Katherine Esposito

List of Publications by Year
in descending order

268 papers	21,939 citations	13099 68 h-index	9861 141 g-index
272 all docs	272 docs citations	272 times ranked	23190 citing authors

#	Article	IF	Citations
1	Effect of a Mediterranean-Style Diet on Endothelial Dysfunction and Markers of Vascular Inflammation in the Metabolic Syndrome. JAMA - Journal of the American Medical Association, 2004, 292, 1440.	7.4	1,819
2	Effect of Weight Loss and Lifestyle Changes on Vascular Inflammatory Markers in Obese Women. JAMA - Journal of the American Medical Association, 2003, 289, 1799.	7.4	1,275
3	Reduction of Inflammatory Cytokine Concentrations and Improvement of Endothelial Functions in Obese Women After Weight Loss Over One Year. Circulation, 2002, 105, 804-809.	1.6	932
4	The Effect of Mediterranean Diet on Metabolic Syndrome and its Components. Journal of the American College of Cardiology, 2011, 57, 1299-1313.	2.8	917
5	Metabolic Syndrome and Risk of Cancer. Diabetes Care, 2012, 35, 2402-2411.	8.6	900
6	Dietary factors and low-grade inflammation in relation to overweight and obesity. British Journal of Nutrition, 2011, 106, S5-S78.	2.3	816
7	Effect of Lifestyle Changes on Erectile Dysfunction in Obese Men. JAMA - Journal of the American Medical Association, 2004, 291, 2978.	7.4	732
8	The Effects of Diet on Inflammation. Journal of the American College of Cardiology, 2006, 48, 677-685.	2.8	654
9	Postprandial endothelial activation in healthy subjects and in type 2 diabetic patients: Role of fat and carbohydrate meals. Journal of the American College of Cardiology, 2002, 39, 1145-1150.	2.8	503
10	Regression of Carotid Atherosclerosis by Control of Postprandial Hyperglycemia in Type 2 Diabetes Mellitus. Circulation, 2004, 110, 214-219.	1.6	406
11	Effects of a Mediterranean-Style Diet on the Need for Antihyperglycemic Drug Therapy in Patients With Newly Diagnosed Type 2 Diabetes. Annals of Internal Medicine, 2009, 151, 306.	3.9	380
12	A journey into a Mediterranean diet and type 2 diabetes: a systematic review with meta-analyses. BMJ Open, 2015, 5, e008222.	1.9	368
13	Lifestyle recommendations for the prevention and management of metabolic syndrome: an international panel recommendation. Nutrition Reviews, 2017, 75, 307-326.	5.8	294
14	Association of Low Interleukin-10 Levels with the Metabolic Syndrome in Obese Women. Journal of Clinical Endocrinology and Metabolism, 2003, 88, 1055-1058.	3.6	281
15	Mediterranean Diet and Weight Loss: Meta-Analysis of Randomized Controlled Trials. Metabolic Syndrome and Related Disorders, 2011, 9, 1-12.	1.3	275
16	High Proportions of Erectile Dysfunction in Men With the Metabolic Syndrome. Diabetes Care, 2005, 28, 1201-1203.	8.6	231
17	Weight Loss Reduces Interleukin-18 Levels in Obese Women. Journal of Clinical Endocrinology and Metabolism, 2002, 87, 3864-3866.	3.6	218
18	Original Researchâ€"Outcomes Assessment: Development and Validation of a 6-Item Version of the Female Sexual Function Index (FSFI) as a Diagnostic Tool for Female Sexual Dysfunction. Journal of Sexual Medicine, 2010, 7, 1139-1146.	0.6	215

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19	Meal modulation of circulating interleukin 18 and adiponectin concentrations in healthy subjects and in patients with type 2 diabetes mellitus. American Journal of Clinical Nutrition, 2003, 78, 1135-1140.	4.7	205
20	Association of body weight with sexual function in women. International Journal of Impotence Research, 2007, 19, 353-357.	1.8	205
