

# Ausias Cebolla Marti

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4050809/publications.pdf>

Version: 2024-02-01

112  
papers

3,024  
citations

159358

30  
h-index

205818

48  
g-index

129  
all docs

129  
docs citations

129  
times ranked

3908  
citing authors

#	ARTICLE	IF	CITATIONS
1	Emotional eating and food intake after sadness and joy. <i>Appetite</i> , 2013, 66, 20-25.	1.8	198
2	Unwanted effects: Is there a negative side of meditation? A multicentre survey. <i>PLoS ONE</i> , 2017, 12, e0183137.	1.1	106
3	Validation of the Dutch Eating Behavior Questionnaire (DEBQ) in a sample of Spanish women. <i>Appetite</i> , 2014, 73, 58-64.	1.8	105
4	Relationship between Meditative Practice and Self-Reported Mindfulness: The MINDSENS Composite Index. <i>PLoS ONE</i> , 2014, 9, e86622.	1.1	96
5	Bifactor analysis and construct validity of the five facet mindfulness questionnaire (FFMQ) in non-clinical Spanish samples. <i>Frontiers in Psychology</i> , 2015, 6, 404.	1.1	90
6	Meditation and happiness: Mindfulness and self-compassion may mediate the meditationâ€“happiness relationship. <i>Personality and Individual Differences</i> , 2016, 93, 80-85.	1.6	90
7	Mindfulness, perceived stress, and subjective well-being: a correlational study in primary care health professionals. <i>BMC Complementary and Alternative Medicine</i> , 2015, 15, 303.	3.7	88
8	Smellâ€“taste dysfunctions in extreme weight/eating conditions: analysis of hormonal and psychological interactions. <i>Endocrine</i> , 2016, 51, 256-267.	1.1	82
9	Implicit or Explicit Compassion? Effects of Compassion Cultivation Training and Comparison with Mindfulness-based Stress Reduction. <i>Mindfulness</i> , 2018, 9, 1494-1508.	1.6	78
10	Fostering Selfâ€“Compassion and Lovingâ€“Kindness in Patients With Borderline Personality Disorder: A Randomized Pilot Study. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 278-286.	1.4	77
11	Virtual Reality as a Medium to Elicit Empathy: A Meta-Analysis. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2020, 23, 667-676.	2.1	70
12	The implementation of mindfulness in healthcare systems: a theoretical analysis. <i>General Hospital Psychiatry</i> , 2015, 37, 166-171.	1.2	69
13	The Serenity of the Meditating Mind: A Cross-Cultural Psychometric Study on a Two-Factor Higher Order Structure of Mindfulness, Its Effects, and Mechanisms Related to Mental Health among Experienced Meditators. <i>PLoS ONE</i> , 2014, 9, e110192.	1.1	68
14	Assessing Decentering: Validation, Psychometric Properties, and Clinical Usefulness of the Experiences Questionnaire in a Spanish Sample. <i>Behavior Therapy</i> , 2014, 45, 863-871.	1.3	68
15	Cognitively-Based Compassion Training (CBCT <sup>Â®</sup> ) in Breast Cancer Survivors: A Randomized Clinical Trial Study. <i>Integrative Cancer Therapies</i> , 2018, 17, 684-696.	0.8	61
16	Psychometric proprieties of Spanish version of Mindful Attention Awareness Scale (MAAS). <i>Actas Espanolas De Psiquiatria</i> , 2012, 40, 19-26.	0.1	59
17	Relationship between eating styles and temperament in an Anorexia Nervosa, Healthy Control, and Morbid Obesity female sample. <i>Appetite</i> , 2014, 76, 76-83.	1.8	57
18	Using Virtual Reality to Distract Overweight Children from Bodily Sensations During Exercise. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2016, 19, 115-119.	2.1	48



