Ada L Garcia

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

71	1,191 citations	20	32
papers		h-index	g-index
82 ext. papers	1,450 ext. citations	3. 8 avg, IF	4.33 L-index

#	Paper	IF	Citations
71	The health aspects of hydrocolloids 2021 , 75-91		
70	Childhood stunting and micronutrient status unaffected by RCT of micronutrient fortified drink. <i>Maternal and Child Nutrition</i> , 2021 , e13256	3.4	1
69	Prevalence and overlap of known undernutrition risk factors in children in Nairobi Kenya. <i>Maternal and Child Nutrition</i> , 2021 , e13261	3.4	1
68	Interactions between dietary fibre and the gut microbiota. <i>Proceedings of the Nutrition Society</i> , 2021 , 1-11	2.9	2
67	Acute effect of oat Eglucan on the bioavailability of orange juice flavanones <i>International Journal of Food Sciences and Nutrition</i> , 2021 , 1-7	3.7	O
66	Criteria for undernutrition screening in hospitalised infants under 6 months: a diagnostic accuracy study in a resource-poor setting. <i>Archives of Disease in Childhood</i> , 2020 , 105, 524-529	2.2	4
65	Early introduction of solid feeding and early cessation of breastfeeding. <i>Maternal and Child Nutrition</i> , 2020 , 16, e13049	3.4	1
64	Eating and feeding behaviours in children in low-income areas in Nairobi, Kenya. <i>Maternal and Child Nutrition</i> , 2020 , 16, e13023	3.4	2
63	Sugar Content and Nutritional Quality of Child Orientated Ready to Eat Cereals and Yoghurts in the UK and Latin America; Does Food Policy Matter?. <i>Nutrients</i> , 2020 , 12,	6.7	4
62	Does early introduction of solid feeding lead to early cessation of breastfeeding?. <i>Maternal and Child Nutrition</i> , 2020 , 16, e12944	3.4	9
61	Saturated and monounsaturated fatty acids in membranes are determined by the gene expression of their metabolizing enzymes SCD1 and ELOVL6 regulated by the intake of dietary fat. <i>European Journal of Nutrition</i> , 2020 , 59, 2759-2769	5.2	10
60	Too Much Effort for Too Little Effect: Time to Reconsider the Merits of Food Supplementation Programs?. <i>Journal of Nutrition</i> , 2020 , 150, 190-191	4.1	2
59	Community-based cooking programme @ at Better Feel Better Q an improve child and family eating behaviours in low socioeconomic groups. <i>Journal of Epidemiology and Community Health</i> , 2020 , 74, 190-	1 9 6	4
58	Plasma pharmacokinetics of (poly)phenol metabolites and catabolites after ingestion of orange juice by endurance trained men. <i>Free Radical Biology and Medicine</i> , 2020 , 160, 784-795	7.8	9
57	Changes in the UK baby food market surveyed in 2013 and 2019: the rise of baby snacks and sweet/savoury foods. <i>Archives of Disease in Childhood</i> , 2020 , 105, 1162-1166	2.2	5
56	A Nursery-Based Cooking Skills Programme with Parents and Children Reduced Food Fussiness and Increased Willingness to Try Vegetables: A Quasi-Experimental Study. <i>Nutrients</i> , 2020 , 12,	6.7	1
55	Are Malnourished Children Hungry? Use of the International Complementary Feeding Assessment Tool (ICFET) to Describe Diet and Eating Behavior. <i>Current Developments in Nutrition</i> , 2020 , 4, 924-924	0.4	O

(2016-2020)

