

# Sarah J Egan

## List of Publications by Year in descending order

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Version: 2024-02-01

93  
papers

3,192  
citations

201674

27  
h-index

175258

52  
g-index

96  
all docs

96  
docs citations

96  
times ranked

2586  
citing authors

#	ARTICLE	IF	CITATIONS
1	Perfectionism as a transdiagnostic process: A clinical review. <i>Clinical Psychology Review</i> , 2011, 31, 203-212.	11.4	634
2	The Relationship Between Perfectionism and Psychopathology: A Meta-Analysis. <i>Journal of Clinical Psychology</i> , 2017, 73, 1301-1326.	1.9	332
3	Prevention of eating disorders: A systematic review of randomized, controlled trials. <i>International Journal of Eating Disorders</i> , 2016, 49, 833-862.	4.0	151
4	A Meta-Analysis of Randomised Placebo-Controlled Treatment Trials for Depression and Anxiety in Parkinson's Disease. <i>PLoS ONE</i> , 2013, 8, e79510.	2.5	102
5	The role of dichotomous thinking and rigidity in perfectionism. <i>Behaviour Research and Therapy</i> , 2007, 45, 1813-1822.	3.1	82
6	A randomised controlled trial of face to face versus pure online self-help cognitive behavioural treatment for perfectionism. <i>Behaviour Research and Therapy</i> , 2014, 63, 107-113.	3.1	80
7	A randomised controlled trial of group cognitive behavioural therapy for perfectionism. <i>Behaviour Research and Therapy</i> , 2015, 68, 37-47.	3.1	71
8	A waitlist-controlled trial of group cognitive behavioural therapy for depression and anxiety in Parkinson's disease. <i>BMC Psychiatry</i> , 2014, 14, 19.	2.6	63
9	A randomized controlled trial of Internet-Based Cognitive Behavior Therapy for perfectionism including an investigation of outcome predictors. <i>Behaviour Research and Therapy</i> , 2017, 95, 79-86.	3.1	62
10	The Relationship Between Perfectionism, Stress and Burnout in Clinical Psychologists. <i>Behaviour Change</i> , 2011, 28, 17-28.	1.3	61
11	The Reliability and Validity of the Clinical Perfectionism Questionnaire in Eating Disorder and Community Samples. <i>Behavioural and Cognitive Psychotherapy</i> , 2016, 44, 79-91.	1.2	55
12	Cognitive Behaviour Therapy for Depression and Anxiety in Parkinson's Disease. <i>Journal of Parkinson's Disease</i> , 2015, 5, 443-451.	2.8	52
13	Is the devil in the detail? A randomised controlled trial of guided internet-based CBT for perfectionism. <i>Behaviour Research and Therapy</i> , 2017, 95, 99-106.	3.1	50
14	The Relationship between Perfectionism and Rumination in Post Traumatic Stress Disorder. <i>Behavioural and Cognitive Psychotherapy</i> , 2014, 42, 211-223.	1.2	47
15	The Socratic Method in Cognitive Behavioural Therapy: A Narrative Review. <i>Cognitive Therapy and Research</i> , 2015, 39, 863-879.	1.9	47
16	A systematic review and meta-analysis of self-help therapeutic interventions for obsessive-compulsive disorder: Is therapeutic contact key to overall improvement?. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2016, 51, 74-83.	1.2	46
17	The efficacy of randomised controlled trials of cognitive behaviour therapy for perfectionism: a systematic review and meta-analysis. <i>Cognitive Behaviour Therapy</i> , 2022, 51, 170-184.	3.5	42
18	A Review of Self-Compassion as an Active Ingredient in the Prevention and Treatment of Anxiety and Depression in Young People. <i>Administration and Policy in Mental Health and Mental Health Services Research</i> , 2022, 49, 385-403.	2.1	42

