <i>Annals of Behavioral Medicine</i> , 2015 , 49, 286-92	4.5	13
193	Effectiveness of interventions targeting physical activity, nutrition and healthy weight for university and college students: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 45	8.4	199
192	Physical activity and skills intervention: SCORES cluster randomized controlled trial. <i>Medicine and Science in Sports and Exercise</i> , 2015 , 47, 765-74	1.2	86
191	Maternal Correlates of Objectively Measured Physical Activity in Girls. <i>Maternal and Child Health Journal</i> , 2015 , 19, 2348-57	2.4	7
190	Effectiveness of interventions targeting health behaviors in university and college staff: a systematic review. <i>American Journal of Health Promotion</i> , 2015 , 29, e169-87	2.5	16
189	Rationale and study protocol for 'Switch-off 4 Healthy Minds' (S4HM): a cluster randomized controlled trial to reduce recreational screen time in adolescents. <i>Contemporary Clinical Trials</i> , 2015 , 40, 150-8	2.3	8
188	Osteoarthritis prevalence and modifiable factors: a population study. BMC Public Health, 2015, 15, 1195	4.1	120
187	Identifying correlates of breaks in occupational sitting: a cross-sectional study. <i>Building Research and Information</i> , 2015 , 43, 646-658	4.3	19
186	Feasibility and Preliminary Efficacy of the MADE4Life Program: A Pilot Randomized Controlled Trial. <i>Journal of Physical Activity and Health</i> , 2015 , 12, 1378-93	2.5	18
185	Paternal Lifestyle-Related Parenting Practices Mediate Changes in Children's Dietary and Physical Activity Behaviors: Findings From the Healthy Dads, Healthy Kids Community Randomized Controlled Trial. <i>Journal of Physical Activity and Health</i> , 2015 , 12, 1327-35	2.5	32
184	Impact of a male-only weight loss maintenance programme on social-cognitive determinants of physical activity and healthy eating: A randomized controlled trial. <i>British Journal of Health Psychology</i> , 2015 , 20, 724-44	8.3	5
183	Difference in perceived knowledge, confidence and attitudes between dietitians and other health professionals in the provision of weight management advice. <i>Nutrition and Dietetics</i> , 2015 , 72, 114-121	2.5	7
182	Main outcomes of the Move More for Life Trial: a randomised controlled trial examining the effects of tailored-print and targeted-print materials for promoting physical activity among post-treatment breast cancer survivors. <i>Psycho-Oncology</i> , 2015 , 24, 771-8	3.9	40
181	Changes in motivational outcomes following a supervised physical activity program with behavioral counseling in kidney cancer survivors: a pilot study. <i>Psycho-Oncology</i> , 2015 , 24, 1204-7	3.9	3
180	Reliability and validity of a single-item physical activity measure for adolescents. <i>Journal of Paediatrics and Child Health</i> , 2015 , 51, 787-93	1.3	55
179	Nurse provision of healthy lifestyle advice to people who are overweight or obese. <i>Australian Journal of Cancer Nursing</i> , 2015 , 17, 451-9	1.9	7
178	Factors associated with higher sitting time in general, chronic disease, and psychologically-distressed, adult populations: findings from the 45 & up study. <i>PLoS ONE</i> , 2015 , 10, e012	237689	4
177	Social cognitive mediators of dietary behavior change in adolescent girls. <i>American Journal of Health Behavior</i> , 2015 , 39, 51-61	1.9	7

176	Using Pedometers for Measuring and Increasing Physical Activity in Children and Adolescents: The Next Step. <i>American Journal of Lifestyle Medicine</i> , 2015 , 9, 418-427	1.9	17
175	Preliminary efficacy and feasibility of embedding high intensity interval training into the school day: A pilot randomized controlled trial. <i>Preventive Medicine Reports</i> , 2015 , 2, 973-9	2.6	43
174	A Web-Based, Social Networking Physical Activity Intervention for Insufficiently Active Adults Delivered via Facebook App: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2015 , 17, e174	7.6	91
173	Efficacy of interventions that include diet, aerobic and resistance training components for type 2 diabetes prevention: a systematic review with meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014 , 11, 2	8.4	77
172	The health benefits of muscular fitness for children and adolescents: a systematic review and meta-analysis. <i>Sports Medicine</i> , 2014 , 44, 1209-23	10.6	360
171	The SHED-IT weight loss maintenance trial protocol: A randomised controlled trial of a weight loss maintenance program for overweight and obese men. <i>Contemporary Clinical Trials</i> , 2014 , 37, 84-97	2.3	20
170	Smart-phone obesity prevention trial for adolescent boys in low-income communities: the ATLAS RCT. <i>Pediatrics</i> , 2014 , 134, e723-31	7.4	147