21	The effect of Mediterranean diet on the development of type 2 diabetes mellitus: A meta-analysis of 10 prospective studies and 136,846 participants. Metabolism: Clinical and Experimental, 2014, 63, 903-911.	3.4	194
22	Diet and inflammation: a link to metabolic and cardiovascular diseases. European Heart Journal, 2006, 27, 15-20.	2.2	187
23	The metabolic syndrome and inflammation: association or causation?. Nutrition, Metabolism and Cardiovascular Diseases, 2004, 14, 228-232.	2.6	185
24	Obesity, the metabolic syndrome, and sexual dysfunction. International Journal of Impotence Research, 2005, 17, 391-398.	1.8	177
25	Mediterranean diet and metabolic diseases. Current Opinion in Lipidology, 2008, 19, 63-68.	2.7	175
26	Prevention and control of type 2 diabetes by Mediterranean diet: A systematic review. Diabetes Research and Clinical Practice, 2010, 89, 97-102.	2.8	170
27	Impact of COVID-19 on the thyroid gland: an update. Reviews in Endocrine and Metabolic Disorders, 2021, 22, 803-815.	5.7	165
28	Diabetes and sexual dysfunction: current perspectives. Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy, 2014, 7, 95.	2.4	157
29	Effects of Continuous Glucose Monitoring on Metrics of Glycemic Control in Diabetes: A Systematic Review With Meta-analysis of Randomized Controlled Trials. Diabetes Care, 2020, 43, 1146-1156.	8.6	155
30	Post-Meal Glucose Peaks at Home Associate with Carotid Intima-Media Thickness in Type 2 Diabetes. Journal of Clinical Endocrinology and Metabolism, 2008, 93, 1345-1350.	3.6	152
31	Colorectal cancer association with metabolic syndrome and its components: a systematic review with meta-analysis. Endocrine, 2013, 44, 634-647.	2.3	152
32	The Effects of a Mediterranean Diet on the Need for Diabetes Drugs and Remission of Newly Diagnosed Type 2 Diabetes: Follow-up of a Randomized Trial. Diabetes Care, 2014, 37, 1824-1830.	8.6	149
33	Determinants of female sexual dysfunction in type 2 diabetes. International Journal of Impotence Research, 2010, 22, 179-184.	1.8	144
34	Determinants of erectile dysfunction in type 2 diabetes. International Journal of Impotence Research, 2010, 22, 204-209.	1.8	141
35	Endothelial Microparticles Correlate with Endothelial Dysfunction in Obese Women. Journal of Clinical Endocrinology and Metabolism, 2006, 91, 3676-3679.	3.6	140
36	Mediterranean diet improves erectile function in subjects with the metabolic syndrome. International Journal of Impotence Research, 2006, 18, 405-410.	1.8	133

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37	Erectile dysfunction associates with endothelial dysfunction and raised proinflammatory cytokine levels in obese men. Journal of Endocrinological Investigation, 2004, 27, 665-669.	3.3	130
38	Obesity and sexual dysfunction, male and female. International Journal of Impotence Research, 2008, 20, 358-365.	1.8	126
39	Metabolic syndrome and endometrial cancer: a meta-analysis. Endocrine, 2014, 45, 28-36.	2.3	123
40	The Possible Protective Role of Glucagon-Like Peptide 1 on Endothelium During the Meal and Evidence for an â€œEndothelial Resistanceâ€• to Glucagon-Like Peptide 1 in Diabetes. Diabetes Care, 2011, 34, 697-702.	8.6	119
41	Proportion of patients at HbA1c target <7% with eight classes of antidiabetic drugs in type 2 diabetes: systematic review of 218 randomized controlled trials with 78 945 patients. Diabetes, Obesity and Metabolism, 2012, 14, 228-233.	4.4	119
42	Efficacy of Insulin Analogs in Achieving the Hemoglobin A1c Target of <7% in Type 2 Diabetes. Diabetes Care, 2011, 34, 510-517.	8.6	116
43	Effect of dietary antioxidants on postprandial endothelial dysfunction induced by a high-fat meal in healthy subjects. American Journal of Clinical Nutrition, 2003, 77, 139-143.	4.7	112
