

Sarah J Egan

List of Publications by Year in descending order

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Version: 2024-02-01

93
papers

3,192
citations

201385

27
h-index

174990

52
g-index

96
all docs

96
docs citations

96
times ranked

2586
citing authors

#	ARTICLE	IF	CITATIONS
1	Perfectionism as a transdiagnostic process: A clinical review. <i>Clinical Psychology Review</i> , 2011, 31, 203-212.	6.0	634
2	The Relationship Between Perfectionism and Psychopathology: A Meta-Analysis. <i>Journal of Clinical Psychology</i> , 2017, 73, 1301-1326.	1.0	332
3	Prevention of eating disorders: A systematic review of randomized, controlled trials. <i>International Journal of Eating Disorders</i> , 2016, 49, 833-862.	2.1	151
4	A Meta-Analysis of Randomised Placebo-Controlled Treatment Trials for Depression and Anxiety in Parkinson's Disease. <i>PLoS ONE</i> , 2013, 8, e79510.	1.1	102
5	The role of dichotomous thinking and rigidity in perfectionism. <i>Behaviour Research and Therapy</i> , 2007, 45, 1813-1822.	1.6	82
6	A randomised controlled trial of face to face versus pure online self-help cognitive behavioural treatment for perfectionism. <i>Behaviour Research and Therapy</i> , 2014, 63, 107-113.	1.6	80
7	A randomised controlled trial of group cognitive behavioural therapy for perfectionism. <i>Behaviour Research and Therapy</i> , 2015, 68, 37-47.	1.6	71
8	A waitlist-controlled trial of group cognitive behavioural therapy for depression and anxiety in Parkinson's disease. <i>BMC Psychiatry</i> , 2014, 14, 19.	1.1	63
9	A randomized controlled trial of Internet-Based Cognitive Behavior Therapy for perfectionism including an investigation of outcome predictors. <i>Behaviour Research and Therapy</i> , 2017, 95, 79-86.	1.6	62
10	The Relationship Between Perfectionism, Stress and Burnout in Clinical Psychologists. <i>Behaviour Change</i> , 2011, 28, 17-28.	0.6	61
11	The Reliability and Validity of the Clinical Perfectionism Questionnaire in Eating Disorder and Community Samples. <i>Behavioural and Cognitive Psychotherapy</i> , 2016, 44, 79-91.	0.9	55
12	Cognitive Behaviour Therapy for Depression and Anxiety in Parkinson's Disease. <i>Journal of Parkinson's Disease</i> , 2015, 5, 443-451.	1.5	52
13	Is the devil in the detail? A randomised controlled trial of guided internet-based CBT for perfectionism. <i>Behaviour Research and Therapy</i> , 2017, 95, 99-106.	1.6	50
14	The Relationship between Perfectionism and Rumination in Post Traumatic Stress Disorder. <i>Behavioural and Cognitive Psychotherapy</i> , 2014, 42, 211-223.	0.9	47
15	The Socratic Method in Cognitive Behavioural Therapy: A Narrative Review. <i>Cognitive Therapy and Research</i> , 2015, 39, 863-879.	1.2	47
16	A systematic review and meta-analysis of self-help therapeutic interventions for obsessive-compulsive disorder: Is therapeutic contact key to overall improvement?. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2016, 51, 74-83.	0.6	46
17	The efficacy of randomised controlled trials of cognitive behaviour therapy for perfectionism: a systematic review and meta-analysis. <i>Cognitive Behaviour Therapy</i> , 2022, 51, 170-184.	1.9	42
18	A Review of Self-Compassion as an Active Ingredient in the Prevention and Treatment of Anxiety and Depression in Young People. <i>Administration and Policy in Mental Health and Mental Health Services Research</i> , 2022, 49, 385-403.	1.2	42