169	The PULSE (Prevention Using LifeStyle Education) trial protocol: a randomised controlled trial of a Type 2 Diabetes Prevention programme for men. <i>Contemporary Clinical Trials</i> , 2014 , 39, 132-44	2.3	12
168	Outdoor time is associated with physical activity, sedentary time, and cardiorespiratory fitness in youth. <i>Journal of Pediatrics</i> , 2014 , 165, 516-21	3.6	50
	Physical activity and physical self-concept in youth: systematic review and meta-analysis. <i>Sports</i>		
167	Medicine, 2014 , 44, 1589-601	10.6	270
167		4.1	27017
	Medicine, 2014 , 44, 1589-601 My Activity Coach - using video-coaching to assist a web-based computer-tailored physical activity		,
166	My Activity Coach - using video-coaching to assist a web-based computer-tailored physical activity intervention: a randomised controlled trial protocol. <i>BMC Public Health</i> , 2014 , 14, 738 Associations between program outcomes and adherence to Social Cognitive theory tasks: process evaluation of the SHED-IT community weight loss trial for men. <i>International Journal of Behavioral</i>	4.1	17
166 165	My Activity Coach - using video-coaching to assist a web-based computer-tailored physical activity intervention: a randomised controlled trial protocol. <i>BMC Public Health</i> , 2014 , 14, 738 Associations between program outcomes and adherence to Social Cognitive theory tasks: process evaluation of the SHED-IT community weight loss trial for men. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014 , 11, 89 Correlates of resistance training in post-treatment breast cancer survivors. <i>Supportive Care in</i>	4.1 8.4	17
166 165 164	My Activity Coach - using video-coaching to assist a web-based computer-tailored physical activity intervention: a randomised controlled trial protocol. <i>BMC Public Health</i> , 2014 , 14, 738 Associations between program outcomes and adherence to Social Cognitive theory tasks: process evaluation of the SHED-IT community weight loss trial for men. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014 , 11, 89 Correlates of resistance training in post-treatment breast cancer survivors. <i>Supportive Care in Cancer</i> , 2014 , 22, 2757-66 The 'Healthy Dads, Healthy Kids' community randomized controlled trial: a community-based	4.1 8.4 3.9	17 20 10
166165164163	My Activity Coach - using video-coaching to assist a web-based computer-tailored physical activity intervention: a randomised controlled trial protocol. BMC Public Health, 2014, 14, 738 Associations between program outcomes and adherence to Social Cognitive theory tasks: process evaluation of the SHED-IT community weight loss trial for men. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 89 Correlates of resistance training in post-treatment breast cancer survivors. Supportive Care in Cancer, 2014, 22, 2757-66 The 'Healthy Dads, Healthy Kids' community randomized controlled trial: a community-based healthy lifestyle program for fathers and their children. Preventive Medicine, 2014, 61, 90-9 Maternal and paternal parenting practices and their influence on children's adiposity, screen-time,	4.1 8.4 3.9 4.3	17 20 10 108
166165164163162	My Activity Coach - using video-coaching to assist a web-based computer-tailored physical activity intervention: a randomised controlled trial protocol. BMC Public Health, 2014, 14, 738 Associations between program outcomes and adherence to Social Cognitive theory tasks: process evaluation of the SHED-IT community weight loss trial for men. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 89 Correlates of resistance training in post-treatment breast cancer survivors. Supportive Care in Cancer, 2014, 22, 2757-66 The 'Healthy Dads, Healthy Kids' community randomized controlled trial: a community-based healthy lifestyle program for fathers and their children. Preventive Medicine, 2014, 61, 90-9 Maternal and paternal parenting practices and their influence on children's adiposity, screen-time, diet and physical activity. Appetite, 2014, 79, 149-57 Exploring changes in physical activity, sedentary behaviors and hypothesized mediators in the	4.1 8.4 3.9 4.3 4.5	17 20 10 108 96

(2013-2014)

158	Testing two principles of the Health Action Process Approach in individuals with type 2 diabetes. Health Psychology, 2014 , 33, 77-84	5	26
157	Social support, self-efficacy and motivation: a qualitative study of the journey through HEALD (Healthy Eating and Active Living for Diabetes). <i>Practical Diabetes</i> , 2014 , 31, 370-374	0.7	4
156	Do personally tailored videos in a web-based physical activity intervention lead to higher attention and recall? - an eye-tracking study. <i>Frontiers in Public Health</i> , 2014 , 2, 13	6	18
