

Ausias Cebolla Marti

List of Publications by Year in descending order

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Version: 2024-02-01

112
papers

3,024
citations

159358

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docs citations

129
times ranked

3908
citing authors

#	ARTICLE	IF	CITATIONS
1	Can Avatar Appearance Influence Physical Activity? User-Avatar Similarity and Proteus Effects on Cardiac Frequency and Step Counts. <i>Health Communication</i> , 2022, 37, 222-229.	1.8	20
2	Mindfulness Training for Children with ADHD and Their Parents: A Randomized Control Trial. <i>Journal of Attention Disorders</i> , 2022, 26, 755-766.	1.5	15
3	Impact of Mindfulness Training on Spanish Police Officers' Mental and Emotional Health: a Non-Randomized Pilot Study. <i>Mindfulness</i> , 2022, 13, 695-711.	1.6	9
4	Individual Differences in Dispositional Mindfulness Predict Attentional Networks and Vigilance Performance. <i>Mindfulness</i> , 2022, 13, 967-981.	1.6	6
5	Meditators' Non-academic Definition of Mindfulness. <i>Mindfulness</i> , 2022, 13, 1544-1554.	1.6	5
6	Expressed Emotion and Health Care Use in Borderline Personality Disorder Patients and Relatives. <i>Journal of Social and Clinical Psychology</i> , 2022, 41, 199-216.	0.2	0
7	Adolescent Motivation Toward Physical Exercise: The Role of Sex, Age, Enjoyment, and Anxiety. <i>Psychological Reports</i> , 2021, 124, 1049-1069.	0.9	5
8	Leaning forward to increase approach motivation! The role of joy, exercise, and posture in achieving goals. <i>Current Psychology</i> , 2021, 40, 2390-2399.	1.7	3
9	Exploring the Role of Explicit and Implicit Self-Esteem and Self-Compassion in Anxious and Depressive Symptomatology Following Acquired Brain Injury. <i>Mindfulness</i> , 2021, 12, 899-910.	1.6	1
10	Introducing mindfulness and compassion-based interventions to improve verbal creativity in students of clinical and health psychology. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2021, 94, 541-557.	1.3	3
11	Dispositional Mindfulness and Inflammatory Bowel Disease: Mindful Awareness Mediates the Relation Between Severity and Quality of Life, Stress, and Fatigue. <i>Mindfulness</i> , 2021, 12, 1524-1533.	1.6	6
12	Assessing self-criticism and self-reassurance: Examining psychometric properties and clinical usefulness of the Short-Form of the Forms of Self-Criticizing/Attacking & Self-Reassuring Scale (FSCRS-SF) in Spanish sample. <i>PLoS ONE</i> , 2021, 16, e0252089.	1.1	4
13	Compassion-Based Meditation Quality Practice and Its Impact on the Positive Attitudes Toward Others. <i>Mindfulness</i> , 2021, 12, 1940-1953.	1.6	4
14	Effectiveness of a Blended Internet-Based Mindfulness Intervention in Inflammatory Bowel Disease Patients: a Mixed-Methods Non-randomized Controlled Trial. <i>Mindfulness</i> , 2021, 12, 2767-2780.	1.6	3
15	Exploring the mediator role of self-critical rumination between emotion regulation and psychopathology: A validation study of the Self-Critical Rumination Scale (SCRS) in a Spanish-speaking sample. <i>Personality and Individual Differences</i> , 2021, 183, 111115.	1.6	6
16	Compassionate Embodied Virtual Experience Increases the Adherence to Meditation Practice. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 1276.	1.3	9
17	Changes in the Semantic Construction of Compassion after the Cognitively-Based Compassion Training (CBCT [®]) in Women Breast Cancer Survivors. <i>Spanish Journal of Psychology</i> , 2021, 24, e34.	1.1	5
18	Effectiveness of mindfulness-based interventions on psychotherapy processes: a systematic review. <i>Clinical Psychology and Psychotherapy</i> , 2021, , .	1.4	2