54	Development of a biochemical marker to detect current breast milk intake. <i>Maternal and Child Nutrition</i> , 2020 , 16, e12859	3.4	2	
53	Early versus Delayed Fortification of Human Milk in Preterm Infants: A Systematic Review. <i>Neonatology</i> , 2020 , 117, 24-32	4	10	
52	Donated human milk use and subsequent feeding pattern in neonatal units. <i>International Breastfeeding Journal</i> , 2019 , 14, 39	3.8	1	
51	Impact of Fermentable Fibres on the Colonic Microbiota Metabolism of Dietary Polyphenols Rutin and Quercetin. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	24	
50	Effect of EGlucan and Black Tea in a Functional Bread on Short Chain Fatty Acid Production by the Gut Microbiota in a Gut Digestion/Fermentation Model. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	6	
49	Assessing the Potential for Integrating Routine Data Collection on Complementary Feeding to Child Health Visits: A Mixed-Methods Study. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	2	
48	What Can Meal Observations Tell Us about Eating Behavior in Malnourished Children?. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	1	
47	An Exploration of Complementary Feeding Practices, Information Needs and Sources. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	9	
46	Confused health and nutrition claims in food marketing to children could adversely affect food choice and increase risk of obesity. <i>Archives of Disease in Childhood</i> , 2019 , 104, 541-546	2.2	14	
45	What can Secondary Data Tell Us about Household Food Insecurity in a High-Income Country Context?. International Journal of Environmental Research and Public Health, 2018, 16,	4.6	7	
44	"A Lot of People Are Struggling Privately. They Don@Know Where to Go or They@e Not Sure of What to Do": Frontline Service Provider Perspectives of the Nature of Household Food Insecurity in Scotland. International Journal of Environmental Research and Public Health, 2018, 15,	4.6	5	
43	Bioavailability of orange juice (poly)phenols: the impact of short-term cessation of training by male endurance athletes. <i>American Journal of Clinical Nutrition</i> , 2017 , 106, 791-800	7	33	
42	Health staff understanding, application, and interpretation of growth charts in Nigeria. <i>Maternal and Child Nutrition</i> , 2017 , 13,	3.4	3	
41	Evaluation of the "Eat Better Feel Better" Cooking Programme to Tackle Barriers to Healthy Eating. <i>International Journal of Environmental Research and Public Health</i> , 2017 , 14,	4.6	12	
40	Poor Infant Feeding Practices and High Prevalence of Malnutrition in Urban Slum Child Care Centres in Nairobi: A Pilot Study. <i>Journal of Tropical Pediatrics</i> , 2016 , 62, 46-54	1.2	8	
39	A Review About Lycopene-Induced Nuclear Hormone Receptor Signalling in Inflammation and Lipid Metabolism via still Unknown Endogenous Apo-10[]-Lycopenoids. <i>International Journal for Vitamin and Nutrition Research</i> , 2016 , 86, 62-70	1.7	17	
38	Identification of Plasma and Urinary Metabolites and Catabolites Derived from Orange Juice (Poly)phenols: Analysis by High-Performance Liquid Chromatography-High-Resolution Mass Spectrometry. <i>Journal of Agricultural and Food Chemistry</i> , 2016 , 64, 5724-35	5.7	63	
37	Types of fruits and vegetables used in commercial baby foods and their contribution to sugar content. <i>Maternal and Child Nutrition</i> , 2016 , 12, 838-47	3.4	28	

36	Community Interventions to Improve Cooking Skills and Their Effects on Confidence and Eating Behaviour. <i>Current Nutrition Reports</i> , 2016 , 5, 315-322	6	52
35	Glycaemic responses of staple South Asian foods alone and combined with curried chicken as a mixed meal. <i>Journal of Human Nutrition and Dietetics</i> , 2015 , 28, 283-91	3.1	9
34	Dietary fibre and health in children and adolescents. <i>Proceedings of the Nutrition Society</i> , 2015 , 74, 292-	302)	21
33	Dietary fibre reduced phenolic acid production from rutin in an ex vivo fermentation model. <i>Proceedings of the Nutrition Society</i> , 2015 , 74,	2.9	3
32	Combined effects of added beta glucan and black tea in breads on starch functionality. <i>International Journal of Food Sciences and Nutrition</i> , 2015 , 66, 159-65	3.7	9
31	Effect of high versus low doses of fat and vitamin A dietary supplementation on fatty acid composition of phospholipids in mice. <i>Genes and Nutrition</i> , 2014 , 9, 368	4.3	9
30	Evaluation of a cooking skills programme in parents of young childrena longitudinal study. <i>Public Health Nutrition</i> , 2014 , 17, 1013-21	3.3	29
29	Evaluation of a cooking skills programme in parents of young children la longitudinal study la CORRIGENDUM. <i>Public Health Nutrition</i> , 2014 , 17, 1190-1190	3.3	
28	Increased FADS2-derived n-6 PUFAs and reduced n-3 PUFAs in plasma of atopic dermatitis patients. <i>Skin Pharmacology and Physiology</i> , 2014 , 27, 242-8	3	6
27	The food retail environment and its use in a deprived, urban area of Scotland. <i>Public Health</i> , 2014 , 128, 360-6	4	5
26	Lycopene-derived bioactive retinoic acid receptors/retinoid-X receptors-activating metabolites may be relevant for lycopene@anti-cancer potential. <i>Molecular Nutrition and Food Research</i> , 2013 , 57, 739-4	7 5.9	38
25	Nutritional content of infant commercial weaning foods in the UK. <i>Archives of Disease in Childhood</i> , 2013 , 98, 793-7	2.2	53
24	Are infant/toddler commercial ready to eat foods in the UK market meeting the European Commission Directives for relevant nutrients?. <i>Proceedings of the Nutrition Society</i> , 2012 , 71,	2.9	1
23	Child undernutrition in affluent societies: what are we talking about?. <i>Proceedings of the Nutrition Society</i> , 2012 , 71, 545-55	2.9	13
22	Plasma beta-carotene is not a suitable biomarker of fruit and vegetable intake in german subjects with a long-term high consumption of fruits and vegetables. <i>Annals of Nutrition and Metabolism</i> , 2010 , 56, 23-30	4.5	8
21	Effect of olive oil consumption on serum resistin concentrations in healthy men. <i>Hormone and Metabolic Research</i> , 2008 , 40, 697-701	3.1	11
20	Long-term strict raw food diet is associated with favourable plasma beta-carotene and low plasma lycopene concentrations in Germans. <i>British Journal of Nutrition</i> , 2008 , 99, 1293-300	3.6	13
19	Role of vitamin A elimination or supplementation diets during postnatal development on the allergic sensitisation in mice. <i>Molecular Nutrition and Food Research</i> , 2007 , 51, 1173-81	5.9	17