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37	How Does Mindfulness Work? Exploring a Theoretical Model Using Samples of Meditators and Non-meditators. <i>Mindfulness</i> , 2018, 9, 860-870.	1.6	29
38	Impact of a Web-Based Exercise and Nutritional Education Intervention in Patients Who Are Obese With Hypertension: Randomized Wait-List Controlled Trial. <i>Journal of Medical Internet Research</i> , 2020, 22, e14196.	2.1	29
39	Psychometric properties of the Spanish version of the mindful attention awareness scale (MAAS) in patients with fibromyalgia. <i>Health and Quality of Life Outcomes</i> , 2013, 11, 6.	1.0	26
40	Working alliance inventory applied to virtual and augmented reality (WAI-VAR): psychometrics and therapeutic outcomes. <i>Frontiers in Psychology</i> , 2015, 6, 1531.	1.1	25
41	Embodiment and Body Awareness in Meditators. <i>Mindfulness</i> , 2016, 7, 1297-1305.	1.6	24
42	Meditation Practice Is Associated with a Values-Oriented Life: the Mediating Role of Decentering and Mindfulness. <i>Mindfulness</i> , 2017, 8, 1259-1268.	1.6	24
43	A positive psychological intervention for failing students: Does it improve academic achievement and motivation? A pilot study. <i>Learning and Motivation</i> , 2018, 63, 126-132.	0.6	24
44	Improving Childhood Obesity Treatment Using New Technologies: The ETIOBE System. <i>Clinical Practice and Epidemiology in Mental Health</i> , 2011, 7, 62-66.	0.6	24
45	Psychometric Properties of the Spanish Version of the Nonattachment Scale (NAS) and Its Relationship with Mindfulness, Decentering, and Mental Health. <i>Mindfulness</i> , 2016, 7, 1156-1169.	1.6	23
46	Increasing physical activity through an Internet-based motivational intervention supported by pedometers in a sample of sedentary students: A randomised controlled trial. <i>Psychology and Health</i> , 2018, 33, 465-482.	1.2	23
47	Subjective, behavioral, and physiological responses to the rubber hand illusion do not vary with age in the adult phase. <i>Consciousness and Cognition</i> , 2018, 58, 90-96.	0.8	21
48	Emotional Eating Scale for Children and Adolescents: Psychometric Characteristics in a Spanish Sample. <i>Journal of Clinical Child and Adolescent Psychology</i> , 2011, 40, 424-433.	2.2	20
49	Can Avatar Appearance Influence Physical Activity? User-Avatar Similarity and Proteus Effects on Cardiac Frequency and Step Counts. <i>Health Communication</i> , 2022, 37, 222-229.	1.8	20
50	Competitive active video games: Physiological and psychological responses in children and adolescents. <i>Paediatrics and Child Health</i> , 2015, 20, 373-376.	0.3	19
51	Propiedades psicométricas de la versión española de la Philadelphia Mindfulness Scale. <i>Revista De Psiquiatría Y Salud Mental</i> , 2014, 7, 157-165.	1.0	18
52	Cultivating Emotional Balance in Professional Caregivers: a Pilot Intervention. <i>Mindfulness</i> , 2017, 8, 1319-1327.	1.6	18
53	Intuitive Eating. <i>European Journal of Psychological Assessment</i> , 2020, 36, 19-31.	1.7	18
54	Body awareness and mindfulness: validation of the Spanish version of the Scale of Body Connection. <i>Actas Espanolas De Psiquiatría</i> , 2014, 42, 57-67.	0.1	18

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55	Manipulating Self-Avatar Body Dimensions in Virtual Worlds to Complement an Internet-Delivered Intervention to Increase Physical Activity in Overweight Women. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4045.	1.2	17
56	An internet-based self-administered intervention for promoting healthy habits and weight loss in hypertensive people who are overweight or obese: a randomized controlled trial. <i>BMC Cardiovascular Disorders</i> , 2015, 15, 83.	0.7	16
57	Efficacy of a cognitive and behavioral treatment for childhood obesity supported by the ETIOBE web platform. <i>Psychology, Health and Medicine</i> , 2019, 24, 703-713.	1.3	16
58	Mindfulness Training for Children with ADHD and Their Parents: A Randomized Control Trial. <i>Journal of Attention Disorders</i> , 2022, 26, 755-766.	1.5	15
59	Validación psicométrica del cuestionario de regulación emocional (ERQ-CA) en población adolescente española. <i>Revista De Psicología Clínica Con Niños Y Adolescentes</i> , 2018, 5, 9-15.	0.2	14
60	Validation of the Spanish Version of the Child and Adolescent Mindfulness Measure (CAMM) with Samples of Spanish and Chilean Children and Adolescents. <i>Mindfulness</i> , 2019, 10, 1502-1517.	1.6	13
61	Increased Salivary Oxytocin and Empathy in Students of Clinical and Health Psychology After a Mindfulness and Compassion-Based Intervention. <i>Mindfulness</i> , 2020, 11, 1006-1017.	1.6	13
62	Eating style, television viewing and snacking in pre-adolescent children. <i>Nutricion Hospitalaria</i> , 2012, 27, 1072-8.	0.2	13
63	Home-exercise Childhood Obesity Intervention: A Randomized Clinical Trial Comparing Print Versus Web-based (Move It) Platforms. <i>Journal of Pediatric Nursing</i> , 2018, 42, e79-e84.	0.7	12
64	Mindfulness, rumination, and coping skills in young women with Eating Disorders: A comparative study with healthy controls. <i>PLoS ONE</i> , 2019, 14, e0213985.	1.1	11
65	An electronic system (PDA) to record dietary and physical activity in obese adolescents; data about efficiency and feasibility. <i>Nutricion Hospitalaria</i> , 2013, 28, 1860-6.	0.2	11
66	Psychometric properties of the Spanish version of the Philadelphia Mindfulness Scale. <i>Revista De Psiquiatría Y Salud Mental (English Edition)</i> , 2014, 7, 157-165.	0.2	9
67	Religiosity and Meditation Practice: Exploring Their Explanatory Power on Psychological Adjustment. <i>Frontiers in Psychology</i> , 2019, 10, 630.	1.1	9
68	An Exploratory Study on the Relations Between Mindfulness and Mindfulness-Based Intervention Outcomes. <i>Mindfulness</i> , 2020, 11, 2561-2572.	1.6	9
69	The benchmark framework and exploratory study to investigate the feasibility of 360-degree video-based virtual reality to induce a full body illusion. <i>Virtual Reality</i> , 0, , 1.	4.1	9
70	Compassionate Embodied Virtual Experience Increases the Adherence to Meditation Practice. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 1276.	1.3	9
71	Impact of Mindfulness Training on Spanish Police Officers' Mental and Emotional Health: a Non-Randomized Pilot Study. <i>Mindfulness</i> , 2022, 13, 695-711.	1.6	9
72	La práctica de la meditación y la atención plena: técnicas milenarias para padres del siglo XXI. <i>Revista De Psicoterapia</i> , 2006, 17, 157-276.	0.0	8

