John L Sievenpiper

List of Publications by Year in Descending Order

187 papers	7,125 citations	50 h-index	80 g-index
206 ext. papers	9,357 ext. citations	5.2 avg, IF	5.94 L-index

#	Paper	IF	Citations
187	Association of Low- and No-Calorie Sweetened Beverages as a Replacement for Sugar-Sweetened Beverages With Body Weight and Cardiometabolic Risk: A Systematic Review and Meta-analysis.. *JAMA Network Open*, **2022**, 5, e222092	10.4	1
186	Perspective: Soy-Based Meat and Dairy Alternatives, Despite Classification as Ultra-Processed Foods, Deliver High-Quality Nutrition on Par With Unprocessed or Minimally Processed Animal-Based Counterparts.. *Advances in Nutrition*, **2022**,	10	2
185	A Web-Based Health Application to Translate Nutrition Therapy for Cardiovascular Risk Reduction in Primary Care (PortfolioDiet.app): Quality Improvement and Usability Testing Study.. *JMIR Human Factors*, **2022**, 9, e34704	2.5	0
184	Effect of coadministration of enriched Korean Red Ginseng () and American ginseng (L) on cardiometabolic outcomes in type-2 diabetes: A randomized controlled trial. *Journal of Ginseng Research*, **2021**, 45, 546-554	5.8	5
183	Pure 100% fruit juices more than just a source of free sugars? A review of the evidence of their effect on risk of cardiovascular disease, type 2 diabetes and obesity. *Nutrition Bulletin*, **2021**, 46, 415-431	3.5	0
182	Characteristics and quality of systematic reviews and meta-analyses of observational nutritional epidemiology: a cross-sectional study. *American Journal of Clinical Nutrition*, **2021**, 113, 1578-1592	7	7
181	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. *Clinical Nutrition*, **2021**, 40, 2825-2836	5.9	3
180	Different Food Sources of Fructose-Containing Sugars and Fasting Blood Uric Acid Levels: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. *Journal of Nutrition*, **2021**, 151, 2409-2421	4.1	2
179	Effect of viscous fiber supplementation on obesity indicators in individuals consuming calorie-restricted diets: a systematic review and meta-analysis of randomized controlled trials. *European Journal of Nutrition*, **2021**, 60, 101-112	5.2	6
178	Comparing the Effects of Docosahexaenoic and Eicosapentaenoic Acids on Inflammation Markers Using Pairwise and Network Meta-Analyses of Randomized Controlled Trials. *Advances in Nutrition*, **2021**, 12, 128-140	10	11
177	Body Mass Index Mediates the Association between Growth Trajectories and Cardiometabolic Risk in Children. *Childhood Obesity*, **2021**, 17, 36-42	2.5	
176	Nut consumption and type 2 diabetes risk: a systematic review and meta-analysis of observational studies. *American Journal of Clinical Nutrition*, **2021**, 113, 960-971	7	6
175	Co-administration of viscous fiber, Salba-chia and ginseng on glycemic management in type 2 diabetes: a double-blind randomized controlled trial. *European Journal of Nutrition*, **2021**, 60, 3071-3083	5.2	2
174	Rare sugars and their health effects in humans: a systematic review and narrative synthesis of the evidence from human trials. *Nutrition Reviews*, **2021**,	6.4	3
173	Reply to J Morze and L Schwingshackl. *Advances in Nutrition*, **2021**, 12, 278-279	10	
172	Low-Calorie Sweeteners with Carbohydrate Do Not Impair Insulin Sensitivity in Humans: Re-analysis Highlighting the Importance of the Comparator. *Cell Metabolism*, **2021**, 33, 225-226	24.6	0
171	The effect of oat glucan on postprandial blood glucose and insulin responses: a systematic review and meta-analysis. *European Journal of Clinical Nutrition*, **2021**, 75, 1540-1554	5.2	12

170	Effect of low glycaemic index or load dietary patterns on glycaemic control and cardiometabolic risk factors in diabetes: systematic review and meta-analysis of randomised controlled trials. *BMJ, The*, **2021**, 374, n1651	5.9	11