155	Weight management including dietary and physical activity advice provided by Australian physiotherapists: a pilot cross-sectional survey. <i>Physiotherapy Theory and Practice</i> , 2014 , 30, 409-20	1.5	13
154	Testing the utility of three social-cognitive models for predicting objective and self-report physical activity in adults with type 2 diabetes. <i>British Journal of Health Psychology</i> , 2014 , 19, 329-46	8.3	16
153	The Intersect of Theory, Methods, and Translation in Guiding Interventions for the Promotion of Physical Activity: A Case Example of a Research Programme. <i>Australian Psychologist</i> , 2014 , 49, 110-126	1.7	5
152	Efficacy of GP referral of insufficiently active patients for expert physical activity counseling: protocol for a pragmatic randomized trial (The NewCOACH trial). <i>BMC Family Practice</i> , 2014 , 15, 218	2.6	8
151	Testing mediator variables in a physical activity intervention for women with type 2 diabetes. <i>Psychology of Sport and Exercise</i> , 2014 , 15, 1-8	4.2	13
150	Rationale and study protocol for the 'active teen leaders avoiding screen-time' (ATLAS) group randomized controlled trial: an obesity prevention intervention for adolescent boys from schools in low-income communities. <i>Contemporary Clinical Trials</i> , 2014 , 37, 106-19	2.3	42
149	The SHED-IT community trial: a randomized controlled trial of internet- and paper-based weight loss programs tailored for overweight and obese men. <i>Annals of Behavioral Medicine</i> , 2013 , 45, 139-52	4.5	92
148	A qualitative synthesis of trials promoting physical activity behaviour change among post-treatment breast cancer survivors. <i>Journal of Cancer Survivorship</i> , 2013 , 7, 570-81	5.1	47
147	The nutrition and enjoyable activity for teen girls study: a cluster randomized controlled trial. <i>American Journal of Preventive Medicine</i> , 2013 , 45, 313-7	6.1	60
146	Activit`physique et diabEe. Canadian Journal of Diabetes, 2013, 37, S403-S408	2.1	1
145	Physical activity and diabetes. Canadian Journal of Diabetes, 2013, 37 Suppl 1, S40-4	2.1	98
144	Social cognitive theories used to explain physical activity behavior in adolescents: a systematic review and meta-analysis. <i>Preventive Medicine</i> , 2013 , 56, 245-53	4.3	140
143	Prevalence, correlates, and psychosocial outcomes of sport participation in young adult cancer survivors. <i>Psychology of Sport and Exercise</i> , 2013 , 14, 298-304	4.2	9
142	Testing social-cognitive theory to explain physical activity change in adolescent girls from low-income communities. <i>Research Quarterly for Exercise and Sport</i> , 2013 , 84, 483-91	1.9	17
141	The health indicators associated with screen-based sedentary behavior among adolescent girls: a systematic review. <i>Journal of Adolescent Health</i> , 2013 , 52, 382-92	5.8	168

140	Healthy Alberta Communities: impact of a three-year community-based obesity and chronic disease prevention intervention. <i>Preventive Medicine</i> , 2013 , 57, 955-62	4.3	13
139	The Alberta Diabetes and Physical Activity Trial (ADAPT): a randomized trial evaluating theory-based interventions to increase physical activity in adults with type 2 diabetes. <i>Annals of Behavioral Medicine</i> , 2013 , 45, 45-56	4.5	34
138	Anthropometric and dietary predictors of insulin sensitivity in 10- to 14-year-old boys and girls. <i>Applied Physiology, Nutrition and Metabolism</i> , 2013 , 38, 320-5	3	2
137	Community Health and the Built Environment: examining place in a Canadian chronic disease prevention project. <i>Health Promotion International</i> , 2013 , 28, 257-68	3	10
136	Community-based physical activity interventions for treatment of type 2 diabetes: a systematic review with meta-analysis. <i>Frontiers in Endocrinology</i> , 2013 , 4, 3	5.7	40
135	A test of the theory of planned behavior to predict physical activity in an overweight/obese population sample of adolescents from Alberta, Canada. <i>Health Education and Behavior</i> , 2013 , 40, 415-2	25 ^{4.2}	29
134	Adjusting divergences between self-reported and measured height and weight in an adult Canadian population. <i>American Journal of Health Behavior</i> , 2013 , 37, 841-50	1.9	3
133	Behavioural interventions targeting physical activity to increase activity and improve glucose control in adults with type 2 diabetes. <i>Evidence-Based Medicine</i> , 2013 , 18, 213-4		
132	Development and evaluation of social cognitive measures related to adolescent physical activity. Journal of Physical Activity and Health, 2013 , 10, 544-55	2.5	21
131	Changes in dietary and physical activity risk factors for type 2 diabetes in Alberta youth between 2005 and 2008. <i>Canadian Journal of Public Health</i> , 2013 , 104, e490-5	3.2	3
