

# Ronald C Plotnikoff

## List of Publications by Citations

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283  
papers

10,528  
citations

52  
h-index

88  
g-index

294  
ext. papers

12,312  
ext. citations

3.9  
avg, IF

6.35  
L-index

#	Paper	IF	Citations
283	Physical activity level and health-related quality of life in the general adult population: a systematic review. <i>Preventive Medicine</i> , <b>2007</b> , 45, 401-15	4.3	632
282	The health benefits of muscular fitness for children and adolescents: a systematic review and meta-analysis. <i>Sports Medicine</i> , <b>2014</b> , 44, 1209-23	10.6	360
281	Effects and moderators of exercise on quality of life and physical function in patients with cancer: An individual patient data meta-analysis of 34 RCTs. <i>Cancer Treatment Reviews</i> , <b>2017</b> , 52, 91-104	14.4	272
280	Physical activity and physical self-concept in youth: systematic review and meta-analysis. <i>Sports Medicine</i> , <b>2014</b> , 44, 1589-601	10.6	270
279	Randomized controlled trial of the effects of print materials and step pedometers on physical activity and quality of life in breast cancer survivors. <i>Journal of Clinical Oncology</i> , <b>2007</b> , 25, 2352-9	2.2	251
278	Effectiveness of interventions targeting physical activity, nutrition and healthy weight for university and college students: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2015</b> , 12, 45	8.4	199
277	Objectively measured sedentary behaviour and health and development in children and adolescents: systematic review and meta-analysis. <i>Obesity Reviews</i> , <b>2016</b> , 17, 330-44	10.6	185
276	The health indicators associated with screen-based sedentary behavior among adolescent girls: a systematic review. <i>Journal of Adolescent Health</i> , <b>2013</b> , 52, 382-92	5.8	168
275	Can Smartphone Apps Increase Physical Activity? Systematic Review and Meta-Analysis. <i>Journal of Medical Internet Research</i> , <b>2019</b> , 21, e12053	7.6	149
274	Smart-phone obesity prevention trial for adolescent boys in low-income communities: the ATLAS RCT. <i>Pediatrics</i> , <b>2014</b> , 134, e723-31	7.4	147
273	Social cognitive theories used to explain physical activity behavior in adolescents: a systematic review and meta-analysis. <i>Preventive Medicine</i> , <b>2013</b> , 56, 245-53	4.3	140
272	Resistance training and type 2 diabetes: Considerations for implementation at the population level. <i>Diabetes Care</i> , <b>2006</b> , 29, 1933-41	14.6	140
271	Social Support and the Theory of Planned Behavior in the Exercise Domain. <i>American Journal of Health Behavior</i> , <b>2000</b> , 24, 300-308	1.9	136
270	Exercise and the transtheoretical model: a longitudinal test of a population sample. <i>Preventive Medicine</i> , <b>2001</b> , 33, 441-52	4.3	135
269	Factors associated with physical activity in Canadian adults with diabetes. <i>Medicine and Science in Sports and Exercise</i> , <b>2006</b> , 38, 1526-34	1.2	134
268	Efficacy of a workplace-based weight loss program for overweight male shift workers: the Workplace POWER (Preventing Obesity Without Eating like a Rabbit) randomized controlled trial. <i>Preventive Medicine</i> , <b>2011</b> , 52, 317-25	4.3	123
267	Osteoarthritis prevalence and modifiable factors: a population study. <i>BMC Public Health</i> , <b>2015</b> , 15, 1195	4.1	120

