

Rhiannon M J Snipe

List of Publications by Year in descending order

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Version: 2024-02-01

52
papers

1,855
citations

304743

22
h-index

289244

40
g-index

52
all docs

52
docs citations

52
times ranked

1138
citing authors

#	ARTICLE	IF	CITATIONS
1	Systematic review: exercise-induced gastrointestinal syndrome implications for health and intestinal disease. <i>Alimentary Pharmacology and Therapeutics</i> , 2017, 46, 246-265.	3.7	258
2	Gut-training: the impact of two weeks repetitive gut-challenge during exercise on gastrointestinal status, glucose availability, fuel kinetics, and running performance. <i>Applied Physiology, Nutrition and Metabolism</i> , 2017, 42, 547-557.	1.9	106
3	The impact of exertional-heat stress on gastrointestinal integrity, gastrointestinal symptoms, systemic endotoxin and cytokine profile. <i>European Journal of Applied Physiology</i> , 2018, 118, 389-400.	2.5	97
4	Carbohydrate and protein intake during exertional heat stress ameliorates intestinal epithelial injury and small intestine permeability. <i>Applied Physiology, Nutrition and Metabolism</i> , 2017, 42, 1283-1292.	1.9	76
5	The Impact of Gastrointestinal Symptoms and Dermatological Injuries on Nutritional Intake and Hydration Status During Ultramarathon Events. <i>Sports Medicine - Open</i> , 2016, 2, 16.	3.1	74
6	Circulatory endotoxin concentration and cytokine profile in response to exertional-heat stress during a multi-stage ultra-marathon competition. <i>Exercise Immunology Review</i> , 2015, 21, 114-28.	0.4	71
7	Exertional-heat stress-associated gastrointestinal perturbations during Olympic sports: Management strategies for athletes preparing and competing in the 2020 Tokyo Olympic Games. <i>Temperature</i> , 2020, 7, 58-88.	3.0	61
8	Perturbed energy balance and hydration status in ultra-endurance runners during a 24h ultra-marathon. <i>British Journal of Nutrition</i> , 2014, 112, 428-437.	2.3	60
9	Nutrition for Ultramarathon Running: Trail, Track, and Road. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019, 29, 130-140.	2.1	58
10	Influence of Timing of Postexercise Carbohydrate-Protein Ingestion on Selected Immune Indices. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2009, 19, 366-384.	2.1	56
11	The Impact of Mild Heat Stress During Prolonged Running On Gastrointestinal Integrity, Gastrointestinal Symptoms, Systemic Endotoxin and Cytokine Profiles. <i>International Journal of Sports Medicine</i> , 2018, 39, 255-263.	1.7	56
12	Water and sodium intake habits and status of ultra-endurance runners during a multi-stage ultra-marathon conducted in a hot ambient environment: an observational field based study. <i>Nutrition Journal</i> , 2013, 12, 13.	3.4	54
13	Considerations for ultra-endurance activities: part 1- nutrition. <i>Research in Sports Medicine</i> , 2019, 27, 166-181.	1.3	54
14	Impact of exercise-induced hypohydration on gastrointestinal integrity, function, symptoms, and systemic endotoxin and inflammatory profile. <i>Journal of Applied Physiology</i> , 2019, 126, 1281-1291.	2.5	54
15	Test-Retest Reliability of a Modified Visual Analog Scale Assessment Tool for Determining Incidence and Severity of Gastrointestinal Symptoms in Response to Exercise Stress. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019, 29, 411-419.	2.1	51
16	Two weeks of repetitive gut-challenge reduce exercise-associated gastrointestinal symptoms and malabsorption. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 630-640.	2.9	50
17	Heat acclimation responses of an ultra-endurance running group preparing for hot desert-based competition. <i>European Journal of Sport Science</i> , 2014, 14, S131-41.	2.7	47
18	Considerations for ultra-endurance activities: part 2 hydration. <i>Research in Sports Medicine</i> , 2019, 27, 182-194.	1.3	45