169	2021 Canadian Cardiovascular Society Guidelines for the Management of Dyslipidemia for the Prevention of Cardiovascular Disease in Adults. *Canadian Journal of Cardiology*, **2021**, 37, 1129-1150	3.8	62
168	Relationship Between a Plant-Based Dietary Portfolio and Risk of Cardiovascular Disease: Findings From the Women's Health Initiative Prospective Cohort Study. *Journal of the American Heart Association*, **2021**, 10, e021515	6	5
167	Almond Bioaccessibility in a Randomized Crossover Trial: Is a Calorie a Calorie?. *Mayo Clinic Proceedings*, **2021**, 96, 2386-2397	6.4	3
166	Are fatty nuts a weighty concern? A systematic review and meta-analysis and dose-response meta-regression of prospective cohorts and randomized controlled trials. *Obesity Reviews*, **2021**, 22, e13330	10.6	8
165	Dietary Glycaemic Index Labelling: A Global Perspective. *Nutrients*, **2021**, 13,	6.7	4
164	Effect of soluble-viscous dietary fibre on coronary heart disease risk score across 3 population health categories: data from randomized, double-blind, placebo-controlled trials. *Applied Physiology, Nutrition and Metabolism*, **2020**, 45, 801-804	3	1
163	Destigmatizing Carbohydrate with Food Labeling: The Use of Non-Mandatory Labelling to Highlight Quality Carbohydrate Foods. *Nutrients*, **2020**, 12,	6.7	3
162	Expert consensus on low-calorie sweeteners: facts, research gaps and suggested actions. *Nutrition Research Reviews*, **2020**, 33, 145-154	7	21
161	Apparent conflicts of interest do not preclude scientific rigor. *American Journal of Clinical Nutrition*, **2020**, 111, 915-916	7	1
160	Effect of fructose and its epimers on postprandial carbohydrate metabolism: A systematic review and meta-analysis. *Clinical Nutrition*, **2020**, 39, 3308-3318	5.9	6
159	Bean, fruit, and vegetable fiber, but not cereal fiber are associated with reduced mortality in Japan. *American Journal of Clinical Nutrition*, **2020**, 111, 941-943	7	1
158	Canadian Adults with Moderate Intakes of Total Sugars have Greater Intakes of Fibre and Key Micronutrients: Results from the Canadian Community Health Survey 2015 Public Use Microdata File. *Nutrients*, **2020**, 12,	6.7	4
157	Dietary glycemic index, glycemic load, and chronic disease: an umbrella review of meta-analyses of prospective cohort studies. *Critical Reviews in Food Science and Nutrition*, **2020**, 1-10	11.5	6
156	Can dietary viscous fiber affect body weight independently of an energy-restrictive diet? A systematic review and meta-analysis of randomized controlled trials. *American Journal of Clinical Nutrition*, **2020**, 111, 471-485	7	16
155	:"""". *Nutrition Reviews*, **2020**, 78, 67-76	6.4	
154	Relation of Different Fruit and Vegetable Sources With Incident Cardiovascular Outcomes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. *Journal of the American Heart Association*, **2020**, 9, e017728	6	29
153	Selenium, antioxidants, cardiovascular disease, and all-cause mortality: a systematic review and meta-analysis of randomized controlled trials. *American Journal of Clinical Nutrition*, **2020**, 112, 1642-1652	7	22

152	Low-carbohydrate diets and cardiometabolic health: the importance of carbohydrate quality over quantity. *Nutrition Reviews*, **2020**, 78, 69-77	6.4	24
151	Obesity in adults: a clinical practice guideline. *Cmaj*, **2020**, 192, E875-E891	3.5	192
150	Association of Major Food Sources of Fructose-Containing Sugars With Incident Metabolic Syndrome: A Systematic Review and Meta-analysis. *JAMA Network Open*, **2020**, 3, e209993	10.4	20
