

Kathryn Ross

List of Publications by Year in descending order

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Version: 2024-02-01

47
papers

1,813
citations

331259

21
h-index

288905

40
g-index

50
all docs

50
docs citations

50
times ranked

2913
citing authors

#	ARTICLE	IF	CITATIONS
1	Impact of transition from face-to-face to telehealth on behavioral obesity treatment during the COVID-19 pandemic. <i>Obesity</i> , 2022, 30, 858-863.	1.5	14
2	Consistency With and Disengagement From Self-monitoring of Weight, Dietary Intake, and Physical Activity in a Technology-Based Weight Loss Program: Exploratory Study. <i>JMIR Formative Research</i> , 2022, 6, e33603.	0.7	7
3	Awareness, Acceptability, and Perceived Effectiveness of Text-Based Therapy Among Graduate Students: Cross-sectional Study. <i>JMIR MHealth and UHealth</i> , 2022, 10, e34102.	1.8	0
4	Rural/urban weight loss outcomes following bariatric surgery. <i>Obesity Science and Practice</i> , 2021, 7, 797-802.	1.0	4
5	Acceptability of Research and Health Care Visits During the COVID-19 Pandemic: Cross-sectional Survey Study. <i>JMIR Formative Research</i> , 2021, 5, e27185.	0.7	8
6	Associations between the built environment and dietary intake, physical activity, and obesity: A scoping review of reviews. <i>Obesity Reviews</i> , 2021, 22, e13171.	3.1	74
7	Rural/urban disparities in access to the National Diabetes Prevention Program. <i>Translational Behavioral Medicine</i> , 2020, 10, 1554-1558.	1.2	30
8	COVID-19 Impacts Mental Health Outcomes and Ability/Desire to Participate in Research Among Current Research Participants. <i>Obesity</i> , 2020, 28, 2272-2281.	1.5	45
9	Associations between effort, importance, and self-monitoring during and after a 12-week behavioural weight management program. <i>Obesity Science and Practice</i> , 2020, 6, 447-453.	1.0	1
10	Bidirectional association between stress and physical activity in adults with overweight and obesity. <i>Journal of Behavioral Medicine</i> , 2020, 43, 246-253.	1.1	11
11	Effects of Intervention Characteristics on Willingness to Initiate a Weight Gain Prevention Program. <i>American Journal of Health Promotion</i> , 2020, 34, 837-847.	0.9	2
12	Acceptance-based therapy: the potential to augment behavioral interventions in the treatment of type 2 diabetes. <i>Nutrition and Diabetes</i> , 2020, 10, 3.	1.5	10
13	Measuring Weight with Electronic Scales in Clinical and Research Settings During the Coronavirus Disease 2019 Pandemic. <i>Obesity</i> , 2020, 28, 1182-1183.	1.5	39
14	Frequency and Consistency of Self-Weighing to Promote Weight Loss Maintenance. <i>Obesity</i> , 2020, 28, 1215-1218.	1.5	15
15	Food reward sensitivity, impulsivity, and weight change during and after a 3-month weight loss program. <i>PLoS ONE</i> , 2020, 15, e0243530.	1.1	9
16	The Assessment of Supportive Accountability in Adults Seeking Obesity Treatment: Psychometric Validation Study. <i>Journal of Medical Internet Research</i> , 2020, 22, e17967.	2.1	9
17	Effect of dose of behavioral weight loss treatment on glycemic control in adults with prediabetes. <i>BMJ Open Diabetes Research and Care</i> , 2019, 7, e000653.	1.2	12
18	Factors associated with early non-response within an Internet-based behavioural weight loss program. <i>Obesity Science and Practice</i> , 2019, 5, 324-332.	1.0	9