130	Survey of Australian practitioners' provision of healthy lifestyle advice to clients who are obese. <i>Australian Journal of Cancer Nursing</i> , 2012 , 14, 189-96	1.9	17
129	Testing mediator variables in a resistance training intervention for obese adults with type 2 diabetes. <i>Psychology and Health</i> , 2012 , 27, 1388-404	2.9	15
128	Canada's Physical Activity Guide: examining print-based material for motivating physical activity in the workplace. <i>Journal of Health Communication</i> , 2012 , 17, 432-42	2.5	5
127	A 15-year longitudinal test of the theory of planned behaviour to predict physical activity in a randomized national sample of Canadian adults. <i>Psychology of Sport and Exercise</i> , 2012 , 13, 521-527	4.2	18
126	Explaining dietary intake in adolescent girls from disadvantaged secondary schools. A test of Social Cognitive Theory. <i>Appetite</i> , 2012 , 58, 517-24	4.5	39
125	Move more for life: the protocol for a randomised efficacy trial of a tailored-print physical activity intervention for post-treatment breast cancer survivors. <i>BMC Cancer</i> , 2012 , 12, 172	4.8	23
124	Rationale and study protocol for the supporting children's outcomes using rewards, exercise and skills (SCORES) group randomized controlled trial: a physical activity and fundamental movement skills intervention for primary schools in low-income communities. <i>BMC Public Health</i> , 2012 , 12, 427	4.1	32
123	Healthy eating and active living for diabetes in primary care networks (HEALD-PCN): rationale, design, and evaluation of a pragmatic controlled trial for adults with type 2 diabetes. <i>BMC Public Health</i> , 2012 , 12, 455	4.1	16

122	Development and evaluation of social cognitive measures related to adolescent dietary behaviors. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012 , 9, 36	8.4	37
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120	Adolescent weight status and related behavioural factors: web survey of physical activity and nutrition. <i>Journal of Obesity</i> , 2012 , 2012, 342386	3.7	9
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118	A survey of physical activity programming and counseling preferences in young-adult cancer survivors. <i>Cancer Nursing</i> , 2012 , 35, 48-54	2.6	43
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107	The effects of a supplemental, theory-based physical activity counseling intervention for adults with type 2 diabetes. <i>Journal of Physical Activity and Health</i> , 2011 , 8, 944-54	2.5	24
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104	The 'Healthy Dads, Healthy Kids' community effectiveness trial: study protocol of a community-based healthy lifestyle program for fathers and their children. <i>BMC Public Health</i> , 2011 , 11, 876	4.1	31
103	Determinants of quality of life in adults with type 1 and type 2 diabetes. <i>Health and Quality of Life Outcomes</i> , 2011 , 9, 115	3	59
102	Efficacy of tailored-print interventions to promote physical activity: a systematic review of randomised trials. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011 , 8, 113	8.4	56
101	Self-reported physical activity preferences in individuals with prediabetes. <i>Physician and Sportsmedicine</i> , 2011 , 39, 41-9	2.4	2
100	Awareness of Canada's Physical Activity Guide to Healthy Active Living in a large community sample. <i>American Journal of Health Promotion</i> , 2011 , 25, 294-7	2.5	19
99	Mechanisms for understanding the facilitators and barriers to capacity building for chronic disease prevention activities: an illustration. <i>Health Promotion Practice</i> , 2011 , 12, 858-66	1.8	1
98	Associations between physical activity and quality of life in a population-based sample of kidney cancer survivors. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2011 , 20, 859-68	4	40
97	Multicomponent, home-based resistance training for obese adults with type 2 diabetes: a randomized controlled trial. <i>International Journal of Obesity</i> , 2010 , 34, 1733-41	5.5	43
96	Peer telephone counseling for adults with type 2 diabetes mellitus: a case-study approach to inform the design, development, and evaluation of programs targeting physical activity. <i>The Diabetes Educator</i> , 2010 , 36, 717-29	2.5	19
95	The role of self-efficacy on the relationship between the workplace environment and physical activity: a longitudinal mediation analysis. <i>Health Education and Behavior</i> , 2010 , 37, 170-85	4.2	10
94	Protection motivation theory: is this a worthwhile theory for physical activity promotion?. <i>Exercise and Sport Sciences Reviews</i> , 2010 , 38, 91-8	6.7	36
