

# Kelly Glazer Baron

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4111487/publications.pdf>

Version: 2024-02-01

46  
papers

2,630  
citations

304368

22  
h-index

264894

42  
g-index

48  
all docs

48  
docs citations

48  
times ranked

3908  
citing authors

#	ARTICLE	IF	CITATIONS
1	Aerobic exercise improves self-reported sleep and quality of life in older adults with insomnia. <i>Sleep Medicine</i> , 2010, 11, 934-940.	0.8	423
2	Role of Sleep Timing in Caloric Intake and BMI. <i>Obesity</i> , 2011, 19, 1374-1381.	1.5	420
3	Circadian misalignment and health. <i>International Review of Psychiatry</i> , 2014, 26, 139-154.	1.4	376
4	Exercise to Improve Sleep in Insomnia: Exploration of the Bidirectional Effects. <i>Journal of Clinical Sleep Medicine</i> , 2013, 09, 819-824.	1.4	127
5	Feeling validated yet? A scoping review of the use of consumer-targeted wearable and mobile technology to measure and improve sleep. <i>Sleep Medicine Reviews</i> , 2018, 40, 151-159.	3.8	119
6	Hostility, Anger, and Marital Adjustment: Concurrent and Prospective Associations with Psychosocial Vulnerability. <i>Journal of Behavioral Medicine</i> , 2007, 30, 1-10.	1.1	100
7	Orthosomnia: Are Some Patients Taking the Quantified Self Too Far?. <i>Journal of Clinical Sleep Medicine</i> , 2017, 13, 351-354.	1.4	98
8	Meal timing influences daily caloric intake in healthy adults. <i>Nutrition Research</i> , 2014, 34, 930-935.	1.3	88
9	Timing and Intensity of Light Correlate with Body Weight in Adults. <i>PLoS ONE</i> , 2014, 9, e92251.	1.1	86
10	Contribution of evening macronutrient intake to total caloric intake and body mass index. <i>Appetite</i> , 2013, 60, 246-251.	1.8	71
11	Spousal involvement in CPAP adherence among patients with obstructive sleep apnea. <i>Sleep and Breathing</i> , 2011, 15, 525-534.	0.9	70
12	The Prevalence and Characteristics of REM Sleep without Atonia (RSWA) in Patients Taking Antidepressants. <i>Journal of Clinical Sleep Medicine</i> , 2016, 12, 351-355.	1.4	70
13	Optimism and pessimism in social context: An interpersonal perspective on resilience and risk. <i>Journal of Research in Personality</i> , 2013, 47, 553-562.	0.9	64
14	Relationship Quality and CPAP Adherence in Patients With Obstructive Sleep Apnea. <i>Behavioral Sleep Medicine</i> , 2009, 7, 22-36.	1.1	60
15	Impact of psychotherapy on insomnia symptoms in patients with depression and multiple sclerosis. <i>Journal of Behavioral Medicine</i> , 2011, 34, 92-101.	1.1	44
16	Spousal Involvement in CPAP: Does Pressure Help?. <i>Journal of Clinical Sleep Medicine</i> , 2012, 08, 147-153.	1.4	38
17	Daily Associations Between Sleep and Physical Activity. <i>International Journal of Behavioral Medicine</i> , 2019, 26, 562-568.	0.8	36
18	Self-efficacy contributes to individual differences in subjective improvements using CPAP. <i>Sleep and Breathing</i> , 2011, 15, 599-606.	0.9	33

