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List of Publications by Year in descending order

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Version: 2024-02-01

202
papers

11,550
citations

20759

60
h-index

32761

100
g-index

206
all docs

206
docs citations

206
times ranked

11196
citing authors

#	ARTICLE	IF	CITATIONS
1	2016 Canadian Cardiovascular Society Guidelines for the Management of Dyslipidemia for the Prevention of Cardiovascular Disease in the Adult. Canadian Journal of Cardiology, 2016, 32, 1263-1282.	0.8	775
2	Obesity in adults: a clinical practice guideline. Cmaj, 2020, 192, E875-E891.	0.9	592
3	2021 Canadian Cardiovascular Society Guidelines for the Management of Dyslipidemia for the Prevention of Cardiovascular Disease in Adults. Canadian Journal of Cardiology, 2021, 37, 1129-1150.	0.8	367
4	DASH Dietary Pattern and Cardiometabolic Outcomes: An Umbrella Review of Systematic Reviews and Meta-Analyses. Nutrients, 2019, 11, 338.	1.7	300
5	Effect of Legumes as Part of a Low Glycemic Index Diet on Glycemic Control and Cardiovascular Risk Factors in Type 2 Diabetes Mellitus. Archives of Internal Medicine, 2012, 172, 1653.	4.3	288
6	Effect of Fructose on Body Weight in Controlled Feeding Trials. Annals of Internal Medicine, 2012, 156, 291.	2.0	253
7	Korean red ginseng (<i>Panax ginseng</i>) improves glucose and insulin regulation in well-controlled, type 2 diabetes: Results of a randomized, double-blind, placebo-controlled study of efficacy and safety. Nutrition, Metabolism and Cardiovascular Diseases, 2008, 18, 46-56.	1.1	220
8	Prevention of Type 2 Diabetes by Lifestyle Changes: A Systematic Review and Meta-Analysis. Nutrients, 2019, 11, 2611.	1.7	203
9	Effect of Fructose on Glycemic Control in Diabetes. Diabetes Care, 2012, 35, 1611-1620.	4.3	191
10	The effect of oat β -glucan on LDL-cholesterol, non-HDL-cholesterol and apoB for CVD risk reduction: a systematic review and meta-analysis of randomised-controlled trials. British Journal of Nutrition, 2016, 116, 1369-1382.	1.2	186
11	Supplemental Vitamins and Minerals for CVD Prevention and Treatment. Journal of the American College of Cardiology, 2018, 71, 2570-2584.	1.2	184
12	Mediterranean diet, cardiovascular disease and mortality in diabetes: A systematic review and meta-analysis of prospective cohort studies and randomized clinical trials. Critical Reviews in Food Science and Nutrition, 2020, 60, 1207-1227.	5.4	181
13	Effect of Fructose on Blood Pressure. Hypertension, 2012, 59, 787-795.	1.3	167
14	Heterogeneous Effects of Fructose on Blood Lipids in Individuals With Type 2 Diabetes. Diabetes Care, 2009, 32, 1930-1937.	4.3	160
15	The Effects of Fructose Intake on Serum Uric Acid Vary among Controlled Dietary Trials. Journal of Nutrition, 2012, 142, 916-923.	1.3	158
16	Supplementation of Conventional Therapy With the Novel Grain Salba (<i>Salvia hispanica</i> L.) Improves Major and Emerging Cardiovascular Risk Factors in Type 2 Diabetes. Diabetes Care, 2007, 30, 2804-2810.	4.3	156
17	Controversies about sugars: results from systematic reviews and meta-analyses on obesity, cardiometabolic disease and diabetes. European Journal of Nutrition, 2016, 55, 25-43.	4.6	155
18	Effects of dietary pulse consumption on body weight: a systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2016, 103, 1213-1223.	2.2	150

