

Jari A Laukkanen

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

313
papers

8,968
citations

45
h-index

85
g-index

356
ext. papers

11,302
ext. citations

5.2
avg, IF

6.62
L-index

#	Paper	IF	Citations
313	Exercise cardiac power and the risk of heart failure in men: A population-based follow-up study.. <i>Journal of Sport and Health Science</i> , 2022 , 11, 266-271	8.2	0
312	Handgrip strength and risk of cognitive outcomes: new prospective study and meta-analysis of 16 observational cohort studies.. <i>GeroScience</i> , 2022 , 1	8.9	0
311	High fitness levels attenuate the increased risk of heart failure due to low socioeconomic status: A cohort study.. <i>European Journal of Clinical Investigation</i> , 2022 , e13744	4.6	0
310	Cardiorespiratory fitness does not offset the increased risk of chronic obstructive pulmonary disease attributed to smoking: a cohort study.. <i>European Journal of Epidemiology</i> , 2022 , 1	12.1	0
309	Television viewing and venous thrombo-embolism: a systematic review and meta-analysis.. <i>European Journal of Preventive Cardiology</i> , 2022 ,	3.9	1
308	Egg and cholesterol intake, apolipoprotein E4 phenotype and risk of venous thromboembolism: findings from a prospective cohort study.. <i>British Journal of Nutrition</i> , 2022 , 1-23	3.6	
307	Serum C-reactive protein-to-albumin ratio is a potential risk indicator for pneumonia: Findings from a prospective cohort study. <i>Respiratory Medicine</i> , 2022 , 106894	4.6	0
306	Associations of Sex Hormones and Hormonal Status With Arterial Stiffness in a Female Sample From Reproductive Years to Menopause.. <i>Frontiers in Endocrinology</i> , 2021 , 12, 765916	5.7	2
305	Circulating Serum Copper Is Associated with Atherosclerotic Cardiovascular Disease, but Not Venous Thromboembolism: A Prospective Cohort Study.. <i>Pulse</i> , 2021 , 9, 109-115	1.6	3
304	Physical activity reduces the risk of pneumonia: systematic review and meta-analysis of 10 prospective studies involving 1,044,492 participants. <i>GeroScience</i> , 2021 , 1	8.9	1
303	Normalized handgrip strength and future risk of hypertension: findings from a prospective cohort study. <i>Scandinavian Cardiovascular Journal</i> , 2021 , 55, 336-339	2	0
302	High fitness levels offset the increased risk of chronic obstructive pulmonary disease due to low socioeconomic status: A cohort study. <i>Respiratory Medicine</i> , 2021 , 189, 106647	4.6	0
301	LifeB Simple 7 and the risk of stroke in Finnish men: A prospective cohort study. <i>Preventive Medicine</i> , 2021 , 153, 106858	4.3	0
300	Association between estimated pulse wave velocity and the risk of stroke in middle-aged men. <i>International Journal of Stroke</i> , 2021 , 16, 551-555	6.3	4
299	Cardiorespiratory fitness is not associated with reduced risk of prostate cancer: A cohort study and review of the literature. <i>European Journal of Clinical Investigation</i> , 2021 , 51, e13545	4.6	0
298	Chronotropic Response to Exercise Testing and the Risk of Stroke. <i>American Journal of Cardiology</i> , 2021 , 143, 46-50	3	0
297	Circulating Serum Magnesium and the Risk of Venous Thromboembolism in Men: A Long-Term Prospective Cohort Study. <i>Pulse</i> , 2021 , 8, 108-113	1.6	3

