

# João Tomá©-Carneiro

## List of Publications by Year in descending order

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34  
papers

2,477  
citations

304602

22  
h-index

395590

33  
g-index

34  
all docs

34  
docs citations

34  
times ranked

4187  
citing authors

#	ARTICLE	IF	CITATIONS
1	Resveratrol and Clinical Trials: The Crossroad from In Vitro Studies to Human Evidence. <i>Current Pharmaceutical Design</i> , 2013, 19, 6064-6093.	0.9	377
2	One-year supplementation with a grape extract containing resveratrol modulates inflammatory-related microRNAs and cytokines expression in peripheral blood mononuclear cells of type 2 diabetes and hypertensive patients with coronary artery disease. <i>Pharmacological Research</i> , 2013, 72, 69-82.	3.1	304
3	One-Year Consumption of a Grape Nutraceutical Containing Resveratrol Improves the Inflammatory and Fibrinolytic Status of Patients in Primary Prevention of Cardiovascular Disease. <i>American Journal of Cardiology</i> , 2012, 110, 356-363.	0.7	219
4	Grape Resveratrol Increases Serum Adiponectin and Downregulates Inflammatory Genes in Peripheral Blood Mononuclear Cells: A Triple-Blind, Placebo-Controlled, One-Year Clinical Trial in Patients with Stable Coronary Artery Disease. <i>Cardiovascular Drugs and Therapy</i> , 2013, 27, 37-48.	1.3	197
5	Consumption of a grape extract supplement containing resveratrol decreases oxidized LDL and apoB in patients undergoing primary prevention of cardiovascular disease: A triple-blind, 6-month follow-up, placebo-controlled, randomized trial. <i>Molecular Nutrition and Food Research</i> , 2012, 56, 810-821.	1.5	167
6	Identifying the limits for ellagic acid bioavailability: A crossover pharmacokinetic study in healthy volunteers after consumption of pomegranate extracts. <i>Journal of Functional Foods</i> , 2015, 19, 225-235.	1.6	127
7	Polyphenol-based nutraceuticals for the prevention and treatment of cardiovascular disease: Review of human evidence. <i>Phytomedicine</i> , 2016, 23, 1145-1174.	2.3	104
8	The ellagic acid-derived gut microbiota metabolite, urolithin A, potentiates the anticancer effects of 5-fluorouracil chemotherapy on human colon cancer cells. <i>Food and Function</i> , 2015, 6, 1460-1469.	2.1	94
9	Bovine Milk-Derived Exosomes as a Drug Delivery Vehicle for miRNA-Based Therapy. <i>International Journal of Molecular Sciences</i> , 2021, 22, 1105.	1.8	89
10	Resveratrol in primary and secondary prevention of cardiovascular disease: a dietary and clinical perspective. <i>Annals of the New York Academy of Sciences</i> , 2013, 1290, 37-51.	1.8	80
11	Preventive Oral Treatment with Resveratrol Pro-prodrugs Drastically Reduce Colon Inflammation in Rodents. <i>Journal of Medicinal Chemistry</i> , 2010, 53, 7365-7376.	2.9	69
12	Comprehensive characterization of the effects of ellagic acid and urolithins on colorectal cancer and key-associated molecular hallmarks: MicroRNA cell specific induction of CDKN1A (p21) as a common mechanism involved. <i>Molecular Nutrition and Food Research</i> , 2016, 60, 701-716.	1.5	68
13	An overview of the pharmacology of olive oil and its active ingredients. <i>British Journal of Pharmacology</i> , 2020, 177, 1316-1330.	2.7	64
14	Pharma-Nutritional Properties of Olive Oil Phenols. <i>Transfer of New Findings to Human Nutrition. Foods</i> , 2018, 7, 90.	1.9	57
15	One-week administration of hydroxytyrosol to humans does not activate Phase II enzymes. <i>Pharmacological Research</i> , 2015, 95-96, 132-137.	3.1	54
16	Breast milk microRNAs harsh journey towards potential effects in infant development and maturation. Lipid encapsulation can help. <i>Pharmacological Research</i> , 2018, 132, 21-32.	3.1	54
17	Hydroxytyrosol restores proper insulin signaling in an astrocytic model of Alzheimer's disease. <i>BioFactors</i> , 2017, 43, 540-548.	2.6	43
18	Hydroxytyrosol supplementation modulates the expression of miRNAs in rodents and in humans. <i>Journal of Nutritional Biochemistry</i> , 2016, 34, 146-155.	1.9	42

#	ARTICLE	IF	CITATIONS
19	Buttermilk and Krill Oil Phospholipids Improve Hippocampal Insulin Resistance and Synaptic Signaling in Aged Rats. <i>Molecular Neurobiology</i> , 2018, 55, 7285-7296.	1.9	34
20	Postprandial Circulating miRNAs in Response to a Dietary Fat Challenge. <i>Nutrients</i> , 2019, 11, 1326.	1.7	29
21	Wine's Phenolic Compounds and Health: A Pythagorean View. <i>Molecules</i> , 2020, 25, 4105.	1.7	28
22	Olive oil consumption and its repercussions on lipid metabolism. <i>Nutrition Reviews</i> , 2020, 78, 952-968.	2.6	24
23	Mediterranean diet enriched in extra-virgin olive oil or nuts modulates circulating exosomal non-coding RNAs. <i>European Journal of Nutrition</i> , 2021, 60, 4279-4293.	1.8	21
24	Modulation of miRNA expression in aged rat hippocampus by buttermilk and krill oil. <i>Scientific Reports</i> , 2018, 8, 3993.	1.6	19
25	Connection between miRNA Mediation and the Bioactive Effects of Broccoli ( <i>Brassica oleracea</i> ) Tj ETQq1 1 0.784314 rgBT /Ov Agricultural and Food Chemistry, 2021, 69, 9326-9337.	2.4	17
26	Trimethylamine n-Oxide (TMAO) Modulates the Expression of Cardiovascular Disease-Related microRNAs and Their Targets. <i>International Journal of Molecular Sciences</i> , 2021, 22, 11145.	1.8	16
27	Soy Isoflavones in Nutritionally Relevant Amounts Have Varied Nutrigenomic Effects on Adipose Tissue. <i>Molecules</i> , 2015, 20, 2310-2322.	1.7	14
28	Proteomic evaluation of mouse adipose tissue and liver following hydroxytyrosol supplementation. <i>Food and Chemical Toxicology</i> , 2017, 107, 329-338.	1.8	14
29	Identification and validation of common molecular targets of hydroxytyrosol. <i>Food and Function</i> , 2019, 10, 4897-4910.	2.1	14
30	Intestinal Lipid Metabolism Genes Regulated by miRNAs. <i>Frontiers in Genetics</i> , 2020, 11, 707.	1.1	12
31	Concentrates of buttermilk and krill oil improve cognition in aged rats. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2020, 155, 102077.	1.0	12
32	Intestinal miRNAs regulated in response to dietary lipids. <i>Scientific Reports</i> , 2020, 10, 18921.	1.6	11
33	Update on the evidence linking miRNA-related epitranscriptomic modifications and disease settings. Can these modifications affect cross-kingdom regulation?. <i>RNA Biology</i> , 2021, , 1-14.	1.5	3
34	Response to: Letter to the editor "Some thoughts about the possibility of diet-derived exogenous small RNAs". <i>Pharmacological Research</i> , 2019, 141, 622.	3.1	0