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19	Dietary Glycemic Index and Load and the Risk of Type 2 Diabetes: A Systematic Review and Updated Meta-Analyses of Prospective Cohort Studies. <i>Nutrients</i> , 2019, 11, 1280.	1.7	149
20	Effect of fructose on postprandial triglycerides: A systematic review and meta-analysis of controlled feeding trials. <i>Atherosclerosis</i> , 2014, 232, 125-133.	0.4	146
21	Soy Protein Reduces Serum Cholesterol by Both Intrinsic and Food Displacement Mechanisms. <i>Journal of Nutrition</i> , 2010, 140, 2302S-2311S.	1.3	145
22	Effect of dietary pulse intake on established therapeutic lipid targets for cardiovascular risk reduction: a systematic review and meta-analysis of randomized controlled trials. <i>Cmaj</i> , 2014, 186, E252-E262.	0.9	144
23	Effect of Dietary Pulses on Blood Pressure: A Systematic Review and Meta-analysis of Controlled Feeding Trials. <i>American Journal of Hypertension</i> , 2014, 27, 56-64.	1.0	136
24	Sugar-sweetened beverage consumption and incident hypertension: a systematic review and meta-analysis of prospective cohorts. <i>American Journal of Clinical Nutrition</i> , 2015, 102, 914-921.	2.2	134
25	Effect of Tree Nuts on Glycemic Control in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Dietary Trials. <i>PLoS ONE</i> , 2014, 9, e103376.	1.1	132
26	Portfolio Dietary Pattern and Cardiovascular Disease: A Systematic Review and Meta-analysis of Controlled Trials. <i>Progress in Cardiovascular Diseases</i> , 2018, 61, 43-53.	1.6	130
27	Associations of Glycemic Index and Load With Coronary Heart Disease Events: A Systematic Review and Meta-Analysis of Prospective Cohorts. <i>Journal of the American Heart Association</i> , 2012, 1, e000752.	1.6	123
28	Nutrition Therapy. <i>Canadian Journal of Diabetes</i> , 2013, 37, S45-S55.	0.4	123
29	Effect of vegetarian dietary patterns on cardiometabolic risk factors in diabetes: A systematic review and meta-analysis of randomized controlled trials. <i>Clinical Nutrition</i> , 2019, 38, 1133-1145.	2.3	123
30	American ginseng (<i>Panax quinquefolius</i> L.) attenuates postprandial glycemia in a time-dependent but not dose-dependent manner in healthy individuals. <i>American Journal of Clinical Nutrition</i> , 2001, 73, 753-758.	2.2	122
31	Konjac-Mannan and American Ginseng: Emerging Alternative Therapies for Type 2 Diabetes Mellitus. <i>Journal of the American College of Nutrition</i> , 2001, 20, 370S-380S.	1.1	121
32	Nutrition Therapy. <i>Canadian Journal of Diabetes</i> , 2018, 42, S64-S79.	0.4	121
33	Herbal remedies in the management of diabetes: Lessons learned from the study of ginseng. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2005, 15, 149-160.	1.1	116
34	Effect of tree nuts on metabolic syndrome criteria: a systematic review and meta-analysis of randomised controlled trials. <i>BMJ Open</i> , 2014, 4, e004660-e004660.	0.8	112
35	Nut consumption and incidence of cardiovascular diseases and cardiovascular disease mortality: a meta-analysis of prospective cohort studies. <i>Nutrition Reviews</i> , 2019, 77, 691-709.	2.6	111
36	Patterns of Red and Processed Meat Consumption and Risk for Cardiometabolic and Cancer Outcomes. <i>Annals of Internal Medicine</i> , 2019, 171, 732.	2.0	109