296	Glomerular Filtration Dysfunction is Associated with Cardiac Adverse Remodeling in Menopausal Diabetic Chinese Women. <i>Clinical Interventions in Aging</i> , 2021 , 16, 603-609	4	0
295	Longitudinal associations of physical activity, sedentary time, and cardiorespiratory fitness with arterial health in children - the PANIC study. <i>Journal of Sports Sciences</i> , 2021 , 39, 1980-1987	3.6	1
294	Cardiorespiratory Fitness Attenuates the Increased Risk of Sudden Cardiac Death Associated With Low Socioeconomic Status. <i>American Journal of Cardiology</i> , 2021 , 145, 164-165	3	1
293	Association Between Estimated Pulse Wave Velocity and the Risk of Heart Failure in the Kuopio Ischemic Heart Disease Risk Factor Study. <i>Journal of Cardiac Failure</i> , 2021 , 27, 494-496	3.3	1
292	Fitness and reduced risk of hypertension-approaching causality. <i>Journal of Human Hypertension</i> , 2021 , 35, 943-945	2.6	
291	Omega-3 Benefits Remain Strong Post-STRENGTH. <i>Mayo Clinic Proceedings</i> , 2021 , 96, 1371-1372	6.4	6
290	Impact of Sauna Bathing on Risk of Pneumonia in Men With Low Socioeconomic Status: A Cohort Study. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2021 , 41, 289-291	3.6	0
289	Longitudinal association between CRP levels and risk of psychosis: a meta-analysis of population-based cohort studies. <i>NPJ Schizophrenia</i> , 2021 , 7, 31	5.5	5
288	Inverse Association of Handgrip Strength With Risk of Heart Failure. <i>Mayo Clinic Proceedings</i> , 2021 , 96, 1490-1499	6.4	2
287	The combined effect of blood pressure and C-reactive protein with the risk of mortality from coronary heart and cardiovascular diseases. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 2051-2057	4.5	0
286	Nurse-led counseling for coronary artery disease patients: A 1-year follow-up study. <i>Australian Journal of Cancer Nursing</i> , 2021 , 23, 678-687	1.9	1
285	Exercise intensity assessment and prescription in cardiovascular rehabilitation and beyond: why and how: a position statement from the Secondary Prevention and Rehabilitation Section of the European Association of Preventive Cardiology. <i>European Journal of Preventive Cardiology</i> , 2021 ,	3.9	12
284	Low body mass is associated with reduced left ventricular mass in Chinese elderly with severe COPD. <i>Scientific Reports</i> , 2021 , 11, 13074	4.9	0
283	Percentage of age-predicted cardiorespiratory fitness and risk of sudden cardiac death: A prospective cohort study. <i>Heart Rhythm</i> , 2021 , 18, 1171-1177	6.7	1
282	Cardiorespiratory optimal point during exercise testing is related to cardiovascular and all-cause mortality. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021 , 31, 1949-1961	4.6	0
281	Association between estimated pulse wave velocity and the risk of cardiovascular outcomes in men. <i>European Journal of Preventive Cardiology</i> , 2021 , 28, e25-e27	3.9	2
280	Association between ideal cardiovascular health and risk of sudden cardiac death and all-cause mortality among middle-aged men in Finland. <i>European Journal of Preventive Cardiology</i> , 2021 , 28, 294-300	3.9	7
279	Markers of liver injury and clinical outcomes in COVID-19 patients: A systematic review and meta-analysis. <i>Journal of Infection</i> , 2021 , 82, 159-198	18.9	29

