Jari A Laukkanen

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

8,968 85 45 313 h-index g-index citations papers 6.62 356 11,302 5.2 L-index avg, IF ext. citations ext. papers

#	Paper	IF	Citations
313	C-reactive protein concentration and risk of coronary heart disease, stroke, and mortality: an individual participant meta-analysis. <i>Lancet, The</i> , 2010 , 375, 132-40	40	1584
312	2020 ESC Guidelines on sports cardiology and exercise in patients with cardiovascular disease. <i>European Heart Journal</i> , 2021 , 42, 17-96	9.5	264
311	Mercury, fish oils, and risk of acute coronary events and cardiovascular disease, coronary heart disease, and all-cause mortality in men in eastern Finland. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2005 , 25, 228-33	9.4	234
310	Systolic blood pressure response to exercise stress test and risk of stroke. <i>Stroke</i> , 2001 , 32, 2036-41	6.7	197
309	Cardiovascular fitness as a predictor of mortality in men. <i>Archives of Internal Medicine</i> , 2001 , 161, 825-3	1	183
308	Metabolic syndrome and the risk of stroke in middle-aged men. <i>Stroke</i> , 2006 , 37, 806-11	6.7	167
307	The predictive value of cardiorespiratory fitness for cardiovascular events in men with various risk profiles: a prospective population-based cohort study. <i>European Heart Journal</i> , 2004 , 25, 1428-37	9.5	158
306	Association between sauna bathing and fatal cardiovascular and all-cause mortality events. <i>JAMA Internal Medicine</i> , 2015 , 175, 542-8	11.5	140
305	Serum matrix metalloproteinase-8 concentrations are associated with cardiovascular outcome in men. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2007 , 27, 2722-8	9.4	140
304	Secondary prevention through comprehensive cardiovascular rehabilitation: From knowledge to implementation. 2020 update. A position paper from the Secondary Prevention and Rehabilitation Section of the European Association of Preventive Cardiology. European Journal of Preventive	3.9	131
303	Cardiology, 2020 , 2047487320913379 Serum antibody levels to Actinobacillus actinomycetemcomitans predict the risk for coronary heart disease. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2005 , 25, 833-8	9.4	122
302	Left atrium size and the risk of cardiovascular death in middle-aged men. <i>Archives of Internal Medicine</i> , 2005 , 165, 1788-93		120
301	Cardiorespiratory fitness is related to the risk of sudden cardiac death: a population-based follow-up study. <i>Journal of the American College of Cardiology</i> , 2010 , 56, 1476-83	15.1	116
300	Cardiorespiratory fitness and the progression of carotid atherosclerosis in middle-aged men. <i>Annals of Internal Medicine</i> , 2001 , 134, 12-20	8	114
299	Natriuretic peptides and integrated risk assessment for cardiovascular disease: an individual-participant-data meta-analysis. <i>Lancet Diabetes and Endocrinology,the</i> , 2016 , 4, 840-9	18.1	108
298	Asymmetric dimethylarginine and cardiovascular risk: systematic review and meta-analysis of 22 prospective studies. <i>Journal of the American Heart Association</i> , 2015 , 4, e001833	6	95
297	Cardiorespiratory fitness and the risk for stroke in men. Archives of Internal Medicine, 2003, 163, 1682-8		94

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296	Long-term Change in Cardiorespiratory Fitness and All-Cause Mortality: A Population-Based Follow-up Study. <i>Mayo Clinic Proceedings</i> , 2016 , 91, 1183-8	6.4	93
295	Meta-analysis of ventricular premature complexes and their relation to cardiac mortality in general populations. <i>American Journal of Cardiology</i> , 2013 , 112, 1263-70	3	91
294	Exercise-induced silent myocardial ischemia and coronary morbidity and mortality in middle-aged men. <i>Journal of the American College of Cardiology</i> , 2001 , 38, 72-9	15.1	91
293	Determinants of cardiorespiratory fitness in men aged 42 to 60 years with and without cardiovascular disease. <i>American Journal of Cardiology</i> , 2009 , 103, 1598-604	3	90
292	Duration of QRS complex in resting electrocardiogram is a predictor of sudden cardiac death in men. <i>Circulation</i> , 2012 , 125, 2588-94	16.7	86
291	Dyslipidaemia as a predictor of hypertension in middle-aged men. European Heart Journal, 2008, 29, 250	5 9. §	86
290	Renal complications in COVID-19: a systematic review and meta-analysis. <i>Annals of Medicine</i> , 2020 , 52, 345-353	1.5	82
289	Systolic blood pressure during recovery from exercise and the risk of acute myocardial infarction in middle-aged men. <i>Hypertension</i> , 2004 , 44, 820-5	8.5	81
288	Plasma vitamin C modifies the association between hypertension and risk of stroke. <i>Stroke</i> , 2002 , 33, 1568-73	6.7	79
287	Validation of metabolic syndrome score by confirmatory factor analysis in children and adults and prediction of cardiometabolic outcomes in adults. <i>Diabetologia</i> , 2014 , 57, 940-9	10.3	73
286	Cardiorespiratory fitness and risk of heart failure: a population-based follow-up study. <i>European Journal of Heart Failure</i> , 2014 , 16, 180-8	12.3	72
285	Heart rate response during exercise test and cardiovascular mortality in middle-aged men. <i>European Heart Journal</i> , 2006 , 27, 582-8	9.5	70
284	Association of serum total osteocalcin with type 2 diabetes and intermediate metabolic phenotypes: systematic review and meta-analysis of observational evidence. <i>European Journal of Epidemiology</i> , 2015 , 30, 599-614	12.1	66
283	Cardiorespiratory fitness, lifestyle factors and cancer risk and mortality in Finnish men. <i>European Journal of Cancer</i> , 2010 , 46, 355-63	7.5	66
282	Serum folate and homocysteine and the incidence of acute coronary events: the Kuopio Ischaemic Heart Disease Risk Factor Study. <i>American Journal of Clinical Nutrition</i> , 2004 , 80, 317-23	7	63
281	Coronary angioplasty in drug eluting stent era for the treatment of unprotected left main stenosis compared to coronary artery bypass grafting. <i>Annals of Medicine</i> , 2008 , 40, 437-43	1.5	61
280	Sauna bathing is inversely associated with dementia and Alzheimer disease in middle-aged Finnish men. <i>Age and Ageing</i> , 2017 , 46, 245-249	3	57
279	The predictive value of cardiorespiratory fitness combined with coronary risk evaluation and the risk of cardiovascular and all-cause death. <i>Journal of Internal Medicine</i> , 2007 , 262, 263-72	10.8	56