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37	Are dietary recommendations for the use of fish oils sustainable?. <i>Cmaj</i> , 2009, 180, 633-637.	0.9	102
38	Food sources of fructose-containing sugars and glycaemic control: systematic review and meta-analysis of controlled intervention studies. <i>BMJ: British Medical Journal</i> , 2018, 363, k4644.	2.4	102
39	Relation of Different Fruit and Vegetable Sources With Incident Cardiovascular Outcomes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. <i>Journal of the American Heart Association</i> , 2020, 9, e017728.	1.6	95
40	â€ˆCatalyticâ€™ doses of fructose may benefit glycaemic control without harming cardiometabolic risk factors: a small meta-analysis of randomised controlled feeding trials. <i>British Journal of Nutrition</i> , 2012, 108, 418-423.	1.2	94
41	Effect of Fructose on Established Lipid Targets: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. <i>Journal of the American Heart Association</i> , 2015, 4, e001700.	1.6	94
42	The Effect of Ginseng (The Genus <i>Panax</i>) on Glycemic Control: A Systematic Review and Meta-Analysis of Randomized Controlled Clinical Trials. <i>PLoS ONE</i> , 2014, 9, e107391.	1.1	92
43	Should Viscous Fiber Supplements Be Considered in Diabetes Control? Results From a Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Diabetes Care</i> , 2019, 42, 755-766.	4.3	87
44	Estimated Intakes and Sources of Total and Added Sugars in the Canadian Diet. <i>Nutrients</i> , 2014, 6, 1899-1912.	1.7	85
45	American Ginseng Improves Glycemia in Individuals with Normal Glucose Tolerance: Effect of Dose and Time Escalation. <i>Journal of the American College of Nutrition</i> , 2000, 19, 738-744.	1.1	84
46	Decreasing, Null and Increasing Effects of Eight Popular Types of Ginseng on Acute Postprandial Glycemic Indices in Healthy Humans: The Role of Ginsenosides. <i>Journal of the American College of Nutrition</i> , 2004, 23, 248-258.	1.1	84
47	Relation of total sugars, fructose and sucrose with incident type 2 diabetes: a systematic review and meta-analysis of prospective cohort studies. <i>Cmaj</i> , 2017, 189, E711-E720.	0.9	83
48	A Meta-Analysis of 46 Studies Identified by the FDA Demonstrates that Soy Protein Decreases Circulating LDL and Total Cholesterol Concentrations in Adults. <i>Journal of Nutrition</i> , 2019, 149, 968-981.	1.3	83
49	Effect of Replacing Animal Protein with Plant Protein on Glycemic Control in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2015, 7, 9804-9824.	1.7	81
50	Dietary pulses, satiety and food intake: A systematic review and meta-analysis of acute feeding trials. <i>Obesity</i> , 2014, 22, 1773-1780.	1.5	80
51	Effect of Plant Protein on Blood Lipids: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Journal of the American Heart Association</i> , 2017, 6, .	1.6	77
52	Dietary Sugar and Body Weight: Have We Reached a Crisis in the Epidemic of Obesity and Diabetes?. <i>Diabetes Care</i> , 2014, 37, 957-962.	4.3	76
53	Effect of Lowering the Glycemic Load With Canola Oil on Glycemic Control and Cardiovascular Risk Factors: A Randomized Controlled Trial. <i>Diabetes Care</i> , 2014, 37, 1806-1814.	4.3	75
54	Dietary Patterns and Cardiometabolic Outcomes in Diabetes: A Summary of Systematic Reviews and Meta-Analyses. <i>Nutrients</i> , 2019, 11, 2209.	1.7	75