278	Handgrip strength-A risk indicator for type 2 diabetes: Systematic review and meta-analysis of observational cohort studies. <i>Diabetes/Metabolism Research and Reviews</i> , 2021 , 37, e3365	7.5	12
277	Personal activity intelligence and mortality - Data from the Aerobics Center Longitudinal Study. <i>Progress in Cardiovascular Diseases</i> , 2021 , 64, 121-126	8.5	2
276	Joint effect of blood pressure and C-reactive protein and the risk of sudden cardiac death: A prospective cohort study. <i>International Journal of Cardiology</i> , 2021 , 326, 184-188	3.2	1
275	Physical activity may not be associated with long-term risk of dementia and Alzheimer's disease. <i>European Journal of Clinical Investigation</i> , 2021 , 51, e13415	4.6	5
274	Revascularization versus medical therapy for the treatment of stable coronary artery disease: A meta-analysis of contemporary randomized controlled trials. <i>International Journal of Cardiology</i> , 2021 , 324, 13-21	3.2	7
273	Sauna bathing frequency in Finland and the impact of COVID-19. <i>Complementary Therapies in Medicine</i> , 2021 , 56, 102594	3.5	2
272	Handgrip strength-a risk indicator for future fractures in the general population: findings from a prospective study and meta-analysis of 19 prospective cohort studies. <i>GeroScience</i> , 2021 , 43, 869-880	8.9	4
271	2020 ESC Guidelines on sports cardiology and exercise in patients with cardiovascular disease. <i>European Heart Journal</i> , 2021 , 42, 17-96	9.5	264
270	Effect of Omega-3 Dosage on Cardiovascular Outcomes: An Updated Meta-Analysis and Meta-Regression of Interventional Trials. <i>Mayo Clinic Proceedings</i> , 2021 , 96, 304-313	6.4	54
269	Metabolic Syndrome, Cardiorespiratory Fitness and the Risk of All-cause and Cardiovascular Mortality in Men: A Long-Term Prospective Cohort Study. <i>Cardiometabolic Syndrome Journal</i> , 2021 , 1, 157		1
268	Temporal changes in personal activity intelligence and mortality: Data from the aerobics center longitudinal study. <i>Progress in Cardiovascular Diseases</i> , 2021 , 64, 127-134	8.5	0
267	Physical activity and risk of atrial fibrillation in the general population: meta-analysis of 23 cohort studies involving about 2 million participants. <i>European Journal of Epidemiology</i> , 2021 , 36, 259-274	12.1	4
266	High fitness levels, frequent sauna bathing and risk of pneumonia in a cohort study: Are there potential implications for COVID-19?. <i>European Journal of Clinical Investigation</i> , 2021 , 51, e13490	4.6	5
265	Percentage of Age-Predicted Cardiorespiratory Fitness Is Inversely Associated with Cardiovascular Disease Mortality: A Prospective Cohort Study. <i>Cardiology</i> , 2021 , 146, 616-623	1.6	0
264	Cardiorespiratory Fitness, Inflammation, and the Incident Risk of Pneumonia. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2021 , 41, 199-201	3.6	7
263	In Reply-Impact of a High-Shrimp Diet on Cardiovascular Risk: An NHANES Analysis. <i>Mayo Clinic Proceedings</i> , 2021 , 96, 508	6.4	1
262	TV viewing and venous thromboembolism: Risk or red herring?. <i>Journal of Thrombosis and Haemostasis</i> , 2021 , 19, 2635-2637	15.4	2
261	Cardiorespiratory optimal point during exercise testing and sudden cardiac death: A prospective cohort study. <i>Progress in Cardiovascular Diseases</i> , 2021 , 68, 12-18	8.5	0

