

# Ana Cordellat

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4119873/publications.pdf>

Version: 2024-02-01

12  
papers

69  
citations

1937457

4  
h-index

1474057

9  
g-index

12  
all docs

12  
docs citations

12  
times ranked

91  
citing authors

#	ARTICLE	IF	CITATIONS
1	High versus low motivating music on intermittent fitness and agility in young well-trained basketball players. <i>International Journal of Sport and Exercise Psychology</i> , 2022, 20, 777-793.	1.1	3
2	Fuerza inspiratoria, fuerza de prensi3n y masa muscular en mujeres mayores activas. <i>Revista Internacional De Medicina Y Ciencias De La Actividad Fisica Y Del Deporte</i> , 2022, 21, 763-778.	0.1	0
3	120 min/week of neuromotor multicomponent training are enough to improve executive function and functional fitness in older women. <i>Experimental Gerontology</i> , 2021, 145, 111199.	1.2	3
4	Inspiratory Muscle Strength and Cardiorespiratory Fitness Association With Health-Related Quality of Life in Healthy Older Adults. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 624947.	0.9	1
5	Determinants of dynamic inspiratory muscle strength in healthy trained elderly. <i>Postgraduate Medicine</i> , 2021, 133, 807-816.	0.9	1
6	Exploring Potential Benefits of Accumulated Multicomponent-Training in Non-Active Older Adults: From Physical Fitness to Mental Health. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9645.	1.2	3
7	Fuerza muscular inspiratoria din3mica y aptitud cardiorrespiratoria en funci3n de edad y sexo. <i>Revista Andaluza De Medicina Del Deporte</i> , 2021, 14, 93-97.	0.1	0
8	Short and Long-Term Trainability in Older Adults: Training and Detraining Following Two Years of Multicomponent Cognitive3 Physical Exercise Training. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5984.	1.2	16
9	Continuous Compared to Accumulated Walking-Training on Physical Function and Health-Related Quality of Life in Sedentary Older Persons. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6060.	1.2	5
10	Multicomponent Exercise Training Combined with Nutritional Counselling Improves Physical Function, Biochemical and Anthropometric Profiles in Obese Children: A Pilot Study. <i>Nutrients</i> , 2020, 12, 2723.	1.7	15
11	Strategies to change body composition in older adults: do type of exercise and dose distribution matter?. <i>Journal of Sports Medicine and Physical Fitness</i> , 2020, 60, 552-561.	0.4	7
12	Beneficial Effects of Inspiratory Muscle Training Combined With Multicomponent Training in Elderly Active Women. <i>Research Quarterly for Exercise and Sport</i> , 2019, 90, 547-554.	0.8	15