149	Low-energy sweeteners and cardiometabolic health: is there method in the madness?. *American Journal of Clinical Nutrition*, **2020**, 112, 917-919	7	2
148	Mediterranean diet, cardiovascular disease and mortality in diabetes: A systematic review and meta-analysis of prospective cohort studies and randomized clinical trials. *Critical Reviews in Food Science and Nutrition*, **2020**, 60, 1207-1227	11.5	86
147	Non-Nutritive Sweeteners and their Effects on Human Health and the Gut Microbiome **2020**, 676-684		2
146	Dietary Patterns and Cardiometabolic Outcomes in Diabetes: A Summary of Systematic Reviews and Meta-Analyses. *Nutrients*, **2019**, 11,	6.7	26
145	Letter by Khan et al Regarding Article, "Artificially Sweetened Beverages and Stroke, Coronary Heart Disease, and All-Cause Mortality in the Women‚Ä≤s Health Initiative". *Stroke*, **2019**, 50, e167-e168	6.7	3
144	Dietary Glycemic Index and Load and the Risk of Type 2 Diabetes: A Systematic Review and Updated Meta-Analyses of Prospective Cohort Studies. *Nutrients*, **2019**, 11,	6.7	87
143	The Philosophy of Evidence-Based Principles and Practice in Nutrition. *Mayo Clinic Proceedings Innovations, Quality & Outcomes*, **2019**, 3, 189-199	3.1	11
142	Important food sources of fructose-containing sugars and incident gout: a systematic review and meta-analysis of prospective cohort studies. *BMJ Open*, **2019**, 9, e024171	3	20
141	A Meta-Analysis of 46 Studies Identified by the FDA Demonstrates that Soy Protein Decreases Circulating LDL and Total Cholesterol Concentrations in Adults. *Journal of Nutrition*, **2019**, 149, 968-981	4.1	36
140	Positioning the Value of Dietary Carbohydrate, Carbohydrate Quality, Glycemic Index, and GI Labelling to the Canadian Consumer for Improving Dietary Patterns. *Nutrients*, **2019**, 11,	6.7	5
139	The Effect of Liquid Meal Replacements on Cardiometabolic Risk Factors in Overweight/Obese Individuals With Type 2 Diabetes: A Systematic Review and Meta-analysis of Randomized Controlled Trials. *Diabetes Care*, **2019**, 42, 767-776	14.6	16
138	Effect of vegetarian dietary patterns on cardiometabolic risk factors in diabetes: A systematic review and meta-analysis of randomized controlled trials. *Clinical Nutrition*, **2019**, 38, 1133-1145	5.9	69
137	Effect of high-carbohydrate or high-monounsaturated fatty acid diets on blood pressure: a systematic review and meta-analysis of randomized controlled trials. *Nutrition Reviews*, **2019**, 77, 19-31	6.4	6
136	The Distribution of Fatty Acid Biomarkers of Dairy Intake across Serum Lipid Fractions: The Prospective Metabolism and Islet Cell Evaluation (PROMISE) Cohort. *Lipids*, **2019**, 54, 617-627	1.6	2
135	Integrating nutrition science and consumer behaviour into future food policy. *EFSA Journal*, **2019**, 17, e170719	2.3	2

134	Nut consumption and incidence of cardiovascular diseases and cardiovascular disease mortality: a meta-analysis of prospective cohort studies. *Nutrition Reviews*, **2019**, 77, 691-709	6.4	49
133	Cumulative Meta-Analysis of the Soy Effect Over Time. *Journal of the American Heart Association*, **2019**, 8, e012458	6	12
132	Relation of Vegetarian Dietary Patterns With Major Cardiovascular Outcomes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. *Frontiers in Nutrition*, **2019**, 6, 80	6.2	30
131	Prevention of Type 2 Diabetes by Lifestyle Changes: A Systematic Review and Meta-Analysis. *Nutrients*, **2019**, 11,	6.7	60
130	Associations between Dietary Pulses Alone or with Other Legumes and Cardiometabolic Disease Outcomes: An Umbrella Review and Updated Systematic Review and Meta-analysis of Prospective Cohort Studies. *Advances in Nutrition*, **2019**, 10, S308-S319	10	31
