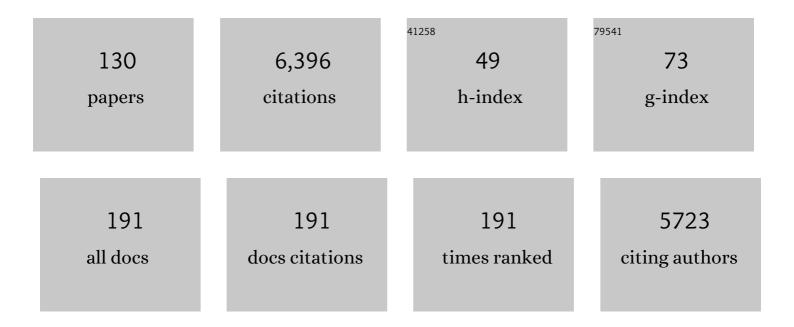
Iciar AstiasarÃ;n

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	A review of analytical methods measuring lipid oxidation status in foods: a challenging task. European Food Research and Technology, 2013, 236, 1-15.	1.6	230
2	Oxysterols: A world to explore. Food and Chemical Toxicology, 2010, 48, 3289-3303.	1.8	196
3	Effect of fat level and partial replacement of pork backfat with olive oil on processing and quality characteristics of fermented sausages. Meat Science, 2002, 61, 397-404.	2.7	191
4	Effect of replacing pork backfat with pre-emulsified olive oil on lipid fraction and sensory quality of Chorizo de Pamplona— a traditional Spanish fermented sausage. Meat Science, 2001, 59, 251-258.	2.7	174
5	Analysis of volatile compounds by GC–MS of a dry fermented sausage: chorizo de Pamplona. Food Research International, 2001, 34, 67-75.	2.9	162
6	Postprandial de novo lipogenesis and metabolic changes induced by a high-carbohydrate, low-fat meal in lean and overweight men. American Journal of Clinical Nutrition, 2001, 73, 253-261.	2.2	133
7	Deep-Fat Frying Modifies High-Fat Fish Lipid Fraction. Journal of Agricultural and Food Chemistry, 1998, 46, 2793-2796.	2.4	131
8	Nutritional assessment interpretation on 22 007 Spanish community-dwelling elders through the Mini Nutritional Assessment test. Public Health Nutrition, 2009, 12, 82-90.	1.1	122
9	Enhancement of the nutritional status and quality of fresh pork sausages following the addition of linseed oil, fish oil and natural antioxidants. Meat Science, 2008, 80, 1046-1054.	2.7	118
10	Stability of avocado oil during heating: Comparative study to olive oil. Food Chemistry, 2012, 132, 439-446.	4.2	117
11	New formulations for healthier dry fermented sausages: a review. Trends in Food Science and Technology, 2004, 15, 452-457.	7.8	107
12	Comparison of modified atmosphere packaging and vacuum packaging for long period storage of dry-cured ham: effects on colour, texture and microbiological quality. Meat Science, 2004, 67, 57-63.	2.7	106
13	Linseed oil gelled emulsion: A successful fat replacer in dry fermented sausages. Meat Science, 2016, 121, 107-113.	2.7	103
14	Nutritional and sensory properties of dry fermented sausages enriched with nâ^'3 PUFAs. Meat Science, 2006, 72, 727-733.	2.7	101
15	Oxidation Process Affecting Fatty Acids and Cholesterol in Fried and Roasted Salmon. Journal of Agricultural and Food Chemistry, 2001, 49, 5662-5667.	2.4	98
16	The use of linseed oil improves nutritional quality of the lipid fraction of dry-fermented sausages. Food Chemistry, 2004, 87, 69-74.	4.2	98
17	Analysis of proteolysis and protein insolubility during the manufacture of some varieties of dry sausage. Meat Science, 1990, 28, 111-117.	2.7	96
18	Influence of Partial Replacement of NaCl with KCl and CaCl2on Texture and Color of Dry Fermented Sausages. Journal of Agricultural and Food Chemistry, 1999, 47, 873-877.	2.4	95

#	Article	IF	CITATIONS
19	Effect of storage and packaging on fatty acid composition and oxidation in dry fermented sausages made with added olive oil and antioxidants. Meat Science, 2004, 67, 237-244.	2.7	90
20	Bioaccessibility of rutin, caffeic acid and rosmarinic acid: Influence of the in vitro gastrointestinal digestion models. Journal of Functional Foods, 2016, 26, 428-438.	1.6	89
21	Oxidative stability of O/W and W/O/W emulsions: Effect of lipid composition and antioxidant polarity. Food Research International, 2013, 51, 132-140.	2.9	88
22	Study of the effect of different fiber coatings and extraction conditions on dry cured ham volatile compounds extracted by solid-phase microextraction (SPME). Talanta, 2004, 64, 458-466.	2.9	87
23	Phenolic compounds of blackthorn (Prunus spinosa L.) and influence of in vitro digestion on their antioxidant capacity. Journal of Functional Foods, 2015, 19, 49-62.	1.6	87
