

# Beate M Herbert

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

43  
papers

3,069  
citations

26  
h-index

46  
g-index

46  
ext. papers

3,589  
ext. citations

3.3  
avg, IF

5.43  
L-index

#	Paper	IF	Citations
43	Interoception and Mental Health: A Roadmap. <i>Biological Psychiatry: Cognitive Neuroscience and Neuroimaging</i> , <b>2018</b> , 3, 501-513	3.4	283
42	On the relationship between interoceptive awareness and alexithymia: is interoceptive awareness related to emotional awareness?. <i>Journal of Personality</i> , <b>2011</b> , 79, 1149-75	4.4	253
41	On the embodiment of emotion regulation: interoceptive awareness facilitates reappraisal. <i>Social Cognitive and Affective Neuroscience</i> , <b>2013</b> , 8, 911-7	4	237
40	Interoception across modalities: on the relationship between cardiac awareness and the sensitivity for gastric functions. <i>PLoS ONE</i> , <b>2012</b> , 7, e36646	3.7	170
39	The body in the mind: on the relationship between interoception and embodiment. <i>Topics in Cognitive Science</i> , <b>2012</b> , 4, 692-704	2.5	161
38	Interoceptive sensitivity and emotion processing: an EEG study. <i>International Journal of Psychophysiology</i> , <b>2007</b> , 65, 214-27	2.9	153
37	Differential changes in self-reported aspects of interoceptive awareness through 3 months of contemplative training. <i>Frontiers in Psychology</i> , <b>2014</b> , 5, 1504	3.4	145
36	Heart rate response after emotional picture presentation is modulated by interoceptive awareness. <i>International Journal of Psychophysiology</i> , <b>2007</b> , 63, 117-24	2.9	142
35	Attenuated interoceptive sensitivity in overweight and obese individuals. <i>Eating Behaviors</i> , <b>2014</b> , 15, 445-8	3	131
34	Intuitive eating is associated with interoceptive sensitivity. Effects on body mass index. <i>Appetite</i> , <b>2013</b> , 70, 22-30	4.5	128
33	Cardiac awareness and autonomic cardiac reactivity during emotional picture viewing and mental stress. <i>Psychophysiology</i> , <b>2010</b> , 47, 342-54	4.1	109
32	Self-reference modulates the processing of emotional stimuli in the absence of explicit self-referential appraisal instructions. <i>Social Cognitive and Affective Neuroscience</i> , <b>2011</b> , 6, 653-61	4	103
31	Interoceptive sensitivity and physical effort: implications for the self-control of physical load in everyday life. <i>Psychophysiology</i> , <b>2007</b> , 44, 194-202	4.1	102
30	Interoceptive awareness, anxiety and cardiovascular reactivity to isometric exercise. <i>International Journal of Psychophysiology</i> , <b>2007</b> , 65, 167-73	2.9	83
29	Effects of short-term food deprivation on interoceptive awareness, feelings and autonomic cardiac activity. <i>Biological Psychology</i> , <b>2012</b> , 89, 71-9	3.2	80
28	Impaired central processing of emotional faces in anorexia nervosa. <i>Psychosomatic Medicine</i> , <b>2008</b> , 70, 701-8	3.7	80
27	His or mine? The time course of self-other discrimination in emotion processing. <i>Social Neuroscience</i> , <b>2011</b> , 6, 277-88	2	79