44	Effect of metabolic syndrome and its components on prostate cancer risk: Meta-analysis. Journal of Endocrinological Investigation, 2013, 36, 132-139.	3.3	112
45	Which diet for prevention of type 2 diabetes? A meta-analysis of prospective studies. Endocrine, 2014, 47, 107-116.	2.3	112
46	Nutrition and psoriasis: is there any association between the severity of the disease and adherence to the Mediterranean diet?. Journal of Translational Medicine, 2015, 13, 18.	4.4	112
47	Metabolic syndrome and postmenopausal breast cancer. Menopause, 2013, 20, 1301-1309.	2.0	110
48	Prevention of Type 2 Diabetes by Dietary Patterns: A Systematic Review of Prospective Studies and Meta-Analysis. Metabolic Syndrome and Related Disorders, 2010, 8, 471-476.	1.3	109
49	Cardiometabolic Risk and Female Sexual Health: The Princeton III Summary (CME). Journal of Sexual Medicine, 2012, 9, 641-651.	0.6	109
50	Mediterranean diet and metabolic syndrome: An updated systematic review. Reviews in Endocrine and Metabolic Disorders, 2013, 14, 255-263.	5.7	106
51	GLPâ€1 receptor agonists for prevention of cardiorenal outcomes in type 2 diabetes: An updated metaâ€analysis including the REWIND and PIONEER 6 trials. Diabetes, Obesity and Metabolism, 2019, 21, 2576-2580.	4.4	104
52	GLP-1 receptor agonists and cardiorenal outcomes in type 2 diabetes: an updated meta-analysis of eight CVOTs. Cardiovascular Diabetology, 2021, 20, 189.	6.8	104
53	Effects of Intensive Lifestyle Changes on Erectile Dysfunction in Men. Journal of Sexual Medicine, 2009, 6, 243-250.	0.6	103
54	From inflammation to sexual dysfunctions: a journey through diabetes, obesity, and metabolic syndrome. Journal of Endocrinological Investigation, 2018, 41, 1249-1258.	3.3	101

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55	Insulin and Glucagon-Like Peptide 1 Receptor Agonist Combination Therapy in Type 2 Diabetes: A Systematic Review and Meta-analysis of Randomized Controlled Trials. Diabetes Care, 2017, 40, 614-624.	8.6	97
56	The metabolic syndrome: a cause of sexual dysfunction in women. International Journal of Impotence Research, 2005, 17, 224-226.	1.8	96
57	Revisitation of autoimmune hypophysitis: knowledge and uncertainties on pathophysiological and clinical aspects. Pituitary, 2016, 19, 625-642.	2.9	94
58	Diabetes and Aging: From Treatment Goals to Pharmacologic Therapy. Frontiers in Endocrinology, 2019, 10, 45.	3.5	94
59	Dipeptidyl peptidase-4 inhibitors and HbA1c target of <7% in type 2 diabetes: meta-analysis of randomized controlled trials. Diabetes, Obesity and Metabolism, 2011, 13, 594-603.	4.4	92
60	Lifestyle modifications and erectile dysfunction: what can be expected?. Asian Journal of Andrology, 2015, 17, 5.	1.6	89
61	Mediterranean diet for type 2 diabetes: cardiometabolic benefits. Endocrine, 2017, 56, 27-32.	2.3	88
62	Adherence to a Mediterranean diet and glycaemic control in Type 2 diabetes mellitus. Diabetic Medicine, 2009, 26, 900-907.	2.3	84
63	Sexual dysfunction in women with cancer: a systematic review with meta-analysis of studies using the Female Sexual Function Index. Endocrine, 2016, 54, 329-341.	2.3	84
64	Oxidative stress in the metabolic syndrome. Journal of Endocrinological Investigation, 2006, 29, 791-795.	3.3	80
65	The Link Between Erectile and Cardiovascular Health: The Canary in the Coal Mine. American Journal of Cardiology, 2011, 108, 599-606.	1.6	77
66	Mediterranean diet, endothelial function and vascular inflammatory markers. Public Health Nutrition, 2006, 9, 1073-1076.	2.2	75
67	Clinical Inertia as a Clinical Safeguard. JAMA - Journal of the American Medical Association, 2011, 305, 1591.	7.4	74