278	Cardiovascular and Other Health Benefits of Sauna Bathing: A Review of the Evidence. <i>Mayo Clinic Proceedings</i> , 2018 , 93, 1111-1121	6.4	55
277	Serum lycopene decreases the risk of stroke in men: a population-based follow-up study. <i>Neurology</i> , 2012 , 79, 1540-7	6.5	54
276	Effect of Omega-3 Dosage on Cardiovascular Outcomes: An Updated Meta-Analysis and Meta-Regression of Interventional Trials. <i>Mayo Clinic Proceedings</i> , 2021 , 96, 304-313	6.4	54
275	Metabolic syndrome and the risk of prostate cancer in Finnish men: a population-based study. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2004 , 13, 1646-50	4	53
274	Cardiorespiratory fitness and atrial fibrillation: A population-based follow-up study. <i>Heart Rhythm</i> , 2015 , 12, 1424-30	6.7	51
273	Systolic blood pressure response to exercise testing is related to the risk of acute myocardial infarction in middle-aged men. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2006 , 13, 421-428		51
272	Cardiorespiratory fitness and risk of type 2 diabetes mellitus: A 23-year cohort study and a meta-analysis of prospective studies. <i>Atherosclerosis</i> , 2015 , 243, 131-7	3.1	50
271	High dietary methionine intake increases the risk of acute coronary events in middle-aged men. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2006 , 16, 113-20	4.5	48
270	Impaired fasting plasma glucose and type 2 diabetes are related to the risk of out-of-hospital sudden cardiac death and all-cause mortality. <i>Diabetes Care</i> , 2013 , 36, 1166-71	14.6	47
269	Serum linoleic and total polyunsaturated fatty acids in relation to prostate and other cancers: a population-based cohort study. <i>International Journal of Cancer</i> , 2004 , 111, 444-50	7.5	45
268	Cardiorespiratory fitness and physical activity as risk predictors of future atherosclerotic cardiovascular diseases. <i>Current Atherosclerosis Reports</i> , 2002 , 4, 468-76	6	45
267	Sauna Bathing and Incident Hypertension: A Prospective Cohort Study. <i>American Journal of Hypertension</i> , 2017 , 30, 1120-1125	2.3	43
266	Cardiovascular complications in COVID-19: A systematic review and meta-analysis. <i>Journal of Infection</i> , 2020 , 81, e139-e141	18.9	42
265	Left ventricular mass and the risk of sudden cardiac death: a population-based study. <i>Journal of the American Heart Association</i> , 2014 , 3, e001285	6	42
264	Incidence of venous and arterial thromboembolic complications in COVID-19: A systematic review and meta-analysis. <i>Thrombosis Research</i> , 2020 , 196, 27-30	8.2	42
263	Serum Etarotene concentrations and the risk of congestive heart failure in men: a population-based study. <i>International Journal of Cardiology</i> , 2013 , 168, 1841-6	3.2	41
262	Systolic blood pressure response to exercise testing is related to the risk of acute myocardial infarction in middle-aged men. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2006 , 13, 421-8		40
261	Chronotropic incompetence and mortality in middle-aged men with known or suspected coronary heart disease. <i>European Heart Journal</i> , 2008 , 29, 1896-902	9.5	39

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260	Low serum magnesium levels are associated with increased risk of fractures: a long-term prospective cohort study. <i>European Journal of Epidemiology</i> , 2017 , 32, 593-603	12.1	38
259	Investigation of antihypertensive class, dementia, and cognitive decline: A meta-analysis. <i>Neurology</i> , 2020 , 94, e267-e281	6.5	38
258	Serum Etarotene and the risk of sudden cardiac death in men: a population-based follow-up study. <i>Atherosclerosis</i> , 2013 , 226, 172-7	3.1	38
257	Serum C-reactive protein increases the risk of venous thromboembolism: a prospective study and meta-analysis of published prospective evidence. <i>European Journal of Epidemiology</i> , 2017 , 32, 657-667	12.1	38
256	Resting heart rate and risk of incident heart failure: three prospective cohort studies and a systematic meta-analysis. <i>Journal of the American Heart Association</i> , 2015 , 4, e001364	6	37
255	Independent and combined effects of physical activity and body mass index on the development of Type 2 Diabetes - a meta-analysis of 9 prospective cohort studies. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 147	8.4	37
254	Is High Serum LDL/HDL Cholesterol Ratio an Emerging Risk Factor for Sudden Cardiac Death? Findings from the KIHD Study. <i>Journal of Atherosclerosis and Thrombosis</i> , 2017 , 24, 600-608	4	36
253	T-wave inversion, QRS duration, and QRS/T angle as electrocardiographic predictors of the risk for sudden cardiac death. <i>American Journal of Cardiology</i> , 2014 , 113, 1178-83	3	36
252	Serum albumin concentration and incident type 2 diabetes risk: new findings from a population-based cohort study. <i>Diabetologia</i> , 2015 , 58, 961-7	10.3	35
251	Acute effects of sauna bathing on cardiovascular function. <i>Journal of Human Hypertension</i> , 2018 , 32, 129-138	2.6	35
250	Plasma lutein and zeaxanthin and the risk of age-related nuclear cataract among the elderly Finnish population. <i>British Journal of Nutrition</i> , 2012 , 108, 148-54	3.6	35
249	Baseline and long-term fibrinogen levels and risk of sudden cardiac death: A new prospective study and meta-analysis. <i>Atherosclerosis</i> , 2016 , 245, 171-80	3.1	33
248	Diabetes mellitus and risk of sudden cardiac death: a systematic review and meta-analysis. <i>International Journal of Cardiology</i> , 2014 , 177, 535-7	3.2	33
247	Serum carotenoids reduce progression of early atherosclerosis in the carotid artery wall among Eastern Finnish men. <i>PLoS ONE</i> , 2013 , 8, e64107	3.7	33
246	Plasma N-terminal fragments of natriuretic propeptides predict the risk of cardiovascular events and mortality in middle-aged men. <i>European Heart Journal</i> , 2006 , 27, 1230-7	9.5	32
245	Sauna bathing reduces the risk of respiratory diseases: a long-term prospective cohort study. <i>European Journal of Epidemiology</i> , 2017 , 32, 1107-1111	12.1	31
244	Peak oxygen pulse during exercise as a predictor for coronary heart disease and all cause death. Heart, 2006 , 92, 1219-24	5.1	31
243	Low maximal oxygen uptake is associated with elevated depressive symptoms in middle-aged men. <i>European Journal of Epidemiology</i> , 2006 , 21, 701-6	12.1	31