24	Using canola oil hydrogels and organogels to reduce saturated animal fat in meat batters. Food Research International, 2019, 122, 129-136.	2.9	87
25	Characterization of chorizo de Pamplona. Food Chemistry, 2000, 69, 195-200.	4.2	83
26	Calcium ascorbate as a potential partial substitute for NaCl in dry fermented sausages: effect on colour, texture and hygienic quality at different concentrations. Meat Science, 2001, 57, 23-29.	2.7	79
27	Anti-proliferative Effect of Melissa officinalis on Human Colon Cancer Cell Line. Plant Foods for Human Nutrition, 2011, 66, 328-334.	1.4	73
28	Cooking and Warm-Holding:Â Effect on General Composition and Amino Acids of Kidney Beans (Phaseolus vulgaris), Chickpeas (Cicer arietinum), and Lentils (Lens culinaris). Journal of Agricultural and Food Chemistry, 1997, 45, 4763-4767.	2.4	72
29	Improvement of nutritional properties of Chorizo de Pamplona by replacement of pork backfat with soy oil. Meat Science, 2003, 65, 1361-1367.	2.7	72
30	Effects of frying and warmholding on fatty acids and cholesterol of sole (Solea solea), codfish (Gadus morrhua) and hake (Merluccius merluccius). Food Chemistry, 1997, 58, 227-231.	4.2	71
31	Optimization of a gelled emulsion intended to supply ï‰-3 fatty acids into meat products by means of response surface methodology. Meat Science, 2014, 98, 615-621.	2.7	71
32	Use of natural antioxidants from lyophilized water extracts of Borago officinalis in dry fermented sausages enriched in ω-3 PUFA. Meat Science, 2009, 83, 271-277.	2.7	70
33	Stability of linseed oil and antioxidants containing dry fermented sausages: A study of the lipid fraction during different storage conditions. Meat Science, 2006, 73, 269-277.	2.7	68
34	A new polyunsaturated gelled emulsion as replacer of pork back-fat in burger patties: Effect on lipid composition, oxidative stability and sensory acceptability. LWT - Food Science and Technology, 2015, 62, 1069-1075.	2.5	66
35	Chemical composition, mineral content and antioxidant activity of Verbena officinalis L LWT - Food Science and Technology, 2011, 44, 875-882.	2.5	63
36	Optimization of instrumental colour analysis in dry-cured ham. Meat Science, 2003, 63, 287-292.	2.7	62

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37	Influence of partial replacement of NaCl with KCl and CaCl2on microbiological evolution of dry fermented sausages. Food Microbiology, 2001, 18, 329-334.	2.1	61
38	Development of dry fermented sausages rich in docosahexaenoic acid with oil from the microalgae Schizochytrium sp.: Influence on nutritional properties, sensorial quality and oxidation stability. Food Chemistry, 2007, 104, 1087-1096.	4.2	60
39	Effect of Fish and Oil Nature on Frying Process and Nutritional Product Quality. Journal of Food Science, 2010, 75, H62-7.	1.5	59
40	Sterols heating: Degradation and formation of their ring-structure polar oxidation products. Food Chemistry, 2012, 135, 706-712.	4.2	58
41	Dry fermented sausages elaborated with lipase from Candida cylindracea. Comparison with traditional formulations. Meat Science, 1995, 40, 55-61.	2.7	57
42	Validation of a gas chromatography–mass spectrometry method for the analysis of sterol oxidation products in serum. Journal of Chromatography B: Analytical Technologies in the Biomedical and Life Sciences, 2008, 864, 61-68.	1.2	57
43	Selenium, iodine, ω-3 PUFA and natural antioxidant from Melissa officinalis L.: A combination of components from healthier dry fermented sausages formulation. Meat Science, 2010, 85, 274-279.	2.7	57
44	Levels of Phytosterol Oxides in Enriched and Nonenriched Spreads:Â Application of a Thin-Layer Chromatographyâ^'Gas Chromatography Methodology. Journal of Agricultural and Food Chemistry, 2005, 53, 7844-7850.	2.4	56
45	A Mixture of Potassium, Magnesium, and Calcium Chlorides as a Partial Replacement of Sodium Chloride in Dry Fermented Sausages. Journal of Agricultural and Food Chemistry, 1998, 46, 4372-4375.	2.4	55