68	Glycemic Control, Preexisting Cardiovascular Disease, and Risk of Major Cardiovascular Events in Patients with Type 2 Diabetes Mellitus: Systematic Review With Metaâ€Analysis of Cardiovascular Outcome Trials and Intensive Glucose Control Trials. Journal of the American Heart Association, 2019, 8, e012356.	3.7	73
69	Role of Adipokines in the Obesity???Inflammation Relationship: The Effect of Fat Removal. Plastic and Reconstructive Surgery, 2006, 118, 1048-1057.	1.4	72
70	Metabolic syndrome and cancer: â€œThe common soil hypothesisâ€• Diabetes Research and Clinical Practice, 2018, 143, 389-397.	2.8	70
71	Are there specific treatments for the metabolic syndrome?. American Journal of Clinical Nutrition, 2008, 87, 8-11.	4.7	68
72	Intensification of insulin therapy with basal-bolus or premixed insulin regimens in type 2 diabetes: a systematic review and meta-analysis of randomized controlled trials. Endocrine, 2016, 51, 417-428.	2.3	68

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73	Weight Loss Reduces Interleukin-18 Levels in Obese Women. Journal of Clinical Endocrinology and Metabolism, 2002, 87, 3864-3866.	3.6	67
74	Mediterranean diet and type 2 diabetes. Diabetes/Metabolism Research and Reviews, 2014, 30, 34-40.	4.0	66
75	Effects of pioglitazone versus metformin on circulating endothelial microparticles and progenitor cells in patients with newly diagnosed type 2 diabetes-a randomized controlled trial. Diabetes, Obesity and Metabolism, 2011, 13, 439-445.	4.4	63
76	A nomogram to estimate the HbA1c response to different DPP-4 inhibitors in type 2 diabetes: a systematic review and meta-analysis of 98 trials with 24 163 patients. BMJ Open, 2015, 5, e005892-e005892.	1.9	63
77	Insights into the relationships between diabetes, prediabetes, and cancer. Endocrine, 2017, 56, 231-239.	2.3	63
78	SGLT-2 inhibitors and cardiorenal outcomes in patients with or without type 2 diabetes: a meta-analysis of 11 CVOTs. Cardiovascular Diabetology, 2021, 20, 236.	6.8	63
79	Mediterranean diet and the metabolic syndrome. Molecular Nutrition and Food Research, 2007, 51, 1268-1274.	3.3	62
80	Circulating CD34+KDR+ Endothelial Progenitor Cells Correlate with Erectile Function and Endothelial Function in Overweight Men. Journal of Sexual Medicine, 2009, 6, 107-114.	0.6	60
81	Effects of Mediterranean diet on sexual function in people with newly diagnosed type 2 diabetes: The MÃˆDITA trial. Journal of Diabetes and Its Complications, 2016, 30, 1519-1524.	2.3	60
82	Diabetic Foot Problems During the COVID-19 Pandemic in a Tertiary Care Center: The Emergency Among the Emergencies. Diabetes Care, 2020, 43, e123-e124.	8.6	60
83	FFAs and QT Intervals in Obese Women with Visceral Adiposity: Effects of Sustained Weight Loss Over 1 Year. Journal of Clinical Endocrinology and Metabolism, 2002, 87, 2080-2083.	3.6	59
84	Effect of a Mediterranean diet on endothelial progenitor cells and carotid intima-media thickness in type 2 diabetes: Follow-up of a randomized trial. European Journal of Preventive Cardiology, 2017, 24, 399-408.	1.8	59
85	Mediterranean diet improves sexual function in women with the metabolic syndrome. International Journal of Impotence Research, 2007, 19, 486-491.	1.8	58
86	Dietary Factors, Mediterranean Diet and Erectile Dysfunction. Journal of Sexual Medicine, 2010, 7, 2338-2345.	0.6	58
87	The protective effect of the Mediterranean diet on endothelial resistance to GLP-1 in type 2 diabetes: a preliminary report. Cardiovascular Diabetology, 2014, 13, 140.	6.8	58