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19	The relationships between perfectionism, pathological worry and generalised anxiety disorder. BMC Psychiatry, 2014, 14, 98.	2.6	41
20	The role of perfectionism, dichotomous thinking, shape and weight overvaluation, and conditional goal setting in eating disorders. Eating Behaviors, 2011, 12, 200-206.	2.0	40
21	Psycho-Education and Group Cognitive-Behavioural Therapy for Clinical Perfectionism: A Case-Series Evaluation. Behavioural and Cognitive Psychotherapy, 2013, 41, 129-143.	1.2	40
22	Perfectionism is associated with higher eating disorder symptoms and lower remission in children and adolescents diagnosed with eating disorders. Eating Behaviors, 2018, 30, 55-60.	2.0	39
23	Cognitive Behavioural Treatment of Perfectionism: A Single Case Experimental Design Series. Behaviour Change, 2008, 25, 245-258.	1.3	38
24	An examination of direct, indirect and reciprocal relationships between perfectionism, eating disorder symptoms, anxiety, and depression in children and adolescents with eating disorders. Eating Behaviors, 2019, 32, 53-59.	2.0	38
25	Perfectionism in obsessive-compulsive disorder and related disorders: What should treating clinicians know?. Journal of Obsessive-Compulsive and Related Disorders, 2017, 12, 102-108.	1.5	32
26	A randomized controlled trial of unguided internet cognitive behaviour therapy for perfectionism in adolescents: Impact on risk for eating disorders. Behaviour Research and Therapy, 2019, 120, 103429.	3.1	31
27	Preliminary investigation of intolerance of uncertainty treatment for anxiety disorders. Clinical Psychologist, 2009, 13, 52-58.	0.8	29
28	Perfectionism, over commitment to work, and burnout in employees seeking workplace counselling. Australian Journal of Psychology, 2012, 64, 68-74.	2.8	29
29	Perfectionism and learning experiences in dance class as risk factors for eating disorders in dancers. European Eating Disorders Review, 2012, 20, 13-22.	4.1	28
30	A Clinical Investigation of Motivation to Change Standards and Cognitions about Failure in Perfectionism. Behavioural and Cognitive Psychotherapy, 2013, 41, 565-578.	1.2	27
31	Modified Mindfulness-Based Cognitive Therapy for Depressive Symptoms in Parkinson's Disease: a Pilot Trial. Behavioural and Cognitive Psychotherapy, 2019, 47, 446-461.	1.2	27
32	Diagnostic Concordance of ICD-10 Personality and Comorbid Disorders: A Comparison of Standard Clinical Assessment and Structured Interviews in a Clinical Setting. Australian and New Zealand Journal of Psychiatry, 2003, 37, 484-491.	2.3	25
33	Psychometric properties of the Compulsive Exercise Test in an adolescent eating disorder population. Eating Behaviors, 2014, 15, 555-557.	2.0	25
34	A randomised controlled trial of guided internet-based cognitive behavioural therapy for perfectionism: Effects on psychopathology and transdiagnostic processes. Journal of Behavior Therapy and Experimental Psychiatry, 2019, 64, 113-122.	1.2	25
35	The validity of the transdiagnostic cognitive behavioural model of eating disorders in predicting dietary restraint. Eating Behaviors, 2012, 13, 123-126.	2.0	24
36	A longitudinal investigation of perfectionism and repetitive negative thinking in perinatal depression. Behaviour Research and Therapy, 2017, 97, 26-32.	3.1	22

