

# Beate Ditzen

## List of Publications by Year in descending order

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Version: 2024-02-01

85  
papers

3,787  
citations

201575

27  
h-index

138417

58  
g-index

94  
all docs

94  
docs citations

94  
times ranked

3997  
citing authors

#	ARTICLE	IF	CITATIONS
1	Intranasal Oxytocin Increases Positive Communication and Reduces Cortisol Levels During Couple Conflict. <i>Biological Psychiatry</i> , 2009, 65, 728-731.	0.7	666
2	Effects of different kinds of couple interaction on cortisol and heart rate responses to stress in women. <i>Psychoneuroendocrinology</i> , 2007, 32, 565-574.	1.3	401
3	Sex differences in the neural and behavioral response to intranasal oxytocin and vasopressin during human social interaction. <i>Psychoneuroendocrinology</i> , 2014, 39, 237-248.	1.3	286
4	Positive Couple Interactions and Daily Cortisol: On the Stress-Protecting Role of Intimacy. <i>Psychosomatic Medicine</i> , 2008, 70, 883-889.	1.3	200
5	Psychobiology of social support: The social dimension of stress buffering. <i>Restorative Neurology and Neuroscience</i> , 2014, 32, 149-162.	0.4	193
6	Adult attachment and social support interact to reduce psychological but not cortisol responses to stress. <i>Journal of Psychosomatic Research</i> , 2008, 64, 479-486.	1.2	182
7	Music listening as a means of stress reduction in daily life. <i>Psychoneuroendocrinology</i> , 2015, 60, 82-90.	1.3	137
8	How to study the menstrual cycle: Practical tools and recommendations. <i>Psychoneuroendocrinology</i> , 2021, 123, 104895.	1.3	123
9	Sex-specific effects of intranasal oxytocin on autonomic nervous system and emotional responses to couple conflict. <i>Social Cognitive and Affective Neuroscience</i> , 2013, 8, 897-902.	1.5	95
10	Oxytocin differentially alters resting state functional connectivity between amygdala subregions and emotional control networks: Inverse correlation with depressive traits. <i>NeuroImage</i> , 2017, 149, 458-467.	2.1	69
11	Menstrual cycle-related fluctuations in oxytocin concentrations: A systematic review and meta-analysis. <i>Frontiers in Neuroendocrinology</i> , 2019, 52, 144-155.	2.5	66
12	Effects of acute stress on social behavior in women. <i>Psychoneuroendocrinology</i> , 2019, 99, 137-144.	1.3	57
13	A Systematic Review and Meta-Analysis of Within-Person Changes in Cardiac Vagal Activity across the Menstrual Cycle: Implications for Female Health and Future Studies. <i>Journal of Clinical Medicine</i> , 2019, 8, 1946.	1.0	51
14	Associations between salivary alpha-amylase and catecholamines – A multilevel modeling approach. <i>Biological Psychology</i> , 2014, 103, 15-18.	1.1	50
15	Assisting couples to develop healthy relationships: Effects of couples relationship education on cortisol. <i>Psychoneuroendocrinology</i> , 2011, 36, 597-607.	1.3	45
16	Oxytocin enhances the pain-relieving effects of social support in romantic couples. <i>Human Brain Mapping</i> , 2019, 40, 242-251.	1.9	44
17	Music Therapy in the Psychosocial Treatment of Adult Cancer Patients: A Systematic Review and Meta-Analysis. <i>Frontiers in Psychology</i> , 2020, 11, 651.	1.1	44
18	Development and validation of the Zurich chronic middle ear inventory (ZCMEI-21): an electronic questionnaire for assessing quality of life in patients with chronic otitis media. <i>European Archives of Oto-Rhino-Laryngology</i> , 2016, 273, 3073-3081.	0.8	43