88	Glycaemic durability with dipeptidyl peptidase-4 inhibitors in type 2 diabetes: a systematic review and meta-analysis of long-term randomised controlled trials. BMJ Open, 2014, 4, e005442-e005442.	1.9	56
89	Obesity, the Metabolic Syndrome, and Sexual Dysfunction in Men. Clinical Pharmacology and Therapeutics, 2011, 90, 169-173.	4.7	55
90	Particulate matter pollutants and risk of type 2 diabetes: a time for concern?. Endocrine, 2016, 51, 32-37.	2.3	54

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91	The effect of DPP-4 inhibitors, GLP-1 receptor agonists and SGLT-2 inhibitors on cardiorenal outcomes: a network meta-analysis of 23 CVOTs. Cardiovascular Diabetology, 2022, 21, 42.	6.8	54
92	The Bitter Taste Receptor Agonist Quinine Reduces Calorie Intake and Increases the Postprandial Release of Cholecystokinin in Healthy Subjects. Journal of Neurogastroenterology and Motility, 2015, 21, 511-519.	2.4	53
93	Endothelial microparticles correlate with erectile dysfunction in diabetic men. International Journal of Impotence Research, 2007, 19, 161-166.	1.8	52
94	Lifestyle and metabolic approaches to maximizing erectile and vascular health. International Journal of Impotence Research, 2012, 24, 61-68.	1.8	52
95	Treatment regimens with insulin analogues and haemoglobin A1c target of <7% in type 2 diabetes: A systematic review. Diabetes Research and Clinical Practice, 2011, 92, 1-10.	2.8	50
96	Addition of Neutral Protamine Lispro Insulin or Insulin Glargine to Oral Type 2 Diabetes Regimens for Patients with Suboptimal Glycemic Control. Annals of Internal Medicine, 2008, 149, 531.	3.9	49
97	ORIGINAL RESEARCHâ€"ERECTILE DYSFUNCTION: Adherence to Mediterranean Diet and Erectile Dysfunction in Men with Type 2 Diabetes. Journal of Sexual Medicine, 2010, 7, 1911-1917.	0.6	49
98	Dietary factors in erectile dysfunction. International Journal of Impotence Research, 2006, 18, 370-374.	1.8	48
99	Role of prophylactic central compartment lymph node dissection in clinically N0 differentiated thyroid cancer patients: analysis of risk factors and review of modern trends. World Journal of Surgical Oncology, 2016, 14, 149.	1.9	46
100	Hyperlipidemia and Sexual Function in Premenopausal Women. Journal of Sexual Medicine, 2009, 6, 1696-1703.	0.6	45
101	Type 1 diabetes triggered by covid-19 pandemic: A potential outbreak?. Diabetes Research and Clinical Practice, 2020, 164, 108219.	2.8	45
102	ORIGINAL RESEARCHâ€"WOMENâ€™S SEXUAL HEALTH: Adherence to Mediterranean Diet and Sexual Function in Women with Type 2 Diabetes. Journal of Sexual Medicine, 2010, 7, 1883-1890.	0.6	44
103	GLP-1 receptor agonists and HBA1c target of <7% in type 2 diabetes: meta-analysis of randomized controlled trials. Current Medical Research and Opinion, 2011, 27, 1519-1528.	1.9	44
104	Baseline glycemic parameters predict the hemoglobin A1c response to DPP-4 inhibitors. Endocrine, 2014, 46, 43-51.	2.3	44
105	Mediterranean diet cools down the inflammatory milieu in type 2 diabetes: the MÃ‰DITA randomized controlled trial. Endocrine, 2016, 54, 634-641.	2.3	43
106	Glucagon-Like Peptide-1 Receptor Agonists and Prevention of Stroke Systematic Review of Cardiovascular Outcome Trials With Meta-Analysis. Stroke, 2020, 51, 666-669.	2.0	42
107	Effect of a multidisciplinary program of weight reduction on endothelial functions in obese women. Journal of Endocrinological Investigation, 2003, 26, RC5-RC8.	3.3	41
108	Phenotypic Assessment of Endothelial Microparticles in Diabetic and Nondiabetic Men with Erectile Dysfunction. Journal of Sexual Medicine, 2008, 5, 1436-1442.	0.6	41