266	Prediction of leisure-time walking: an integration of social cognitive, perceived environmental, and personality factors. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2007</b> , 4, 51	8.4	119
265	The 'Healthy Dads, Healthy Kids' community randomized controlled trial: a community-based healthy lifestyle program for fathers and their children. <i>Preventive Medicine</i> , <b>2014</b> , 61, 90-9	4.3	108
264	Validation of the Decisional Balance Scales in the Exercise Domain From the Transtheoretical Model: A Longitudinal Test. <i>Measurement in Physical Education and Exercise Science</i> , <b>2001</b> , 5, 191-206	1.9	105
263	Preventing Obesity Among Adolescent Girls: One-Year Outcomes of the Nutrition and Enjoyable Activity for Teen Girls (NEAT Girls) Cluster Randomized Controlled Trial. <i>JAMA Pediatrics</i> , <b>2012</b> , 166, 821-7		100
262	Understanding action control: predicting physical activity intention-behavior profiles across 6 months in a Canadian sample. <i>Health Psychology</i> , <b>2006</b> , 25, 292-9	5	100
261	Efficacy of an E-mail intervention for the promotion of physical activity and nutrition behavior in the workplace context. <i>American Journal of Health Promotion</i> , <b>2005</b> , 19, 422-9	2.5	100
260	Physical activity and diabetes. <i>Canadian Journal of Diabetes</i> , <b>2013</b> , 37 Suppl 1, S40-4	2.1	98
259	Maternal and paternal parenting practices and their influence on children's adiposity, screen-time, diet and physical activity. <i>Appetite</i> , <b>2014</b> , 79, 149-57	4.5	96
258	The SHED-IT community trial: a randomized controlled trial of internet- and paper-based weight loss programs tailored for overweight and obese men. <i>Annals of Behavioral Medicine</i> , <b>2013</b> , 45, 139-52	4.5	92
257	Analyzing theoretical mechanisms of physical activity behavior change in breast cancer survivors: results from the activity promotion (ACTION) trial. <i>Annals of Behavioral Medicine</i> , <b>2008</b> , 35, 150-8	4.5	92
256	A Web-Based, Social Networking Physical Activity Intervention for Insufficiently Active Adults Delivered via Facebook App: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , <b>2015</b> , 17, e174	7.6	91
255	Physical activity and skills intervention: SCORES cluster randomized controlled trial. <i>Medicine and Science in Sports and Exercise</i> , <b>2015</b> , 47, 765-74	1.2	86
254	Predicting the physical activity intention-behavior profiles of adopters and maintainers using three social cognition models. <i>Annals of Behavioral Medicine</i> , <b>2008</b> , 36, 244-52	4.5	86
253	Predicting exercise stage transitions over two consecutive 6-month periods: a test of the theory of planned behaviour in a population-based sample. <i>British Journal of Health Psychology</i> , <b>2001</b> , 6, 135-50	8.3	85
252	High-Intensity Interval Training for Cognitive and Mental Health in Adolescents. <i>Medicine and Science in Sports and Exercise</i> , <b>2016</b> , 48, 1985-93	1.2	82
251	Physical Activity and Social Cognitive Theory: A Test in a Population Sample of Adults with Type 1 or Type 2 Diabetes. <i>Applied Psychology</i> , <b>2008</b> , 57, 628-643	4.3	82
250	Age, gender, and urban-rural differences in the correlates of physical activity. <i>Preventive Medicine</i> , <b>2004</b> , 39, 1115-25	4.3	79
249	Efficacy of interventions that include diet, aerobic and resistance training components for type 2 diabetes prevention: a systematic review with meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2014</b> , 11, 2	8.4	77