129	A lack of consideration of a dose-response relationship can lead to erroneous conclusions regarding 100% fruit juice and the risk of cardiometabolic disease. *European Journal of Clinical Nutrition*, **2019**, 73, 1556-1560	5.2	13
128	Nutrition, Health and Dietary Trends **2019**, 63-82		
127	DASH Dietary Pattern and Cardiometabolic Outcomes: An Umbrella Review of Systematic Reviews and Meta-Analyses. *Nutrients*, **2019**, 11,	6.7	144
126	Patterns of Red and Processed Meat Consumption and Risk for Cardiometabolic and Cancer Outcomes: A Systematic Review and Meta-analysis of Cohort Studies. *Annals of Internal Medicine*, **2019**, 171, 732-741	8	63
125	Relation of Total Sugars, Sucrose, Fructose, and Added Sugars With the Risk of Cardiovascular Disease: A Systematic Review and Dose-Response Meta-analysis of Prospective Cohort Studies. *Mayo Clinic Proceedings*, **2019**, 94, 2399-2414	6.4	22
124	Important Food Sources of Fructose-Containing Sugars and Incident Hypertension: A Systematic Review and Dose-Response Meta-Analysis of Prospective Cohort Studies. *Journal of the American Heart Association*, **2019**, 8, e010977	6	10
123	Should Viscous Fiber Supplements Be Considered in Diabetes Control? Results From a Systematic Review and Meta-analysis of Randomized Controlled Trials. *Diabetes Care*, **2019**, 42, 755-766	14.6	50
122	Effect of pasta in the context of low-glycaemic index dietary patterns on body weight and markers of adiposity: a systematic review and meta-analysis of randomised controlled trials in adults. *BMJ Open*, **2018**, 8, e019438	3	31
121	Nutrition Therapy. *Canadian Journal of Diabetes*, **2018**, 42 Suppl 1, S64-S79	2.1	57
120	A Double-Blind, Randomized Controlled, Acute Feeding Equivalence Trial of Small, Catalytic Doses of Fructose and Allulose on Postprandial Blood Glucose Metabolism in Healthy Participants: The Fructose and Allulose Catalytic Effects (FACE) Trial. *Nutrients*, **2018**, 10,	6.7	14
119	The Effect of Small Doses of Fructose and Its Epimers on Glycemic Control: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. *Nutrients*, **2018**, 10,	6.7	12
118	Food sources of fructose-containing sugars and glycaemic control: systematic review and meta-analysis of controlled intervention studies. *BMJ, The*, **2018**, 363, k4644	5.9	50
117	Effect of dried fruit on postprandial glycemia: a randomized acute-feeding trial. *Nutrition and Diabetes*, **2018**, 8, 59	4.7	8

116	Effect of psyllium (Plantago ovata) fiber on LDL cholesterol and alternative lipid targets, non-HDL cholesterol and apolipoprotein B: a systematic review and meta-analysis of randomized controlled trials. *American Journal of Clinical Nutrition*, **2018**, 108, 922-932	7	19
115	Supplemental Vitamins and Minerals for CVD Prevention and Treatment. *Journal of the American College of Cardiology*, **2018**, 71, 2570-2584	15.1	127
114	Nuts as a replacement for carbohydrates in the diabetic diet: a reanalysis of a randomised controlled trial. *Diabetologia*, **2018**, 61, 1734-1747	10.3	15
113	The effect of small doses of fructose and allulose on postprandial glucose metabolism in type 2 diabetes: A double-blind, randomized, controlled, acute feeding, equivalence trial. *Diabetes, Obesity and Metabolism*, **2018**, 20, 2361-2370	6.7	20
112	Portfolio Dietary Pattern and Cardiovascular Disease: A Systematic Review and Meta-analysis of Controlled Trials. *Progress in Cardiovascular Diseases*, **2018**, 61, 43-53	8.5	64
111	Glycemic index is as reliable as macronutrients on food labels. *American Journal of Clinical Nutrition*, **2017**, 105, 768-769	7	12
110	Can pulses play a role in improving cardiometabolic health? Evidence from systematic reviews and meta-analyses. *Annals of the New York Academy of Sciences*, **2017**, 1392, 43-57	6.5	39