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109	Dipeptidyl peptidase-4 inhibitors in type 2 diabetes therapy – focus on alogliptin. Drug Design, Development and Therapy, 2013, 7, 989.	4.3	41
110	Sympathovagal Balance, Nighttime Blood Pressure, and QT Intervals in Normotensive Obese Women. Obesity, 2003, 11, 653-659.	4.0	40
111	Inflammation Warms Up the Metabolic Syndrome. Arteriosclerosis, Thrombosis, and Vascular Biology, 2005, 25, e143.	2.4	40
112	Trends in the prescription of antidiabetic medications from 2009 to 2012 in a general practice of Southern Italy: A population-based study. Diabetes Research and Clinical Practice, 2015, 108, 157-163.	2.8	39
113	Heart failure and type 2 diabetes: From cardiovascular outcome trials, with hope. Diabetes, Obesity and Metabolism, 2019, 21, 1081-1087.	4.4	39
114	Long-Term Effect of Mediterranean-Style Diet and Calorie Restriction on Biomarkers of Longevity and Oxidative Stress in Overweight Men. Cardiology Research and Practice, 2011, 2011, 1-5.	1.1	37
115	Erectile Hydraulics: Maximizing Inflow While Minimizing Outflow. Journal of Sexual Medicine, 2014, 11, 1208-1220.	0.6	37
116	Sexual function in young women with type 1 diabetes: the METRO study. Journal of Endocrinological Investigation, 2017, 40, 169-177.	3.3	36
117	Glycemic control in type 2 diabetes: from medication nonadherence to residual vascular risk. Endocrine, 2018, 61, 23-27.	2.3	36
118	Sexual Dysfunction in Women With the Metabolic Syndrome. Diabetes Care, 2005, 28, 756-756.	8.6	35
119	Pioglitazone Reduces Endothelial Microparticles in the Metabolic Syndrome. Arteriosclerosis, Thrombosis, and Vascular Biology, 2006, 26, 1926-1926.	2.4	35
120	Diet and the Metabolic Syndrome. Metabolic Syndrome and Related Disorders, 2007, 5, 291-296.	1.3	34
121	Glycemic control in people with type 1 diabetes using a hybrid closed loop system and followed by telemedicine during the COVID-19 pandemic in Italy. Diabetes Research and Clinical Practice, 2020, 169, 108440.	2.8	34
122	Mediterranean Diet and the Metabolic Syndrome: The End of the Beginning. Metabolic Syndrome and Related Disorders, 2010, 8, 197-200.	1.3	33
123	Treating type 2 diabetes in COVID-19 patients: the potential benefits of injective therapies. Cardiovascular Diabetology, 2020, 19, 115.	6.8	33
124	Obesity, cytokines and endothelial dysfunction: A link for the raised cardiovascular risk associated with visceral obesity. Journal of Endocrinological Investigation, 2002, 25, 646-649.	3.3	32
125	Treatment satisfaction and glycemic control in young Type 1 diabetic patients in transition from pediatric health care: CSII versus MDI. Endocrine, 2014, 46, 256-262.	2.3	32
126	Free and fixedâ€ratio combinations of basal insulin and GLPâ€1 receptor agonists versus basal insulin intensification in type 2 diabetes: A systematic review and metaâ€analysis of randomized controlled trials. Diabetes, Obesity and Metabolism, 2018, 20, 2309-2313.	4.4	32

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127	Should we abandon statins in the prevention of bone fractures?. Endocrine, 2013, 44, 326-333.	2.3	31
128	Metabolic syndrome and cancer: holistic or reductionist?. Endocrine, 2014, 45, 362-364.	2.3	31
129	Improvement of glycemic control and reduction of major cardiovascular events in 18 cardiovascular outcome trials: an updated meta-regression. Cardiovascular Diabetology, 2021, 20, 210.	6.8	31
130	Fracture Risk and Bone Mineral Density in Metabolic Syndrome: A Meta-Analysis. Journal of Clinical Endocrinology and Metabolism, 2013, 98, 3306-3314.	3.6	30
131	Reducing glucose variability with continuous subcutaneous insulin infusion increases endothelial progenitor cells in type 1 diabetes: an observational study. Endocrine, 2016, 52, 244-252.	2.3	30