46	Effect of Fat Level and Partial Replacement of Pork Backfat with Olive Oil on the Lipid Oxidation and Volatile Compounds of Greek Dry Fermented Sausages. Journal of Food Science, 2003, 68, 1531-1536.	1.5	55
47	Effect of lyophilized water extracts of Melissa officinalis on the stability of algae and linseed oil-in-water emulsion to be used as a functional ingredient in meat products. Meat Science, 2010, 85, 373-377.	2.7	54
48	Functional dry fermented sausages manufactured with high levels ofn-3 fatty acids: nutritional benefits and evaluation of oxidation. Journal of the Science of Food and Agriculture, 2004, 84, 1061-1068.	1.7	53
49	Stability of Sterols in Phytosterol-Enriched Milk under Different Heating Conditions. Journal of Agricultural and Food Chemistry, 2008, 56, 9997-10002.	2.4	53
50	Intensity of lipid oxidation and formation of cholesterol oxidation products during frozen storage of raw and cooked chicken. Journal of the Science of Food and Agriculture, 2005, 85, 141-146.	1.7	49
51	Thermo-oxidation of cholesterol: Effect of the unsaturation degree of the lipid matrix. Food Chemistry, 2013, 141, 2757-2764.	4.2	47
52	A novel approach to monitor the oxidation process of different types of heated oils by using chemometric tools. Food Research International, 2014, 57, 152-161.	2.9	47
53	The effect of low-fat beef patties formulated with a low-energy fat analogue enriched in long-chain polyunsaturated fatty acids on lipid oxidation and sensory attributes. Meat Science, 2017, 134, 7-13.	2.7	47
54	Comparison of simultaneous distillation extraction(SDE) and solid-phase microextraction(SPME) for the analysis of volatile compounds in dry-cured ham. Journal of the Science of Food and Agriculture, 2004, 84, 1364-1370.	1.7	46

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55	Evaluation of the nutritional aspects and cholesterol oxidation products of pork liver and fish patés. Food Chemistry, 2004, 86, 47-53.	4.2	45
56	Dry fermented sausages made with a protease from Aspergillus oryzae and/or a starter culture. Meat Science, 1999, 52, 403-409.	2.7	43
57	Partial replacement of sodium chloride with potassium chloride in dry fermented sausages: Influence on carbohydrate fermentation and the nitrosation process. Meat Science, 1995, 40, 45-53.	2.7	42
58	Consequences of Microwave Heating and Frying on the Lipid Fraction of Chicken and Beef Patties. Journal of Agricultural and Food Chemistry, 2003, 51, 5941-5945.	2.4	42
59	Influence of a gel emulsion containing microalgal oil and a blackthorn (Prunus spinosa L.) branch extract on the antioxidant capacity and acceptability of reduced-fat beef patties. Meat Science, 2019, 148, 219-222.	2.7	41
60	Healthy reduced-fat Bologna sausages enriched in ALA and DHA and stabilized with Melissa officinalis extract. Meat Science, 2014, 96, 1185-1190.	2.7	40
61	Oxysterols formation: A review of a multifactorial process. Journal of Steroid Biochemistry and Molecular Biology, 2017, 169, 39-45.	1.2	40
62	Nitrate and nitrite levels in fresh and frozen broccoli. Effect of freezing and cooking. Food Chemistry, 1997, 58, 39-42.	4.2	39
63	Influence of the Simultaneous Addition of the Protease Flavourzyme and the Lipase Novozym 677BG on Dry Fermented Sausage Compounds Extracted by SDE and Analyzed by GC-MS. Journal of Agricultural and Food Chemistry, 2000, 48, 2395-2400.	2.4	39
64	"High in omega-3 fatty acids―bologna-type sausages stabilized with an aqueous-ethanol extract of Melissa officinalis. Meat Science, 2011, 88, 705-711.	2.7	39
65	Colour evaluation of chorizo de Pamplona, a Spanish dry fermented sausage: Comparison between the CIE Lâ^—aâ^—bâ^— and the Hunter lab systems with illuminants D65 and C. Meat Science, 1997, 46, 313-318.	2.7	38
66	2012: No trans fatty acids in Spanish bakery products. Food Chemistry, 2013, 138, 422-429.	4.2	38