242	Cardiorespiratory fitness and nonfatalcardiovascular events: A population-based follow-up study. American Heart Journal, 2017 , 184, 55-61	4.9	30
241	Low Etarotene concentrations increase the risk of cardiovascular disease mortality among Finnish men with risk factors. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2012 , 22, 921-8	4.5	30
240	Asymptomatic ST-segment depression during exercise testing and the risk of sudden cardiac death in middle-aged men: a population-based follow-up study. <i>European Heart Journal</i> , 2009 , 30, 558-65	9.5	30
239	Serum long-chain n-3 polyunsaturated fatty acids, mercury, and risk of sudden cardiac death in men: a prospective population-based study. <i>PLoS ONE</i> , 2012 , 7, e41046	3.7	30
238	Sauna exposure leads to improved arterial compliance: Findings from a non-randomised experimental study. <i>European Journal of Preventive Cardiology</i> , 2018 , 25, 130-138	3.9	29
237	Prediagnostic circulating markers of inflammation and risk of prostate cancer. <i>International Journal of Cancer</i> , 2013 , 133, 2961-7	7.5	29
236	Markers of liver injury and clinical outcomes in COVID-19 patients: A systematic review and meta-analysis. <i>Journal of Infection</i> , 2021 , 82, 159-198	18.9	29
235	Metabolic syndrome and the risk of sudden cardiac death in middle-aged men. <i>International Journal of Cardiology</i> , 2016 , 203, 792-7	3.2	28
234	Serum zinc concentrations and incident hypertension: new findings from a population-based cohort study. <i>Journal of Hypertension</i> , 2016 , 34, 1055-61	1.9	28
233	Effects of HRV-Guided vs. Predetermined Block Training on Performance, HRV and Serum Hormones. <i>International Journal of Sports Medicine</i> , 2017 , 38, 909-920	3.6	27
232	Relation of systemic blood pressure to sudden cardiac death. <i>American Journal of Cardiology</i> , 2012 , 110, 378-82	3	27
231	Blood pressure responses during exercise testing-is up best for prognosis?. <i>Annals of Medicine</i> , 2012 , 44, 218-24	1.5	27
230	Physical activity and risk of venous thromboembolism: systematic review and meta-analysis of prospective cohort studies. <i>European Journal of Epidemiology</i> , 2020 , 35, 431-442	12.1	27
229	Gamma glutamyltransferase and risk of future dementia in middle-aged to older Finnish men: A new prospective cohort study. <i>Alzheimerp</i> and <i>Dementia</i> , 2016 , 12, 931-941	1.2	27
228	Effects of heat and cold on health, with special reference to Finnish sauna bathing. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2018 , 314, R629-R638	3.2	25
227	Low serum lycopene and Etarotene increase risk of acute myocardial infarction in men. <i>European Journal of Public Health</i> , 2012 , 22, 835-40	2.1	25
226	Glycemic index, glycemic load, and the risk of acute myocardial infarction in Finnish men: the Kuopio Ischaemic Heart Disease Risk Factor Study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2011 , 21, 144-9	4.5	25
225	Intensity of leisure-time physical activity and cancer mortality in men. <i>British Journal of Sports Medicine</i> , 2011 , 45, 125-9	10.3	25

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224	Cardiac power during exercise and the risk of stroke in men. Stroke, 2005, 36, 820-4	6.7	25
223	Associations of cardiovascular and all-cause mortality events with oxygen uptake at ventilatory threshold. <i>International Journal of Cardiology</i> , 2017 , 236, 444-450	3.2	24
222	Inflammatory biomarker score and cancer: A population-based prospective cohort study. <i>BMC Cancer</i> , 2016 , 16, 80	4.8	24
221	Higher blood hematocrit predicts hypertension in men. <i>Journal of Hypertension</i> , 2014 , 32, 245-50	1.9	24
220	Plasma carotenoids are related to intimamedia thickness of the carotid artery wall in men from eastern Finland. <i>Journal of Internal Medicine</i> , 2011 , 270, 478-85	10.8	24
219	Efficacy and safety of P2Y12 inhibitors according to diabetes, age, gender, body mass index and body weight: systematic review and meta-analyses of randomized clinical trials. <i>Atherosclerosis</i> , 2015 , 240, 439-45	3.1	23
218	Renin-angiotensin system inhibitors and risk of fractures: a prospective cohort study and meta-analysis of published observational cohort studies. <i>European Journal of Epidemiology</i> , 2017 , 32, 947-959	12.1	23
217	Serum Etarotene in relation to risk of prostate cancer: the Kuopio Ischaemic Heart Disease Risk Factor study. <i>Nutrition and Cancer</i> , 2012 , 64, 361-7	2.8	23
216	Hepatic manifestations and complications of COVID-19: A systematic review and meta-analysis. <i>Journal of Infection</i> , 2020 , 81, e72-e74	18.9	22
215	Baseline and long-term gamma-glutamyltransferase, heart failure and cardiac arrhythmias in middle-aged Finnish men: Prospective study and pooled analysis of published evidence. <i>European Journal of Preventive Cardiology</i> , 2016 , 23, 1354-62	3.9	22
214	Low-grade inflammation and depressive symptoms as predictors of abdominal obesity. <i>Scandinavian Journal of Public Health</i> , 2012 , 40, 674-80	3	22
213	Serum magnesium and risk of new onset heart failure in men: the Kuopio Ischemic Heart Disease Study. <i>European Journal of Epidemiology</i> , 2016 , 31, 1035-1043	12.1	22
212	Binge drinking and the progression of atherosclerosis in middle-aged men: an 11-year follow-up. <i>Atherosclerosis</i> , 2009 , 205, 266-71	3.1	21
211	Lipoprotein(a) and risk of sudden cardiac death in middle-aged Finnish men: A new prospective cohort study. <i>International Journal of Cardiology</i> , 2016 , 220, 718-25	3.2	21
210	Joint associations of sauna bathing and cardiorespiratory fitness on cardiovascular and all-cause mortality risk: a long-term prospective cohort study. <i>Annals of Medicine</i> , 2018 , 50, 139-146	1.5	20
209	Longitudinal associations of sauna bathing with inflammation and oxidative stress: the KIHD prospective cohort study. <i>Annals of Medicine</i> , 2018 , 50, 437-442	1.5	20
208	Insertion/deletion polymorphism in alpha2-adrenergic receptor gene is a genetic risk factor for sudden cardiac death. <i>American Heart Journal</i> , 2009 , 158, 615-21	4.9	20
207	Exercise capacity and mortality - a follow-up study of 3033 subjects referred to clinical exercise testing. <i>Annals of Medicine</i> , 2016 , 48, 359-66	1.5	20

206	Body mass index is associated with type 2 diabetes mellitus in Chinese elderly. <i>Clinical Interventions in Aging</i> , 2017 , 12, 745-752	4	19
205	Low levels of plasma carotenoids are associated with an increased risk of atrial fibrillation. <i>European Journal of Epidemiology</i> , 2013 , 28, 45-53	12.1	18
204	Plasma N-terminal fragments of natriuretic peptides predict the risk of stroke and atrial fibrillation in men. <i>Heart</i> , 2009 , 95, 1067-71	5.1	18
203	Leisure-time physical activity, cardiorespiratory fitness and feelings of hopelessness in men. <i>BMC Public Health</i> , 2009 , 9, 204	4.1	18
202	Frequent sauna bathing may reduce the risk of pneumonia in middle-aged Caucasian men: The KIHD prospective cohort study. <i>Respiratory Medicine</i> , 2017 , 132, 161-163	4.6	17
201	Exercise Heart Rate Reserve and Recovery as Predictors of Incident Type 2 Diabetes. <i>American Journal of Medicine</i> , 2016 , 129, 536.e7-536.e12	2.4	17
200	Gamma-glutamyltransferase and risk of chronic kidney disease: A prospective cohort study. <i>Clinica Chimica Acta</i> , 2017 , 473, 39-44	6.2	17
199	Usefulness of chronotropic incompetence in response to exercise as a predictor of myocardial infarction in middle-aged men without cardiovascular disease. <i>American Journal of Cardiology</i> , 2008 , 101, 992-8	3	17
198	Sauna bathing and systemic inflammation. European Journal of Epidemiology, 2018, 33, 351-353	12.1	17
197	Prognostic Relevance of Cardiorespiratory Fitness as Assessed by Submaximal Exercise Testing for All-Cause Mortality: A UK Biobank Prospective Study. <i>Mayo Clinic Proceedings</i> , 2020 , 95, 867-878	6.4	16
196	High-intensity interval training is effective and superior to moderate continuous training in patients with heart failure with preserved ejection fraction: A randomized clinical trial. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 1733-1743	3.9	16
195	Relative peak exercise oxygen pulse is related to sudden cardiac death, cardiovascular and all-cause mortality in middle-aged men. <i>European Journal of Preventive Cardiology</i> , 2018 , 25, 772-782	3.9	16
194	Inverse association between serum albumin and future risk of venous thromboembolism: interrelationship with high sensitivity C-reactive protein. <i>Annals of Medicine</i> , 2018 , 50, 240-248	1.5	16
193	Fitness, body composition and blood lipids following 3 concurrent strength and endurance training modes. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016 , 41, 767-74	3	16
192	Cardiorespiratory fitness and exercise-induced ST segment depression in assessing the risk of sudden cardiac death in men. <i>Heart</i> , 2017 , 103, 383-389	5.1	15
191	Recovery from sauna bathing favorably modulates cardiac autonomic nervous system. <i>Complementary Therapies in Medicine</i> , 2019 , 45, 190-197	3.5	15
190	EGlutamyltransferase and Risk of Sudden Cardiac Death in Middle-Aged Finnish Men: A New Prospective Cohort Study. <i>Journal of the American Heart Association</i> , 2016 , 5,	6	15
189	Association of exercise-induced, silent ST-segment depression with the risk of stroke and cardiovascular diseases in men. <i>Stroke</i> , 2003 , 34, 1760-5	6.7	15