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19	Decentering, Acceptance, and Non-Attachment: Challenging the Question "Who Am I?" Frontiers in Psychiatry, 2021, 12, 659835.	1.3	2
20	Virtual Reality as a Medium to Elicit Empathy: A Meta-Analysis. Cyberpsychology, Behavior, and Social Networking, 2020, 23, 667-676.	2.1	70
21	An Exploratory Study on the Relations Between Mindfulness and Mindfulness-Based Intervention Outcomes. Mindfulness, 2020, 11, 2561-2572.	1.6	9
22	Manipulating Self-Avatar Body Dimensions in Virtual Worlds to Complement an Internet-Delivered Intervention to Increase Physical Activity in Overweight Women. International Journal of Environmental Research and Public Health, 2020, 17, 4045.	1.2	17
23	Increased Salivary Oxytocin and Empathy in Students of Clinical and Health Psychology After a Mindfulness and Compassion-Based Intervention. Mindfulness, 2020, 11, 1006-1017.	1.6	13
24	Effect of an upright (vs. stooped) posture on interpretation bias, imagery, and emotions. Journal of Behavior Therapy and Experimental Psychiatry, 2020, 68, 101560.	0.6	6
25	Brief mindfulness session improves mood and increases salivary oxytocin in psychology students. Stress and Health, 2020, 36, 469-477.	1.4	30
26	The effect of a mindfulness-based therapy on different biomarkers among patients with inflammatory bowel disease: a randomised controlled trial. Scientific Reports, 2020, 10, 6071.	1.6	30
27	Intuitive Eating. European Journal of Psychological Assessment, 2020, 36, 19-31.	1.7	18
28	Impact of a Web-Based Exercise and Nutritional Education Intervention in Patients Who Are Obese With Hypertension: Randomized Wait-List Controlled Trial. Journal of Medical Internet Research, 2020, 22, e14196.	2.1	29
29	Feasibility of the Internet Attachment-Based Compassion Therapy in the General Population: Protocol for an Open-Label Uncontrolled Pilot Trial. JMIR Research Protocols, 2020, 9, e16717.	0.5	5
30	Efficacy and acceptability of a web platform to teach nutrition education to children. Nutricion Hospitalaria, 2020, 37, 1107-1117.	0.2	1
31	Mindfulness, promoção da saúde e semiótica: bases para modelos comunicacionais em saúde online. SMAD Revista Eletrônica Saúde Mental Álcool E Drogas (Edição Em Português), 2020, 16, 14-22.	0.0	0
32	Is comfort food actually comforting for emotional eaters? A (moderated) mediation analysis. Physiology and Behavior, 2019, 211, 112671.	1.0	40
33	Putting Oneself in the Body of Others: A Pilot Study on the Efficacy of an Embodied Virtual Reality System to Generate Self-Compassion. Frontiers in Psychology, 2019, 10, 1521.	1.1	36
34	Mindfulness, rumination, and coping skills in young women with Eating Disorders: A comparative study with healthy controls. PLoS ONE, 2019, 14, e0213985.	1.1	11
35	Religiosity and Meditation Practice: Exploring Their Explanatory Power on Psychological Adjustment. Frontiers in Psychology, 2019, 10, 630.	1.1	9
36	Validation of the Spanish Version of the Child and Adolescent Mindfulness Measure (CAMM) with Samples of Spanish and Chilean Children and Adolescents. Mindfulness, 2019, 10, 1502-1517.	1.6	13

