

Ana Galhardo

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

48
papers

572
citations

12
h-index

23
g-index

79
ext. papers

864
ext. citations

2.5
avg, IF

3.69
L-index

#	Paper	IF	Citations
48	Adaptation of the European Portuguese Version of the Nomophobia Questionnaire for Adolescents, Factor Structure and Psychometric Properties.. <i>International Journal of Mental Health and Addiction</i> , 2022 , 1-18	8.8	1
47	Nurturing compassion in schools: A randomized controlled trial of the effectiveness of a Compassionate Mind Training program for teachers.. <i>PLoS ONE</i> , 2022 , 17, e0263480	3.7	1
46	Portuguese version of the Firefighter Coping Self-Efficacy Scale: Factor structure and psychometric characteristics. <i>Revista Portuguesa De Investigação Comportamental E Social</i> , 2022 , 8, 1-13	0.1	
45	Measuring Shame in Adolescents: Validation Studies of the External and Internal Shame Scale in a Community Sample. <i>Child and Youth Care Forum</i> , 2021 , 50, 971-989	2.4	0
44	The emotional impact of the Covid-19 pandemic in women facing infertility. <i>Psychology, Health and Medicine</i> , 2021 , 1-7	2.1	1
43	The LIFEwithIBD Intervention: Study Protocol for a Randomized Controlled Trial of a Face-to-Face Acceptance and Commitment Therapy and Compassion-Based Intervention Tailored to People With Inflammatory Bowel Disease. <i>Frontiers in Psychiatry</i> , 2021 , 12, 699367	5	0
42	Assessing psychological inflexibility in infertility: The development and validation study of the Psychological Inflexibility Scale - Infertility (PIS-I). <i>Journal of Contextual Behavioral Science</i> , 2020 , 18, 239-246	4.4	1
41	Assessing teacher-related experiential avoidance: Factor structure and psychometric properties of the Teachers Acceptance and Action Questionnaire (TAAQ-PT). <i>International Journal of School and Educational Psychology</i> , 2020 , 1-10	1.2	
40	Assessing Nomophobia: Validation Study of the European Portuguese Version of the Nomophobia Questionnaire. <i>Community Mental Health Journal</i> , 2020 , 56, 1521-1530	2.1	6
39	A new measure to assess external and internal shame: development, factor structure and psychometric properties of the External and Internal Shame Scale. <i>Current Psychology</i> , 2020 , 1	1.4	11
38	Depressive symptoms in Type 1 and Type 2 Diabetes Mellitus and its relationship with glycemic control. <i>Revista Portuguesa De Investigação Comportamental E Social</i> , 2020 , 6, 40-49	0.1	
37	O papel de processos relacionados com a regulação emocional e da vergonha associada à doença crónica nos sintomas de depressão, ansiedade e stress de pessoas com doença celíaca. <i>Revista Portuguesa De Investigação Comportamental E Social</i> , 2020 , 6, 1-18	0.1	
36	Infertility-related stress and depressive symptoms - the role of experiential avoidance: a cross-sectional study. <i>Journal of Reproductive and Infant Psychology</i> , 2020 , 38, 139-150	2.9	7
35	The Portuguese Version of the Hartford Geriatric Social Work Competency Scale II - Assessment Subscale: Factor Structure and Psychometric Properties. <i>Journal of Gerontological Social Work</i> , 2019 , 62, 349-362	2.2	2
34	Atitudes face à adoção de gêmeas e gestação de substituição. <i>Revista Portuguesa De Investigação Comportamental E Social</i> , 2019 , 5, 87-98	0.1	
33	A 7-year follow-up study of the Mindfulness-Based Program for Infertility: Are there long-term effects?. <i>Clinical Psychology and Psychotherapy</i> , 2019 , 26, 409-417	2.9	5
32	How Does the Mindfulness-Based Program for Infertility (MBPI) Work in Reducing Depressive Symptoms?. <i>Mindfulness</i> , 2018 , 9, 629-635	2.9	4