(2021-2016)

188	Cardiorespiratory fitness and lung cancer risk: A prospective population-based cohort study. Journal of Science and Medicine in Sport, 2016 , 19, 98-102	4.4	14
187	Impact of Cardiorespiratory Fitness and Risk of Systemic Hypertension in Nonobese Versus Obese Men Who Are Metabolically Healthy or Unhealthy. <i>American Journal of Cardiology</i> , 2017 , 120, 765-768	3	14
186	Cardiorespiratory Fitness and the Risk of Serious Ventricular Arrhythmias: A Prospective Cohort Study. <i>Mayo Clinic Proceedings</i> , 2019 , 94, 833-841	6.4	14
185	Handgrip strength is inversely associated with fatal cardiovascular and all-cause mortality events. <i>Annals of Medicine</i> , 2020 , 52, 109-119	1.5	14
184	Changes in cardiorespiratory fitness predict incident hypertension: A population-based long-term study. <i>American Journal of Human Biology</i> , 2017 , 29, e22932	2.7	14
183	Two-minute heart rate recovery after cycle ergometer exercise and all-cause mortality in middle-aged men. <i>Journal of Internal Medicine</i> , 2011 , 270, 589-96	10.8	14
182	Amiodarone in the COVID-19 Era: Treatment for Symptomatic Patients Only, or Drug to Prevent Infection?. <i>American Journal of Cardiovascular Drugs</i> , 2020 , 20, 413-418	4	14
181	Circulating active serum calcium reduces the risk of hypertension. <i>European Journal of Preventive Cardiology</i> , 2017 , 24, 239-243	3.9	13
180	Is sauna bathing protective of sudden cardiac death? A review of the evidence. <i>Progress in Cardiovascular Diseases</i> , 2019 , 62, 288-293	8.5	13
179	Oxygen uptake at aerobic threshold is inversely associated with fatal cardiovascular and all-cause mortality events. <i>Annals of Medicine</i> , 2017 , 49, 698-709	1.5	13
178	FEM analysis of a travelling web. <i>Computers and Structures</i> , 2002 , 80, 1827-1842	4.5	13
177	Cardiorespiratory fitness, C-reactive protein and lung cancer risk: A prospective population-based cohort study. <i>European Journal of Cancer</i> , 2015 , 51, 1365-70	7.5	12
176	Impaired pulmonary function is a risk predictor for sudden cardiac death in men. <i>Annals of Medicine</i> , 2015 , 47, 381-5	1.5	12
175	Relation of C-reactive protein, fibrinogen, and cardiorespiratory fitness to risk of systemic hypertension in men. <i>American Journal of Cardiology</i> , 2015 , 115, 1714-9	3	12
174	Plasma levels of haemostatic factors in patients with pulmonary embolism on admission and seven months later. <i>International Journal of Laboratory Hematology</i> , 2018 , 40, 66-71	2.5	12
173	Fasting plasma glucose and incident heart failure risk: a population-based cohort study and new meta-analysis. <i>Journal of Cardiac Failure</i> , 2014 , 20, 584-92	3.3	12
172	Elevated systolic blood pressure during recovery from exercise and the risk of sudden cardiac death. <i>Journal of Hypertension</i> , 2014 , 32, 659-66	1.9	12
171	Exercise intensity assessment and prescription in cardiovascular rehabilitation and beyond: why and how: a position statement from the Secondary Prevention and Rehabilitation Section of the European Association of Preventive Cardiology, European Journal of Preventive Cardiology, 2021,	3.9	12

170	Handgrip strength-A risk indicator for type 2 diabetes: Systematic review and meta-analysis of observational cohort studies. <i>Diabetes/Metabolism Research and Reviews</i> , 2021 , 37, e3365	7.5	12
169	Effects of sauna bath on heart failure: A systematic review and meta-analysis. <i>Clinical Cardiology</i> , 2018 , 41, 1491-1501	3.3	12
168	Cardiorespiratory fitness is not associated with risk of venous thromboembolism: a cohort study. Scandinavian Cardiovascular Journal, 2019 , 53, 255-258	2	11
167	The value of cardiorespiratory fitness and exercise-induced ST segment depression in predicting death from coronary heart disease. <i>International Journal of Cardiology</i> , 2015 , 196, 31-3	3.2	11
166	Long-Term Change in Cardiorespiratory Fitness in Relation to Atrial Fibrillation and Heart Failure (from the Kuopio Ischemic Heart Disease Risk Factor Study). <i>American Journal of Cardiology</i> , 2018 , 121, 956-960	3	11
165	Cardiorespiratory fitness and risk of dementia: a prospective population-based cohort study. <i>Age and Ageing</i> , 2018 , 47, 611-614	3	11
164	Osteoprotegerin and Cardiovascular Events in High-Risk Populations: Meta-Analysis of 19 Prospective Studies Involving 27[450 Participants. <i>Journal of the American Heart Association</i> , 2018 , 7, e009012	6	11
163	The Duke treadmill score with bicycle ergometer: Exercise capacity is the most important predictor of cardiovascular mortality. <i>European Journal of Preventive Cardiology</i> , 2019 , 26, 199-207	3.9	11
162	Gamma-glutamyltransferase and risk of prostate cancer: Findings from the KIHD prospective cohort study. <i>International Journal of Cancer</i> , 2017 , 140, 818-824	7.5	10
161	Association between HOMA-IR, fasting insulin and fasting glucose with coronary heart disease mortality in nondiabetic men: a 20-year observational study. <i>Acta Diabetologica</i> , 2015 , 52, 183-6	3.9	10
160	Combined Effect of Sauna Bathing and Cardiorespiratory Fitness on the Risk of Sudden Cardiac Deaths in Caucasian Men: A Long-term Prospective Cohort Study. <i>Progress in Cardiovascular Diseases</i> , 2018 , 60, 635-641	8.5	10
159	Adherence to a Mediterranean-style diet and incident fractures: pooled analysis of observational evidence. <i>European Journal of Nutrition</i> , 2018 , 57, 1687-1700	5.2	10
158	The frequency of alcohol consumption is associated with the stroke mortality. <i>Acta Neurologica Scandinavica</i> , 2014 , 130, 118-24	3.8	10
157	T-wave inversion on electrocardiogram is related to the risk of acute coronary syndrome in the general population. <i>European Journal of Preventive Cardiology</i> , 2014 , 21, 500-6	3.9	10
156	The validity of heart failure diagnoses in the Finnish Hospital Discharge Register. <i>Scandinavian Journal of Public Health</i> , 2020 , 48, 20-28	3	10
155	Sauna bathing is associated with reduced cardiovascular mortality and improves risk prediction in men and women: a prospective cohort study. <i>BMC Medicine</i> , 2018 , 16, 219	11.4	10
154	Handgrip Strength Is Inversely Associated With Sudden Cardiac Death. <i>Mayo Clinic Proceedings</i> , 2020 , 95, 825-828	6.4	9
153	High Leisure-Time Physical Activity Is Associated With Reduced Risk of Sudden Cardiac Death Among Men With Low Cardiorespiratory Fitness. <i>Canadian Journal of Cardiology</i> , 2018 , 34, 288-294	3.8	9