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37	Compulsive exercise as a mediator between clinical perfectionism and eating pathology. <i>Eating Behaviors</i> , 2017, 24, 11-16.	2.0	22
38	Efficacy of brief guided self-help cognitive behavioral treatment for perfectionism in reducing perinatal depression and anxiety: a randomized controlled trial. <i>Cognitive Behaviour Therapy</i> , 2019, 48, 106-120.	3.5	22
39	The Illusory Beliefs Inventory: A New Measure of Magical Thinking and its Relationship with Obsessive Compulsive Disorder. <i>Behavioural and Cognitive Psychotherapy</i> , 2012, 40, 39-53.	1.2	21
40	Anxiety as a Mediator Between Perfectionism and Eating Disorders. <i>Cognitive Therapy and Research</i> , 2013, 37, 905-913.	1.9	21
41	The relationships between perfectionism, anxiety and depression across time in paediatric eating disorders. <i>Eating Behaviors</i> , 2019, 34, 101305.	2.0	21
42	The transdiagnostic process of perfectionism = El proceso transdiagn�stico del perfeccionismo. <i>Revista De Psicopatologia Y Psicologia Clinica</i> , 2012, 17, 279.	0.2	19
43	Eating disorder examination: Factor structure and norms in a clinical female pediatric eating disorder sample. <i>International Journal of Eating Disorders</i> , 2016, 49, 107-110.	4.0	19
44	One factor? Two factor? Bi-factor? A psychometric evaluation of the Frost Multidimensional Scale and the Clinical Perfectionism Questionnaire. <i>Cognitive Behaviour Therapy</i> , 2020, 49, 518-530.	3.5	19
45	Perceptions of Socratic and non-Socratic presentation of information in cognitive behaviour therapy. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2018, 58, 106-113.	1.2	18
46	A randomized controlled trial of unguided internet cognitive�behavioral treatment for perfectionism in individuals who engage in regular exercise. <i>International Journal of Eating Disorders</i> , 2018, 51, 984-988.	4.0	18
47	Applying the Five-Factor Model of Personality to the Exploration of the Construct of Risk-Taking in Obsessive-Compulsive Disorder. <i>Behavioural and Cognitive Psychotherapy</i> , 2006, 34, 31-42.	1.2	17
48	The reliability and validity of the positive and negative perfectionism scale. <i>Clinical Psychologist</i> , 2011, 15, 121-132.	0.8	17
49	Behavioral Activation Treatment for Depression in Older Adults Delivered via Videoconferencing: A Pilot Study. <i>Cognitive and Behavioral Practice</i> , 2011, 18, 555-565.	1.5	17
50	An Etiological Model of Perfectionism. <i>PLoS ONE</i> , 2014, 9, e94757.	2.5	17
51	Internet�based cognitive behaviour therapy for perfectionism: More is better but no need to be prescriptive. <i>Clinical Psychologist</i> , 2019, 23, 196-205.	0.8	17
52	Mediators between perfectionism and eating disorder psychopathology in a community sample. <i>Eating Behaviors</i> , 2012, 13, 361-365.	2.0	16
53	Internet-delivered cognitive behavioural therapy for perfectionism: Targeting dysmorphic concern. <i>Body Image</i> , 2019, 30, 44-55.	4.3	15
54	The impact of internet-based cognitive behaviour therapy for perfectionism on different measures of perfectionism: a randomised controlled trial. <i>Cognitive Behaviour Therapy</i> , 2022, 51, 130-142.	3.5	15

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55	A meta-synthesis of qualitative studies of the link between anxiety, depression and perfectionism: implications for treatment. Behavioural and Cognitive Psychotherapy, 2022, 50, 89-105.	1.2	15
56	Unguided low intensity cognitive behaviour therapy for anxiety and depression during the COVID-19 pandemic: A randomised trial. Behaviour Research and Therapy, 2021, 144, 103902.	3.1	15
57	Guided Web-Based Cognitive Behavior Therapy for Perfectionism: Results From Two Different Randomized Controlled Trials. Journal of Medical Internet Research, 2018, 20, e154.	4.3	15
58	Patterns and Predictors of Mental Health Service Utilization in People With Parkinson's Disease. Journal of Geriatric Psychiatry and Neurology, 2015, 28, 12-18.	2.3	14
59	Selective attention in perfectionism: Dissociating valence from perfectionism-relevance. Journal of Behavior Therapy and Experimental Psychiatry, 2016, 51, 100-108.	1.2	14
60	Validation of the clinical perfectionism questionnaire in an eating disorder sample: A bifactor approach. International Journal of Eating Disorders, 2018, 51, 1176-1184.	4.0	13
61	Reconsidering perfect: a qualitative study of the experiences of internet-based cognitive behaviour therapy for perfectionism. Behavioural and Cognitive Psychotherapy, 2020, 48, 432-441.	1.2	13
62	A Pilot Investigation of Cognitive Behavioural Therapy for Clinical Perfectionism in Obsessive Compulsive Disorder. Behavioural and Cognitive Psychotherapy, 2017, 45, 312-320.	1.2	11
63	Mindfulness and avoidance mediate the relationship between yoga practice and anxiety. Complementary Therapies in Medicine, 2018, 40, 89-94.	2.7	11
64	Escaping Threat. Journal of Individual Differences, 2014, 35, 47-53.	1.0	11
65	An Experimental Investigation of Standard Setting in Clinical Perfectionism. Behaviour Change, 2012, 29, 183-195.	1.3	10
66	Positive and Negative Perfectionism and the Big Five Personality Factors. Behaviour Change, 2015, 32, 104-113.	1.3	10
67	Clarifying the Role of the Socratic Method in CBT: a Survey of Expert Opinion. International Journal of Cognitive Therapy, 2018, 11, 184-199.	2.2	10
68	Validity of the compulsive exercise test in regular exercisers. Eating Disorders, 2021, 29, 447-462.	3.0	9
69	Structure and validity of the Clinical Perfectionism Questionnaire in female adolescents. Behavioural and Cognitive Psychotherapy, 2020, 48, 268-279.	1.2	9
70	An examination of the transdiagnostic cognitive-behavioural model of eating disorders in adolescents. Eating Behaviors, 2020, 39, 101445.	2.0	9
71	Attitudes of clinical psychologists towards clients with personality disorders. Australian Journal of Psychology, 2014, 66, 175-180.	2.8	8
72	The role of perfectionism, agreeableness, and neuroticism in predicting dyadic adjustment. Australian Journal of Psychology, 2015, 67, 1-9.	2.8	8