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73	Mood Profile of an America's Cup Team. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 1403-1408.	0.2	7
74	Perfil psicopatológico de niños con sobrepeso u obesidad en tratamiento de pérdida de peso = Psychopathological profile of a sample of obese and overweight children undergoing weight loss treatment. <i>Revista De Psicopatología Y Psicología Clínica</i> , 2011, 16, 125.	0.1	7
75	Ubiquitous monitoring and assessment of childhood obesity. <i>Personal and Ubiquitous Computing</i> , 2013, 17, 1147-1157.	1.9	7
76	Access to autobiographical memory as an emotion regulation strategy and its relation to dispositional mindfulness. <i>Mindfulness &amp; Compassion</i> , 2016, 1, 39-44.	0.5	7
77	Visual Data Mining With Self-organizing Maps for "Self-monitoring" Data Analysis. <i>Sociological Methods and Research</i> , 2018, 47, 492-506.	4.3	7
78	Expand your body when you look at yourself: The role of the posture in a mirror exposure task. <i>PLoS ONE</i> , 2018, 13, e0194686.	1.1	7
79	Eficacia de la terapia cognitiva basada en la atención plena en el tratamiento de la depresión. <i>Revista De Psicoterapia</i> , 2006, 17, 133-155.	0.0	7
80	Relationship between effortful control and facets of mindfulness in meditators, non-meditators and individuals with borderline personality disorder. <i>Personality and Mental Health</i> , 2018, 12, 265-278.	0.6	6
81	Effect of an upright (vs. stooped) posture on interpretation bias, imagery, and emotions. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2020, 68, 101560.	0.6	6
82	Dispositional Mindfulness and Inflammatory Bowel Disease: Mindful Awareness Mediates the Relation Between Severity and Quality of Life, Stress, and Fatigue. <i>Mindfulness</i> , 2021, 12, 1524-1533.	1.6	6
83	Exploring the mediator role of self-critical rumination between emotion regulation and psychopathology: A validation study of the Self-Critical Rumination Scale (SCRS) in a Spanish-speaking sample. <i>Personality and Individual Differences</i> , 2021, 183, 111115.	1.6	6
84	Alternative options for prescribing physical activity among obese children and adolescents: brisk walking supported by an exergaming platform. <i>Nutricion Hospitalaria</i> , 2014, 31, 841-8.	0.2	6
85	Enseñar Mindfulness: Contextos de Instrucción y Pedagogía. <i>Revista De Psicoterapia</i> , 2016, 27, 103-118.	0.0	6
86	Mindfulness, empatía y compasión: Evolución de la empatía a la compasión en el ámbito sanitario. <i>Revista De Investigación Y Educación En Ciencias De La Salud (RIECS)</i> , 2019, 4, 47-57.	0.0	6
87	Individual Differences in Dispositional Mindfulness Predict Attentional Networks and Vigilance Performance. <i>Mindfulness</i> , 2022, 13, 967-981.	1.6	6
88	Emotional eating as a mediator between anxiety and cholesterol in population with overweight and hypertension. <i>Psychology, Health and Medicine</i> , 2017, 22, 911-918.	1.3	5
89	Adolescent Motivation Toward Physical Exercise: The Role of Sex, Age, Enjoyment, and Anxiety. <i>Psychological Reports</i> , 2021, 124, 1049-1069.	0.9	5
90	Changes in the Semantic Construction of Compassion after the Cognitively-Based Compassion Training (CBCT) in Women Breast Cancer Survivors. <i>Spanish Journal of Psychology</i> , 2021, 24, e34.	1.1	5