67	Combined Effect of Cooking (Grilling and Roasting) and Chilling Storage (with and without Air) on Lipid and Cholesterol Oxidation in Chicken Breast. Journal of Food Protection, 2003, 66, 840-846.	0.8	36
68	Addition of a Neutral Proteinase fromBacillussubtilis(Neutrase) Together with a Starter to a Dry Fermented Sausage Elaboration and Its Effect on the Amino Acid Profiles and the Flavor Development. Journal of Agricultural and Food Chemistry, 1997, 45, 472-475.	2.4	35
69	Bioaccessibility and biological activity of Melissa officinalis , Lavandula latifolia and Origanum vulgare extracts: Influence of an in vitro gastrointestinal digestion. Journal of Functional Foods, 2018, 44, 146-154.	1.6	34
70	DHA rich algae oil delivered by O/W or gelled emulsions: strategies to increase its bioaccessibility. Journal of the Science of Food and Agriculture, 2019, 99, 2251-2258.	1.7	33
71	Dry fermented sausages elaborated with Lactobacillus plantarum-Staphylococcus carnosus part I: Effect of partial replacement of NaCl with KCl on the stability and the nitrosation process. Meat Science, 1996, 44, 227-234.	2.7	32
72	Addition of lipase from Candida cylindracea to a traditional formulation of a dry fermented sausage. Meat Science, 1996, 42, 155-163.	2.7	31

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73	Use of lipase from Rhizomucor miehei in dry fermented sausages elaboration: Microbial, chemical and sensory analysis. Meat Science, 1997, 45, 99-105.	2.7	31
74	Meat lipids, NaCl and carnitine: Do they unveil the conundrum of the association between red and processed meat intake and cardiovascular diseases?_Invited Review. Meat Science, 2021, 171, 108278.	2.7	31
75	Dry fermented sausages elaborated with Lactobacillus plantarum-staphylococcus carnosus. Part II: Effect of partial replacement of NaCl with KCl on the proteolytic and insolubilization processes. Meat Science, 1997, 46, 277-284.	2.7	28
76	Determination of non-polar and mid-polar monomeric oxidation products of stigmasterol during thermo-oxidation. Food Chemistry, 2010, 122, 277-284.	4.2	28
77	First international descriptive and interventional survey for cholesterol and non-cholesterol sterol determination by gas- and liquid-chromatography–Urgent need for harmonisation of analytical methods. Journal of Steroid Biochemistry and Molecular Biology, 2019, 190, 115-125.	1.2	28
78	Gels as fat replacers in bakery products: a review. Critical Reviews in Food Science and Nutrition, 2022, 62, 3768-3781.	5.4	27
79	Simultaneous addition of Palatase M and Protease P to a dry fermented sausage (Chorizo de Pamplona) elaboration: Effect over peptidic and Lipid fractions. Meat Science, 1998, 50, 37-44.	2.7	26
80	Addition of Palatase M (Lipase fromRhizomucormiehei) to Dry Fermented Sausages:Â Effect over Lipolysis and Study of the Further Oxidation Process by GCMS. Journal of Agricultural and Food Chemistry, 1998, 46, 3244-3248.	2.4	26
81	Composition of pâtés elaborated with mackerel flesh (Scomber scombrus) and tuna liver (Thunnus) Tj ETQq1	1 0,78431 4.2	4_rgBT /Ov∈
82	Cholesterol and stigmasterol within a sunflower oil matrix: Thermal degradation and oxysterols formation. Steroids, 2015, 99, 155-160.	0.8	24
83	Unsaturated lipid matrices protect plant sterols from degradation during heating treatment. Food Chemistry, 2016, 196, 451-458.	4.2	24
84	Exploring Tools for Designing Dysphagia-Friendly Foods: A Review. Foods, 2021, 10, 1334.	1.9	24
85	Food Consumption Analysis in Spanish Elderly Based upon the Mini Nutritional Assessment Test. Annals of Nutrition and Metabolism, 2008, 52, 299-307.	1.0	23
86	Changes in volatile compounds during ripening of chorizo de Pamplona elaborated with Lactobacillus plantarum and Staphylococcus carnosus Cambios en los compuestos volA _i tiles durante la maduraciA ³ n del chorizo de Pamplona elaborado con Lactobacillus plantarum y Staphylococcus carnosus. Food Science and Technology International, 2000, 6, 439-447.	1.1	21