248	Perceived environment and physical activity in youth. <i>International Journal of Behavioral Medicine</i> , <b>2004</b> , 11, 135-42	2.6	76
247	Exercise behavior in a community sample with diabetes: understanding the determinants of exercise behavioral change. <i>The Diabetes Educator</i> , <b>2000</b> , 26, 450-9	2.5	75
246	A systematic review and meta-analysis of cognitive and behavioral interventions to improve sleep health in adults without sleep disorders. <i>Sleep Medicine Reviews</i> , <b>2018</b> , 40, 160-169	10.2	73
245	Diabetes NetPLAY: A physical activity website and linked email counselling randomized intervention for individuals with type 2 diabetes. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2009</b> , 6, 18	8.4	66
244	Protection motivation theory and the prediction of exercise and low-fat diet behaviours among Australian cardiac patients. <i>Psychology and Health</i> , <b>1998</b> , 13, 411-429	2.9	64
243	The Nutrition and Enjoyable Activity for Teen Girls (NEAT girls) randomized controlled trial for adolescent girls from disadvantaged secondary schools: rationale, study protocol, and baseline results. <i>BMC Public Health</i> , <b>2010</b> , 10, 652	4.1	61
242	The nutrition and enjoyable activity for teen girls study: a cluster randomized controlled trial. <i>American Journal of Preventive Medicine</i> , <b>2013</b> , 45, 313-7	6.1	60
241	Determinants of quality of life in adults with type 1 and type 2 diabetes. <i>Health and Quality of Life Outcomes</i> , <b>2011</b> , 9, 115	3	59
240	The influence of self-efficacy and outcome expectations on the relationship between perceived environment and physical activity in the workplace. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2004</b> , 1, 7	8.4	58
239	Maintenance of physical activity in breast cancer survivors after a randomized trial. <i>Medicine and Science in Sports and Exercise</i> , <b>2008</b> , 40, 173-80	1.2	57
238	Test-retest reliability of a battery of field-based health-related fitness measures for adolescents. <i>Journal of Sports Sciences</i> , <b>2011</b> , 29, 685-93	3.6	56
237	Efficacy of tailored-print interventions to promote physical activity: a systematic review of randomised trials. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2011</b> , 8, 113	8.4	56
236	Reliability and validity of a single-item physical activity measure for adolescents. <i>Journal of Paediatrics and Child Health</i> , <b>2015</b> , 51, 787-93	1.3	55
235	Physical activity and diabetes: an application of the theory of planned behaviour to explain physical activity for Type 1 and Type 2 diabetes in an adult population sample. <i>Psychology and Health</i> , <b>2010</b> , 25, 7-23	2.9	55
234	Longitudinal associations between changes in screen-time and mental health outcomes in adolescents. <i>Mental Health and Physical Activity</i> , <b>2017</b> , 12, 124-131	5	54
233	Diet quality, nutrition and physical activity among adolescents: the Web-SPAN (Web-Survey of Physical Activity and Nutrition) project. <i>Public Health Nutrition</i> , <b>2009</b> , 12, 2009-17	3.3	54
232	Short fat questionnaire: a self-administered measure of fat-intake behaviour. <i>Australian Journal of Public Health</i> , <b>1993</b> , 17, 144-9		53
231	The role of self-efficacy in explaining gender differences in physical activity among adolescents: a multilevel analysis. <i>Journal of Physical Activity and Health</i> , <b>2010</b> , 7, 176-83	2.5	52

230	Assessing the sustained impact of a school-based obesity prevention program for adolescent boys: the ATLAS cluster randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2016</b> , 13, 92	8.4	51
229	Comparability and feasibility of wrist- and hip-worn accelerometers in free-living adolescents. <i>Journal of Science and Medicine in Sport</i> , <b>2017</b> , 20, 1101-1106	4.4	50
228	Outdoor time is associated with physical activity, sedentary time, and cardiorespiratory fitness in youth. <i>Journal of Pediatrics</i> , <b>2014</b> , 165, 516-21	3.6	50
227	Can current physical activity act as a reasonable proxy measure of future physical activity? Evaluating cross-sectional and passive prospective designs with the use of social cognition models. <i>Preventive Medicine</i> , <b>2005</b> , 40, 547-55	4.3	50
226	Targeting Exercise Interventions to Patients With Cancer in Need: An Individual Patient Data Meta-Analysis. <i>Journal of the National Cancer Institute</i> , <b>2018</b> , 110, 1190-1200	9.7	50
225	The impact of a workplace-based weight loss program on work-related outcomes in overweight male shift workers. <i>Journal of Occupational and Environmental Medicine</i> , <b>2012</b> , 54, 122-7	2	49
224	Physical activity, smoking, and obesity among Canadian school youth. Comparison between urban and rural schools. <i>Canadian Journal of Public Health</i> , <b>2004</b> , 95, 413-8	3.2	49
223	A qualitative synthesis of trials promoting physical activity behaviour change among post-treatment breast cancer survivors. <i>Journal of Cancer Survivorship</i> , <b>2013</b> , 7, 570-81	5.1	47
222	Medical, demographic, and psychosocial correlates of exercise in colorectal cancer survivors: an application of self-determination theory. <i>Supportive Care in Cancer</i> , <b>2008</b> , 16, 9-17	3.9	47
221	Factors associated with participation in resistance training: a systematic review. <i>British Journal of Sports Medicine</i> , <b>2017</b> , 51, 1466-1472	10.3	46
220	Physical activity and health-related quality of life in young adult cancer survivors: a Canadian provincial survey. <i>Journal of Cancer Survivorship</i> , <b>2011</b> , 5, 44-53	5.1	45
219	The efficacy of stage-matched and standard public health materials for promoting physical activity in the workplace: the Physical Activity Workplace Study (PAWS). <i>American Journal of Health Promotion</i> , <b>2007</b> , 21, 501-9	2.5	44
218	Preliminary efficacy and feasibility of embedding high intensity interval training into the school day: A pilot randomized controlled trial. <i>Preventive Medicine Reports</i> , <b>2015</b> , 2, 973-9	2.6	43
217	Multicomponent, home-based resistance training for obese adults with type 2 diabetes: a randomized controlled trial. <i>International Journal of Obesity</i> , <b>2010</b> , 34, 1733-41	5.5	43
216	A survey of physical activity programming and counseling preferences in young-adult cancer survivors. <i>Cancer Nursing</i> , <b>2012</b> , 35, 48-54	2.6	43
215	Protection motivation theory and the prediction of physical activity among adults with type 1 or type 2 diabetes in a large population sample. <i>British Journal of Health Psychology</i> , <b>2010</b> , 15, 643-61	8.3	43
214	Development of measures of organizational leadership for health promotion. <i>Health Education and Behavior</i> , <b>2005</b> , 32, 195-207	4.2	43
213	Predicting low-fat diet intentions and behaviors for the prevention of coronary heart disease: An application of protection motivation theory among an Australian population. <i>Psychology and Health</i> , <b>1995</b> , 10, 397-408	2.9	43