132	Erectile dysfunction in young men with type 1 diabetes. International Journal of Impotence Research, 2017, 29, 17-22.	1.8	30
133	Class effect for SGLT-2 inhibitors: a tale of 9 drugs. Cardiovascular Diabetology, 2019, 18, 94.	6.8	30
134	Efficacy of SGLT-2 inhibitors in older adults with diabetes: Systematic review with meta-analysis of cardiovascular outcome trials. Diabetes Research and Clinical Practice, 2020, 162, 108114.	2.8	29
135	Cardiovascular outcome trials and major cardiovascular events: does glucose matter? A systematic review with meta-analysis. Journal of Endocrinological Investigation, 2019, 42, 1165-1169.	3.3	28
136	Type 2 diabetes and the kidney: Insights from cardiovascular outcome trials. Diabetes, Obesity and Metabolism, 2019, 21, 1790-1800.	4.4	28
137	Mediterranean Diet and COVID-19: Hypothesizing Potential Benefits in People With Diabetes. Frontiers in Endocrinology, 2020, 11, 574315.	3.5	28
138	Efficacy and safety of insulin-GLP-1 receptor agonists combination in type 2 diabetes mellitus: a systematic review. Expert Opinion on Drug Safety, 2016, 15, 77-83.	2.4	27
139	Cooling down inflammation in type 2 diabetes: how strong is the evidence for cardiometabolic benefit?. Endocrine, 2017, 55, 360-365.	2.3	27
140	Relationship between improvement of glycaemic control and reduction of major cardiovascular events in 15 cardiovascular outcome trials: A metaâ€analysis with metaâ€regression. Diabetes, Obesity and Metabolism, 2020, 22, 1397-1405.	4.4	27
141	Sodiumâ€"glucose transporter-2 inhibitors for prevention and treatment of cardiorenal complications of type 2 diabetes. Cardiovascular Diabetology, 2021, 20, 17.	6.8	27
142	Abnormal Liver Blood Tests in Patients with Hyperthyroidism: Systematic Review and Meta-Analysis. Thyroid, 2021, 31, 884-894.	4.5	25
143	Autonomic dysfunction associates with prolongation of QT intervals and blunted night BP in obese women with visceral obesity. Journal of Endocrinological Investigation, 2002, 25, RC32-RC35.	3.3	24
144	Vitamin D and autoimmunity: what happens in autoimmune polyendocrine syndromes?. Journal of Endocrinological Investigation, 2015, 38, 629-633.	3.3	24

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145	The Effects of Subcutaneous Insulin Infusion Versus Multiple Insulin Injections on Glucose Variability in Young Adults with Type 1 Diabetes: The 2-Year Follow-Up of the Observational METRO Study. Diabetes Technology and Therapeutics, 2018, 20, 117-126.	4.4	24
146	Metabolic Effects of Liposuction â€" Yes or No?. New England Journal of Medicine, 2004, 351, 1354-1357.	27.0	23
147	Sexual dysfunction and the Mediterranean diet. Public Health Nutrition, 2006, 9, 1118-1120.	2.2	23
148	The Link Between Cigarette Smoking and Erectile Dysfunction: A Systematic Review. European Urology Focus, 2015, 1, 39-46.	3.1	23
149	Remission of type 2 diabetes: is bariatric surgery ready for prime time?. Endocrine, 2015, 48, 417-421.	2.3	23
150	Anti-inflammatory Effect of Mediterranean Diet in Type 2 Diabetes Is Durable: 8-Year Follow-up of a Controlled Trial. Diabetes Care, 2016, 39, e44-e45.	8.6	23
151	Unhealthy diets: a common soil for the association of metabolic syndrome and cancer. Endocrine, 2014, 46, 39-42.	2.3	22
152	Primary Prevention of Sexual Dysfunction With Mediterranean Diet in Type 2 Diabetes: The MÃˆDITA Randomized Trial. Diabetes Care, 2016, 39, e143-e144.	8.6	22
153	More sugar? No, thank you! The elusive nature of low carbohydrate diets. Endocrine, 2018, 61, 383-387.	2.3	22