87	Fatty Acid Modifications and Cholesterol Oxidation in Pork Loin during Frying at Different Temperatures. Journal of Food Protection, 2001, 64, 1062-1066.	0.8	21
88	Impact of global and subjective mini nutritional assessment (MNA) questions on the evaluation of the nutritional status: The role of gender and age. Archives of Gerontology and Geriatrics, 2009, 49, 69-73.	1.4	21
89	Evaluation of Hemp Seed Oils Stability under Accelerated Storage Test. Antioxidants, 2022, 11, 490.	2.2	21
90	Effect of the Addition of a Neutral Proteinase fromBacillus subtilis(Neutrase) on Nitrogen Fractions and Texture of Spanish Fermented Sausage. Journal of Agricultural and Food Chemistry, 1997, 45, 2798-2801.	2.4	20

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91	Role of Melissa officinalis in cholesterol oxidation: Antioxidant effect in model systems and application in beef patties. Food Research International, 2015, 69, 133-140.	2.9	20
92	Flax and hempseed oil functional ingredient stabilized by inulin and chia mucilage as a butter replacer in muffin formulations. Journal of Food Science, 2020, 85, 3072-3080.	1.5	20
93	Use of exogenous enzymes to elaborate the Roman fish sauce â€~garum'. Journal of the Science of Food and Agriculture, 2002, 82, 107-112.	1.7	19
94	Reduction of sodium and increment of calcium and ωâ€3 polyunsaturated fatty acids in dry fermented sausages: effects on the mineral content, lipid profile and sensory quality. Journal of the Science of Food and Agriculture, 2013, 93, 876-881.	1.7	19
95	Antiproliferative effect of phenylethanoid glycosides from Verbena officinalis L. on Colon Cancer Cell Lines. LWT - Food Science and Technology, 2015, 63, 1016-1022.	2.5	19
96	The effect of cooking and storage on the fatty acid profile of chicken breast. European Journal of Lipid Science and Technology, 2004, 106, 301-306.	1.0	18
97	Preliminary Study on Health-Related Lipid Components of Bakery Products. Journal of Food Protection, 2006, 69, 1393-1401.	0.8	18
98	Effect of Frying on the Fatty Acid Profile of Some Meat Dishes. Journal of Food Composition and Analysis, 1996, 9, 277-282.	1.9	17
99	Use of hydrocolloids and vegetable oils for the formulation of a butter replacer: Optimization and oxidative stability. LWT - Food Science and Technology, 2022, 153, 112538.	2.5	17
100	Effects of EPA and lipoic acid supplementation on circulating FGF21 and the fatty acid profile in overweight/obese women following a hypocaloric diet. Food and Function, 2018, 9, 3028-3036.	2.1	16
101	International descriptive and interventional survey for oxycholesterol determination by gas- and liquid-chromatographic methods. Biochimie, 2018, 153, 26-32.	1.3	16
102	Application of Lipozyme 10,000 L (fromRhizomucormiehei) in Dry Fermented Sausage Technology:Â Study in a Pilot Plant and at the Industrial Level. Journal of Agricultural and Food Chemistry, 1997, 45, 1972-1976.	2.4	15
103	Dry fermented sausages manufactured with different amounts of commercial proteinases: Evolution of total free α-NH2-N groups and sensory evaluation of the texture. Meat Science, 1998, 49, 213-221.	2.7	14
104	Inhibition of Serum Cholesterol Oxidation by Dietary Vitamin C and Selenium Intake in High Fat Fed Rats. Lipids, 2008, 43, 383-390.	0.7	14
105	Lipid Fractions of Dry Fermented Sausages Change when Starter Culture and/or Aspergillus Lipase are Added. Journal of Food Science, 1997, 62, 1076-1079.	1.5	13
106	Margarines and Fast-Food French Fries: Low Content of trans Fatty Acids. Nutrients, 2017, 9, 662.	1.7	13
107	Fatty acid profile, sterols, and squalene content comparison between two conventional (olive oil and) Tj ETQq1 Journal of Food Science, 2022, 87, 1489-1499.	1 0.784314 1.5	4 rgBT /Over 13
108	Reducedâ€fat bologna sausages with improved lipid fraction. Journal of the Science of Food and Agriculture, 2014, 94, 744-751.	1.7	11

