Cliff J D C Harvey

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Low-carbohydrate diets differing in carbohydrate restriction improve cardiometabolic and anthropometric markers in healthy adults: A randomised clinical trial. PeerJ, 2019, 7, e6273.	0.9	41
2	Effects of differing levels of carbohydrate restriction on mood achievement of nutritional ketosis, and symptoms of carbohydrate withdrawal in healthy adults: A randomized clinical trial. Nutrition: X, 2019, 67-68, 100005.	0.2	6
3	The use of nutritional supplements to induce ketosis and reduce symptoms associated with keto-induction: a narrative review. PeerJ, 2018, 6, e4488.	0.9	43
4	The Effect of Medium Chain Triglycerides on Time to Nutritional Ketosis and Symptoms of Keto-Induction in Healthy Adults: A Randomised Controlled Clinical Trial. Journal of Nutrition and Metabolism, 2018, 2018, 1-9.	0.7	49