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19	Intimacy as Related to Cortisol Reactivity and Recovery in Couples Undergoing Psychosocial Stress. <i>Psychosomatic Medicine</i> , 2019, 81, 16-25.	1.3	43
20	Calming Effects of Touch in Human, Animal, and Robotic Interaction—Scientific State-of-the-Art and Technical Advances. <i>Frontiers in Psychiatry</i> , 2020, 11, 555058.	1.3	43
21	Brief psychosocial interventions improve quality of life of patients receiving palliative care: A systematic review and meta-analysis. <i>Palliative Medicine</i> , 2019, 33, 332-345.	1.3	42
22	Reciprocal relationship between acute stress and acute fatigue in everyday life in a sample of university students. <i>Biological Psychology</i> , 2015, 110, 42-49.	1.1	41
23	Psychosocial Profile of Women with Premenstrual Syndrome and Healthy Controls: A Comparative Study. <i>International Journal of Behavioral Medicine</i> , 2016, 23, 752-763.	0.8	37
24	Emotional Stress During Pregnancy — Associations With Maternal Anxiety Disorders, Infant Cortisol Reactivity, and Mother—Child Interaction at Pre-school Age. <i>Frontiers in Psychology</i> , 2019, 10, 2179.	1.1	36
25	Psychosocial Interventions for Pain Management in Advanced Cancer Patients: a Systematic Review and Meta-analysis. <i>Current Oncology Reports</i> , 2020, 22, 3.	1.8	35
26	Steroid Hormone Sensitivity in Reproductive Mood Disorders: On the Role of the GABAA Receptor Complex and Stress During Hormonal Transitions. <i>Frontiers in Medicine</i> , 2020, 7, 479646.	1.2	34
27	Oxytocin increases eye-gaze towards novel social and non-social stimuli. <i>Social Neuroscience</i> , 2019, 14, 594-607.	0.7	33
28	The Heart's rhythm — blues: Sex differences in circadian variation patterns of vagal activity vary by depressive symptoms in predominantly healthy employees. <i>Chronobiology International</i> , 2018, 35, 896-909.	0.9	32
29	Restrained eating and self-esteem in premenopausal and postmenopausal women. <i>Journal of Eating Disorders</i> , 2014, 2, 23.	1.3	27
30	Effects of stress on women's preference for male facial masculinity and their endocrine correlates. <i>Psychoneuroendocrinology</i> , 2017, 82, 67-74.	1.3	27
31	Recurrent pregnancy loss: a shared stressor—couple-orientated psychological research findings. <i>Fertility and Sterility</i> , 2020, 114, 1288-1296.	0.5	27
32	Menstrual Cycle Changes in Vagally-Mediated Heart Rate Variability Are Associated with Progesterone: Evidence from Two Within-Person Studies. <i>Journal of Clinical Medicine</i> , 2020, 9, 617.	1.0	26
33	Clinical Profiles of Premenstrual Experiences Among Women Having Premenstrual Syndrome (PMS): Affective Changes Predominate and Relate to Social and Occupational Functioning. <i>Health Care for Women International</i> , 2015, 36, 1104-1123.	0.6	23
34	Effects of a mindfulness-based intervention on mindfulness, stress, salivary alpha-amylase and cortisol in everyday life. <i>Psychophysiology</i> , 2021, 58, e13937.	1.2	23
35	Self-soothing touch and being hugged reduce cortisol responses to stress: A randomized controlled trial on stress, physical touch, and social identity. <i>Comprehensive Psychoneuroendocrinology</i> , 2021, 8, 100091.	0.7	22
36	Co-variation of fatigue and psychobiological stress in couples' everyday life. <i>Psychoneuroendocrinology</i> , 2018, 92, 135-141.	1.3	21

