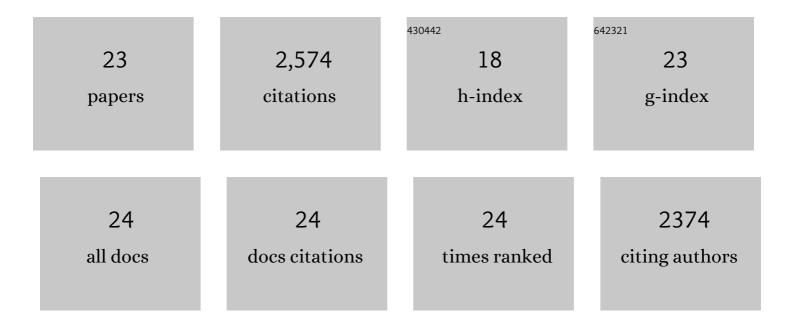
Stephen D Phinney

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Depressive symptoms improve over 2Âyears of type 2 diabetes treatment via a digital continuous remote care intervention focused on carbohydrate restriction. Journal of Behavioral Medicine, 2022, 45, 416-427.	1.1	6
2	Continuous care intervention with carbohydrate restriction improves physical function of the knees among patients with type 2 diabetes: a non-randomized study. BMC Musculoskeletal Disorders, 2022, 23, 297.	0.8	2
3	Type 2 Diabetes Prevention Focused on Normalization of Glycemia: A Two-Year Pilot Study. Nutrients, 2021, 13, 749.	1.7	15
4	Effects of Palm Stearin versus Butter in the Context of Low-Carbohydrate/High-Fat and High-Carbohydrate/Low-Fat Diets on Circulating Lipids in a Controlled Feeding Study in Healthy Humans. Nutrients, 2021, 13, 1944.	1.7	7
5	Alternative Dietary Patterns for Americans: Low-Carbohydrate Diets. Nutrients, 2021, 13, 3299.	1.7	25
6	Impact of a 2-year trial of nutritional ketosis on indices of cardiovascular disease risk in patients with type 2 diabetes. Cardiovascular Diabetology, 2020, 19, 208.	2.7	40
7	Dietary carbohydrate restriction improves metabolic syndrome independent of weight loss. JCI Insight, 2019, 4, .	2.3	141
8	Long-Term Effects of a Novel Continuous Remote Care Intervention Including Nutritional Ketosis for the Management of Type 2 Diabetes: A 2-Year Non-randomized Clinical Trial. Frontiers in Endocrinology, 2019, 10, 348.	1.5	202
9	Effectiveness and Safety of a Novel Care Model for the Management of Type 2 Diabetes at 1ÂYear: An Open-Label, Non-Randomized, Controlled Study. Diabetes Therapy, 2018, 9, 583-612.	1.2	267
10	Paradox of hypercholesterolaemia in highly trained, keto-adapted athletes. BMJ Open Sport and Exercise Medicine, 2018, 4, e000429.	1.4	31
11	Cardiovascular disease risk factor responses to a type 2 diabetes care model including nutritional ketosis induced by sustained carbohydrate restriction at 1Âyear: an open label, non-randomized, controlled study. Cardiovascular Diabetology, 2018, 17, 56.	2.7	135
12	Twelve-month outcomes of a randomized trial of a moderate-carbohydrate versus very low-carbohydrate diet in overweight adults with type 2 diabetes mellitus or prediabetes. Nutrition and Diabetes, 2017, 7, 304.	1.5	154
13	A Novel Intervention Including Individualized Nutritional Recommendations Reduces Hemoglobin A1c Level, Medication Use, and Weight in Type 2 Diabetes. JMIR Diabetes, 2017, 2, e5.	0.9	120
14	A Randomized Pilot Trial of a Moderate Carbohydrate Diet Compared to a Very Low Carbohydrate Diet in Overweight or Obese Individuals with Type 2 Diabetes Mellitus or Prediabetes. PLoS ONE, 2014, 9, e91027.	1.1	163
15	Effects of Step-Wise Increases in Dietary Carbohydrate on Circulating Saturated Fatty Acids and Palmitoleic Acid in Adults with Metabolic Syndrome. PLoS ONE, 2014, 9, e113605.	1.1	89
16	Low-carbohydrate diets for athletes: what evidence?. British Journal of Sports Medicine, 2014, 48, 1077-1078.	3.1	54
17	Limited Effect of Dietary Saturated Fat on Plasma Saturated Fat in the Context of a Low Carbohydrate Diet. Lipids, 2010, 45, 947-962.	0.7	75
18	Carbohydrate Restriction has a More Favorable Impact on the Metabolic Syndrome than a Low Fat Diet. Lipids, 2009, 44, 297-309.	0.7	316

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#	Article	IF	CITATIONS
19	Comparison of Low Fat and Low Carbohydrate Diets on Circulating Fatty Acid Composition and Markers of Inflammation. Lipids, 2008, 43, 65-77.	0.7	272
20	Dietary carbohydrate restriction induces a unique metabolic state positively affecting atherogenic dyslipidemia, fatty acid partitioning, and metabolic syndrome. Progress in Lipid Research, 2008, 47, 307-318.	5.3	229
21	Preferential reduction in adipose tissue α-linolenic acid (18â^¶3ï‰3) during very low calorie dieting despite supplementation with 18â^¶3ï‰3. Lipids, 1993, 28, 987-993.	0.7	30
22	Effects of aerobic exercise on energy expenditure and nitrogen balance during very low calorie dieting. Metabolism: Clinical and Experimental, 1988, 37, 758-765.	1.5	83
23	Capacity for Moderate Exercise in Obese Subjects after Adaptation to a Hypocaloric, Ketogenic Diet. Journal of Clinical Investigation, 1980, 66, 1152-1161.	3.9	115