

ElÃ©onor Riesco

List of Publications by Year in descending order

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Version: 2024-02-01

25
papers

687
citations

623188

14
h-index

580395

25
g-index

27
all docs

27
docs citations

27
times ranked

1238
citing authors

#	ARTICLE	IF	CITATIONS
1	Inflamm-aging does not simply reflect increases in pro-inflammatory markers. <i>Mechanisms of Ageing and Development</i> , 2014, 139, 49-57.	2.2	213
2	Effects of soya isoflavones and exercise on body composition and clinical risk factors of cardiovascular diseases in overweight postmenopausal women: a 6-month double-blind controlled trial. <i>British Journal of Nutrition</i> , 2011, 105, 1199-1209.	1.2	77
3	Physical activity motives, barriers, and preferences in people with obesity: A systematic review. <i>PLoS ONE</i> , 2021, 16, e0253114.	1.1	54
4	Effect of exercise training combined with phytoestrogens on adipokines and C-reactive protein in postmenopausal women: a randomized trial. <i>Metabolism: Clinical and Experimental</i> , 2012, 61, 273-280.	1.5	36
5	Acute and Chronic Effects of Exercise on Continuous Glucose Monitoring Outcomes in Type 2 Diabetes: A Meta-Analysis. <i>Frontiers in Endocrinology</i> , 2020, 11, 495.	1.5	34
6	Effect of a high-protein energy-restricted diet combined with resistance training on metabolic profile in older individuals with metabolic impairments. <i>Journal of Nutrition, Health and Aging</i> , 2017, 21, 67-74.	1.5	33
7	Low-Volume High-Intensity Interval Training Versus Moderate-Intensity Continuous Training on Body Composition, Cardiometabolic Profile, and Physical Capacity in Older Women. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 879-889.	0.5	33
8	Additive effects of isoflavones and exercise training on inflammatory cytokines and body composition in overweight and obese postmenopausal women. <i>Menopause</i> , 2014, 21, 869-875.	0.8	32
9	Synergic effect of phytoestrogens and exercise training on cardiovascular risk profile in exercise-responder postmenopausal women. <i>Menopause</i> , 2010, 17, 1035-1039.	0.8	23
10	Caloric restriction and aerobic exercise in sarcopenic and non-sarcopenic obese women: an observational and retrospective study. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2016, 7, 284-289.	2.9	22
11	Effect of a mixed-exercise program on physical capacity and sedentary behavior in older adults during cancer treatments. <i>Aging Clinical and Experimental Research</i> , 2019, 31, 1583-1589.	1.4	17
12	Impact of a moderate-intensity walking program on cardiometabolic risk markers in overweight to obese women. <i>Menopause</i> , 2013, 20, 185-193.	0.8	16
13	Minimal effect of walking before dinner on glycemic responses in type 2 diabetes: outcomes from the multi-site E-PARA-diGM study. <i>Acta Diabetologica</i> , 2019, 56, 755-765.	1.2	16
14	Impact of walking on eating behaviors and quality of life of premenopausal and early postmenopausal obese women. <i>Menopause</i> , 2010, 17, 529-538.	0.8	15
15	Impact of Weight Reduction on Eating Behaviors and Quality of Life: Influence of the Obesity Degree. <i>Obesity Facts</i> , 2009, 2, 87-95.	1.6	14
16	Impact of Walking on Adipose Tissue Lipoprotein Lipase Activity and Expression in Pre- and Postmenopausal Women. <i>Obesity Facts</i> , 2010, 3, 5-5.	1.6	13
17	What is the influence of menopausal status on metabolic profile, eating behaviors, and perceived health of obese women after weight reduction?. <i>Applied Physiology, Nutrition and Metabolism</i> , 2008, 33, 957-965.	0.9	8
18	The relationship between adiposopathy and glucose-insulin homeostasis is not affected by moderate-intensity aerobic training in healthy women with obesity. <i>Journal of Physiology and Biochemistry</i> , 2018, 74, 591-601.	1.3	6

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19	Acute and Chronic Effects of Low-Volume High-Intensity Interval Training Compared to Moderate-Intensity Continuous Training on Glycemic Control and Body Composition in Older Women with Type 2 Diabetes. <i>Obesities</i> , 2021, 1, 72-87.	0.3	6
20	Effects of combined exercise training on the inflammatory profile of older cancer patients treated with systemic therapy. <i>Brain, Behavior, & Immunity - Health</i> , 2020, 2, 100016.	1.3	5
21	Obesity among postmenopausal women: what is the best anthropometric index to assess adiposity and success of weight-loss intervention?. <i>Menopause</i> , 2021, 28, 678-685.	0.8	4
22	Physical fitness improvement in overweight postmenopausal women who do not lose fat mass in response to exercise training. <i>Menopause</i> , 2016, 23, 1122-1129.	0.8	3
23	Feasibility of an Intradialytic Combined Exercise Program Targeting Older Adults With End-Stage Renal Disease. <i>Journal of Aging and Physical Activity</i> , 2021, 29, 905-914.	0.5	3
24	The impact of post-resistance exercise protein consumption on subsequent appetite and daily energy intake of sarcopenic older men: a pilot study. <i>Aging Clinical and Experimental Research</i> , 2018, 30, 1087-1092.	1.4	2
25	Transcriptomic modulation in response to high-intensity interval training in monocytes of older women with type 2 diabetes. <i>European Journal of Applied Physiology</i> , 2022, 122, 1085-1095.	1.2	2