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19	The relationships between perfectionism, pathological worry and generalised anxiety disorder. <i>BMC Psychiatry</i> , 2014, 14, 98.	1.1	41
20	The role of perfectionism, dichotomous thinking, shape and weight overvaluation, and conditional goal setting in eating disorders. <i>Eating Behaviors</i> , 2011, 12, 200-206.	1.1	40
21	Psycho-Education and Group Cognitive-Behavioural Therapy for Clinical Perfectionism: A Case-Series Evaluation. <i>Behavioural and Cognitive Psychotherapy</i> , 2013, 41, 129-143.	0.9	40
22	Perfectionism is associated with higher eating disorder symptoms and lower remission in children and adolescents diagnosed with eating disorders. <i>Eating Behaviors</i> , 2018, 30, 55-60.	1.1	39
23	Cognitive Behavioural Treatment of Perfectionism: A Single Case Experimental Design Series. <i>Behaviour Change</i> , 2008, 25, 245-258.	0.6	38
24	An examination of direct, indirect and reciprocal relationships between perfectionism, eating disorder symptoms, anxiety, and depression in children and adolescents with eating disorders. <i>Eating Behaviors</i> , 2019, 32, 53-59.	1.1	38
25	Perfectionism in obsessive-compulsive disorder and related disorders: What should treating clinicians know?. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2017, 12, 102-108.	0.7	32
26	A randomized controlled trial of unguided internet cognitive behaviour therapy for perfectionism in adolescents: Impact on risk for eating disorders. <i>Behaviour Research and Therapy</i> , 2019, 120, 103429.	1.6	31
27	Preliminary investigation of intolerance of uncertainty treatment for anxiety disorders. <i>Clinical Psychologist</i> , 2009, 13, 52-58.	0.5	29
28	Perfectionism, over commitment to work, and burnout in employees seeking workplace counselling. <i>Australian Journal of Psychology</i> , 2012, 64, 68-74.	1.4	29
29	Perfectionism and learning experiences in dance class as risk factors for eating disorders in dancers. <i>European Eating Disorders Review</i> , 2012, 20, 13-22.	2.3	28
30	A Clinical Investigation of Motivation to Change Standards and Cognitions about Failure in Perfectionism. <i>Behavioural and Cognitive Psychotherapy</i> , 2013, 41, 565-578.	0.9	27
31	Modified Mindfulness-Based Cognitive Therapy for Depressive Symptoms in Parkinson's Disease: a Pilot Trial. <i>Behavioural and Cognitive Psychotherapy</i> , 2019, 47, 446-461.	0.9	27
32	Diagnostic Concordance of ICD-10 Personality and Comorbid Disorders: A Comparison of Standard Clinical Assessment and Structured Interviews in a Clinical Setting. <i>Australian and New Zealand Journal of Psychiatry</i> , 2003, 37, 484-491.	1.3	25
33	Psychometric properties of the Compulsive Exercise Test in an adolescent eating disorder population. <i>Eating Behaviors</i> , 2014, 15, 555-557.	1.1	25
34	A randomised controlled trial of guided internet-based cognitive behavioural therapy for perfectionism: Effects on psychopathology and transdiagnostic processes. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2019, 64, 113-122.	0.6	25
35	The validity of the transdiagnostic cognitive behavioural model of eating disorders in predicting dietary restraint. <i>Eating Behaviors</i> , 2012, 13, 123-126.	1.1	24
36	A longitudinal investigation of perfectionism and repetitive negative thinking in perinatal depression. <i>Behaviour Research and Therapy</i> , 2017, 97, 26-32.	1.6	22

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37	Compulsive exercise as a mediator between clinical perfectionism and eating pathology. <i>Eating Behaviors</i> , 2017, 24, 11-16.	1.1	22
38	Efficacy of brief guided self-help cognitive behavioral treatment for perfectionism in reducing perinatal depression and anxiety: a randomized controlled trial. <i>Cognitive Behaviour Therapy</i> , 2019, 48, 106-120.	1.9	22
39	The Illusory Beliefs Inventory: A New Measure of Magical Thinking and its Relationship with Obsessive Compulsive Disorder. <i>Behavioural and Cognitive Psychotherapy</i> , 2012, 40, 39-53.	0.9	21
40	Anxiety as a Mediator Between Perfectionism and Eating Disorders. <i>Cognitive Therapy and Research</i> , 2013, 37, 905-913.	1.2	21
41	The relationships between perfectionism, anxiety and depression across time in paediatric eating disorders. <i>Eating Behaviors</i> , 2019, 34, 101305.	1.1	21
42	The transdiagnostic process of perfectionism = El proceso transdiagn�stico del perfeccionismo. <i>Revista De Psicopatologia Y Psicologia Clinica</i> , 2012, 17, 279.	0.1	19
43	Eating disorder examination: Factor structure and norms in a clinical female pediatric eating disorder sample. <i>International Journal of Eating Disorders</i> , 2016, 49, 107-110.	2.1	19
44	One factor? Two factor? Bi-factor? A psychometric evaluation of the Frost Multidimensional Scale and the Clinical Perfectionism Questionnaire. <i>Cognitive Behaviour Therapy</i> , 2020, 49, 518-530.	1.9	19
45	Perceptions of Socratic and non-Socratic presentation of information in cognitive behaviour therapy. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2018, 58, 106-113.	0.6	18
46	A randomized controlled trial of unguided internet cognitive-behavioral treatment for perfectionism in individuals who engage in regular exercise. <i>International Journal of Eating Disorders</i> , 2018, 51, 984-988.	2.1	18
47	Applying the Five-Factor Model of Personality to the Exploration of the Construct of Risk-Taking in Obsessive-Compulsive Disorder. <i>Behavioural and Cognitive Psychotherapy</i> , 2006, 34, 31-42.	0.9	17
48	The reliability and validity of the positive and negative perfectionism scale. <i>Clinical Psychologist</i> , 2011, 15, 121-132.	0.5	17
49	Behavioral Activation Treatment for Depression in Older Adults Delivered via Videoconferencing: A Pilot Study. <i>Cognitive and Behavioral Practice</i> , 2011, 18, 555-565.	0.9	17
50	An Etiological Model of Perfectionism. <i>PLoS ONE</i> , 2014, 9, e94757.	1.1	17
51	Internet-based cognitive behaviour therapy for perfectionism: More is better but no need to be prescriptive. <i>Clinical Psychologist</i> , 2019, 23, 196-205.	0.5	17
52	Mediators between perfectionism and eating disorder psychopathology in a community sample. <i>Eating Behaviors</i> , 2012, 13, 361-365.	1.1	16
53	Internet-delivered cognitive behavioural therapy for perfectionism: Targeting dysmorphic concern. <i>Body Image</i> , 2019, 30, 44-55.	1.9	15
54	The impact of internet-based cognitive behaviour therapy for perfectionism on different measures of perfectionism: a randomised controlled trial. <i>Cognitive Behaviour Therapy</i> , 2022, 51, 130-142.	1.9	15