109	The effect of alpha-linolenic acid on glycemic control in individuals with type 2 diabetes: A systematic review and meta-analysis of randomized controlled clinical trials. *Medicine (United States)*, **2017**, 96, e6531	1.8	28
108	Relation of total sugars, fructose and sucrose with incident type 2 diabetes: a systematic review and meta-analysis of prospective cohort studies. *Cmaj*, **2017**, 189, E711-E720	3.5	52
107	Cost-effectiveness of Maintaining Daily Intake of Oat Glucan for Coronary Heart Disease Primary Prevention. *Clinical Therapeutics*, **2017**, 39, 804-818.e3	3.5	10
106	Cross-sectional associations between dietary intake and carotid intima media thickness in type 2 diabetes: baseline data from a randomised trial. *BMJ Open*, **2017**, 7, e015026	3	2
105	A systematic review and meta-analysis of randomized controlled trials of the effect of konjac glucomannan, a viscous soluble fiber, on LDL cholesterol and the new lipid targets non-HDL cholesterol and apolipoprotein B. *American Journal of Clinical Nutrition*, **2017**, 105, 1239-1247	7	43
104	What is the appropriate upper limit for added sugars consumption?. *Nutrition Reviews*, **2017**, 75, 18-36	6.4	21
103	Effect of a low glycemic index diet versus a high-cereal fibre diet on markers of subclinical cardiac injury in healthy individuals with type 2 diabetes mellitus: An exploratory analysis of a randomized dietary trial. *Clinical Biochemistry*, **2017**, 50, 1104-1109	3.5	5
102	Fructose: back to the future?. *American Journal of Clinical Nutrition*, **2017**, 106, 439-442	7	8
101	The importance of study design in the assessment of nonnutritive sweeteners and cardiometabolic health. *Cmaj*, **2017**, 189, E1424-E1425	3.5	20
100	Effect of Plant Protein on Blood Lipids: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. *Journal of the American Heart Association*, **2017**, 6,	6	46
99	An Appetite for Modernizing the Regulatory Framework for Protein Content Claims in Canada. *Nutrients*, **2017**, 9,	6.7	5

98	2016 Canadian Cardiovascular Society Guidelines for the Management of Dyslipidemia for the Prevention of Cardiovascular Disease in the Adult. *Canadian Journal of Cardiology*, **2016**, 32, 1263-1282	3.8	543
97	Metabolic improvement with fructose restriction: Is it the fructose or the weight loss?. *Obesity*, **2016**, 24, 549	8	2
96	Low-glycaemic index diet to improve glycaemic control and cardiovascular disease in type 2 diabetes: design and methods for a randomised, controlled, clinical trial. *BMJ Open*, **2016**, 6, e012220	3	3
95	Controversies about sugars: results from systematic reviews and meta-analyses on obesity, cardiometabolic disease and diabetes. *European Journal of Nutrition*, **2016**, 55, 25-43		103
94	Fructose intake and risk of gout and hyperuricemia: a systematic review and meta-analysis of prospective cohort studies. *BMJ Open*, **2016**, 6, e013191	3	53
93	The effect of oat β-glucan on LDL-cholesterol, non-HDL-cholesterol and apoB for CVD risk reduction: a systematic review and meta-analysis of randomised-controlled trials. *British Journal of Nutrition*, **2016**, 116, 1369-1382	3.6	124
92	Effects of dietary pulse consumption on body weight: a systematic review and meta-analysis of randomized controlled trials. *American Journal of Clinical Nutrition*, **2016**, 103, 1213-23	7	106
91	Flecainide and elevated liver enzymes in α-antitrypsin deficiency. *HeartRhythm Case Reports*, **2016**, 2, 237-240	1	0
90	Sickeningly Sweet: Does Sugar Cause Chronic Disease? No. *Canadian Journal of Diabetes*, **2016**, 40, 287-95	2.1	13