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91	Feasibility of the Internet Attachment-Based Compassion Therapy in the General Population: Protocol for an Open-Label Uncontrolled Pilot Trial. <i>JMIR Research Protocols</i> , 2020, 9, e16717.	0.5	5
92	Meditators™ Non-academic Definition of Mindfulness. <i>Mindfulness</i> , 2022, 13, 1544-1554.	1.6	5
93	Assessing self-criticism and self-reassurance: Examining psychometric properties and clinical usefulness of the Short-Form of the Forms of Self-Criticizing/Attacking & Self-Reassuring Scale (FSCRS-SF) in Spanish sample. <i>PLoS ONE</i> , 2021, 16, e0252089.	1.1	4
94	Compassion-Based Meditation Quality Practice and Its Impact on the Positive Attitudes Toward Others. <i>Mindfulness</i> , 2021, 12, 1940-1953.	1.6	4
95	Online platforms to teach Nutrition Education to children: a non-systematic review. <i>Nutricion Hospitalaria</i> , 2016, 33, 1444-1451.	0.2	4
96	Mindfulness Training for Adults and Children with ADHD: Variables and Outcomes. <i>Current Developmental Disorders Reports</i> , 2017, 4, 95-99.	0.9	3
97	Leaning forward to increase approach motivation! The role of joy, exercise, and posture in achieving goals. <i>Current Psychology</i> , 2021, 40, 2390-2399.	1.7	3
98	Introducing mindfulness and compassion-based interventions to improve verbal creativity in students of clinical and health psychology. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2021, 94, 541-557.	1.3	3
99	Effectiveness of a Blended Internet-Based Mindfulness Intervention in Inflammatory Bowel Disease Patients: a Mixed-Methods Non-randomized Controlled Trial. <i>Mindfulness</i> , 2021, 12, 2767-2780.	1.6	3
100	A new protocol test for physical activity research in obese children (etiobe project). <i>Studies in Health Technology and Informatics</i> , 2009, 144, 281-3.	0.2	3
101	Effectiveness of mindfulness-based interventions on psychotherapy processes: a systematic review. <i>Clinical Psychology and Psychotherapy</i> , 2021, , .	1.4	2
102	Decentering, Acceptance, and Non-Attachment: Challenging the Question "Is It Me?". <i>Frontiers in Psychiatry</i> , 2021, 12, 659835.	1.3	2
103	Exploring the Role of Explicit and Implicit Self-Esteem and Self-Compassion in Anxious and Depressive Symptomatology Following Acquired Brain Injury. <i>Mindfulness</i> , 2021, 12, 899-910.	1.6	1
104	EMPATHY IN THE PERFORMANCE AND TRAINING OF CLINICAL AND HEALTH PSYCHOLOGISTS, AND ITS RELATION WITH MINDFULNESS AND COMPASSION. <i>Revista Argentina De Clínica Psicológica</i> , 0, , .	0.0	1
105	Efficacy and acceptability of a web platform to teach nutrition education to children. <i>Nutricion Hospitalaria</i> , 2020, 37, 1107-1117.	0.2	1
106	Are validity scales useful for detecting deliberately faked personality tests? A study in incarcerated populations. <i>Journal of Forensic Psychiatry and Psychology</i> , 2012, 23, 452-465.	0.6	0
107	Psychometric Properties of the Questionnaire of Sociocultural Influences on the Aesthetic Body Shape Model (CIMEC-26) in Female Spanish Adolescents. <i>European Eating Disorders Review</i> , 2012, 20, 255-256.	2.3	0
108	Direct Experience While Eating in a Sample With Eating Disorders and Obesity. <i>Frontiers in Psychology</i> , 2018, 9, 1373.	1.1	0

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109	Could Virtual Reality Be an Effective Tool to Combat Obesity and Sedentariness in Children? Results from Two Research Studies. Lecture Notes in Computer Science, 2012, , 143-150.	1.0	0
110	An E-Health System for Treatment of Childhood Obesity. , 0, , 24-35.		0
111	Mindfulness, promo��o da sa�de e semi�tica: bases para modelos comunicacionais em sa�de online. SMAD Revista Eletr�nica Sa�de Mental �cool E Drogas (Edi�o Em Portugu�s), 2020, 16, 14-22.	0.0	0
112	Expressed Emotion and Health Care Use in Borderline Personality Disorder Patients and Relatives. Journal of Social and Clinical Psychology, 2022, 41, 199-216.	0.2	0