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92	Physical activity preferences and type 2 diabetes: exploring demographic, cognitive, and behavioral differences. <i>The Diabetes Educator</i> , 2010 , 36, 801-15	2.5	27
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(2009-2010)

86	Physical activity related information sources predict physical activity behaviors in adults with type 2 diabetes. <i>Journal of Health Communication</i> , 2010 , 15, 846-58	2.5	10	
85	The role of self-efficacy in explaining gender differences in physical activity among adolescents: a multilevel analysis. <i>Journal of Physical Activity and Health</i> , 2010 , 7, 176-83	2.5	52	
84	Protection motivation theory and the prediction of physical activity among adults with type 1 or type 2 diabetes in a large population sample. <i>British Journal of Health Psychology</i> , 2010 , 15, 643-61	8.3	43	
83	Reflections on community-based population health intervention and evaluation for obesity and chronic disease prevention: the Healthy Alberta Communities project. <i>International Journal of Public Health</i> , 2010 , 55, 679-86	4	24	
82	Physical activity and stages of change: a longitudinal test in types 1 and 2 diabetes samples. <i>Annals of Behavioral Medicine</i> , 2010 , 40, 138-49	4.5	23	
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80	The SHED-IT community trial study protocol: a randomised controlled trial of weight loss programs for overweight and obese men. <i>BMC Public Health</i> , 2010 , 10, 701	4.1	24	
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72	A prospective study of the determinants of exercise in bladder cancer survivors using the Theory of Planned Behavior. <i>Supportive Care in Cancer</i> , 2009 , 17, 171-9	3.9	42	
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65	ParticipACTION: awareness of the participACTION campaign among Canadian adultsexamining the knowledge gap hypothesis and a hierarchy-of-effects model. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009 , 6, 85	8.4	28
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61	Dietary patterns associated with glycemic index and glycemic load among Alberta adolescents. <i>Applied Physiology, Nutrition and Metabolism</i> , 2009 , 34, 648-58	3	13
60	An Examination of the Relationship Between Dietary Behaviours and Physical Activity and Obesity in Adults with Type 2 Diabetes. <i>Canadian Journal of Diabetes</i> , 2009 , 33, 27-34	2.1	1
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58	Aerobic physical activity and resistance training: an application of the theory of planned behavior among adults with type 2 diabetes in a random, national sample of Canadians. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2008 , 5, 61	8.4	29
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56	Maintenance of physical activity in breast cancer survivors after a randomized trial. <i>Medicine and Science in Sports and Exercise</i> , 2008 , 40, 173-80	1.2	57
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(2006-2008)

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47	Assessing the Validity of a Stage Measure on Physical Activity in a Population-Based Sample of Individuals With Type 1 or Type 2 Diabetes. <i>Measurement in Physical Education and Exercise Science</i> , 2007 , 11, 73-91	1.9	31
46	Prediction of leisure-time walking: an integration of social cognitive, perceived environmental, and personality factors. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2007 , 4, 51	8.4	119
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40	Physical activity and type 2 diabetes: exploring the role of gender and income. <i>The Diabetes Educator</i> , 2007 , 33, 128-43	2.5	33
39	Randomized controlled trial of the effects of print materials and step pedometers on physical activity and quality of life in breast cancer survivors. <i>Journal of Clinical Oncology</i> , 2007 , 25, 2352-9	2.2	251
38	The efficacy of stage-matched and standard public health materials for promoting physical activity in the workplace: the Physical Activity Workplace Study (PAWS). <i>American Journal of Health Promotion</i> , 2007 , 21, 501-9	2.5	44
37	Co-morbidity, functionality and time since diagnosis as predictors of physical activity in individuals with type 1 or type 2 diabetes. <i>Diabetes Research and Clinical Practice</i> , 2007 , 78, 115-22	7.4	16
36	Physical activity level and health-related quality of life in the general adult population: a systematic review. <i>Preventive Medicine</i> , 2007 , 45, 401-15	4.3	632
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34	Resistance training and type 2 diabetes: Considerations for implementation at the population level. <i>Diabetes Care</i> , 2006 , 29, 1933-41	14.6	140