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55	Selenium, antioxidants, cardiovascular disease, and all-cause mortality: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2020, 112, 1642-1652.	2.2	75
56	Fructose intake and risk of gout and hyperuricemia: a systematic review and meta-analysis of prospective cohort studies. <i>BMJ Open</i> , 2016, 6, e013191.	0.8	74
57	A systematic review and meta-analysis of randomized controlled trials of the effect of konjac glucomannan, a viscous soluble fiber, on LDL cholesterol and the new lipid targets non-HDL cholesterol and apolipoprotein B. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 1239-1247.	2.2	74
58	Associations between Dietary Pulses Alone or with Other Legumes and Cardiometabolic Disease Outcomes: An Umbrella Review and Updated Systematic Review and Meta-analysis of Prospective Cohort Studies. <i>Advances in Nutrition</i> , 2019, 10, S308-S319.	2.9	74
59	The Role of Glycemic Index and Glycemic Load In Cardiovascular Disease And Its Risk Factors: A Review of The Recent Literature. <i>Current Atherosclerosis Reports</i> , 2014, 16, 381.	2.0	73
60	Can pulses play a role in improving cardiometabolic health? Evidence from systematic reviews and meta-analyses. <i>Annals of the New York Academy of Sciences</i> , 2017, 1392, 43-57.	1.8	73
61	Association of Major Food Sources of Fructose-Containing Sugars With Incident Metabolic Syndrome. <i>JAMA Network Open</i> , 2020, 3, e209993.	2.8	72
62	Effect of low glycaemic index or load dietary patterns on glycaemic control and cardiometabolic risk factors in diabetes: systematic review and meta-analysis of randomised controlled trials. <i>BMJ</i> , 2021, 374, n1651.	3.0	70
63	Korean Red Ginseng Rootlets Decrease Acute Postprandial Glycemia: Results from Sequential Preparation- and Dose-Finding Studies. <i>Journal of the American College of Nutrition</i> , 2006, 25, 100-107.	1.1	61
64	A Systematic Quantitative Analysis of the Literature of the High Variability in Ginseng (<i>Panax spp.</i>): Should ginseng be trusted in diabetes?. <i>Diabetes Care</i> , 2004, 27, 839-840.	4.3	59
65	Low-carbohydrate diets and cardiometabolic health: the importance of carbohydrate quality over quantity. <i>Nutrition Reviews</i> , 2020, 78, 69-77.	2.6	59
66	Using cereal to increase dietary fiber intake to the recommended level and the effect of fiber on bowel function in healthy persons consuming North American diets. <i>American Journal of Clinical Nutrition</i> , 2008, 88, 1256-62.	2.2	57
67	Food and Dietary Pattern-Based Recommendations: An Emerging Approach to Clinical Practice Guidelines for Nutrition Therapy in Diabetes. <i>Canadian Journal of Diabetes</i> , 2013, 37, 51-57.	0.4	55
68	Relation of Vegetarian Dietary Patterns With Major Cardiovascular Outcomes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. <i>Frontiers in Nutrition</i> , 2019, 6, 80.	1.6	54
69	Relation of Total Sugars, Sucrose, Fructose, and Added Sugars With the Risk of Cardiovascular Disease. <i>Mayo Clinic Proceedings</i> , 2019, 94, 2399-2414.	1.4	53
70	Effects of Korean Red Ginseng (<i>Panax ginseng</i> C.A. Mayer) and Its Isolated Ginsenosides and Polysaccharides on Arterial Stiffness in Healthy Individuals. <i>American Journal of Hypertension</i> , 2010, 23, 469-472.	1.0	52
71	Association of Low- and No-Calorie Sweetened Beverages as a Replacement for Sugar-Sweetened Beverages With Body Weight and Cardiometabolic Risk. <i>JAMA Network Open</i> , 2022, 5, e222092.	2.8	52
72	Total Fructose Intake and Risk of Hypertension: A Systematic Review and Meta-Analysis of Prospective Cohorts. <i>Journal of the American College of Nutrition</i> , 2014, 33, 328-339.	1.1	51

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73	The effect of alpha-linolenic acid on glycemic control in individuals with type 2 diabetes. <i>Medicine (United States)</i> , 2017, 96, e6531.	0.4	50
74	Null and Opposing Effects of Asian Ginseng (<i>Panax ginseng</i> C.A. Meyer) on Acute Glycemia: Results of Two Acute Dose Escalation Studies. <i>Journal of the American College of Nutrition</i> , 2003, 22, 524-532.	1.1	49
75	Long-Term Intake of North American Ginseng Has No Effect on 24-Hour Blood Pressure and Renal Function. <i>Hypertension</i> , 2006, 47, 791-796.	1.3	48
76	Effect of psyllium (<i>Plantago ovata</i>) fiber on LDL cholesterol and alternative lipid targets, non-HDL cholesterol and apolipoprotein B: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2018, 108, 922-932.	2.2	48
77	Can dietary viscous fiber affect body weight independently of an energy-restrictive diet? A systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2020, 111, 471-485.	2.2	48
78	Expert consensus on low-calorie sweeteners: facts, research gaps and suggested actions. <i>Nutrition Research Reviews</i> , 2020, 33, 145-154.	2.1	47
79	Important food sources of fructose-containing sugars and incident gout: a systematic review and meta-analysis of prospective cohort studies. <i>BMJ Open</i> , 2019, 9, e024171.	0.8	46
80	Fructose vs. glucose and metabolism. <i>Current Opinion in Lipidology</i> , 2014, 25, 8-19.	1.2	45
81	Effect of pasta in the context of low-glycaemic index dietary patterns on body weight and markers of adiposity: a systematic review and meta-analysis of randomised controlled trials in adults. <i>BMJ Open</i> , 2018, 8, e019438.	0.8	45
82	The effect of oat β -glucan on postprandial blood glucose and insulin responses: a systematic review and meta-analysis. <i>European Journal of Clinical Nutrition</i> , 2021, 75, 1540-1554.	1.3	44
83	Simple skinfold-thickness measurements complement conventional anthropometric assessments in predicting glucose tolerance. <i>American Journal of Clinical Nutrition</i> , 2001, 73, 567-573.	2.2	40
84	Fructose-Containing Sugars, Blood Pressure, and Cardiometabolic Risk: A Critical Review. <i>Current Hypertension Reports</i> , 2013, 15, 281-297.	1.5	40
85	Perspective: Soy-based Meat and Dairy Alternatives, Despite Classification as Ultra-processed Foods, Deliver High-quality Nutrition on Par with Unprocessed or Minimally Processed Animal-based Counterparts. <i>Advances in Nutrition</i> , 2022, 13, 726-738.	2.9	40
86	Is Fructose a Story of Mice but Not Men?. <i>Journal of the American Dietetic Association</i> , 2011, 111, 219-220.	1.3	39
87	Are fatty nuts a weighty concern? A systematic review and meta-analysis and dose-response meta-regression of prospective cohorts and randomized controlled trials. <i>Obesity Reviews</i> , 2021, 22, e13330.	3.1	37
88	The effect of small doses of fructose and allulose on postprandial glucose metabolism in type 2 diabetes: A double-blind, randomized, controlled, acute feeding, equivalence trial. <i>Diabetes, Obesity and Metabolism</i> , 2018, 20, 2361-2370.	2.2	36
89	Relationship Between a Plant-Based Dietary Portfolio and Risk of Cardiovascular Disease: Findings From the Women's Health Initiative Prospective Cohort Study. <i>Journal of the American Heart Association</i> , 2021, 10, e021515.	1.6	36
90	Effect of almond consumption on the serum fatty acid profile: a dose-response study. <i>British Journal of Nutrition</i> , 2014, 112, 1137-1146.	1.2	34