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37	Analysis of the efficacy of an internet-based self-administered intervention (‘‘Living Better’’) to promote healthy habits in a population with obesity and hypertension: An exploratory randomized controlled trial. <i>International Journal of Medical Informatics</i> , 2019, 124, 13-23.	1.6	31
38	Efficacy of a cognitive and behavioral treatment for childhood obesity supported by the ETIOBE web platform. <i>Psychology, Health and Medicine</i> , 2019, 24, 703-713.	1.3	16
39	Mindfulness, empat�a y compasi�n: Evoluci�n de la empat�a a la compasi�n en el �mbito sanitario. <i>Revista De Investigaci�n Y Educaci�n En Ciencias De La Salud (RIECS)</i> , 2019, 4, 47-57.	0.0	6
40	Implicit or Explicit Compassion? Effects of Compassion Cultivation Training and Comparison with Mindfulness-based Stress Reduction. <i>Mindfulness</i> , 2018, 9, 1494-1508.	1.6	78
41	Visual Data Mining With Self-organizing Maps for ‘‘Self-monitoring’’ Data Analysis. <i>Sociological Methods and Research</i> , 2018, 47, 492-506.	4.3	7
42	Economic Impact of Third-Wave Cognitive Behavioral Therapies: A Systematic Review and Quality Assessment of Economic Evaluations in Randomized Controlled Trials. <i>Behavior Therapy</i> , 2018, 49, 124-147.	1.3	39
43	Effects of a Brief Mindful Eating Induction on Food Choices and Energy Intake: External Eating and Mindfulness State as Moderators. <i>Mindfulness</i> , 2018, 9, 750-760.	1.6	35
44	How Does Mindfulness Work? Exploring a Theoretical Model Using Samples of Meditators and Non-meditators. <i>Mindfulness</i> , 2018, 9, 860-870.	1.6	29
45	Increasing physical activity through an Internet-based motivational intervention supported by pedometers in a sample of sedentary students: A randomised controlled trial. <i>Psychology and Health</i> , 2018, 33, 465-482.	1.2	23
46	Subjective, behavioral, and physiological responses to the rubber hand illusion do not vary with age in the adult phase. <i>Consciousness and Cognition</i> , 2018, 58, 90-96.	0.8	21
47	Direct Experience While Eating in a Sample With Eating Disorders and Obesity. <i>Frontiers in Psychology</i> , 2018, 9, 1373.	1.1	0
48	Relationship between effortful control and facets of mindfulness in meditators, non-meditators and individuals with borderline personality disorder. <i>Personality and Mental Health</i> , 2018, 12, 265-278.	0.6	6
49	Home-exercise Childhood Obesity Intervention: A Randomized Clinical Trial Comparing Print Versus Web-based (Move It) Platforms. <i>Journal of Pediatric Nursing</i> , 2018, 42, e79-e84.	0.7	12
50	Cognitively-Based Compassion Training (CBCT [�]) in Breast Cancer Survivors: A Randomized Clinical Trial Study. <i>Integrative Cancer Therapies</i> , 2018, 17, 684-696.	0.8	61
51	A positive psychological intervention for failing students: Does it improve academic achievement and motivation? A pilot study. <i>Learning and Motivation</i> , 2018, 63, 126-132.	0.6	24
52	Expand your body when you look at yourself: The role of the posture in a mirror exposure task. <i>PLoS ONE</i> , 2018, 13, e0194686.	1.1	7
53	Validaci�n psicom�trica del cuestionario de regulaci�n emocional (ERQ-CA) en poblaci�n adolescente espa�ola. <i>Revista De Psicolog�a Cl�nica Con Ninos Y Adolescentes</i> , 2018, 5, 9-15.	0.2	14
54	Fostering Self-Compassion and Loving-Kindness in Patients With Borderline Personality Disorder: A Randomized Pilot Study. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 278-286.	1.4	77

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55	Body schema plasticity after stroke: Subjective and neurophysiological correlates of the rubber hand illusion. <i>Neuropsychologia</i> , 2017, 96, 61-69.	0.7	37
56	Exploring relations among mindfulness facets and various meditation practices: Do they work in different ways?. <i>Consciousness and Cognition</i> , 2017, 49, 172-180.	0.8	30
57	Meditation Practice Is Associated with a Values-Oriented Life: the Mediating Role of Decentering and Mindfulness. <i>Mindfulness</i> , 2017, 8, 1259-1268.	1.6	24
58	Cultivating Emotional Balance in Professional Caregivers: a Pilot Intervention. <i>Mindfulness</i> , 2017, 8, 1319-1327.	1.6	18
59	Emotional eating as a mediator between anxiety and cholesterol in population with overweight and hypertension. <i>Psychology, Health and Medicine</i> , 2017, 22, 911-918.	1.3	5
60	Mindfulness Training for Adults and Children with ADHD: Variables and Outcomes. <i>Current Developmental Disorders Reports</i> , 2017, 4, 95-99.	0.9	3
61	Unwanted effects: Is there a negative side of meditation? A multicentre survey. <i>PLoS ONE</i> , 2017, 12, e0183137.	1.1	106
62	Psychological Effects of a 1-Month Meditation Retreat on Experienced Meditators: The Role of Non-attachment. <i>Frontiers in Psychology</i> , 2016, 7, 1935.	1.1	38
63	Psychometric Properties of the Spanish Version of the Nonattachment Scale (NAS) and Its Relationship with Mindfulness, Decentering, and Mental Health. <i>Mindfulness</i> , 2016, 7, 1156-1169.	1.6	23
64	Internal Structure and Measurement Invariance of the Dutch Eating Behavior Questionnaire (DEBQ) in a (Nearly) Representative Dutch Community Sample. <i>European Eating Disorders Review</i> , 2016, 24, 503-509.	2.3	47
65	Virtual Body Swap: A New Feasible Tool to Be Explored in Health and Education. , 2016, , .		35
66	Embodiment and Body Awareness in Meditators. <i>Mindfulness</i> , 2016, 7, 1297-1305.	1.6	24
67	Access to autobiographical memory as an emotion regulation strategy and its relation to dispositional mindfulness. <i>Mindfulness & Compassion</i> , 2016, 1, 39-44.	0.5	7
68	Using Virtual Reality to Distract Overweight Children from Bodily Sensations During Exercise. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2016, 19, 115-119.	2.1	48
69	Meditation and happiness: Mindfulness and self-compassion may mediate the meditationâ€“happiness relationship. <i>Personality and Individual Differences</i> , 2016, 93, 80-85.	1.6	90
70	Smellâ€“taste dysfunctions in extreme weight/eating conditions: analysis of hormonal and psychological interactions. <i>Endocrine</i> , 2016, 51, 256-267.	1.1	82
71	EnseÃ±ar Mindfulness: Contextos de InstrucciÃ³n y PedagogÃ­a. <i>Revista De Psicoterapia</i> , 2016, 27, 103-118.	0.0	6
72	Online platforms to teach Nutrition Education to children: a non-systematic review. <i>Nutricion Hospitalaria</i> , 2016, 33, 1444-1451.	0.2	4