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73	Quality of randomized controlled trials in eating disorder prevention. <i>International Journal of Eating Disorders</i> , 2017, 50, 459-470.	4.0	8
74	Overcoming Perfectionism: Protocol of a Randomized Controlled Trial of an Internet-Based Guided Self-Help Cognitive Behavioral Therapy Intervention. <i>JMIR Research Protocols</i> , 2016, 5, e215.	1.0	8
75	Brief Intervention Training for Smoking Cessation in Substance Use Treatment. <i>Australian Psychologist</i> , 2013, 48, 353-359.	1.6	6
76	A realist synthesis of websites containing content on perfectionism: Are the descriptions and advice empirically supported?. <i>BMC Psychology</i> , 2021, 9, 119.	2.1	6
77	Brief report: Correlates of inpatient psychiatric admission in children and adolescents with eating disorders. <i>Journal of Adolescence</i> , 2015, 41, 105-108.	2.4	5
78	The Relationship between Obsessive Compulsive Personality and Obsessive Compulsive Disorder Treatment Outcomes: Predictive Utility and Clinically Significant Change. <i>Behavioural and Cognitive Psychotherapy</i> , 2017, 45, 524-529.	1.2	5
79	Consensus-based perspectives of pediatric inpatient eating disorder services. <i>International Journal of Eating Disorders</i> , 2018, 51, 401-410.	4.0	5
80	A Psychometric Examination of the Pathological Obsessive Compulsive Personality Scale (POPS): Initial Study in an Undergraduate Sample. <i>Journal of Personality Assessment</i> , 2019, 101, 284-293.	2.1	5
81	A pilot randomised controlled trial of guided self-help cognitive behaviour therapy for perfectionism: Impact on diagnostic status and comorbidity. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2022, 76, 101739.	1.2	5
82	Implications of DSM-5 for the diagnosis of pediatric eating disorders. <i>International Journal of Eating Disorders</i> , 2018, 51, 392-400.	4.0	4
83	A decade of data from a specialist statewide child and adolescent eating disorder service: does local service access correspond with the severity of medical and eating disorder symptoms at presentation?. <i>Journal of Eating Disorders</i> , 2014, 2, 32.	2.7	3
84	Preliminary Investigation of the Reliability and Validity of the Clinical Perfectionism Questionnaire in a Clinical Sample. <i>Behaviour Change</i> , 2016, 33, 127-135.	1.3	3
85	Biased interpretation in perfectionistic concerns: an experimental investigation. <i>Anxiety, Stress and Coping</i> , 2019, 32, 259-269.	2.9	3
86	Evaluation of Magical Thinking: Validation of the Illusory Beliefs Inventory. <i>Cognitive Behaviour Therapy</i> , 2014, 43, 251-261.	3.5	2
87	The impact of information presentation style on belief change: An experimental investigation of a Socratic Method analogue. <i>Clinical Psychologist</i> , 2019, 23, 71-78.	0.8	2
88	Evaluation of the factor structure and psychometric properties of the German version of the Clinical Perfectionism Questionnaire: The CPQ-D. <i>Clinical Psychology in Europe</i> , 2021, 3, .	1.1	2
89	Examining cognitive and behavioural symptoms across binge/purge profiles in adolescents with eating disorders. <i>Eating Behaviors</i> , 2021, 42, 101516.	2.0	2
90	A qualitative examination of low-intensity cognitive behaviour therapy to reduce anxiety and depression during the COVID-19 pandemic. <i>Clinical Psychologist</i> , 2022, 26, 222-230.	0.8	2

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91	Guided Internet-delivered cognitive behaviour therapy for perfectionism in a non-clinical sample of adolescents: A study protocol for a randomised controlled trial. Internet Interventions, 2020, 21, 100342.	2.7	0
92	Measuring General Expectations of Advanced Stage Treatment Outcomes in Parkinson's Disease. Journal of Parkinson's Disease, 2021, 11, 1-10.	2.8	0
93	Decrease in health service use and cost following group treatment of patients with personality disorders. Psychiatric Bulletin, 2006, 30, 470-470.	0.3	0