260	Exercise heart rate reserve and recovery as risk factors for sudden cardiac death. <i>Progress in Cardiovascular Diseases</i> , 2021 , 68, 7-11	8.5	0
259	Standalone sauna vs exercise followed by sauna on cardiovascular function in non-naïve sauna users: A comparison of acute effects. <i>Health Science Reports</i> , 2021 , 4, e393	2.2	0
258	Percutaneous Coronary Intervention Versus Medical Therapy in the Treatment of Stable Coronary Artery Disease: An Updated Meta-Analysis of Contemporary Randomized Controlled Trials. <i>Journal of Invasive Cardiology</i> , 2021 , 33, E647-E657	0.7	
257	Validity of the Wrist-Worn Polar Vantage V2 to Measure Heart Rate and Heart Rate Variability at Rest.. <i>Sensors</i> , 2021 , 22,	3.8	3
256	Handgrip Strength and Risk of Atrial Fibrillation. <i>American Journal of Cardiology</i> , 2020 , 137, 135-138	3	0
255	Prognostic Relevance of Cardiorespiratory Fitness as Assessed by Submaximal Exercise Testing for All-Cause Mortality: A UK Biobank Prospective Study. <i>Mayo Clinic Proceedings</i> , 2020 , 95, 867-878	6.4	16
254	Cardiovascular complications in COVID-19: A systematic review and meta-analysis. <i>Journal of Infection</i> , 2020 , 81, e139-e141	18.9	42
253	Leisure-time cross-country skiing and risk of atrial fibrillation and stroke: A prospective cohort study. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 2354-2357	3.9	2
252	Handgrip strength is inversely associated with fatal cardiovascular and all-cause mortality events. <i>Annals of Medicine</i> , 2020 , 52, 109-119	1.5	14
251	Acute Hemodynamic Responses to Combined Exercise and Sauna. <i>International Journal of Sports Medicine</i> , 2020 , 41, 824-831	3.6	2
250	Renal complications in COVID-19: a systematic review and meta-analysis. <i>Annals of Medicine</i> , 2020 , 52, 345-353	1.5	82
249	Hepatic manifestations and complications of COVID-19: A systematic review and meta-analysis. <i>Journal of Infection</i> , 2020 , 81, e72-e74	18.9	22
248	The electrocardiographic triangular QRS-ST-T waveform pattern: a marker of severe haemodynamic compromise in Takotsubo syndrome-a case report. <i>European Heart Journal - Case Reports</i> , 2020 , 4, 1-6	0.9	4
247	Heart Failure Risk Reduction: Hydrophilic or Lipophilic Statins?. <i>Cardiology</i> , 2020 , 145, 384-386	1.6	0
246	Investigation of antihypertensive class, dementia, and cognitive decline: A meta-analysis. <i>Neurology</i> , 2020 , 94, e267-e281	6.5	38
245	High-intensity interval training is effective and superior to moderate continuous training in patients with heart failure with preserved ejection fraction: A randomized clinical trial. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 1733-1743	3.9	16
244	Endocrine effects of sauna bath. <i>Current Opinion in Endocrine and Metabolic Research</i> , 2020 , 11, 15-20	1.7	4
243	Handgrip Strength Is Inversely Associated With Sudden Cardiac Death. <i>Mayo Clinic Proceedings</i> , 2020 , 95, 825-828	6.4	9