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73	Validation of the Spanish version of the 9-item SCHEDULE OF DEPRESSION-MODERATING QUESTIONNAIRE. Health Expectations, 2015, 18, 2143-2153.	1.1	46
74	Mindfulness, perceived stress, and subjective well-being: a correlational study in primary care health professionals. BMC Complementary and Alternative Medicine, 2015, 15, 303.	3.7	88
75	Competitive active video games: Physiological and psychological responses in children and adolescents. Paediatrics and Child Health, 2015, 20, 373-376.	0.3	19
76	Bifactor analysis and construct validity of the five facet mindfulness questionnaire (FFMQ) in non-clinical Spanish samples. Frontiers in Psychology, 2015, 6, 404.	1.1	90
77	Working alliance inventory applied to virtual and augmented reality (WAI-VAR): psychometrics and therapeutic outcomes. Frontiers in Psychology, 2015, 6, 1531.	1.1	25
78	The implementation of mindfulness in healthcare systems: a theoretical analysis. General Hospital Psychiatry, 2015, 37, 166-171.	1.2	69
79	An internet-based self-administered intervention for promoting healthy habits and weight loss in hypertensive people who are overweight or obese: a randomized controlled trial. BMC Cardiovascular Disorders, 2015, 15, 83.	0.7	16
80	The Serenity of the Meditating Mind: A Cross-Cultural Psychometric Study on a Two-Factor Higher Order Structure of Mindfulness, Its Effects, and Mechanisms Related to Mental Health among Experienced Meditators. PLoS ONE, 2014, 9, e110192.	1.1	68
81	Psychometric properties of the Spanish version of the Philadelphia Mindfulness Scale. Revista De Psiquiatría Y Salud Mental (English Edition), 2014, 7, 157-165.	0.2	9
82	Mindfulness may both moderate and mediate the effect of physical fitness on cardiovascular responses to stress: a speculative hypothesis. Frontiers in Physiology, 2014, 5, 105.	1.3	29
83	Relationship between eating styles and temperament in an Anorexia Nervosa, Healthy Control, and Morbid Obesity female sample. Appetite, 2014, 76, 76-83.	1.8	57
84	Propiedades psicométricas de la versión española de la Philadelphia Mindfulness Scale. Revista De Psiquiatría Y Salud Mental, 2014, 7, 157-165.	1.0	18
85	Validation of the Dutch Eating Behavior Questionnaire (DEBQ) in a sample of Spanish women. Appetite, 2014, 73, 58-64.	1.8	105
86	Assessing Decentering: Validation, Psychometric Properties, and Clinical Usefulness of the Experiences Questionnaire in a Spanish Sample. Behavior Therapy, 2014, 45, 863-871.	1.3	68
87	Relationship between Meditative Practice and Self-Reported Mindfulness: The MINDSENS Composite Index. PLoS ONE, 2014, 9, e86622.	1.1	96
88	Alternative options for prescribing physical activity among obese children and adolescents: brisk walking supported by an exergaming platform. Nutricion Hospitalaria, 2014, 31, 841-8.	0.2	6
89	Body awareness and mindfulness: validation of the Spanish version of the Scale of Body Connection. Actas Espanolas De Psiquiatria, 2014, 42, 57-67.	0.1	18
90	Ubiquitous monitoring and assessment of childhood obesity. Personal and Ubiquitous Computing, 2013, 17, 1147-1157.	1.9	7