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55	A meta-synthesis of qualitative studies of the link between anxiety, depression and perfectionism: implications for treatment. <i>Behavioural and Cognitive Psychotherapy</i> , 2022, 50, 89-105.	0.9	15
56	Unguided low intensity cognitive behaviour therapy for anxiety and depression during the COVID-19 pandemic: A randomised trial. <i>Behaviour Research and Therapy</i> , 2021, 144, 103902.	1.6	15
57	Guided Web-Based Cognitive Behavior Therapy for Perfectionism: Results From Two Different Randomized Controlled Trials. <i>Journal of Medical Internet Research</i> , 2018, 20, e154.	2.1	15
58	Patterns and Predictors of Mental Health Service Utilization in People With Parkinson's Disease. <i>Journal of Geriatric Psychiatry and Neurology</i> , 2015, 28, 12-18.	1.2	14
59	Selective attention in perfectionism: Dissociating valence from perfectionism-relevance. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2016, 51, 100-108.	0.6	14
60	Validation of the clinical perfectionism questionnaire in an eating disorder sample: A bifactor approach. <i>International Journal of Eating Disorders</i> , 2018, 51, 1176-1184.	2.1	13
61	Reconsidering perfect: a qualitative study of the experiences of internet-based cognitive behaviour therapy for perfectionism. <i>Behavioural and Cognitive Psychotherapy</i> , 2020, 48, 432-441.	0.9	13
62	A Pilot Investigation of Cognitive Behavioural Therapy for Clinical Perfectionism in Obsessive Compulsive Disorder. <i>Behavioural and Cognitive Psychotherapy</i> , 2017, 45, 312-320.	0.9	11
63	Mindfulness and avoidance mediate the relationship between yoga practice and anxiety. <i>Complementary Therapies in Medicine</i> , 2018, 40, 89-94.	1.3	11
64	Escaping Threat. <i>Journal of Individual Differences</i> , 2014, 35, 47-53.	0.5	11
65	An Experimental Investigation of Standard Setting in Clinical Perfectionism. <i>Behaviour Change</i> , 2012, 29, 183-195.	0.6	10
66	Positive and Negative Perfectionism and the Big Five Personality Factors. <i>Behaviour Change</i> , 2015, 32, 104-113.	0.6	10
67	Clarifying the Role of the Socratic Method in CBT: a Survey of Expert Opinion. <i>International Journal of Cognitive Therapy</i> , 2018, 11, 184-199.	1.3	10
68	Validity of the compulsive exercise test in regular exercisers. <i>Eating Disorders</i> , 2021, 29, 447-462.	1.9	9
69	Structure and validity of the Clinical Perfectionism Questionnaire in female adolescents. <i>Behavioural and Cognitive Psychotherapy</i> , 2020, 48, 268-279.	0.9	9
70	An examination of the transdiagnostic cognitive-behavioural model of eating disorders in adolescents. <i>Eating Behaviors</i> , 2020, 39, 101445.	1.1	9
71	Attitudes of clinical psychologists towards clients with personality disorders. <i>Australian Journal of Psychology</i> , 2014, 66, 175-180.	1.4	8
72	The role of perfectionism, agreeableness, and neuroticism in predicting dyadic adjustment. <i>Australian Journal of Psychology</i> , 2015, 67, 1-9.	1.4	8