152	Cross-country skiing is associated with lower all-cause mortality: A population-based follow-up study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28, 1064-1072	4.6	9
151	Global electrical heterogeneity as a predictor of cardiovascular mortality in men and women. <i>Europace</i> , 2018 , 20, 1841-1848	3.9	9
150	Cross-country skiing and running association with cardiovascular events and all-cause mortality: A review of the evidence. <i>Progress in Cardiovascular Diseases</i> , 2019 , 62, 505-514	8.5	9
149	T-wave inversion and mortality risk. <i>Annals of Medicine</i> , 2015 , 47, 69-73	1.5	9
148	Effectiveness of workload at the heart rate of 100 beats/min in predicting cardiovascular mortality in men aged 42, 48, 54, or 60 years at baseline. <i>American Journal of Cardiology</i> , 2007 , 100, 563-8	3	9
147	Handgrip strength improves prediction of type 2 diabetes: a prospective cohort study. <i>Annals of Medicine</i> , 2020 , 52, 471-478	1.5	9
146	Peak oxygen uptake, ventilatory threshold, and arterial stiffness in adolescents. <i>European Journal of Applied Physiology</i> , 2018 , 118, 2367-2376	3.4	8
145	All-cause mortality and major cardiovascular outcomes comparing percutaneous coronary angioplasty versus coronary artery bypass grafting in the treatment of unprotected left main stenosis: a meta-analysis of short-term and long-term randomised trials. <i>Open Heart</i> , 2017 , 4, e000638	3	8
144	Sedentary lifestyle and emergence of hopelessness in middle-aged men. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2010 , 17, 524-9		8
143	Exercise workload, coronary risk evaluation and the risk of cardiovascular and all-cause death in middle-aged men. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2008 , 15, 285-92		8
142	Cold weather-related cardiorespiratory symptoms predict higher morbidity and mortality. <i>Environmental Research</i> , 2020 , 191, 110108	7.9	8
141	Is lipoprotein (a) protective of dementia?. European Journal of Epidemiology, 2016, 31, 1149-1152	12.1	8
140	Ideal cardiovascular health and risk of acute myocardial infarction among Finnish men. <i>Atherosclerosis</i> , 2019 , 289, 126-131	3.1	7
139	Exercise cardiac power and the risk of sudden cardiac death in a long-term prospective study. <i>International Journal of Cardiology</i> , 2015 , 181, 155-9	3.2	7
138	Sleep Duration and Risk of Fatal Coronary Heart Disease, Sudden Cardiac Death, Cancer Death, and All-Cause Mortality. <i>American Journal of Medicine</i> , 2018 , 131, 1499-1505.e2	2.4	7
137	Sauna bathing reduces the risk of venous thromboembolism: a prospective cohort study. <i>European Journal of Epidemiology</i> , 2019 , 34, 983-986	12.1	7
136	Cardiorespiratory fitness and future risk of pneumonia: a long-term prospective cohort study. <i>Annals of Epidemiology</i> , 2017 , 27, 603-605	6.4	7
135	Association between direct measurement of active serum calcium and risk of type 2 diabetes mellitus: A prospective study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2015 , 25, 562-8	4.5	7

134	Acute Neuromuscular and Hormonal Responses to Different Exercise Loadings Followed by a Sauna. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 313-322	3.2	7
133	Handgrip strength is not associated with risk of venous thromboembolism: a prospective cohort study. <i>Scandinavian Cardiovascular Journal</i> , 2020 , 54, 253-257	2	7
132	Marriage Dissatisfaction and the Risk of Sudden Cardiac Death Among Men. <i>American Journal of Cardiology</i> , 2019 , 123, 7-11	3	7
131	Association between ideal cardiovascular health and risk of sudden cardiac death and all-cause mortality among middle-aged men in Finland. <i>European Journal of Preventive Cardiology</i> , 2021 , 28, 294-3	300	7
130	Impact of cardiorespiratory fitness on survival in men with low socioeconomic status. <i>European Journal of Preventive Cardiology</i> , 2020 , 2047487319901057	3.9	7
129	Revascularization versus medical therapy for the treatment of stable coronary artery disease: A meta-analysis of contemporary randomized controlled trials. <i>International Journal of Cardiology</i> , 2021 , 324, 13-21	3.2	7
128	Cardiorespiratory Fitness, Inflammation, and the Incident Risk of Pneumonia. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2021 , 41, 199-201	3.6	7
127	Relation of heart rate recovery after exercise testing to coronary artery calcification. <i>Annals of Medicine</i> , 2017 , 49, 404-410	1.5	6
126	Serum fructosamine and risk of type 2 diabetes mellitus among middle-age Finnish men: a 23-year population-based prospective study. <i>Acta Diabetologica</i> , 2015 , 52, 161-6	3.9	6
125	Inverse association between fasting plasma glucose and risk of ventricular arrhythmias. <i>Diabetologia</i> , 2015 , 58, 1797-802	10.3	6
124	Cardiorespiratory fitness is associated with reduced risk of future psychosis: A long-term prospective cohort study. <i>Schizophrenia Research</i> , 2018 , 192, 473-474	3.6	6
123	Hangover and the risk of stroke in middle-aged men. Acta Neurologica Scandinavica, 2013, 127, 186-91	3.8	6
122	Systolic blood pressure during exercise testing and the risk of sudden cardiac death. <i>International Journal of Cardiology</i> , 2013 , 168, 3046-7	3.2	6
121	Statins and venous thromboembolism: do they represent a viable therapeutic agent?. <i>Expert Review of Cardiovascular Therapy</i> , 2017 , 15, 629-637	2.5	6
120	Cardiorespiratory Fitness is Associated with Reduced Risk of Respiratory Diseases in Middle-Aged Caucasian Men: A Long-Term Prospective Cohort Study. <i>Lung</i> , 2017 , 195, 607-611	2.9	6
119	Exercise workload, cardiovascular risk factor evaluation and the risk of stroke in middle-aged men. <i>Journal of Internal Medicine</i> , 2009 , 265, 229-37	10.8	6
118	Workload at the heart rate of 100 beats/min and mortality in middle-aged men with known or suspected coronary heart disease. <i>Heart</i> , 2008 , 94, e14	5.1	6
117	Omega-3 Benefits Remain Strong Post-STRENGTH. <i>Mayo Clinic Proceedings</i> , 2021 , 96, 1371-1372	6.4	6

