

# A-Ra Cho

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4141080/publications.pdf>

Version: 2024-02-01

22  
papers

280  
citations

1162889

8  
h-index

940416

16  
g-index

23  
all docs

23  
docs citations

23  
times ranked

419  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of alternate day fasting and exercise on cholesterol metabolism in overweight or obese adults: A pilot randomized controlled trial. <i>Metabolism: Clinical and Experimental</i> , 2019, 93, 52-60.	1.5	60
2	Long Sleep Duration is Associated With Sarcopenia in Korean Adults Based on Data from the 2008–2011 KNHANES. <i>Journal of Clinical Sleep Medicine</i> , 2017, 13, 1097-1104.	1.4	39
3	Oxidative balance score and serum $\hat{I}^3$ -glutamytransferase level among Korean adults: a nationwide population-based study. <i>European Journal of Nutrition</i> , 2018, 57, 1237-1244.	1.8	33
4	Derivation and validation of a new visceral adiposity index for predicting visceral obesity and cardiometabolic risk in a Korean population. <i>PLoS ONE</i> , 2018, 13, e0203787.	1.1	22
5	Serum ferritin level is positively associated with insulin resistance and metabolic syndrome in postmenopausal women: A nationwide population-based study. <i>Maturitas</i> , 2017, 103, 3-7.	1.0	20
6	Korean Red Ginseng Protects Against Mitochondrial Damage and Intracellular Inflammation in an Animal Model of Type 2 Diabetes Mellitus. <i>Journal of Medicinal Food</i> , 2018, 21, 544-550.	0.8	18
7	Body fat change and 8-year incidence of hypertension: Korean Genome and Epidemiology Study. <i>Journal of Clinical Hypertension</i> , 2019, 21, 1849-1857.	1.0	12
8	Relationship between muscle mass index and LDL cholesterol target levels: Analysis of two studies of the Korean population. <i>Atherosclerosis</i> , 2021, 325, 1-7.	0.4	11
9	The Possible Influence of Mediterranean Diet on Extracellular Vesicle miRNA Expression in Breast Cancer Survivors. <i>Cancers</i> , 2020, 12, 1355.	1.7	9
10	C-reactive protein-to-albumin ratio and 8-year incidence of type 2 diabetes: the Korean genome and epidemiology study. <i>Acta Diabetologica</i> , 2021, 58, 1525-1532.	1.2	8
11	Pre-Metabolic Syndrome and Incidence of Type 2 Diabetes and Hypertension: From the Korean Genome and Epidemiology Study. <i>Journal of Personalized Medicine</i> , 2021, 11, 700.	1.1	8
12	Association between dairy protein and body composition in middle-aged and older women: A community-based, 12-year, prospective cohort study. <i>Clinical Nutrition</i> , 2022, 41, 460-467.	2.3	8
13	Mediterranean Diet and Naltrexone/Bupropion Treatment for Weight Loss in Overweight and Obese Breast Cancer Survivors and Non-Cancer Participants: A Pilot Randomized Controlled Trial. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2020, Volume 13, 3325-3335.	1.1	7
14	Relationship between Serum Alkaline Phosphatase and Low Muscle Mass Index Among Korean Adults: A Nationwide Population-Based Study. <i>Biomolecules</i> , 2021, 11, 842.	1.8	6
15	Non-Alcoholic Fatty Liver Disease Is an Independent Risk Factor for LDL Cholesterol Target Level. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3442.	1.2	5
16	Fat-to-Muscle Ratios and the Non-Achievement of LDL Cholesterol Targets: Analysis of the Korean Genome and Epidemiology Study. <i>Journal of Cardiovascular Development and Disease</i> , 2021, 8, 96.	0.8	5
17	Leukocyte count, C-reactive protein level and incidence risk of type 2 diabetes among non-smoking adults: A longitudinal finding over 12 years from the Korean Genome and Epidemiology Study. <i>Primary Care Diabetes</i> , 2021, 15, 385-390.	0.9	4
18	Differences among Three Skeletal Muscle Mass Indices in Predicting Non-Alcoholic Fatty Liver Disease: Korean Nationwide Population-Based Study. <i>Life</i> , 2021, 11, 751.	1.1	2

#	ARTICLE	IF	CITATIONS
19	Joint Effect of Cigarette Smoking and Body Mass Index on White Blood Cell Count in Korean Adults. Korean Journal of Family Medicine, 2017, 38, 75.	0.4	2
20	Serum Low-Density Lipoprotein Cholesterol Levels and Depressive Mood in Korean Adults: A Nationwide Population-Based Study. Korean Journal of Family Medicine, 2022, 43, 63-68.	0.4	1
21	Association between Systolic Blood Pressure and Albuminuria in Elderly People without Type 2 Diabetes or Chronic Kidney Disease. Korean Journal of Family Practice, 2016, 6, 509-513.	0.1	0
22	The Association between Neutrophil to Lymphocyte Ratio and Development of Early Adenomatous Colon Polyps among Middle-Aged and Elderly Individuals in Korea. Korean Journal of Family Practice, 2019, 9, 284-289.	0.1	0