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91	Important Food Sources of Fructose-Containing Sugars and Incident Hypertension: A Systematic Review and Dose-Response Meta-Analysis of Prospective Cohort Studies. <i>Journal of the American Heart Association</i> , 2019, 8, e010977.	1.6	32
92	Rare sugars and their health effects in humans: a systematic review and narrative synthesis of the evidence from human trials. <i>Nutrition Reviews</i> , 2022, 80, 255-270.	2.6	32
93	The Effect of Liquid Meal Replacements on Cardiometabolic Risk Factors in Overweight/Obese Individuals With Type 2 Diabetes: A Systematic Review and Meta-analysis of Randomized Controlled Trials. <i>Diabetes Care</i> , 2019, 42, 767-776.	4.3	31
94	What is the appropriate upper limit for added sugars consumption?. <i>Nutrition Reviews</i> , 2017, 75, 18-36.	2.6	29
95	Nuts as a replacement for carbohydrates in the diabetic diet: a reanalysis of a randomised controlled trial. <i>Diabetologia</i> , 2018, 61, 1734-1747.	2.9	29
96	Nut consumption and type 2 diabetes risk: a systematic review and meta-analysis of observational studies. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 960-971.	2.2	28
97	Characteristics and quality of systematic reviews and meta-analyses of observational nutritional epidemiology: a cross-sectional study. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 1578-1592.	2.2	28
98	Korean red ginseng (<i>Panax ginseng</i> C.A. Meyer) root fractions: Differential effects on postprandial glycemia in healthy individuals. <i>Journal of Ethnopharmacology</i> , 2011, 137, 245-250.	2.0	27
99	Missed follow-up opportunities using a two-step screening approach for gestational diabetes. <i>Diabetes Research and Clinical Practice</i> , 2012, 96, e43-e46.	1.1	27
100	A Double-Blind, Randomized Controlled, Acute Feeding Equivalence Trial of Small, Catalytic Doses of Fructose and Allulose on Postprandial Blood Glucose Metabolism in Healthy Participants: The Fructose and Allulose Catalytic Effects (FACE) Trial. <i>Nutrients</i> , 2018, 10, 750.	1.7	27
101	Applicability of the AGREE II Instrument in Evaluating the Development Process and Quality of Current National Academy of Clinical Biochemistry Guidelines. <i>Clinical Chemistry</i> , 2012, 58, 1426-1437.	1.5	26
102	Modulation of Endothelial Function by Korean Red Ginseng (<i>Panax ginseng</i> C.A. Meyer) and its Components in Healthy Individuals: A Randomized Controlled Trial. <i>Cardiovascular Therapeutics</i> , 2014, 32, 163-169.	1.1	26
103	Cumulative Meta-Analysis of the Soy Effect Over Time. <i>Journal of the American Heart Association</i> , 2019, 8, e012458.	1.6	26
104	A lack of consideration of a dose-response relationship can lead to erroneous conclusions regarding 100% fruit juice and the risk of cardiometabolic disease. <i>European Journal of Clinical Nutrition</i> , 2019, 73, 1556-1560.	1.3	26
105	The importance of study design in the assessment of nonnutritive sweeteners and cardiometabolic health. <i>Cmaj</i> , 2017, 189, E1424-E1425.	0.9	25
106	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2021, 40, 2825-2836.	2.3	24
107	Dietary glycemic index, glycemic load, and chronic disease: an umbrella review of meta-analyses of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 2460-2469.	5.4	24
108	Fructose as a Driver of Diabetes: An Incomplete View of the Evidence. <i>Mayo Clinic Proceedings</i> , 2015, 90, 984-988.	1.4	23