26	Autonomic imbalance is associated with reduced facial recognition in somatoform disorders. <i>Journal of Psychosomatic Research</i> , <b>2011</b> , 71, 232-9	4.1	64
25	Changes in interoceptive processes following brain stimulation. <i>Philosophical Transactions of the Royal Society B: Biological Sciences</i> , <b>2016</b> , 371,	5.8	64
24	The Water Load Test As a Measure of Gastric Interoception: Development of a Two-Stage Protocol and Application to a Healthy Female Population. <i>PLoS ONE</i> , <b>2016</b> , 11, e0163574	3.7	58
23	Emotional self-reference: brain structures involved in the processing of words describing one's own emotions. <i>Neuropsychologia</i> , <b>2011</b> , 49, 2947-56	3.2	54
22	Eat your troubles away: electrocortical and experiential correlates of food image processing are related to emotional eating style and emotional state. <i>Biological Psychology</i> , <b>2014</b> , 96, 94-101	3.2	53
21	Differential effects of alexithymia subscales on autonomic reactivity and anxiety during social stress. <i>Journal of Psychosomatic Research</i> , <b>2011</b> , 70, 525-33	4.1	47
20	Comment on "Zamariola et al. (2018), Interoceptive Accuracy Scores are Problematic: Evidence from Simple Bivariate Correlations"-The empirical data base, the conceptual reasoning and the analysis behind this statement are misconceived and do not support the authors' conclusions. <i>Biological Psychology</i> , <b>2020</b> , 152, 107870	3.2	35
19	German version of the intuitive eating scale: Psychometric evaluation and application to an eating disordered population. <i>Appetite</i> , <b>2016</b> , 105, 798-807	4.5	29
18	Atypical Self-Focus Effect on Interoceptive Accuracy in Anorexia Nervosa. <i>Frontiers in Human Neuroscience</i> , <b>2016</b> , 10, 484	3.3	28
17	Blunted autonomic reactivity and increased pain tolerance in somatoform patients. <i>Pain</i> , <b>2011</b> , 152, 2157-2164	2.5	25
16	Electrophysiological evidence for an attentional bias in processing body stimuli in bulimia nervosa. <i>Biological Psychology</i> , <b>2015</b> , 108, 105-14	3.2	23
15	Bradygastric activity of the stomach predicts disgust sensitivity and perceived disgust intensity. <i>Biological Psychology</i> , <b>2011</b> , 86, 9-16	3.2	23
14	Investigating Multidimensional Interoceptive Awareness in a Japanese Population: Validation of the Japanese MAIA-J. <i>Frontiers in Psychology</i> , <b>2018</b> , 9, 1855	3.4	22
13	Deficits in early emotional reactivity in alexithymia. <i>Psychophysiology</i> , <b>2008</b> , 45, 839-46	4.1	16
12	Gastric interoception and gastric myoelectrical activity in bulimia nervosa and binge-eating disorder. <i>International Journal of Eating Disorders</i> , <b>2021</b> , 54, 1106-1115	6.3	15
11	Startling sweet temptations: hedonic chocolate deprivation modulates experience, eating behavior, and eyeblink startle. <i>PLoS ONE</i> , <b>2014</b> , 9, e85679	3.7	13
10	Interoceptive Sensitivity, Gefühle und Verhaltensregulation. <i>Zeitschrift für Neuropsychologie = Journal of Neuropsychology</i> , <b>2008</b> , 19, 125-137	0.5	9
9	Sensitivity and specificity of hypnosis effects on gastric myoelectrical activity. <i>PLoS ONE</i> , <b>2013</b> , 8, e83486	3.7	7

8	Preoccupied with the body: mild stress amplifies the relation between rumination and interoception. <i>Cognition and Emotion</i> , <b>2020</b> , 34, 1382-1394	2.3	5
7	The relevance of interoception for eating behavior and eating disorders <b>2018</b> ,		5
6	Interoception: Definitions, Dimensions, Neural Substrates <b>2018</b> , 15-27		5
5	Food Deprivation Sensitizes Pain Perception. <i>Journal of Psychophysiology</i> , <b>2012</b> , 26, 1-9	1	4
4	Interoception and Its Role for Eating, Obesity, and Eating Disorders. <i>European Journal of Health Psychology</i> , <b>2020</b> , 27, 188-205	1.1	4
3	Internal states and interoception along a spectrum of eating disorder symptomology. <i>Physiology and Behavior</i> , <b>2021</b> , 230, 113307	3.5	2
2	Alexithymia and Body Awareness 321-334		2
1	Interoception and Health. <i>European Journal of Health Psychology</i> , <b>2020</b> , 27, 127-131	1.1	0