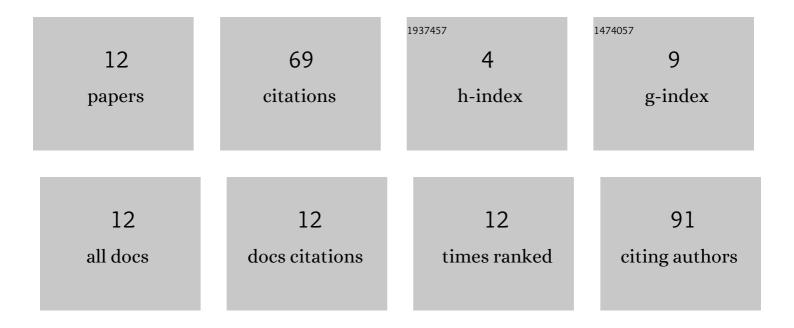
## Ana Cordellat

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/4119873/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	High versus low motivating music on intermittent fitness and agility in young well-trained basketball players. International Journal of Sport and Exercise Psychology, 2022, 20, 777-793.	1.1	3
2	Fuerza inspiratoria, fuerza de prensión y masa muscular en mujeres mayores activas. Revista Internacional De Medicina Y Ciencias De La Actividad Fisica Y Del Deporte, 2022, 21, 763-778.	0.1	0
3	120 min/week of neuromotor multicomponent training are enough to improve executive function and functional fitness in older women. Experimental Gerontology, 2021, 145, 111199.	1.2	3
4	Inspiratory Muscle Strength and Cardiorespiratory Fitness Association With Health-Related Quality of Life in Healthy Older Adults. Frontiers in Sports and Active Living, 2021, 3, 624947.	0.9	1
5	Determinants of dynamic inspiratory muscle strength in healthy trained elderly. Postgraduate Medicine, 2021, 133, 807-816.	0.9	1
6	Exploring Potential Benefits of Accumulated Multicomponent-Training in Non-Active Older Adults: From Physical Fitness to Mental Health. International Journal of Environmental Research and Public Health, 2021, 18, 9645.	1.2	3
7	Fuerza muscular inspiratoria dinámica y aptitud cardiorrespiratoria en función de edad y sexo. Revista Andaluza De Medicina Del Deporte, 2021, 14, 93-97.	0.1	Ο
8	Short and Long-Term Trainability in Older Adults: Training and Detraining Following Two Years of Multicomponent Cognitive—Physical Exercise Training. International Journal of Environmental Research and Public Health, 2020, 17, 5984.	1.2	16
9	Continuous Compared to Accumulated Walking-Training on Physical Function and Health-Related Quality of Life in Sedentary Older Persons. International Journal of Environmental Research and Public Health, 2020, 17, 6060.	1.2	5
10	Multicomponent Exercise Training Combined with Nutritional Counselling Improves Physical Function, Biochemical and Anthropometric Profiles in Obese Children: A Pilot Study. Nutrients, 2020, 12, 2723.	1.7	15
11	Strategies to change body composition in older adults: do type of exercise and dose distribution matter?. Journal of Sports Medicine and Physical Fitness, 2020, 60, 552-561.	0.4	7
12	Beneficial Effects of Inspiratory Muscle Training Combined With Multicomponent Training in Elderly Active Women. Research Quarterly for Exercise and Sport, 2019, 90, 547-554.	0.8	15