89	Do Fructose-Containing Sugars Lead to Adverse Health Consequences? Results of Recent Systematic Reviews and Meta-analyses. *Advances in Nutrition*, **2015**, 6, 504S-511S	10	11
88	Effect of Fructose on Established Lipid Targets: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. *Journal of the American Heart Association*, **2015**, 4, e001700	6	74
87	Fructose as a Driver of Diabetes: An Incomplete View of the Evidence. *Mayo Clinic Proceedings*, **2015**, 90, 984-8	6.4	22
86	Sugar-sweetened beverage consumption and incident hypertension: a systematic review and meta-analysis of prospective cohorts. *American Journal of Clinical Nutrition*, **2015**, 102, 914-21	7	99
85	Communication of randomized controlled trial results must match the study focus. *Journal of Nutrition*, **2015**, 145, 1027-9	4.1	2
84	Overstated associations between fructose and nonalcoholic fatty liver disease. *Journal of Pediatric Gastroenterology and Nutrition*, **2015**, 60, e35	2.8	2
83	Effect of Replacing Animal Protein with Plant Protein on Glycemic Control in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. *Nutrients*, **2015**, 7, 9804-24	6.7	46
82	The ecologic validity of fructose feeding trials: supraphysiological feeding of fructose in human trials requires careful consideration when drawing conclusions on cardiometabolic risk. *Frontiers in Nutrition*, **2015**, 2, 12	6.2	5
81	Sugars and obesity: Is it the sugars or the calories?. *Nutrition Bulletin*, **2015**, 40, 88-96	3.5	8

80	Re. "Association of fructose consumption and components of metabolic syndrome in human studies: a systematic review and meta-analysis". *Nutrition*, **2015**, 31, 419-20	4.8	3
79	EFFECT OF LOW GLYCEMIC INDEX DIET ON APOLIPOPROTEIN B AND LDL PARTICLE SIZE. *FASEB Journal*, **2015**, 29, 274.8	0.9	1
78	Glycemic Index and Glycemic Load and Liver Enzyme Activity. *FASEB Journal*, **2015**, 29, 383.2	0.9	
77	Tree Nuts Improve Glycemic Control: A Systematic Review and Meta-Analysis of Randomized Controlled Dietary Trials. *FASEB Journal*, **2015**, 29, 383.1	0.9	
76	THE EFFECT OF A LOW GLYCEMIC INDEX DIET ON DIABETIC NEPHROPATHY. *FASEB Journal*, **2015**, 29, 274.7	0.9	
75	The role of glycemic index and glycemic load in cardiovascular disease and its risk factors: a review of the recent literature. *Current Atherosclerosis Reports*, **2014**, 16, 381	6	53
74	Differential association of sugar-sweetened beverages in men and women: is it the sugar or calories?. *American Journal of Clinical Nutrition*, **2014**, 100, 1399-400	7	
73	Dietary pulses, satiety and food intake: a systematic review and meta-analysis of acute feeding trials. *Obesity*, **2014**, 22, 1773-80	8	61
72	Fructose in obesity and cognitive decline: is it the fructose or the excess energy?. *Nutrition Journal*, **2014**, 13, 27	4.3	4
71	Effect of lowering the glycemic load with canola oil on glycemic control and cardiovascular risk factors: a randomized controlled trial. *Diabetes Care*, **2014**, 37, 1806-14	14.6	59
70	Estimated intakes and sources of total and added sugars in the Canadian diet. *Nutrients*, **2014**, 6, 1899-912	6.7	72
69	Effect of tree nuts on glycemic control in diabetes: a systematic review and meta-analysis of randomized controlled dietary trials. *PLoS ONE*, **2014**, 9, e103376	3.7	90
68	The effect of ginseng (the genus panax) on glycemic control: a systematic review and meta-analysis of randomized controlled clinical trials. *PLoS ONE*, **2014**, 9, e107391	3.7	79
67	Total fructose intake and risk of hypertension: a systematic review and meta-analysis of prospective cohorts. *Journal of the American College of Nutrition*, **2014**, 33, 328-39	3.5	40