242	Leisure-time cross-country skiing and the risk of venous thromboembolism: A prospective cohort study. <i>European Journal of Preventive Cardiology</i> , 2020 , 2047487320908978	3.9	1
241	Associations of cardiorespiratory fitness, physical activity, and BMI with arterial health in middle-aged men and women. <i>Physiological Reports</i> , 2020 , 8, e14438	2.6	1
240	Leisure-time cross-country skiing is associated with lower incidence of type 2 diabetes: A prospective cohort study. <i>Diabetes/Metabolism Research and Reviews</i> , 2020 , 36, e3216	7.5	1
239	Response to letter by Peng-Wu and Ma on: the relationship of cardiorespiratory fitness and venous thromboembolism: yes or no?. <i>Scandinavian Cardiovascular Journal</i> , 2020 , 54, 67-68	2	2
238	Physical activity and risk of venous thromboembolism: systematic review and meta-analysis of prospective cohort studies. <i>European Journal of Epidemiology</i> , 2020 , 35, 431-442	12.1	27
237	Acute Neuromuscular and Hormonal Responses to Different Exercise Loadings Followed by a Sauna. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 313-322	3.2	7
236	Exercise-based cardiac rehabilitation 2020 , 323-331		
235	Handgrip strength is not associated with risk of venous thromboembolism: a prospective cohort study. <i>Scandinavian Cardiovascular Journal</i> , 2020 , 54, 253-257	2	7
234	Running away from cardiovascular disease at the right speed: The impact of aerobic physical activity and cardiorespiratory fitness on cardiovascular disease risk and associated subclinical phenotypes. <i>Progress in Cardiovascular Diseases</i> , 2020 , 63, 762-774	8.5	5
233	Association Between Pulse Pressure and the Risk of Sudden Cardiac Death in Middle-Aged Men: A 26-Year Follow-up Population-Based Study. <i>Mayo Clinic Proceedings</i> , 2020 , 95, 2044-2046	6.4	1
232	Amiodarone in the COVID-19 Era: Treatment for Symptomatic Patients Only, or Drug to Prevent Infection?. <i>American Journal of Cardiovascular Drugs</i> , 2020 , 20, 413-418	4	14
231	Cardiorespiratory fitness is not associated with fracture risk in middle-aged men. <i>European Journal of Clinical Investigation</i> , 2020 , 50, e13360	4.6	
230	Cold weather-related cardiorespiratory symptoms predict higher morbidity and mortality. <i>Environmental Research</i> , 2020 , 191, 110108	7.9	8
229	Handgrip strength improves prediction of type 2 diabetes: a prospective cohort study. <i>Annals of Medicine</i> , 2020 , 52, 471-478	1.5	9
228	Incidence of venous and arterial thromboembolic complications in COVID-19: A systematic review and meta-analysis. <i>Thrombosis Research</i> , 2020 , 196, 27-30	8.2	42
227	The validity of heart failure diagnoses in the Finnish Hospital Discharge Register. <i>Scandinavian Journal of Public Health</i> , 2020 , 48, 20-28	3	10
226	Acute effects of exercise and sauna as a single intervention on arterial compliance. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 1104-1107	3.9	2
225	Relation of maximal systolic blood pressure during exercise testing to the risk of sudden cardiac death in men with and without cardiovascular disease. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 2220-2222	3.9	3

224	Cross-country skiing and the risk of acute myocardial infarction: A prospective cohort study. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 1108-1111	3.9	2
223	Exercise cardiac power and the risk of myocardial infarction and fatal coronary heart disease events in men. <i>European Journal of Preventive Cardiology</i> , 2020 , 2047487320914734	3.9	1
222	Secondary prevention through comprehensive cardiovascular rehabilitation: From knowledge to implementation. 2020 update. A position paper from the Secondary Prevention and Rehabilitation Section of the European Association of Preventive Cardiology. <i>European Journal of Preventive Cardiology</i> , 2020 , 2047487320913379	3.9	131
221	Impact of cardiorespiratory fitness on survival in men with low socioeconomic status. <i>European Journal of Preventive Cardiology</i> , 2020 , 2047487319901057	3.9	7
220	Ideal cardiovascular health and risk of acute myocardial infarction among Finnish men. <i>Atherosclerosis</i> , 2019 , 289, 126-131	3.1	7
219	Author response: Sauna bathing reduces the risk of stroke in Finnish men and women: A prospective cohort study. <i>Neurology</i> , 2019 , 92, 205-206	6.5	
218	Recovery from sauna bathing favorably modulates cardiac autonomic nervous system. <i>Complementary Therapies in Medicine</i> , 2019 , 45, 190-197	3.5	15
217	Is sauna bathing protective of sudden cardiac death? A review of the evidence. <i>Progress in Cardiovascular Diseases</i> , 2019 , 62, 288-293	8.5	13
216	Cardiorespiratory fitness is not associated with risk of venous thromboembolism: a cohort study. <i>Scandinavian Cardiovascular Journal</i> , 2019 , 53, 255-258	2	11
215	Is There an "Asymptote of Gain" Beyond Which Further Increases in Cardiorespiratory Fitness Convey No Additional Benefits on Mortality and Atrial Fibrillation?. <i>Mayo Clinic Proceedings</i> , 2019 , 94, 545-547	6.4	3
214	Lipoprotein(a) is not associated with venous thromboembolism risk. <i>Scandinavian Cardiovascular Journal</i> , 2019 , 53, 125-132	2	3
213	Serum Albumin and Future Risk of Hip, Humeral, and Wrist Fractures in Caucasian Men: New Findings from a Prospective Cohort Study. <i>Medical Principles and Practice</i> , 2019 , 28, 401-409	2.1	3
212	Cardiorespiratory Fitness and the Risk of Serious Ventricular Arrhythmias: A Prospective Cohort Study. <i>Mayo Clinic Proceedings</i> , 2019 , 94, 833-841	6.4	14
211	The Reply. <i>American Journal of Medicine</i> , 2019 , 132, e27	2.4	
210	Sauna bathing reduces the risk of venous thromboembolism: a prospective cohort study. <i>European Journal of Epidemiology</i> , 2019 , 34, 983-986	12.1	7
209	American heart association cardiovascular health metrics and risk of cardiovascular disease mortality among a middle-aged male Scandinavian population. <i>Annals of Medicine</i> , 2019 , 51, 306-313	1.5	4
208	In reply-Sauna Bathing and Healthy Sweating. <i>Mayo Clinic Proceedings</i> , 2019 , 94, 727-728	6.4	3
207	Cross-country skiing and running association with cardiovascular events and all-cause mortality: A review of the evidence. <i>Progress in Cardiovascular Diseases</i> , 2019 , 62, 505-514	8.5	9