#	ARTICLE	IF	CITATIONS
19	Race and Ethnic Variation in Excessive Daytime Sleepiness: The Multi-Ethnic Study of Atherosclerosis. Behavioral Sleep Medicine, 2010, 8, 231-245.	1.1	32
20	Technology Assisted Behavior Intervention to Extend Sleep Among Adults With Short Sleep Duration and Prehypertension/Stage 1 Hypertension: A Randomized Pilot Feasibility Study. Journal of Clinical Sleep Medicine, 2019, 15, 1587-1597.	1.4	32
21	Sleep Variability Among Older Adults With Insomnia: Associations With Sleep Quality and Cardiometabolic Disease Risk. Behavioral Sleep Medicine, 2017, 15, 144-157.	1.1	31
22	The Society of Behavioral Sleep Medicine (SBSM) COVID-19 Task Force: Objectives and Summary Recommendations for Managing Sleep during a Pandemic. Behavioral Sleep Medicine, 2020, 18, 570-572.	1.1	26
23	Behavioral interventions to extend sleep duration: A systematic review and meta-analysis. Sleep Medicine Reviews, 2021, 60, 101532.	3.8	23
24	Technology-Assisted Behavioral Intervention to Extend Sleep Duration: Development and Design of the Sleep Bunny Mobile App. JMIR Mental Health, 2018, 5, e3.	1.7	22
25	Chronotypes in Patients with Epilepsy: Does the Type of Epilepsy Make a Difference?. Behavioural Neurology, 2015, 2015, 1-4.	1.1	16
26	Sleep-related attitudes, beliefs, and practices among an urban-dwelling African American community: a qualitative study. Sleep Health, 2019, 5, 418-425.	1.3	13
27	Challenges and Opportunities for Applying Wearable Technology to Sleep. Sleep Medicine Clinics, 2021, 16, 607-618.	1.2	12
28	Next Steps for Patients Who Fail to Respond to Cognitive Behavioral Therapy for Insomnia (CBT-I): the Perspective from Behavioral Sleep Medicine Psychologists. Current Sleep Medicine Reports, 2017, 3, 327-332.	0.7	11
29	Relationships and CPAP adherence among women with obstructive sleep apnea. Sleep Science and Practice, 2017, 1, .	0.6	10
30	Phase Relationship between DLMO and Sleep Onset and the Risk of Metabolic Disease among Normal Weight and Overweight/Obese Adults. Journal of Biological Rhythms, 2018, 33, 76-83.	1.4	10
31	How are Consumer Sleep Technology Data Being Used to Deliver Behavioral Sleep Medicine Interventions? A Systematic Review. Behavioral Sleep Medicine, 2022, 20, 173-187.	1.1	10
32	Meal timing relative to DLMO: Associations with BMI and body fat. Sleep Health, 2021, 7, 339-344.	1.3	10
33	Sleep, Diet, Physical Activity, and Stress during the COVID-19 Pandemic: A Qualitative Analysis. Behavioral Sciences (Basel, Switzerland), 2022, 12, 66.	1.0	10
34	Interest and Use of Mental Health and Specialty Behavioral Medicine Counseling in US Primary Care Patients. International Journal of Behavioral Medicine, 2013, 20, 69-76.	0.8	8
35	The relationship between sleep and physical activity: the moderating role of daily alcohol consumption. Sleep, 2021, 44, .	0.6	7
36	Predictors of Intervention Interest Among Individuals With Short Sleep Duration. Journal of Clinical Sleep Medicine, 2019, 15, 1143-1148.	1.4	4

#	ARTICLE	IF	CITATIONS
37	Effects of Sleep-Extend on glucose metabolism in women with a history of gestational diabetes: a pilot randomized trial. <i>Pilot and Feasibility Studies</i> , 2022, 8, .	0.5	4
38	A Concept Map of Behavioral Sleep Medicine: Defining the Scope of the Field and Strategic Priorities. <i>Behavioral Sleep Medicine</i> , 2018, 16, 523-526.	1.1	3
39	CBT-I for patients with orthosomnia. , 2022, , 135-145.		3
40	1014 Technology Assisted Behavior Intervention To Extend Sleep Among Adults With Short Sleep Duration And Prehypertension/stage 1 Hypertension: A Randomized Pilot Feasibility Study. <i>Sleep</i> , 2019, 42, A408-A408.	0.6	2
41	Integrative behavioral treatment for NREM parasomnias: a case series. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 1313-1316.	1.4	2
42	The association between time-of-day of habitual exercise training and changes in relevant cancer health outcomes among cancer survivors. <i>PLoS ONE</i> , 2021, 16, e0258135.	1.1	2
43	Racial/ethnic disparities in subjective sleep duration, sleep quality, and sleep disturbances during pregnancy: an ECHO study. <i>Sleep</i> , 2022, 45, .	0.6	2
44	Sleep Management. , 2016, , 161-170.		1
45	Sleep and healthy decision making. , 2019, , 359-369.		1
46	0060 Sleep disparities by race/ethnicity during pregnancy: an Environmental influences on Child Health Outcomes (ECHO) study. <i>Sleep</i> , 2022, 45, A28-A28.	0.6	0