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19	Impact of 24-h high and low fermentable oligo-, di-, monosaccharide, and polyol diets on markers of exercise-induced gastrointestinal syndrome in response to exertional heat stress. <i>Applied Physiology, Nutrition and Metabolism</i> , 2020, 45, 569-580.	1.9	43
20	Does the temperature of water ingested during exertional-heat stress influence gastrointestinal injury, symptoms, and systemic inflammatory profile?. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 771-776.	1.3	41
21	Diurnal versus Nocturnal Exercise Effect on the Gastrointestinal Tract. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 1056-1067.	0.4	31
22	Does biological sex impact intestinal epithelial injury, small intestine permeability, gastrointestinal symptoms and systemic cytokine profile in response to exertional-heat stress?. <i>Journal of Sports Sciences</i> , 2018, 36, 2827-2835.	2.0	28
23	The Effects of Postexercise Feeding on Saliva Antimicrobial Proteins. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2012, 22, 184-191.	2.1	27
24	Is the gut microbiota bacterial abundance and composition associated with intestinal epithelial injury, systemic inflammatory profile, and gastrointestinal symptoms in response to exertional-heat stress?. <i>Journal of Science and Medicine in Sport</i> , 2020, 23, 1141-1153.	1.3	25
25	Gastrointestinal Assessment and Therapeutic Intervention for the Management of Exercise-Associated Gastrointestinal Symptoms: A Case Series Translational and Professional Practice Approach. <i>Frontiers in Physiology</i> , 2021, 12, 719142.	2.8	25
26	The Influence of Aerobic Exercise on Hippocampal Integrity and Function: Preliminary Findings of a Multi-Modal Imaging Analysis. <i>Brain Plasticity</i> , 2018, 4, 211-216.	3.5	23
27	Farmed Mussels: A Nutritive Protein Source, Rich in Omega-3 Fatty Acids, with a Low Environmental Footprint. <i>Nutrients</i> , 2021, 13, 1124.	4.1	22
28	Case Study: Providing Nutritional Support to an Ultraendurance Runner in Preparation for a Self-Sufficient Multistage Ultramarathon: Rationed Versus Full Energy Provisions. <i>Wilderness and Environmental Medicine</i> , 2018, 29, 508-520.	0.9	21
29	Sodium Intake Beliefs, Information Sources, and Intended Practices of Endurance Athletes Before and During Exercise. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019, 29, 371-381.	2.1	19
30	Ad libitum drinking adequately supports hydration during 2h of running in different ambient temperatures. <i>European Journal of Applied Physiology</i> , 2018, 118, 2687-2697.	2.5	18
31	Assessing Overall Exercise Recovery Processes Using Carbohydrate and Carbohydrate-Protein Containing Recovery Beverages. <i>Frontiers in Physiology</i> , 2021, 12, 628863.	2.8	18
32	Applying a Low-FODMAP Dietary Intervention to a Female Ultraendurance Runner With Irritable Bowel Syndrome During a Multistage Ultramarathon. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019, 29, 61-67.	2.1	17
33	Measurement of saliva flow rate in healthy young humans: influence of collection time and mouthrinse water temperature. <i>European Journal of Oral Sciences</i> , 2016, 124, 447-453.	1.5	15
34	Impact of 3-day high and low dietary sodium intake on sodium status in response to exertional-heat stress: a double-blind randomized control trial. <i>European Journal of Applied Physiology</i> , 2019, 119, 2105-2118.	2.5	15
35	Protein Requirements of Pre-Menopausal Female Athletes: Systematic Literature Review. <i>Nutrients</i> , 2020, 12, 3527.	4.1	14
36	The Effects of a High-Protein Dairy Milk Beverage With or Without Progressive Resistance Training on Fat-Free Mass, Skeletal Muscle Strength and Power, and Functional Performance in Healthy Active Older Adults: A 12-Week Randomized Controlled Trial. <i>Frontiers in Nutrition</i> , 2021, 8, 644865.	3.7	14

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37	Does the Nutritional Composition of Dairy Milk Based Recovery Beverages Influence Post-exercise Gastrointestinal and Immune Status, and Subsequent Markers of Recovery Optimisation in Response to High Intensity Interval Exercise?. <i>Frontiers in Nutrition</i> , 2020, 7, 622270.	3.7	14
38	The Effects of an Acute "Train-Low" Nutritional Protocol on Markers of Recovery Optimization in Endurance-Trained Male Athletes. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 1764-1776.	2.3	13
39	Feeding Tolerance, Glucose Availability, and Whole-Body Total Carbohydrate and Fat Oxidation in Male Endurance and Ultra-Endurance Runners in Response to Prolonged Exercise, Consuming a Habitual Mixed Macronutrient Diet and Carbohydrate Feeding During Exercise. <i>Frontiers in Physiology</i> , 2021, 12, 773054.	2.8	13
40	Recommendations on Youth Participation in Ultra-Endurance Running Events: A Consensus Statement. <i>Sports Medicine</i> , 2021, 51, 1123-1135.	6.5	11
41	Sarcopenic Characteristics of Active Older Adults: a Cross-Sectional Exploration. <i>Sports Medicine - Open</i> , 2021, 7, 32.	3.1	11
42	The Impact of a Dairy Milk Recovery Beverage on Bacterially Stimulated Neutrophil Function and Gastrointestinal Tolerance in Response to Hypohydration Inducing Exercise Stress. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2020, 30, 237-248.	2.1	11
43	Factors Influencing Blood Alkalosis and Other Physiological Responses, Gastrointestinal Symptoms, and Exercise Performance Following Sodium Citrate Supplementation: A Review. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2021, 31, 168-186.	2.1	10
44	The Relationship Between Psychological Stress and Anxiety with Gastrointestinal Symptoms Before and During a 56km Ultramarathon Running Race. <i>Sports Medicine - Open</i> , 2021, 7, 93.	3.1	8
45	Short-Term Very High Carbohydrate Diet and Gut-Training Have Minor Effects on Gastrointestinal Status and Performance in Highly Trained Endurance Athletes. <i>Nutrients</i> , 2022, 14, 1929.	4.1	5
46	Letter: low FODMAP diet for exercise-induced gastrointestinal syndrome" Authors' reply. <i>Alimentary Pharmacology and Therapeutics</i> , 2017, 46, 1023-1024.	3.7	4
47	Effects of a Short-Term "Fat Adaptation with Carbohydrate Restoration" Diet on Metabolic Responses and Exercise Performance in Well-Trained Runners. <i>Nutrients</i> , 2021, 13, 1033.	4.1	4
48	A 16-week aerobic exercise and mindfulness-based intervention on chronic psychosocial stress: a pilot and feasibility study. <i>Pilot and Feasibility Studies</i> , 2021, 7, 64.	1.2	3
49	Sex differences among endurance athletes in the pre-race relationships between sleep, and perceived stress and recovery. <i>Journal of Sports Sciences</i> , 2022, 40, 1542-1551.	2.0	3
50	Exertional heat stress-induced gastrointestinal perturbations: prevention and management strategies. <i>British Journal of Sports Medicine</i> , 2019, 53, 1312-1313.	6.7	1
51	Response to Armstrong and Bergeron. <i>European Journal of Applied Physiology</i> , 2019, 119, 1453-1454.	2.5	0
52	What is real change in submaximal cardiorespiratory fitness in older adults? Retrospective analysis of a clinical trial. <i>Sports Medicine - Open</i> , 2022, 8, 59.	3.1	0