154	Feasibility of Simplification From a Basal-Bolus Insulin Regimen to a Fixed-Ratio Formulation of Basal Insulin Plus a GLP-1RA or to Basal Insulin Plus an SGLT2 Inhibitor: BEYOND, a Randomized, Pragmatic Trial. Diabetes Care, 2021, 44, 1353-1360.	8.6	22
155	Lifestyle/Dietary Recommendations for Erectile Dysfunction and Female Sexual Dysfunction. Urologic Clinics of North America, 2011, 38, 293-301.	1.8	21
156	Circulating endothelial progenitor cells in type 1 diabetic patients with erectile dysfunction. Endocrine, 2015, 49, 415-421.	2.3	21
157	Primary versus secondary cardiorenal prevention in type 2 diabetes: Which newer antiâ€hyperglycaemic drug matters?. Diabetes, Obesity and Metabolism, 2020, 22, 149-157.	4.4	21
158	Neutropenia in patients with hyperthyroidism: Systematic review and metaâ€analysis. Clinical Endocrinology, 2021, 94, 473-483.	2.4	21
159	Lifestyle approach for type 2 diabetes and metabolic syndrome. Current Atherosclerosis Reports, 2008, 10, 523-528.	4.8	20
160	Does personalized diabetology overcome clinical uncertainty and therapeutic inertia in type 2 diabetes?. Endocrine, 2013, 44, 343-345.	2.3	20
161	Female sexual dysfunction in women with thyroid disorders. Journal of Endocrinological Investigation, 2013, 36, 729-33.	3.3	20
162	The development of new basal insulins: is there any clinical advantage with their use in type 2 diabetes?. Expert Opinion on Biological Therapy, 2014, 14, 799-808.	3.1	19

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163	Serum but not salivary cortisol levels are influenced by daily glycemic oscillations in type 2 diabetes. Endocrine, 2016, 53, 220-226.	2.3	19
164	The good companions: insulin and glucagon-like peptide-1 receptor agonist in type 2 diabetes. A systematic review and meta-analysis of randomized controlled trials. Diabetes Research and Clinical Practice, 2019, 154, 101-115.	2.8	19
165	Whole-grain intake cools down inflammation. American Journal of Clinical Nutrition, 2006, 83, 1440-1441.	4.7	18
166	Low-Carbohydrate Diet and Coronary Heart Disease in Women. New England Journal of Medicine, 2007, 356, 750-752.	27.0	18
167	Interleukin-20 circulating levels in obese women: Effect of weight loss. Nutrition, Metabolism and Cardiovascular Diseases, 2010, 20, 180-185.	2.6	18
168	Current insulin analogues in the treatment of diabetes: emphasis on type 2 diabetes. Expert Opinion on Biological Therapy, 2012, 12, 209-221.	3.1	18
169	Premature Ejaculation is Associated with Glycemic Control in Type 1 Diabetes. Journal of Sexual Medicine, 2015, 12, 93-99.	0.6	18
170	Antibiotic resistance in diabetic foot infection: how it changed with COVID-19 pandemic in a tertiary care center. Diabetes Research and Clinical Practice, 2021, 175, 108797.	2.8	18
171	GLP-1 receptor agonists vs. SGLT-2 inhibitors:Âthe gap seems to be leveling off. Cardiovascular Diabetology, 2021, 20, 205.	6.8	18
172	Quantitative Sensory and Autonomic Testing in Nondiabetic Women with Sexual Dysfunction. Journal of Sexual Medicine, 2007, 4, 1367-1372.	0.6	17
173	Multiple HbA1c targets and insulin analogues in type 2 diabetes: a systematic review. Journal of Diabetes and Its Complications, 2011, 25, 275-281.	2.3	17
174	Teleassistance for Patients With Type 1 Diabetes During the COVID-19 Pandemic: Results of a Pilot Study. Journal of Medical Internet Research, 2021, 23, e24552.	4.3	17
175	Comment on American Diabetes Association. Approaches to Glycemic Treatment. Sec. 7. In Standards of Medical Care in Diabetesâ€"2016. Diabetes Care 2016;39(Suppl. 1):S52â€"S59. Diabetes Care, 2016, 39, e86-e87.	8.6	16
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