206	Finnish sauna bathing does not increase or decrease the risk of cancer in men: A prospective cohort study. <i>European Journal of Cancer</i> , 2019 , 121, 184-191	7.5	2
205	The effect of prolonged thermal stress on the physiological parameters of young, sedentary men and the correlations with somatic features and body composition parameters. <i>HOMO- Journal of Comparative Human Biology</i> , 2019 , 70, 119-128	0.5	2
204	Dynamic Force Production Capacities Between Coronary Artery Disease Patients vs. Healthy Participants on a Cycle Ergometer. <i>Frontiers in Physiology</i> , 2019 , 10, 1639	4.6	1
203	Does cardiorespiratory fitness really influence venous thromboembolism risk?. <i>Journal of Thrombosis and Haemostasis</i> , 2019 , 17, 2220-2222	15.4	2
202	Leisure-time cross-country skiing is associated with lower incidence of hypertension: a prospective cohort study. <i>Journal of Hypertension</i> , 2019 , 37, 1624-1632	1.9	4
201	Overweight and obesity are associated with cardiac adverse structure remodeling in Chinese elderly with hypertension. <i>Scientific Reports</i> , 2019 , 9, 17896	4.9	5
200	Pulmonary embolism location is associated with the co-existence of the deep venous thrombosis. <i>Blood Coagulation and Fibrinolysis</i> , 2019 , 30, 188-192	1	2
199	Is maintaining or improving fitness key for dementia prevention?. <i>Lancet Public Health, The</i> , 2019 , 4, e541-e542	1.2	4
198	Silencing of C3G increases cardiomyocyte survival inhibition and apoptosis via regulation of p-ERK1/2 and Bax. <i>Clinical and Experimental Pharmacology and Physiology</i> , 2019 , 46, 237-245	3	1
197	The Duke treadmill score with bicycle ergometer: Exercise capacity is the most important predictor of cardiovascular mortality. <i>European Journal of Preventive Cardiology</i> , 2019 , 26, 199-207	3.9	11
196	Orderly display of limb lead ECGs raises Chinese internists' diagnostic accuracy when determining frontal plane QRS axis. <i>Medical Education Online</i> , 2019 , 24, 1549923	4.4	0
195	Is Re-calibration of standard cardiovascular disease (CVD) risk algorithms the panacea to improved CVD risk prediction and prevention?. <i>European Heart Journal</i> , 2019 , 40, 632-634	9.5	5
194	Marriage Dissatisfaction and the Risk of Sudden Cardiac Death Among Men. <i>American Journal of Cardiology</i> , 2019 , 123, 7-11	3	7
193	Genetically elevated gamma-glutamyltransferase and Alzheimer's disease. <i>Experimental Gerontology</i> , 2018 , 106, 61-66	4.5	1
192	Exercise electrocardiogram in middle-aged and older leisure time sportsmen: 100 exercise tests would be enough to identify one silent myocardial ischemia at risk for cardiac event. <i>International Journal of Cardiology</i> , 2018 , 257, 16-23	3.2	3
191	Relative peak exercise oxygen pulse is related to sudden cardiac death, cardiovascular and all-cause mortality in middle-aged men. <i>European Journal of Preventive Cardiology</i> , 2018 , 25, 772-782	3.9	16
190	Contemporary nationwide cardiology registers: Up-to-date registry data are required. <i>European Journal of Preventive Cardiology</i> , 2018 , 25, 270-272	3.9	1
189	Long-Term Change in Cardiorespiratory Fitness in Relation to Atrial Fibrillation and Heart Failure (from the Kuopio Ischemic Heart Disease Risk Factor Study). <i>American Journal of Cardiology</i> , 2018 , 121, 956-960	3	11