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37	Changing Me, Changing Us: Relationship Quality and Collective Efficacy as Major Outcomes in Systemic Couple Therapy. <i>Family Process</i> , 2018, 57, 342-358.	1.4	21
38	Oxytocin for learning calm and safety. <i>International Journal of Psychophysiology</i> , 2019, 136, 5-14.	0.5	20
39	Physical activity buffers fatigue only under low chronic stress. <i>Stress</i> , 2016, 19, 535-541.	0.8	18
40	Trauma exposure, posttraumatic stress disorder and oxytocin: A meta-analytic investigation of endogenous concentrations and receptor genotype. <i>Neuroscience and Biobehavioral Reviews</i> , 2019, 107, 560-601.	2.9	18
41	Effects of Mindfulness-Based Stress Prevention on Serotonin Transporter Gene Methylation. <i>Psychotherapy and Psychosomatics</i> , 2019, 88, 317-319.	4.0	17
42	Tomorrow's gonna suck: Today's stress anticipation predicts tomorrow's post-awakening cortisol increase. <i>Psychoneuroendocrinology</i> , 2019, 106, 38-46.	1.3	17
43	“Song of Life (SOL)” study protocol: a multicenter, randomized trial on the emotional, spiritual, and psychobiological effects of music therapy in palliative care. <i>BMC Palliative Care</i> , 2019, 18, 14.	0.8	16
44	How to assess and interpret everyday life salivary cortisol measures: A tutorial on practical and statistical considerations. <i>Psychoneuroendocrinology</i> , 2021, 133, 105391.	1.3	15
45	When Significant Others Suffer: German Validation of the Burden Assessment Scale (BAS). <i>PLoS ONE</i> , 2016, 11, e0163101.	1.1	15
46	Oxytocin Modulates the Cognitive Appraisal of the Own and Others Close Intimate Relationships. <i>Frontiers in Neuroscience</i> , 2019, 13, 714.	1.4	14
47	Enhancing Social Interaction in Depression (SIDE study): protocol of a randomised controlled trial on the effects of a Cognitively Based Compassion Training (CBCT) for couples. <i>BMJ Open</i> , 2018, 8, e020448.	0.8	13
48	First German Guideline on Diagnostics and Therapy of Clinically Non-Functioning Pituitary Tumors. <i>Experimental and Clinical Endocrinology and Diabetes</i> , 2021, 129, 250-264.	0.6	12
49	Mindfulness-Based Couple Interventions: A Systematic Literature Review. <i>Family Process</i> , 2021, 60, 694-711.	1.4	12
50	Attitudes towards Social Oocyte Freezing from a Socio-cultural Perspective. <i>Geburtshilfe Und Frauenheilkunde</i> , 2017, 77, 747-755.	0.8	11
51	“Song of Life”: music therapy in terminally ill patients with cancer. <i>BMJ Supportive and Palliative Care</i> , 2018, 8, 167-170.	0.8	11
52	Dyadic Coping and Its Underlying Neuroendocrine Mechanisms – Implications for Stress Regulation. <i>Frontiers in Psychology</i> , 2019, 9, 2600.	1.1	11
53	Comparing Cognitive Behavioral Therapy and Systemic Therapy for Social Anxiety Disorder: Randomized Controlled Pilot Trial ( SOPHO – CBT / ST ). <i>Family Process</i> , 2020, 59, 1389-1406.	1.4	11
54	Neuroendocrine mechanisms of grief and bereavement: A systematic review and implications for future interventions. <i>Journal of Neuroendocrinology</i> , 2020, 32, e12887.	1.2	11