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91	Emotional eating and food intake after sadness and joy. <i>Appetite</i> , 2013, 66, 20-25.	1.8	198
92	Psychometric properties of the Spanish version of the mindful attention awareness scale (MAAS) in patients with fibromyalgia. <i>Health and Quality of Life Outcomes</i> , 2013, 11, 6.	1.0	26
93	Efficacy and acceptability of an Internet platform to improve the learning of nutritional knowledge in children: the ETIOBE mates. <i>Health Education Research</i> , 2013, 28, 234-248.	1.0	43
94	Eating-related Environmental Factors in Underweight Eating Disorders and Obesity: Are There Common Vulnerabilities During Childhood and Early Adolescence?. <i>European Eating Disorders Review</i> , 2013, 21, 202-208.	2.3	33
95	Brain Changes in Long-Term Zen Meditators Using Proton Magnetic Resonance Spectroscopy and Diffusion Tensor Imaging: A Controlled Study. <i>PLoS ONE</i> , 2013, 8, e58476.	1.1	40
96	An electronic system (PDA) to record dietary and physical activity in obese adolescents; data about efficiency and feasibility. <i>Nutricion Hospitalaria</i> , 2013, 28, 1860-6.	0.2	11
97	Are validity scales useful for detecting deliberately faked personality tests? A study in incarcerated populations. <i>Journal of Forensic Psychiatry and Psychology</i> , 2012, 23, 452-465.	0.6	0
98	Psychometric Properties of the Questionnaire of Sociocultural Influences on the Aesthetic Body Shape Model (CIMEC-26) in Female Spanish Adolescents. <i>European Eating Disorders Review</i> , 2012, 20, 255-256.	2.3	0
99	Eating style, television viewing and snacking in pre-adolescent children. <i>Nutricion Hospitalaria</i> , 2012, 27, 1072-8.	0.2	13
100	Group dialectical behavior therapy adapted for obese emotional eaters; a pilot study. <i>Nutricion Hospitalaria</i> , 2012, 27, 1141-7.	0.2	48
101	Could Virtual Reality Be an Effective Tool to Combat Obesity and Sedentariness in Children? Results from Two Research Studies. <i>Lecture Notes in Computer Science</i> , 2012, , 143-150.	1.0	0
102	Psychometric proprieties of Spanish version of Mindful Attention Awareness Scale (MAAS). <i>Actas Espanolas De Psiquiatria</i> , 2012, 40, 19-26.	0.1	59
103	Emotional Eating Scale for Children and Adolescents: Psychometric Characteristics in a Spanish Sample. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2011, 40, 424-433.	2.2	20
104	Perfil psicopatológico de niños con sobrepeso u obesidad en tratamiento de pérdida de peso = Psychopathological profile of a sample of obese and overweight children undergoing weight loss treatment. <i>Revista De Psicopatologia Y Psicologia Clinica</i> , 2011, 16, 125.	0.1	7
105	Improving Childhood Obesity Treatment Using New Technologies: The ETIOBE System. <i>Clinical Practice and Epidemiology in Mental Health</i> , 2011, 7, 62-66.	0.6	24
106	Mood Profile of an America's Cup Team. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 1403-1408.	0.2	7
107	A new protocol test for physical activity research in obese children (etiobe project). <i>Studies in Health Technology and Informatics</i> , 2009, 144, 281-3.	0.2	3
108	La práctica de la meditación y la atención plena: técnicas milenarias para padres del siglo XXI. <i>Revista De Psicoterapia</i> , 2006, 17, 157-276.	0.0	8

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109	Eficacia de la terapia cognitiva basada en la atención plena en el tratamiento de la depresión. Revista De Psicoterapia, 2006, 17, 133-155.	0.0	7
110	The benchmark framework and exploratory study to investigate the feasibility of 360-degree video-based virtual reality to induce a full body illusion. Virtual Reality, 0, , 1.	4.1	9
111	EMPATHY IN THE PERFORMANCE AND TRAINING OF CLINICAL AND HEALTH PSYCHOLOGISTS, AND ITS RELATION WITH MINDFULNESS AND COMPASSION. Revista Argentina De Clínica Psicológica, 0, , .	0.0	1
112	An E-Health System for Treatment of Childhood Obesity. , 0, , 24-35.		0