116	Reduced kidney function is a risk factor for atrial fibrillation. <i>Nephrology</i> , 2016 , 21, 717-20	2.2	5
115	Short-term effects of Finnish sauna bathing on blood-based markers of cardiovascular function in non-naive sauna users. <i>Heart and Vessels</i> , 2018 , 33, 1515-1524	2.1	5
114	Effect of Cardiorespiratory Fitness on Risk of Sudden Cardiac Death in Overweight/Obese Men Aged 42 to 60 Years. <i>American Journal of Cardiology</i> , 2018 , 122, 775-779	3	5
113	Alcohol consumption and the risk of stroke among hypertensive and overweight men. <i>Journal of Neurology</i> , 2013 , 260, 534-9	5.5	5
112	Does binge drinking increase the risk of lung cancer: results from the Findrink study. <i>European Journal of Public Health</i> , 2009 , 19, 389-93	2.1	5
111	Running away from cardiovascular disease at the right speed: The impact of aerobic physical activity and cardiorespiratory fitness on cardiovascular disease risk and associated subclinical phenotypes. <i>Progress in Cardiovascular Diseases</i> , 2020 , 63, 762-774	8.5	5
110	Longitudinal association between CRP levels and risk of psychosis: a meta-analysis of population-based cohort studies. <i>NPJ Schizophrenia</i> , 2021 , 7, 31	5.5	5
109	Overweight and obesity are associated with cardiac adverse structure remodeling in Chinese elderly with hypertension. <i>Scientific Reports</i> , 2019 , 9, 17896	4.9	5
108	Is Re-calibrationRof standard cardiovascular disease (CVD) risk algorithms the panacea to improved CVD risk prediction and prevention?. <i>European Heart Journal</i> , 2019 , 40, 632-634	9.5	5
107	Physical activity may not be associated with long-term risk of dementia and Alzheimerß disease. <i>European Journal of Clinical Investigation</i> , 2021 , 51, e13415	4.6	5
106	High fitness levels, frequent sauna bathing and risk of pneumonia in a cohort study: Are there potential implications for COVID-19?. <i>European Journal of Clinical Investigation</i> , 2021 , 51, e13490	4.6	5
105	Sauna Bathing and Risk of Psychotic Disorders: A Prospective Cohort Study. <i>Medical Principles and Practice</i> , 2018 , 27, 562-569	2.1	5
104	The electrocardiographic R riangular QRS-ST-T waveformRpattern: a marker of severe haemodynamic compromise in Takotsubo syndrome-a case report. <i>European Heart Journal - Case Reports</i> , 2020 , 4, 1-6	0.9	4
103	Endocrine effects of sauna bath. Current Opinion in Endocrine and Metabolic Research, 2020, 11, 15-20	1.7	4
102	American heart association cardiovascular health metrics and risk of cardiovascular disease mortality among a middle-aged male Scandinavian population. <i>Annals of Medicine</i> , 2019 , 51, 306-313	1.5	4
101	Serum gamma-glutamyltransferase is associated with future risk of psychosis - A prospective cohort study. <i>Schizophrenia Research</i> , 2017 , 181, 72-74	3.6	4
100	Association between estimated pulse wave velocity and the risk of stroke in middle-aged men. <i>International Journal of Stroke</i> , 2021 , 16, 551-555	6.3	4
99	Leisure-time cross-country skiing is associated with lower incidence of hypertension: a prospective cohort study. <i>Journal of Hypertension</i> , 2019 , 37, 1624-1632	1.9	4

98	Handgrip strength-a risk indicator for future fractures in the general population: findings from a prospective study and meta-analysis of 19 prospective cohort studies. <i>GeroScience</i> , 2021 , 43, 869-880	8.9	4
97	Physical activity and risk of atrial fibrillation in the general population: meta-analysis of 23 cohort studies involving about 2 million participants. <i>European Journal of Epidemiology</i> , 2021 , 36, 259-274	12.1	4
96	Association of left atrial enlargement with ventricular remodeling in hypertensive Chinese elderly. <i>Echocardiography</i> , 2017 , 34, 491-495	1.5	3
95	Association of oxygen uptake at ventilatory threshold with risk of incident hypertension: a long-term prospective cohort study. <i>Journal of Human Hypertension</i> , 2017 , 31, 654-656	2.6	3
94	Is There an "Asymptote of Gain" Beyond Which Further Increases in Cardiorespiratory Fitness Convey No Additional Benefits on Mortality and Atrial Fibrillation?. <i>Mayo Clinic Proceedings</i> , 2019 , 94, 545-547	6.4	3
93	Lipoprotein(a) is not associated with venous thromboembolism risk. <i>Scandinavian Cardiovascular Journal</i> , 2019 , 53, 125-132	2	3
92	Serum Albumin and Future Risk of Hip, Humeral, and Wrist Fractures in Caucasian Men: New Findings from a Prospective Cohort Study. <i>Medical Principles and Practice</i> , 2019 , 28, 401-409	2.1	3
91	Exercise electrocardiogram in middle-aged and older leisure time sportsmen: 100 exercise tests would be enough to identify one silent myocardial ischemia at risk for cardiac event. <i>International Journal of Cardiology</i> , 2018 , 257, 16-23	3.2	3
90	Are Metabolically Healthy Overweight/Obese Men at Increased Risk of Sudden Cardiac Death?. <i>Mayo Clinic Proceedings</i> , 2018 , 93, 1266-1270	6.4	3
89	Association Between Cardiorespiratory Fitness and Indices of Coronary Artery Calcification in Men. <i>Mayo Clinic Proceedings</i> , 2018 , 93, 665-666	6.4	3
88	In reply-Sauna Bathing and Healthy Sweating. <i>Mayo Clinic Proceedings</i> , 2019 , 94, 727-728	6.4	3
87	Serum fructosamine and risk of cardiovascular and all-cause mortality: a 24-year prospective population-based study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2015 , 25, 236-41	4.5	3
86	The impact of alcohol consumption on the risk of cancer among men: a 20-year follow-up study from Finland. <i>European Journal of Cancer</i> , 2010 , 46, 1488-92	7.5	3
85	Circulating Serum Copper Is Associated with Atherosclerotic Cardiovascular Disease, but Not Venous Thromboembolism: A Prospective Cohort Study <i>Pulse</i> , 2021 , 9, 109-115	1.6	3
84	Circulating Serum Magnesium and the Risk of Venous Thromboembolism in Men: A Long-Term Prospective Cohort Study. <i>Pulse</i> , 2021 , 8, 108-113	1.6	3
83	Long-term survival among patients with coronary angioplasty with drug eluting stent for the treatment of unprotected left main stenosis compared to coronary artery bypass grafting. <i>International Journal of Cardiology</i> , 2016 , 225, 47-49	3.2	3
82	Relation of maximal systolic blood pressure during exercise testing to the risk of sudden cardiac death in men with and without cardiovascular disease. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 2220-2222	3.9	3
81	Validity of the Wrist-Worn Polar Vantage V2 to Measure Heart Rate and Heart Rate Variability at Rest <i>Sensors</i> , 2021 , 22,	3.8	3