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55	Oxytocin and positive couple interaction affect the perception of wound pain in everyday life. <i>Molecular Pain</i> , 2020, 16, 174480692091869.	1.0	11
56	“Song of Life” Results of a multicenter randomized trial on the effects of biographical music therapy in palliative care. <i>Palliative Medicine</i> , 2021, 35, 1126-1136.	1.3	10
57	Smartphone-supported Positive Adjustment Coping Intervention (PACI) for couples undergoing fertility treatment: a randomised controlled trial protocol. <i>BMJ Open</i> , 2019, 9, e025288.	0.8	9
58	Instructed Partnership Appreciation in Depression: Effects on Mood, Momentary Relationship Satisfaction, and Psychobiological Arousal. <i>Frontiers in Psychiatry</i> , 2020, 11, 701.	1.3	9
59	Stress-reducing effects of a brief mindfulness intervention in palliative care: Results from a randomised, crossover study. <i>European Journal of Cancer Care</i> , 2020, 29, e13249.	0.7	9
60	The Epistemic Trust Assessment—An experimental measure of epistemic trust.. <i>Psychoanalytic Psychology</i> , 2022, 39, 50-58.	0.4	9
61	Psychobiological impact of speaking a second language in healthy young men. <i>Stress</i> , 2019, 22, 403-407.	0.8	7
62	The high rate of long-term recurrences and sequelae after epistaxis treatment. <i>Auris Nasus Larynx</i> , 2016, 43, 412-417.	0.5	6
63	Analysis of risk communication teaching in psychosocial and other medical departments. <i>Medical Education Online</i> , 2020, 25, 1746014.	1.1	6
64	The NeMo real-time fMRI neurofeedback study: protocol of a randomised controlled clinical intervention trial in the neural foundations of mother-infant bonding. <i>BMJ Open</i> , 2019, 9, e027747.	0.8	5
65	Are we preparing future doctors to deal with emotionally challenging situations? Analysis of a medical curriculum. <i>Patient Education and Counseling</i> , 2019, 102, 1304-1312.	1.0	5
66	A Walk-In Clinic for Newly Arrived Mentally Burdened Refugees: The Patient Perspective. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2275.	1.2	5
67	Covariation of psychobiological stress regulation with valence and quantity of social interactions in everyday life: disentangling intra- and interindividual sources of variation. <i>Journal of Neural Transmission</i> , 2021, 128, 1381-1395.	1.4	5
68	Oxytocin, social relationships, and health: An introduction to the special issue. <i>International Journal of Psychophysiology</i> , 2019, 136, 1-4.	0.5	4
69	What and how are students taught about communicating risks to patients? Analysis of a medical curriculum. <i>PLoS ONE</i> , 2020, 15, e0233682.	1.1	4
70	Study protocol of the MUSED study: A randomized controlled trial to evaluate the psychobiological effects of group music therapy in women with depression. <i>Nordic Journal of Music Therapy</i> , 2021, 30, 131-156.	0.7	4
71	Psychoneuroendocrinological effects of music therapy versus mindfulness in palliative care: results from the “Song of Life” randomized controlled trial. <i>Supportive Care in Cancer</i> , 2022, 30, 625-634.	1.0	4
72	Positive and negative affect are associated with salivary cortisol in the everyday life of older adults: A quantitative synthesis of four aging studies. <i>Psychoneuroendocrinology</i> , 2021, 133, 105403.	1.3	4

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73	Endocrine Correlates of Social Comparison in Couple Relationships. Adaptive Human Behavior and Physiology, 2019, 5, 187-210.	0.6	3
74	Predictors for the Early Termination of a Psychological Intervention During Treatment with Assisted Reproductive Technologies. Geburtshilfe Und Frauenheilkunde, 2020, 80, 190-199.	0.8	3
75	Motivation to make music matters: Daily autonomous motivation, flow, and well-being in hobby musicians.. Psychology of Aesthetics, Creativity, and the Arts, 2023, 17, 682-693.	1.0	3
76	Still With Me? Assessing the Persisting Relationship to a Deceased Loved-One - Validation of the "Continuing Bonds Scale" in a German Population. Omega: Journal of Death and Dying, 2022, , 003022282210766.	0.7	3
77	Psychological Stress=Physiological Stress?. Journal of Psychophysiology, 0, , .	0.3	3
78	Psychological structure and neuroendocrine patterns of daily stress appraisals. Psychoneuroendocrinology, 2021, 127, 105198.	1.3	2
79	Pharmacological Stress Tests. , 2013, , 1468-1471.		2
80	From newborn screening to genomic medicine: challenges and suggestions on how to incorporate genomic newborn screening in public health programs. Medizinische Genetik, 2022, 34, 13-20.	0.1	2
81	Study protocol of the COMPARE-Interaction study: the impact of maternal comorbid depression and anxiety disorders in the peripartum period on child development. BMJ Open, 2022, 12, e050437.	0.8	1
82	A new way to measure partner burden in depression: Construction, validation, and sensitivity to change of the partner burden in depression questionnaire. Journal of Marital and Family Therapy, 2022, 48, 1111-1127.	0.6	1
83	Change Mechanism of Cognitively-Based Compassion Training for Couples with Depression: An Exploratory Empirical Investigation of Process Variables. , 2022, , .		1
84	When intimate relationships improve immune functioning: More than a gut feeling. Brain, Behavior, and Immunity, 2022, 103, 10-11.	2.0	0
85	The Effect of Intranasal Oxytocin on the Association Between Couple Interaction and Sleep: A Placebo-Controlled Study. Psychosomatic Medicine, 2022, 84, 727-737.	1.3	0