212	Rationale and study protocol for the 'active teen leaders avoiding screen-time' (ATLAS) group randomized controlled trial: an obesity prevention intervention for adolescent boys from schools in low-income communities. <i>Contemporary Clinical Trials</i> , <b>2014</b> , 37, 106-19	2.3	42
211	A prospective study of the determinants of exercise in bladder cancer survivors using the Theory of Planned Behavior. <i>Supportive Care in Cancer</i> , <b>2009</b> , 17, 171-9	3.9	42
210	Characteristics of participants visiting the Canada on the move website. <i>Canadian Journal of Public Health</i> , <b>2006</b> , 97 Suppl 1, S28-35, S30-8	3.2	42
209	Main outcomes of the Move More for Life Trial: a randomised controlled trial examining the effects of tailored-print and targeted-print materials for promoting physical activity among post-treatment breast cancer survivors. <i>Psycho-Oncology</i> , <b>2015</b> , 24, 771-8	3.9	40
208	Community-based physical activity interventions for treatment of type 2 diabetes: a systematic review with meta-analysis. <i>Frontiers in Endocrinology</i> , <b>2013</b> , 4, 3	5.7	40
207	Associations between physical activity and quality of life in a population-based sample of kidney cancer survivors. <i>Cancer Epidemiology Biomarkers and Prevention</i> , <b>2011</b> , 20, 859-68	4	40
206	Chronic disease-related lifestyle risk factors in a sample of Canadian adolescents. <i>Journal of Adolescent Health</i> , <b>2009</b> , 44, 606-9	5.8	40
205	The contribution of organised sports to physical activity in Australia: Results and directions from the Active Healthy Kids Australia 2014 Report Card on physical activity for children and young people. <i>Journal of Science and Medicine in Sport</i> , <b>2016</b> , 19, 407-12	4.4	39
204	Exploring changes in physical activity, sedentary behaviors and hypothesized mediators in the NEAT girls group randomized controlled trial. <i>Journal of Science and Medicine in Sport</i> , <b>2014</b> , 17, 39-46	4.4	39
203	Explaining dietary intake in adolescent girls from disadvantaged secondary schools. A test of Social Cognitive Theory. <i>Appetite</i> , <b>2012</b> , 58, 517-24	4.5	39
202	Correlates of physical activity in a population-based sample of kidney cancer survivors: an application of the theory of planned behavior. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2012</b> , 9, 96	8.4	39
201	Predictors of aerobic physical activity and resistance training among Canadian adults with type 2 diabetes: An application of the Protection Motivation Theory. <i>Psychology of Sport and Exercise</i> , <b>2009</b> , 10, 320-328	4.2	39
200	Intervention to reduce recreational screen-time in adolescents: Outcomes and mediators from the 'Switch-Off 4 Healthy Minds' (S4HM) cluster randomized controlled trial. <i>Preventive Medicine</i> , <b>2016</b> , 91, 50-57	4.3	38
199	Development and evaluation of social cognitive measures related to adolescent dietary behaviors. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2012</b> , 9, 36	8.4	37
198	Protection motivation theory: is this a worthwhile theory for physical activity promotion?. <i>Exercise and Sport Sciences Reviews</i> , <b>2010</b> , 38, 91-8	6.7	36
197	Physical Activity in the Management of Diabetes: Population-based Perspectives and Strategies. <i>Canadian Journal of Diabetes</i> , <b>2006</b> , 30, 52-62	2.1	36
196	User Engagement and Attrition in an App-Based Physical Activity Intervention: Secondary Analysis of a Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , <b>2019</b> , 21, e14645	7.6	36
195	Predicting short and long-term exercise intentions and behaviour in patients with coronary artery disease: A test of protection motivation theory. <i>Psychology and Health</i> , <b>2009</b> , 24, 255-69	2.9	35