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73	Quality of randomized controlled trials in eating disorder prevention. <i>International Journal of Eating Disorders</i> , 2017, 50, 459-470.	2.1	8
74	Overcoming Perfectionism: Protocol of a Randomized Controlled Trial of an Internet-Based Guided Self-Help Cognitive Behavioral Therapy Intervention. <i>JMIR Research Protocols</i> , 2016, 5, e215.	0.5	8
75	Brief Intervention Training for Smoking Cessation in Substance Use Treatment. <i>Australian Psychologist</i> , 2013, 48, 353-359.	0.9	6
76	A realist synthesis of websites containing content on perfectionism: Are the descriptions and advice empirically supported?. <i>BMC Psychology</i> , 2021, 9, 119.	0.9	6
77	Brief report: Correlates of inpatient psychiatric admission in children and adolescents with eating disorders. <i>Journal of Adolescence</i> , 2015, 41, 105-108.	1.2	5
78	The Relationship between Obsessive Compulsive Personality and Obsessive Compulsive Disorder Treatment Outcomes: Predictive Utility and Clinically Significant Change. <i>Behavioural and Cognitive Psychotherapy</i> , 2017, 45, 524-529.	0.9	5
79	Consensus-based perspectives of pediatric inpatient eating disorder services. <i>International Journal of Eating Disorders</i> , 2018, 51, 401-410.	2.1	5
80	A Psychometric Examination of the Pathological Obsessive Compulsive Personality Scale (POPS): Initial Study in an Undergraduate Sample. <i>Journal of Personality Assessment</i> , 2019, 101, 284-293.	1.3	5
81	A pilot randomised controlled trial of guided self-help cognitive behaviour therapy for perfectionism: Impact on diagnostic status and comorbidity. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2022, 76, 101739.	0.6	5
82	Implications of DSM-5 for the diagnosis of pediatric eating disorders. <i>International Journal of Eating Disorders</i> , 2018, 51, 392-400.	2.1	4
83	A decade of data from a specialist statewide child and adolescent eating disorder service: does local service access correspond with the severity of medical and eating disorder symptoms at presentation?. <i>Journal of Eating Disorders</i> , 2014, 2, 32.	1.3	3
84	Preliminary Investigation of the Reliability and Validity of the Clinical Perfectionism Questionnaire in a Clinical Sample. <i>Behaviour Change</i> , 2016, 33, 127-135.	0.6	3
85	Biased interpretation in perfectionistic concerns: an experimental investigation. <i>Anxiety, Stress and Coping</i> , 2019, 32, 259-269.	1.7	3
86	Evaluation of Magical Thinking: Validation of the Illusory Beliefs Inventory. <i>Cognitive Behaviour Therapy</i> , 2014, 43, 251-261.	1.9	2
87	The impact of information presentation style on belief change: An experimental investigation of a Socratic Method analogue. <i>Clinical Psychologist</i> , 2019, 23, 71-78.	0.5	2
88	Evaluation of the factor structure and psychometric properties of the German version of the Clinical Perfectionism Questionnaire: The CPQ-D. <i>Clinical Psychology in Europe</i> , 2021, 3, .	0.5	2
89	Examining cognitive and behavioural symptoms across binge/purge profiles in adolescents with eating disorders. <i>Eating Behaviors</i> , 2021, 42, 101516.	1.1	2
90	A qualitative examination of low-intensity cognitive behaviour therapy to reduce anxiety and depression during the COVID-19 pandemic. <i>Clinical Psychologist</i> , 2022, 26, 222-230.	0.5	2

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91	Guided Internet-delivered cognitive behaviour therapy for perfectionism in a non-clinical sample of adolescents: A study protocol for a randomised controlled trial. <i>Internet Interventions</i> , 2020, 21, 100342.	1.4	0
92	Measuring General Expectations of Advanced Stage Treatment Outcomes in Parkinson's Disease. <i>Journal of Parkinson's Disease</i> , 2021, 11, 1-10.	1.5	0
93	Decrease in health service use and cost following group treatment of patients with personality disorders. <i>Psychiatric Bulletin</i> , 2006, 30, 470-470.	0.3	0