66	Effect of tree nuts on metabolic syndrome criteria: a systematic review and meta-analysis of randomised controlled trials. *BMJ Open*, **2014**, 4, e004660	3	83
65	Effect of dietary pulses on blood pressure: a systematic review and meta-analysis of controlled feeding trials. *American Journal of Hypertension*, **2014**, 27, 56-64	2.3	105
64	Glycaemic index: did Health Canada get it wrong? Position from the International Carbohydrate Quality Consortium (ICQC). *British Journal of Nutrition*, **2014**, 111, 380-2	3.6	9
63	Effect of dietary pulse intake on established therapeutic lipid targets for cardiovascular risk reduction: a systematic review and meta-analysis of randomized controlled trials. *Cmaj*, **2014**, 186, E252-62	3.5	111

62	Response to comment on Kahn and Sievenpiper. Dietary sugar and body weight: have we reached a crisis in the epidemic of obesity and diabetes? We have, but the pox on sugar is overwrought and overworked. Diabetes care 2014;37:957-962. *Diabetes Care*, **2014**, 37, e189	14.6	3
61	Dietary sugar and body weight: have we reached a crisis in the epidemic of obesity and diabetes?: we have, but the pox on sugar is overwrought and overworked. *Diabetes Care*, **2014**, 37, 957-62	14.6	60
60	The transcultural diabetes nutrition algorithm: a canadian perspective. *International Journal of Endocrinology*, **2014**, 2014, 151068	2.7	8
59	Effect of almond consumption on the serum fatty acid profile: a dose-response study. *British Journal of Nutrition*, **2014**, 112, 1137-46	3.6	26
58	Modulation of endothelial function by Korean red ginseng (Panax ginseng C.A. Meyer) and its components in healthy individuals: a randomized controlled trial. *Cardiovascular Therapeutics*, **2014**, 32, 163-9	3.3	16
57	Fructose vs. glucose and metabolism: do the metabolic differences matter?. *Current Opinion in Lipidology*, **2014**, 25, 8-19	4.4	38
56	Meta-analysis of fructose and cholesterol: a concern regarding missing data. *Journal of Nutrition*, **2014**, 144, 538-9	4.1	3
55	Is industrial fructose just a marker of an unhealthy dietary pattern?. *Journal of Hepatology*, **2014**, 61, 172-3	13.4	3
54	Effect of fructose on postprandial triglycerides: a systematic review and meta-analysis of controlled feeding trials. *Atherosclerosis*, **2014**, 232, 125-33	3.1	126
53	The Role of Fructose, Sucrose and High-fructose Corn Syrup in Diabetes. *European Endocrinology*, **2014**, 10, 51-60	3.4	3
52	Sweeteners and Diabetes **2014**, 309-323		3
51	Effect of tree nuts on glycemic control in diabetes: a systematic review and meta-analysis of randomized controlled dietary trials (1025.16). *FASEB Journal*, **2014**, 28, 1025.16	0.9	
50	Relation between sugar-sweetened beverage consumption and incident hypertension: a systematic review and meta-analysis of prospective cohorts (267.4). *FASEB Journal*, **2014**, 28, 267.4	0.9	
49	Tree nuts improve criteria of the metabolic syndrome: a systematic review and meta-analysis of randomized controlled dietary trials (1025.6). *FASEB Journal*, **2014**, 28, 1025.6	0.9	0
48	Added Sugars and Health: Evidence from Prospective Cohort Studies and Controlled Dietary Trials **2014**, 113-123		
47	Thérapie nutritionnelle. *Canadian Journal of Diabetes*, **2013**, 37, S409-S421	2.1	2
46	Nutrition therapy. *Canadian Journal of Diabetes*, **2013**, 37 Suppl 1, S45-55	2.1	90
45	Food and dietary pattern-based recommendations: an emerging approach to clinical practice guidelines for nutrition therapy in diabetes. *Canadian Journal of Diabetes*, **2013**, 37, 51-7	2.1	37

44	Fructose-containing sugars, blood pressure, and cardiometabolic risk: a critical review. *Current Hypertension Reports*, **2013**, 15, 281-97	4.7	31