188	Inverse association between serum albumin and future risk of venous thromboembolism: interrelationship with high sensitivity C-reactive protein. <i>Annals of Medicine</i> , 2018 , 50, 240-248	1.5	16
187	High Leisure-Time Physical Activity Is Associated With Reduced Risk of Sudden Cardiac Death Among Men With Low Cardiorespiratory Fitness. <i>Canadian Journal of Cardiology</i> , 2018 , 34, 288-294	3.8	9
186	Acute effects of sauna bathing on cardiovascular function. <i>Journal of Human Hypertension</i> , 2018 , 32, 129-138	2.6	35
185	Cardiorespiratory fitness and risk of dementia: a prospective population-based cohort study. <i>Age and Ageing</i> , 2018 , 47, 611-614	3	11
184	Combined Effect of Sauna Bathing and Cardiorespiratory Fitness on the Risk of Sudden Cardiac Deaths in Caucasian Men: A Long-term Prospective Cohort Study. <i>Progress in Cardiovascular Diseases</i> , 2018 , 60, 635-641	8.5	10
183	Cardiorespiratory fitness is associated with reduced risk of future psychosis: A long-term prospective cohort study. <i>Schizophrenia Research</i> , 2018 , 192, 473-474	3.6	6
182	Adherence to a Mediterranean-style diet and incident fractures: pooled analysis of observational evidence. <i>European Journal of Nutrition</i> , 2018 , 57, 1687-1700	5.2	10
181	Sauna exposure leads to improved arterial compliance: Findings from a non-randomised experimental study. <i>European Journal of Preventive Cardiology</i> , 2018 , 25, 130-138	3.9	29
180	Cross-country skiing is associated with lower all-cause mortality: A population-based follow-up study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28, 1064-1072	4.6	9
179	Joint associations of sauna bathing and cardiorespiratory fitness on cardiovascular and all-cause mortality risk: a long-term prospective cohort study. <i>Annals of Medicine</i> , 2018 , 50, 139-146	1.5	20
178	Plasma levels of haemostatic factors in patients with pulmonary embolism on admission and seven months later. <i>International Journal of Laboratory Hematology</i> , 2018 , 40, 66-71	2.5	12
177	Cardiovascular and Other Health Benefits of Sauna Bathing: A Review of the Evidence. <i>Mayo Clinic Proceedings</i> , 2018 , 93, 1111-1121	6.4	55
176	Effects of heat and cold on health, with special reference to Finnish sauna bathing. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2018 , 314, R629-R638	3.2	25
175	Short-term effects of Finnish sauna bathing on blood-based markers of cardiovascular function in non-naive sauna users. <i>Heart and Vessels</i> , 2018 , 33, 1515-1524	2.1	5
174	Are Metabolically Healthy Overweight/Obese Men at Increased Risk of Sudden Cardiac Death?. <i>Mayo Clinic Proceedings</i> , 2018 , 93, 1266-1270	6.4	3
173	Sleep Duration and Risk of Fatal Coronary Heart Disease, Sudden Cardiac Death, Cancer Death, and All-Cause Mortality. <i>American Journal of Medicine</i> , 2018 , 131, 1499-1505.e2	2.4	7
172	Association Between Cardiorespiratory Fitness and Indices of Coronary Artery Calcification in Men. <i>Mayo Clinic Proceedings</i> , 2018 , 93, 665-666	6.4	3
171	Peak oxygen uptake, ventilatory threshold, and arterial stiffness in adolescents. <i>European Journal of Applied Physiology</i> , 2018 , 118, 2367-2376	3.4	8