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109	Antioxidant effect of water and acetone extracts ofFucus vesiculosuson oxidative stability of skin care emulsions. European Journal of Lipid Science and Technology, 2017, 119, 1600072.	1.0	11
110	The inclusion of functional foods enriched in fibre, calcium, iodine, fat-soluble vitamins and n-3 fatty acids in a conventional diet improves the nutrient profile according to the Spanish reference intake. Public Health Nutrition, 2011, 14, 451-458.	1.1	10
111	Comparison of dry sausages produced by different methods: Addition of nitrite/nitrate salts and sodium chloride at different phases. Meat Science, 1993, 34, 255-264.	2.7	9
112	Influence of partial replacement of NaCl with KCl on lipid fraction of dry fermented sausages inoculated with a mixture of Lactobacillus plantarum and Staphylococcus carnosus. Meat Science, 1996, 43, 225-234.	2.7	8
113	Use of microwave in chicken breast and application of different storage conditions: consequences on oxidation. European Food Research and Technology, 2005, 221, 592-596.	1.6	8
114	Health-related messages in the labeling of processed meat products: a market evaluation. Food and Nutrition Research, 2019, 63, .	1.2	8
115	Effects of the Beta-Adrenergic Agonist Salbutamol and Its Withdrawal on Protein Metabolism of Lambs. Annals of Nutrition and Metabolism, 1995, 39, 317-324.	1.0	7
116	Volatiles formation in gelled emulsions enriched in polyunsaturated fatty acids during storage: type of oil and antioxidant. Journal of Food Science and Technology, 2017, 54, 2842-2851.	1.4	7
117	Omega-3 fatty acids and plant sterols as cardioprotective ingredients in beef patties: composition and relevance of nutritional information on sensory characterization. Food and Function, 2019, 10, 7883-7891.	2.1	7
118	Organ weights, muscle composition and fatty acid profiles in lambs fed salbutamol: Effect of a 5-day withdrawal period. Meat Science, 1995, 41, 29-35.	2.7	6
119	Solanum sessiliflorum(mana-cubiu) antioxidant protective effect toward cholesterol oxidation: Influence of docosahexaenoic acid. European Journal of Lipid Science and Technology, 2016, 118, 1125-1131.	1.0	6
120	Fatty acid composition, acute toxicity and anti-inflammatory activity of the n-hexane extract from Ranunculus macrophyllus Desf. roots. South African Journal of Botany, 2022, 148, 315-325.	1.2	6
121	Recomendaciones de manipulación doméstica de frutas y hortalizas para preservar su valor nutritivo. Revista Espanola De Nutricion Humana Y Dietetica, 2014, 18, 100.	0.1	5
122	Criterios y parámetros básicos para la evaluación de alimentos candidatos a incluirlos en las recomendaciones de consumo de frutas y hortalizas "5 al dÃa‪ el Documento Director. Actividad Dietetica, 2009, 13, 75-82.	0.1	4
123	Consumo de zumos de frutas en el marco de una alimentación saludable: Documento de Postura del Comité CientÃfico "5 al dÃaâ€: Actividad Dietetica, 2010, 14, 138-143.	0.1	4
124	Development of nutraceuticals containing marine algae oils. , 2013, , 634-657.		4
125	Quality assessment of the lipid fraction in industrial and artisan biscuits commercialized in Navarre (Spain). LWT - Food Science and Technology, 2019, 109, 436-442.	2.5	3

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127	Enrichment of meat products with omega-3 fatty acids by methods other than modification of animal diet. , 2013, , 299-318.		2
128	Nutritional constituents and effect of in vitro digestion on polyphenols and antioxidant activity of the large-leaved buttercup (Ranunculus macrophyllus Desf.). Food Bioscience, 2021, 40, 100904.	2.0	2
129	Influencia de la alimentación del cerdo ibérico en las caracterÃsticas de los compuestos relacionados con la grasa del jamón curado. Grasas Y Aceites, 1991, 42, 51-55.	0.3	2
130	Oils and Bioactive Lipids: Quality, Stability, and Functionality. Foods, 2021, 10, 1248.	1.9	1