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109	The Philosophy of Evidence-Based Principles and Practice in Nutrition. Mayo Clinic Proceedings Innovations, Quality & Outcomes, 2019, 3, 189-199.	1.2	23
110	Insulin Resistance: Concepts, Controversies, and the Role of Nutrition. Canadian Journal of Dietetic Practice and Research, 2002, 63, 20-32.	0.5	20
111	The Effect of Small Doses of Fructose and Its Epimers on Glycemic Control: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. Nutrients, 2018, 10, 1805.	1.7	20
112	Are sugar-sweetened beverages the whole story?. American Journal of Clinical Nutrition, 2013, 98, 261-263.	2.2	19
113	Effect of viscous fiber supplementation on obesity indicators in individuals consuming calorie-restricted diets: a systematic review and meta-analysis of randomized controlled trials. European Journal of Nutrition, 2021, 60, 101-112.	1.8	19
114	Comparing the Effects of Docosahexaenoic and Eicosapentaenoic Acids on Inflammation Markers Using Pairwise and Network Meta-Analyses of Randomized Controlled Trials. Advances in Nutrition, 2021, 12, 128-140.	2.9	19
115	Five batches representative of Ontario-grown American ginseng root produce comparable reductions of postprandial glycemia in healthy individuals. This article is one of a selection of papers published in this special issue (part 1 of 2) on the Safety and Efficacy of Natural Health Products.. Canadian Journal of Physiology and Pharmacology, 2007, 85, 856-864.	0.7	18
116	Effect of high-carbohydrate or high-monounsaturated fatty acid diets on blood pressure: a systematic review and meta-analysis of randomized controlled trials. Nutrition Reviews, 2019, 77, 19-31.	2.6	18
117	>Fructose: Where Does the Truth Lie?. Journal of the American College of Nutrition, 2012, 31, 149-151.	1.1	17
118	Dietary Glycaemic Index Labelling: A Global Perspective. Nutrients, 2021, 13, 3244.	1.7	17
119	Effect of fructose and its epimers on postprandial carbohydrate metabolism: A systematic review and meta-analysis. Clinical Nutrition, 2020, 39, 3308-3318.	2.3	16
120	Dilution of the 75-g oral glucose tolerance test improves overall tolerability but not reproducibility in subjects with different body compositions. Diabetes Research and Clinical Practice, 2001, 51, 87-95.	1.1	15
121	Glycemic index is as reliable as macronutrients on food labels. American Journal of Clinical Nutrition, 2017, 105, 768-769.	2.2	15
122	Sickeningly Sweet: Does Sugar Cause Chronic Disease? No. Canadian Journal of Diabetes, 2016, 40, 287-295.	0.4	14
123	Important Food Sources of Fructose-Containing Sugars and Non-Alcoholic Fatty Liver Disease: A Systematic Review and Meta-Analysis of Controlled Trials. Nutrients, 2022, 14, 2846.	1.7	13
124	Cost-effectiveness of Maintaining Daily Intake of Oat β -Glucan for Coronary Heart Disease Primary Prevention. Clinical Therapeutics, 2017, 39, 804-818.e3.	1.1	12
125	Effect of coadministration of enriched Korean Red Ginseng (Panax ginseng) and American ginseng (Panax quinquefolius L) on cardiometabolic outcomes in type-2 diabetes: A randomized controlled trial. Journal of Ginseng Research, 2021, 45, 546-554.	3.0	12
126	Different Food Sources of Fructose-Containing Sugars and Fasting Blood Uric Acid Levels: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. Journal of Nutrition, 2021, 151, 2409-2421.	1.3	12