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80	Leisure-time cross-country skiing and risk of atrial fibrillation and stroke: A prospective cohort study. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 2354-2357	3.9	2
79	Acute Hemodynamic Responses to Combined Exercise and Sauna. <i>International Journal of Sports Medicine</i> , 2020 , 41, 824-831	3.6	2
78	Combined volume of pulmonary embolism and deep venous thrombosis-Association with FV, platelet count, and D-dimer. <i>International Journal of Laboratory Hematology</i> , 2018 , 40, e102-e104	2.5	2
77	Finnish sauna bathing does not increase or decrease the risk of cancer in men: A prospective cohort study. <i>European Journal of Cancer</i> , 2019 , 121, 184-191	7.5	2
76	Usefulness of blood pressure rise prior to exercise stress testing to predict the risk of future hypertension in normotensive Korean men. <i>American Journal of Cardiology</i> , 2014 , 114, 1238-42	3	2
75	Associations of Sex Hormones and Hormonal Status With Arterial Stiffness in a Female Sample From Reproductive Years to Menopause <i>Frontiers in Endocrinology</i> , 2021 , 12, 765916	5.7	2
74	The effect of prolonged thermal stress on the physiological parameters of young, sedentary men and the correlations with somatic features and body composition parameters. <i>HOMO- Journal of Comparative Human Biology</i> , 2019 , 70, 119-128	0.5	2
73	Response to letter by Peng-Wu and Ma on: the relationship of cardiorespiratory fitness and venous thromboembolism: yes or no?. <i>Scandinavian Cardiovascular Journal</i> , 2020 , 54, 67-68	2	2
72	Inverse Association of Handgrip Strength With Risk of Heart Failure. <i>Mayo Clinic Proceedings</i> , 2021 , 96, 1490-1499	6.4	2
71	Exercise cardiac power and the risk of coronary heart disease and cardiovascular mortality in men. <i>Annals of Medicine</i> , 2016 , 48, 625-630	1.5	2
70	Does cardiorespiratory fitness really influence venous thromboembolism risk?. <i>Journal of Thrombosis and Haemostasis</i> , 2019 , 17, 2220-2222	15.4	2
69	Pulmonary embolism location is associated with the co-existence of the deep venous thrombosis. <i>Blood Coagulation and Fibrinolysis</i> , 2019 , 30, 188-192	1	2
68	Is maintaining or improving fitness key for dementia prevention?. Lancet Public Health, The, 2019, 4, es	541 :e 54	122
67	Acute effects of exercise and sauna as a single intervention on arterial compliance. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 1104-1107	3.9	2
66	Cross-country skiing and the risk of acute myocardial infarction: A prospective cohort study. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 1108-1111	3.9	2
65	Association between estimated pulse wave velocity and the risk of cardiovascular outcomes in men. <i>European Journal of Preventive Cardiology</i> , 2021 , 28, e25-e27	3.9	2
64	Personal activity intelligence and mortality - Data from the Aerobics Center Longitudinal Study. <i>Progress in Cardiovascular Diseases</i> , 2021 , 64, 121-126	8.5	2
63	Sauna bathing frequency in Finland and the impact of COVID-19. <i>Complementary Therapies in Medicine</i> , 2021 , 56, 102594	3.5	2

62	TV viewing and venous thromboembolism: Risk or red herring?. <i>Journal of Thrombosis and Haemostasis</i> , 2021 , 19, 2635-2637	15.4	2
61	Leisure-time cross-country skiing and the risk of venous thromboembolism: A prospective cohort study. <i>European Journal of Preventive Cardiology</i> , 2020 , 2047487320908978	3.9	1
60	Genetically elevated gamma-glutamyltransferase and Alzheimerß disease. <i>Experimental Gerontology</i> , 2018 , 106, 61-66	4.5	1
59	Contemporary nationwide cardiology registers: Up-to-date registry data are required. <i>European Journal of Preventive Cardiology</i> , 2018 , 25, 270-272	3.9	1
58	Cardiorespiratory fitness, muscle strength and risk of cardiovascular outcomes. <i>Journal of Public Health and Emergency</i> , 2017 , 1, 60-60	1.3	1
57	Physical activity and cardiorespiratory fitness as underappreciated modulators of obesity-related risk of sudden cardiac death. <i>Heart</i> , 2015 , 101, 822	5.1	1
56	Somatic concerns, depressive traits, atherosclerosis and the incidence of cardiovascular disease in ageing Finnish men. <i>Journal of Psychosomatic Research</i> , 2015 , 79, 207-13	4.1	1
55	Reduced lung function and the risk of out-of-hospital sudden cardiac death. <i>European Respiratory Journal</i> , 2014 , 44, 1355-7	13.6	1
54	Left ventricular hypertrophy is associated with the risk of sudden cardiac death. <i>European Heart Journal</i> , 2013 , 34, 3684-3684	9.5	1
53	Chronotropic response to exercise and risk of type 2 diabetes in men. <i>European Heart Journal</i> , 2013 , 34, P5815-P5815	9.5	1
52	Physical activity reduces the risk of pneumonia: systematic review and meta-analysis of 10 prospective studies involving 1,044,492 participants. <i>GeroScience</i> , 2021 , 1	8.9	1
51	Television viewing and venous thrombo-embolism: a systematic review and meta-analysis <i>European Journal of Preventive Cardiology</i> , 2022 ,	3.9	1
50	Associations of cardiorespiratory fitness, physical activity, and BMI with arterial health in middle-aged men and women. <i>Physiological Reports</i> , 2020 , 8, e14438	2.6	1
49	Dynamic Force Production Capacities Between Coronary Artery Disease Patients vs. Healthy Participants on a Cycle Ergometer. <i>Frontiers in Physiology</i> , 2019 , 10, 1639	4.6	1
48	Leisure-time cross-country skiing is associated with lower incidence of type 2 diabetes: A prospective cohort study. <i>Diabetes/Metabolism Research and Reviews</i> , 2020 , 36, e3216	7.5	1
47	Association Between Pulse Pressure and the Risk of Sudden Cardiac Death in Middle-Aged Men: A 26-Year Follow-up Population-Based Study. <i>Mayo Clinic Proceedings</i> , 2020 , 95, 2044-2046	6.4	1
46	Longitudinal associations of physical activity, sedentary time, and cardiorespiratory fitness with arterial health in children - the PANIC study. <i>Journal of Sports Sciences</i> , 2021 , 39, 1980-1987	3.6	1
45	Cardiorespiratory Fitness Attenuates the Increased Risk of Sudden Cardiac Death Associated With Low Socioeconomic Status. <i>American Journal of Cardiology</i> , 2021 , 145, 164-165	3	1