194	Creating parsimony at the expense of precision? Conceptual and applied issues of aggregating belief-based constructs in physical activity research. <i>Health Education Research</i> , <b>2004</b> , 19, 392-405	1.8	35
193	A conceptual model of community capacity development for health promotion in the Alberta Heart Health Project. <i>Health Promotion Practice</i> , <b>2005</b> , 6, 31-6	1.8	35
192	The Alberta Diabetes and Physical Activity Trial (ADAPT): a randomized trial evaluating theory-based interventions to increase physical activity in adults with type 2 diabetes. <i>Annals of Behavioral Medicine</i> , <b>2013</b> , 45, 45-56	4.5	34
191	How do different delivery schedules of tailored web-based physical activity advice for breast cancer survivors influence intervention use and efficacy?. <i>Journal of Cancer Survivorship</i> , <b>2017</b> , 11, 80-91	5.1	34
190	Physical activity and type 2 diabetes: exploring the role of gender and income. <i>The Diabetes Educator</i> , <b>2007</b> , 33, 128-43	2.5	33
189	Paternal Lifestyle-Related Parenting Practices Mediate Changes in Children's Dietary and Physical Activity Behaviors: Findings From the Healthy Dads, Healthy Kids Community Randomized Controlled Trial. <i>Journal of Physical Activity and Health</i> , <b>2015</b> , 12, 1327-35	2.5	32
188	Rationale and study protocol for the supporting children's outcomes using rewards, exercise and skills (SCORES) group randomized controlled trial: a physical activity and fundamental movement skills intervention for primary schools in low-income communities. <i>BMC Public Health</i> , <b>2012</b> , 12, 427	4.1	32
187	Exploring the mechanisms of physical activity and dietary behavior change in the program x intervention for adolescents. <i>Journal of Adolescent Health</i> , <b>2010</b> , 47, 83-91	5.8	32
186	Differences in the correlates of physical activity between urban and rural Canadian youth. <i>Journal of School Health</i> , <b>2007</b> , 77, 164-70	2.1	32
185	The 'Healthy Dads, Healthy Kids' community effectiveness trial: study protocol of a community-based healthy lifestyle program for fathers and their children. <i>BMC Public Health</i> , <b>2011</b> , 11, 876	4.1	31
184	Physical activity and health-related quality of life in individuals with prediabetes. <i>Diabetes Research and Clinical Practice</i> , <b>2010</b> , 90, 15-21	7.4	31
183	Identifying belief-based targets for the promotion of leisure-time walking. <i>Health Education and Behavior</i> , <b>2009</b> , 36, 381-93	4.2	31
182	Development and evaluation of a theory-based physical activity guidebook for breast cancer survivors. <i>Health Education and Behavior</i> , <b>2008</b> , 35, 174-89	4.2	31
181	Assessing the Validity of a Stage Measure on Physical Activity in a Population-Based Sample of Individuals With Type 1 or Type 2 Diabetes. <i>Measurement in Physical Education and Exercise Science</i> , <b>2007</b> , 11, 73-91	1.9	31
180	Not enough time? Individual and environmental implications for workplace physical activity programming among women with and without young children. <i>Health Care for Women International</i> , <b>2008</b> , 29, 244-81	1.5	30
179	It's not raining men: a mixed-methods study investigating methods of improving male recruitment to health behaviour research. <i>BMC Public Health</i> , <b>2019</b> , 19, 814	4.1	29
178	A test of the theory of planned behavior to predict physical activity in an overweight/obese population sample of adolescents from Alberta, Canada. <i>Health Education and Behavior</i> , <b>2013</b> , 40, 415-25	4.2	29
177	Understanding physical activity maintenance in breast cancer survivors. <i>American Journal of Health Behavior</i> , <b>2010</b> , 34, 225-36	1.9	29