(2003-2007)

18	ghrelin response in subjects with impaired glucose tolerance. <i>European Journal of Clinical Nutrition</i> , 2007 , 61, 334-41	5.2	136
17	Increased acylated plasma ghrelin, but improved lipid profiles 24-h after consumption of carob pulp preparation rich in dietary fibre and polyphenols. <i>British Journal of Nutrition</i> , 2007 , 98, 1170-7	3.6	20
16	Carob pulp preparation rich in insoluble dietary fibre and polyphenols increases plasma glucose and serum insulin responses in combination with a glucose load in humans. <i>British Journal of Nutrition</i> , 2007 , 98, 101-5	3.6	34
15	Great apes show highly selective plasma carotenoids and have physiologically high plasma retinyl esters compared to humans. <i>American Journal of Physical Anthropology</i> , 2006 , 131, 236-42	2.5	8
14	Arabinoxylan fibre consumption improved glucose metabolism, but did not affect serum adipokines in subjects with impaired glucose tolerance. <i>Hormone and Metabolic Research</i> , 2006 , 38, 761-	-₫·¹	47
13	Increase in serum resistin during weight loss in overweight subjects is related to lipid metabolism. <i>International Journal of Obesity</i> , 2006 , 30, 1097-103	5.5	17
12	Evaluation of body fat changes during weight loss by using improved anthropometric predictive equations. <i>Annals of Nutrition and Metabolism</i> , 2006 , 50, 297-304	4.5	3
11	Serum resistin increases in a postprandial state during liquid meal challenge test in healthy human subjects. <i>Journal of Endocrinological Investigation</i> , 2006 , 29, RC27-30	5.2	41
10	Carob pulp preparation rich in insoluble dietary fiber and polyphenols enhances lipid oxidation and lowers postprandial acylated ghrelin in humans. <i>Journal of Nutrition</i> , 2006 , 136, 1533-8	4.1	50
9	Identification of 14-hydroxy-retro-retinol and 4-hydroxy-retinol as endogenous retinoids in rats throughout neonatal development. <i>Life Sciences</i> , 2005 , 76, 1613-22	6.8	8
8	Long-term consumption of a raw food diet is associated with favorable serum LDL cholesterol and triglycerides but also with elevated plasma homocysteine and low serum HDL cholesterol in humans. <i>Journal of Nutrition</i> , 2005 , 135, 2372-8	4.1	49
7	Improved prediction of body fat by measuring skinfold thickness, circumferences, and bone breadths. <i>Obesity</i> , 2005 , 13, 626-34		42
6	Long-term effect of a plant-based diet on magnesium status during pregnancy. <i>European Journal of Clinical Nutrition</i> , 2005 , 59, 219-25	5.2	14
5	An easy-to-use semiquantitative food record validated for energy intake by using doubly labelled water technique. <i>European Journal of Clinical Nutrition</i> , 2005 , 59, 989-95	5.2	32
4	Validation of a simplified physical activity record by doubly labeled water technique. <i>International Journal of Obesity</i> , 2005 , 29, 302-9	5.5	27
3	Retinoid concentrations in the mouse during postnatal development and after maternal vitamin A supplementation. <i>Annals of Nutrition and Metabolism</i> , 2005 , 49, 333-41	4.5	7
2	Modulation of cytokine production by low and high retinoid diets in ovalbumin-sensitized mice. <i>International Journal for Vitamin and Nutrition Research</i> , 2004 , 74, 279-84	1.7	18
1	Retinoid- and carotenoid-enriched diets influence the ontogenesis of the immune system in mice. <i>Immunology</i> , 2003 , 110, 180-7	7.8	39