#	ARTICLE	IF	CITATIONS
19	Accuracy of Self-Report Versus Objective SmartScale Weights During a 12-Week Weight Management Intervention. <i>Obesity</i> , 2019, 27, 385-390.	1.5	33
20	Design of the Rural LEAP randomized trial: An evaluation of extended-care programs for weight management delivered via group or individual telephone counseling. <i>Contemporary Clinical Trials</i> , 2019, 76, 55-63.	0.8	11
21	Week-to-week predictors of weight loss and regain.. <i>Health Psychology</i> , 2019, 38, 1150-1158.	1.3	23
22	A Social-ecological Review of the Rural versus Urban Obesity Disparity. <i>Health Behavior and Policy Review</i> , 2019, 6, 378-394.	0.3	10
23	Validation of the Stanford Leisure-Time Activity Categorical Item (Lâ€Cat) using armband activity monitor data. <i>Obesity Science and Practice</i> , 2018, 4, 276-282.	1.0	14
24	â€Memory biasâ€for recall of experiences during initial weight loss is affected by subsequent weight loss outcome. <i>Journal of Behavioral Medicine</i> , 2018, 41, 130-137.	1.1	17
25	Characterizing the Pattern of Weight Loss and Regain in Adults Enrolled in a 12-Week Internet-Based Weight Management Program. <i>Obesity</i> , 2018, 26, 318-323.	1.5	19
26	Technology-based interventions for weight management: current randomized controlled trial evidence and future directions. <i>Journal of Behavioral Medicine</i> , 2017, 40, 99-111.	1.1	76
27	Implementation of an Internet Weight Loss Program in a Worksite Setting. <i>Journal of Obesity</i> , 2016, 2016, 1-7.	1.1	37
28	Concordance of inâ€home â€smartâ€™ scale measurement with body weight measured inâ€person. <i>Obesity Science and Practice</i> , 2016, 2, 224-228.	1.0	41
29	Overeat today, skip the scale tomorrow: An examination of caloric intake predicting nonadherence to daily self-weighing. <i>Obesity</i> , 2016, 24, 2341-2343.	1.5	21
30	Impact of newer self-monitoring technology and brief phone-based intervention on weight loss: A randomized pilot study. <i>Obesity</i> , 2016, 24, 1653-1659.	1.5	81
31	A randomized trial of an acceptance-based behavioral intervention for weight loss in people with high internal disinhibition. <i>Obesity</i> , 2016, 24, 2509-2514.	1.5	65
32	Successful weight loss maintenance associated with morning chronotype and better sleep quality. <i>Journal of Behavioral Medicine</i> , 2016, 39, 465-471.	1.1	50
33	Weight loss intervention for individuals with high internal disinhibition: design of the Acceptance Based Behavioral Intervention (ABBI) randomized controlled trial. <i>BMC Psychology</i> , 2015, 3, 17.	0.9	22
34	Failure to Replicate Depletion of Self-Control. <i>PLoS ONE</i> , 2014, 9, e109950.	1.1	56
35	A Randomized Trial Investigating the Effect of a Brief Lifestyle Intervention on Freshman-Year Weight Gain. <i>Journal of American College Health</i> , 2014, 62, 101-109.	0.8	15
36	Dietary self-monitoring and long-term success with weight management. <i>Obesity</i> , 2014, 22, 1962-1967.	1.5	93

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37	Physical activity interventions differentially affect exercise task and barrier self-efficacy: A meta-analysis.. Health Psychology, 2014, 33, 891-903.	1.3	63
38	Long-Term Adherence to Health Behavior Change. American Journal of Lifestyle Medicine, 2013, 7, 395-404.	0.8	284
39	Effects of prescribing 1,000 versus 1,500 kilocalories per day in the behavioral treatment of obesity: A randomized trial. Obesity, 2013, 21, 2481-2487.	1.5	16
40	Benefits and risks of weight-loss treatment for older, obese women. Clinical Interventions in Aging, 2013, 8, 157.	1.3	3
41	The impact of extended care on the long-term maintenance of weight loss: a systematic review and meta-analysis. Obesity Reviews, 2012, 13, 509-517.	3.1	211
42	Successful long-term weight loss maintenance in a rural population. Clinical Interventions in Aging, 2011, 6, 303.	1.3	27
43	The Association Between Rate of Initial Weight Loss and Long-Term Success in Obesity Treatment: Does Slow and Steady Win the Race?. International Journal of Behavioral Medicine, 2010, 17, 161-167.	0.8	128
44	The contributions of weight loss and increased physical fitness to improvements in health-related quality of life. Eating Behaviors, 2009, 10, 84-88.	1.1	30
45	Problem solving, treatment adherence, and weight-loss outcome among women participating in lifestyle treatment for obesity. Eating Behaviors, 2009, 10, 146-151.	1.1	58
46	Ambiguity and judgments of obese individuals: No news could be bad news. Eating Behaviors, 2009, 10, 152-156.	1.1	8
47	Parents of minor children lose less weight during a behavioral weight loss intervention: Findings from the Rural LEAP trial. Obesity Science and Practice, 0, , .	1.0	2