176	Aerobic physical activity and resistance training: an application of the theory of planned behavior among adults with type 2 diabetes in a random, national sample of Canadians. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2008</b> , 5, 61	8.4	29
175	Demographic, clinical, psychosocial, and environmental correlates of objectively assessed physical activity among breast cancer survivors. <i>Supportive Care in Cancer</i> , <b>2016</b> , 24, 3333-42	3.9	28
174	Protection motivation theory and physical activity: a longitudinal test among a representative population sample of Canadian adults. <i>Journal of Health Psychology</i> , <b>2009</b> , 14, 1119-34	3.1	28
173	ParticipACTION: awareness of the participACTION campaign among Canadian adults--examining the knowledge gap hypothesis and a hierarchy-of-effects model. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2009</b> , 6, 85	8.4	28
172	"Active Team" a social and gamified app-based physical activity intervention: randomised controlled trial study protocol. <i>BMC Public Health</i> , <b>2017</b> , 17, 859	4.1	27
171	Implementing Resistance Training in Secondary Schools: A Cluster Randomized Controlled Trial. <i>Medicine and Science in Sports and Exercise</i> , <b>2018</b> , 50, 62-72	1.2	27
170	A test of the theory of planned behavior to explain physical activity in a large population sample of adolescents from Alberta, Canada. <i>Journal of Adolescent Health</i> , <b>2011</b> , 49, 547-9	5.8	27
169	Physical activity preferences and type 2 diabetes: exploring demographic, cognitive, and behavioral differences. <i>The Diabetes Educator</i> , <b>2010</b> , 36, 801-15	2.5	27
168	Web-Based Video-Coaching to Assist an Automated Computer-Tailored Physical Activity Intervention for Inactive Adults: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , <b>2016</b> , 18, e223	7.6	27
167	Feasibility and Preliminary Efficacy of a Teacher-Facilitated High-Intensity Interval Training Intervention for Older Adolescents. <i>Pediatric Exercise Science</i> , <b>2019</b> , 31, 107-117	2	27
166	Testing two principles of the Health Action Process Approach in individuals with type 2 diabetes. <i>Health Psychology</i> , <b>2014</b> , 33, 77-84	5	26
165	Integrating smartphone technology, social support and the outdoor physical environment to improve fitness among adults at risk of, or diagnosed with, Type 2 Diabetes: Findings from the 'eCoFit' randomized controlled trial. <i>Preventive Medicine</i> , <b>2017</b> , 105, 404-411	4.3	26
164	Sedentary behavior in everyday life relates negatively to mood: An ambulatory assessment study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2019</b> , 29, 1340-1351	4.6	25
163	Efficacy of the Type 2 Diabetes Prevention Using LifeStyle Education Program RCT. <i>American Journal of Preventive Medicine</i> , <b>2016</b> , 50, 353-364	6.1	25
162	The protection motivation theory within the stages of the transtheoretical model - stage-specific interplay of variables and prediction of exercise stage transitions. <i>British Journal of Health Psychology</i> , <b>2009</b> , 14, 211-29	8.3	25
161	The effects of a supplemental, theory-based physical activity counseling intervention for adults with type 2 diabetes. <i>Journal of Physical Activity and Health</i> , <b>2011</b> , 8, 944-54	2.5	24
160	Reflections on community-based population health intervention and evaluation for obesity and chronic disease prevention: the Healthy Alberta Communities project. <i>International Journal of Public Health</i> , <b>2010</b> , 55, 679-86	4	24
159	The SHED-IT community trial study protocol: a randomised controlled trial of weight loss programs for overweight and obese men. <i>BMC Public Health</i> , <b>2010</b> , 10, 701	4.1	24