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127	Glycemic Index in the Treatment of Diabetes: The Debate Continues. <i>Journal of the American College of Nutrition</i> , 2004, 23, 1-4.	1.1	11
128	When a placebo is not a ?placebo?: a placebo effect on postprandial glycaemia. <i>British Journal of Clinical Pharmacology</i> , 2007, 64, 546-549.	1.1	11
129	Do Fructose-Containing Sugars Lead to Adverse Health Consequences? Results of Recent Systematic Reviews and Meta-analyses. <i>Advances in Nutrition</i> , 2015, 6, 504S-511S.	2.9	11
130	Fructose: back to the future?. <i>American Journal of Clinical Nutrition</i> , 2017, 106, 439-442.	2.2	11
131	Effect of dried fruit on postprandial glycemia: a randomized acute-feeding trial. <i>Nutrition and Diabetes</i> , 2018, 8, 59.	1.5	11
132	Does Fructose Consumption Elicit a Dose-response Effect on Fasting Triglycerides? A Systematic Review and Meta-regression of Controlled Feeding Trials. <i>Canadian Journal of Diabetes</i> , 2012, 36, S37.	0.4	10
133	The Transcultural Diabetes Nutrition Algorithm: A Canadian Perspective. <i>International Journal of Endocrinology</i> , 2014, 2014, 1-12.	0.6	10
134	Sugars and obesity: Is it the sugars or the calories?. <i>Nutrition Bulletin</i> , 2015, 40, 88-96.	0.8	10
135	Positioning the Value of Dietary Carbohydrate, Carbohydrate Quality, Glycemic Index, and GI Labelling to the Canadian Consumer for Improving Dietary Patterns. <i>Nutrients</i> , 2019, 11, 457.	1.7	10
136	Canadian Adults with Moderate Intakes of Total Sugars have Greater Intakes of Fibre and Key Micronutrients: Results from the Canadian Community Health Survey 2015 Public Use Microdata File. <i>Nutrients</i> , 2020, 12, 1124.	1.7	10
137	Importance of Carbohydrate Quality: What Does It Mean and How to Measure It?. <i>Journal of Nutrition</i> , 2022, 152, 1200-1206.	1.3	10
138	Glycaemic index: did Health Canada get it wrong? Position from the International Carbohydrate Quality Consortium (ICQC). <i>British Journal of Nutrition</i> , 2014, 111, 380-382.	1.2	9
139	Dietary prevention of cardiovascular diseases. <i>Progress in Cardiovascular Diseases</i> , 2018, 61, 1-2.	1.6	9
140	Almond Bioaccessibility in a Randomized Crossover Trial: Is a Calorie a Calorie?. <i>Mayo Clinic Proceedings</i> , 2021, 96, 2386-2397.	1.4	9
141	The metabolic syndrome in healthy, multiethnic adolescents in Toronto, Ontario: The use of fasting blood glucose as a simple indicator. <i>Canadian Journal of Cardiology</i> , 2010, 26, e128-e132.	0.8	8
142	Destigmatizing Carbohydrate with Food Labeling: The Use of Non-Mandatory Labelling to Highlight Quality Carbohydrate Foods. <i>Nutrients</i> , 2020, 12, 1725.	1.7	8
143	Co-administration of viscous fiber, Salba-chia and ginseng on glycemic management in type 2 diabetes: a double-blind randomized controlled trial. <i>European Journal of Nutrition</i> , 2021, 60, 3071-3083.	1.8	8
144	The Ecologic Validity of Fructose Feeding Trials: Supraphysiological Feeding of Fructose in Human Trials Requires Careful Consideration When Drawing Conclusions on Cardiometabolic Risk. <i>Frontiers in Nutrition</i> , 2015, 2, 12.	1.6	7

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