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31	Understanding action control: predicting physical activity intention-behavior profiles across 6 months in a Canadian sample. <i>Health Psychology</i> , 2006 , 25, 292-9	5	100
30	Correlates of physical activity change in patients not attending cardiac rehabilitation. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2006 , 26, 377-83		15
29	Factors associated with physical activity in Canadian adults with diabetes. <i>Medicine and Science in Sports and Exercise</i> , 2006 , 38, 1526-34	1.2	134
28	The evolution of integrated chronic disease prevention in Alberta, Canada. <i>Preventing Chronic Disease</i> , 2006 , 3, A102	3.7	4
27	Can current physical activity act as a reasonable proxy measure of future physical activity? Evaluating cross-sectional and passive prospective designs with the use of social cognition models. <i>Preventive Medicine</i> , 2005 , 40, 547-55	4.3	50
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25	Development of an ecological assessment tool for a workplace physical activity program standard. <i>Health Promotion Practice</i> , 2005 , 6, 453-63	1.8	21
24	Efficacy of an E-mail intervention for the promotion of physical activity and nutrition behavior in the workplace context. <i>American Journal of Health Promotion</i> , 2005 , 19, 422-9	2.5	100
23	Development of measures of individual leadership for health promotion. <i>Leadership in Health Services</i> , 2005 , 18, i-xii		17
22	Scale Development of Individual and Organisation Infrastructure for Heart Health Promotion in Regional Health Authorities. <i>Health Education Journal</i> , 2005 , 64, 256-270	1.5	9
21	Development of measures of organizational leadership for health promotion. <i>Health Education and Behavior</i> , 2005 , 32, 195-207	4.2	43
20	Physical activity, smoking, and obesity among Canadian school youth. Comparison between urban and rural schools. <i>Canadian Journal of Public Health</i> , 2004 , 95, 413-8	3.2	49
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18	Creating parsimony at the expense of precision? Conceptual and applied issues of aggregating belief-based constructs in physical activity research. <i>Health Education Research</i> , 2004 , 19, 392-405	1.8	35
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16	The influence of self-efficacy and outcome expectations on the relationship between perceived environment and physical activity in the workplace. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2004 , 1, 7	8.4	58
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14	The awareness and use of Canada's Physical Activity Guide to Healthy Active Living. <i>Canadian Journal of Public Health</i> , 2002 , 93, 394-6	3.2	22
13	The Development of Social-Cognitive Measures in the Exercise Domain: Issues and Challenges. <i>Measurement in Physical Education and Exercise Science</i> , 2002 , 6, 255-261	1.9	6
12	Predicting exercise stage transitions over two consecutive 6-month periods: a test of the theory of planned behaviour in a population-based sample. <i>British Journal of Health Psychology</i> , 2001 , 6, 135-50	8.3	85
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10	Exercise and the transtheoretical model: a longitudinal test of a population sample. <i>Preventive Medicine</i> , 2001 , 33, 441-52	4.3	135
9	Heart disease risk factor prevalence and profiles in a randomized community sample of Canadian women. <i>Canadian Journal of Public Health</i> , 2001 , 92, 121-6	3.2	5
8	Social Support and the Theory of Planned Behavior in the Exercise Domain. <i>American Journal of Health Behavior</i> , 2000 , 24, 300-308	1.9	136
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6	Effects of a school capacity-building intervention on children's heart health: evaluation of the Coalfields Healthy Heartbeat School Project in New South Wales, Australia. <i>Health Education Journal</i> , 1999 , 58, 389-400	1.5	8
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4	Predicting low-fat diet intentions and behaviors for the prevention of coronary heart disease: An application of protection motivation theory among an australian population. <i>Psychology and Health</i> , 1995 , 10, 397-408	2.9	43
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2	Community worry about heart disease: a needs survey in the Coalfields and Newcastle areas of the Hunter region. <i>Australian Journal of Public Health</i> , 1993 , 17, 314-21		13
1	Towards Autonomous Learning: evaluating the integrated research component in teacher education. <i>Asia-Pacific Journal of Teacher Education</i> , 1992 , 20, 49-54		1