158	Do participants' preferences for mode of delivery (text, video, or both) influence the effectiveness of a Web-based physical activity intervention?. <i>Journal of Medical Internet Research</i> , <b>2012</b> , 14, e37	7.6	24
157	Efficacy of an m-Health Physical Activity and Sleep Health Intervention for Adults: A Randomized Waitlist-Controlled Trial. <i>American Journal of Preventive Medicine</i> , <b>2019</b> , 57, 503-514	6.1	23
156	Referral for Expert Physical Activity Counseling: A Pragmatic RCT. <i>American Journal of Preventive Medicine</i> , <b>2017</b> , 53, 490-499	6.1	23
155	Move more for life: the protocol for a randomised efficacy trial of a tailored-print physical activity intervention for post-treatment breast cancer survivors. <i>BMC Cancer</i> , <b>2012</b> , 12, 172	4.8	23
154	Effects of action planning and coping planning within the theory of planned behaviour: A physical activity study of patients undergoing haemodialysis. <i>Psychology of Sport and Exercise</i> , <b>2011</b> , 12, 609-614	4.2	23
153	Predictors of physical activity in adults with type 2 diabetes. <i>American Journal of Health Behavior</i> , <b>2011</b> , 35, 359-70	1.9	23
152	Physical activity and stages of change: a longitudinal test in types 1 and 2 diabetes samples. <i>Annals of Behavioral Medicine</i> , <b>2010</b> , 40, 138-49	4.5	23
151	Associations of perceived community environmental attributes with walking in a population-based sample of adults with type 2 diabetes. <i>Annals of Behavioral Medicine</i> , <b>2008</b> , 35, 170-8	4.5	23
150	Towards the development of scales to measure 'will' to promote heart health within health organizations in Canada. <i>Health Promotion International</i> , <b>2004</b> , 19, 471-81	3	23
149	The awareness and use of Canada's Physical Activity Guide to Healthy Active Living. <i>Canadian Journal of Public Health</i> , <b>2002</b> , 93, 394-6	3.2	22
148	Psychometric properties of the PERMA Profiler for measuring wellbeing in Australian adults. <i>PLoS ONE</i> , <b>2019</b> , 14, e0225932	3.7	22
147	Development and evaluation of social cognitive measures related to adolescent physical activity. <i>Journal of Physical Activity and Health</i> , <b>2013</b> , 10, 544-55	2.5	21
146	Development of an ecological assessment tool for a workplace physical activity program standard. <i>Health Promotion Practice</i> , <b>2005</b> , 6, 453-63	1.8	21
145	A school-based intervention incorporating smartphone technology to improve health-related fitness among adolescents: rationale and study protocol for the NEAT and ATLAS 2.0 cluster randomised controlled trial and dissemination study. <i>BMJ Open</i> , <b>2016</b> , 6, e010448	3	21
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5	Preliminary efficacy and feasibility of referral to exercise specialists, psychologists and provision of a technology-based behavior change support package to promote physical activity in school teachers 'at risk' of, or diagnosed with, type 2 diabetes: The 'SMART Health' Pilot Study Protocol. <i>Contemporary Clinical Trials</i> , <b>2019</b> , 78, 53-62	2.3	
4	Behavioural interventions targeting physical activity to increase activity and improve glucose control in adults with type 2 diabetes. <i>Evidence-Based Medicine</i> , <b>2013</b> , 18, 213-4		
3	ParticipACTION, cinq ans après sa relance : enquête quantitative sur son rayonnement et sur le pouvoir d'action des organisations au Canada en matière d'initiatives consacrées à l'activité physique. <i>Promotion De La Santé Et Prévention Des Maladies Chroniques Au Canada</i> , <b>2018</b> , 38, 183-191	0	
2	Seasonal Differences in the Cost and Engagement of Facebook Advertisements for a Physical Activity Smartphone App. <i>American Journal of Health Promotion</i> , <b>2021</b> , 35, 803-808	2.5	
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