31	Autocompaixão, bem-estar subjetivo e estado de saúde na idade avançada. <i>Revista Portuguesa De Investigação Comportamental E Social</i> , 2018 , 4, 3-13	0.1	
30	Medos associados à imagem corporal na adolescência: desenvolvimento e validação da Escala de Ansiedade e Evitamento de Situações devido ao Peso e Aparência Física. <i>Revista Portuguesa De Investigação Comportamental E Social</i> , 2018 , 4, 3-15	0.1	
29	Psychological Flexibility and Self-Compassion in Gay and Heterosexual Men: How They Relate to Childhood Memories, Shame, and Depressive Symptoms. <i>Journal of LGBT Issues in Counseling</i> , 2017 , 11, 88-105	1.2	19
28	Self-compassion, Well-being and Health in Elderly: Are there Related?. <i>European Psychiatry</i> , 2017 , 41, S648-S648	6	2
27	Assessment of test anxiety in Portuguese adolescents: Psychometric properties of the Cognitive Test Anxiety Revised. <i>European Psychiatry</i> , 2017 , 41, S434-S434	6	0
26	Validation of the delusional ideation inventory for the Portuguese population. <i>European Psychiatry</i> , 2017 , 41, s809-s809	6	
25	Assessing Obsessive-compulsive Symptoms: The Portuguese Version of the Padua Inventory. <i>European Psychiatry</i> , 2017 , 41, S70-S70	6	
24	Compassionate Attributes and Action Scale for adolescents: Adaptation and validation. <i>European Psychiatry</i> , 2017 , 41, S434-S434	6	3
23	Sperm donation and surrogacy from a male perspective. <i>European Psychiatry</i> , 2017 , 41, s848-s848	6	
22	Assessing Discomfort and Avoidance of Social Situations Due to Weight and Physical Appearance in Adolescents: An Exploratory Factor Analysis of a New Measure. <i>European Psychiatry</i> , 2017 , 41, S126-S126	6	
21	Desenvolvimento do Questionário de Motivações para Revelar/Não Revelar a Parentalidade Não-Genética por Doação de Gêmeas. <i>Revista Portuguesa De Investigação Comportamental E Social</i> , 2017 , 3, 2-13	0.1	
20	What Young Adults Know About The Factors That Affect Fertility?. <i>European Psychiatry</i> , 2016 , 33, S435-S435		1
19	Acceptability and Feasibility of the Mindfulness Based Program for Infertility (PBMI). <i>European Psychiatry</i> , 2016 , 33, S519-S519	6	2
18	The infertility trap: how defeat and entrapment affect depressive symptoms. <i>Human Reproduction</i> , 2016 , 31, 419-26	5.7	15
17	Ajustamento Mental ao Cancro do Pulmão: o papel da autocompaixão e do suporte social. <i>Revista Portuguesa De Investigação Comportamental E Social</i> , 2016 , 2, 14-24	0.1	0
16	MindfulSpot: A mindfulness mobile app for people dealing with infertility. <i>European Psychiatry</i> , 2016 , 33, S609-S610	6	1
15	Experiential avoidance, self-compassion, self-judgment and coping styles in infertility. <i>Sexual and Reproductive Healthcare</i> , 2016 , 10, 41-47	2.4	14
14	Validação da versão portuguesa da Center for Epidemiologic Studies Depression Scale for Children (CES-DC). <i>Revista Portuguesa De Investigação Comportamental E Social</i> , 2015 , 1, 46-57	0.1	7

13	Valida do Youth Quality of Life Instrument (YQOL-R) para a popula portuguesa. <i>Revista Portuguesa De Investiga Comportamental E Social</i> , 2015 , 1, 58-68	0.1	
12	The mediator role of emotion regulation processes on infertility-related stress. <i>Journal of Clinical Psychology in Medical Settings</i> , 2013 , 20, 497-507	2	38
11	Mindfulness-Based Program for Infertility: efficacy study. <i>Fertility and Sterility</i> , 2013 , 100, 1059-67	4.8	52
10	Measuring self-efficacy to deal with infertility: Psychometric properties and confirmatory factor analysis of the Portuguese version of the infertility self-efficacy scale. <i>Research in Nursing and Health</i> , 2013 , 36, 65-74	2	16
9	Child and adolescent mindfulness measure (CAMP): estudo das caracterticas psicomtricas da vers portuguesa. <i>Psicologia: Reflexao E Critica</i> , 2013 , 26, 459-468	1.1	21
8	Protective emotional regulation processes towards adjustment in infertile patients. <i>Human Fertility</i> , 2012 , 15, 27-34	1.9	22
7	Psychological aspects in couples with infertility. <i>Sexologies</i> , 2011 , 20, 224-228	0.5	37
6	Aspects psychologiques des couples infertiles. <i>Sexologies</i> , 2011 , 20, 255-260	0.5	3
5	The impact of shame and self-judgment on psychopathology in infertile patients. <i>Human Reproduction</i> , 2011 , 26, 2408-14	5.7	56
4	Early Maladaptive Schemas and Social Phobia. <i>Cognitive Therapy and Research</i> , 2006 , 30, 571-584	2.7	81
3	Building Compassionate Schools: Pilot Study of a Compassionate Mind Training Intervention to Promote Teachers Well-being. <i>Mindfulness</i> ,1	2.9	3
2	Measuring shame across five countries: dimensionality and measurement invariance of the external and internal shame scale. <i>Current Psychology</i> ,1	1.4	0
1	The flows of compassion in adolescents as measured by the compassionate engagement and action scales. <i>Current Psychology</i> ,1	1.4	0