

# Hilda Nyambe-Silavwe

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4167498/publications.pdf>

Version: 2024-02-01

6  
papers

369  
citations

1478505

6  
h-index

1872680

6  
g-index

6  
all docs

6  
docs citations

6  
times ranked

650  
citing authors

#	ARTICLE	IF	CITATIONS
1	Inhibition of human $\alpha$ -amylase by dietary polyphenols. <i>Journal of Functional Foods</i> , 2015, 19, 723-732.	3.4	115
2	Pomegranate juice, but not an extract, confers a lower glycemic response on a high-glycemic index food: randomized, crossover, controlled trials in healthy subjects. <i>American Journal of Clinical Nutrition</i> , 2017, 106, 1384-1393.	4.7	77
3	Polyphenol- and fibre-rich dried fruits with green tea attenuate starch-derived postprandial blood glucose and insulin: a randomised, controlled, single-blind, cross-over intervention. <i>British Journal of Nutrition</i> , 2016, 116, 443-450.	2.3	59
4	Inhibition of Human and Rat Sucrase and Maltase Activities To Assess Antiglycemic Potential: Optimization of the Assay Using Acarbose and Polyphenols. <i>Journal of Agricultural and Food Chemistry</i> , 2017, 65, 8643-8651.	5.2	46
5	Chlorogenic and phenolic acids are only very weak inhibitors of human salivary $\alpha$ -amylase and rat intestinal maltase activities. <i>Food Research International</i> , 2018, 113, 452-455.	6.2	46
6	Nutritional implications of olives and sugar: attenuation of post-prandial glucose spikes in healthy volunteers by inhibition of sucrose hydrolysis and glucose transport by oleuropein. <i>European Journal of Nutrition</i> , 2019, 58, 1315-1330.	3.9	26