170	Osteoprotegerin and Cardiovascular Events in High-Risk Populations: Meta-Analysis of 19 Prospective Studies Involving 27450 Participants. <i>Journal of the American Heart Association</i> , 2018 , 7, e009012	6	11
169	Longitudinal associations of sauna bathing with inflammation and oxidative stress: the KHD prospective cohort study. <i>Annals of Medicine</i> , 2018 , 50, 437-442	1.5	20
168	Global electrical heterogeneity as a predictor of cardiovascular mortality in men and women. <i>Europace</i> , 2018 , 20, 1841-1848	3.9	9
167	Combined volume of pulmonary embolism and deep venous thrombosis-Association with FV, platelet count, and D-dimer. <i>International Journal of Laboratory Hematology</i> , 2018 , 40, e102-e104	2.5	2
166	Effect of Cardiorespiratory Fitness on Risk of Sudden Cardiac Death in Overweight/Obese Men Aged 42 to 60 Years. <i>American Journal of Cardiology</i> , 2018 , 122, 775-779	3	5
165	Sauna bathing and systemic inflammation. <i>European Journal of Epidemiology</i> , 2018 , 33, 351-353	12.1	17
164	The joint impact of prediagnostic inflammatory markers and cardiorespiratory fitness on the risk of cancer mortality. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28, 613-620	4.6	1
163	Sauna Bathing and Risk of Psychotic Disorders: A Prospective Cohort Study. <i>Medical Principles and Practice</i> , 2018 , 27, 562-569	2.1	5
162	Sauna bathing is associated with reduced cardiovascular mortality and improves risk prediction in men and women: a prospective cohort study. <i>BMC Medicine</i> , 2018 , 16, 219	11.4	10
161	Effects of sauna bath on heart failure: A systematic review and meta-analysis. <i>Clinical Cardiology</i> , 2018 , 41, 1491-1501	3.3	12
160	Cardiorespiratory fitness and exercise-induced ST segment depression in assessing the risk of sudden cardiac death in men. <i>Heart</i> , 2017 , 103, 383-389	5.1	15
159	Relation of heart rate recovery after exercise testing to coronary artery calcification. <i>Annals of Medicine</i> , 2017 , 49, 404-410	1.5	6
158	Association of left atrial enlargement with ventricular remodeling in hypertensive Chinese elderly. <i>Echocardiography</i> , 2017 , 34, 491-495	1.5	3
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153	Association of oxygen uptake at ventilatory threshold with risk of incident hypertension: a long-term prospective cohort study. <i>Journal of Human Hypertension</i> , 2017 , 31, 654-656	2.6	3

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148	Effects of HRV-Guided vs. Predetermined Block Training on Performance, HRV and Serum Hormones. <i>International Journal of Sports Medicine</i> , 2017 , 38, 909-920	3.6	27
147	Sauna bathing reduces the risk of respiratory diseases: a long-term prospective cohort study. <i>European Journal of Epidemiology</i> , 2017 , 32, 1107-1111	12.1	31
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