43	Persistent increases in cardiac troponin concentrations as measured with high-sensitivity assays after acute myocardial infarction. *Clinical Chemistry*, **2013**, 59, 443-5	5.5	4
42	The effect of fructose on risk of incident hypertension: a systematic review and meta-analysis of 3 large U.S. prospective cohorts. *FASEB Journal*, **2013**, 27, 120.7	0.9	
41	Effect of Pulses as Part of a Low Glycemic Index Diet on Glycemic Control and Cardiovascular Risk Factors in Type 2 Diabetes. *Canadian Journal of Diabetes*, **2012**, 36, S19	2.1	2
40	The effects of fructose intake on serum uric acid vary among controlled dietary trials. *Journal of Nutrition*, **2012**, 142, 916-23	4.1	131
39	Fructose: where does the truth lie?. *Journal of the American College of Nutrition*, **2012**, 31, 149-51	3.5	15
38	Missed follow-up opportunities using a two-step screening approach for gestational diabetes. *Diabetes Research and Clinical Practice*, **2012**, 96, e43-6	7.4	22
37	Effect of fructose on glycemic control in diabetes: a systematic review and meta-analysis of controlled feeding trials. *Diabetes Care*, **2012**, 35, 1611-20	14.6	154
36	Effect of legumes as part of a low glycemic index diet on glycemic control and cardiovascular risk factors in type 2 diabetes mellitus: a randomized controlled trial. *Archives of Internal Medicine*, **2012** , 172, 1653-60		200
35	Does Fructose Consumption Elicit a Dose-response Effect on Fasting Triglycerides? A Systematic Review and Meta-regression of Controlled Feeding Trials. *Canadian Journal of Diabetes*, **2012**, 36, S37	2.1	10
34	Effect of fructose on body weight in controlled feeding trials: a systematic review and meta-analysis. *Annals of Internal Medicine*, **2012**, 156, 291-304	8	200
33	Associations of glycemic index and load with coronary heart disease events: a systematic review and meta-analysis of prospective cohorts. *Journal of the American Heart Association*, **2012**, 1, e000752	6	102
32	Applicability of the AGREE II instrument in evaluating the development process and quality of current National Academy of Clinical Biochemistry guidelines. *Clinical Chemistry*, **2012**, 58, 1426-37	5.5	22
31	Effect of fructose on blood pressure: a systematic review and meta-analysis of controlled feeding trials. *Hypertension*, **2012**, 59, 787-95	8.5	142
30	Pcatalyticpdoses of fructose may benefit glycaemic control without harming cardiometabolic risk factors: a small meta-analysis of randomised controlled feeding trials. *British Journal of Nutrition*, **2012**, 108, 418-23	3.6	75
29	Dose response association of glycemic index with CHD risk: a systematic review and meta-analysis of prospective cohorts. *FASEB Journal*, **2012**, 26, 387.7	0.9	
28	The Effect of Dietary Pulses on Lipids in Controlled Feeding Trials: A Systematic Review and Meta-Analysis. *FASEB Journal*, **2012**, 26, 117.4	0.9	
27	Effect of fructose on triglycerides: a meta-analysis of controlled feeding trials. *FASEB Journal*, **2012**, 26, 387.5	0.9	

26	Korean red ginseng (Panax ginseng C.A. Meyer) root fractions: differential effects on postprandial glycemia in healthy individuals. *Journal of Ethnopharmacology*, **2011**, 137, 245-50	5	26
25	Is fructose a story of mice but not men?. *Journal of the American Dietetic Association*, **2011**, 111, 219-20; author reply 220-2		36
24	Soy protein reduces serum cholesterol by both intrinsic and food displacement mechanisms. *Journal of Nutrition*, **2010**, 140, 2302S-2311S	4.1	116
23	The metabolic syndrome in healthy, multiethnic adolescents in Toronto, Ontario: the use of fasting blood glucose as a simple indicator. *Canadian Journal of Cardiology*, **2010**, 26, e128-32	3.8	8
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