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44	Association Between Estimated Pulse Wave Velocity and the Risk of Heart Failure in the Kuopio Ischemic Heart Disease Risk Factor Study. <i>Journal of Cardiac Failure</i> , 2021 , 27, 494-496	3.3	1
43	Nurse-led counseling for coronary artery disease patients: A 1-year follow-up study. <i>Australian Journal of Cancer Nursing</i> , 2021 , 23, 678-687	1.9	1
42	Percentage of age-predicted cardiorespiratory fitness and risk of sudden cardiac death: A prospective cohort study. <i>Heart Rhythm</i> , 2021 , 18, 1171-1177	6.7	1
41	Silencing of C3G increases cardiomyocyte survival inhibition and apoptosis via regulation of p-ERK1/2 and Bax. <i>Clinical and Experimental Pharmacology and Physiology</i> , 2019 , 46, 237-245	3	1
40	Exercise cardiac power and the risk of myocardial infarction and fatal coronary heart disease events in men. <i>European Journal of Preventive Cardiology</i> , 2020 , 2047487320914734	3.9	1
39	Joint effect of blood pressure and C-reactive protein and the risk of sudden cardiac death: A prospective cohort study. <i>International Journal of Cardiology</i> , 2021 , 326, 184-188	3.2	1
38	Metabolic Syndrome, Cardiorespiratory Fitness and the Risk of All-cause and Cardiovascular Mortality in Men: A Long-Term Prospective Cohort Study. <i>Cardiometabolic Syndrome Journal</i> , 2021 , 1, 157		1
37	In Reply-Impact of a High-Shrimp Diet on Cardiovascular Risk: An NHANES Analysis. <i>Mayo Clinic Proceedings</i> , 2021 , 96, 508	6.4	1
36	The joint impact of prediagnostic inflammatory markers and cardiorespiratory fitness on the risk of cancer mortality. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018 , 28, 613-620	4.6	1
35	Handgrip Strength and Risk of Atrial Fibrillation. American Journal of Cardiology, 2020 , 137, 135-138	3	О
34	Exercise cardiac power and the risk of heart failure in men: A population-based follow-up study <i>Journal of Sport and Health Science</i> , 2022 , 11, 266-271	8.2	О
33	Heart Failure Risk Reduction: Hydrophilic or Lipophilic Statins?. <i>Cardiology</i> , 2020 , 145, 384-386	1.6	О
32	Handgrip strength and risk of cognitive outcomes: new prospective study and meta-analysis of 16 observational cohort studies <i>GeroScience</i> , 2022 , 1	8.9	0
31	High fitness levels attenuate the increased risk of heart failure due to low socioeconomic status: A cohort study <i>European Journal of Clinical Investigation</i> , 2022 , e13744	4.6	O
30	Cardiorespiratory fitness does not offset the increased risk of chronic obstructive pulmonary disease attributed to smoking: a cohort study <i>European Journal of Epidemiology</i> , 2022 , 1	12.1	0
29	Normalized handgrip strength and future risk of hypertension: findings from a prospective cohort study. <i>Scandinavian Cardiovascular Journal</i> , 2021 , 55, 336-339	2	O
28	High fitness levels offset the increased risk of chronic obstructive pulmonary disease due to low socioeconomic status: A cohort study. <i>Respiratory Medicine</i> , 2021 , 189, 106647	4.6	0
27	Lifeß Simple 7 and the risk of stroke in Finnish men: A prospective cohort study. <i>Preventive Medicine</i> , 2021 , 153, 106858	4.3	O

26	Cardiorespiratory fitness is not associated with reduced risk of prostate cancer: A cohort study and review of the literature. <i>European Journal of Clinical Investigation</i> , 2021 , 51, e13545	4.6	O
25	Chronotropic Response to Exercise Testing and the Risk of Stroke. <i>American Journal of Cardiology</i> , 2021 , 143, 46-50	3	O
24	Glomerular Filtration Dysfunction is Associated with Cardiac Adverse Remodeling in Menopausal Diabetic Chinese Women. <i>Clinical Interventions in Aging</i> , 2021 , 16, 603-609	4	О
23	Impact of Sauna Bathing on Risk of Pneumonia in Men With Low Socioeconomic Status: A Cohort Study. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2021 , 41, 289-291	3.6	O
22	The combined effect of blood pressure and C-reactive protein with the risk of mortality from coronary heart and cardiovascular diseases. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 2051-2057	4.5	O
21	Low body mass is associated with reduced left ventricular mass in Chinese elderly with severe COPD. <i>Scientific Reports</i> , 2021 , 11, 13074	4.9	O
20	Cardiorespiratory optimal point during exercise testing is related to cardiovascular and all-cause mortality. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021 , 31, 1949-1961	4.6	О
19	Orderly display of limb lead ECGs raises Chinese internß diagnostic accuracy when determining frontal plane QRS axis. <i>Medical Education Online</i> , 2019 , 24, 1549923	4.4	O
18	Temporal changes in personal activity intelligence and mortality: Data from the aerobics center longitudinal study. <i>Progress in Cardiovascular Diseases</i> , 2021 , 64, 127-134	8.5	О
17	Percentage of Age-Predicted Cardiorespiratory Fitness Is Inversely Associated with Cardiovascular Disease Mortality: A Prospective Cohort Study. <i>Cardiology</i> , 2021 , 146, 616-623	1.6	O
16	Cardiorespiratory optimal point during exercise testing and sudden cardiac death: A prospective cohort study. <i>Progress in Cardiovascular Diseases</i> , 2021 , 68, 12-18	8.5	О
15	Exercise heart rate reserve and recovery as risk factors for sudden cardiac death. <i>Progress in Cardiovascular Diseases</i> , 2021 , 68, 7-11	8.5	O
14	Standalone sauna vs exercise followed by sauna on cardiovascular function in non-naWe sauna users: A comparison of acute effects. <i>Health Science Reports</i> , 2021 , 4, e393	2.2	О
13	Serum C-reactive protein-to-albumin ratio is a potential risk indicator for pneumonia: Findings from a prospective cohort study. <i>Respiratory Medicine</i> , 2022 , 106894	4.6	O
12	Gamma-Glutamyltransferase and Future Risk of Pneumonia: A Long-Term Prospective Cohort Study. <i>Lung</i> , 2017 , 195, 799-803	2.9	
11	Author response: Sauna bathing reduces the risk of stroke in Finnish men and women: A prospective cohort study. <i>Neurology</i> , 2019 , 92, 205-206	6.5	
10	The Reply. American Journal of Medicine, 2019 , 132, e27	2.4	
9	High leisure-time physical activity reduces the risk of sudden cardiac death among men with low cardiorespiratory fitness. <i>European Heart Journal</i> , 2013 , 34, 3750-3750	9.5	

LIST OF PUBLICATIONS

8	High blood hematocrit increases the risk of the incidence of hypertension in men. <i>European Heart Journal</i> , 2013 , 34, 4461-4461	9.5
7	Insulin resistance predicts coronary heart disease mortality in non-diabetic men. <i>European Heart Journal</i> , 2013 , 34, P1563-P1563	9.5
6	Cardiorespiratory fitness, adiposity, and hypertension. <i>American Journal of Hypertension</i> , 2009 , 22, 102	92.3
5	Exercise-based cardiac rehabilitation 2020 , 323-331	
4	Cardiorespiratory fitness is not associated with fracture risk in middle-aged men. <i>European Journal of Clinical Investigation</i> , 2020 , 50, e13360	4.6
3	Fitness and reduced risk of hypertension-approaching causality. <i>Journal of Human Hypertension</i> , 2021 , 35, 943-945	2.6
2	Percutaneous Coronary Intervention Versus Medical Therapy in the Treatment of Stable Coronary Artery Disease: An Updated Meta-Analysis of Contemporary Randomized Controlled Trials. <i>Journal of Invasive Cardiology</i> , 2021 , 33, E647-E657	0.7
1	Egg and cholesterol intake, apolipoprotein E4 phenotype and risk of venous thromboembolism: findings from a prospective cohort study. <i>British Journal of Nutrition</i> . 2022 , 1-23	3.6